

Tracking climate variability in the western Mediterranean during the Late Holocene: a multiproxy approach

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Abstract. Climate variability in the western Mediterranean is reconstructed for the last 4000 yr using marine sediments recovered in the west Algerian-Balearic Basin, near the Alboran Basin. Fluctuations in chemical and mineralogical sediment composition as well as grain size distribution are linked to fluvial-eolian oscillations, changes in redox conditions and paleocurrent intensity. Multivariate analyses allowed us to characterize three main groups of geochemical and mineralogical proxies determining the sedimentary record of this region. These three statistical groups were applied to reconstruct paleoclimate conditions at high resolution during the Late Holocene. An increase in riverine input (fluvial-derived elements – Rb/Al, Ba/Al, REE/Al, Si/Al, Ti/Al, Mg/Al and K/Al ratios), and a decrease in Saharan eolian input (Zr/Al ratio) depict the Roman Humid Period and the Little Ice Age, while drier environmental conditions are recognized during the Late Bronze Age-Iron Age, the Dark Ages and the Medieval Climate Anomaly. Additionally, faster bottom currents and more energetic hydrodynamic conditions for the former periods are evidenced by enhanced sortable silt (10–63 μm) and quartz content, and by better oxygenated bottom waters – as reflected by decreasing redox-sensitive elements (V/Al, Cr/Al, Ni/Al and Zn/Al ratios). In contrast, opposite paleoceanographic conditions are distinguished during the latter periods, i.e. the Late Bronze Age-Iron Age, the Dark Ages and the Medieval Climate Anomaly. Although no Ba excess was registered, other paleoproductivity indicators

(total organic carbon content, Br/Al ratio, and organometallic ligands such as U and Cu) display the highest values during the Roman Humid Period, and together with increasing preservation of organic matter, this period exhibits by far the most intense productivity of the last 4000 yr. Fluctuations in detrital input into the basin as the main process managing deposition, reflected by the first eigenvector defined by the Principal Component Analyses, point to solar irradiance and the North Atlantic Oscillation variability as the main driving mechanisms behind natural climate variability over decadal to centennial time-scales for the last 4000 yr.

1 Introduction

Although more attention has been classically devoted to major climate changes during the last deglacial period (Heinrich stadial 1, Bølling-Allerød interstadial, and Younger Dryas) (e.g. Dansgaard et al., 1993; Magny et al., 2001; Stein et al., 2009), the Holocene is also punctuated by rapid climate variability, including polar cooling, aridity, and changes in the intensity of atmospheric circulation (Mayewski et al., 2004; Wanner et al., 2008). These climatic oscillations have been described in Greenland ice cores (e.g. O'Brien et al., 1995; Dawson et al., 2007), and in North Atlantic (e.g. Bond et al., 1997; Bianchi and McCave, 1999), Mediterranean (e.g. Casford et al., 2001; Rohling et al., 2009), Tropical Atlantic (e.g. deMenocal et al., 2000; Rimbu et al., 2004), and Antarctic deep sea cores (e.g. Masson et al., 2000; Bárcena et al., 2002); as well as in lake sediments (Magny, 2004; Jones et al., 2006), peat bogs (e.g. Blackford and Chambers, 1995),



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speleothems (e.g. McDermott et al., 2001; Mangini et al., 2007), fossil pollen (e.g. Willard et al., 2005; Jalut et al., 2009) and tree rings (e.g. Esper et al., 2002; Moberg et al., 2005). Nevertheless, the overall lack of agreement about the worldwide distribution, precise timing, amplitude or cause of these fluctuations underlines the need for additional regional records to reconstruct climate change (e.g. Hughes and Diaz, 1994; Crowley and Lowery, 2000; Broecker, 2001).

At the global scale, natural external forcing – including solar irradiance variations and volcanic activity – have been highlighted as the main driving mechanisms of natural climate variability on centennial to millennial time-scales during the Holocene (e.g. van Geel et al., 1999; Crowley, 2000; Bond et al., 2001). At regional scales, patterns of natural internal climate variability such as El Niño-Southern Oscillation (ENSO) and the North Atlantic Oscillation (NAO) are known to vary over decadal to centennial time-scales (e.g. Jones et al., 2001; Turney and Palmer, 2007; Trouet et al., 2009). System response to multiple forcing and internal climate variability is further complicated by positive or negative feedback and non-linear responses, such as an interruption or weakening of the North Atlantic Deep Water (NADW) production rate during abrupt cold events (e.g. Bond et al., 1997; Bianchi et al., 1999). Besides the mechanisms underlying these natural climate fluctuations, Bond et al. (1997) describe several pervasive millennial scale North Atlantic cooling events (ice-rafted debris events) underway during the Holocene (with a mean pacing of ~ 1500 yr; nearly the same as the Dansgaard/Oeschger events during the last glaciation), the Little Ice Age (LIA) being the most recent one.

Evidence of abrupt events at the millennial scale during the last glacial-interglacial transition have been previously reported in the westernmost Mediterranean (e.g. Cacho et al., 1999, 2001; Moreno et al., 2002, 2005; Bout-Roumazeilles et al., 2007; Jiménez-Espejo et al., 2007, 2008), revealing that this region is highly sensitive to climate forcing and provides ultra high-resolution records at both centennial and millennial scales. Abrupt decreases of paleo-sea surface temperatures and salinities in the Alboran Basin (e.g. Cacho et al., 1999; Bárcena et al., 2001; Melki et al., 2009), fresh polar-derived water flowing into the Mediterranean Sea through the Strait of Gibraltar (e.g. Sierro et al., 2005; Rogerson et al., 2010), intensification of north-westerly winds towards the Gulf of Lyon and thus enhanced Western Mediterranean Deep Water formation (WMDW) (e.g. Voelker et al., 2006; Frigola et al., 2008), continental dryness and reduction of the forest cover extent in the westernmost Mediterranean borderlands (e.g. Combourieu-Nebout et al., 2002; Sánchez-Goñi et al., 2002), and higher eolian input from the Saharan region (e.g. Moreno et al., 2005; Bout-Roumazeilles et al., 2007) have been correlated with cold spells taking place in the North Atlantic realm (Heinrich and Dansgaard/Oeschger stadials). Such findings support the linkage of this region with the North Atlantic coupled ocean-atmosphere system.

Despite the broad and intensive paleoenvironmental research performed in the western Mediterranean during the last few decades, high resolution marine records of the Late Holocene are comparatively scarce. The last 4000 yr of this time interval are characterized by several climatic fluctuations, the best identified among them being the Late Bronze Age-Iron Age (LBA, 3600–2600 cal yr BP; van Geel et al., 1996), the Roman Humid Period (RHP, 2600–1600 cal yr BP; Issar, 2003), the Dark Ages (DA, 1600–1150 cal yr BP; Berglund, 2003), the Medieval Climate Anomaly (MCA, 1150–650 cal yr BP; Lamb, 1965; Hughes and Diaz, 1994) and the LIA (650–150 cal yr BP; Bradley and Jones, 1993). In this work we integrated data from two different marine records from the western Algerian-Balearic Basin. After high resolution analyses, they are compared with records from the Alboran Sea Basin. A multiproxy approach was adopted, featuring statistical characterization of the data sets, major and trace element-content fluctuations, grain size distribution, total organic carbon content (TOC) and mineral composition of marine sediments. This multiproxy approach allowed for the identification and characterization of the main climate oscillations and regional changes over the past 4000 yr, further advancing our understanding of natural climate variability in the westernmost Mediterranean.

2 Climatological and oceanographic setting

The Mediterranean climate is characterized by warm-hot dry summers and mild-cold wet winters due to the influence of the subtropical high-pressure belt and the mid-latitude westerly system (e.g. Lionello et al., 2006). During winter, the subtropical high reaches its southernmost position, allowing incursions of westerly winds that introduce mid-latitude cyclones from the Atlantic Ocean, resulting in a low intensity precipitation over the Mediterranean region. During summer, the subtropical high-pressure belt remains over this region, restraining precipitation and inducing climate dryness (e.g. Sumner et al., 2001; Bolle, 2003).

At decadal time-scales, the prevailing winter climate variability pattern in the North Atlantic region is the NAO (e.g. Hurrell, 1995; Trigo et al., 2004). The positive phase of the NAO is characterized by stronger than usual westerlies, tracing a pathway across middle latitudes farther to the north, and leading to dry and cold winters in southern Europe, the Mediterranean, and northern Africa, and to warm and wet winters in northern Europe (e.g. Wanner et al., 2001; Trigo et al., 2002). Furthermore, enhanced dust transport from the Saharan region to the Mediterranean Sea has been evidenced during positive NAO phases (Moulin et al., 1997). The negative phase of the NAO is linked to opposite trends.

In terms of oceanographic conditions, the western Mediterranean Sea is characterized by a thermohaline circulation driven by excessive evaporation with respect to precipitation and runoff (e.g. Bethoux, 1979). Hence, the Atlantic

jet stream becomes saltier and denser when it flows into the Mediterranean Sea (Modified Atlantic Water, MAW), and two anticyclonic gyres are produced when it progresses eastwards to the Algerian Basin (Western and Eastern Alboran Gyres) (e.g. Perkins et al., 1990; Millot, 1999). The MAW is offset by a deep-water outflow (Mediterranean Outflow Water; MOW) consisting of Levantine Intermediate Water (LIW) and WMDW, respectively originated in the Levantine Mediterranean Sea and in the Gulf of Lyon (e.g. Millot, 2008).

3 Paleoenvironmental proxies: the mineralogical and geochemical record in the western Mediterranean Sea

The detrital fraction of deep-sea sediments is a reliable proxy for paleoceanographic and paleoenvironmental reconstructions (e.g. Chamley, 1989) because it provides insight regarding the climate conditions prevailing in source areas and the mechanisms involved in the transport of material from land to sea (riverine and eolian input), as well as changes in the oceanic and atmospheric circulation that may trigger its dispersion (e.g. Bout-Roumzeilles et al., 2007; Fagel, 2007).

Previous studies of clay mineral composition in marine sediments from the western Mediterranean signal riverine input from the Iberian margin (e.g. Fabres et al., 2002) and wind-blown transport of particles from the African margin as the main sources of the detrital fraction (e.g. Guerzoni et al., 1997). Illite, chlorite and smectite are fluvial-derived, whereas kaolinite is considered reworked wind-blown particles from western Morocco and northern Algeria (e.g. Bout-Roumzeilles et al., 2007).

Element/Al ratios (such as Rb/Al, REE/Al, Mg/Al, K/Al, Si/Al, Ti/Al and Zr/Al) have also been studied to infer fluctuations in terrestrial run-off, erosional processes and riverine and eolian input to the Alboran Basin (e.g. Moreno et al., 2005; Jiménez-Espejo et al., 2008; Martín-Puertas et al., 2010). Aluminum-normalization is commonly used to envisage fluctuations in detrital aluminosilicate source material (e.g. van der Weijden, 2002). Rare earth elements (REE) are reliable indicators for tracing source provenance, as they are transferred nearly quantitatively in the terrigenous component through erosion and sedimentation (e.g. McLennan, 1989).

Meanwhile, redox-sensitive trace elements (such as V/Al, Cr/Al, Ni/Al and Zn/Al) provide information about changes in bottom water oxygenation because their solubility depends on their valence, which in turn depends on the prevailing redox conditions (e.g. Martínez-Ruiz et al., 2003; Moreno et al., 2004; Jiménez-Espejo et al., 2007; Rogerson et al., 2008).

Approaches to correlate grain size to paleocurrent intensity refer to the percentage of sortable silt or coarse silt (SS, 10–63 μm) as a proxy of relative paleocurrent speed (e.g. McCave et al., 1995; McCave and Hall, 2006). This proxy

has been successfully applied in the western Iberian margin, showing that high SS values correlate with faster flows and better oxygenated deep waters (e.g. Hall and McCave, 2000). Thus, we have considered silt coarser than 10 μm in the fine fraction as an indicator for paleocurrent speed equivalent to the UP10 index applied by Frigola et al. (2007) and Rogerson et al. (2008) in marine sediments from the western Mediterranean, rather than the sediment fraction susceptible to transport by wind as previously reported by Moreno et al. (2002).

4 Materials and methods

Two gravity-cores, 305G (36°23.603' N, 1°22.710' N, 2512 m b.s.l.) and 306G (36°27.846' N, 1°11.166' W, 2574 m b.s.l.) – recovered during the Training-Through-Research Cruise 14 (TTR-14), Leg 2, in the west Algerian-Balearic Basin – were selected for this study (Fig. 1) (Comas and Ivanov, 2006).

Both cores were sampled in 1 cm thick slices to obtain a high resolution record for the last 4000 yr. Samples were treated to analyze chemical and mineralogical composition using different techniques. Bulk and clay mineral compositions were obtained by X-Ray Diffraction using a PANalytical X'Pert PRO diffractometer with Cu-K α radiation and automatic slit. Clay fraction separation and sample preparation was performed according to the international recommendations compiled by Kisch (1991). Diffractograms were visually interpreted using Xpowaer software (Martin, 2004; <http://www.xpowaer.com>). Peak areas were measured in order to estimate semiquantitative mineral contents, the estimated error being <5 % for bulk mineral composition and 5–10 % for clay mineral proportions.

Quantitative geochemical microanalyses every five centimetres for clay mineral characterization were achieved by Transmission Electron Microscopy (HR-TEM; Philips CM-20 provided with and EDAX microanalysis system). Additional morphological analyses of clays, barite and pyrite from selected samples were acquired by Field Emission Scanning Electron Microscopy (FE-SEM; LEO-Carl Zeiss-GEMINI-1530). Barite was separated from eight selected samples with higher Ba content by a sequential leaching procedure (Eagle et al., 2003).

Major elements were measured using Wavelength Dispersive X-Ray Fluorescence Spectrometry (WDXRF; Bruker AXS S4 Pioneer with an Rh anode X-ray tube), using pressed pellets, with an analytical detection limit of 0.1 % and an instrumental error <1 %. Trace elements were analyzed by Inductively Coupled Plasma-Mass Spectrometry (ICP-MS; Perkin-Elmer Sciex Elan 5000) using Re and Rh as internal standards with an instrumental error of ± 2 % and ± 5 % for elemental concentrations of 50 ppm and 5 ppm, respectively (Bea, 1996). Samples were prepared by sequential acid digestion ($\text{HNO}_3 + \text{HF}$) and measured in triplicate. REE values (La, Ce, Pr, Nd, Sm, Eu, Gd, Tb, Dy, Ho, Er, Tm, Yb, Lu)

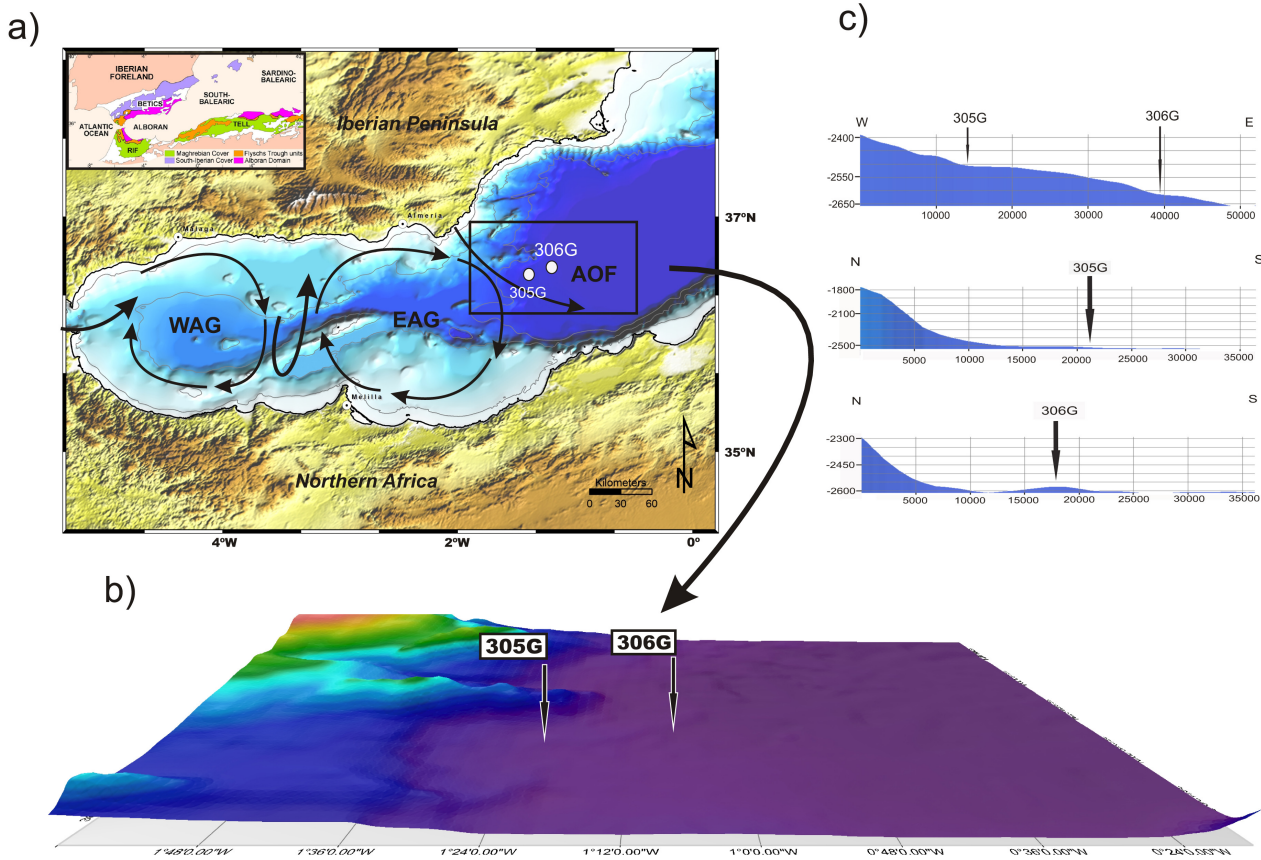


Fig. 1. (a) Site setting of the studied cores in the west Algerian-Balearic Basin (b) bathymetric map and (c) topographic profile showing the main physiographic features of the area under study. WAG: Western Alboran Gyre, EAG: Eastern Alboran Gyre, AOF: Almería-Orán Front.

were normalized with respect to CI chondrite according to McDonough and Sun (1995) with a resolution of five centimetres in both cores.

TOC content was determined using a Horiba EMIA-320V Series Carbon/Sulfur Analyzer. Grounded samples were subjected to acid leaching (HCl) onto glass fiber filters in order to remove inorganic carbon. Treated samples were oxidized by the high-frequency induction furnace method under an oxygen stream, and CO₂ gases evolved were detected by calibrated infra-red (IR) cells. TOC content was expressed as a percentage of dry weight. The accuracy of the method is 92 %, and precision is 0.01 %.

A granulometric study was undertaken on the bulk fraction at 2 cm intervals, taking away the coarse fraction (>63 μm) by wet sieving and removing carbonates and organic matter from the remaining silt (2–63 μm) and clay fraction (<2 μm) by treatment with acetic acid (three times during 24 h each round, using 5 ml l⁻¹ in the first acid attack and then 10 ml l⁻¹ in the other two) and hydrogen peroxide (10 %, one week), respectively. Grain size was determined as a cumulative mass percentage using a Micromeritic Sedigraph III 5120, which measures particles ranging from

0.10 to 63 μm. Resolution and accuracy are, respectively, 1 and 0.1 μm. Two split fractions were established for the terrigenous silt: (a) fine silt (2–10 μm), cohesive, mainly composed of clay minerals and settled as aggregated material, and (b) coarse silt (10–63 μm) or sortable silt (SS), predominantly composed of quartz and feldspar and with non-cohesive behaviour.

Statistical treatment of analytical data was performed using the statistical software package R (Development Core Team, 2011). Stratigraphically-constrained cluster analyses were applied to identify the main geochemical families and the outliers (isolated samples with anomalous values). The normalized geochemical dataset was also clustered in order to find groups of variables showing similar behaviour. The complete linkage method (or furthest neighbour method) was used for clustering purposes. Redundancy Analyses (RDA) were carried out on the geochemical and the mineralogical data set using the “vegan” package (Oksanen et al., 2009) to infer the relationship between them, and Principal Component Analyses (PCA) were performed on the geochemical data set to characterize the main underlying gradients governing the sedimentary environment.

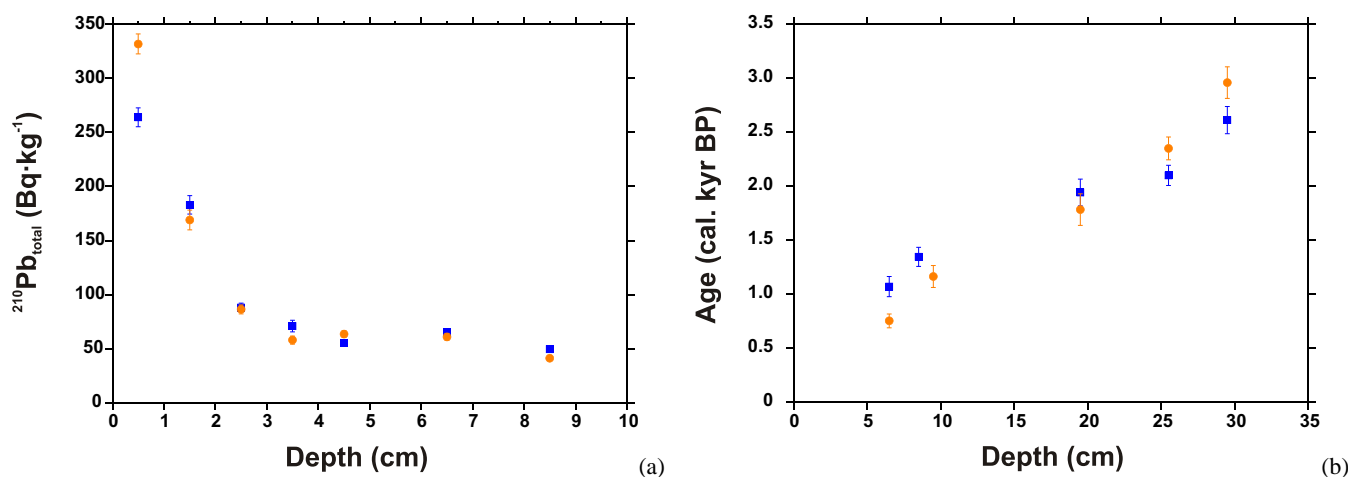


Fig. 2. Activity profiles of $^{210}\text{Pb}_{\text{total}}$ ($\text{Bq}\cdot\text{kg}^{-1}$) for cores 305G (blue squares) and 306G (orange circles) with error bars representing 1σ uncertainties (a) and ^{14}C dates for core 305G (blue squares) and 306G (orange circles) with error bars representing 2σ uncertainties (b).

5 Age-depth model and sedimentation rate

The age-depth model is based on ^{14}C dating complemented with the activity-depth profiles of ^{210}Pb . Five ^{14}C -AMS dates for each core were performed on monospecific planktonic foraminifera (*Globigerina bulloides*) extracted from the $>125\mu\text{m}$ fraction. Samples were analyzed by Accelerator Mass Spectrometry at the National Centre for Accelerators (CNA Spain) and the Poznan Radiocarbon Laboratory (Poland). Radiocarbon ages were calibrated to calendar years (cal BP) using CALIB 6.0 software (Stuiver and Reimer, 1993) and MARINE09 curve (Reimer et al., 2009), assuming a marine reservoir age correction of 400 yr (Table 1). In order to obtain an age-depth model, a linear interpolation was applied between dates, giving mean sedimentation rates of 10.2 and $10.7\text{ cm}\cdot\text{kyr}^{-1}$ for cores 305G and 306G, respectively (Fig. 2b). Mean sedimentation rates and ^{210}Pb inventories are similar to those reported in other deep Mediterranean areas by previous authors (García-Orellana et al., 2009).

^{210}Pb was determined in the first five centimetres of both cores to obtain the most recent maximum sedimentation rates. Determination of ^{210}Pb activities was accomplished through measurement of its daughter nuclide, ^{210}Po , following the methodology described by Sánchez-Cabeza et al. (1998). Briefly, after addition of a given amount of ^{209}Po as the internal tracer, sediment aliquots of 200–300 mg of each sample were totally dissolved in an acid medium using an analytical microwave oven. Polonium isotopes were plated onto pure silver discs in HCl (1N) at 70°C while stirring for 8 h. Polonium emissions were subsequently counted with α -spectrometers equipped with low-background silicon surface barrier detectors for $4\times 10^5\text{ s}$. Results showed that ^{210}Pb was in excess only in the two first centimetres (Table 2). Although ^{210}Pb inventories are similar to those reported in the Algerian-Balearic Basin (García-Orellana et al.,

Table 1. Radiocarbon dates and calibrated ages for cores 305G and 306G. Results are reported with a 2σ uncertainty.

Laboratory code	Core	Core depth (cm)	Conventional radiocarbon age (BP)	Calibrated age (cal BP)
Poz-37150	305G	6–7	1520 ± 30	1070 ± 93
CNA567	305G	8–9	1795 ± 40	1346 ± 88
CNA304	305G	19–20	2320 ± 45	1942 ± 124
Poz-37151	305G	25–26	2335 ± 30	1956 ± 94
CNA305	305G	29–30	2870 ± 45	2613 ± 126
Poz-37152	306G	6–7	1130 ± 35	690.5 ± 63.5
CNA306	306G	9–10	1610 ± 45	1164 ± 102
CNA307	306G	19–20	2200 ± 60	1784 ± 146
Poz-37153	306G	25–26	2645 ± 35	2350 ± 105
CNA308	306G	29–30	3160 ± 45	2959 ± 146

2009), they are lower than other sediment records from the area (Masqué et al., 2003), suggesting a loss of the surface part of the sediment during the gravity core recovery. Although some surface sediment loss is expected due to gravity core recovery, the enrichment of ^{210}Pb in the first centimetres observed in both cores suggest that the loss of sediment is not significant, which is in agreement with the age model inferred from ^{14}C -AMS dates (Fig. 2a).

6 Statistical analyses: grouping proxies for paleoclimatic reconstruction

The identification and characterization of the main processes behind sedimentary deposition in the study area were based on statistical analyses of the mineralogical and geochemical data sets. Normalized matrix clustering of the geochemical

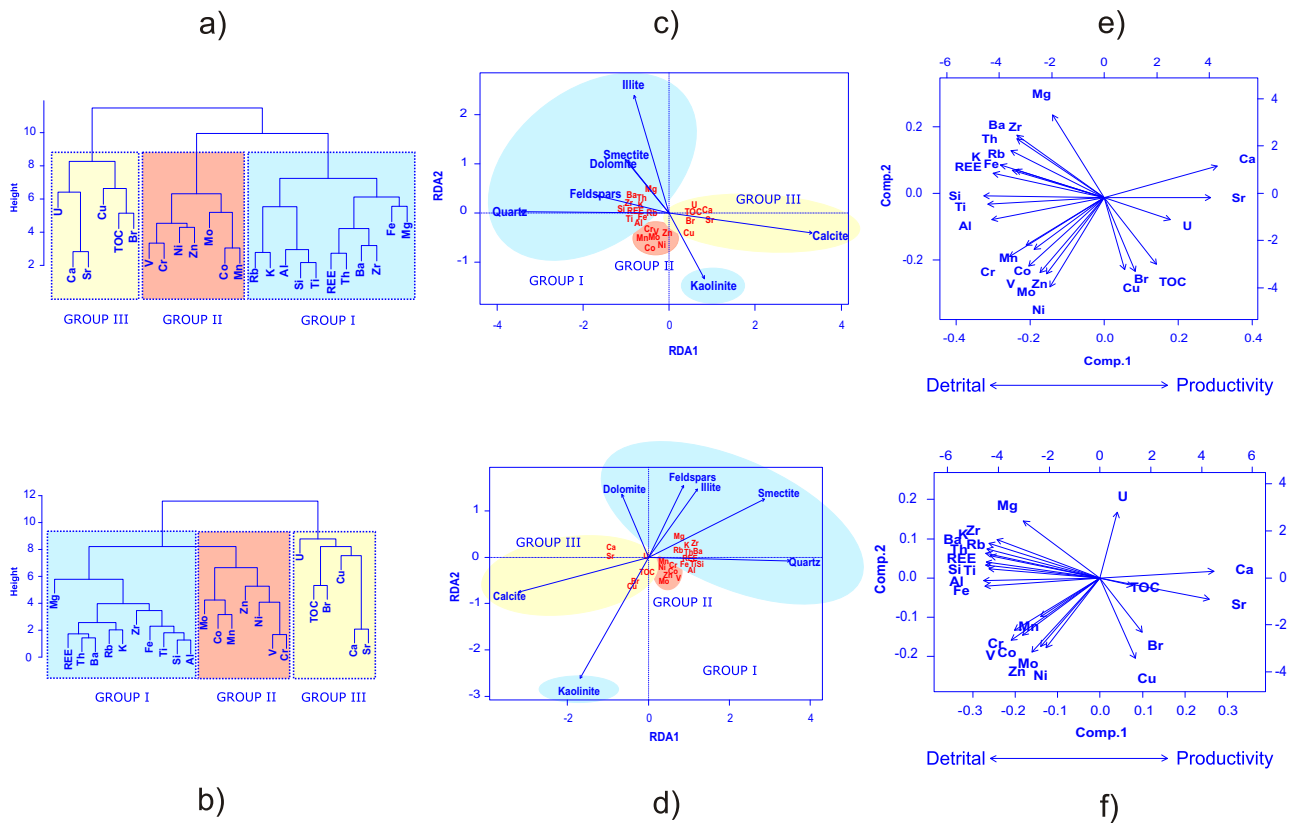


Fig. 3. Statistical treatment of data from both sites. Cluster analyses of the geochemical data for sites 305G (a) and 306G (b), showing three main geochemical families in accordance with their affinity and origin. RDA biplots displaying the relationship between chemical elements and associated mineral phases for sites 305G (c) and 306G (d). Light yellow, orange and blue areas indicate Group I, II and III, respectively. Biplots showing the first and the second eigenvector defined by PCA for sites 305G (e) and 306G (f).

data (Fig. 3a and b) allowed us to identify the main geochemical families showing similar behaviour, and thus a high correlation in terms of their affinity and origin. RDA biplots illustrate the relationships between the chemical elements and their associated mineral phases. Three main groups in accordance with their origin in both sites were defined (Fig. 3c and d).

The first group comprises fluvial (illite, feldspars, smectite, dolomite, Al, Th, Rb, Ba, REE, Mg, K, Fe, Si and Ti) and eolian (kaolinite, Zr) derived elements/minerals (Fig. 3a–d). Fluvial-derived illite, smectite, feldspars and dolomite are opposed to eolian-derived kaolinite. Quartz appears in between detrital proxies of fluvial and eolian provenance, which suggests that it could come from both sources (e.g. Kolla et al., 1979) (Fig. 3c and d). Ba/Al and biogenic barite are widely used as paleoproductivity proxies in relation to episodes of enhanced productivity such as the Heinrich events (e.g. Moreno et al., 2004; Jiménez-Espejo et al., 2008). In this case, no Ba excess was registered and Ba is included in the first group. Hence, its association with aluminosilicates points to a detrital origin. Si and Ti have multiple hosts in marine sediments that vary considerably in

particle size, ranging from clay to heavy minerals such as quartz or accessory Ti-bearing heavy minerals (e.g. Kolla et al., 1979; Calvert and Fontugne, 2001). Cluster and RDA analyses bound both elements to aluminium, thus revealing clay minerals as the most important hosts and riverine input as the main supply to the basin. REE show a high statistical significance with this detrital group in both cases (for cores 305G and 306G, respectively Th: $r^2=0.89$ and 0.96 , $p < 0.01$; Ba: $r^2=0.79$ and 0.96 , $p < 0.01$) (Fig. 3a and b), thus also revealing clay minerals as the most important hosts, while Rb is closely linked to K and to clay minerals (e.g. Horstman, 1957). The second group is composed of redox-sensitive elements including two sub-groups: those which are less soluble under reducing conditions and provide information on water oxygenation conditions (V, Cr, Ni, Zn), and those constituting insoluble oxy-hydroxides under oxic conditions (Mn) and elements easily captured into them (Co, Mo). This second group is associated with the detrital one, pointing to aluminosilicates as main hosts. The third group contains paleoproductivity indicators associated with the organic flux, showing the high correlation between Br and marine organic matter, probably due to favoured uptake

Table 2. Total ^{210}Pb concentrations and ^{210}Pb inventories for cores 305G and 306G. Results are reported with a 1σ uncertainty.

Laboratory Code	Core	Core depth (cm)	$^{210}\text{Pb}_{\text{total}}$ (Bq kg^{-1})
305G05	305G	0.50	264 ± 9
305G15	305G	1.50	183 ± 9
305G25	305G	2.50	88 ± 4
305G35	305G	3.50	71 ± 5
305G45	305G	4.50	55 ± 3
305G65	305G	6.50	65 ± 3
305G85	305G	8.50	49 ± 3
306G05	306G	0.50	332 ± 9
306G15	306G	1.50	169 ± 9
306G25	306G	2.50	86 ± 4
306G35	306G	3.50	58 ± 4
306G45	306G	4.50	63 ± 3
306G65	306G	6.50	61 ± 3
306G85	306G	8.50	41 ± 2
$^{210}\text{Pb}_{\text{base}}$	305G		57 ± 8
^{210}Pb (Bq m^{-2})	305G		1912 ± 106
$^{210}\text{Pb}_{\text{base}}$	306G		56 ± 10
^{210}Pb (Bq m^{-2})	306G		2691 ± 84

of bromine from seawater by marine plants (e.g. ten Haven et al., 1988; Ziegler et al., 2008). This provides a semi-quantitative estimation of sedimentary organic matter. Although U and Cu are often used as redox-sensitive elements, cluster analyses show them to be associated with the cluster containing organic carbon and carbonates.

The first two eigenvectors of PCA account for 70 % of the total variance at site 305G and for 73 % at site 306G. The first eigenvector represents 47 % of the total variance at site 305G and 57 % at site 306G, and is mainly controlled by the detrital-productivity groups, whereas the second eigenvector represents 23 % of the total variance at site 305G and 16 % at site 306G, and is mainly triggered by the water oxygenation conditions (Fig. 3e and f). This result fits well with the differences in the location of these sites which may have resulted in different processes controlling sediment deposition. Site 305G is located at the continental slope (Fig. 1b and c) and is thus more affected by bottom currents and in turn, to changes in oxygen conditions. In contrast, site 306G is located in a more distal position in the abyssal plain on a small pelagic high, and is therefore more affected by detrital-marine productivity oscillations.

In light of these results, we applied the geochemical and mineralogical set of identified proxies to reconstruct paleoclimatic and paleoceanographic conditions including detrital input oscillations, marine productivity, oxygenation conditions and grain size distribution as well as

post-depositional alteration during the last 4000 yr in the western Mediterranean.

7 Results and interpretation of the geochemical and the mineralogical record

7.1 Mineral composition and detrital input

The analyzed sediments are predominantly composed of clay minerals (30–70 %), calcite (20–45 %) and quartz (10–30 %), with minor amounts of dolomite and feldspars (<10 %). Clay mineral assemblages consist of detrital mica (50–90 %), kaolinite + chlorite (5–40 %) and smectite (<20 %). Additional fibrous clay minerals, such as palygorskite and sepiolite, were identified using Transmission Electron Microscopy and Scanning Electron Microscopy, although their content quantified via X-Ray Diffraction ranges below instrumental error (<5 %), for which reason we did not consider them for the present study. These analyses verify that the smectite composition corresponds to Al-rich beidellites, indicating a detrital origin (chemical weathering) and a provenance from soils in the source areas (Martínez-Ruiz et al., 2003).

In both cases, REE values display a uniform pattern parallel to the average upper continental crust composition, with a typical variation consisting of slight L-REE enrichment relative to H-REE depletion and a negative Eu-anomaly, as well as values lower than the North American shale composite (NASC) and the Post-Archean Australian average shale (PAAS) (McLennan, 1989) (Fig. 4a and b).

At both sites, Rb/Al, REE/Al, Ba/Al, Si/Al, Ti/Al, Mg/Al, and K/Al ratios show a similar general profile with slight differences (Fig. 5). Both cores exhibit a decreasing trend at 3600–1800, 1600–1300 and 1150–400 cal yr BP, the trend less evident in the case of Mg/Al and K/Al ratios for core 306G at 3600–2800 cal yr BP. An increase in these ratios is observed at 1800–1600 and 1300–1150 cal yr BP and from 400 cal yr BP to present times. The Zr/Al ratio gives relatively high values at 3600–2600, 1600–1300 and 1150–650 cal yr BP and low values at 2600–1600 and 650–150 cal yr BP.

7.2 Grain size distribution, oxygen conditions, paleoproductivity indicators and post-depositional alteration

The mean grain size ranges between 1–8 and 0.5–10 μm while the median grain size is <2 and 4 μm at sites 305G and 306G, respectively (Fig. 7). The grain size distribution therefore consists mainly of clays and fine silts. Clays are most abundant at site 306G and fine silt at site 305G, which fits well with the difference in location mentioned above (Fig. 1a). Site 306G, more influenced by detrital components, receives the finer fraction of the influx of the terrigenous component; at site 305G, located at the continental slope and more affected by bottom currents, the coarser

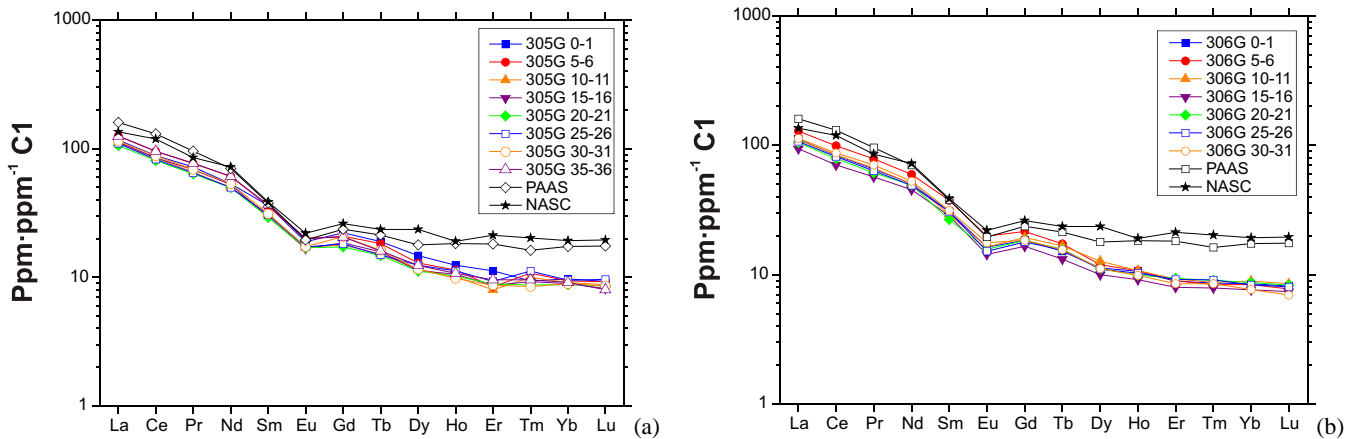


Fig. 4. CI chondrite-normalized REEs patterns (ppm ppm^{-1} CI) every five centimetres for cores 305G (a) and 306G (b) compared with the standard REE pattern of the NASC and the PAAS (McLennan, 1989).

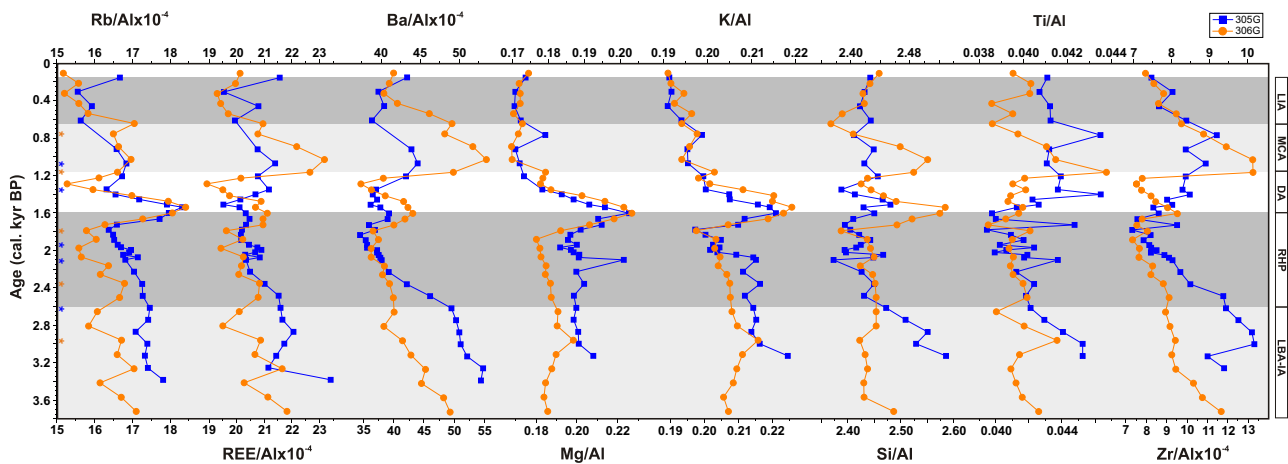


Fig. 5. Age-depth profile of detrital proxies (Rb/Al, REE/Al, Ba/Al and REE/Al $\times 10^{-4}$ ratios, Si/Al, Ti/Al, Mg/Al, and K/Al ratios) for cores 305G (blue squares) and 306G (orange circles). Light grey bars indicate dry periods (MCA: Medieval Climate Anomaly, DA: Dark Ages, LBA-IA: Late Bronze Age-Iron Age); dark grey bars indicate humid periods (LIA: Little Ice Age, RHP: Roman Humid Period). Asterisks indicate the AMS ¹⁴C dates.

sediments settle (Fig. 1b and c). Regarding SS values, a parallel trend is observed at the two sites, the peaks coinciding with increasing trends of the mean and the median distributions, and quartz content. These coarser sediments and higher quartz content occur at 3600–2200 cal yr BP, and at 1400–400 cal yr BP, the exception being for core 306G at 3600–2200 cal yr BP, where finer grain size prevails and lower quartz content is found due to the fact that this site is less influenced by bottom currents.

At site 305G, lower redox-sensitive elements contents (V/Al, Cr/Al, Ni/Al and Zn/Al ratios) (Fig. 8) coincide with coarser grain size sediment (Fig. 7) at 3600–2200 and 1400–400 cal yr BP, and vice versa at 2200–1600 cal yr BP and from 400 cal yr BP onwards. Hence, oxygenated bottom waters percolating through the sediment are favoured by coarser grain size. This trend is mirrored by core 306G,

excluding the period 3600–2200 cal yr BP, when high values of redox-sensitive elements are observed, concurring with finer grain size and lower quartz content (Fig. 7).

TOC values are below 1% at both sites (Fig. 6). Although the general profile exhibits a progressive down-core decline, both cores display the highest values at 2000–1600 cal yr BP and at the top of the core. High TOC values also occur at 1150–650 cal yr BP in core 306G. Br/Al ratio achieves its maximum values during 2000–1600 cal yr BP and at the top of the core at both sites. Br/Al ratio mainly mirrors the TOC content trend with the exception of the time interval 1150–650 cal yr BP in core 306G, when a preferential degradation of Br in relation to TOC takes place. U/Th displays a flat pattern at both sites, although this ratio increases at 2000–1600 cal yr BP when maximum values are reached. The increase concludes around 1150 cal yr BP at site 306G

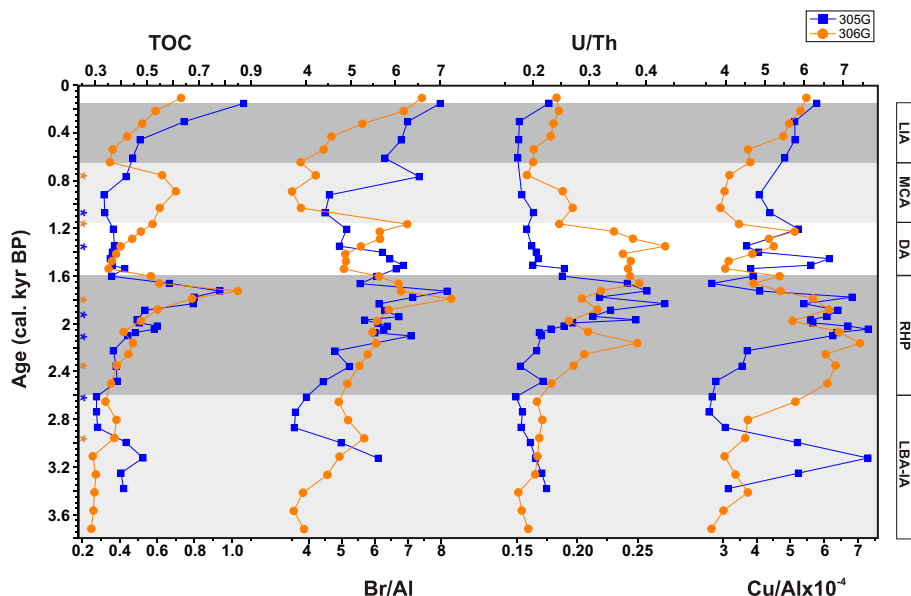


Fig. 6. Age-depth profile of paleo-productivity indicators ($\text{Cu/Al} \times 10^{-4}$, TOC, Br/Al and U/Th) for cores 305G (blue squares) and 306G (orange circles). Light grey bars indicate dry periods (MCA: Medieval Climate Anomaly, DA: Dark Ages, LBA-IA: Late Bronze Age-Iron Age); dark grey bars indicate humid periods (LIA: Little Ice Age, RHP: Roman Humid Period). Asterisks indicate the AMS ^{14}C dates.

in contrast. Although Cu/Al ratios display more erratic behaviour, it is possible to discern two Cu/Al enrichments between 2000 and 1600 cal yr BP and at the top of both cores as also drawn by U/Th, Br/Al and TOC. Disagreements in these ratios for 1600–1150 cal yr BP (U/Th in core 305G) and 1150–650 cal yr BP (TOC in core 306G) are explained in relation to post-depositional conditions.

Both Fe and Mn can precipitate as oxy-hydroxides when bottom waters are reventilated and penetrate downwards into the sediments, thus reflecting post-depositional oxidation fronts while organic matter burns down (e.g. deLange et al., 1989). The two sites display a constant post-depositional pattern of Mn/Al except for sudden increases from 5 up to 9 cm depth at site 305G, and from 5 to 9 cm and from 13 to 20 cm depth at site 306G (Fig. 9), evidencing post-depositional oxidation. Fe/Al enrichments also occur immediately below Mn peaks, at 8 cm depth for site 305G; yet a double peak is seen for site 306G, at 12 and 19 cm depth. Co/Al and Mo/Al are also enriched in the post-depositional oxidation front at both sites, having most likely co-precipitated together with Fe and Mn oxy-hydroxides (e.g. Tribovillard et al., 2006) (Fig. 9). This front is moreover responsible for organic matter oxidation, as supported by the lower values and decreasing trend of TOC at coeval intervals (between 1350 and 600 cal yr BP in core 305G and from 1750 to 1350 cal yr BP and 900–450 cal yr BP in core 306G) (Fig. 6). Mn and Fe enrichments and early oxidation of organic matter above the redoxcline point to the typical boundary on oxic/suboxic pelagic sediments reported in Eastern Mediterranean sapropels and in uppermost hemipelagic sediments in the western Mediterranean (e.g. Thomson et al., 1999; Masqué et al., 2003).

The precipitation of Mn is found deeper in core 305G due to the coarser grain size distribution at this site, which allows for a farther downward progression of the oxidation front. Indeed, Masqué et al. (2003) reported post-depositional oxidation fronts ranging from 5.8 cm to as much as 15 cm depth in this sedimentary environment. In core 306G, Br and TOC deposited between 1750 and 1350 cal yr BP were remobilized due to this post-depositional oxidation front (Figs. 6 and 9), and at 900–450 cal yr BP there is a preferential loss of Br-containing compounds in relation to TOC as noted by Price et al. (1970) during the early stages of diagenesis. In core 305G, between 1350 and 600 cal yr BP, the post-depositional oxidation front reaching 9 cm depth may be responsible for remobilization of TOC, Br and U (Figs. 6 and 9). Elements such as uranium can be remobilized in sediments if oxygen penetrates up to the core depth where authigenic uranium has accumulated (e.g. McManus et al., 2005).

8 Paleoclimatic and paleoceanographic conditions during the last 4000 yr

8.1 Late Bronze Age-Iron Age (LBA-IA) (~3600–2600 cal yr BP).

Dry conditions are dominant during this period, as indicated by the reduced riverine input from the catchment at both sites (a decreasing trend of fluvial derived-elements) and the relatively high values of the Zr/Al ratio, associated with Saharan eolian input fluctuations (Fig. 5). This aridification trend coincides with a progressive evolution towards

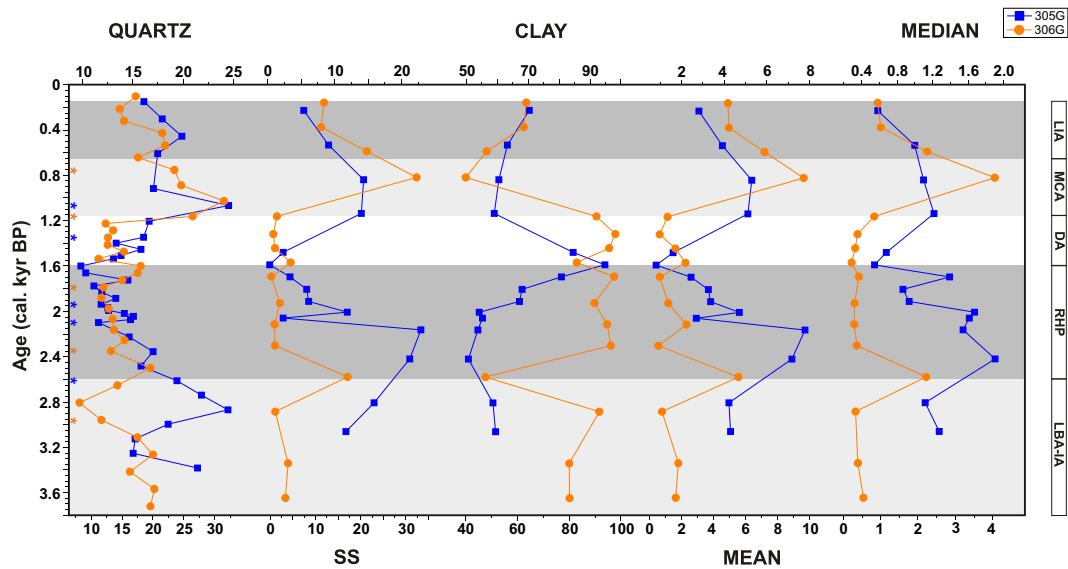


Fig. 7. Age-depth profile of grain size distribution: mean, median, SS (%), clay (%) and quartz content (%) for cores 305G (blue squares) and 306G (orange circles). Light grey bars indicate dry periods (MCA: Medieval Climate Anomaly, DA: Dark Ages, LBA-IA: Late Bronze Age-Iron Age); dark grey bars indicate humid periods (LIA: Little Ice Age, RHP: Roman Humid Period). Asterisks indicate the AMS ^{14}C dates.

typical Mediterranean climate and aridity, which gradually occurs from the middle Holocene (e.g. Wanner et al., 2008), and with one of the major periods of Holocene rapid climate change (RCC) at the hemispheric scale (~ 3500 – 2500 cal yr BP) (Mayewski et al., 2004). During these RCC periods, a southward migration of the Inter-Tropical Convergence Zone (ITCZ) and thus higher intensity of dust export and wind speeds (Weldeab et al., 2003) have been described, which may explain the low latitude aridity associated with this period. Moreover, these arid conditions occurred in the context of a decline in the Northern Hemisphere solar insolation (Steinilber et al., 2009), cooler air temperatures in Greenland from the middle LBA-IA (Greenland Ice Sheet Project 2 $\delta^{18}\text{O}$ record, GISP2 drill site) (Grootes and Stuiver, 1997) and detrital evidences of ice-rafting in the sub-polar North Atlantic during the North Atlantic cold and arid event 2 (~ 2800 cal yr BP) (Bond et al., 1997, 2001) (Fig. 10).

Furthermore, dry conditions have been widely described in the western Mediterranean region based on marine and terrestrial pollen records (Jalut et al., 2000, 2009; Combourieu-Nebout et al., 2009). Reduced river activity in Southern Europe (Magny et al., 2002; Macklin et al., 2006), cooling events with lower temperatures and faster flows in the Balearic Basin (Frigola et al., 2007), and a desiccation phase in a lacustrine record from Southern Spain (Carrión, 2002) are likewise reported for this time frame. Martín-Puertas et al. (2010) recorded a dry period supported by higher Saharan input into the Alboran Basin (Zr/Al ratio; core 300G) during this period.

The prevailing paleoceanographic conditions during this period entail faster flowing and better oxygenated bottom waters, evidenced at site 305G by the deposition of coarser grain size sediments, higher quartz content and lower redox-sensitive trace element values (Figs. 7 and 8). At site 306G, finer grain size, lower quartz content and high values of redox sensitive elements are found. The different locations of exposure would again explain the distinct sedimentary processes (Fig. 1a–c). Low TOC values as well as Cu/Al, Br/Al and U/Th ratios suggest low productivity and, owing to better oxygenated bottom sediments, lower organic matter preservation during this period (Fig. 6).

8.2 The Roman Humid Period (RHP) (~ 2600 – 1600 cal yr BP)

The early and middle RHP (~ 2600 – 1800 cal yr BP) is still marked by dry conditions, signalled by the decrease of fluvial derived-elements (Fig. 5), although a decreasing trend in Saharan eolian input at both sites (Zr/Al, Fig. 5) suggests an ongoing establishment of more humid conditions in the western Mediterranean. Other records in this region support this scenario. Accordingly, dry conditions are described for palynological (Jalut et al., 2000, 2009; Combourieu-Nebout et al., 2009), marine (Frigola et al., 2007), lacustrine (Carrión, 2002), and fluvial records (Magny et al., 2002; Macklin et al., 2006) in the western Mediterranean.

The most noteworthy event coinciding with this time interval is the sudden rise in fluvial land-derived elements that occurred at the end of the RHP, around 1800 cal yr BP at both sites (Fig. 5), thus defining this period as the most humid by

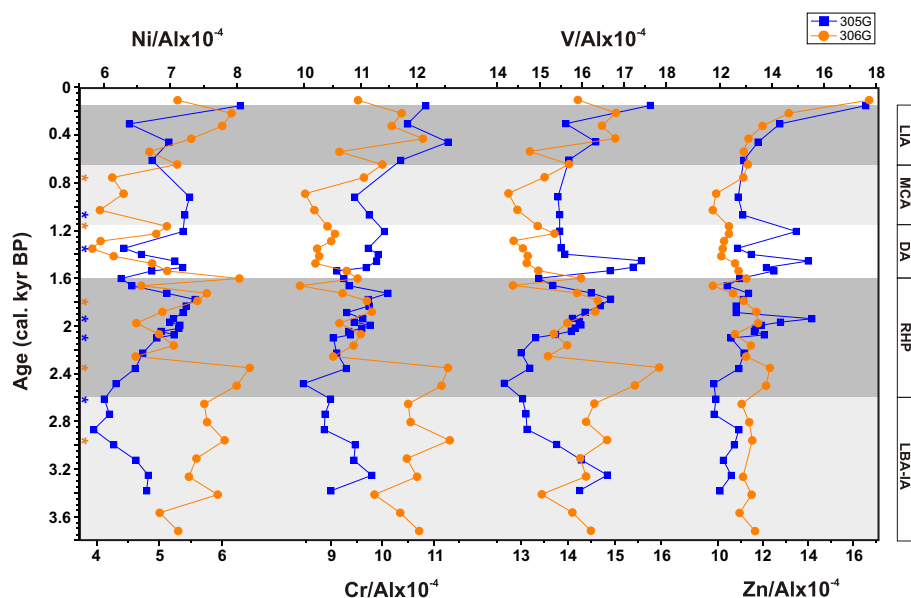


Fig. 8. Age-depth profile of redox proxies (V/Al, Cr/Al, Ni/Al and Zn/Al $\times 10^{-4}$ ratios) for cores 305G (blue squares) and 306G (orange circles). Light grey bars indicate dry periods (MCA: Medieval Climate Anomaly, DA: Dark Ages, LBA-IA: Late Bronze Age-Iron Age); dark grey bars indicate humid periods (LIA: Little Ice Age, RHP: Roman Humid Period). Asterisks indicate the AMS ^{14}C dates.

far of the last 4000 yr. The Saharan eolian input (Zr/Al ratio) remains low after 1800 cal yr BP, achieving minimum values during this period and thus supporting the humid conditions (Fig. 5). This event coincides with higher solar insolation in the Northern Hemisphere (Steinilber et al., 2009) and generally warm air temperatures in Greenland from the onset of the RHP to 2000 cal yr BP (Grootes and Stuiver, 1997) that sustain this humid period in the western Mediterranean (Fig. 10).

Flooding events in the Iberian Peninsula are also recorded for this time (Macklin et al., 2006). Martín-Puertas et al. (2010) describe wetter conditions sharpening at 1700 cal yr BP in the Alboran Basin (Mg/Al ratio; ODP 976) and a decrease in the eolian input from the African margin (Zr/Al ratio; core 300G) to characterize this period as the most humid of the Late Holocene in the southern part of the Iberian Peninsula.

The progressively finer grain size and lower quartz content for this interval (Fig. 7) indicate slower and less energetic flows, which are supported by slightly increased values of redox sensitive elements (Fig. 8) suggesting less oxygenated bottom conditions. Furthermore, the sudden increase in TOC values and organometallic ligands (Fig. 6) reveal increasing organic matter preservation due to these lower oxygen bottom water conditions. Thus, the most intense productivity and better preservation of the last 4000 yr is exhibited during this period.

8.3 The Dark Ages (DA) (~1600–1150 cal yr BP)

A progressive dryness peaking around 1300 cal yr BP at both sites characterizes the DA, which coincides with decreasing solar insolation in the Northern Hemisphere (Steinilber et al., 2009), another event of ice-rafting in the subpolar North Atlantic (North Atlantic cold event 1, ~1400 cal yr BP) (Bond et al., 1997, 2001), and cooler air temperatures in Greenland (Grootes and Stuiver, 1997). This fact is revealed by a decline in the riverine influence to the basin (Fig. 5) and a progressive increase in the Saharan eolian input suggested by the Zr/Al ratio from 2000 cal yr BP until the beginning of the MCA.

Faster bottom currents and more energetic hydrodynamic conditions are evoked by enhanced sortable silt and quartz content (Fig. 7), and by better oxygenated bottom waters as reflected by decreasing redox-sensitive elements (Fig. 8). Accordingly, lower TOC values as well as lesser Cu/Al, Br/Al and U/Th ratios are indicative of poor organic matter preservation owing to well-oxygenated bottom sediments (Fig. 6). In addition, remobilization took place at core 305G due to a post-depositional oxidation front reaching 9 cm depth (Figs. 6 and 9) but not for U/Th at site 306G.

The dryness characterizing the DA is correlated with decreased humidity in the western Mediterranean, evidenced by forest cover regression episodes (Jalut et al., 2000, 2009; Combourieu-Nebout et al., 2009), a decrease in river activity in southern Europe (Magny et al., 2002; Macklin et al., 2006), cooling events in the Balearic Basin (Frigola et al., 2007), and lower lake levels in southern Spain (Carrión, 2002).

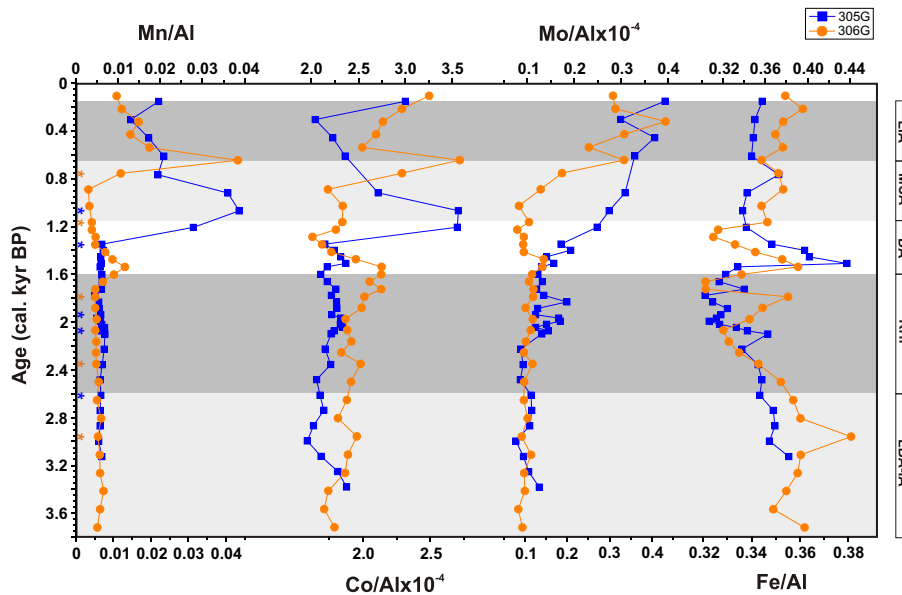


Fig. 9. Age-depth profile of post-depositional proxies (Co/Al and $\text{Mo}/\text{Al} \times 10^{-4}$, Mn/Al and Fe/Al) for cores 305G (blue squares) and 306G (orange circles). Light grey bars indicate dry periods (MCA: Medieval Climate Anomaly, DA: Dark Ages, LBA-IA: Late Bronze Age-Iron Age); dark grey bars indicate humid periods (LIA: Little Ice Age, RHP: Roman Humid Period). Asterisks indicate the AMS ^{14}C dates.

8.4 The Medieval Climate Anomaly (MCA) (~1150–650 cal yr BP)

Arid conditions are still predominant in the western Mediterranean during the MCA, as indicated by a decline in the fluvial input into the basin due to a decreasing trend of fluvial-derived elements and higher Zr/Al ratios, which indicate higher Saharan eolian input (Fig. 5). This arid phase is accentuated during the Medieval solar activity maximum (~850–700 cal yr BP) (Jirikowic and Damon, 1994) when values of fluvial-derived elements reach a minimum yet Zr/Al ratios are still high. At the hemispheric scale, this time-interval coincides with one period of RCC (~1200–1000 cal yr BP) due to southward migration of the ITCZ (Mayewski et al., 2004), implying a greater intensity of dust export and wind speeds (Weldeab et al., 2003). Indeed, the highest Saharan eolian input during the last 4000 yr occurred in this phase and in the LBA-IA, both coinciding with periods of RCC.

This phase can be inferred in the Mediterranean borderlands through changes in vegetation (Jalut et al., 2000, 2009; Combourieu-Nebout et al., 2009), and a decrease in river activity in southern Europe (Magny et al., 2002; Macklin et al., 2006). Drier conditions were also registered in marine, lacustrine and pollen records in the Iberian Peninsula during the MCA: lower water levels in lacustrine records, decreased fluvial supply and major Saharan dust particle input in the westernmost Mediterranean as evidenced by marine sediments, and higher xerophytic or heliophytic taxa vegetation documented by pollen records (Moreno et al., 2011; and references therein).

In terms of paleocoenographic conditions, faster bottom currents and intense hydrodynamic conditions are suggested by an increase in grain size and quartz content (Fig. 7). Meanwhile, a decrease in redox-sensitive elements points to better oxygenated bottom waters (Fig. 8). Though in core 305G, the post-depositional oxidation front reaching 9 cm remobilized TOC, Br and U (Figs. 6 and 9), the oxygenated bottom waters and stronger bottom currents suggest low preservation of organic matter.

Our record furthermore provides support of dominant positive NAO phases during the MCA over Europe (Trouet et al., 2009). Positive NAO phases in the Mediterranean region are linked to stronger westerlies transporting storms farther to the north and east and resulting in wetter winters over northern Europe – evidenced by stalagmites in North-Western Scotland (Proctor et al., 2000, 2002; Baker et al., 2011) and tree ring records from Germany (Büntgen et al., 2010) – along with drier winters over southern Europe and northern Africa, reflected by precipitation data and tree ring records from North-Western Africa (Knippertz et al., 2003; Esper et al., 2007) (Fig. 10). Additionally, enhanced dust transport from the Saharan region to the North Atlantic Ocean and the Mediterranean Sea has been reported during positive NAO phases (Moulin et al., 1997). Certainly, the highest Saharan eolian input and the decreasing trend of fluvial-derived elements occurring during the MCA evidence drier conditions in the westernmost Mediterranean. Furthermore, paleocoenographic conditions in this region dominated by oxygenated bottom waters and stronger bottom currents suggest enhanced formation of WMDW likely promoted by stronger westerlies during positive NAO phases.

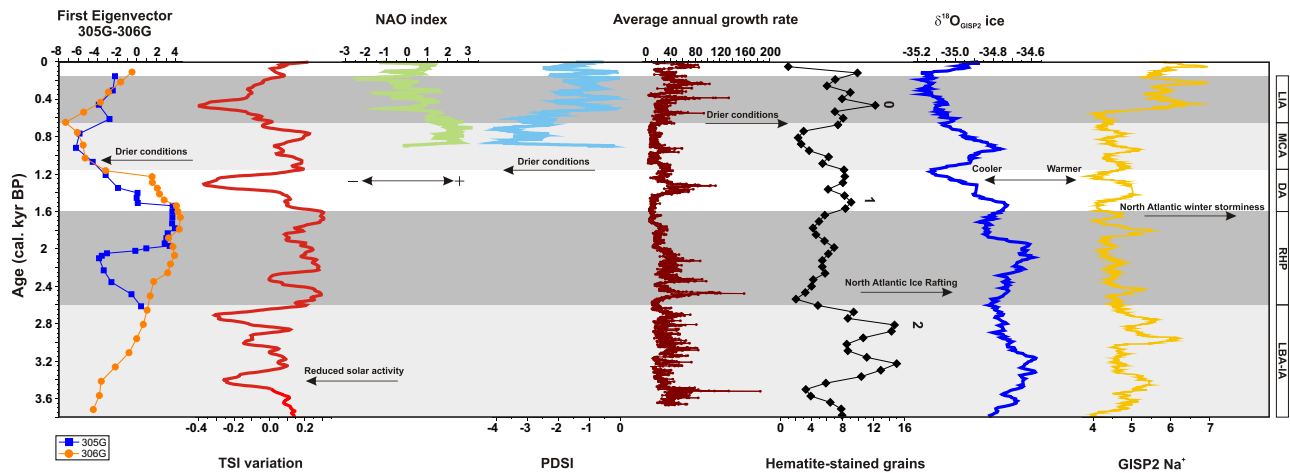


Fig. 10. First eigenvector of cores 305G (blue squares) and 306G (orange circles) compared with the TSI variations (W m^{-2}) during the last 4000 yr (30-point smoothed, red line) (Steinhilber et al., 2009), the NAO index during the last 1000 yr (green line) (Trouet et al., 2009), the Palmer Drought Severity Index (PDSI) based on *Cedrus Atlantica* ring width from Morocco (North-Western Africa) reflecting aridity changes during the last 1000 yr (10-point smoothed, light blue line) (Esper et al., 2007) and the growth rate variations of stalagmites (microns) from North-Western Scotland reflecting hydrological conditions during the last 4000 yr (brown circles) (Proctor et al., 2000, 2002), the record of increased ice-drifting in the North Atlantic expressed as percentage variations of hematite-stained grains during the last 4000 yr (black diamonds, numbers represent Bond cycles 0–2) (Bond et al., 2001), the high resolution $\delta^{18}\text{O}$ record (‰) (30-point smoothed, dark blue line) (Grootes and Stuiver, 1997) from the GISP2 ice core during the last 4000 yr and the sea-salt Na concentration (ppb) (30-point smoothed, yellow line) (Mayewski et al., 1997). Light grey bars indicate dry periods (MCA: Medieval Climate Anomaly, DA: Dark Ages, LBA-IA: Late Bronze Age–Iron Age); dark grey bars indicate humid periods (LIA: Little Ice Age, RHP: Roman Humid Period).

8.5 The Little Ice Age (LIA) (~650–150 cal yr BP)

The dry conditions recognized during the MCA are maintained during the first half of the LIA until 400 cal yr BP, as evidenced by a decreasing trend of fluvial-derived elements which reaches even lower values than during the MCA. The Saharan eolian input ratio (Zr/Al ratio) draws a declining trend throughout this period, attaining values as low as during the RHP (Fig. 5). At the hemispheric scale, this trend correlates with the latest period of significant RCC in the Northern Hemisphere (~600–150 cal yr BP) (Mayewski et al., 2004), as well the most recent evidence of ice-rafting in the subpolar North Atlantic (North Atlantic cold and arid event 0, ~500 cal yr BP) (Bond et al., 1997, 2001). Further records in the western Mediterranean mirror these conditions. Thus, Carrión (2002) recorded a desiccation phase in a lacustrine record from Southern Spain, Frigola et al. (2007) described cooling events in the Balearic Basin at this time, and Martín-Puertas et al. (2010) also recorded a decrease of riverine input during the first half of the LIA.

After 400 cal yr BP, a rise in fluvial land-derived elements (Fig. 5) defines the late LIA. Accordingly, enhanced fresh water input, meaning an establishment of wetter conditions in the western Mediterranean, can be envisaged during this time. A slight increase in the riverine input in the Alboran Sea Basin is also evidenced in westernmost Mediterranean records during the late LIA (Martín-Puertas et al., 2010); meanwhile higher lake levels and mexophytic vegetation

which grows under moderately humid conditions occurred in the Iberian Peninsula (Moreno et al., 2011). Thus, increased fluvial input along with oceanographic oscillations may have also promoted enhanced productivity, as suggested by greater TOC values and organometallic ligands. Indeed, similar increase in productivity is also recognized during the LIA as far as the Sicily Channel, as evidenced by coccolithophore records by Incarbona et al. (2010).

These humid conditions correspond well with a change in the NAO index into a negative mode in the western Mediterranean. Weaker and southward displaced westerlies would bring enhanced precipitation and river discharges to the south of the Iberian Peninsula, as evidenced by our records after 400 cal yr BP. This displacement may have collapsed the formation of WMDW, as suggested by the less energetic and poorly oxygenated waters, seen in the increasing trend to finer grain size, lower quartz content (Fig. 7) and higher values of redox sensitive elements (Fig. 8). Furthermore, our records are compatible with a transition from predominant positive NAO phases to negative ones at 400 cal yr BP (Fig. 10).

9 Forcing mechanisms driving natural climate variability during the Late Holocene

Solar irradiance variations have been invoked as one of the main forcing mechanisms that drive natural climate

variability on centennial to millennial time-scales during the Holocene at the hemispheric scale (e.g. van Geel et al., 1999; Crowley, 2000). At millennial scales, times of orbitally-induced declines of solar irradiance in the Northern Hemisphere might have triggered ice-rafted debris discharges into the North Atlantic current (Bond et al., 2001). These abrupt events led to a southward advection of cooler and fresher surface water, thus reducing the North Atlantic Deep Water (NADW) production rate. The weakness of the global thermohaline circulation could allow these cold pole waters to spread into the Mediterranean Sea through the Strait of Gibraltar. Such events also correlate with an intensification of the atmospheric circulation over Greenland, producing stronger than normal northerly winds that could promote a strengthening of the WMDW production rate and thus of the Mediterranean thermohaline circulation (e.g. O'Brien et al., 1995; van Geel et al., 1999; Bond et al., 2001). These millennial-scale abrupt cooling events occur with a mean pacing of 1500 yr during the Holocene, similar to the duration of the Dansgaard/Oeschger events that took place during the last deglacial period in the Alboran Sea Basin (e.g. Cacho et al., 1999).

Since detrital input is the main process managing deposition at sites 305G and 306G, we have selected the first eigenvector defined by PCA analyses at these sites to compare it with total solar irradiance (TSI) variations (W m^{-2}) over the last 4000 yr (Steinilber et al., 2009) and the NAO index over the last 1000 yr (Trouet et al., 2009) (Fig. 10). Thus, positive TSI values are achieved during the RHP and the MCA, whereas negative values are attained during the LBA-IA, the DA and the LIA. Three minimum negative values are reached during the whole record, two of them coinciding with the North Atlantic cold events described by Bond et al. (1997) (1400 and 2800 cal yr BP) and the other one taking place during the LIA (Fig. 10). These cold imprints in the TSI variations are mirrored at sites 305G and 306G by decreased fluvial input as discussed above (Fig. 5).

On the other hand, increasing trends of the first eigenvector in both cores are seen during the RHP (after 2000 cal yr BP) and the LIA, whereas decreasing ones are achieved during the LBA-IA, early and middle RHP, DA and the MCA (Fig. 10), respectively evidencing higher and lower riverine input into the basin. High TSI coincides with wet periods such as the RHP (higher riverine input), and low TSI agrees with dry periods, namely the LBA-IA and the DA (lower riverine input). Nevertheless, a lack of correlation throughout the MCA and the LIA in terms of total solar variations suggests some additional forcing affected detrital input in the western Mediterranean.

The MCA has been described as the most recent pre-industrial warm period noted in Europe and over the Northern Hemisphere (Mann et al., 2008, 2009), also characterized by severe and prolonged droughts (Seager et al., 2007). Recently, Trouet et al. (2009) stated strongly-positive NAO phases for the MCA and negatives ones for the LIA as the

responsible mechanism of this climate anomalies over the North Atlantic and elsewhere. Thus, the positive phase of the NAO leads to dry and cold winters in southern Europe, the Mediterranean, northern Africa, northern Canada and Greenland, and warm and wet winters in northern Europe and eastern North America (Wanner et al., 2001; Trigo et al., 2002). As explained above, climate and ocean conditions reconstructed from our records during the MCA and the LIA correspond with a positive and a negative phase of the NAO, thus inducing dry and humid conditions respectively in the western Mediterranean (Fig. 10). According to our records, wetter (drier) winters are also reflected by tree ring records from North-Western Africa during the LIA (MCA) (Esper et al., 2007). Meanwhile, drier (wetter) winters over northern Europe are evidenced by stalagmites in north-western Scotland during the LIA (MCA) (Proctor et al., 2000, 2002) (Fig. 10). Similarly, other records from different areas support our results. Thus, rising sea-salt Na^+ concentrations from the GISP2 ice core glaciochemical series (Mayewski et al., 1997) have been interpreted as a deepening of the Icelandic low atmospheric pressure, i.e. the deeper the low pressure the stronger the transport of sea-salt Na^+ by winds towards Greenland (Meeker and Mayewski, 2002). The weakening of the Icelandic low would lead more intense winter storminess and enhanced precipitation over the North Atlantic region as described for a negative state of the NAO during the LIA, being preceded by a period of negligible storm activity during the MCA (Fig. 10). These concentrations coincide with the synchronicity of colder temperatures during the LIA and warmer during the MCA, as recorded by the $\delta^{18}\text{O}$ ice GISP2 ice core in Greenland (Grootes and Stuiver, 1997) which is consistent with detrital evidences of an increased ice-drifting event in the North Atlantic during the LIA (Bond et al., 2001) (Fig. 10).

Hence, our records further support the NAO as a regional mechanism driving natural climate variability together with the TSI in the western Mediterranean during the Late Holocene. In this way, Seager et al. (2007) attributed the dry conditions during the MCA in the Mediterranean region to a prevailed positive mode of the NAO and Shindell et al. (2001) pointed out a coupled between low solar insolation and a negative mode of the NAO as responsible of the low temperatures in Europe during the Maunder Minimum at the late LIA. These results also sustain the link of the Mediterranean climate with the North Atlantic climate system driven by atmospheric forcing related to the NAO at centennial and millennial scales during the last 4000 yr.

10 Conclusions

Fluctuations in chemical and mineralogical composition as well as grain size distribution in two deep-sea marine records from the western Mediterranean Sea reveal climate oscillations over the past 4000 yr. These records provide further insight into the response of this highly sensitive area to internal climate variability, allowing for the identification and characterization of humid (LIA and RHP) and dry (MCA, DA and LBA-IA) periods. An increase in riverine input (fluvial-derived detrital elements –Rb/Al, Ba/Al, REE/Al, Si/Al, Ti/Al, Mg/Al and K/Al ratios) and a decrease in Saharan eolian input (Zr/Al ratio) characterize the RHP and the LIA. Additionally, weaker bottom currents (lower SS), oxygen-poor bottom waters (high V/Al, Cr/Al, Ni/Al and Zn/Al ratios), and well-preserved marine organic matter (TOC content and Br/Al ratio, U and Cu as organometallic ligands) are evidenced, whereas essentially opposite paleoenvironmental and paleoceanographic conditions are recognized during the LBA-IA, the DA and the MCA. Likewise, the highest TOC values achieved during the late RHP, together with increasing preservation of organic matter, point to this time period as exhibiting by far the most intense productivity of the last 4000 yr. Comparison of the first eigenvector defined by PCA at site 305G and 306G, which represents the detrital input into the basin, with natural external forcing mechanisms of climate variability (such as the TSI and the NAO), would underline the TSI as one of the main mechanisms behind natural climate variability on millennial scales. Further influential sources are the modulation of the NAO, a regional prevailing pattern of winter climate variability in the North Atlantic region, and driving natural climate variability on decadal to centennial scales during the MCA and the LIA in the western Mediterranean.

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