

INTRODUCTION

First described in 1993 by Ambros and colleagues, miRNAs are 21-23 nucleotide-long non-coding RNAs, which have been found to be crucial for proper gene regulation, usually at a post-transcriptional level. Since their discovery back in 1993 and hitherto numerous miRNAs have been reported to be essential for proper CNS development and function maintenance. Consequently, their deregulation may lead to neuronal dysfunction and therefore promote the initiation and/or progression of neurological disorders (NDDs) like Alzheimer Disease.

Alzheimer Disease (AD) is a chronic neurodegenerative disease which represents the most habitual cause of dementia in the US and Europe. Its main molecular hallmarks are the following two: presence of amyloid plaques (also known as senile plaques) principally composed of A β 40 and A β 42 peptides, and neurofibrillary tangles (NFTs) mainly consisting of hyperphosphorylated tau protein (Amemori et al., 2015).

In this review, my main aims are the following ones:

- (1) Discuss how some specific miRNAs contribute to AD progression by targeting either BACE-1 or tau mRNAs.
- (2) Analyze some therapeutic approaches, which attempt to palliate AD symptomatology by either restoring or else overexpressing specific miRNAs.

METHODS

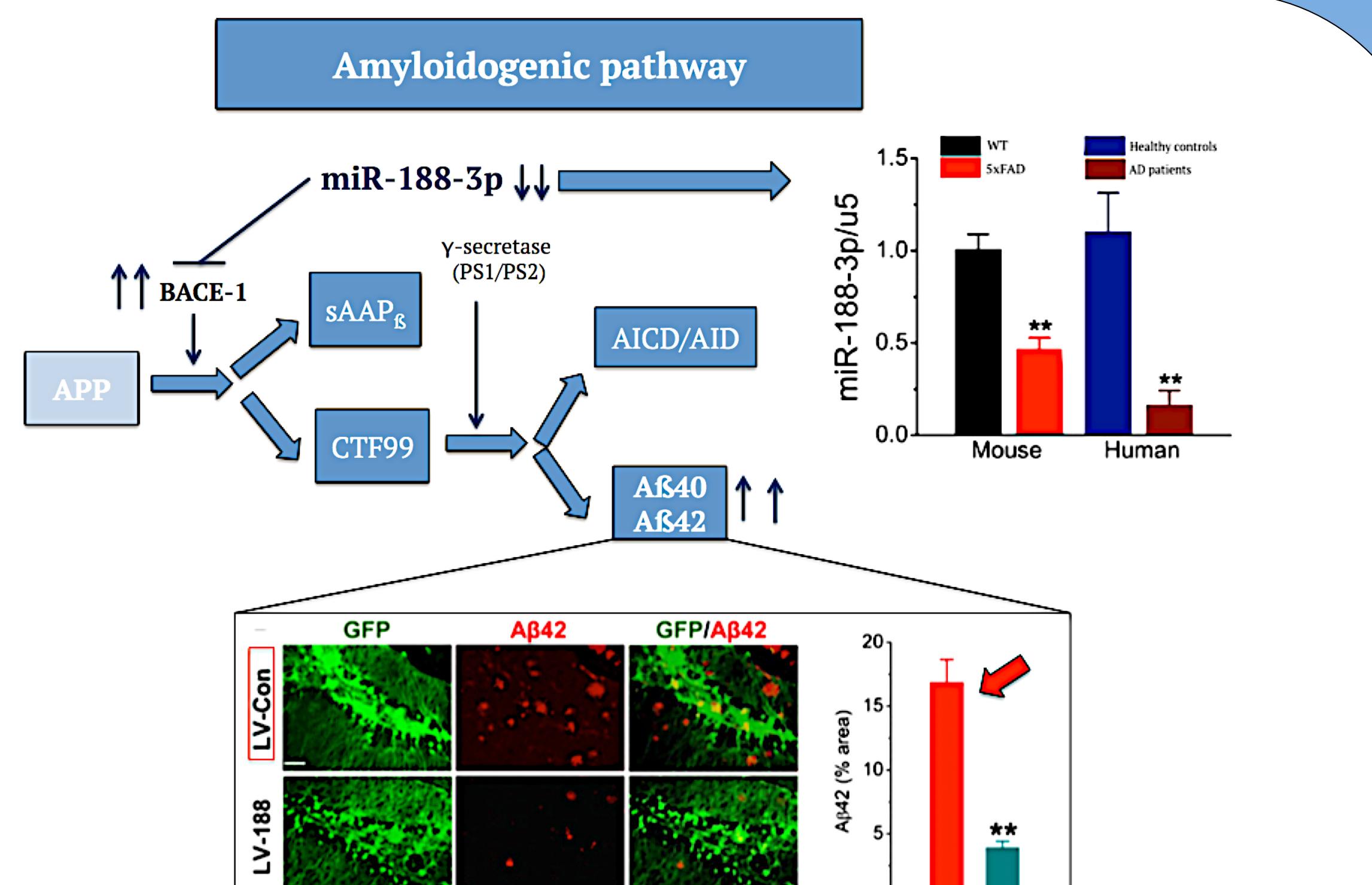
In outline, in first place relevant articles were searched on the DDBBs of the NCBI as well as Nature Publications. Secondly, I thoroughly read through the selected ones and summarized the important information on Excel files.

I subsequently proceeded to write the review and select the relevant figures in order to make it more intelligible.

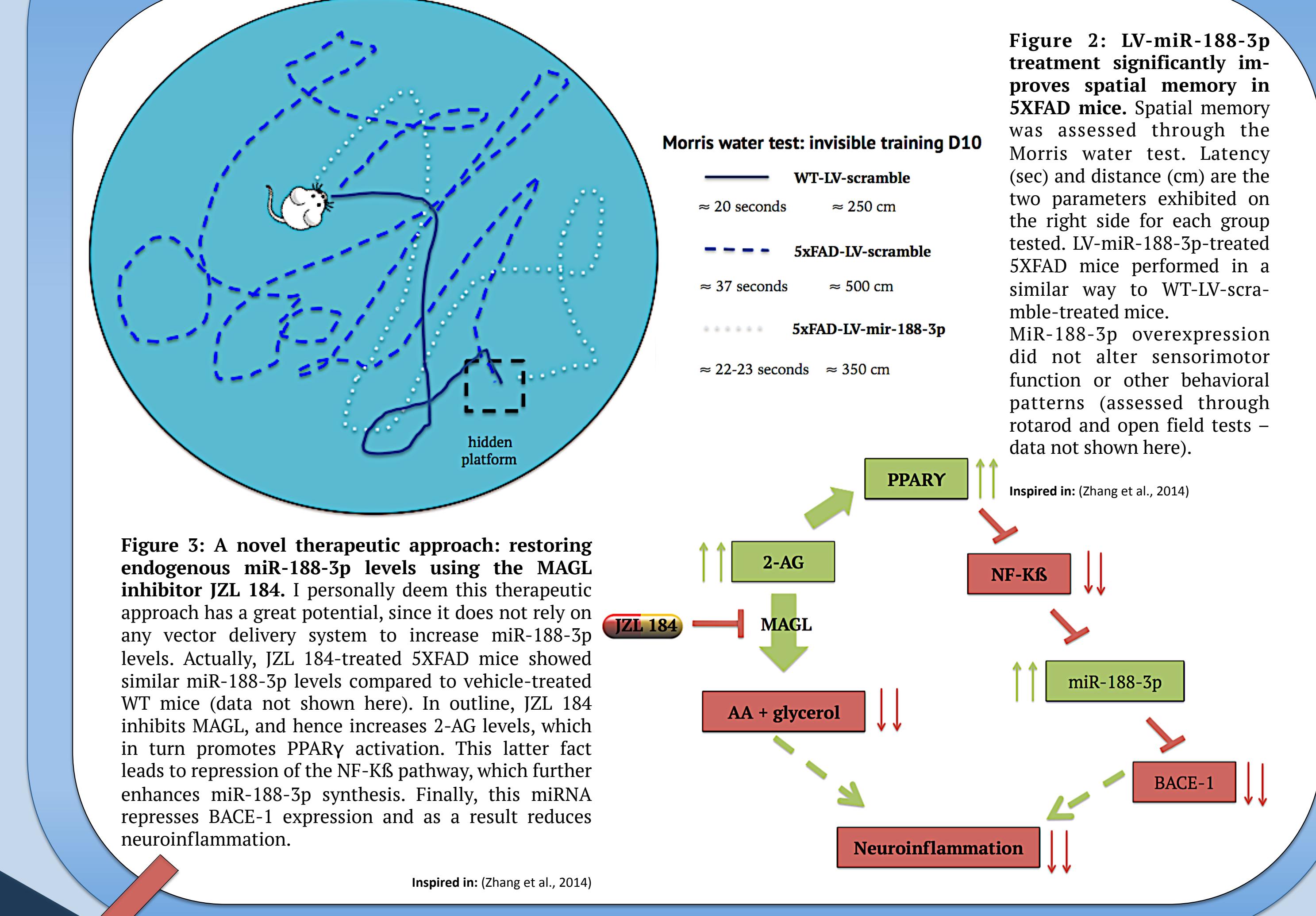
Finally, the poster was designed and new figures were built to help understand the relevant information displayed.

BACE-1

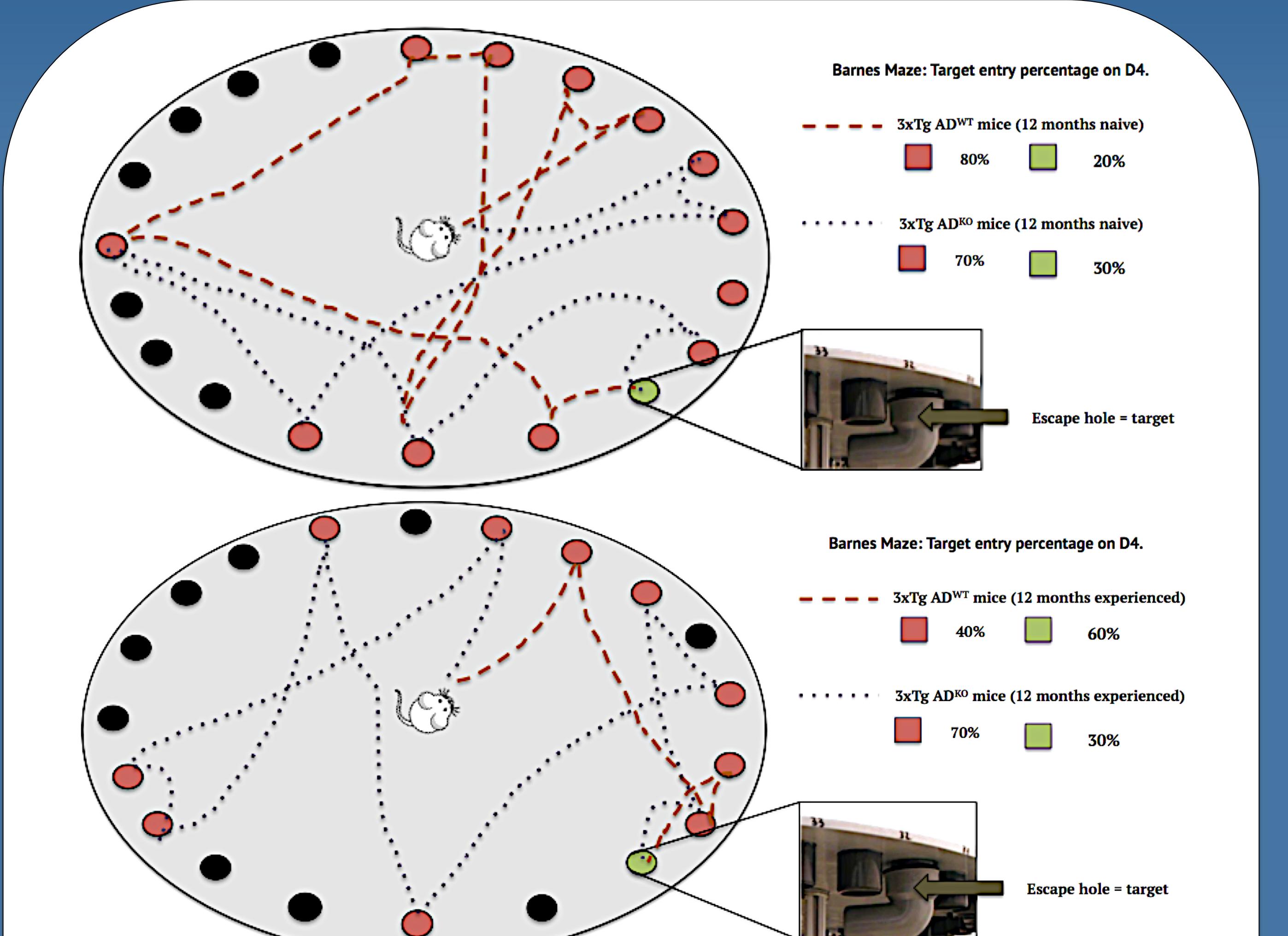
MiR-188-3p, which targets BACE-1, is downregulated in AD patients.



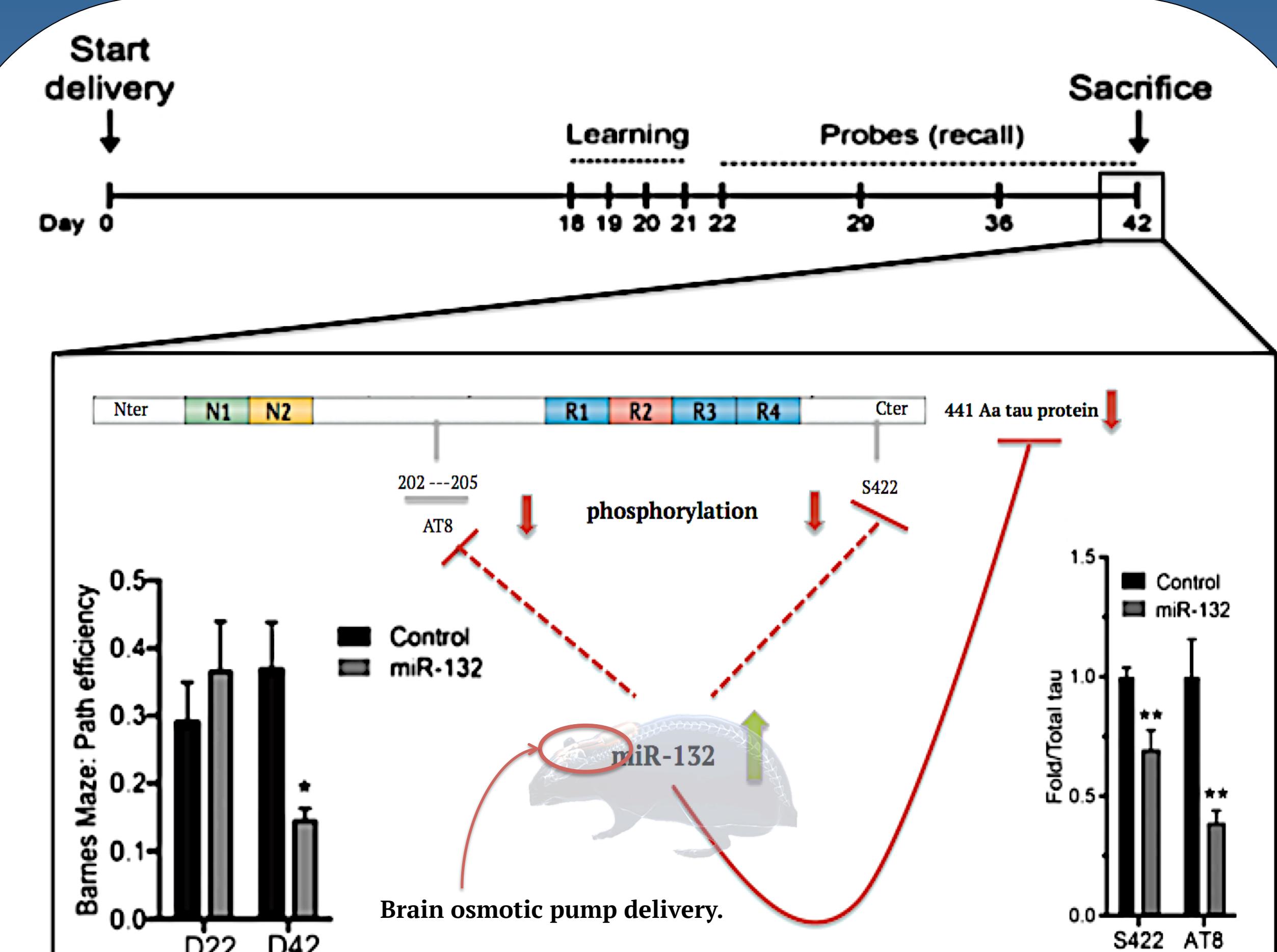
MiR-188-3p overexpression significantly improves spatial memory.



MiR-132/212 depletion affects long-term memory.



Restoring miR-132 levels improves long-term memory and reduces tau phosphorylation.



TAU

TAKE-HOME MESSAGE

Several miRNAs targeting either BACE-1 or tau mRNAs, among other mRNAs, are commonly found downregulated in AD patients. Additionally, some of these have been associated with axonal transport, spatial learning and memory; thus reinforcing the idea of miRNAs being essential for proper brain function maintenance.

When taking into account all miRNAs found deregulated in AD, it appears to be no miRNA more relevant than another regarding disease progression. This is another hurdle towards finding the ideal miRNA-based therapy to treat AD.

Despite being promising, only two *in vivo* miRNA-based therapeutic approaches, which attempt to restore miRNA levels in order to palliate AD symptomatology, have been reported so far.

These potential therapies have demonstrated that they improve spatial learning and long-term memory by overexpressing either miR-188-3p or miR-132/212, which target BACE-1 and tau respectively. This constitutes additional evidence supporting the relevance of both tau and BACE-1 epigenetic deregulation in contributing to AD progression.

REFERENCES

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5xFAD TG mice model: <http://www.alzforum.org/research-models/5xfad>

3xTg mice model: <http://www.alzforum.org/research-models/3xtg>