Primordial Black Holes from the QCD Axion

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We propose a mechanism to generate primordial black holes (PBHs) that is independent of cosmological inflation and occurs slightly below the QCD phase transition. Our setup relies on the collapse of long-lived string-domain wall networks and is naturally realized in QCD axion models with domain wall number $N_{\rm DW} > 1$ and Peccei-Quinn symmetry broken after inflation. In our framework, dark matter is mostly composed of axions in the meV mass range along with a small fraction, $\Omega_{PBH} \gtrsim 10^{-6}\Omega_{CDM}$ of heavy $M \sim 10^4 - 10^7 M_{\odot}$ PBHs. The latter could play a role in alleviating some of the shortcomings of the standard cosmological model on subgalactic scales. The scenario might have distinct signatures in ongoing axion searches as well as gravitational wave observatories.

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Introduction.—The recent detection of gravitational waves emitted by the merging of relatively heavy black holes $[M \gtrsim O(10)M_{\odot}]$ [1] has revived interest in the proposal that the dark matter (DM) of the Universe comprises primordial black holes (PBHs) [2-7]. Although there are constraints on the abundance of PBHs for almost all viable masses (see, e.g., Ref. [8]), a small relic abundance of heavy $(M \gtrsim 10^5 \ M_{\odot})$ PBHs may play an important role in the generation of cosmological structures and alleviate shortcomings of the standard cold dark matter (CDM) scenario on subgalactic scales [9,10]. Furthermore, such PBHs could shed light on the origin of the supermassive black holes (BHs) in the centers of most galaxies, some of which were already in place at very early times [11,12].

Several fundamental physics scenarios may explain the existence of PBHs. Arguably, the most studied proposal relies on the gravitational collapse of density fluctuations generated during inflation (see, e.g., Ref. [8]). Nevertheless, it is interesting to understand whether PBHs could naturally arise in other contexts.

In this Letter we propose an alternative PBH formation mechanism, independent of inflationary physics, that relies on the collapse of axionic topological defects (see, e.g., Ref. [13] for an introduction). The generation of PBHs from defects has been investigated in different contexts

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including PBHs from the collapse of string loops [14–17], and from domain walls (DWs) during inflation [18,19]. Here we discuss for the first time the formation of PBHs from long-lived string-DW networks [20,21] (see Ref. [22] for a setup closely related to ours and Refs. [23–25] for similar previous work) appearing in well-known realizations [26-29] of the Peccei-Quinn (PQ) solution to the strong CP problem [30–32]. These so-called hybrid networks have multiple DWs attached to strings [33] and suffer from a DW problem [34] unless the vacua separating different walls are split [35]. The splitting likely requires extra new physics beyond the QCD axion (see below); however this need not interfere with the present mechanism of PBH formation.

When the PQ symmetry is broken after inflation, the axion abundance receives comparable contributions from the (i) misalignment mechanism, (ii) radiation from string defects [36–38], and (iii) annihilation of the string-wall network [39] (see also Ref. [40]). We show in this Letter that there can be a fourth small contribution to the axion DM abundance in the form of heavy, $10^{4-7} M_{\odot}$, PBHs. Interestingly, this provides a concrete realization of the proposed role of massive PBHs in the early Universe [10] in the context of QCD axion DM. Moreover, our scenario is not subject to some of the strong constraints arising from CMB μ distortions, which plague PBH formation mechanisms from Gaussian inflationary fluctuations (see Ref. [10]).

The hybrid network dynamics is hard to analyze. However, for our purposes the essential features can be captured by focusing on the closed walls that arise in the network [22].

Collapse of closed domain walls.—Once the Hubble length becomes comparable to the closed wall size R_{\star} , the DW rapidly shrinks because of its own tension. This occurs at the temperature T_{\star} defined by $R_{\star} \sim H_{\star}^{-1} \simeq g_{\rm eff}(T_{\star})^{-1/2} M_p/T_{\star}^2$, where $M_p = (8\pi G_N)^{-1/2}$ and $g_{\rm eff}(T_{\star})$ is the effective number of degrees of freedom at T_{\star} . The total collapsing mass has two contributions: one induced by the wall tension σ , and another one coming from any possible difference in energy density between the two regions separated by the DW:

$$M_{\star} = 4\pi\sigma R_{\star}^2 + \frac{4}{3}\pi\Delta\rho R_{\star}^3 \sim 4\pi\sigma H_{\star}^{-2} + \frac{4}{3}\pi\Delta\rho H_{\star}^{-3}.$$
 (1)

For closed DWs arising in the network $\Delta \rho \geq 0$ (see below); thus the wall bounds the region of false vacuum.

Another important parameter for the formation of PBHs is the ratio of the Schwarzschild radius R_S of the collapsing wall to the initial size R_{\star} :

$$p \equiv \frac{R_S}{R_{\star}} \sim \frac{2G_N M_{\star}}{H_{\star}^{-1}} \sim \frac{\sigma H_{\star}^{-1}}{M_p^2} + \frac{\Delta \rho H_{\star}^{-2}}{3M_p^2}.$$
 (2)

If p is close to 1 then the DW rapidly enters its Schwarzschild radius and forms a BH. If $p \ll 1$, however, the wall has to contract significantly before falling inside R_S . It is then less likely to form a BH, since asphericities, energy losses, and/or angular momentum may severely affect the dynamics of the collapse. We will thus refer to p as the figure of merit for PBH formation from the collapse of DWs.

The temperature behavior of p and M_{\star} is crucial to our proposal. Whenever the tension terms dominate in Eqs. (1) and (2), we have $M_{\star} \sim T_{\star}^{-4}$, $p \sim T_{\star}^{-2}$. If, instead, the energy difference terms dominate, we have $M_{\star} \sim T_{\star}^{-6}$, $p \sim T_{\star}^{-4}$.

Therefore, the duration of the hybrid network has a huge impact on the likelihood of forming PBHs, as well as on their masses. The use of long-lived string-wall networks is the essential new idea of our proposal. This requires multiple DWs attached to each string [13]. Interestingly, this can be realized in QCD axion models with domain wall number larger than one [41].

Axion dark matter from string-wall networks.—Let us embed the basic mechanism illustrated in the previous section in the QCD axion cosmology. Consider a scalar field Φ with a $U(1)_{PQ}$ symmetry broken at some temperature T_{PQ} after inflation. The field acquires a VEV while its phase is identified with the QCD axion, i.e., $\Phi = ve^{ia(t,x)/v}$, and string defects are formed (see, e.g., Ref. [13]). Below T_{PQ} , the axion evolution is (i) Most of the energy density in the strings dilutes as $\rho_{\text{strings}} \sim \mu_s H^2$, where μ_s is the string tension [42]. In addition, the strings radiate axions [36–39]. Away from the strings, the homogeneous axion field is frozen because of Hubble friction. (ii) At $T \lesssim O(\text{GeV})$ the QCD phase transition occurs. Nonperturbative effects generate a periodic potential for a

$$V(a,T) = \frac{m^2(T)v^2}{N_{\rm DW}^2} \left[1 - \cos\left(N_{\rm DW}\frac{a}{v}\right) \right],\tag{3}$$

where $N_{\rm DW}$ is the model dependent color anomaly, also known as the DW number. The periodicity of V is $2\pi F \equiv 2\pi v/N_{\rm DW}$. The dependence of the axion mass m(T) with temperature can be parametrized as

$$m^{2}(T) = \begin{cases} m_{0}^{2}, & \text{if } T \lesssim T_{0}, \\ m_{0}^{2} (\frac{T}{T_{0}})^{-n}, & \text{if } T \gtrsim T_{0}, \end{cases}$$
(4)

where $n \approx 7$, $T_0 \simeq 100$ MeV are numerical parameters which we take from Ref. [39] (see Ref. [43] for the original computation [44] for lattice results and the Supplemental Material [45]). Here, $m_0 \simeq 0.01 \Lambda_{\rm OCD}^2/F$ is the zero-temperature axion mass, with $\Lambda_{\rm OCD} \simeq 400$ MeV. The potential in Eq. (3) leads to the existence of DWs, with tension $\sigma(T) \simeq 8m(T)F^2$. These become relevant at the temperature $T_1 \sim \text{GeV}$ defined by $3H(T_1) = m(T_1)$ (see also the Supplemental Material [45]). For topological reasons, each string gets attached to $N_{\rm DW}$ DWs at T_1 . Thus, a string-wall network is formed, which also contains closed structures. At the same time, the homogeneous component of the axion field starts to oscillate and generates CDM (misalignment mechanism). (iii) Below T_1 , the energy density of the network is quickly dominated by horizon-size DWs. The subsequent evolution crucially depends on the DW number (see, e.g., Ref. [13]). If $N_{\rm DW}=1$ the network is unstable and rapidly decays. If instead $N_{\rm DW} > 1$, the network is stable because strings are pulled in different directions by the DWs. One thus faces the DW problem [34]. To avoid this catastrophe, a bias term can be added to the axion potential [35], [39,49] of the form [50]

$$V_B(a) = \mathcal{A}_B^4 \left[1 - \cos\left(\frac{a}{v} + \delta\right) \right]. \tag{5}$$

Notice that the periodicity of Eq. (5) is different from Eq. (3); there is only one global minimum per period $2\pi v$. Furthermore, the phase δ represents a generic offset between the bias term and the QCD potential. The addition of Eq. (5) to Eq. (3) leads to an energy difference between the false and true minima, $\Delta \rho \simeq A_B^4$. This generates pressure, which competes against the wall tension and renders the network unstable [35]. Balance between the two competing effects is obtained when $\sigma \simeq A_B^4 H^{-1}$, which is confirmed by detailed numerical analysis of the network evolution in the presence of a bias term [39]. Most of the network disappears at a temperature

$$T_2 = \epsilon \left(\frac{M_p \Delta \rho}{\sigma}\right)^{1/2} \left(\frac{90}{\pi^2 g_{\text{eff}}(T_2)}\right)^{1/4},\tag{6}$$

where $\epsilon \sim O(0.1-1)$ is a parameter which increases with $N_{\rm DW}$ and has been numerically determined in Ref. [39].

Depending on their initial size, most of the closed DWs in the network will collapse at different temperatures between T_1 and T_2 . In the process, axions are radiated in such a way that the total axion DM abundance today is given by $\Omega_a = \Omega_{\rm mis} + \Omega_{\rm strings} + \Omega_{\rm network}$. The axion DM abundance has been numerically studied in Ref. [39] and we review the dependence of Ω_a on F and T_2 in the Supplemental Material [45]. There are two crucial points to take from the discussion above: (i) for $N_{\rm DW} > 1$ there can be a significant separation between T_1 , the temperature of network formation, and T_2 , the temperature at which its annihilation is efficient, and (ii) since Eq. (5) lifts the degeneracy of the $N_{\rm DW}$ vacua, closed structures surrounding regions with energy \mathcal{A}_B^4 can exist in the network. Therefore, from now on we assume $N_{\rm DW} > 1$.

In Fig. 1 we plot the constraints on the $F - T_2$ plane for $N_{\rm DW}=2$. The blue-shaded region is excluded because of DM overproduction. In gray and orange we show the region excluded using SN-cooling arguments according to the standard analysis [51] and to a more conservative recent estimate [52], respectively. The thick black lines signal the largest allowed value of the offset phase δ in Eq. (5) that does not spoil the axion solution to the strong *CP* problem. We thus conclude that a viable region of parameter space exists, around $T_2 \simeq 5$ MeV and corresponding to $A_B \simeq 10^{-3} \Lambda_{\rm OCD}$, where no tuning of δ is required. This is in contrast with the conclusion reached in Ref. [39], where an overconservative bound on $\theta_{\rm OCD}$ was assumed. The untuned region of parameter space is slightly reduced as $N_{\rm DW}$ increases. Nonetheless, even for $N_{\rm DW}=6$ only a mild tuning $\delta \sim 0.1$ is required.

In Fig. 1 we also show the relevant would-be BH masses and the figure of merit for closed DWs which collapse at

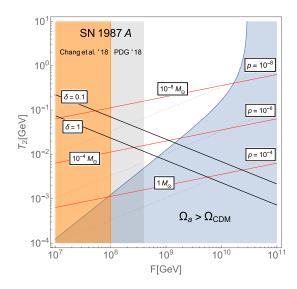


FIG. 1. Constraints on F and T_2 from DM overproduction (blue shaded region), and from supernovae cooling (orange shaded). The figure of merit (dashed lines) and the DW masses (red lines) are also shown. No tuning of the offset phase is required below the line $\delta=0.1$.

 $T_{\star} \simeq T_2$. In the most interesting region of parameter space, we find $p \sim 10^{-6}$, five orders of magnitude larger than for $T_{\star} \sim T_1$. This shows the advantage of considering $N_{\rm DW} > 1$. Nevertheless, p remains quite small and at this point it is unclear whether this leads to a significant fraction of PBHs.

PBHs from late collapses.—Crucially, for closed DWs collapsing at $T_{\star} < T_2$, p increases as T_{\star}^{-4} , because the vacuum energy contribution dominates over the wall tension, as dictated by Eq. (2).

The region around $F \lesssim 10^9$ GeV and $T_2 \simeq 7$ MeV in Fig. 1 leads to the best case scenario for PBH formation. In Fig. 2 we plot the figure of merit and PBH masses for DWs collapsing at $T_{\star} < T_2$.

Figure 2 shows that DWs collapsing roughly when $T_{\star} \sim 0.1T_2$ quite likely form PBHs. These structures only have to contract by 1 order of magnitude before entering their Schwarzschild radius. Energy losses via radiation of axions as well as the growth of asphericities can be neglected for such short contractions. Indeed, the radiation of energy from a closed spherical sine-Gordon DW was studied in Ref. [53] and shown to become relevant only once the wall has contracted to a size $R \sim R_{\star}^{2/3} m^{-1/3} \ll 0.1 H_{\star}^{-1}$. Similarly, in the thin wall approximation asphericities do not spoil the PBH formation for large p [54]. Furthermore, we have numerically simulated the collapse of sine-Gordon nonspherical DWs and checked that they can indeed contract down to $r_{\rm min} \lesssim 0.1 R_{\star}$ [55,56].

Let us estimate the fraction $f \equiv \Omega_{\rm PBH}/\Omega_{\rm CDM}$. After T_2 , the energy density of the network is dominated by the bias contribution. However, at any given $T_{\star} < T_2$ only a small fraction $P_{\rm nw}$ of the original network survives. Therefore,

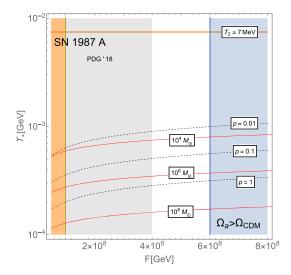


FIG. 2. Constraints on F for $T_2 \simeq 7$ MeV. The figure of merit (dashed lines) and the masses of the DWs collapsing at $T_{\star} < T_2$ (red lines) are also shown.

$$\rho_{\rm nw}(T_{\star}) \sim P_{\rm nw}(T_{\star})\Delta\rho. \tag{7}$$

Assuming that the PBH formation occurs mostly at a single temperature T_{\star} , the actual fraction f is then given by

$$f \sim p^N \times \frac{\rho_{\text{nw}}(T_{\star})}{\rho_{\text{CDM}}(T_{\star})},$$
 (8)

where $N\gtrsim 1$ takes into account the effects of asphericities and angular momentum. One should keep in mind that f might be further suppressed by the probability of finding closed structures in the network. In Eq. (8), $\rho_{\rm CDM}(T_\star)\sim \rho_{\rm CDM}(T_2)(T_\star/T_2)^3$ is the energy density of CDM at T_\star . In the most interesting region of parameter space in Fig. 1, $\rho_{\rm CDM}(T_2)$ is dominated by the contribution from axions radiated by the network. Hence, $\rho_{\rm CDM}(T_2)\approx \rho_{\rm nw}(T_2)\sim \Delta \rho$. Putting everything together, we find

$$f \sim p^N P_{\text{nw}}(T_{\star}) \left(\frac{T_2}{T_{\star}}\right)^3.$$
 (9)

To estimate the actual value of f requires knowledge of $P_{\rm nw}$. In this respect, the simulations of Ref. [39] show that, for $N_{\rm DW}=2$, at T_2 defined by Eq. (6) with $\epsilon \simeq 0.5$ only 10% of the original network survives. The percentage is further reduced to 1% at $T_2/\sqrt{2}$ approximately. We do not know the subsequent evolution of the network. Nevertheless, let us assume for simplicity that the network decay follows a power law beyond T_2 [57]:

$$P_{\rm nw}(T_{\star}) \sim \left(\frac{T_2}{T_{\star}}\right)^{-\alpha}$$
. (10)

Fitting Eq. (10) to the aforementioned results of Ref. [39] gives $\alpha \approx 7$. The final fraction f then does not depend significantly on N. As long as N > 1, the right-hand side of Eq. (9) increases as T_{\star} decreases, until p is saturated to one. This occurs at $T_{\star} \sim T_2/30$ (see Fig. 2), which gives $f \sim 10^{-6}$ and $M_{\star} \sim 10^{6}~M_{\odot}$. Below this temperature, the fraction falls rapidly.

However, this result is sensitive to the precise numerical scaling of $P_{\rm nw}$ after T_2 . In this regard, it is interesting to notice that numerical simulations hint at slight deviations from the scaling regime [39]. The decay of the network can then be slower, resulting in smaller α and larger f.

Observations require $f \lesssim 10^{-5}$ for PBHs with $M \sim 10^6~M_\odot$ [8] (see also Refs. [10,58]). This constraint is easily satisfied in our scenario.

Nevertheless, to confidently estimate the actual fraction requires additional numerical studies, which we leave for future work. Let us remark that if a larger f can be obtained with our mechanism, then (non)observations of PBHs may actually give additional constraints on axion models with $N_{\rm DW} > 1$.

Origin of the bias term.—A minimalistic option to generate Eq. (5) is from gravity. As pointed out in Ref. [59] (see also Ref. [60]), Planck-suppressed effective

operators could lead to Eq. (5). These operators were originally investigated in Refs. [61–63], which showed that they must come with very small coefficients in order not to spoil the axion solution to the strong CP problem. However, the lore is that gravity affects the PQ symmetry only at the nonperturbative level [64] (see also Refs. [65,66]). As a result, the size of the induced potential from gravity can be estimated $\sim A_B \sim M_p e^{-\# M_p/F}$, which is certainly small albeit too small to give a viable cosmology.

Here, we propose an alternative possibility to generate the bias term. Consider a dark gauge sector, which also breaks the $U(1)_{\rm PQ}$ via anomalies and has DW number $N_{\rm DW}^{\rm dark}=1$. The specific matter spectrum and couplings of this hidden sector are not crucial to our discussion, even though cosmological and collider constraints should be checked in any concrete realization. Such a dark sector would then precisely generate a contribution to the axion potential of the form (5), with \mathcal{A}_B related to the scale of dark gluon condensation, and δ containing the dark sector θ term.

Interestingly, this naturally allows for the scale \mathcal{A}_B to have a T dependence analogous to the QCD axion potential

$$\mathcal{A}_B(T)^4 = m_B^2(T)v^2 = m_B^2(T)N_{DW}^2F^2,$$
 (11)

with (see also the Supplemental Material [45])

$$m_B^2(T) = d_T \frac{\Lambda_B^4}{F^2} \left(\frac{T}{\Lambda_B}\right)^{-n'}, \quad \text{if } T \gtrsim T_{0,B}.$$
 (12)

The natural expectation is that m_B will increase as temperature decreases until $T_{0,B} \sim \Lambda_B$, and remain constant afterwards. Here, Λ_B is the dark confinement scale and d_T , n' depend on the dark spectrum.

These parameters have an important impact on PBH formation. For instance, for $T_2 \sim 5$ MeV and d_T , $n' \sim 1$ the bias term has not yet reached its asymptotic value at T_2 . Therefore, p and M_{\star} now scale as $T_{\star}^{-4-n'}$ and $T_{\star}^{-6-n'}$, respectively, from T_2 to $T_{\star} \sim T_{0,B}$. A large figure of merit can then be attained in less than 1 order of magnitude in T, and lighter PBHs may be generated (down to $\sim 10^4~M_{\odot}$) [67]. Alternatively, if $d_T \ll 1$ and/or $n' \gtrsim 6$, Λ_B roughly coincides with T_2 and we recover the previous case. In general, the dark sector confinement scale should be $100~{\rm keV} \lesssim \Lambda_B \lesssim T_2$ in order for the mechanism presented here to generate an interesting and viable fraction of PBHs, as discussed in the previous section. We leave a more detailed investigation of the dark sector for future work.

Conclusions.—We have discussed a new mechanism to generate PBHs in the context of QCD axion models. It proceeds by the late collapses of closed DWs in a long-lived string-DW network, which arises in QCD axion realizations with $N_{\rm DW}>1$ and PQ symmetry broken after inflation

Lacking accurate knowledge of the network evolution and collapse, we cannot give precise predictions for the fraction and masses of the PBHs. However, under reasonable assumptions, depending on the temperature behavior of the bias term, PBHs with masses in the range $M \sim 10^4 - 10^7 \ M_{\odot}$ and representative fraction $f \gtrsim 10^{-6}$ can be created. Interestingly, such heavy PBHs can play an important role as seeds for the formation of cosmological structure, alleviating several problems of the CDM scenario on subgalactic scales, and providing an avenue to explain the origin of the supermassive BHs [9,10].

Our proposal appears to prefer small values of the axion decay constant, $F \lesssim 10^9$ GeV, corresponding to axion masses in the meV range. These values are close to the lower bounds from the cooling of supernovae [51,52,68], which are however subject to astrophysical uncertainties and are not universal (see, e.g., Ref. [69]). On the other hand, small values of F might be observationally interesting. In this respect, it is intriguing that several stellar systems show a mild preference for a nonstandard cooling mechanism, which can be interpreted in terms of a DFSZ QCD axion [70,71]. In addition, several experiments will be probing this region of QCD axion masses in the near future. In particular: IAXO [72], TASTE [73], ALPS II [74], and ARIADNE [75].

Our mechanism might be probed at gravitational wave observatories via the detection of gravitational radiation from: SMBH binaries at LISA [76], the annihilation of the string-wall network [77] at aLIGO (O5) [78], LISA, ET [79], and SKA [80].

Finally, let us mention that considering very light generic axionlike particles, the network collapse could be delayed to $T_{\star} \lesssim 100 \text{ keV}$ raising the figure of merit. The resulting extremely heavy PBHs, however, are strongly constrained.

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