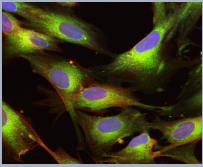


Stem cells technology for treatment neurodegenerative diseases



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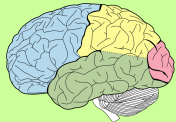
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Introduction

Stem cells field has their origin in the 60s when they were discovered. But it was not until the 90s when a revolution occurred: isolation of stem cells and a cultivation of them was achieved. From this moment, the progenitor cell has been as the great hope of the new century therapeutics. Studies report some extraordinary information and the idea of treating neurological diseases with stem cells appears. Due to the burden of some neurological diseases, such as Parkinson, Multiple Sclerosis or Amyotrophic lateral Sclerosis diseases, the necessity of new therapies has increased. Nevertheless, the issue that hinders some therapies, like stem cell therapy is the lack of agreement about how is the most suitable way to proceed in the extraction, culture, way of administration and type of stem cell that is suitable to use. Here it is shown one process of this therapy and also, some recent progress.

Neurodegenerative diseases

- Parkinson disease
- Multiple sclerosis disease
- Huntington disease
- Amyotrophic lateral sclerosis



Types of stem cells

- Embryonic stem cells: pluripotent, inner mass cells (blastocyst)
- Adult Stem cells → multipotent, different tissues:
 - Neural stem cells
 - Hematopoietic stem cells
 - Mesenchymal stem cells (MSC)



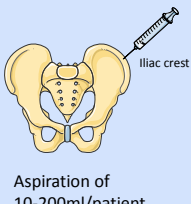
Characteristics of MSC

- Low probability of tumour
- Avoid ethical problems
- Anti-inflammatory
- Genetic modification
- Plasticity
- Immunomodulation
- Migration to sites of injury

There is no effective treatment!
Alternatives needed.

Methodology

1-ASPIRATION



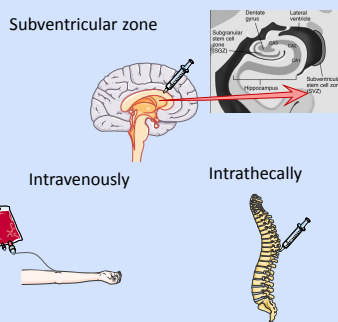
2-ISOLATION

- Layering onto a lymphoprep density gradient
- Density gradient centrifugation in Ficoll-Plaque
- 1 Remove anticoagulant medium 900g, 15 min
- 2 Percoll gradient :1100g, 30 min. Collect interphase and wash with *PBS

3- CULTURE and EXPANSION

- *DMEM medium:
 - 10 % fetal bovine serum or not
 - 1 % penicillin/streptomycin
- 3-4 passages
- 0,25 % trypsin/EDTA
- 80 % confluence

6-ADMINISTRATION



5-CHARACTERISATION

Flow cytometry:

- Presence of Surface markers: CD73,CD90,CD105,CD29,CD44,CD66
- Absence of: CD34,CD45,CD14,CD31

- Viability:
 - Tripan blue
 - Propidium iodide

Karyotyping

Endotoxin levels

4-HARVEST

Cryopreservation in:

- 4,5% human albumin solution
- 10% dimethyl sulfoxide

- Quantity:
 - 1-2x10⁶ cells/kg or
 - 3-5x10⁷ cells/patient

Resuspended and washed in *DPBS
→ Remove *FBS

*DMEM: Dulbecco's Modified Eagle Medium; FBS: Fetal Bovine Serum; DPBS: Dulbecco's Phosphate Buffered Saline; EDTA: Ethylenediaminetetraacetic acid; PBS: Phosphate Buffered Saline

Discussion

Safety and feasibility have been reported in the vast majority of the studies. The engraftment of these cells in the injured tissue are not significant. However, the way that they act is via stimulating the endogenous cells, and contribute to neuroprotection. There are numerous reasons for optimism concerning the use of MSC for neural repair. The next step in these therapies is to verify if they can revert the diseases.

Conclusion

According to the studies, there is a lack of common protocols of doing this kind of therapy. In fact, in the summary of the method described above, it can be seen different kinds of protocols with the same objective. Nevertheless, results are positive and the best choice of stem cells to use seem to be the MSC. However, more preclinical studies should be done in order to resolve some issues about MSC such as the effect of released factors or the plasticity of the cells. By the other hand, it is not yet completely known the way by MSC can integrate into the damaged central nervous system.

Relevant bibliography

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