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This is the **accepted version** of the article:

Fu, Yongshuo H.; Zhang, Xuan; Piao, Shilong; [et al.]. «Daylength helps temperate deciduous trees to leaf [U+2010]out at the optimal time». *Global change biology*, Vol. 25, issue 7 (July 2019), p. 2410-2418. DOI 10.1111/gcb.14633

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1 **Daylength helps temperate deciduous trees to leaf-out at the optimal time**

2

3 **Short title:** Daylength guarantees leaf-out at right time

4

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24 **Keywords:** spring phenology, climate change, daylength, temperature response, deciduous trees

25 **Revised manuscript for *Global change biology***

26 **March 15, 2019**

27 **Abstract:**

28 Global warming has led to substantially earlier spring leaf-out in temperate-zone  
29 deciduous trees. The interactive effects of temperature and daylength underlying this  
30 warming response remain unclear, yet need to be accurately represented by Earth  
31 System models to improve projections of the carbon and energy balances of temperate  
32 forests and the associated feedbacks to the Earth's climate system. We studied the  
33 control of leaf-out by daylength and temperature using data from six tree species  
34 across 2377 European phenology observation sites ([www.pep725.eu](http://www.pep725.eu)), each with at  
35 least 30 years of observations. We found that, in addition to- and independent of the  
36 known effect of chilling, daylength correlates negatively with the heat requirement for  
37 leaf-out in all studied species. In warm springs when leaf out is early, days are short  
38 and the heat requirement is higher than in an average spring, which mitigates the  
39 warming-induced advancement of leaf-out and protects the tree against precocious  
40 leaf-out and the associated risks of late frosts. In contrast, longer-than-average  
41 daylength (in cold springs when leaf-out is late) reduce the heat requirement for leaf-  
42 out, ensuring that trees do not leaf-out too late and miss out on large amounts of solar  
43 energy. These results provide the first large-scale empirical evidence of a widespread  
44 daylength effect on the temperature sensitivity of leaf-out phenology in temperate  
45 deciduous trees.

46 **Introduction**

47 The timing of leaf-out co-determines the growth, reproductive success and  
48 competitiveness of temperate deciduous trees and thus strongly affects their fitness  
49 and distribution (Chuine, 2010). Global warming has led to substantially earlier spring  
50 leaf-out (Menzel *et al.*, 2006, Parmesan & Yohe, 2003, Peñuelas & Filella, 2001),  
51 although this advance is declining (Fu *et al.*, 2015). These changes in spring  
52 phenology may influence terrestrial ecosystem fluxes of carbon, water, nutrient and  
53 energy in a short term (Keenan *et al.*, 2014, Myneni *et al.*, 1997, Piao *et al.*, 2017).  
54 Mechanistic understanding of the leaf-out process is, however, far from complete  
55 (Chuine *et al.*, 2010, Flynn & Wolkovich, 2018, Körner & Basler, 2010, Laube *et al.*,  
56 2014, Zohner *et al.*, 2016), which challenges the projected impacts of climate change  
57 on ecosystems by dynamic global vegetation models (Richardson *et al.*, 2012). A  
58 better understanding of the ecophysiological processes controlling leaf-out phenology  
59 is thus essential for improving our understanding of the responses of ecosystems to  
60 the ongoing climate change and the subsequent feedbacks to the climate system, as  
61 well as explaining the slow-down of the warming-induced advance in leaf out.

62

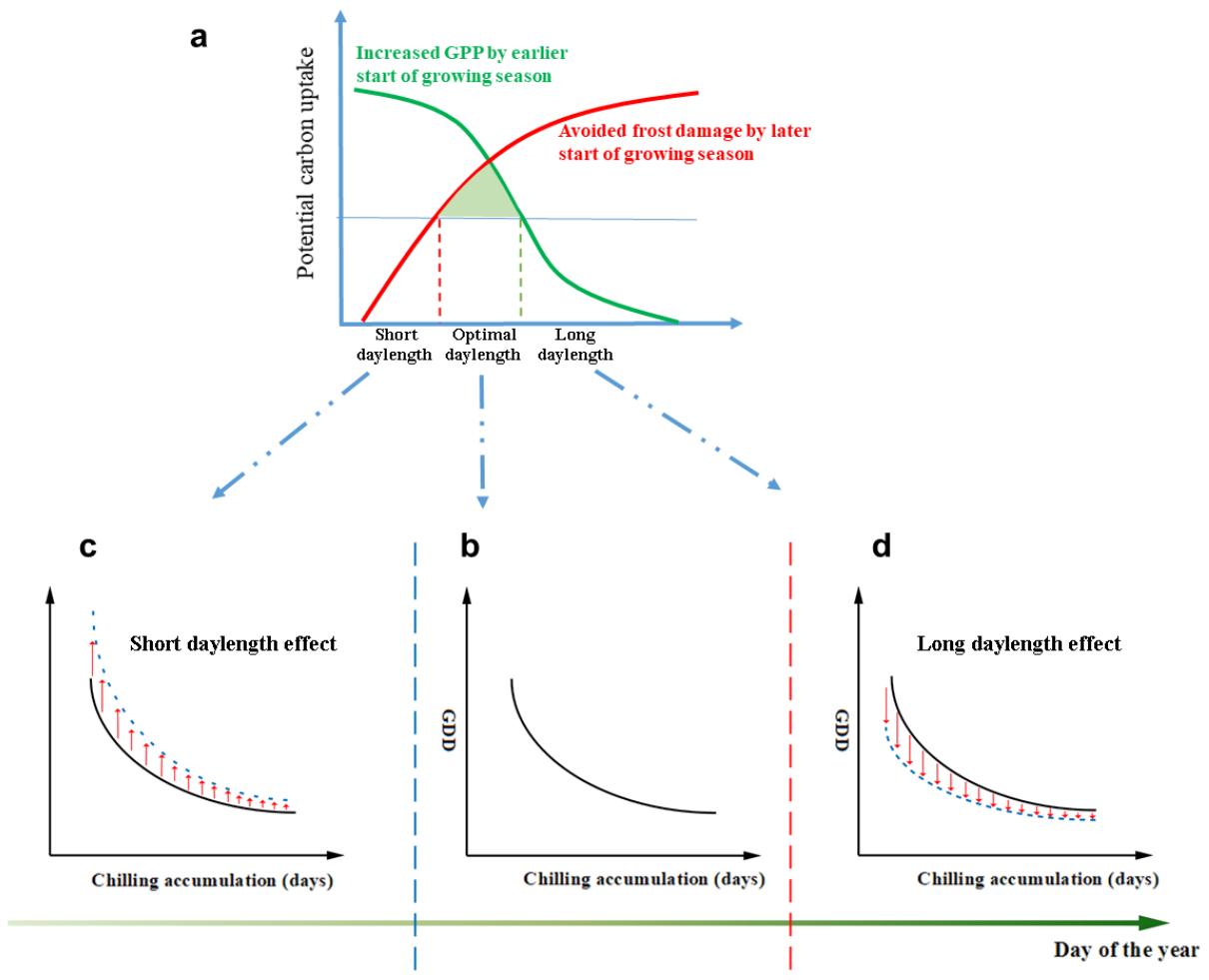
63 A species' optimal leaf-out date results from natural selection that optimizes the  
64 species' fitness under given environmental conditions, such as avoiding freezing  
65 damage (Lenz *et al.*, 2016), ensuring flowering synchrony among species (Elzinga,  
66 Atlan and Biere, 2007; Zohner, Mo & Renner, 2018) and maximizing the length of  
67 the remaining season for light and nutrient resources (competition with other trees) as

68 well as for tissues maturation (Körner *et al.*, 2016). In temperate and boreal regions,  
69 temperature, including both cold winter temperatures (chilling requirement) and warm  
70 spring temperatures (heat requirement), and daylength interact to realize leaf out  
71 around the optimal date (Flynn & Wolkovich, 2018, Körner & Basler, 2010).  
72 Chilling accumulates over autumn and winter, and when the accumulated chilling  
73 exceeds the chilling requirement, endodormancy (the first stage of dormancy (Lang,  
74 1987)) is broken and buds enter the second dormancy stage: ecodormancy (Chuine &  
75 Régnière, 2017, Hänninen, 2016). During ecodormancy, meristem cells begin to  
76 grow, a process that is accelerated by warm temperatures and a gradually increasing  
77 daylength (Hänninen, 2016). Inter-annual variation of these three environmental  
78 drivers is strongly correlated (e.g. a warm winter reduces chilling and increases heat  
79 supply, and the earlier leaf-out associates with short daylength). As a result, the direct  
80 effect of daylength on spring phenology and its eventual interactions with chilling and  
81 the heat requirement remain unclear and highly debated (Chuine *et al.*, 2010, Flynn &  
82 Wolkovich, 2018, Körner & Basler, 2010, Laube *et al.*, 2014, Zohner *et al.*, 2016). In  
83 this study, based on a large set of in situ phenology observations across Europe  
84 ([www.pep725.eu](http://www.pep725.eu)), we propose a framework to unravel the effect of daylength on leaf-  
85 out phenology of temperate-zone deciduous trees and test the hypothesis that  
86 daylength affects the leaf-out process by altering the heat requirement at any given  
87 chilling accumulation.

88

89 We start by assuming that trees are characterized by an optimal, climate-dependent,  
90 daylength (Figure. 1). Occasional late frost events give a competitive disadvantage to  
91 individuals that leaf-out earlier than the species' optimal daylength, while reduced  
92 light harvesting gives a competitive disadvantage to individuals that leaf-out later than  
93 the optimum period. As such, an optimal date of leaf-out exists for a given species,  
94 determined by a trade-off between maximizing annual carbon and nutrient uptake to  
95 ensure competitive advantage by lengthening the duration of the ground cover period  
96 (earlier leaf out is preferred) and reducing the risk of late frost damage after leaf out  
97 (later leaf out gives more security and is thus preferred (Allstadt *et al.*, 2015, Liu *et*  
98 *al.*, 2018) (Figure. 1a). In the long term, carbon assimilation and competitiveness are  
99 determined by the lowest of these two cost functions, and the optimal leaf out date  
100 occurs where the minimum cost yields the highest carbon assimilation and  
101 competitiveness. Experimental studies have revealed a nonlinear relation between  
102 accumulated chilling and the heat required for leaves to flush (typically quantified as  
103 growing degree day units, GDD) (Figure. 1b). Daylength is hypothesized to act as a  
104 cue controlling the sensitivity of meristem cell growth to warm temperatures, thereby  
105 altering the apparent relationship between chilling and GDD requirement. Their non-  
106 linear relation becomes steeper when days are shorter than optimal (short daylength,  
107 Figure. 1c) and less steep when days are longer than optimal (long daylength, Figure.  
108 1d).  
109

110 Two substantially different impacts of sub-optimal daylength on leaf-out date are thus  
 111 theoretically possible: (i) Shorter than optimal daylength reduces the temperature  
 112 sensitivity (increases the GDD requirement), thereby avoiding precocious leaf-out that  
 113 would increase the risk of frost damage, (*i.e.* the short daylength effect, Figure. 1c).  
 114 (ii) Longer than optimal daylength increases the temperature sensitivity (reduces the  
 115 GDD requirement), effectively avoiding belated leaf-out at a time when solar  
 116 radiation is high and thus ideal for photosynthesis (*i.e.* the long daylength effect,  
 117 Figure. 1d).



118 **Figure 1. (a)** Conceptual scheme depicting why an optimal daylength for tree leaf-out  
119 exists within which the competitiveness of a species is maximized and how this is  
120 realized. Tree competitiveness is increased by earlier start of the growing season,  
121 which maximizes annual carbon and nutrient uptake and reduces that of the  
122 neighbors, but is subject to a trade-off with avoiding the risk of late frost-induced  
123 damage for which a later start of growing season is preferred. The green filled area  
124 represents the leaf-out period that ensures the most secure, high competitiveness and  
125 carbon uptake. This study provides evidence that the spring leaf-out process requires  
126 less warm temperatures (lower heat requirement; GDD), and thus becomes more  
127 temperature responsive, as daylength increases. As such, daylength aids in  
128 constraining leaf-out within the optimal period in both cold and warm springs. **(b)** In  
129 very warm springs, when leaf-out is early, trees minimize the advance of leaf-out  
130 because their temperature sensitivity is low under short daylength. This is reflected in  
131 an increased GDD requirement and results in trees being protected against late frost  
132 events, i.e. the “short daylength effect”: **(c)** Under optimal daylength the GDD  
133 required for leaf-out is mainly determined by the chilling accumulated during  
134 endodormancy; **(d)** In very cold springs, when leaf-out is late, trees minimize the  
135 delay of leaf-out because their temperature sensitivity becomes greater under  
136 increasing daylength. This high temperature sensitivity is reflected in the reduced  
137 GDD requirement, and protects trees against leafing-out too late, i.e. the “long  
138 daylength effect”.

139



140 These two postulated consequences of daylength impacts have not been strongly  
141 supported by empirical evidence. The short daylength effect in early spring, to our  
142 knowledge, has not yet been empirically documented, whereas the long daylength  
143 effect in late spring has been experimentally evidenced in earlier studies, albeit only  
144 on cut twigs or saplings (Flynn & Wolkovich, 2018, Körner & Basler, 2010, Laube *et*  
145 *al.*, 2014, Malyshev *et al.*, 2018) and not yet on mature trees. We therefore set out to  
146 show the consequences of both a short and a long daylength on spring leaf-out of  
147 mature trees of temperate deciduous tree species, to assess how widespread these two  
148 effects are across these species, to quantify the sensitivities of the GDD requirement  
149 to sub- and supra-optimal daylength and, last, to determine the relative importance of  
150 chilling and daylength as controls of the leaf-out process.

151

## 152 **Materials and methods**

153 We tested the daylength effect on mature trees using data from 2377 sites of the  
154 European phenological network (<http://www.pep725.eu/>) (Templ *et al.*, 2018). The date  
155 of leaf-out had been recorded at each site for at least 30 years between 1950 to 2016,  
156 but in most cases observations were available for many more years. Six deciduous tree  
157 species were selected (for which sufficient observational data were available): *Fagus*  
158 *sylvatica* (beech), *Aesculus hippocastanum* (horse chestnut), *Betula pendula* (birch),  
159 *Fraxinus excelsior* (ash), *Quercus robur* (oak) and *Tilia cordata* (lime). In total 509,284  
160 individual observations from 12348 site-species combinations at 2377 sites were used.  
161 The sites mainly occurred in moderate climates in Central Europe (Supplementary

162 Figure 1 and 2). The leaf-out dates were defined based on the BBCH code (Biologische  
163 Bundesanstalt, Bundessortenamt und Chemische Industrie, BBCH = 11, first visible  
164 leaf stalk) (Templ *et al.*, 2018). We first determined the preseason length for each  
165 species at each site as the period before leaf-out for which the partial correlation  
166 coefficient between leaf-out and air temperature was highest (Fu *et al.*, 2015). Using  
167 this optimal preseason, we then calculated the GDD requirement for each species at  
168 each site and in each year. We defined the GDD requirement as an integration of daily  
169 mean temperature ( $Tt$ ) above a temperature threshold ( $Tth$ ) throughout the preseason  
170 with the mean leaf-out dates as the end:

$$171 \quad GDD = Tt - Tth, \quad \text{if } Tt > Tth \quad (1)$$

172 where  $Tth$  is the threshold temperature for GDD accumulation and  $Tt$  is the mean daily  
173 temperature. We used a threshold  $Tth$  of 5 °C. We also tested a temperature threshold  
174 of 0 °C, which produced very similar results. To best the robustness of the results, we  
175 further calculated the GDD from the 1<sup>st</sup> December to the date of leaf-out for each  
176 species at each site, and found very similar results (Supplementary Figure 3). We  
177 therefore only report results using the threshold of 5 °C and the preseason  
178 Chilling occurs at low, yet non-freezing temperatures and the number of days with  
179 mean temperature between 0 and 5 °C was suggested as a good proxy for chilling  
180 accumulation, although inter-species variation in the chilling efficiency of different  
181 temperatures is probably high. Chilling requirement is a physiological parameter that  
182 corresponds to the amount of chilling needed to break endodormancy and enter the  
183 ecodormancy. In the present study, chilling was calculated as the number of days (CD)

184 when daily temperature was between 0 and 5 °C from 1 September in the previous year  
 185 until the day of leaf-out. We also tested another approach, using 0 °C and 10 °C as  
 186 temperature thresholds counting all days with mean temperatures between these  
 187 thresholds, which produced very similar results. Similar results were also obtained  
 188 when below-freezing temperatures were included, calculating as the number of days  
 189 when daily temperature below 5 °C (Supplementary Figure 4) or 7 °C (Supplementary  
 190 Figure 5), and similar results were obtained. We therefore only report the results based  
 191 on the chilling accumulation using the 0 °C - 5 °C temperature range.

192 Daylength at the day of leaf-out (DL) was calculated as a function of latitude and DOY:

$$193 \quad DL = 24 - \frac{24}{\pi} \cos^{-1} \left[ \frac{\sin \frac{0.8333\pi}{180} + \sin \frac{L\pi}{180} \sin \varphi}{\cos \frac{L\pi}{180} * \cos \varphi} \right] \quad (2)$$

$$194 \quad \varphi = \sin^{-1}(0.29795 * \cos \theta) \quad (3)$$

$$195 \quad \theta = 0.2163108 + 2 * \tan^{-1}(0.9671396 * \tan(0.0086 * (\text{DOY} - 186))) \quad (4)$$

196 where  $L$  is the latitude of the phenological site.

197 The daily mean air temperature at each site was derived from a gridded climatic data  
 198 set of daily mean temperature at 0.25 °spatial resolution (approximately 25 km, ERA-  
 199 WATCH) (Fu *et al.*, 2014).

200

201 **The sensitivity of GDD requirement to chilling and daylength**

202 We calculated cumulative chilling, the GDD requirement and daylength at the day of  
203 leaf-out for each year at each site. For each individual tree, we divided the data into  
204 four subsets according to chilling accumulation, *i.e.* case 1: lowest chilling  
205 accumulation:  $CD < CD_{mean} - 1 \text{ standard deviation of } CD (CD_{sd})$ ; case 2: low  
206 chilling accumulation:  $CD_{mean} - CD_{sd} < CD < CD_{mean}$ ; case 3: high chilling  
207 accumulation:  $CD_{mean} < CD < CD_{mean} + CD_{sd}$ , and case 4: highest chilling  
208 accumulation:  $CD > CD_{mean} + CD_{sd}$ . Within each CD subset, we subsequently  
209 calculated the GDD requirement for three daylength conditions, *i.e.* leaf-out under  
210 short-daylength conditions ( $DL < DL_{mean} - 0.75 DL_{sd}$ ), under long-daylength  
211 conditions ( $DL > DL_{mean} + 0.75 DL_{sd}$ ) and under average-daylength conditions  
212 ( $DL_{mean} - 0.5 DL_{sd} < DL < DL_{mean} + 0.5 DL_{sd}$ ). The differences in mean GDD  
213 requirement for leaf-out among the DL groups were tested using independent t-tests  
214 for each chilling case and each species. Furthermore, we calculated the daylength  
215 sensitivity of GDD as the slope of the linear regression between GDD and DL, and  
216 then the average of the four daylength sensitivities was determined for each species at  
217 each site. Using similar methodology, we divided the data into four subsets according  
218 to DL for each individual tree, *i.e.* case 1: shortest daylength:  $DL < DL_{mean} - DL_{sd}$ ;  
219 case 2: short daylength:  $DL_{mean} - DL_{sd} < DL < DL_{mean}$ ; case 3: long daylength:  
220  $DL_{mean} < DL < DL_{mean} + DL_{sd}$ , and case 4: longest daylength:  $DL > DL_{mean} +$   
221  $DL_{sd}$ , and then calculated the chilling sensitivity of GDD for each species at each  
222 site. To compare the relative importance of chilling versus that of daylength as

223 determinants of the GDD requirement for leaf-out, we first normalized the daylength  
224 and chilling sensitivity, respectively, using a min-max normalization for each species:

$$225 \quad S_i = \frac{(S_i - S_{\min})}{(S_{\max} - S_{\min})} \quad (5)$$

226 Where  $S_i$  is the daylength or chilling sensitivity at site  $i$ ,  $S_{\min}$  and  $S_{\max}$  are the  
227 minimum and maximum observed values of the daylength - or chilling sensitivity  
228 across all trees of that species. Then, the mean and standard deviation of all  
229 normalized sensitivities was calculated for each species. Histograms were used to  
230 show the distribution of sensitivities across all trees for each species.

231

## 232 **Results and discussion**

233 In agreement with a multitude of previous studies (Cannell & Smith, 1983, Fu *et al.*,  
234 2016, Laube *et al.*, 2014), we found that all studied tree species showed lower GDD  
235 requirement under higher chilling conditions (Figure 2 and Supplementary Table 1).

236 Interestingly, we also observed that in all six species and within each CD group, the  
237 GDD requirement for leaf-out was statistically significantly higher under short- than  
238 average-daylength conditions, and significantly lower under long- than average-

239 daylength conditions (using paired  $t$  test,  $P < 0.001$ , Figure 2, and Supplementary

240 Figure 6 and Supplementary Table 2 as an example at high chilling accumulation).

241 Contrasting results of the photoperiod effect were reported in experimental studies

242 (Heide 1993; Laube *et al.*, 2014). However, almost all of these studies are based on

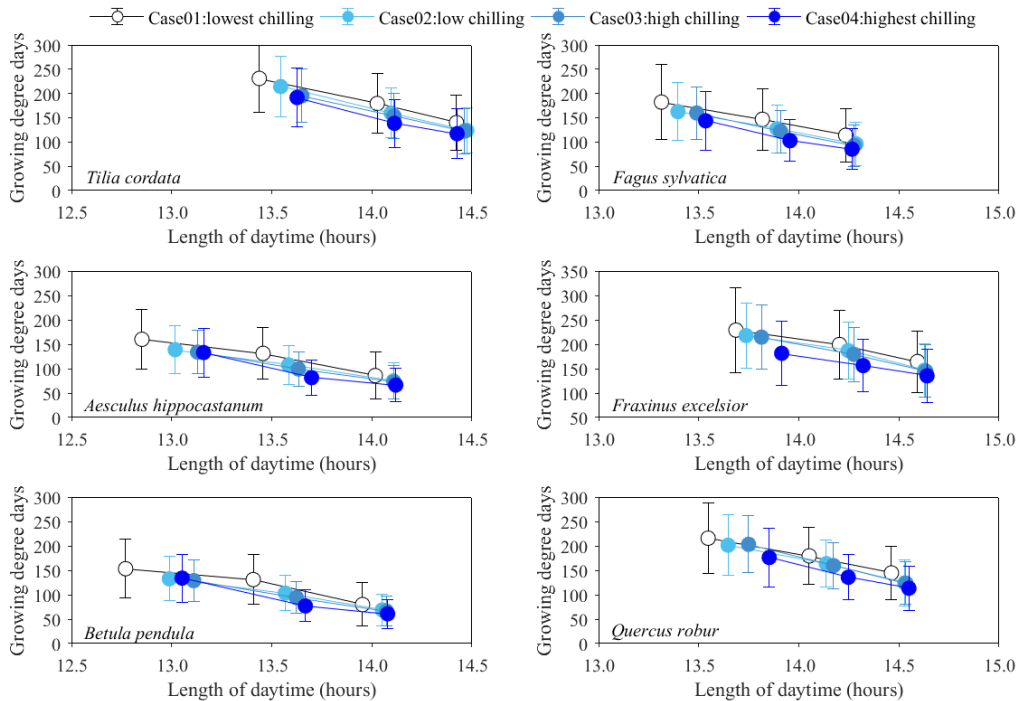
243 cuttings or saplings in manipulative experiments, and using constant day length rather

244 natural continuous changes in day length (e.g. Zohner *et al.*, 2016; Laube *et al.*,

245 2014)., and young trees often behave opportunistically and exhibit earlier leaf-out  
246 than mature trees of the same species. Using trees of different ontogenetic stages  
247 might thus explain part of the differences among previous studies. In the present  
248 study, we selected six species that belong to five families (Fagaceae, Betulaceae,  
249 Malaceae, Sapindaceae, Oleaceae), some of which phylogenetically quite distinct  
250 (Supplementary Figure 4). Because every tested species (all six species for which  
251 sufficient observations were available) exhibited very similar daylength responses, we  
252 postulate the widespread existence of a daylength effect among temperate zone  
253 deciduous tree species, at least among European temperate-zone tree species. In line  
254 with our findings, a recent study found consistent daylength effects on leaf-out  
255 phenology exists across 28 woody species in a North American temperate forest  
256 (Flynn & Wolkovich, 2018).

257 For each individual tree, we calculated the sensitivity of the GDD requirement for  
258 leaf-out to changes in daylength. On average across all species and averaged over four  
259 different chilling intensities, compared to the GDD requirement under average  
260 daylength conditions, each one-hour decrease in daylength (comparable to the  
261 observed inter-annual range) increased GDD by 37°C-days, *i.e.* by 26%  
262 (Supplementary Figure 8a and b), while a 1-h increase in daylength decreased the  
263 GDD requirement by 31°C-days, *i.e.* by 22% (Supplementary Figures 8a and b). We  
264 further compared the relative sensitivity of the GDD requirement for leaf-out to  
265 chilling and daylength (comparing the GDD response to one standard deviation of the

266 observed variation in either chilling or daylength), and observed species-specific  
 267 sensitivity differences among the six study species (Figure. 3).



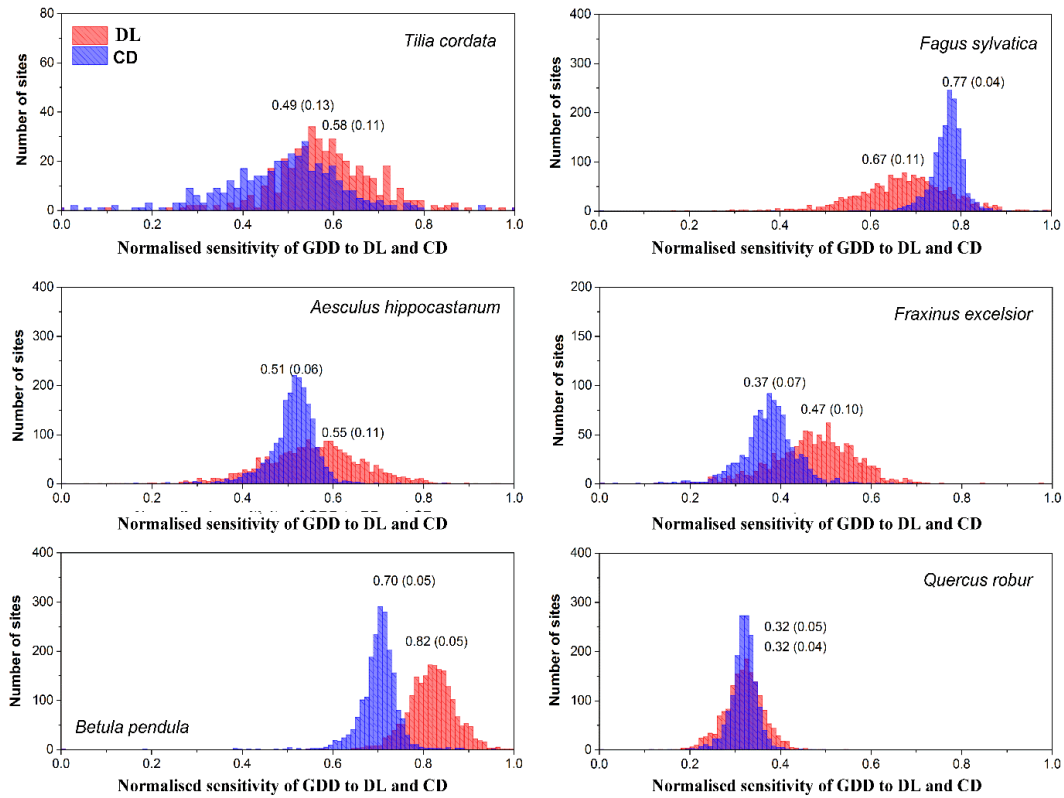
268 **Figure 2.** Dependence of GDD requirement of leaf-out on daylength under constant  
 269 chilling conditions for six tree species. Dependencies are shown for four different  
 270 chilling intensities (see Methods).

271

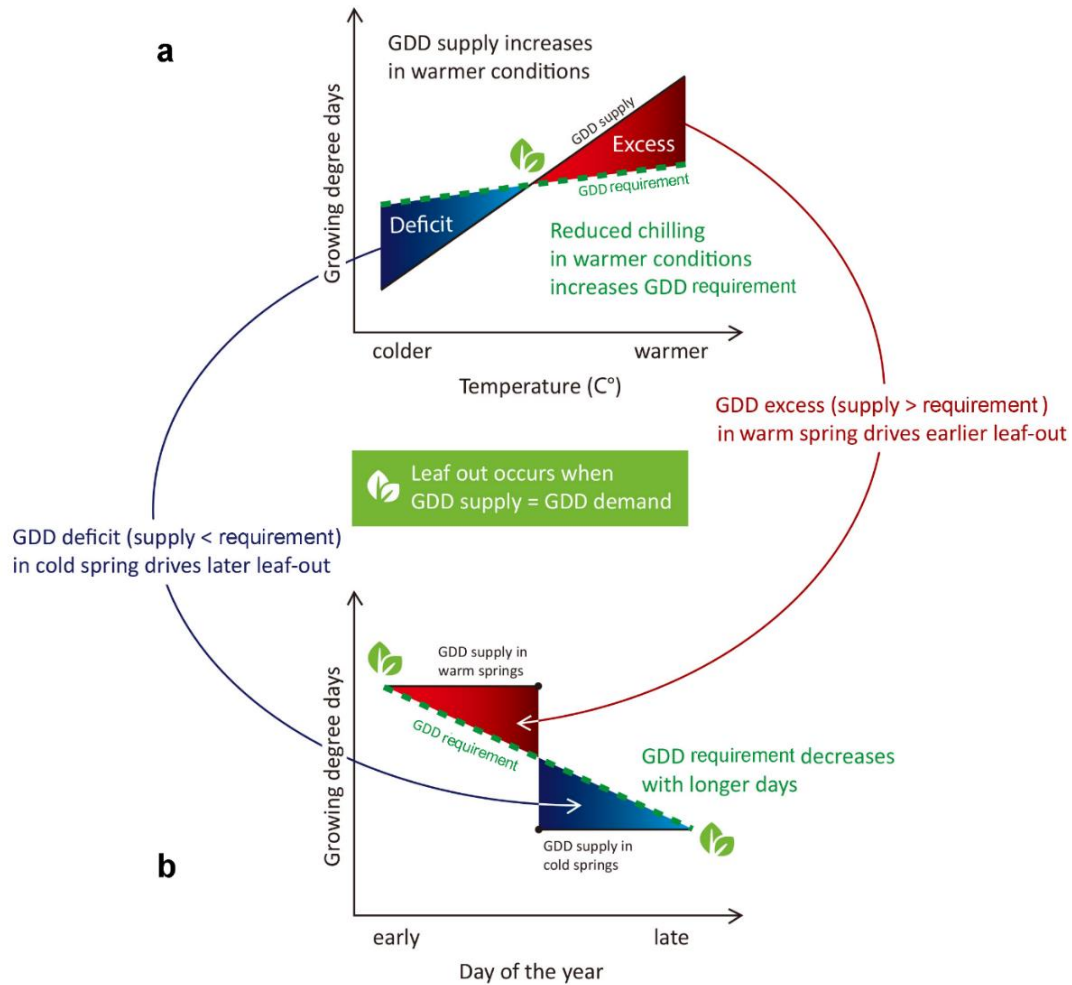
272 In detail, sensitivity to daylength was larger than the sensitivity to chilling in four out  
 273 of six species: *Betula pendula*, *Aesculus hippocastanum*, *Tilia cordata* and *Fraxinus*  
 274 *excelsior*, while no difference was detected in *Quercus robur*. *Fagus sylvatica* also  
 275 exhibited a pronounced sensitivity to daylength, but its sensitivity to chilling was even  
 276 greater (Figure. 3). *Fagus sylvatica* is indeed known as a highly chilling-sensitive  
 277 species (Kramer, 1994, Malyshev *et al.*, 2018). Our findings thus confirm that  
 278 daylength is an important co-regulator of leaf-out in mature temperate deciduous trees

279 (Flynn & Wolkovich, 2018, Körner & Basler, 2010), and further suggest that  
280 daylength likely affects the leaf-out process indirectly by altering the non-linear  
281 relationship between chilling and GDD requirement. These results also support the  
282 hypothesis that the shorter daylength due to earlier leaf-out in spring contributes to the  
283 declining apparent temperature sensitivity of leaf-out in European temperate  
284 deciduous trees (Fu *et al.* 2015). These mechanisms are conceptualized in Figure. 4.  
285 With climate warming, the GDD requirement increases due to reduced chilling, but  
286 GDD supply increases more (Figure. 4, panel a). As a result, GDD supply equals  
287 GDD requirement earlier in the year (visualized as an excess GDD supply in Figure 4,  
288 panel a), which drives earlier leaf-out. The associated shorter daylength, however,  
289 further increases the GDD requirement and thereby restricts the advance of leaf-out  
290 (Figure. 4, panel b) and reduces the temperature sensitivity of leaf-out with climate  
291 warming.





292 **Figure 3.** Histograms of the Growing Degree Day (GDD) sensitivity to changes in  
 293 daylength (DL, in red) and in chilling (CD, in blue) across all individual trees of six  
 294 deciduous tree species. Sensitivity was calculated as the change in GDD per one  
 295 standard deviation in the observed DL and CD, respectively, and is therefore coined  
 296 ‘normalized sensitivity’. mean sensitivities and standard deviations (in brackets) are  
 297 provided.



298 **Figure 4.** Conceptual scheme summarizing how daylength helps deciduous trees to  
 299 leaf-out within or close to the optimal period. (a) Leaf-out occurs when the supply of  
 300 warm temperatures (GDD supply: accumulated daily growing degree days, GDD;  
 301 black line) equals the GDD requirement (physiological parameter to trigger leaf-out).  
 302 Note that the X axes indicate the climate from cold to warm spring. The more chilling  
 303 is accumulated, the lower the GDD requirement (green dashed line; for simplicity  
 304 reasons we here assume a linear relation). In cold springs, the deficit in GDD supply  
 305 drives a delay in leaf-out date (blue areas in panels a and b). (b) The associated  
 306 increasing daylength, however, increases the temperature sensitivity and thereby  
 307 causes a decline in the GDD requirement, with leaf-out occurring when GDD supply

308 *equals the declining GDD requirement. In contrast, in warm springs (red areas in*  
309 *panels a and b), GDD supply typically exceeds the chilling-induced GDD requirement*  
310 *earlier in the year, but the short daylength earlier in spring induces a low*  
311 *temperature sensitivity and thereby an increased GDD requirement, which minimizes*  
312 *the warming-induced advance of leaf-out. Note that the X axes indicate the leaf-out*  
313 *timing from early to late.*

314

315 Daylength thus acts as an environmental cue, counteracting the advancing impact of  
316 global warming, and helping trees to leaf-out close to their optimal date. As daylength  
317 increases from early to late spring, we observed that the GDD requirement also  
318 decreases under similar chilling conditions. Similar responses, supporting our  
319 findings, were previously reported in experimental studies using cuttings, although the  
320 daylength difference among treatments was very large in these studies (Zohner *et al.*,  
321 2016). There are also other studies that reported a decreased photoperiod effect with  
322 increasing chilling accumulation (Laube *et al.*, 2014; Hänninen 2016), which may be  
323 because the increasing chilling ensures leaf out at the optimal daylength, when the  
324 photoperiod effect is minimal. We observed that the GDD requirement decreases  
325 consistently from very short to very long daylength, suggesting that one single  
326 physiological mechanism may suffice to explain the protective effect of daylength  
327 against both early as well as late leaf-out. We speculate that daylength directly  
328 impacts on the temperature sensitivity of cell development to warming. By keeping  
329 the calculation of GDD constant with daylength, the increase in temperature

330 sensitivity with increasing daylength is mathematically translated into a reduced GDD  
331 requirement. However, we acknowledge that the heat signal required by the  
332 meristems to initiate leaf-out may not be directly altered by daylength, but that the  
333 heat signal reception may become more efficient with increasing daylength. Our data,  
334 unfortunately, do not allow unraveling the underlying physiological mechanism.

335

336 We further speculate that the daylength control over the GDD requirement depends on  
337 the start date of the ecodormancy phase relative to the date when optimal daylength  
338 thresholds are reached or passed. When ecodormancy begins late relative to the  
339 optimum daylength thresholds, the temperature sensitivity of cell development is  
340 elevated, resulting in reduced GDD requirement to force leaf-out. In contrast, when  
341 ecodormancy starts earlier than the target daylength threshold, the temperature  
342 sensitivity of cell development may remain low, but not zero, until the date when the  
343 optimal daylength threshold is passed. The starting date of ecodormancy, however,  
344 cannot easily be determined empirically and is therefore typically ignored in  
345 phenology studies, explaining why the relation between daylength and the start of  
346 ecodormancy remains poorly understood (Chuine *et al.*, 2016), despite their  
347 importance for pushing the field beyond the state of the art (Hänninen, 2016). To our  
348 knowledge, neither the start date of ecodormancy, *i.e.* the start date of GDD  
349 accumulation, nor the optimal daylength thresholds have been well studied (but see  
350 Chuine *et al.*, 2016). As long as dormancy remains poorly understood, also the  
351 estimations of chilling and forcing units remain uncertain. For example, the duration

352 of the chilling accumulation period and the start date of the heat accumulation period,  
353 as well as their interactions are still unclear. Similarly, the optimal temperature ranges  
354 for chilling accumulation and the temperature threshold above which GDD's start to  
355 accumulate, as well as the length of GDD accumulation are poorly understood.  
356 Different assumptions can, however, lead to contrasting and sometimes illogical  
357 results. For example, an increased GDD requirement is obtained when leaf out is very  
358 late and the GDD is calculated over a fixed number of days prior to leaf out (see  
359 Supplementary Figure 9). Studies focusing on ecophysiological experiments are thus  
360 urgently needed to fully understand spring phenology and enable the development of  
361 reliable phenology synthesis studies and –models (Chuine & Régnière, 2017,  
362 Hänninen *et al.*, 2019).

363

364 Climate warming-induced spring phenology advances substantially alter regional and  
365 global biogeochemical cycles and climate systems (Forzieri *et al.*, 2017, Myneni *et*  
366 *al.*, 1997, Peñuelas & Filella, 2009). However, as the daylength effect reduces the  
367 temperature sensitivity of leaf-out in warmer years, slowing down the advancing rate  
368 of leaf-out, it thereby also reduces the warming-induced extension of ground cover,  
369 and the carbon uptake, evapotranspiration and albedo. This study found that all  
370 investigated temperate-zone deciduous tree species (the six species for which  
371 sufficient observational data were available) use daylength as a signal to help ensuring  
372 that leaf-out occurs close to a species-dependent optimal time of the year, by

373 increasing the GDD requirement for leaf-out when daylength is too short, and  
374 reducing the GDD requirement as daylength becomes too long.

375

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461 **Acknowledgments**

462 This study was supported support by the National Key Research and Development  
463 Program of China (2017YFA06036001), the General program of National Nature  
464 science foundation of China (No. 31770516) and the 111 Project (B18006) and  
465 Fundamental Research Funds for the Central Universities (2018EYT05). Ivan A  
466 Janssens and Josep Peñuelas acknowledge support from the European Research  
467 Council through Synergy grant ERC-2013-SyG-610028 “IMBALANCE-P”. Ivan A  
468 Janssens acknowledges support from the Research Council of the University of  
469 Antwerp (Methusalem) and the “ECOPROPHET” project funded by BELSPO (Belgian  
470 Science Policy Office; Contract SR/00/334). Constantin M. Zohner acknowledges  
471 support from the ETH Zurich Postdoctoral Fellowship Program and the Crowther lab.  
472 Our deepest gratitude goes to Dr. Christian Körner and the anonymous reviewers for  
473 their careful work and thoughtful suggestions that have helped improve this paper  
474 substantially. The authors gratefully acknowledge all members of the PEP725 project  
475 for providing the phenological data. Y.H.F. and I.A.J. designed the research and drafted  
476 the paper; Y.H.F. and X. Z performed the analysis and all authors contributed to the  
477 interpretation of the results and to the text.

478 **Supplementary Materials**

479 **Supplementary Legends:**

480 **Supplementary Table 1.** The mean GDD requirement of leaf-out in different  
481 daylength conditions, *i.e.* DLearly, short daylength effect, DLmid, average length in  
482 daylength and DLlate, long daylength effect, under same chilling accumulation  
483 conditions (case) for six tree species. Four chilling condition were studied, *e.g.*  
484 case01, chilling lowest; case02, chilling low, case03, chilling high and case04,  
485 chilling highest (see Methods for details). n indicates the number of trees.

486 **Supplementary Table 2.** The difference in mean GDD requirement of leaf-out  
487 between the daylength treatments, *e.g.* under short daylength: GDDshort DL; under  
488 optimal daylength: GDDavgDL; under long daylength: GDDlongDL) under the same  
489 chilling conditions in the low chilling accumulation group.

490 **Supplementary figure 1.** Distribution of the selected phenological sites.

491 **Supplementary figure 2.** (a) The climate of selected phenological sites. One circle  
492 indicates one site. (b) and (c) the annual temperature and precipitation across all  
493 selected sites.

494 **Supplementary figure 3.** Dependence of GDD requirement of leaf-out on daylength  
495 under constant chilling conditions for six tree species. Dependencies are shown for four  
496 different chilling intensities (see Methods). The GDD was calculated as daily sum of  
497 the daily temperature above 50C over the period from 1st September to the date of leaf-  
498 out

499 **Supplementary figure 4.** Dependence of GDD requirement of leaf-out on daylength  
500 under constant chilling conditions for six tree species. Dependencies are shown for  
501 four different chilling intensities (see Methods). The chilling was calculated as day

502 when the daily temperature below 50C over the period from 1st September to the date  
503 of leaf-out.

504 **Supplementary figure 5.** Dependence of GDD requirement of leaf-out on daylength  
505 under constant chilling conditions for six tree species. Dependencies are shown for  
506 four different chilling intensities (see Methods). The chilling was calculated as day  
507 when the daily temperature below 70C over the period from 1st September to the date  
508 of leaf-out.

509 **Supplementary figure 6.** Mean GDD requirement of leaf-out in the daylength  
510 treatments (left panels) and under the same chilling (days) conditions (right panels) in  
511 the low chilling accumulation group. The numbers in the right panels are the mean  
512 chilling days in each of the three daylength regimes in the left panels (using the same  
513 colors). The GDD requirement was calculated as explained in Methods. Letters, *i.e.* a,  
514 b and c, indicate statistically significant differences (at  $P < 0.001$ ).

515 **Supplementary figure 7.** Phylogenetic tree of European forest tree species and the  
516 family names were provided with different color. The figure was modified from study  
517 of Sardans *et al.*, 2015. The species that selected in the present study were marked with  
518 pink boxes.

519 **Supplementary figure 8.** Changes in absolute and relative values of GDD requirement  
520 for spring leaf-out (across all chilling conditions) under one hour shorter (black) and  
521 longer (white) daylengths for each and all of the six studied species.

522 **Supplementary figure 9.** Dependence of GDD requirement of leaf-out on daylength  
523 under constant chilling conditions for six tree species. The GDD was calculated using  
524 a fixed length prior to leaf-out for each species at each site. Dependencies are shown  
525 for four different chilling intensities (see Methods).

526 **Supplementary Table 1.** The mean GDD requirement of leaf-out in different daylength  
527 conditions, *i.e.* DLearly, short daylength effect, DLmid, average length in daylength and  
528 DLlate, long daylength effect, under same chilling accumulation conditions (case) for six tree  
529 species. Four chilling condition were studies, *e.g.* case01, chilling lowest; case02, chilling  
530 low, case03, chilling high and case04, chilling highest (see Methods for details). n indicates  
531 the number of trees.

532

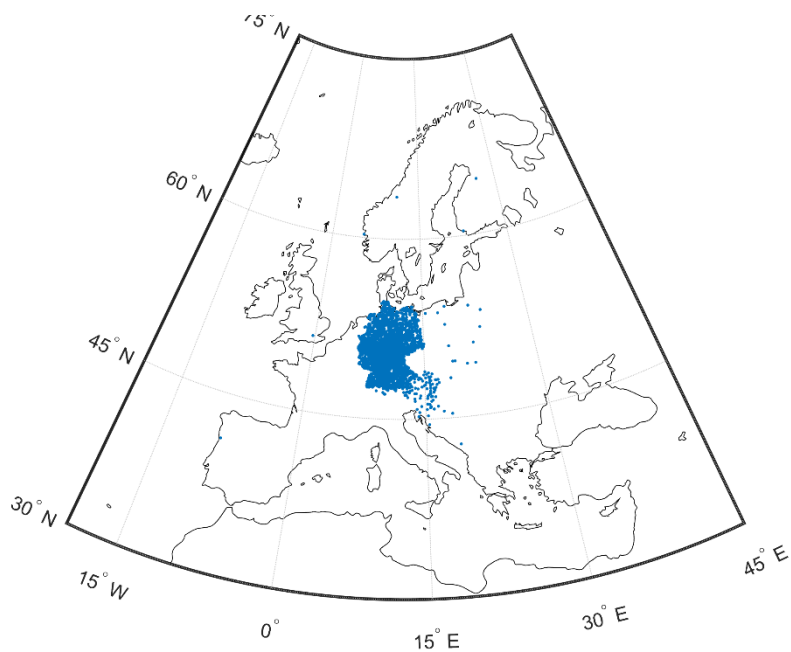
Species (n)	Chilling conditions	DLearly	DLmid	DLlate	DLearly		DLmid		DLlate	
		(hours)	(hours)	(hours)	mean	std	mean	std	mean	std
Aesculus hippocastanum (2069)	case01	12.9	13.5	14.0	160.1	60.6	131.3	52.5	85.9	48.1
	case02	13.1	13.6	14.1	138.9	48.9	107.5	39.3	74.9	36.3
	case03	13.0	13.6	14.1	133.9	44.9	99.4	35.6	72.3	34.0
	case04	13.2	13.7	14.1	133.0	49.8	81.6	35.7	66.4	34.1
Betula pendula (2052)	case01	12.8	13.4	14.0	153.3	60.4	131	50.9	79.8	44.4
	case02	13.1	13.7	14.1	134.0	48.9	77.0	32.4	60.8	29.4
	case03	13.1	13.6	14.1	128.9	42.2	94.2	32.6	66.2	30.3
	case04	13	13.6	14.1	132.6	45.3	103.4	35.7	68.9	32.2
Fagus sylvatica (1588)	case01	13.3	13.8	14.2	182.4	77.9	146.8	63.2	113.9	55.2
	case02	13.4	13.9	14.3	162.6	59.5	127.4	49.4	96.2	44.7
	case03	13.5	13.9	14.3	159.8	54.5	122.0	43.8	92.5	42.3
	case04	13.5	14	14.3	143.7	60.2	102.8	42.8	85.3	41.8
Fraxinus excelsior (1044)	case01	13.7	14.2	14.6	229.0	87.1	199.4	70.4	164.5	62.9
	case02	13.7	14.2	14.6	217.7	67.1	187.1	58.7	146.7	55.0
	case03	13.8	14.3	14.6	214.6	65.9	179.6	55.5	144.7	53.7
	case04	13.9	14.3	14.6	181.4	65.6	156.2	54.4	135.3	54.7
Quercus robur (1686)	case01	13.5	14.1	14.5	215.9	72.9	179.5	58	144.5	55.3
	case02	13.6	14.1	14.5	203.3	58.0	159.6	46.9	123.5	43.6
	case03	13.7	14.2	14.5	201.5	62.1	163.7	48.7	124.3	46.8
	case04	13.9	14.2	14.6	176.3	60.2	135.8	46.8	113.2	46
Tilia cordata (438)	case01	13.2	13.9	14.3	231.0	69.4	179.4	61.4	140.0	57.4
	case02	13.4	14.0	14.4	214.3	62.3	159.7	51.4	123.9	46.9
	case03	13.5	14.0	14.4	195.4	55.3	153.2	46.2	122.8	46.5
	case04	13.5	14.0	14.3	191.7	61.2	138.6	49.2	116.9	51.2

533 **Supplementary Table 2.** The difference in mean GDD requirement of leaf-out between the  
 534 daylength treatments, e.g. under short daylength: GDDshort DL; under optimal daylength:  
 535 GDDavgDL; under long daylength: GDDlongDL) under the same chilling conditions in the  
 536 low chilling accumulation group.

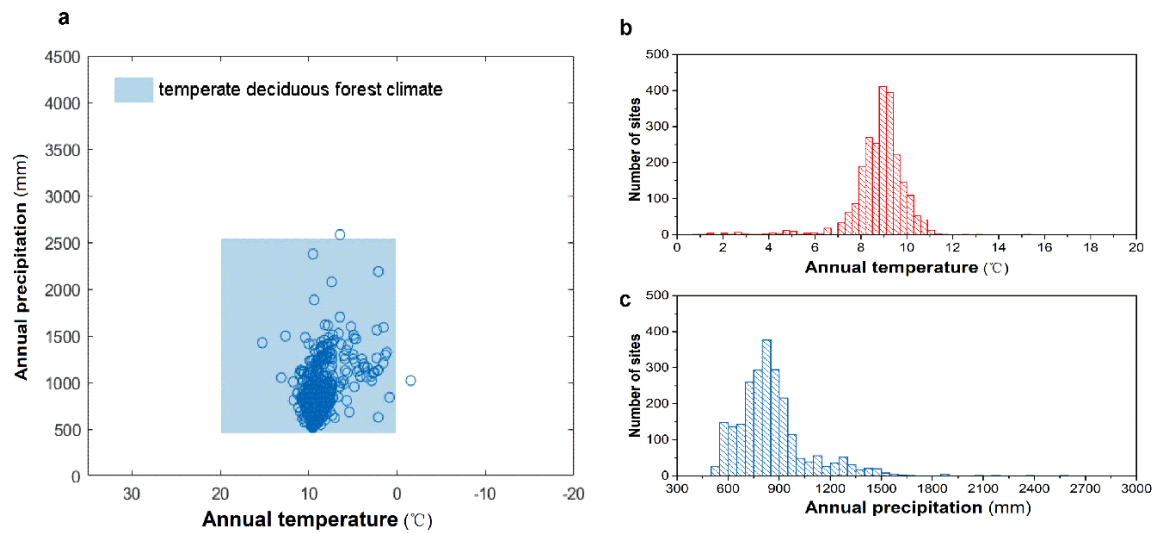
537

Species	GDD shortDL vs. GDDavgDL			GDD longDL vs. GDDavgDL		
	t	P	df	t	P	df
<i>Aesculus hippocastanum</i>	32.986	<0.001	1928	-45.943	<0.001	1928
<i>Betula pendula</i>	33.118	<0.001	970	-32.853	<0.001	970
<i>Fagus sylvatica</i>	31.793	<0.001	1491	-36.568	<0.001	1491
<i>Fraxinus excelsior</i>	19.682	<0.001	970	-32.853	<0.001	970
<i>Quercus robur</i>	33.999	<0.001	1569	-40.378	<0.001	1569
<i>Tilia cordata</i>	22.646	<0.001	396	-18.238	<0.001	396

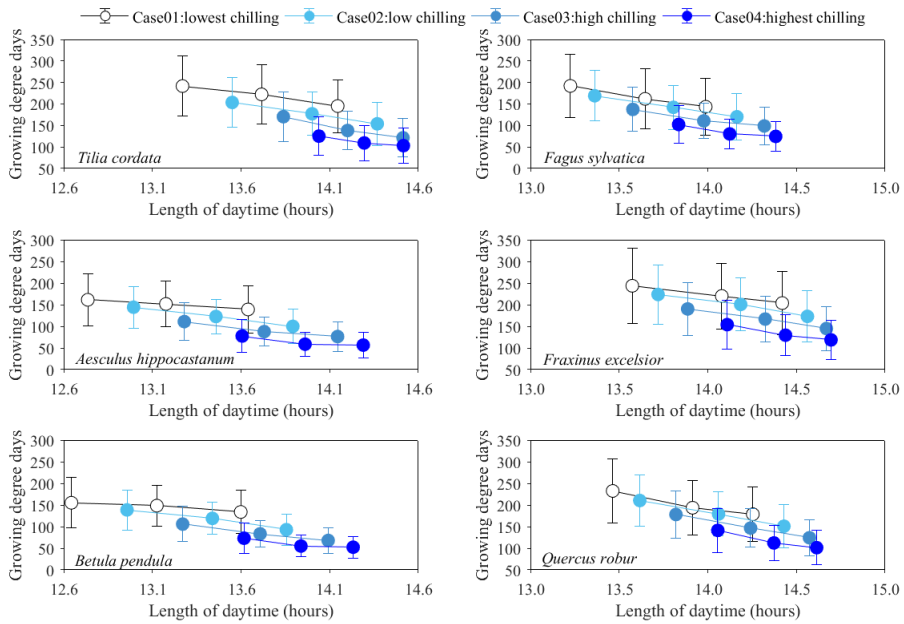
538 **Supplementary figure 1.** Distribution of the selected phenological sites.



539 **Supplementary figure 2.** (a) The climate of selected phenological sites. One circle  
540 indicates one site. (b) and (c) the annual temperature and precipitation across all  
541 selected sites.



542 **Supplementary figure 3.** Dependence of GDD requirement of leaf-out on daylength  
 543 under constant chilling conditions for six tree species. Dependencies are shown for  
 544 four different chilling intensities (see Methods). The chilling was calculated as day  
 545 when the daily temperature below 5<sup>0</sup>C over the period from 1st September to the date  
 546 of leaf-out.

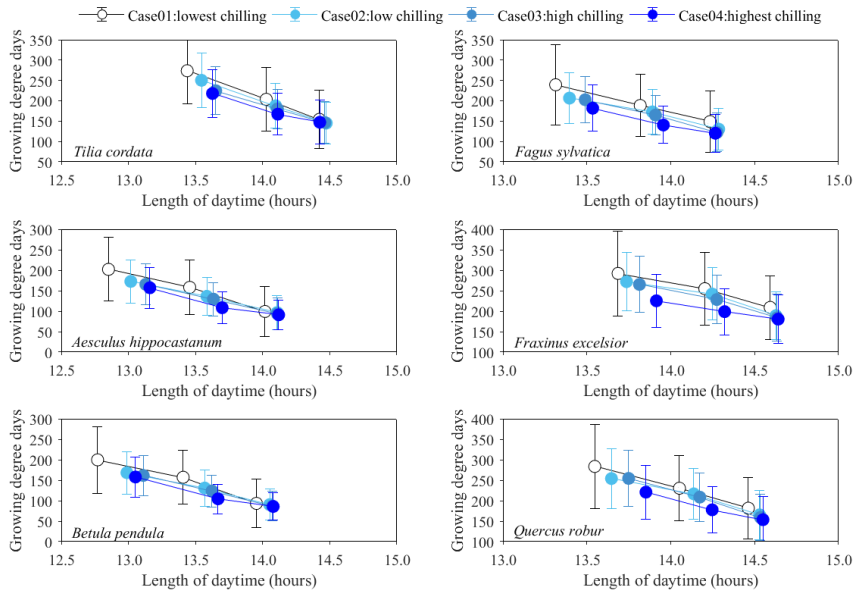


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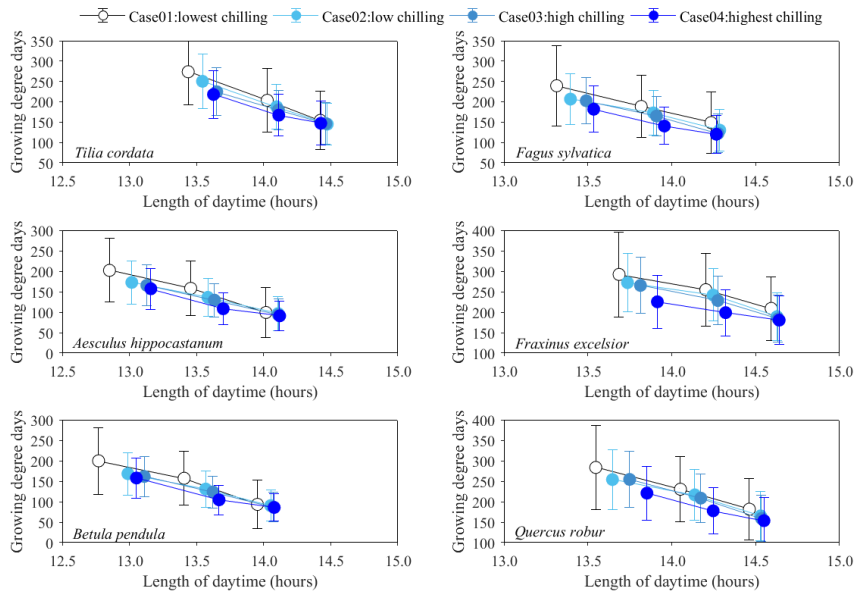


548 **Supplementary figure 4.** Dependence of GDD requirement of leaf-out on daylength  
 549 under constant chilling conditions for six tree species. Dependencies are shown for  
 550 four different chilling intensities (see Methods). The chilling was calculated as day  
 551 when the daily temperature below 7<sup>0</sup>C over the period from 1st September to the date  
 552 of leaf-out.

553

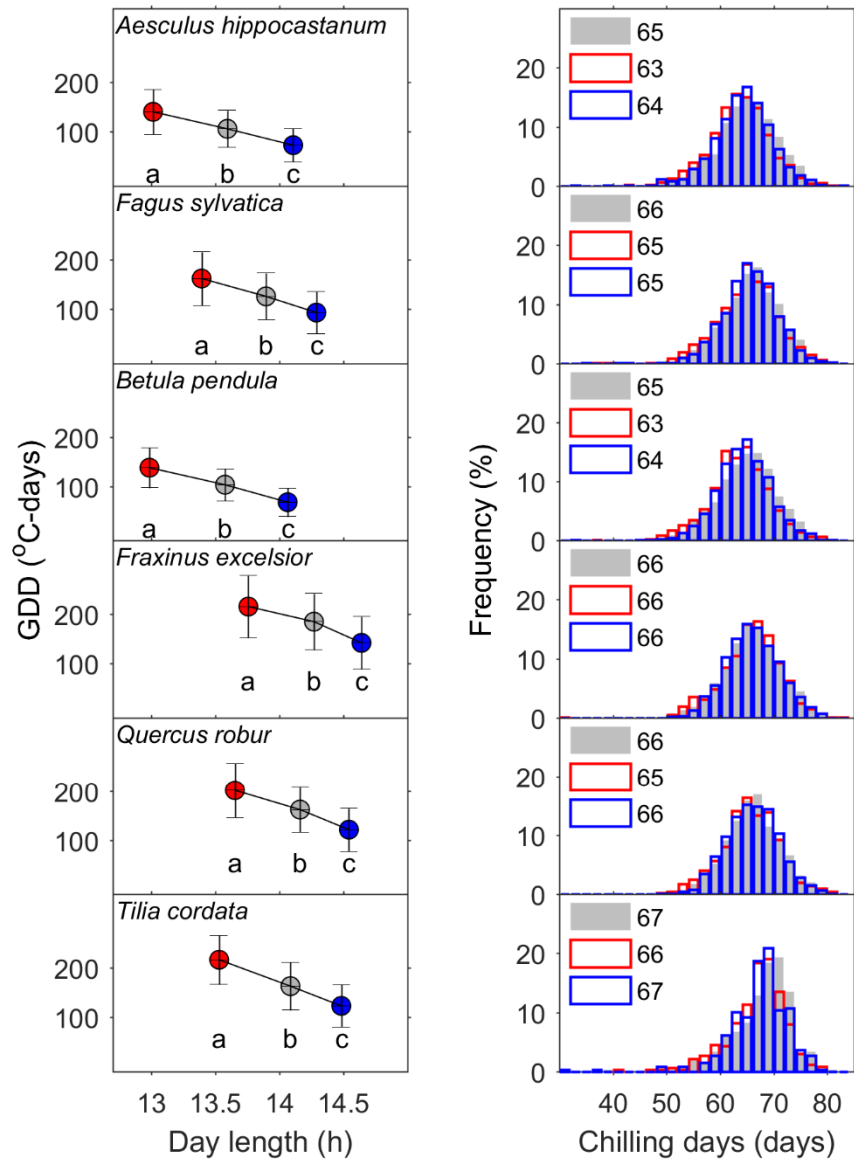


554 **Supplementary figure 4.** Dependence of GDD requirement of leaf-out on daylength  
 555 under constant chilling conditions for six tree species. Dependencies are shown for  
 556 four different chilling intensities (see Methods). The GDD was calculated as daily  
 557 sum of the daily temperature above 5<sup>0</sup>C over the period from 1st December to the date  
 558 of leaf-out

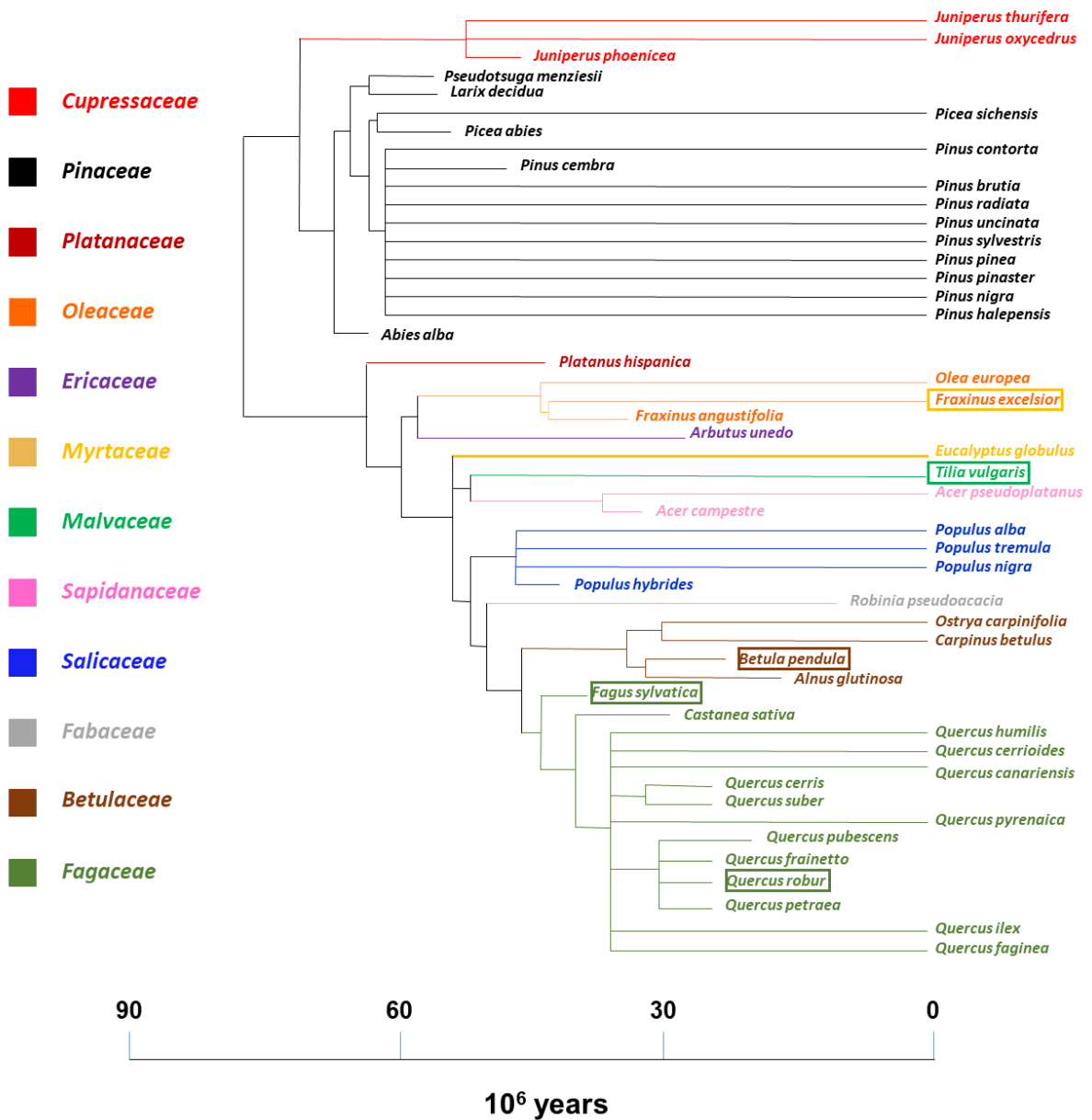


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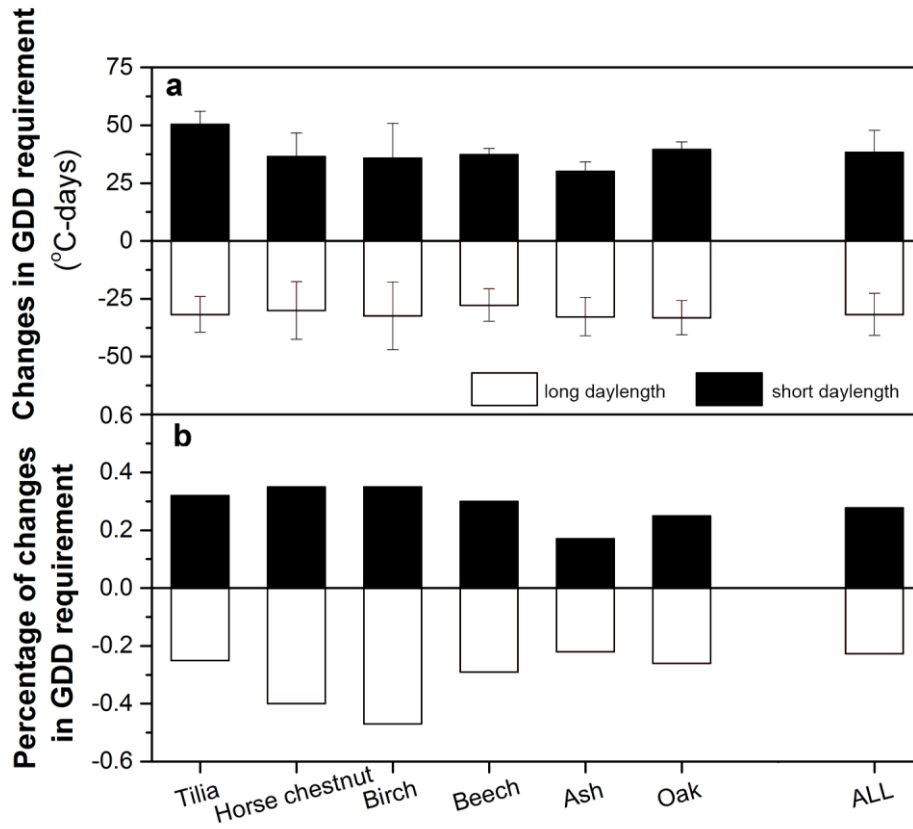
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 565 differences (at  $P < 0.001$ ).



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 568 *al.*, 2015. The species that selected in the present study were marked with boxes.



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 570 requirement for spring leaf-out (across all chilling conditions) under one hour shorter (black)  
 571 and longer (white) daylength for each and all of the six studied species.



572 **Supplementary figure 9.** The distribution of normalized daylength (DL, in red) and chilling  
 573 (CD, in blue) sensitivity of GDD requirement for leaf-out for all study species. The histograms  
 574 show the distribution across all sites and the mean sensitivities and standard deviations (in  
 575 brackets) are provided. The GDD was calculated from the 1<sup>st</sup> Jan to the date of leaf-out for each  
 576 year of each species at each site.

