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# Surface Hydrogen Enables Subeutectic Vapor–Liquid–Solid Semiconductor Nanowire Growth

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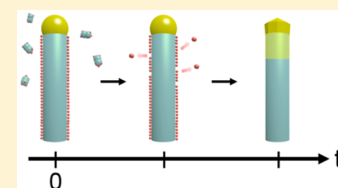
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**S** Supporting Information

**ABSTRACT:** Vapor–liquid–solid nanowire growth below the bulk metal–semiconductor eutectic temperature is known for several systems; however, the fundamental processes that govern this behavior are poorly understood. Here, we show that hydrogen atoms adsorbed on the Ge nanowire sidewall enable AuGe catalyst supercooling and control Au transport. Our approach combines in situ infrared spectroscopy to directly and quantitatively determine hydrogen atom coverage with a “regrowth” step that allows catalyst phase to be determined with ex situ electron microscopy. Maintenance of a supercooled catalyst with only hydrogen radical delivery confirms the centrality of sidewall chemistry. This work underscores the importance of the nanowire sidewall and its chemistry on catalyst state, identifies new methods to regulate catalyst composition, and provides synthetic strategies for subeutectic growth in other nanowire systems.

**KEYWORDS:** semiconductor nanowire, vapor–liquid–solid mechanism, hydrogen, germanium



The “bottom-up” vapor–liquid–solid (VLS) mechanism is a versatile method for semiconductor nanowire synthesis. The ability to encode different crystal structures,<sup>1,2</sup> alloy compositions,<sup>3</sup> dopant concentrations,<sup>4</sup> isotope distributions,<sup>5</sup> or heterostructures<sup>6</sup> along the nanowire length is a key benefit of VLS synthesis and can allow individual nanowires to function as complete devices.<sup>7–9</sup> A liquid eutectic catalyst droplet sitting atop the nanowire is central to the VLS growth mode. It acts as a reservoir for atomic species and directs nanowire crystallization.<sup>10</sup> The physicochemical factors that control catalyst phase, composition, and size—collectively referred to as the catalyst’s “state”—must be understood to ab initio choreograph synthesis and control nanowire structure.

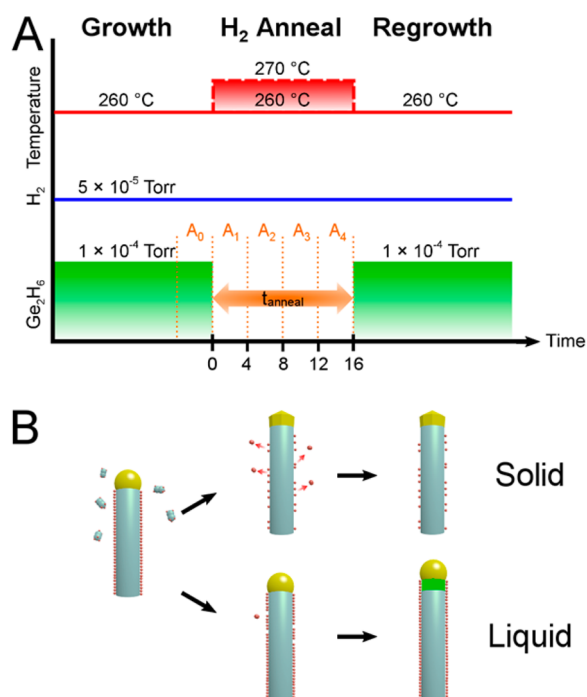
Catalyst state depends on, in addition to temperature, the relative rates of semiconductor (e.g., Si, Ge), metal (e.g., Au), and dopant (e.g., P, B) atom transport across the vapor–liquid, vapor–solid, and liquid–solid interfaces.<sup>11</sup> Two transport pathways are commonly considered when rationalizing nanowire growth: (1) delivery of atomic species into the catalyst through the vapor–liquid interface and (2) transport of atomic species from the catalyst to the nanowire via nucleation at the liquid–solid interface. However, catalyst state can also be influenced by the transport of species (3) to the gas phase through the vapor–liquid interface, (4) to the catalyst via dissolution at the liquid–solid interface, and (5) to/from the catalyst via surface diffusion along the vapor–solid interface. Recent work, by our group and others, indicates that pathways 3 and 4 can play an important role.<sup>11–15</sup> Reports of Au diffusion on the nanowire sidewall confirm that pathway 5 is not always negligible,<sup>16–18</sup> but the understanding of this 50 pathway remains very limited.

In this Letter, we directly and quantitatively show how vapor–solid interface chemistry not only governs subeutectic VLS growth but also controls atomic transport between the catalyst and the sidewall. Subeutectic nanowire growth, where the catalyst remains liquid below the bulk metal–semiconductor eutectic temperature, has been suspected<sup>19–23</sup> and confirmed<sup>24–26</sup> for several systems, including Au–Ge, Al–Si, and Au–InAs. The present work shows that hydrogen atoms adsorbed on the sidewall block the transport of atomic species from the catalyst and, in doing so, prevent catalyst solidification. We unambiguously demonstrate this effect by delivering atomic hydrogen to the nanowire sidewall which preserves a liquid catalyst even in the absence of Ge<sub>2</sub>H<sub>6</sub> flow. The catalyst solidification observed here is the source of the growth destabilization we previously reported.<sup>27</sup>

A three-step experimental procedure allows us to investigate the impact of sidewall hydrogen coverage on catalyst phase. Each of the three steps—“growth”, “H<sub>2</sub> anneal”, and “regrowth”—are outlined here, illustrated in Figure 1, and described in detail below. Following a combination of ex situ and in situ cleaning of a Ge(111) substrate,<sup>27</sup> a thin layer (~1 nm) of Au is thermally evaporated onto the bare substrate. Vertical, untapered Ge nanowires with hydrogen-terminated sidewalls are synthesized in an initial “growth” step similar to that used previously.<sup>27</sup> After growth of a short Ge base, the majority of the nanowire is elongated for 60 min at 260 °C with

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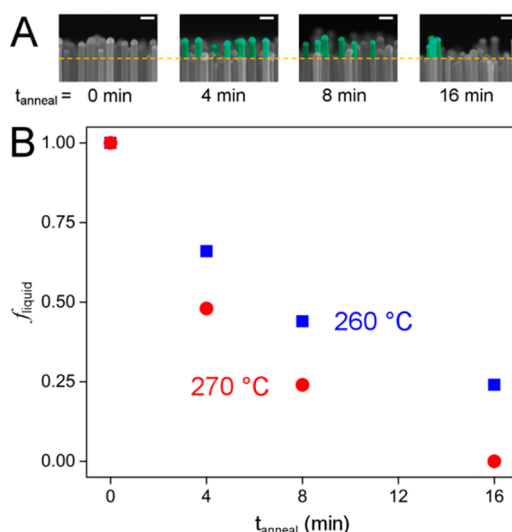
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**Figure 1.** Procedure to determine catalyst phase. (A) Schematic plot of substrate temperature ( $T_{\text{sub}}$ ),  $\text{H}_2$  partial pressure, and  $\text{Ge}_2\text{H}_6$  partial pressure versus time during the three step procedure.  $\text{Ge}_2\text{H}_6$  is evacuated from the growth chamber during the “ $\text{H}_2$  anneal” step and reintroduced during “regrowth.” The value of  $t_{\text{anneal}}$  is variable. The orange dotted lines indicate the time intervals over which in situ infrared spectra are acquired. (B) Schematic showing catalyst droplets that remain liquid elongate via the subeutectic VLS mechanism when re-exposed to  $\text{Ge}_2\text{H}_6$  during the regrowth step, whereas droplets that have solidified do not grow. Light blue represents the Ge nanowire and green corresponds to the nanowire segment grown after reintroduction of  $\text{Ge}_2\text{H}_6$ . The AuGe catalyst is shaded in gold and the red spheres represent hydrogen atoms.

synthesized during the growth and regrowth steps. Solid catalysts may still be growing via the vapor–solid–solid (VSS) mechanism; however, the order of magnitude difference between VLS and VSS growth rates<sup>24</sup> along with the long regrowth time allow us to easily identify catalyst solidification. We attribute the kinked appearance of nanowires with solid catalysts to the rapid expulsion of Ge atoms from the AuGe catalyst, as seen in previous studies.<sup>24</sup>

The fraction of catalysts that remain liquid ( $f_{\text{liquid}}$ ) decreases as the duration of the  $\text{H}_2$  anneal step ( $t_{\text{anneal}}$ ) increases. Figure 2A shows ex situ SEM images of nanowires annealed at  $T_{\text{sub}} =$

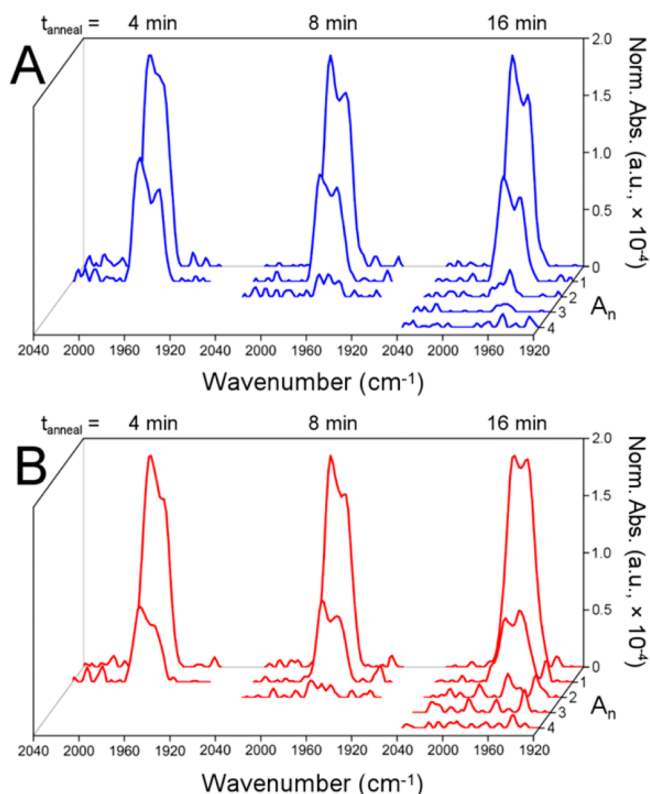


**Figure 2.** Catalyst state governed by  $\text{H}_2$  anneal time and substrate temperature. (A) Representative postgrowth SEM images of nanowires after the regrowth step, with the newly elongated section false colored in green, as a function of total anneal time ( $t_{\text{anneal}}$ ) at  $T_{\text{sub}} = 260$  °C. The dashed line denotes the point where regrowth began. Scale bar, 100 nm. (B) Fraction of catalysts that remain liquid as a function of  $t_{\text{anneal}}$  and  $T_{\text{sub}}$ .  $N = 50$  at each condition.

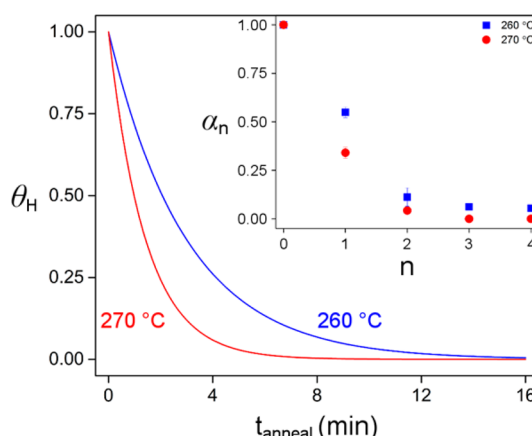
$\text{Ge}_2\text{H}_6$  and  $\text{H}_2$  partial pressures of  $1 \times 10^{-4}$  and  $5 \times 10^{-5}$  Torr, respectively. The “ $\text{H}_2$  anneal” step begins by terminating  $\text{Ge}_2\text{H}_6$  flow while holding the substrate temperature at 260 or 270 °C ( $T_{\text{sub}}$ ) for a total time ( $t_{\text{anneal}}$ ). Multiple growth runs are performed, each with a different anneal time ( $t_{\text{anneal}} = 4, 8, 12, 16$  min). We use in situ infrared spectroscopy during the  $\text{H}_2$  anneal step to monitor the coverage of hydrogen atoms on the sidewall,<sup>27</sup> which decreases due to recombinative desorption as  $\text{H}_2$ . The value of  $t_{\text{anneal}}$  in any given experiment determines the number of absorption spectra recorded. For example, when  $t_{\text{anneal}} = 4$  min, we acquire a single spectrum ( $A_1$ ), whereas four spectra are recorded ( $A_1 - A_4$ ) for  $t_{\text{anneal}} = 16$  min. The final “regrowth” step is completed at  $T_{\text{sub}} = 260$  °C for 8 min with  $\text{Ge}_2\text{H}_6$  and  $\text{H}_2$  partial pressures of  $1 \times 10^{-4}$  and  $5 \times 10^{-5}$  Torr, respectively (i.e., identical to the growth step). Catalysts that remain liquid after the  $\text{H}_2$  anneal elongate further via the VLS mechanism when exposed to  $\text{Ge}_2\text{H}_6$  again, whereas those that have solidified do not (Supporting Information, Figure S1). Enhanced sidewall roughening serves as a marker for the position of the catalyst–nanowire interface at the end of the  $\text{H}_2$  anneal step (Supporting Information, Figure S2). This roughening allows us to assess regrowth for individual nanowires, and therefore determine the fraction of catalysts that remain liquid ( $f_{\text{liquid}}$ ), with ex situ scanning electron microscopy (SEM). For catalysts that remain liquid, we find no difference in growth rates ( $\sim 13$  nm/min) between segments

260 °C. As expected, all nanowires regrow when  $t_{\text{anneal}} = 0$  min (i.e., continuous elongation). One can clearly see that as  $t_{\text{anneal}}$  increases, fewer nanowires elongate during the regrowth step. Figure 2B quantifies  $f_{\text{liquid}}$  as a function of  $\text{H}_2$  anneal time. A similar trend is observed for nanowires annealed at  $T_{\text{sub}} = 270$  °C; however, the rate of catalyst solidification is faster at 270 °C, such that no nanowires regrow beyond  $t_{\text{anneal}} = 16$  min.

We also interrogate the coverage of hydrogen atoms on the nanowire sidewall during the  $\text{H}_2$  anneal step with in situ infrared spectroscopy. Figure 3A,B shows a series of time-averaged absorption spectra, labeled  $A_n$  (where  $n = 0-4$ ), for  $T_{\text{sub}} = 260$  and 270 °C, respectively, and different values of  $t_{\text{anneal}}$ . As illustrated by the orange dotted lines in Figure 1A, the  $A_0$  spectrum is the result of integrating 1000 individual scans over the last 4 min of the growth step. The  $A_1-A_4$  spectra are acquired in the same manner over sequential 4 min intervals during the  $\text{H}_2$  anneal step. Recall that the value of  $t_{\text{anneal}}$  dictates the maximum value of  $n$  for each experiment. The two absorption bands observed in each  $A_0$  spectrum correspond to monohydride covalently bonded to the nanowire sidewall and are consistent with our previous work and other surface science studies.<sup>27-29</sup> The intensity of these  $\nu(\text{Ge-H})$  peaks decreases in each subsequently acquired spectrum (i.e., as  $n$  increases). Because the  $\nu(\text{Ge-H})$  integrated intensity is linearly proportional to the number of adsorbed hydrogen atoms,<sup>27</sup> we can



**Figure 3.** Loss of sidewall hydrogen during  $H_2$  anneal. Time-averaged in situ infrared absorption spectra ( $A_n$ ) of the  $\nu(\text{Ge-H})$  stretching region during the  $H_2$  anneal step at  $T_{\text{sub}} =$  (A) 260 °C and (B) = 270 °C at different total  $H_2$  anneal times ( $t_{\text{anneal}}$ ). Each spectrum is comprised of 1000 individual scans recorded over 4 min. Spectrum  $A_0$  is recorded during the final 4 min of the initial “growth” step (i.e., during  $\text{Ge}_2\text{H}_6$  flow). Spectra  $A_1$  through  $A_4$  are recorded sequentially during the “ $H_2$  anneal” step (i.e., after terminating  $\text{Ge}_2\text{H}_6$  flow). Background spectra are of the Au-covered Ge(111) substrate maintained at the corresponding  $T_{\text{sub}}$  in vacuum.



**Figure 4.** Determining sidewall hydrogen coverage as a function of time during the  $H_2$  anneal step. Hydrogen coverage ( $\theta_H$ ) extracted from eq 2 and plotted as a function of time during the  $H_2$  anneal at  $T_{\text{sub}} = 260$  and 270 °C. Inset: Time-averaged hydrogen coverage ( $\alpha_n$ ) determined from eq 1 as a function of the spectrum number ( $n$ ) at  $T_{\text{sub}} = 260$  and 270 °C.

is higher at the beginning of any 4 min spectrum acquisition 160 than at the end. We can extract  $\theta_H$  by relating it to  $\alpha_n$  with eq 2: 161

$$\alpha_n = \frac{1}{\Delta t} \int_t^{t+\Delta t} \theta_{H,0} e^{-kt} dt \quad (2) \quad 162$$

where  $k$  is the Arrhenius rate constant for  $H_2$  desorption,  $\theta_{H,0}$  is 163 the initial hydrogen coverage, and  $t$  is time. This equation 164 assumes that the rate of hydrogen desorption is first order with 165 respect to  $\theta_H$ , which is appropriate for situations where surface 166 diffusion is rapid and  $\theta_H > 0.1$ .<sup>30</sup> Consistent with our prior 167 work,<sup>27</sup> the initial hydrogen coverage is taken to be unity at the 168 beginning of the  $H_2$  anneal step (i.e.,  $\theta_{H,0} = 1$  at  $t_{\text{anneal}} = 0$  min). 169 The value of  $k$  at  $T_{\text{sub}} = 260$  and 270 °C is calculated from  $\alpha_1$ . 170 Figure 4 shows the resulting curve for  $\theta_H$  as a function of time 171 at any point during the  $H_2$  anneal. We find good agreement 172 between the time-averaged hydrogen coverage as measured 173 directly with in situ infrared spectroscopy and that predicted 174 from the curves in Figure 4 (Supporting Information, Table 175 S1). 176

Figure 5 reveals a strong correlation between the fraction of 177 catalysts that remain liquid ( $f_{\text{liquid}}$ ) and the coverage of sidewall 178 hydrogen ( $\theta_H$ ). The fact that the data points lie on a single 179 curve for both  $H_2$  anneal temperatures supports the hypothesis 180 that hydrogen desorption leads to solidification. Notably, the 181 relationship between  $f_{\text{liquid}}$  and  $\theta_H$  is nonlinear. Approximately 182 25% of the catalysts remain liquid for the nanowire array held at 183  $T_{\text{sub}} = 260$  °C for  $t_{\text{anneal}} = 16$  min (Figure 2B), although the 184 nanowire sidewall is nearly devoid of hydrogen (Figure 4). This 185 behavior suggests that catalyst solidification is multistep 186 process, but is ultimately regulated by nanowire surface 187 chemistry. 188

We demonstrate that sidewall hydrogen enables the 189 supercooled AuGe state by delivering atomic hydrogen (by 190 cracking  $H_2$  on a hot filament) during the  $H_2$  anneal. The 191 reactive hydrogen atom flux artificially maintains  $\theta_H$  at a value 192 higher than that possible at the same temperature with  $H_2$  193 alone. Figure 6A shows that >90% of the catalysts remain liquid 194 during such a  $H + H_2$  anneal at  $T_{\text{sub}} = 260$  °C for  $t_{\text{anneal}} = 16$  195 min. As expected from the preceding discussion and observed 196 in Figure 6B, the large majority of catalysts solidify during an 197  $H_2$  anneal for  $t_{\text{anneal}} = 16$  min at the same temperature and  $H_2$  198

conclude that hydrogen atoms are recombinatively desorbing 140 from the nanowire sidewall during the  $H_2$  anneal (as  $H_2$ ). 141 Notably, hydrogen loss occurs despite maintaining a back- 142 ground pressure of  $H_2$ , which indicates that molecular  $H_2$  has 143 little impact on sidewall chemistry at these temperatures.

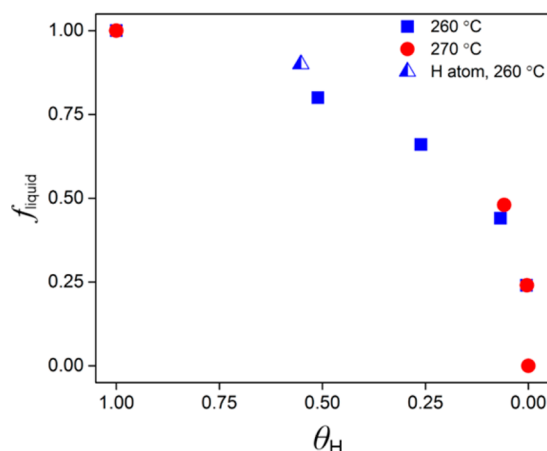
We can quantitatively determine the sidewall coverage of 144 hydrogen atoms ( $\theta_H$ )—the ratio of hydrogen-covered sidewall 145 sites to total sites—as a function of time during the  $H_2$  anneal 146 step. We use the time-averaged absorption spectra ( $A_0$ – $A_4$ ) to 147 calculate the time-averaged value of hydrogen atom coverage, 148  $\alpha_n$ , via eq 1

$$\alpha_n = \frac{I_n}{I_0} = \frac{\int A_n(\tilde{\nu}) d\tilde{\nu}}{\int A_0(\tilde{\nu}) d\tilde{\nu}} \quad (1) \quad 150$$

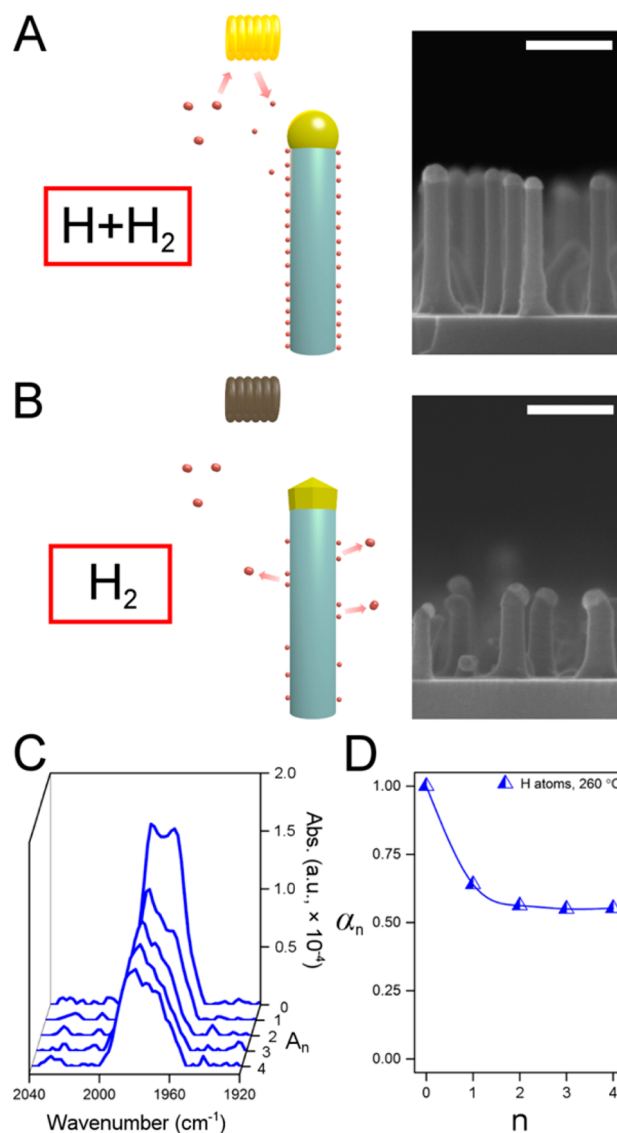
where  $I_n$  is the integrated  $\nu(\text{Ge-H})$  peak intensity determined 151 from  $A_n$ ,  $I_0$  is the integrated  $\nu(\text{Ge-H})$  peak intensity 152 determined from  $A_0$ , and  $\tilde{\nu}$  is frequency in wavenumber. The 153 Figure 4 inset shows that  $\alpha_n$  decreases as  $n$  increases, as 154 expected from the loss of  $\nu(\text{Ge-H})$  peak intensity seen in 155 Figure 3.

We require an additional conversion to obtain a value of  $\theta_H$  157 at any point in time during the  $H_2$  anneal. Due to the time- 158 averaged nature of our infrared measurements, the value of  $\theta_H$  159



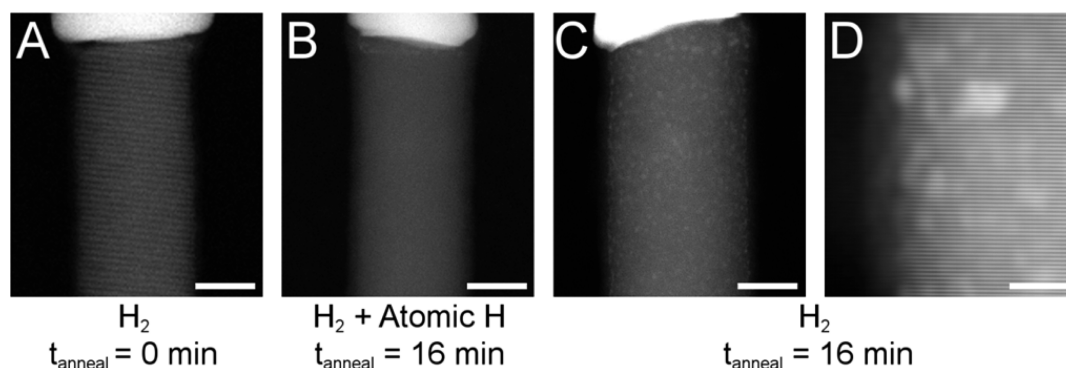


**Figure 5.** Connection of sidewall hydrogen and catalyst phase. Fraction of catalysts in supercooled AuGe state ( $f_{\text{liquid}}$ ) as a function of  $\theta_H$  and substrate temperature ( $T_{\text{sub}}$ ). The “H atom” data point is from the H + H<sub>2</sub> anneal experiments shown in Figure 6.



**Figure 6.** Atomic hydrogen preserves the supercooled AuGe state. (A) Schematic showing that H atoms, generated via cracking of H<sub>2</sub> at a hot tungsten filament (orange), can adsorb to the nanowire sidewall and maintain a liquid catalyst even in the absence of Ge<sub>2</sub>H<sub>6</sub> flow. Representative postgrowth SEM image showing Ge nanowires exposed to H<sub>2</sub> + H atoms at  $T_{\text{sub}} = 260$  °C for  $t_{\text{anneal}} = 16$  min successfully elongate during regrowth. Scale bar, 100 nm. (B) Schematic showing molecular H<sub>2</sub> does not bind to the nanowire sidewall, leading to a net loss of sidewall hydrogen and subsequent catalyst solidification. Representative postgrowth SEM image shows Ge nanowires exposed to molecular H<sub>2</sub> at  $T_{\text{sub}} = 260$  °C for  $t_{\text{anneal}} = 16$  min do not elongate during regrowth. Scale bar, 100 nm. (C) Time-averaged in situ infrared absorption spectra of a nanowire array recorded during H<sub>2</sub> + H atom exposure at  $T_{\text{sub}} = 260$  °C for  $t_{\text{anneal}} = 16$  min. (D) Plot of time-averaged hydrogen coverage ( $\alpha_n$ ) as a function of spectrum number ( $n$ ) during H<sub>2</sub> + H exposure. For large  $n$ , a steady-state hydrogen coverage is achieved and  $\alpha_n = \theta_H$ .

ejection of various species from the catalyst onto the sidewall. This pathway, whose activation threshold may be sidewall-adsorbate- and atomic-species-dependent, is likely to modify catalyst composition and influence nucleation. Differences in surface chemistry might, in fact, underlie the different droplet supersaturations observed for the Au/Si and Au/Ge systems (i.e., Au vs H terminated, respectively).<sup>32,33</sup> We also note that



**Figure 7.** Sidewall hydrogen controls Au migration. HAADF-STEM images of representative Ge nanowires (A) immediately after the initial growth step showing no Au diffusion on the sidewall, (B) after an H + H<sub>2</sub> anneal at  $T_{\text{sub}} = 260$  °C for  $t_{\text{anneal}} = 16$  min also showing Au-free sidewalls, and (C) after an H<sub>2</sub> anneal at  $T_{\text{sub}} = 260$  °C for  $t_{\text{anneal}} = 16$  min exhibiting Au nanoparticles on the sidewall. Scale bars, 20 nm. (D) Magnified image of the nanowire sidewall after an H<sub>2</sub> anneal. Scale bar, 5 nm.

there is no reason to believe that the observed transport must always be *from the catalyst to the sidewall*.<sup>34</sup> Depending on the chemical potentials of different interfaces at different growth conditions, changes to the transport of species *from the sidewall to the catalyst* are also likely as surface coverage changes.

Sidewall hydrogen likely maintains AuGe catalysts in a supercooled state by (1) supporting a large Ge atom supersaturation and (2) preventing Au migration to the sidewall. Kodambaka et al. suggest that large Ge atom supersaturations yield a high barrier for Au nucleation.<sup>24</sup> Adsorbed hydrogen atoms likely create this situation by blocking Ge atom transport from the catalyst to the sidewall. The central importance of sidewall hydrogen, as opposed to Ge atom delivery,<sup>24</sup> to subeutectic growth in the Au/Ge system is supported by our H atom data (Figure 6). Surface hydrogen also blocks Au migration to the sidewall, preventing access to a low barrier nucleation site. Catalyst solidification, as observed here, can only occur after a sufficient loss of sidewall hydrogen. We do not observe a dependence of catalyst solidification on nanowire diameter (Supporting Information, Figure S3), which supports the argument that Au transport down the sidewall, rather than differences in catalyst supersaturation, controls the solidification process.

The fact that some catalysts remain liquid at small  $\theta_{\text{H}}$  values (Figure 5) indicates that hydrogen desorption is only the initial step in the catalyst solidification process. We propose three major steps: (1) surface hydrogen desorption, (2) diffusion of Au atoms from the catalyst to the bare sidewall, and (3) Au nucleation. Additional studies are required to elucidate the relationship between Au diffusion to the sidewall and catalyst phase change. However, the variability of catalyst solidification time could result from a number of factors such as differences in local sidewall morphology or the inherent stochasticity of nucleation itself.<sup>35</sup>

In conclusion, we show that surface adsorbates can kinetically trap a nanowire catalyst droplet in a supercooled state. We anticipate that this mechanism, though specifically demonstrated here for the Au/Ge system, is active in other systems with sufficiently reactive precursors and large sidewall adsorbate coverages (e.g., Al/Si). We further show how surface adsorbates are critical arbiters of atomic transport between the catalyst droplet and the nanowire sidewall. Our experiments provide important insight into the influence of vapor phase composition and substrate temperature on nanowire sidewall chemistry, catalyst state, and ultimately structure and properties. They also

motivate the development of designer precursors to better control these fundamental processes and, in doing so, advance doping,<sup>8,36,37</sup> crystal phase modulation,<sup>38,39</sup> and heterostructure formation.<sup>6,40</sup>

**Methods: Substrate Preparation.** Ge(111) substrates are prepared by the method previously described.<sup>27</sup> Briefly, double-side polished Ge(111) wafers (MTI Corp., CZ, 500  $\mu\text{m}$ , 42–64  $\Omega\cdot\text{cm}$ ) are cleaved using a diamond scribe and chemically cleaned through repeated oxidation-etch cycles. An oxide layer is formed by immersion of the substrate into an aqueous 3 wt % H<sub>2</sub>O<sub>2</sub> (JT Baker, 30 wt %, ACS grade) solution and then etched away in 9% HCl (JT Baker, CMOS grade). Between each step, the substrate is rinsed with copious amounts of deionized (DI) water and dried with N<sub>2</sub> gas (Airgas, 99.999%). A final oxide is formed by immersing the substrate in a solution of 1:2:20 NH<sub>4</sub>OH:H<sub>2</sub>O<sub>2</sub>:H<sub>2</sub>O. The sample is then rinsed and dried prior to loading into the ultrahigh vacuum (UHV) system. The substrate is first annealed at  $T_{\text{sub}} = 525$  °C for 35 min to desorb the oxide layer. Substrate temperature is measured using a calibrated infrared pyrometer (Mikron). In situ cleaning is performed by exposure of the substrate to Ge<sub>2</sub>H<sub>6</sub> (Voltaix, 20% in He) at  $T_{\text{sub}} = 305$  °C. The quality of the substrate is assessed by the full width at half-maximum (fwhm) of the  $\nu(\text{Ge-H})$  peak at room temperature. Finally, the substrate is briefly heated to  $T_{\text{sub}} = 420$  °C to desorb surface hydrogen from the in situ cleaning step and a thin layer of Au is evaporated in situ with a Knudsen cell (SVT Associates).

**Nanowire Growth and Annealing Procedure.** The UHV system where nanowire growth occurs has been described elsewhere.<sup>27</sup> The low base pressure of the chamber ( $3 \times 10^{-10}$  Torr) minimizes the influence of gaseous contaminants during the synthesis. The nanowire “growth” step (Figure 1A) begins with the substrate oriented 58° relative to the infrared beam path and facing the Ge<sub>2</sub>H<sub>6</sub> directed doser. Short Ge nanowire stubs are initially grown by heating from room temperature to  $T_{\text{sub}} = 420$  °C in a Ge<sub>2</sub>H<sub>6</sub> partial pressure of  $2 \times 10^{-6}$  Torr. After 30 s at  $T_{\text{sub}} = 420$  °C, the substrate is cooled to  $T_{\text{sub}} = 305$  °C at a rate of 2 °C/s. The Ge<sub>2</sub>H<sub>6</sub> partial pressure is then increased to  $1 \times 10^{-4}$  Torr and held constant for 5 min, yielding 100 nm Ge nanowire stubs. The majority of the “growth” step consists of nanowire elongation, which is accomplished by cooling to  $T_{\text{sub}} = 260$  °C, orienting the substrate perpendicular to the infrared beam path (i.e., 0°), and adding H<sub>2</sub> at a partial pressure of  $5 \times 10^{-5}$  Torr. The “H<sub>2</sub> anneal” step (Figure 1A) begins by closing the Ge<sub>2</sub>H<sub>6</sub> leak

valve, but maintaining H<sub>2</sub> flow. The temperature is either held at  $T_{\text{sub}} = 260$  °C or raised to  $T_{\text{sub}} = 270$  °C in 10 s. In each nanowire growth run, the “H<sub>2</sub> anneal” step is performed for a different time ( $t_{\text{anneal}}$ ). The final “regrowth” step (Figure 1A) begins with the reintroduction of Ge<sub>2</sub>H<sub>6</sub> at a partial pressure of  $1 \times 10^{-4}$  Torr at  $T_{\text{sub}} = 260$  °C. For experiments with an “H<sub>2</sub> anneal” step at  $T_{\text{sub}} = 270$  °C, the temperature is first decreased to  $T_{\text{sub}} = 260$  °C in 5 s and Ge<sub>2</sub>H<sub>6</sub> is then added to the chamber. “Regrowth” proceeds for 8 min after which the substrate is rapidly cooled in the Ge<sub>2</sub>H<sub>6</sub> and H<sub>2</sub> background and the chamber is evacuated of gases.

**In Situ Infrared Absorption Spectroscopy.** A Fourier transform infrared (FTIR) spectrometer (Bruker, Vertex 70) equipped with a narrowband liquid N<sub>2</sub>-cooled HgCdTe (MCT) detector is coupled to the vacuum chamber and used to measure the vibrational modes of surface adsorbates.<sup>27</sup> All measurements are recorded in situ under the conditions shown in Figure 1A, utilizing unpolarized light and a spectrometer resolution of 4 cm<sup>-1</sup>. Each spectrum consists of 1000 scans and is referenced to the Au-covered Ge(111) surface heated to  $T_{\text{sub}} = 260$  or 270 °C. As described in the main text, spectrum A<sub>0</sub> is collected over the last 4 min of the “growth” step, whereas spectra A<sub>1</sub> through A<sub>4</sub> are collected sequentially during the “H<sub>2</sub> anneal” step. All spectra are baseline-corrected using a standard concave rubber band method.

**Electron Microscopy.** Nanowire morphology is examined with a Zeiss Ultra60 field emission scanning electron microscope (SEM). Transmission electron microscopy (TEM) images are collected with a probe-corrected FEI Titan 60–300 microscope operated at 300 keV, providing a lateral resolution below 0.1 nm.

## ■ ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.nanolett.6b01640.

SEM images, number of liquid and solid catalysts, comparison of the time-averaged hydrogen coverage. (PDF)

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### Author Contributions

S.V.S. and H.Y.H. collected the in situ infrared spectroscopy and SEM data. S.V.S. and M.A.F. jointly analyzed the data and wrote the manuscript. J.A. and M.d.l.M. collected and analyzed the TEM data. All authors approved the final version.

### Notes

The authors declare no competing financial interest.

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