

Health Prevention and Promotion

Code: 43422
 ECTS Credits: 9

Degree	Type	Year	Semester
4314949 General Health Psychology	OB	1	2

Contact

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Teachers

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Use of languages

Principal working language: catalan (cat)

Prerequisites

There are no prerequisites, but will assume the knowledge and skills acquired throughout modules 1 and 2 of the first semester.

Objectives and Contextualisation

Once finished the module, the student should be able to:

- Conceptually define what is the prevention and promotion of health. Identify the different levels of each of them.
- Identify the different determinants that influence risk behaviors and behaviors promoting health.
- Prepare a psychosocial diagnosis of health problems.
- Apply the main models of planning, design and evaluation of promotion and education programs for individual, group and community health.
- Critically analyze different education, health promotion and prevention programs.

Content

1- Prevention and promotion of health. Differential definition of concepts. Levels of prevention and promotion of health.

2 - Planning, design, and evaluation of programs for the education and the promotion of health.

3- Applications: critical analysis of programs.