# Preimplantation genetic diagnosis in asymptomatic carriers

Sara Corella Cano. Grau Biotecnologia, Universitat Autònoma de Barcelona



# Introduction

Preimplantation genetic diagnosis (PGD) is defined as the in vitro testing for Mendelian, chromosomal and mitochondrial defects in preimplantation stages embryos or oocytes and an alternative for pre-natal diagnosis and selective termination of pregnancy in couples with a high risk of affected offspring.

There are some detractor groups against the application of PGD in general, although some indications are specially ethically difficult, such as non-disclosure PGD for late-onset diseases: patients do not wish to know their carrier status but want to have disease-free offspring.

### Material and methods

- 1. Assisted Reproductive Technology (a. IVF; b. ICSI)
- 2. Genetic material obtaining (a. Biopsy of polar-bodies; b. Biopsy of blastomeres; c. Biopsy of blastocyst cells)
- **3.** Analysis of cells obtained (a. Molecular analysis; b. Cytogenetic analysis)



## **Ethical issues**

- 1. Non-disclosure PGD (asymptomatic carrier parents)
- ✓ Parents do not want to know their carrier status but do want to have disease-free offspring
- **X** Puts practitioners in a difficult ethical position:
  - Undertake PGD cycles even when the results of previous cycles preclude the individual as a carrier
  - Having to do mock-transfers if no embryos are available
- → The ESHRE ethics task force encourage exclusion testing (the mutation itself is not analysed)
- 2. Late-onset diseases and cancer predisposition
- Late-onset diseases (such as Huntington's disease and Alzheimer's disease)
- ✓ Usually complete penetrance and incurable
- ✓ Burden imposed by the eventual fate in late-onset diseases
- Offspring have a normal life before the onset of the disease
- Cancer predisposition
- ✓ Severe disease
- ✓ Burden on the quality of life imposed by far-reaching preventive measures in cancer predisposition syndromes
- Genetic cancer predisposition doesn't ensure the development of the disease

#### 3. Carrier embryos

- ✓ Pathology disappears of the family
- ✓ Offspring won't have to use techniques such as PGD to avoid the disease in their own offspring
- X Negative selection of healthy carrier embryos
- If there are only carrier embryos available, parents will have to decide to transfer them or not

# Legislation

According to the Spanish Law 14/2006, Preimplantation Genetic Diagnosis with purposes other than the detection of early-onset severe diseases or alterations that may compromise the viability of the embryo requires the approval of the competent sanitary authority after a favorable report from the National Human Assisted Reproduction Commission, which must evaluate the clinical, therapeutic and social features in each case.

### **Conclusions**

- Preimplantation genetic diagnosis is a useful tool for preventing hereditary genetic diseases and increases the probability of a successful pregnancy in assisted reproduction techniques.
- Nowadays, PGD enables diagnosis of a broad range of genetic diseases but there are many not diagnosable diseases, its efficiency is still limited and it presents some detractor sectors that critic its application.
- → However, some experts call *PGD* the medicine of the future.

# **Bibliography and References**

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