
This is the **accepted version** of the journal article:

Zhou, Bin; Hall, David A.; Giraldo, Jesús. «Can Adding Constitutive Receptor Activity Redefine Biased Signaling Quantification?». Trends in Pharmacological Sciences, Vol. 40, Núm. 3 (March 2019), p. 156-160. DOI 10.1016/j.tips.2019.01.002

This version is available at <https://ddd.uab.cat/record/306807>

under the terms of the  ^{IN} COPYRIGHT license

1 **Could adding constitutive receptor activity redefine biased signaling**
2 **quantification?**

3 Bin Zhou^{1,2,3}, David A. Hall⁴ and Jesús Giraldo^{1,2,3*}

4 ¹Laboratory of Molecular Neuropharmacology and Bioinformatics, Unitat de Bioestadística and
5 Institut de Neurociències, Universitat Autònoma de Barcelona, 08193 Bellaterra, Spain

6 ²Instituto de Salud Carlos III, Centro de Investigación Biomédica en Red de Salud Mental,
7 CIBERSAM, Spain

8 ³Unitat de Neurociència Traslacional, Parc Taulí Hospital Universitari, Institut d'Investigació i
9 Innovació Parc Taulí (I3PT), Institut de Neurociències, Universitat Autònoma de Barcelona, Spain

10 ⁴Pulmonary Vascular Injury DPU, GlaxoSmithKline, Gunnels Wood Road, Stevenage, Herts, SG1
11 2NY, UK

12

13 *Corresponding author:

14 Jesús Giraldo

15 Laboratory of Molecular Neuropharmacology and Bioinformatics, Unitat de Bioestadística and
16 Institut de Neurociències, Universitat Autònoma de Barcelona, 08193 Bellaterra, Spain

17 E-mail: Jesus.Giraldo@uab.es

18 Phone: +34 93 581 3813

19

20 **Keywords**

21 Constitutive receptor activity; biased signaling; GPCR; inverse agonists

22

23 **Abstract**

24 Biased signaling, differential activation of distinct signaling pathways, is currently at the center of
25 pharmacology. Reliable characterization of biased ligands requires robust scales applicable to all
26 ligand classes: agonists, neutral antagonists and inverse agonists. To this end, constitutive receptor
27 activity should be included in the models.

28

29 **Quantification of GPCR biased signaling**

30 G protein-coupled receptors (GPCRs) are key players of cell signaling that are found inserted in
31 the cell membrane and transmit the signals embodied in the structure of ligands from outside to
32 inside the cell [1]. GPCRs signal not only through G proteins but also through other proteins, e.g.,
33 β -arrestin [2]. Differential engagement of these multiple signaling pathways (biased agonism) may
34 have therapeutic implications. For example, typical opioid analgesics (such as morphine) directed
35 to the μ -opioid receptor yield beneficial effects through the G protein but unwanted effects through
36 β -arrestin [3]. Similarly, it was suggested that antipsychotic drugs selectively activating β -arrestin
37 via the dopamine D2 receptor might present benefits versus simple inverse agonists [4]. Likewise,
38 β -adrenergic receptor blockers like carvedilol functioning as antagonists of G protein-mediated
39 signaling and agonists of β -arrestin-mediated signaling could have clinical benefits [5]. Moreover,
40 it has been reported that β -arrestin-biased agonists of the angiotensin type I receptor stimulate
41 cardiac contractility while also antagonizing some harmful effects of the receptor mediated
42 through G proteins [5].

43 Robust scales to quantify biased agonism are a fundamental need in pharmacology. These scales
44 should have certain properties, as pointed out by Kenakin et al., [6]: “It is essential for such a scale

45 not to be affected by differences in receptor density, as these are system factors that often vary
46 between cell types". To define a scale of biased agonism a mathematical model is needed. The
47 Black and Leff operational model of agonism (Box 1) considers two steps for the generation of a
48 pharmacological effect [7]: the binding of agonist to the receptor and transduction of binding into
49 effect. A single parameter in the model, τ or operational efficacy, quantifies the ability to generate
50 a pharmacological effect. τ determines the maximum response to a particular agonist thus
51 differentiating full and partial agonists (Box 1 Eq. 5) and also affects the potency of the ligand
52 (Box 1 Eq. 6). Because τ is proportional to receptor density (Box 1 Eq. 3), $\Delta\log(\tau)$ between two
53 agonists in a particular pathway is independent of receptor density and provides a scale with which
54 to quantify differences between agonists. If we take one of these agonists as the reference ligand,
55 $\Delta\Delta\log(\tau)$ may serve as a scale for biased agonism between pathways [8].

56 However, the concentration-effect curve is also influenced by the equilibrium dissociation constant
57 K_A because, as a component of agonist potency (Box 1 Eq. 6), it too determines the location of the
58 curve along the concentration axis. Consequently, the ratio of τ to K_A , termed the transduction
59 coefficient $\log(\tau/K_A)$, has been proposed to quantify biased agonism [6]. For the reasons outlined
60 above, since $\Delta\log(\tau/K_A)$ is independent of receptor density in a given pathway it is an appropriate
61 scale to quantify the differences between the agonist of interest and the reference ligand. Finally,
62 $\Delta\Delta\log(\tau/K_A)$ measures biased agonism between two pathways for the particular agonist.

63 The classical operational model of agonism [7] (Box 1) does not account for constitutive receptor
64 activity, that is, signaling by receptors in the absence of ligands, and thus inverse agonists, ligands
65 which yield a response lower than constitutive receptor activity, are excluded from the analysis of
66 biased agonism. Since inverse agonists are part of the ligand space, their potential therapeutic

67 effects should not be **excluded** from routine screening analyses **of biased agonism**. In a recent
68 paper [9] we used a model, **the Slack and Hall operational model** [10], which includes constitutive
69 receptor activity (Box 2), **and allows for the quantification of ligand bias independently of 'system**
70 **bias'**. Both the free receptor and the ligand-bound receptor produce a stimulus (Box 2 Eq. 2). ϵ is
71 the intrinsic efficacy of the ligand: the value of ϵ **determines whether** ligands **are** agonists ($\epsilon > 1$),
72 neutral antagonists ($\epsilon = 1$), or inverse agonists ($\epsilon < 1$). It was proposed [9] that $\log(\epsilon)$ and $\log(\epsilon/K_A)$
73 can work as scales for biased agonism. Importantly, because both ϵ and K_A are ligand-receptor
74 molecular properties, these scales do not depend on receptor density and thus a reference
75 compound **is not required to eliminate system dependence**.

76

77 **Receptor bias**

78 We refer to the inherent bias of the receptor in the absence of ligands as 'receptor bias'. As shown
79 in Box 2 Eq. 5, the basal response depends on E_m , n and χ . E_m is the maximum response of the
80 system, n is a slope parameter and χ is the ratio **of $[R]_T$, the total receptor concentration, to K_E , the**
81 **value of the stimulus that produces half-maximal effect**. χ determines the value of the basal
82 response. Increasing χ from 0 makes the effect increase from 0 **towards** E_m . Thus, χ is an
83 appropriate parameter to quantify **receptor bias**. As mentioned above, because χ is proportional to
84 receptor density then standardization is needed. **One method** would be to measure the constitutive
85 **receptor** activity along each pathway simultaneously or at an overlapping range of receptor
86 densities to allow comparison of activity at a specific receptor concentration. In a similar way to
87 previous studies which used τ [8] and τ/K_A [6] for quantification of **biased** signaling, we propose
88 χ **(at constant receptor density)** as a property to identify receptor bias between two pathways.

89

90 **Ligand bias**

91 A given receptor can be unbiased ($\Delta\log(\chi) = 0$) or biased ($\Delta\log(\chi) \neq 0$) between two pathways.
92 Addition of a ligand may alter the bias of the receptor by **changing** its inherent tendency to favor
93 a given pathway. To quantify ligand bias we need to remove the **receptor** bias component. When
94 using the $\log(\tau)$ [8] or the $\log(\tau/K_A)$ [6] scales a reference ligand is needed to remove the effects
95 **of receptor density and/or tissue properties related to transduction efficiency and coupling** [6]. This
96 is because τ contains **both** the receptor density **and the tissue component of K_E** in its definition
97 (Box 1). An alternative way to quantify ligand bias, which does not need a reference ligand, is to
98 use intrinsic efficacy. Scales based on $\log(\varepsilon)$ or $\log(\varepsilon/K_A)$ [9] **can** serve this purpose (Box 2).
99 Because standardization within pathways is **unnecessary**, a single Δ measures ligand bias between
100 two pathways. However, the $\Delta\log(\varepsilon/K_A)$ scale can produce counter-intuitive results. As stated in
101 [9], **when the affinities differ** $\log(\varepsilon/K_A)$ cannot differentiate between the two **properties** of a ligand
102 which is an inverse agonist for one pathway ($\varepsilon_1 = 0.01$ and $K_{A1} = 10^{-6}$) and a neutral antagonist for
103 **another** ($\varepsilon_2 = 1$ and $K_{A2} = 10^{-4}$). In this case, $\log(\varepsilon/K_A)$, the bias of this ligand, would be zero, yet
104 it can be argued that this is not the case since the ligand clearly has differential effects. This
105 problem needs further development which is beyond the scope of **this** article.

106

107 **Concluding remarks**

108 Reliable quantification of biased signaling is fundamental for drug discovery programs.
109 Consideration of constitutive receptor activity widens **their scope** by **including** inverse agonists.
110 **Inclusion of biased agonism within the framework of a mathematical model, such as the Slack and**

111 Hall operational model of agonism [10], ensures that the pharmacological properties derived from
112 constitutive receptor activity would be properly analyzed within a robust theoretical framework.
113 Yet, the value of a pharmacological model resides in its applicability. We propose that the
114 approach presented here should be incorporated into screening analyses of biased agonism. Thus,
115 testing the practicality of quantitative approaches based on constitutive receptor activity in real
116 pharmacological assays will let us know their feasibility.

117

118 **References**

- 119 1. Weis, W.I. and Kobilka, B.K. (2018) The Molecular Basis of G Protein-Coupled Receptor Activation. *Annu*
120 *Rev Biochem* 87, 897-919.
- 121 2. Smith, J.S. et al. (2018) Biased signalling: from simple switches to allosteric microprocessors. *Nat Rev*
122 *Drug Discov* 17 (4), 243-260.
- 123 3. Siuda, E.R. et al. (2017) Biased mu-opioid receptor ligands: a promising new generation of pain
124 therapeutics. *Curr Opin Pharmacol* 32, 77-84.
- 125 4. Urs, N.M. et al. (2017) New Concepts in Dopamine D2 Receptor Biased Signaling and Implications for
126 Schizophrenia Therapy. *Biol. Psychiatry* 81 (1), 78-85.
- 127 5. Wisler, J.W. et al. (2018) Biased G Protein-Coupled Receptor Signaling: Changing the Paradigm of Drug
128 Discovery. *Circulation* 137 (22), 2315-2317.
- 129 6. Kenakin, T. et al. (2012) A simple method for quantifying functional selectivity and agonist bias. *ACS*
130 *Chem. Neurosci* 3 (3), 193-203.
- 131 7. Black, J.W. and Leff, P. (1983) Operational models of pharmacological agonism. *Proc. R. Soc. Lond. B.*
132 *Biol. Sci* 220, 141-162.
- 133 8. Burgueño, J. et al. (2017) A Complementary Scale of Biased Agonism for Agonists with Differing Maximal
134 Responses. *Sci Rep* 7 (1), 15389.
- 135 9. Hall, D.A. and Giraldo, J. (2018) A method for the quantification of biased signalling at constitutively
136 active receptors. *Br J Pharmacol* 175 (11), 2046-2062.
- 137 10. Slack, R. and Hall, D. (2012) Development of operational models of receptor activation including
138 constitutive receptor activity and their use to determine the efficacy of the chemokine CCL17 at the CC
139 chemokine receptor CCR4. *Br. J. Pharmacol* 166 (6), 1774-1792.

140

141

142 **Acknowledgements**

143 This study was supported in part by Ministerio de Economía y Competitividad (SAF2014-58396-
144 R and SAF2017-87199-R). B.Z. was the recipient of a CSC (China Scholarship Council)
145 fellowship.

146 **Competing interests**

147 The authors declare no competing interests.

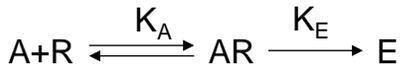
148

149

150 **Box 1**

151 **The Black and Leff operational model of agonism**

152 The Black and Leff operational model of agonism [7] is depicted in Scheme 1.



153

154 **Scheme 1.** An agonist, A, binds to receptor, R, to form agonist-receptor complex, AR, which
155 transmits a signal leading to the observed pharmacological effect, E. K_A is the agonist-receptor
156 equilibrium dissociation constant and K_E is a constant determining the efficiency of signal
157 transduction by AR.

158

159 The concentration of occupied receptors, [AR], is given by Eq. 1.

$$160 \quad [AR] = \frac{[R]_T [A]}{K_A + [A]} \quad (1)$$

161 With $[R]_T = [R] + [AR]$

162 A logistic equation is proposed for the transduction of receptor occupancy into effect:

$$163 \quad E = \frac{E_m [AR]^n}{K_E^n + [AR]^n} \quad (2)$$

164 Where E_m is the maximum effect of the system and n is a factor related to the slope of the
165 concentration-effect curves. K_E is the value of [AR] which elicits $E=(1/2)E_m$. Low values of K_E
166 result in higher values of E for a given [AR].

167 The concentration-effect equation (3) results from the substitution of Equation 1 into 2.

$$168 \quad E = \frac{E_m \tau^n [A]^n}{(K_A + [A])^n + \tau^n [A]^n} \quad (3)$$

169 With $\tau = \frac{[R]_T}{K_E}$.

170 In the Black & Leff model (Scheme 1), the receptor exerts the pharmacological effect only after
171 the binding of the agonist. Thus, signaling by the receptor by itself, constitutive receptor activity,
172 is not included in the model and the basal response (E when [A] equals 0) is 0.

173 $E_{[A]=0} = 0$ (4)

174 The response at saturating concentrations of ligand is:

175 $E_{[A] \rightarrow \infty} = \frac{E_m \tau^n}{1 + \tau^n}$ (5)

176 The τ parameter determines the ligand's efficacy. High τ values give $E_{[A] \rightarrow \infty}$ values close to E_m
177 (full agonists) whereas low τ values give $E_{[A] \rightarrow \infty}$ values significantly lower than E_m (partial
178 agonists).

179 τ and K_A determine ligand potency as reflected by EC_{50} , the [A] value causing half $E_{[A] \rightarrow \infty}$.

180 $EC_{50} = \frac{K_A}{(2 + \tau^n)^{1/n} - 1}$ (6)

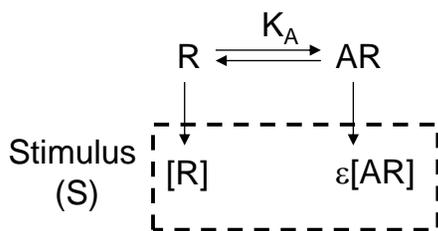
181 High potency corresponds to low values of EC_{50} . Low EC_{50} values result from low K_A and high τ
182 parameters.

183

184 **Box 2**

185 **The Slack and Hall operational model of agonism**

186 The Slack and Hall operational model of agonism [10] is depicted in Scheme 1.



188 **Scheme 1.** An agonist, A, binds to receptor, R, to form the agonist-receptor complex, AR. K_A is
 189 the agonist-receptor equilibrium dissociation constant. Both R and AR produce a stimulus: [R] and
 190 $\varepsilon[AR]$, respectively. ε measures the ‘intrinsic efficacy’ of A.

191 The concentration of occupied receptors, [AR], is given by Eq. 1.

192
$$[AR] = \frac{[R]_T [A]}{K_A + [A]} \quad (1)$$

193 With $[R]_T = [R] + [AR]$.

194 The stimulus S is the sum of the stimuli produced by R and AR.

195
$$S = [R] + \varepsilon[AR] \quad (2)$$

196 A logistic equation is proposed for the transduction of stimulus into effect:

197
$$E = \frac{E_m S^n}{K_E^n + S^n} \quad (3)$$

198 Where E_m is the maximum effect of the system and n is a factor related with the slope of the
 199 concentration-effect curves. K_E is the value of S which elicits $E=(1/2)E_m$. Low values of K_E result
 200 in larger values of E for a given S.

201 The concentration-effect equation (4) results from the combination of Equations 1 to 3.

202
$$E = \frac{E_m \chi^n (K_A + \varepsilon[A])^n}{(K_A + [A])^n + \chi^n (K_A + \varepsilon[A])^n} \quad (4)$$

203 With $\chi = \frac{[R_T]}{K_E}$.

204 In contrast with the Black & Leff model (Box 1), the free receptor is able to exert an effect. Thus,
205 signaling by the receptor alone, constitutive receptor activity, is included in the model and the
206 basal response (E when [A] equals 0) is not 0.

$$207 \quad E_{[A]=0} = \frac{E_m \chi^n}{1 + \chi^n} \quad (5)$$

208 The response at saturating concentrations of the ligand is:

$$209 \quad E_{[A] \rightarrow \infty} = \frac{E_m \varepsilon^n \chi^n}{1 + \varepsilon^n \chi^n} \quad (6)$$

210 The combined parameter $\varepsilon \chi$ determines the efficacy of the system. High $\varepsilon \chi$ values give $E_{[A] \rightarrow \infty}$
211 values close to E_m (full agonists) whereas low $\varepsilon \chi$ values give $E_{[A] \rightarrow \infty}$ values significantly lower than
212 E_m (partial agonists).

213 The potency of the ligand is:

$$214 \quad EC_{50} = \frac{K_A \left((2\varepsilon^n \chi^n + \varepsilon^n + 1)^{1/n} - (\chi^n + \varepsilon^n \chi^n + 2)^{1/n} \right)}{\varepsilon \left(\chi^n + \varepsilon^n \chi^n + 2 \right)^{1/n} - (2\varepsilon^n \chi^n + \varepsilon^n + 1)^{1/n}} \quad (7)$$

215

216