

Splenic Capture and *In Vivo* Intracellular Biodegradation of Biological-Grade Graphene Oxide Sheets

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Cite This: *ACS Nano* 2020, 14, 10168–10186

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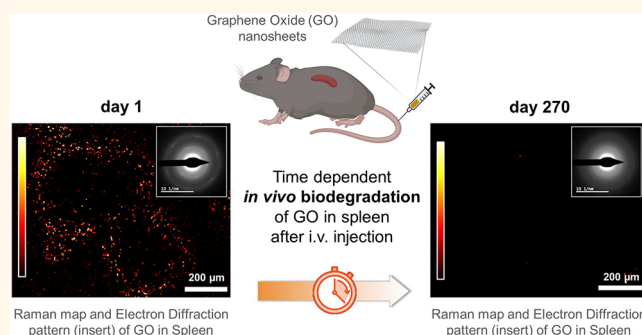
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ABSTRACT: Carbon nanomaterials, including 2D graphene-based materials, have shown promising applicability to drug delivery, tissue engineering, diagnostics, and various other biomedical areas. However, to exploit the benefits of these materials in some of the areas mentioned, it is necessary to understand their possible toxicological implications and long-term fate *in vivo*. We previously demonstrated that following intravenous administration, 2D graphene oxide (GO) nanosheets were largely excreted *via* the kidneys; however, a small but significant portion of the material was sequestered in the spleen. Herein, we interrogate the potential consequences of this accumulation and the fate of the spleen-residing GO over a period of nine months. We show that our thoroughly characterized GO materials are not associated with any detectable pathological consequences in the spleen. Using confocal Raman mapping of tissue sections, we determine the sub-organ biodistribution of GO at various time points after administration. The cells largely responsible for taking up the material are confirmed using immunohistochemistry coupled with Raman spectroscopy, and transmission electron microscopy (TEM). This combination of techniques identified cells of the splenic marginal zone as the main site of GO bioaccumulation. In addition, through analyses using both bright-field TEM coupled with electron diffraction and Raman spectroscopy, we reveal direct evidence of *in vivo* intracellular biodegradation of GO sheets with ultrastructural precision. This work offers critical information about biological processing and degradation of thin GO sheets by normal mammalian tissue, indicating that further development and exploitation of GO in biomedicine would be possible.

KEYWORDS: 2D materials, degradation, macrophage, toxicology, nanomedicine



Graphene-based materials (GBMs) have potential for exciting applications including those related to medical technologies, such as improved drug delivery.^{1–4} A key concern, however, is the implications of interactions of these engineered nanomaterials with the mammalian biological milieu.⁵ Understanding the fate of GBMs after administration to the body and the materials' tendencies to accumulate within organs and cells, especially those of the mononuclear phagocytic system (MPS), such as the lungs, liver and spleen, and the effects thereof,^{6,7} are key in defining whether GBMs will be suitable for biomedical applications.

Preferential accumulation of nanomaterials in one component of the MPS over another is typically influenced by the route of administration and the physicochemical characteristics of the materials administered.⁸ We and others have reported the accumulation of functionalized GBMs in the spleen following intravenous (i.v.)^{6,9} and intraperitoneal administration.⁷ Splenic

accumulation after i.v. administration is not restrictive only to GBMs;⁶ it has been reported for various other nanomaterials.^{10,11} In terms of physicochemical characteristics, we showed that thicker GBMs such as multilayer graphene oxide (GO) sheets are more likely to be trapped within the capillary beds of the lungs compared with single-to-few-layer GO sheets, after systemic administration.¹² Single-to-few-layer GO sheets, on the other hand, have a greater capacity to be excreted *via* the urinary tract and for the small fraction of this material that remained in

Received: April 24, 2020

Accepted: July 13, 2020

Published: July 13, 2020



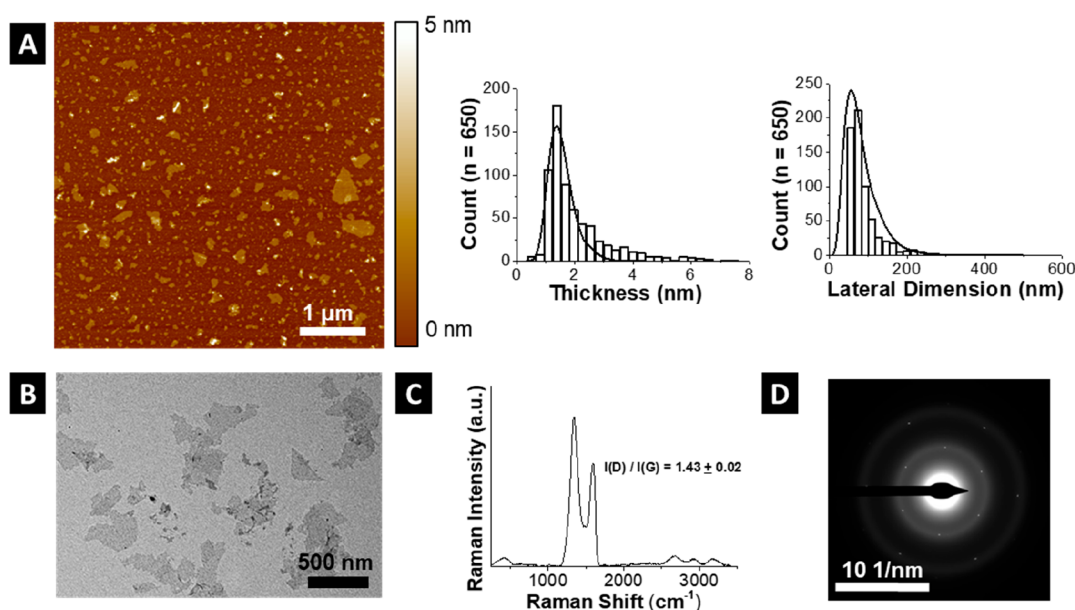


Figure 1. Physicochemical characterization of GO, prior to injection. (a) AFM image, with corresponding graphs showing the distribution of sheet thickness and lateral dimensions. (b) TEM. (c) Raman spectroscopy with $I(D)/I(G)$ ratio. (d) Electron diffraction pattern with the corresponding SAED aperture micrograph given in Figure S1. Further physicochemical characterization is shown in Figure S2.

the body, this was shown to accumulate predominantly within the spleen.^{9,12}

The spleen is a highly specialized organ; it forms a major part of the MPS and has major functions in the innate and adaptive branches of the immune system.¹³ It is adapted to filtering blood *via* the strategic placement of an array of phagocytic cells, such as specialized macrophages. These phagocytic cells act to “clean” the blood of foreign-body invaders and particulates. The filtered blood is then returned to the main circulation *via* the efferent splenic vein.¹³ The spleen also contains large numbers of lymphoid cells and antigen-presenting cells, such as dendritic cells. If foreign-body invaders or particulates, such as GBMs, are recognized by these cells as antigens, they may induce antigen-specific immune responses.^{14,15} Besides immune-related functions, the spleen also plays an important role in the maintenance of a healthy red blood cell (RBC) population and the storage of iron.¹³

Accumulation of GBMs within the spleen following administration has been reported to be without toxicological consequences.⁷ At the same time, however, various reports have detailed extensive immune responses characterized by upregulation of inflammatory markers as well as histopathological changes⁶ following the administration of GBMs. Such discrepancies are often linked to the inhomogeneity in physicochemical properties, such as thickness, lateral dimensions, and levels of surface functionalization, of the administered GBMs between investigations.^{8,16} Thick, large, or poorly functionalized sheets are more likely to have detrimental consequences compared with thin, small, well-functionalized, and highly dispersed materials. Variations in GBM characteristics can, therefore, determine the impact of the materials on biological systems⁸ and consequently affect its applicability in biomedical research particularly with regard to systemic drug delivery.

GO sheets are a promising class of GBMs that have been investigated extensively in biomedicine; like other GBMs, they are often complex and poorly characterized, leading to discrepancies in the literature in terms of toxicology. One

aspect that is particularly sensitive to variations in physicochemical characteristics is the *in vivo* long-term fate and, in particular, the biodegradability of the materials.^{5,17,18}

The degradability of GO, as well as related carbon nanomaterials, has been reported in the literature under different conditions mimicking biological processes. Various studies describe degradative processes mediated by oxidizing chemicals,^{19–22} as well as free radicals (reactive oxygen species or reactive nitrogen species) generating enzymes, including some that are relevant to mammals.^{17,18,23–26} Such studies have suggested that the colloidal characteristics of GO dispersions, and the material characteristics that control these, are important determinants of the biodegradability of the materials.¹⁷ Low levels of surface functionalization and increased thickness are, for instance, likely to promote poor dispersibility and aggregation/agglomeration of the materials, thereby hindering their enzyme-mediated biodegradation; the contrary would promote it.^{17,18} However, these studies provide limited information as to the potential of GBMs to degrade *in vivo*.

In this respect, the most advanced study so far describes the biodegradability of carboxylated graphene (GO-like materials) over a period of three months in mice, using confocal Raman spectroscopy.⁶ The authors reported the continuing but incomplete biodegradation of thick graphene-based aggregates in different organs of the MPS with ensuing development of associated pathological features.⁶ Noticeably, the spleen was shown to degrade the accumulated material at a faster rate compared with other components of the MPS.⁶

In order to develop GO as a potential vehicle for therapeutics or diagnostics, more work is required to determine the exact degree of biodegradability of these materials *in vivo*. In previous reports, we demonstrated that after *i.v.* administration, single-to-few-layer GO sheets are largely excreted *via* the kidneys and urinary tract.^{9,27} We quantified the amount of material excreted as well as that retained in the body and examined the interaction of GO with the kidneys and its toxicological consequences.²⁷ Importantly, we showed that a small, yet significant, proportion of this thin material was sequestered within the spleen. Herein,

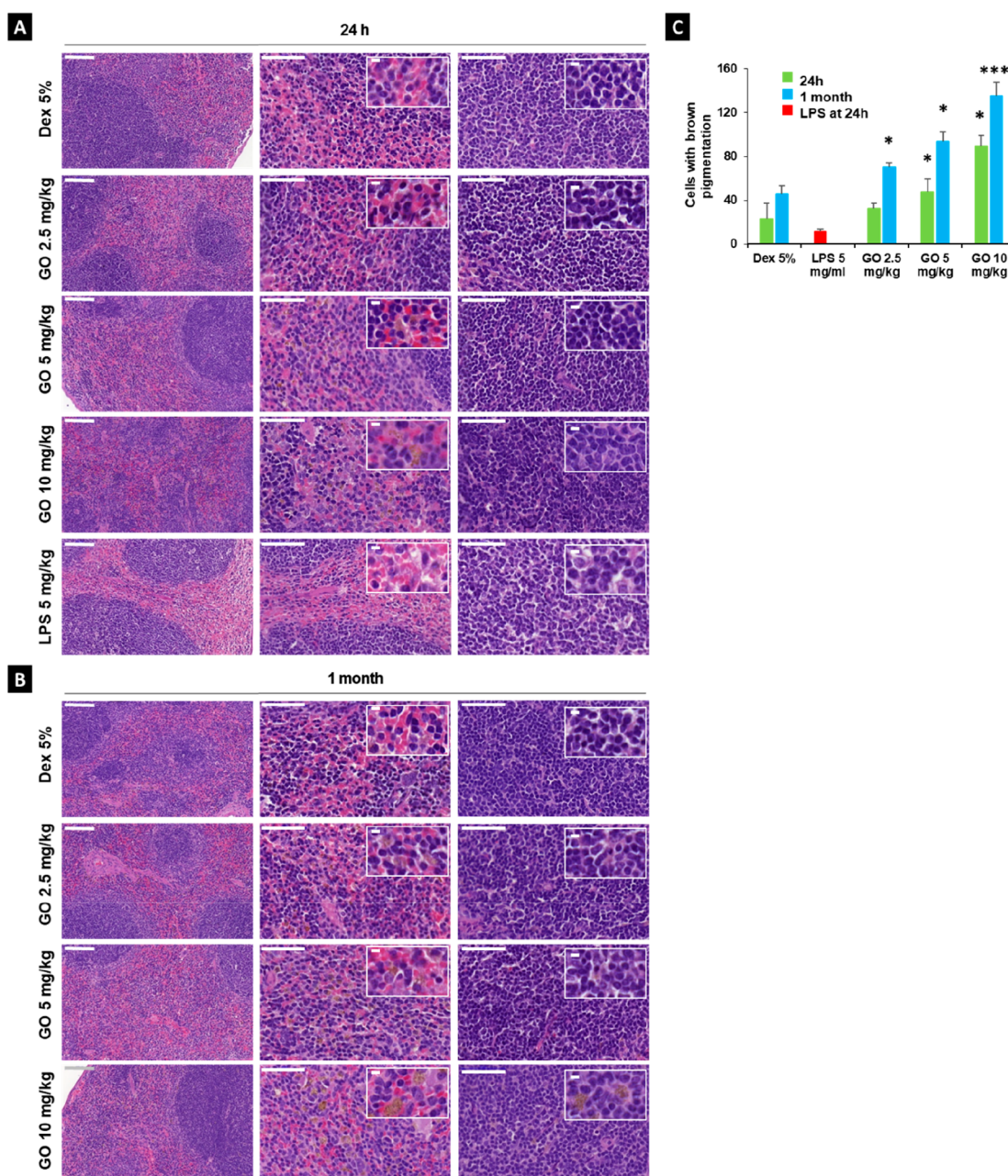


Figure 2. Effect of GO on spleen structure. H & E-stained spleen sections (5 μm thick) are shown after injection of GO (2.5, 5, and 10 mg/kg), Dex 5% (negative control), and LPS 5 mg/kg (positive control) after (a) 24 h and (b) one month postinjection. The first column is composed of 20 \times magnification images. Scale bars represent 100 μm . The middle and last columns show 60 \times magnifications of red and white pulps, respectively. The scale bars represent 50 μm . The inset images show 300 \times magnified regions with scale bars that represent 5 μm . (c) Quantification of the total cells with brown pigmentation detected in spleen sections. Data are represented as mean \pm standard error (SE). Statistical significance was assessed *via* the Kruskal–Wallis multiple comparison test and Dunns’ *posthoc* test (* p < 0.05, *** p < 0.005 vs age-matched negative control). There were n = 3–4 mice per group.

we build on these previous findings and report a much-needed long-term study investigating both the impact and *in vivo* biodegradability of the portion of the small and thin GO sheets sequestered within the spleen over nine months following i.v. administration in mice.

RESULTS AND DISCUSSION

Two criteria are preferable in the development of engineered nanomaterials for biomedical applications: a safe *in vivo* profile in the context of the designated application and the capacity for effective, or controlled, biodegradation or body elimination.⁵

Among GBMs, GO sheets are the most studied oxidized derivatives of sp^2 -hybridized carbon nanomaterials for biomedical applications. This is due to their relatively hydrophilic nature and amenability to surface functionalization.²⁸ These features give GO sheets a strong capacity particularly regarding the design of two-dimensional nanoscale carriers for drugs and other pharmaceutical agents.^{2,29,30} However, information concerning the *in vivo* safety profile and fate over time of GO sheets is limited.⁵ Considering our previous study, which demonstrated that the spleen is the primary organ of accumulation of the GO dose fraction not excreted *via* the

kidney after i.v. administration in mice,⁹ the primary objective of the present study was to understand the impact of this accumulation on the spleen structure and function and to reveal the *in vivo* fate (*i.e.*, biodegradability) of the GO sequestered within the spleen.

BIOLOGICAL-GRADE GO SHEETS HAVE IDEAL FEATURES FOR BIOMEDICAL STUDIES

Various reports have detailed the importance of properly defining and characterizing GBMs in biomedical research.^{5,16,31} Characteristics such as lateral dimensions, thickness, and surface functionalization are key determinants of the impact of GBMs on biological systems.⁸ Following the production of an aqueous GO suspension, an extensive physicochemical characterization of the GO sheets was performed. First, atomic force microscopy (AFM) and transmission electron microscopy (TEM) were used to confirm the synthesis of single-to-few-layer GO sheets with lateral dimensions below 2 μm with a log-normal distribution (Figure 1A and B). Previous studies recommend that when injecting colloidal particles intravenously, the material dimensions should not exceed the diameter of a capillary (5–7 μm).³² This is because the materials must be able to journey through these narrow blood vessels following administration without getting trapped, for example, in the lung capillary bed.^{8,32,33}

Spectroscopic analysis was then performed and consistent with that expected of GO: an sp^2 -hybridized carbon hexagonal lattice interspersed with oxygen functionalities. Raman spectroscopy showed enhanced scattering in the D band relative to the G band (Figure 1C), which indicated the presence of defects within the graphitic backbone of GO. This finding was corroborated by the hexagonal electron-diffraction pattern, which showed diffusivity within the diffraction rings, suggestive of the presence of crystalline and noncrystalline regions within the GO sheets (Figure 1D). The corresponding electron micrograph is provided in Figure S1. Attenuated total reflectance Fourier-transform infrared spectroscopy (ATR FT-IR) indicated that these defective regions were occupied by various oxygen-containing functional groups (Figure S2A). For instance, stretching vibrations of the O–H bond were observed as a broad band between 3000 and 3700 cm^{-1} ;³⁴ these likely originated from hydroxyl and carboxyl groups and residual tightly bound water molecules. Aliphatic C–H stretching vibrations were observed as a minor band around 2815 cm^{-1} ,³⁵ while stretching vibrations originating potentially from C=O groups, present in carbonyl and carboxyl groups, were demonstrated by a sharp peak at approximately 1725 cm^{-1} .^{28,34} Evidence of in-plane vibrations in cyclic aromatic networks were also observed as very weak bands between 1500 and 1600 cm^{-1} ,^{28,36} although, O–H bending modes in adsorbed water molecules, expected around 1625 cm^{-1} , may have also contributed.^{28,37} Bending vibrations of O–H present in hydroxyls were detectable as a strong band around 1400 cm^{-1} .^{28,37} Evidence of ether groups could also be detected; they have previously been reported to result in intense absorption bands around 1045 and 965 cm^{-1} , which correspond to C–O stretching vibrations;^{28,34} epoxides may finally have contributed to vibrations around 850 cm^{-1} .²⁸ These inferences were supported by thermogravimetric analysis (TGA) (Figure S2B) and X-ray photoelectron spectroscopy (XPS) (Figure S2C-i and C-ii) data. TGA data also indicated that these defected regions, occupied by oxygen-containing functionalities, constituted about 40% w/w of total GO. Ultraviolet–visible (UV–vis)

(Figure S2D) and fluorescence (Figure S2E) spectroscopies further revealed characteristic absorption and fluorescence curves expected for GO.

Polar oxygen-containing functionalities, as detected on our GO material, are known to minimize the thermodynamic consequences of hosting hydrophobic carbon-based materials in the hydrogen-bonding network of aqueous environments.³⁸ In our case, this allowed the formulation of a well-dispersed GO aqueous preparation. Overall, the characterization results demonstrate the successful preparation of colloidal dispersions of GO nanosheets suitable for i.v. administration.^{8,33} Based on the literature and our previous work, small, well-dispersed, and thin GO sheets are less likely to cause adverse reactions due to physical entrapment in capillaries and other small blood vessels.¹² Small, well-dispersed sheets are also more likely to be excreted *via* the kidneys and urinary tract,¹² and regarding the small portion of material that remains within the body, these have a greater chance of interacting with cells without causing damage.³⁹

GO SHEETS HAVE LIMITED EFFECT ON SPLEEN HISTOPATHOLOGY

Following characterization and confirmation that the GO sheets were of small lateral dimensions, single-to-few layers, and extensively surface oxidized, dispersed material was administered to mice *via* i.v. injection. Based on the material physicochemical features, the GO sheets were expected to accumulate over time in the spleen, as previously reported by us⁹ and others^{7,40} independently. However, we could not find any study that examined the consequences of GO accumulation on the splenic structure or function at the administered doses used here (2.5, 5, or 10 mg/kg).^{9,27}

This prompted us to explore the possible effects of the accumulated material, first on spleen histology. Using H & E staining, we observed no histopathological changes or tissue damages at either 24 h (Figure 2A) or one month (Figure 2B) after GO administration at doses of 2.5, 5, or 10 mg/kg. Magnified regions of both red and white pulps were histologically normal in GO-injected mice and showed no apparent difference compared with those of mice injected with the vehicle control, namely, dextrose 5% (Dex 5%, negative control). In contrast, mice injected with bacterial lipopolysaccharide 5 mg/kg (LPS, positive control; used widely to study acute toxicological responses)⁴¹ exhibited a reduction in the extent of hematoxylin staining, especially in the red pulp, which is indicative of cell death. These findings were consistent with other reports,⁷ although some have demonstrated GO-induced structural changes associated with significant pathological implications.⁴² Differences in observations between studies are thought to be due to differences in the physicochemical characteristics of the GBMs used, particularly thickness, lateral dimensions, and dispersibility.⁸

In addition to a normal histological appearance of the spleen, we observed that with increasing doses of GO (2.5, 5, or 10 mg/kg), there was an increase in the number of individual cells showing brown pigmentation in comparison to the controls (insets in Figure 2A (24 h) and 2B (1 month)). All cells that visually appeared brown were counted (Figure 2C), with no specific exclusion criteria applied to reduce bias. At 24 h after GO administration, increase in pigmentation was particularly apparent in the red pulp and marginal zone regions of the spleen. This increase in pigmentation in GO-treated animals compared with controls was more pronounced at one month, compared

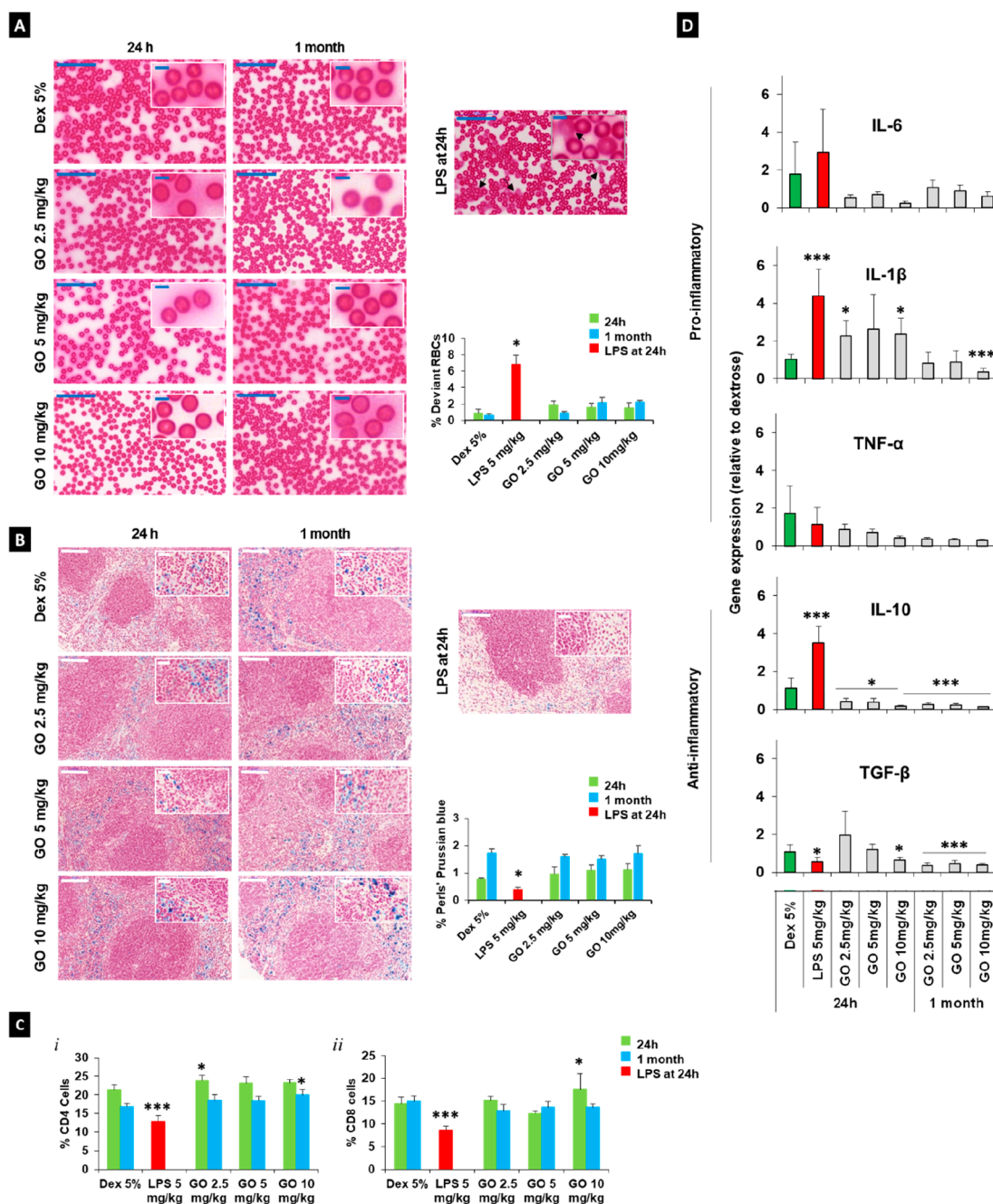


Figure 3. Effect of GO on spleen function, after 24 h and one month postinjection of GO at different concentrations (2.5, 5, 10 mg/mL) compared with control mice, Dex 5% (negative control), and LPS 5 mg/kg-injected (positive control) mice. (a) Blood smears stained with H & E at two magnifications, 60 \times (scale bar 50 μ m) and inset images 300 \times (scale bar 5 μ m). The graph represents the percentage of deviant RBCs (reticulocytes, abnormal and aged RBCs) from the total RBC counts; the black arrows indicate some of the deviant RBCs detected in LPS-injected mice. The graph was obtained after counting >500 cells from each mouse ($n = 3$ per group). (b) Pearls' Prussian blue-stained spleen tissue sections (5 μ m thick) at two magnifications, 20 \times (scale bar, 100 μ m) and inset images 100 \times (scale bar, 20 μ m). Blue spots demonstrate regions of Persian blue-stained hemosiderin. The graph represents the percentage of total imaged tissue that stained blue, indicating the presence of hemosiderin. This was obtained by measuring the intensity of the blue-stained regions from 3 or 4 images from each mouse captured at 20 \times ($n = 3$, 4 mice per group) by Fuji Image J analysis. (c) Spleen T-lymphocyte cell counts, CD4⁺ T-helper cell counts plot (left), and cytotoxic CD8⁺ cell count plot (right). Cell counting was performed by flow cytometry. Three repeat counts were performed for each group of mice ($n = 3$). (d) Gene expression levels of pro-inflammatory cytokines IL-6, IL-1 β , and TNF- α and gene expression levels of anti-inflammatory cytokines IL-10 and TGF- β . (a) and (b) represent the spleen hematological function, while (c) and (d) represent the spleen immunological functions. In (a), (b), and (c) data are represented as mean \pm standard error (SE), while for the RT-q-PCR in (d), data are represented as mean \pm standard deviation (SD). Statistical significance was performed by using the Kruskal–Wallis multiple comparison test and Dunn's *posthoc* test, while the Welch ANOVA and Games–Howell's *posthoc* test was used in D. In all cases statistics are * $p < 0.05$, ** $p < 0.01$, *** $p < 0.005$ vs negative control.

with 24 h. At one month, the presence of brown-pigmented cells was also evident in the white pulp at the maximum dose (10 mg/kg). In our previous study, a similar appearance of dark brown/black pigmented cells was noted in the red pulp of spleens of mice injected with functionalized GO sheets (fGO).⁹ Other studies have also reported dark local regions in the H & E stained tissue sections of organs (including lungs and liver) following administration of GO or fGO.^{43–45} The dark local regions in these studies were attributed to accumulation of foreign carbon nanostructures.⁴⁶ However, at this level of information, dark or brown regions could be indicative of substances other than GO, such as iron, which is known to be stored in the spleen as hemosiderin, preferentially in the red pulp.^{47,48} In addition to the microarchitecture, the general appearance of the whole spleen was examined (Figure S3). During the early stages, *i.e.*, 24 h after injection, there was a notable darkening of the spleens particularly following the injection of the highest GO doses. Wen *et al.* demonstrated a similar dark black coloration of the whole spleen in mice injected with fGO. This darkening also increased when the administered dose (up to 16 mg/kg) increased.⁴⁹

To further assess the possible impact of GO *i.v.* injection at the tissue level, terminal deoxynucleotidyl transferase (TdT) dUTP nick-end labeling (TUNEL) staining was performed on spleen sections (Figures S4 and S5). While the LPS-positive control was clearly inducing a higher number of TUNEL-positive cells compared with the negative control, GO was consistently inducing a higher number of TUNEL-positive apoptotic cells (about twice the amount found in negative control) for both time points tested, only at the highest tested dose (*i.e.*, 10 mg/kg). Although the total number of TUNEL-positive apoptotic cells in GO groups was still within the norms expected for the spleen,^{50,51} but significantly lower than in the LPS control, these findings were suggestive that 10 mg/kg could likely be the lowest-observed-adverse-effect level (LOAEL) for the tested material in this animal model.

GO SHEETS HAVE LIMITED EFFECTS ON SPLENIC FUNCTION

In order to further study the effect of GO on the spleen and clarify the possible risk associated with the 10 mg/kg dose, the two main splenic functions, namely, hematological and immunological, were interrogated. The hematological function concerns primarily the ability of the red pulp macrophages to eliminate aberrant and old RBCs.^{52–56} Figure 3A presents optical microscopy images of H & E-stained blood smears of mice injected with GO at doses of 2.5, 5, or 10 mg/kg, at 24 h and one month compared with those of mice injected with Dex 5% (negative control) or 5 mg/kg LPS (positive control). Black arrows indicate deviant RBCs in a representative LPS-injected mouse blood smear. Quantification of the deviant RBCs is provided as bar chart in the same figure. Aberrant RBCs normally do not account for more than 3% of total RBCs.⁵⁷ The graph, therefore, presents evidence of normal levels of aberrant RBCs (about 3%)⁵⁷ for all groups injected with GO, regardless of the concentrations, at both 24 h and one month after administration. The LPS-injected group (positive control), however, exhibited elevated levels of abnormal RBCs (7%) relative to the negative control (Dex 5%) and significantly above the physiological level (3%).⁵⁷ This was expected, as LPS administration has been shown to result in increased RBC deformation.⁴¹

The other aspect of hematological function⁵⁸ of the spleen is its capacity to serve as a reservoir for biologically important metals, such as iron in the form of hemosiderin in red pulp macrophages.^{59–61} Figure 3B presents Perls' Prussian blue staining that was used to detect the hemosiderin content (stained in blue; quantification presented in bar chart) in mouse spleen sections at 24 h and one month after injection with different concentrations of GO (2.5, 5, or 10 mg/kg). As expected, the levels of hemosiderin increased with the age of the mice (as seen in Dex 5%-treated animals between the 24 h and 30 day time points). As also expected, there was a significant reduction in the amount of hemosiderin in LPS-treated mice; this can be attributed to the marked cell death known to be induced by LPS.⁶² At 24 h and one month, neither a decrease nor increase in hemosiderin was observed in GO-treated mice, regardless of dose, when compared with age-matched Dex 5%-treated mice.

Taken together, these results indicated that the spleen was able to maintain both a healthy RBC population (Figure 3A) and its iron-storage capability (Figure 3B) after GO administration irrespective of the dose used. Other studies have reported a similar absence of changes in the overall spleen hematological parameters of mice injected with a single dose of GBMs of up to 10 mg/kg after 48 h⁴³ and 10 days,⁶³ or even with doses as high as 60 mg/kg after 24 h.⁶⁴ The same finding is true after repeated administration of 10 mg/kg every 2 days for up to 22 days,⁶⁵ 15 mg/kg every other day for 14 days,⁶⁶ or even after repeated oral administration of high doses of GO (60 mg/kg) every 24 h for five consecutive days.⁶⁷

In addition to providing information about the hematological function of the spleen, the Perls' Prussian blue staining provided additional information concerning the identity of the brown-pigmented features, previously observed in the splenic marginal zones of GO-treated mice (Figure 2). Most of the brown material in the red pulp was stained blue and, therefore, was confirmed to be hemosiderin. In contrast, in cells of the splenic marginal zone, or their close vicinity, brown material (unstained by the Perls' Prussian blue dye) continued to be observed in spleen sections of GO-treated mice, compared with control groups. This further confirmed that the brown-pigmented material present in the marginal zones of GO-treated mice was not hemosiderin but more likely GO.

We then investigated the immunological function of the spleen (Figure 3C and D). Emphasis was put on cell-mediated immunity, which was measured by determining the populations of T lymphocytes, specifically CD4⁺ and CD8⁺ cells as the major immune component of the splenic white pulp.^{68,69} Cell-mediated immunity has a crucial role in the recognition and elimination of antigenic substances such as abnormal cells and foreign matter.¹⁵ Cell counts for both T helper CD4⁺ and T cytotoxic CD8⁺ cells are presented in Figure 3C (representative flow cytometry plots outlining CD4⁺ and CD8⁺ populations are provided in Figure S6). The graph shows that there were moderate changes in CD4⁺ and CD8⁺ cell populations in mice injected with GO (2.5, 5, and 10 mg/kg) at both 24 h and one month after administration when compared with the age-matched negative controls (Dex 5%). In contrast, LPS-injected mice showed a significant reduction in both cell populations (Figure 3C). These data were in agreement with the findings of Wang *et al.*, who showed no changes in CD4⁺ and CD8⁺ T-cell populations in spleens of mice injected with two different types of graphene nanosheets at 1 mg/kg after *i.v.* injection.⁴⁵ Interestingly, the same study demonstrated that there was a

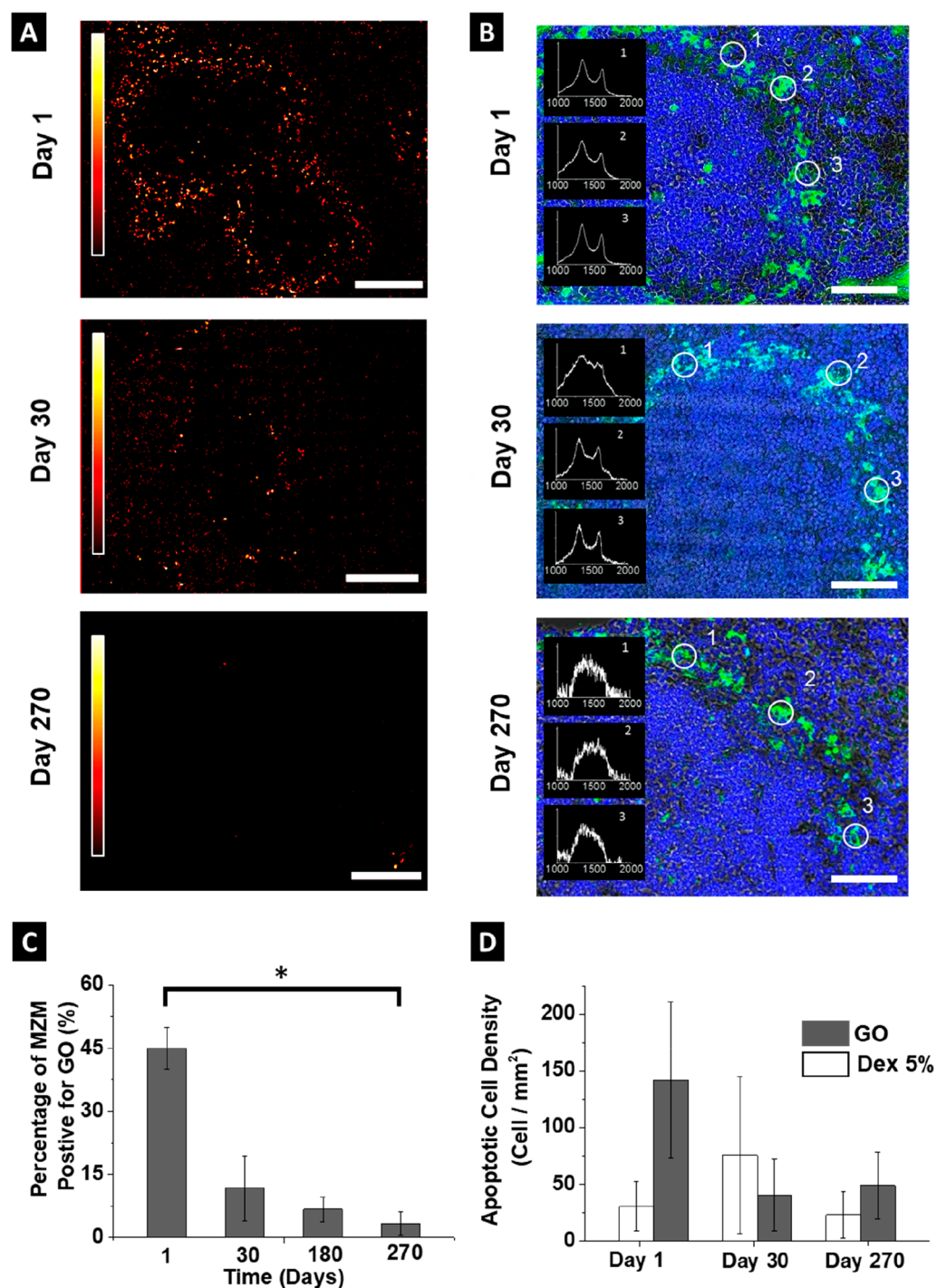


Figure 4. Localization and abundance of GO in spleen tissue at different time points following the administration of 7.5 mg/kg GO. (a) Confocal Raman correlation maps of GO Raman signatures detected in mice spleen sections at different time points (day 1, 30, and 270) post-GO administration. The horizontal length scale bar represents 200 μm . The vertical heat scale bar (black–white) indicates 40–80% correlation with spectra of starting material shown in Figure 1c. (b) Overlay image of the immunostaining of MZM (green) and nuclei (blue) with bright field images, together with correlative Raman spectra of regions of interest, at different time points (day 1, 30, and 270). The white circles and their corresponding numerical identities indicate different regions of interest where the Raman spectra were acquired. The corresponding numbered spectra are inset in the respective images. Scale bars represent 50 μm . (c) The percentage of cell-sorted MZMs that screened Raman positive for GO over time ($n = 20$ spectra for each of three animals at each time point). (d) Apoptotic cell density detected as per the TUNEL assay, for GO and Dex 5% treated groups at different time points (day 1, 30, and 270). Statistical significances were tested using the Kruskal–Wallis multiple comparison test with Dunn’s *posthoc* test. A full breakdown of the results of the statistical analysis for graphs C and D is provided in Tables S1 and S2, respectively. In all cases, statistical significance was defined where $p < 0.05$.

significant rise in both CD4⁺ and CD8⁺ T cells after administration of multiwalled carbon nanotubes (CNTs) at the same dose and that this rise persisted for more than 7 days.⁴⁵

Such results illustrate how different types of carbon nanomaterials (GBMs or CNTs) may interact with biological systems in

different ways and, thereby, result in different biological outcomes.⁵

To expand our study on the immunological function of the spleen, we analyzed the gene expression profiles of various cytokines, including pro-inflammatory (IL-6, IL-1 β , and TNF- α) and anti-inflammatory (IL-10 and TGF- β) mediators. Rise in cytokine expression is typical evidence of CD4⁺ T-cell activation and is known to mediate CD8⁺ cells' and B-cells' functions.¹⁴ Herein, no significant differences in the levels of the pro-inflammatory cytokines IL-6 and TNF- α were detected at any time point in mice injected with GO (2.5, 5, or 10 mg/kg) compared with mice injected with Dex 5% (Figure 3D). This was in agreement with the findings of Wang *et al.*, who also did not detect any change in cytokine levels following the i.v. injection of graphene nanosheets, even 1 week after administration.⁴⁵ There was, however, a significant increase at 24 h in IL-1 β expression for all GO-injected mice (Figure 3D); this increase was also noted by Orecchioni *et al.* at 24 h after the incubation of GO with human immune cells.⁷⁰ After one month, IL-1 β levels returned to normal in mice treated with the lowest concentrations of GO (2.5 and 5 mg/kg), indicating that this effect was transient and due to a mild inflammatory response occurring soon after injection. However, at 10 mg/kg and in contrast to the 2.5 and 5 mg/kg doses, IL-1 β levels were significantly reduced at the one-month time point. Noticeably, there was also a significant reduction in anti-inflammatory cytokine expression at 24 h, in particular IL-10 in mice injected with 2.5, 5, and 10 mg/kg of GO, and TGF- β in mice injected with 10 mg/kg of GO. Levels of both IL-10 and TGF- β were also significantly reduced at the one-month time point for all tested GO doses.

Such cytokine suppressive effects of GO have been previously reported by Sydlic *et al.* following the administration of GO at 20 mg/kg.⁷¹ The authors attributed such effects to a protective mechanism associated with the adverse effects of GO.⁷¹ Suppression of cytokine expression could also be due to direct inhibitory effects of GO on secreting cells (e.g., primarily macrophages in the case of TGF- β ⁷² or monocytes and macrophages in case of both IL-10⁷³ and IL-1 β ⁷⁴) by a mechanism that does not involve secondary regulatory effects⁷⁵ or decreased responsiveness of such cells.⁷⁶ T cells are the main source of IL-6,⁷⁷ while TNF- α is primarily secreted by macrophages but can also be produced by other cells, such as CD4⁺ T cells. T-cell populations were, however, unaltered in the present study (Figure 3C); reduction in cytokine expression after GO treatment may, therefore, indicate the involvement of the innate immune system in regulating the effects of GO.⁷⁰ More in-depth work is warranted to assess this possibility.

GO SHEETS ACCUMULATE PREFERENTIALLY IN MARGINAL ZONE MACROPHAGES AFTER I.V. ADMINISTRATION, BUT PROGRESSIVELY DISAPPEAR FROM THE SPLEEN OVER NINE MONTHS

Following the determination of the impact of GO on mouse spleen, we analyzed the sub-splenic biodistribution of the material to reveal its long-term fate within this organ. For this experiment, we used 7.5 mg/kg of GO, rather than the maximum 10 mg/kg dose used in the above experiments. This selection was based on observations that 10 mg/kg could induce moderate but potentially significant modifications of the immunological function of the spleen (Figure 3D); increase cell apoptosis, despite being within a physiological range for

mouse spleen^{50,51} (Figure S5); and our previous observations²⁷ of uncharacteristic mouse growth curves at this dose after one month. All observations suggested that 10 mg/kg might be the LOAEL dose in mice for this material over the long term. Therefore, we selected a lower dose (i.e., 7.5 mg/kg) to reduce the long-term risk to the animals' health. This was important, as we intended to study biodegradation over nine months, while not compromising our ability to detect and track the fate of GO during this long period. In agreement with this approach, no impact on the growth curve of the GO-injected mice was observed compared with the vehicle (Dex 5%) control-injected mice (Figure S7) over the nine-month period.

Using confocal Raman mapping to track the injected GO sheets in spleen sections, it was confirmed without ambiguity that the observed brown material in the splenic marginal zone had typical Raman spectroscopic fingerprints of GO (Figure 4A, day 1). Previous literature studies have reported similar accumulation in this region for other engineered nanoparticles, including lipid-based nanoparticles^{10,78} and CNT.^{40,79} In the spleen, the marginal zone is densely populated with various strategically located phagocytic cells.¹⁰ The next step was, therefore, to determine the precise identity of the specific cells within the splenic marginal zone that sequestered GO. Using immunofluorescence in correlation with conventional (point-and-shoot) Raman spectroscopy in spleen sections, we found that GO was sequestered primarily within a subset of splenic macrophages. These were shown to be the marginal zone macrophages (MZM), which stained positive for the ERTR-9 antigen,¹⁰ and were shown to contain GO by Raman analysis (Figure 4B). Preferential uptake of GO by MZMs was further confirmed using fluorescence-activated cell sorting (FACS) followed by conventional Raman spectroscopy on isolated splenocyte subpopulations (Figure 4C and Figure S8).

Within the spleen, MZMs make up a small fraction of the total splenocytes and are situated throughout the middle and outer portion of the marginal zone.⁸⁰ In these regions of the spleen, blood, previously flowing under high pressure due to the restrictive diameter of the terminal arterioles, emerges from the white pulp and into the sinuses of the marginal zone.¹³ Due to the open nature of this region, there is a lack of resistance, which causes the blood to experience a dramatic deceleration in flow velocity, resulting in a local decrease in blood pressure.^{10,13} Highly phagocytic MZMs take this opportunity to remove unwanted particulates, including cellular debris and exogenous particulates from the blood.^{10,13} We infer that GO sheets circulating in the blood may have in the same way been taken up by the MZMs, which have been repeatedly shown to internalize engineered nanoparticles, including liposomes,^{10,11} polystyrene microspheres,¹⁰ or CNTs,⁴⁰ after i.v. administration.

We then attempted to probe the fate of the GO accumulated in the marginal zone over time (from day 1 to day 270 after administration, Figure 4A and B). Comparing spleen sections from GO-injected mice analyzed at the different time points, we observed a clear decrease in the abundance of detectable GO and a corresponding loss in the GO Raman spectral integrity from day 1 to day 270. Results from confocal Raman mapping of spleen sections (Figure 4A) agreed with that of conventional (point and shoot) Raman spectroscopy on individual splenocytes (Figure 4B). In both cases, while the Raman signature of GO was easy to identify at 24 h, the same signature could hardly be detected at the later time points. The greatest loss in GO-positive cells was observed during the first month after administration (between day 1 and day 30), but it

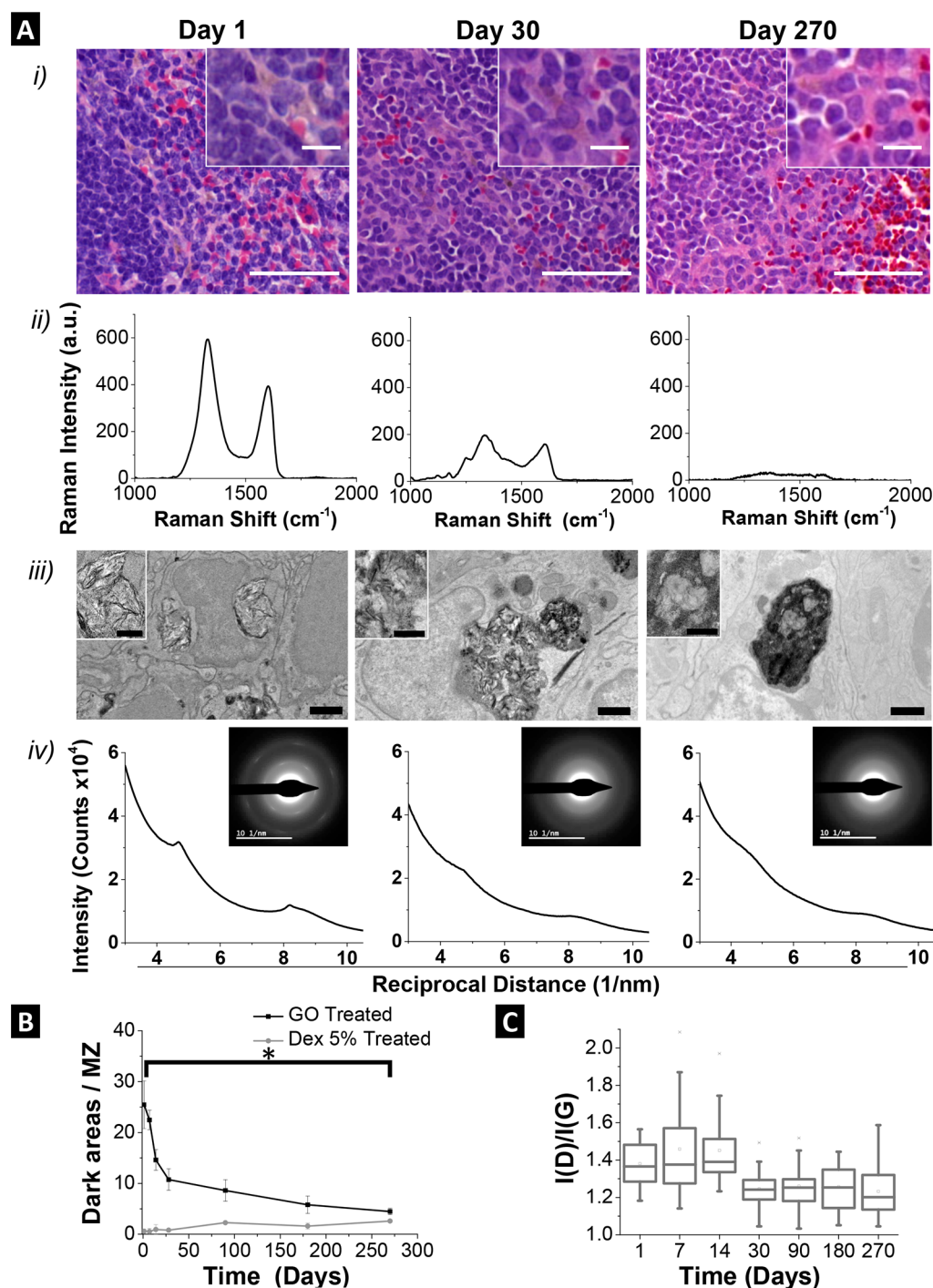


Figure 5. Splenic biodegradation of GO over nine months following i.v. administration at a dose of 7.5 mg/kg. (a) (i) Splenic sections of mice that were stained with H & E; scale bars represent 50 μm . Inset images show the presence of GO material in the vicinity of cells of the marginal zone; scale bars represent 10 μm . (ii) Average Raman spectra of GO present in physically homogenized spleen tissue at different time points, $n = 10 \text{ ROI} \times 3 \text{ mice}$. (iii) TEM micrographs of GO sequestered within the vesicular compartments of marginal zone splenocytes over time; scale bars represent 1 μm . The inset shows a magnification of the GO material at the respective time points; scale bars represent 500 nm. (iv) Representative electron diffraction pattern line profiles of GO at different time points postadministration, with the respective diffractograms inset; scale bars represent 10 $1/\text{nm}$. (b) Average number of dark areas present in the splenic marginal zone at each time point ($n = 5 \text{ ROI} \times 3 \text{ mice}$) ($*p < 0.05$). (c) Evolution of the Raman $I(D)/I(G)$ ratio over nine months ($n = 10 \text{ ROI} \times 3 \text{ mice}$). Statistical significances for graphs B and C are given in Tables S3 and S4, respectively.

continued to decrease over the remaining course of the experiment (Figure 4C).

Observation of loss of GO Raman signature may on one hand be due to biodegradation of the material, leaving only a trace amount of GO crystalline regions that were below the limit of

detection of Raman spectroscopy.⁸¹ On the other hand, it could be explained by the elimination of the material. Indeed, it has been previously shown that nanomaterials traveling through blood can be noncovalently attached to RBCs.⁸² If this was the case for GO, the sheets would be held in the RBC reservoir of the

spleen and would exit the organ carried by healthy RBCs without being captured by phagocytic cells. However, this hypothesis would not fit with the biodistribution pattern observed herein, since the majority of RBCs within the spleen are present in the red pulp¹³ and not in the marginal zone where GO appeared to accumulate (Figure 3D). Our previous studies^{9,27} have also shown that a large portion of administrated GO sheets are excreted *via* the urinary tract (without causing damage to the kidneys) soon after *i.v.* administration; this would not be possible if large amounts of GO were bound to RBCs. This suggests that GO sheets are more likely relatively free and not carried by RBCs when circulating in the blood, leading to their capture by MZMs when reaching the spleen.

Another possibility that would explain an over-time elimination would be GO sheets inducing significant tissue damage upon accumulation, which in turn would cause release of splenic content, including iron (hemosiderin)⁸³ and the captured GO. However, our results showed no detectable damage to the spleen (or decrease of hemosiderin) for up to one month (Figures 2 and 3), when the greatest loss of GO signal was observed. Similarly, no significant differences in the number of apoptotic cells were found in the spleen of GO-injected mice even after nine months (Figure 4D), although there was an initial slight but statistically insignificant increase at day 1. However, the extent of cell death was within the norm expected for spleen tissue.^{50,51} In addition, on examining the TUNEL-staining images, it is apparent that apoptosis was not predominant in the marginal zone (Figure S9), where the densest accumulation of GO was observed, at any time point.

Without completely negating the possibility of concomitant elimination of the material *via* mechanisms that would require further investigation, the absence of compelling evidence to support elimination of the material leads us to conclude that biodegradative processes were the more likely leading cause for the loss of GO Raman signature in spleen sections. This conclusion is supported by several studies showing that thin and well-dispersed GO sheets, similar to those used in the present study, are more likely to undergo biodegradation compared with thicker and aggregated GO sheets in the presence of oxidative enzymes.^{17,18} In particular, myeloperoxidase, an enzyme typically produced by granulocytes and macrophages, including MZMs, was shown to be unable to degrade highly aggregated GO, but efficiently catalyzed degradation of well-dispersed GO materials,¹⁷ such as those used herein. Such studies emphasize the key role of the hydrophilicity, negative surface charge, and colloidal stability of aqueously dispersed GO in relation to biodegradation. In addition to this, the spleen has been previously shown to have a stronger capacity to biodegrade GBMs (especially GO-like, carboxylated graphene)⁶ than other components of the MPS such as the lungs and liver.^{6,42}

GO SHEETS BIODEGRADE IN THE MARGINAL ZONE MACROPHAGES OVER NINE MONTHS

To further characterize the progressive *in vivo* biodegradation of GO over nine months, we looked in more detail at the spleen marginal zone cells in which GO sheets accumulate preferentially. First, using H & E staining, we found evidence of the consistent presence of slightly darkened regions within the marginal zones of the spleen, at all tested time points (Figure 5A-i). This agreed with the data presented in Figures 2–4, in which dark regions were observed across the whole spleen. However, these dark regions were present not only in GO-injected mice (Figure 5A-i) but also in the Dex 5%-administered mice, albeit

more sparingly (Figure S10). The number of dark regions was, therefore, quantified (Figure 5B) and revealed a clear association between the higher number of dark regions in the marginal zone and GO administration, compared with vehicle controls. Importantly and consistent with the idea of progressive degradation of GO, the number of marginal zone dark regions in GO-treated mice decreased over time (more sharply during the first 30 days), reaching values similar to those found in Dex 5%-treated mice by day 270 (Figure 5B).

To further confirm that progressive degradation of GO entrapped in the spleen was taking place in GO-injected animals, conventional Raman spectroscopy was used to detect the typical Raman fingerprints of GO in physically homogenized spleen tissue of mice injected with GO at different time points and for up to nine months after administration. This allowed us to probe GO biodegradation at the whole organ level, to reveal the full extent of degradation for all the GO sheets entrapped in the spleen. In agreement with previous data (Figure 4), we found that the intensity of the Raman signature of GO dramatically decreased over time (Figure 5A-ii). By nine months, the GO Raman signature was barely recognizable, lacking all typical spectral features of GO crystals. For reference, the complete series of averaged spectra ($n = 30$) over the nine month study is provided in Figure S11.

Going further in the analysis of the collected Raman spectra, we extracted the peak intensity for the characteristic D vs G bands of GBMs (D band at $\sim 1350\text{ cm}^{-1}$; G band at $\sim 1580\text{ cm}^{-1}$) and calculated the $I(\text{D})/I(\text{G})$ intensity ratio for each time point (Figure 5C). The data revealed that over nine months the GO Raman signature in the spleen followed the expected three-stage classification of disorder for graphitic carbon crystals.⁸⁴ This theory is known as the amorphous trajectory of carbon and describes the transformation of sp^2 -hybridized carbon structures into a mainly tetrahedral sp^3 amorphous carbon phase.⁸⁴ Prior to injection, the GO material displayed a prominent D peak (Figure 1), which is due to the breathing modes of sp^2 -hybridized carbon bonds present in the structure's hexagonal rings. In order for the D peak to be visualized, charge carriers must be inelastically scattered by a phonon and then undergo a second elastic scattering by a defect within the material.⁸⁵ The presence of such a heightened D peak indicated, therefore, that prior to injection the GO sheets were significantly defective from a crystal point of view. This is expected considering the conditions of the modified Hummers' method used to oxidize and exfoliate graphite to form GO.^{28,34,86} From day 1 to day 7 after administration, the $I(\text{D})/I(\text{G})$ ratio of GO in the spleen began to rise (Figure 5C), indicating that the degree of defects within the material had increased, as expected per the first stage of the amorphous trajectory of carbon and in correlation with predictions of the Tuinstra–Koenin (TK) equation.⁸⁷ The TK equation relates the size of sp^2 -hybridized crystal domains within graphitic materials as they become increasingly defective. The equation predicts that as the size of the sp^2 -hybridized crystal domain decreases, the $I(\text{D})/I(\text{G})$ ratio will increase until a minimum crystal domain size is reached. After this point, the $I(\text{D})/I(\text{G})$ is expected to decrease as the spectral peaks are gradually attenuated and the spectra are such that the assumptions of the TK equation no longer apply.⁸⁴

The rise in the $I(\text{D})/I(\text{G})$ ratio continued at a slow pace for another week after injection (from day 7 to 14; Figure 5C). This slow pattern can be explained by the presence of oxidized debris, physisorbed to the surface of GO sheets. Such debris may have degraded first, thereby offering protection to the underlying GO

sheet, hence slowing the initial biodegradative process. The presence of oxidized debris may be alluded to by the XPS O/C atomic ratio ($O/C = 0.5$) measured in the GO material, prior to injection in animals. A previous study⁸⁸ showed that GO, prepared through a modified Hummers' method, often contains significant quantities of physisorbed oxidized debris. These debris consist mainly of highly oxidized nanometer-sized polyaromatic molecules; their presence on GO sheets can lead to high O/C ratios of around 0.4 or above. When such GO materials are subjected to base washing, shown to remove these physisorbed oxidized debris, significant reductions in the XPS-derived O/C ratio to values of approximately 0.3 or below are observed.⁸⁸ This is due to the lower abundance of oxygen in the sample following the removal of the oxidized debris by the base washing. The protective effect of these oxidized debris may also be enhanced by the *in vivo*-derived protein corona, which is expected to form around any nanomaterial on contact with biological fluids such as blood.

After day 14, the $I(D)/I(G)$ ratio was observed to decrease (in particular between day 14 and 30; Figure 5C), as expected as part of the second stage of the amorphous trajectory of carbon. It can be explained by the increasing presence of defects within the 2D structure of GO sheets, which eventually results in the presence of significant amounts of amorphous carbon structures, to such an extent that the assumptions of the TK equation no longer apply.^{84,89} This inference is supported by studies in which ion beams of increasing energies were directed at graphene sheets. In these cases, the ions caused knock-on damage, resulting in defects within the graphene sheets and consequent alterations in the Raman spectral features over time,⁸⁵ which followed a similar pattern to what we observed herein for the spleen-bound GO. The results of these ion-beam studies were also discussed relative to the amorphous trajectory of carbon and predictions of the TK equation.⁸⁵ Several enzyme- and cell-based studies investigating the biodegradation of GBMs also displayed a similar pattern of Raman $I(D)/I(G)$ ratio changes, albeit under much shorter time frames.^{18,90}

The presence of an increasing amount of defects and disorder within the spleen-bound GO may also explain the increasingly difficult-to-detect GO Raman signals beyond 24 h (as observed in both conventional Raman spectroscopy ($1\ \mu\text{m}^2$ spot size; Figure 4B, Figure 5A-ii) and confocal Raman mapping (mm^2 wide tissue section area; Figure 4A)). Indeed, as time progressed, attenuation of the two characteristic Raman scattering peaks continued to occur, with subsequent decreases in the $I(D)/I(G)$ ratio (Figure 5C) until both peaks were hardly detectable. By day 270, attenuation of both D and G bands was consistent across samples with limited exceptions, indicating that the crystalline structure of the accumulated material had been largely lost (Figure 5A-ii).

We finally wanted to confirm visually that biodegradation of GO was occurring within the splenocytes and not extracellularly. BF-TEM was used to image GO directly within the ultrastructure of tissue-fixed cells. An acceleration voltage of 80 kV was used, in order to reduce knock-on damage.⁹¹ Cell-entrapped GO appeared to lose its characteristic appearance and become increasingly defective over time (Figures 5A-iii and S12). This was further validated by the evolution of the electron diffraction patterns of intracellularly entrapped GO, which became increasingly difficult to acquire (Figures 5A-iv and S13). At day 1, it was relatively easy to locate intracellular GO structures and acquire hexagonal diffraction patterns characteristic of GO within cellular compartments (Figure 5A-iii and A-iv). However,

at longer time points, there was an overall decrease in the abundance of material as well as the intensity measured for the diffraction peaks associated with GO. This was attributed to a progressive attenuation of the crystallinity of the GO to a more amorphous structure due to biodegradation,¹⁷ as discussed above and supported by the Raman results (Figures 5C and S11). In further support of these findings, evidence of the formation of holes within the planar structure of GO sheets was identified at day 30 (Figure S14). These formations were not apparent prior to injection or at early time points, *i.e.*, before day 30, and could not be attributed to electron beam damage during image acquisition. Beyond 30 days, cell-entrapped GO sheets appeared too damaged to allow TEM imaging of further degradation (*i.e.*, more advanced holey formation) of the planar structure. These observations and their time line may suggest a structural biodegradation-related GO transition state, whereby defects accumulate within the material and then erode away, resulting initially in the creation of large holes within the GO sheets and ultimately the complete loss of their planar structure. Importantly, the structural changes in GO planes observed in spleen sections could not be found in GO sheets incubated at 37 °C in the dark for nine months (*i.e.*, material not injected in animals; Figures S15 and S16), indicating that elements of the spleen biological *milieu* are likely responsible for these structural changes.

Similar results have been documented several times *in vitro* when sp^2 -hybridized carbon nanomaterials, including GBMs, were exposed to oxidizing chemicals,¹⁹ peroxidase family enzymes,^{17,18,23} and other enzymes such as cellular nicotinamide adenine dinucleotide phosphate-oxidase (NADPH oxidase) or induced nitrogen oxide synthase (iNOS).⁹² In terms of a possible mechanism by which the GO sheets were being biodegraded intracellularly, based on the extensive work concerning CNT degradation in macrophages,⁹³ it can be envisioned that following phagocytosis in MZMs membrane-bound NADPH oxidase was activated and catalyzed the production of superoxide. Superoxide dismutase could then convert the superoxide into hydrogen peroxide, which could react with free radical nitric oxide to generate reactive peroxynitrite. Peroxidase enzymes such as myeloperoxidase (MPO) may also have a role in catalyzing production of hypochlorite from peroxide and chloride ions, even though macrophages, including MZMs, contain lower levels of MPO than other immune cells such as neutrophils.⁹⁴ Another possibility is that Fe ions, present within macrophages,⁹⁴ catalyzed the breakdown of peroxide to hydroxyl radicals. As a result of these different processes, free radicals and reactive species, including peroxynitrite, hypochlorite, and hydroxyl radicals, could then attack reactive sites such as epoxide groups present on the planes of GO sheets, resulting in hole formation (as observed herein *via* TEM) and the eventual breakdown of the whole graphitic lattice. Further research is, however, warranted to confirm which molecular mechanism(s) is(are) leading to biodegradation of GO in the mouse spleen.

An interesting and related question is the nature of the resulting molecular byproducts of biodegradation and whether they could be eliminated or not. Although we have not determined the molecular identity or fate of these *in vivo* generated degradation products, our study reveals that their likely production and presence did not obviously jeopardize the splenic health or growth curve of mice. Similarly, and in support of our findings, previous studies have reported that the *in vivo* administration of carbon nanomaterial biodegradation by-

products, generated *in vitro*, lack toxic consequences for animal subjects.^{95,96} However, further studies would help determine the exact cellular mechanisms that catalyze the observed biodegradation of GO, as well as the precise molecular identity and fate of the resulting degradation byproducts, for the latter, using GO synthesized from ¹³C-labeled graphite for instance.

Besides the Raman, TEM, and electron diffraction properties of GBMs probed herein, the materials' photothermal properties could also be exploited in future studies to similarly reveal biodegradation; this would particularly be relevant to reduced GO.^{97,98} Such a concept was previously applied to functionalized CNTs in 2D microglial cell cultures.⁹⁹ In this study, photothermal imaging was used to track the fate of CNTs over time, revealing their progressive disappearance from the phagocytic cells. The same technique could, therefore, be applied to quantitatively determine the dynamics of biodegradation of GBMs in biological systems.

In order to obtain more quantitative results regarding biodegradation, as most of the techniques used herein were at best only providing semiquantitative assessment, the use of simpler biological models, such as *in vitro* 3D cell culture models, should be explored. In these models, the applied/administrated dose, the delivered dose, and the cellular dose of nanomaterials may be easier to determine. Indeed, 3D cell culture models represent a convenient midway point between 2D cell culture models (which does not replicate adequately cell–cell and cell–matrix interactions or the complex diffusion/transport processes seen in 3D tissues)^{100,101} and true *in vivo* animal models. Previous reports have demonstrated significant differences in the interaction of nanomaterials with 2D cell cultures compared with 3D cell cultures.¹⁰⁰ This highlights the benefit of the latter as a more predictive and representative biological model, particularly when quantitatively determining critical doses of administered materials, and the dynamics of material degradation in cells, as recently reported for biosynthesized magnetic iron nanoparticles.¹⁰²

CONCLUSIONS

We have provided evidence that following i.v. administration the small proportion of GO sheets that were not initially excreted but accumulated in the spleen did not induce histopathologic damage. Importantly, we report the maintenance of the functional (both hematological and immunological) integrity of the spleen at doses as high as 10 mg/kg, although at the highest dose administered slight immunological variations were observed. Using confocal Raman mapping, as well as immunohistochemistry and conventional Raman spectroscopy in combination, to map the splenic distribution of GO, we identified that a subpopulation of splenic macrophages, known as the marginal zone macrophages, were the predominant cells responsible for bioaccumulating the material. Finally, using an array of techniques including Raman spectroscopy and TEM coupled with electron diffraction, we tracked the fate of the bioaccumulated GO over nine months and provide compelling evidence, down to the ultrastructural level, to suggest the *in vivo* biodegradation of GO to such an extent that the material lost its detectable graphitic crystalline structure. This further suggests that the initial accumulation of GO in the spleen was a transient event. This important result supports the development of thoroughly characterized GO sheets for biomedical technologies and is highly encouraging especially for systemic drug delivery purposes, where the biocompatibility and biodegradability of nanocarriers are a key advantage.¹⁰³

EXPERIMENTAL SECTION

Graphene Oxide Preparation. The oxidation of graphite was based on a modified Hummers' method.⁸⁶ Briefly, a mixture of 0.8 g of flake graphite (Graflake 9580, Brazil) and 0.4 g of sodium nitrate (NaNO₃) was maintained at approximately 0 °C using an ice bath. Then 18.4 mL of 96% sulfuric acid (H₂SO₄) was added to the mixture while stirring, followed by the gentle addition of 2.4 g of potassium permanganate (KMnO₄). The mixture was taken from the ice bath. After 30 min, the mixture increased in viscosity and resulted in the formation of a dark-colored paste. A volume of 37 mL of Milli-Q H₂O was added. An increase in temperature to 80 °C was observed, and this continued until 98 °C. The temperature was maintained at 98 °C for 30 min. After this duration, the mixture was diluted with a volume of 112 mL of warm Milli-Q H₂O. A 12 mL aliquot of 30% H₂O₂ was added subsequently. The suspension was centrifuged and pelleted repeatedly at 7690g for 20 min; the supernatant was then removed and replaced with Milli-Q H₂O. This process was repeated until the acidic pH of the supernatant was neutralized (pH 7, 20 °C) and a viscous orange/brown gel layer of single-to-few-layer GO appeared on top of the graphite oxidation byproducts. This gel-like layer was carefully extracted with warm water to yield a dispersion of GO. A known volume of this aqueously dispersed material was freeze-dried, and the dry material weighed. This allowed the concentration of the extracted GO material to be determined. The concentration of the material was found to be 2.4 mg/mL. The aqueously dispersed GO was then subjected to ultrasonication for 5 min (VWR, 80W) to prepare the desired small sheet size GO. The internal batch reference of GO used in the present study is GO (f1s). Samples were characterized *via* AFM, TEM, selected area electron diffraction (SAED), ATR FT-IR, TGA, XPS, UV–vis, and fluorescence spectroscopy to confirm successful synthesis of single to few layer small GO sheets.

Atomic Force Microscopy. Sample preparation was completed on freshly cleaved mica, treated with 40 μ L of poly-L-lysine (Sigma-Aldrich, UK). The poly-L-lysine was used to present a positively charged surface that would allow the adhesion of GO. Aliquots (10 μ L) of GO (100 μ g/mL) were transferred onto the mica-poly-L-lysine surface and left to adsorb for 2 min. Unbound structures were removed by gentle rinsing with 2 mL of Milli-Q H₂O and left to dry at room temperature. A multimode atomic force microscope (Bruker, UK) was applied in tapping mode, in order to avoid damaging the samples, for height (trace and retrace) and amplitude measurements. Measurements were performed using an Otespa tapping mode tip (Bruker, UK). The following parameters were employed: scan rate, 1 Hz; lines per scan, 512; integral gain, 1; proportional gain, 5; amplitude set point, 150 mV (maintained approximately constant between all measurements). Scans were taken at 50, 20, 10, 5, and 2 μ m (aspect ratio 1:1). Postimage processing was completed using the Bruker Nanoscope Analysis version 1.4 software (Bruker, UK) and included section analysis for measuring the cross-sectional height of samples.

Transmission Electron Microscopy for Material Characterization. A 20 μ L aliquot of sample (200 μ g/mL) was placed on a carbon-coated copper grid (CF400-Cu) (Electron Microscopy Services, UK) and left to adsorb for 2 min. Filter paper (Merk-Millipore, UK) was used to gently remove the excess dispersed material. Then samples were observed with a FEI Tecnai 12 BioTWIN microscope (FEI, NL) at an acceleration voltage of 100 kV. Images were taken with a Gatan Orius SC1000 CCD camera (Gatan, UK). For SAED of GO sheets, material samples was prepared as described above, however, on Quantifoil S 7/2 copper grids (Electron Microscopy Services, USA). SAED patterns were acquired on a FEI Talos 200X (FEI, Eindhoven, NL), operating at 80 kV and using electron dose rates ranging between 45 and 84 e[−]·Å^{−1}·s^{−1}. This microscope was equipped with a FEI Ceta CMOS camera. Patterns were acquired from 0.5 μ m² areas, corresponding to the 40 μ m selected-area aperture. An acquisition time of 1 s was used.

Raman Spectroscopy for Material Characterization. Samples were prepared for analysis by drop casting 20 μ L of GO (100 μ g/mL) dispersion onto a glass slide. Samples were left to dry for at least 2 h at 37 °C. Spectra were collected using a DXR Raman microscope

(Thermo Fisher Scientific, UK) using a $\lambda = 633$ nm laser. Spectra were considered between 250 and 3500 cm^{-1} , enabling the visualization of the D and G scatter bands. Prior to the measurements, the Raman system was energy calibrated to a polystyrene reference material. The calibrated instrument had an energy resolution of 2.5 cm^{-1} . Spectra were collected at a laser power of 0.4 mW with a magnification lens of 50 \times (numerical aperture: 0.75) with a 25 s exposure time and averaged over five locations. Raman spectra were corrected for tissue autofluorescence using a sixth-order polynomial baseline correction; all spectra were normalized to the G peak for $I(\text{D})/I(\text{G})$ calculation using Origin Pro 8.5.1. software (Origin Lab, USA).

Attenuated Total Reflection Fourier Transform Infrared Spectroscopy. A drop of GO dispersion was placed into a Tensor 27 FTIR machine (Bruker, UK) and dried for 5 min at 60 $^{\circ}\text{C}$ until a powder remained. Spectroscopic analysis was carried out between 750 and 4000 cm^{-1} . Data processing was completed using OriginPro 8.5.1. software (Origin Lab, USA).

Thermogravimetric Analysis. Lyophilized GO (2 mg) was weighed into a ceramic crucible set at 25 $^{\circ}\text{C}$ in a TGA 400 thermogravimetric analyzer (PerkinElmer, UK). Samples were initially held at 100 $^{\circ}\text{C}$ for 5 min to reduce the presence of residual water. The temperature was then increased at a rate of 10 $^{\circ}\text{C}$ per minute from 25 to 995 $^{\circ}\text{C}$, with a nitrogen flow of 20 mL/min. Measurements were considered between 100 and 800 $^{\circ}\text{C}$ to avoid water interference. Data processing was completed using OriginPro 8.5.1. software (Origin Lab, USA).

X-ray Photoelectron Spectroscopy. The chemical composition of the GO sheets was studied by XPS at the NEXUS facility (the UK's National EPSRC XPS Users' Service, hosted by nanoLAB in Newcastle-upon-Tyne). XPS spectra was recorded using a Thermo Theta Probe XPS spectrometer with a monochromatic Al K α source of 1486.68 eV. The survey XPS spectra were acquired with a pass energy (PE) of 200 eV, a 1 eV step size, and a 50 ms dwell time and averaged over five scans. The etching step was 90 s. The high-resolution C 1s XPS spectra were acquired with a PE of 40 eV, a step size of 0.1 eV, and a 100 ms dwell time and averaged over 20 scans. Spectra from insulating samples were charge-corrected by shifting all peaks to the adventitious carbon C 1s spectral component, with the binding energy set to 284.6 eV. The CasaXPS software was used to process the spectra acquired at NEXUS. Processing steps included the C 1s XPS spectral deconvolution and assignment of the different deconvoluted spectral components as per the binding energies at which they arise. These assignments were made in accordance with NIST's XPS databases: $\pi-\pi^*$: 290–290.2, O–C=O: 289.7–288.2 eV, C=O: 288.1–287.4 eV, C–O: 286.8–286.2, C–C and C=C: 284.6 eV. The full width half-maximum of each deconvoluted peak, other than that of the $\pi-\pi^*$, was constrained to the same extent, and a Shirley background was taken. The peak for C–C/C=C was of an asymmetric line shape, while the rest were of the standard Gaussian–Lorentzian line shape.

UV/Visible Spectroscopy. The UV–vis absorbance spectra of GO were measured by a Varian Cary win UV 50 Bio spectrophotometer (Agilent Technologies, UK). The GO samples were diluted in water from 7.5 to 20 $\mu\text{L}/\text{mL}$ prior to measurement in a 1 mL glass cuvette with a 1 cm path length. Dual-beam mode and baseline correction were used throughout the measurements to scan the peak wavelength and maximum absorbance between 200 and 600 nm.

Fluorescence Spectroscopy. Fluorescence emission spectra of GO were measured over a concentration range between 75 and 200 $\mu\text{g}/\text{mL}$, using an LS-50B spectrofluorimeter (PerkinElmer, UK), with both excitation and emission slits set at 20 nm. The excitation wavelength used was 525 nm.

Animal Handling Procedures. Eight-week-old C57BL/6 mice (18.1 \pm 0.7 g) were obtained from Harlan (Oxfordshire, UK), allowed to acclimatize for 1 week, and maintained under a 12 h light–dark cycle at a steady temperature and humidity. Mice were allowed access to food and water *ad libitum* for the duration of the investigation. All experiments were conducted in accordance with the UK Home Office Code of Practice (1989) for the housing and care of animals in scientific procedures in accordance with prior approval from the UK Home Office (Project License Number: P6C826A12). For short-term splenic

function and structural studies, mice ($n = 3$) were intravenously administered with GO (2.5, 5, and 10 mg/kg) or Dex 5% (negative control) and were culled for the different experiments after 24 h and 1 month. LPS (*E. coli* O127:B8, L4516-1MG; Sigma-Aldrich, UK) (5 mg/kg) at 24 h was used as the positive control. These mice were maintained for only 24 h, since the mice showed symptoms of distress and were therefore culled at this time point. LPS is known to illicit inflammatory responses following injection and is commonly used as a positive control in this respect. Relevant to our study, LPS can induce increased levels of red blood cell deformity, pro-inflammatory cytokines, and apoptosis;^{41,62} this is expected to result in alterations to both structure and function of the spleen. Administration of LPS as a positive control, therefore, allowed us to compare and gauge the potential toxicological effects of GO on spleen structure and function. For longer term degradation studies, mice ($n = 3$) were administered with either 7.5 mg/kg or Dex 5% (negative control). The mass concentrations of GO in the injection was 0.75 mg/mL, corresponding to 150 μg of GO per injection. Mice were then culled at different time points (1, 7, 14, 30, 90, 180, and 270 days following the single administration) *via* being subject to terminal anesthesia followed by cervical dislocation. For all experiments, mice were continuously monitored and weighed every 4 days during the first month and weekly thereafter.

Spleen Histopathological Analysis. Spleens of mice were fixed with 4% paraformaldehyde and dehydrated through increasing concentrations of alcohol (ethanol 50–100%) and embedded by paraffin wax. Sections of 5 μm were cut on a microtome (Leica, UK), stained with hematoxylin and eosin stain (H & E), coverslipped with resinous mounting media, and allowed to dry for 48 h at 37 $^{\circ}\text{C}$. Images were collected using a 20 \times objective in a 3D Histech Panoramic 250 Flash slide scanner. Images were processed and analyzed using Pannoramic Viewer (<http://www.3dhitech.com/>) and Fiji/ImageJ software (version 1.5c; National Institutes of Health, USA). All three mice were examined per condition.

Blood Smear Analysis. Blood was collected from mice *via* cardiac puncture and immediately drawn into a capillary tube. One drop of blood (approximately 4 mm in diameter) was placed on a clean slide (near the end). The drop was spread by another glass slide placed at a 45 $^{\circ}$ angle and pressed into the drop of blood, allowing it to spread *via* capillary action. The slides were then fixed with cold methanol (precooled to -20 $^{\circ}\text{C}$) and allowed to dry at room temperature. The samples were stained by H & E stain and imaged as described above. Reticulocytes and abnormal and aged RBCs were considered as deviant RBCs,^{52–56,104} and their percentage of the total RBCs was calculated. More than 500 cells were counted for each mouse ($n = 3$ for each group).

Perls' Persian Blue Analysis of Spleen Sections. Paraffin-embedded sections of spleens were sectioned at 5 μm and then dehydrated as described above. The sections were stained with a freshly prepared mixture of aqueous solutions of 20% hydrochloric acid and 10% potassium ferrocyanide trihydrate (Sigma-Aldrich, UK) at a volume ratio of 1:1, followed by counter staining with nuclear fast red 0.2% aqueous solution. The slides were dehydrated through 95% and 100% ethanol solutions, respectively, with two consecutive changes for each concentration. They were then coverslipped with resinous mounting media and left to dry overnight. Images were collected as described above. The percentage of blue pigmentation was analyzed by Fiji/ImageJ software (version 1.5c; National Institutes of Health, USA). This was obtained from three to four images from each mouse captured at 20 \times after setting a threshold ($n = 3$ mice per group).

Spleen Single-Cell Suspension Preparation. Half spleens were extracted from mice and placed immediately in RPMI 1640 media (Sigma-Aldrich, UK) supplemented with 10% FBS (Gibco, Thermo Fisher Scientific, UK) and 1% penicillin and streptomycin (Sigma-Aldrich, UK). Single-cell suspensions were obtained by gently passing the spleens through a 100 μm cell strainer (BD Falcon cell sieve). The cell suspension was centrifuged at 400g for 5 min, and the supernatant was discarded. The cells were resuspended in fresh media, and the contaminating RBCs were removed by adding 3–4 mL of red blood cell lysis buffer (Roche, UK) and allowed to react at 4 $^{\circ}\text{C}$ for 5 min. The cell

suspension was then centrifuged (400g for 5 min), and the cells were pelleted while the supernatant was discarded. The cell pellet was then resuspended and washed in fresh media twice. The splenocytes were counted using a cytometer, aliquoted, and further processed as needed.

T-Lymphocyte Counts by Flow Cytometry. Splenocytes were first preincubated with anti-CD16/32 antibodies at 2 $\mu\text{g}/\text{mL}$ (eBioscience, UK, ref #16-0161-85) for 20 min on ice, in order to block nonspecific binding sites. The cells were washed (centrifuged at 400g for 5 min) and then labeled with the antibody mixture of anti-CD4-PE at 0.25 $\mu\text{g}/\text{mL}$ (eBioscience, UK, ref #12-0041-82) and anti-CD8a at 0.25 $\mu\text{g}/\text{mL}$. PerCP-Cy5.5 (eBioscience, UK, ref #45-0081-82) was further incubated with the cells on ice for another 20 min. Cells were then washed and resuspended in buffer (1% sodium azide and 1% FBS in 1 \times PBS) for acquisition. Flow cytometry analysis was carried out using a BD FACSVerser flow cytometer (Becton Dickinson, Oxford, UK). Single-color control samples were used to set compensation. PE and PerCE-Cy5.5 fluorescence was detected with 574/26 nm and 690/50 nm band-pass filters, respectively, after excitation with a 488 nm blue laser. Data were analyzed and statistics were generated using the FACSuite v1.6 software (Becton Dickinson, Oxford, UK).

Spleen Cytokine Gene Expression by RT-qPCR. An Aurum Total RNA minikit (Biorad, UK) was used to extract the total RNA of 2×10^6 isolated splenocytes. The RNA concentration and quality were analyzed using UV spectrophotometry (BioPhotometer, Eppendorf, UK). cDNA synthesis was performed from 1 μg of RNA sample with an iScript cDNA synthesis kit (Bio-Rad, UK) according to the manufacturer's instructions. The protocol for reverse transcription was set as follows: 25 $^{\circ}\text{C}$ for 5 min, 42 $^{\circ}\text{C}$ for 30 min, 85 $^{\circ}\text{C}$ for 5 min, and 4 $^{\circ}\text{C}$ for 5 min. A 2 μL amount of cDNA sample was used for each real-time qPCR reaction performed with iQ SYBR Green Supermix (Bio-Rad, UK). Experimental duplicates of each sample were run on a CFX-96 real time system (Bio-Rad, UK) with the following protocol: 95 $^{\circ}\text{C}$ for 3 min, one cycle; 95 $^{\circ}\text{C}$ for 10 s, 60 $^{\circ}\text{C}$ for 30 s; repeated for 40 cycles. Melt curve analysis was conducted at the end of the protocol to confirm amplification of a single product. β -Actin was used as a housekeeping gene, and gene expression levels were normalized to the Dex 5%-injected control group. Primer sequences were as follows: β -actin, Fwd 5' GACCTCTATGCCAACACAGT 3' and Rv 5' AGTACTTGCGCTCAGGAGGA 3'; IL-6, Fwd 5' ATGGATGCTACCAACTGGA 3' and Rv 5' CCTCTTGGTTGAAGATATGA 3'; TNF α , Fwd 5' CAGACCCTCACACTCAGATCATCT 3' and Rv 5' CCTCCACTTGGTGGTTTGCTA 3'; IL-1 β , Fwd 5' GGACAG-AATATCAACCAACAAGTGATA 3' and Rv 5' GTGTGCCGTCTTTCATTACACAG 3'; IL-10, Fwd 5' GGGTGCCCAAGCC-TTATCGGA 3' and Rv 5' ACCTGCTCCACTGCCTTGCT 3'; TGF- β , Fwd 5' GACCAGCCGCCGCCGAGG 3' and Rv 5' AGGGCTGTCTGGAGTCCTC 3'.

Confocal Raman Mapping of Tissue Sections. Mice were culled and spleens were immediately extracted and washed in 1 \times phosphate buffered saline (PBS) (Sigma-Aldrich, UK). One quarter of each extracted spleen was immediately transversely immersed into the optimal cutting temperature (O.C.T. compound, Tissue-Tek) media and then snap-frozen in isopropanol (Sigma-Aldrich, UK) precooled to liquid nitrogen temperatures. The spleens were cut into 5 μm thick sections *via* cryomicrotomy (Leica, UK) and placed onto glass slides. The tissue sections were then fixed using 300 μL of ice-cold methanol (Sigma-Aldrich, UK) for 10 min. The sections were subsequently gently washed in 1 \times PBS twice in order to remove the O.C.T. compound. Milli-Q water was used to remove any salt crystals from the PBS. The sample was redoused with 300 μL of ice-cold methanol and dried for 1 h at 37 $^{\circ}\text{C}$ to dehydrate the sample. Raman scanning was completed on regions of the spleen tissue including the red and white pulp regions. Raman scanning was completed using a polystyrene calibrated DXRxi Raman mapping system (Thermo Scientific, UK) using the following conditions: λ = 633 nm, 1 mW, objective 50 \times (numerical aperture: 0.75), pixel size = 3 μm . The software was used to generate Raman correlation maps based on the correlation of the acquired signal with the spectra of the starting material shown in Figure 1C. The instrument had an energy resolution of 2.5 cm^{-1} . Dex 5%-treated animals were

analyzed in the same way to ensure no cross contamination as a quality check.

Immunofluorescence with Raman Spectroscopy. Mice were culled, and the spleens were immediately extracted and washed in 1 \times PBS (Sigma-Aldrich, UK). One quarter of the spleen was immediately transversely immersed into the O.C.T. compound and snap-frozen in isopropanol (Sigma-Aldrich, UK) that was precooled to liquid-nitrogen temperatures. The spleens were next sectioned into 5 μm sections *via* cryomicrotomy, and the sections were collected onto glass slides (VWR, UK). Afterward, the tissue sections were fixed using 300 μL of ice-cold methanol (Sigma-Aldrich, UK) for 10 min. The methanol was removed, and the fixed tissues were incubated in blocking buffer (1% bovine serum albumin (fraction v, Sigma-Aldrich, UK), 0.1% Triton X100 in 1 \times PBS) for 1 h in a humidification chamber. Tissue sections were washed in a washing buffer that consisted of 0.1% Triton X100 in 1 \times PBS, three times for 5 min each. The washing buffer was removed, and the tissue was incubated with the biotinylated Anti-SIGN Related 1 antibody [ER-TR9] (#AB51819, Abcam, UK) diluted in blocking buffer to 3.3 $\mu\text{g}/\text{mL}$ for 2 h at room temperature in a humidification chamber. The antibody solution was removed, and the tissue sections were gently washed with the washing buffer three times for 5 min each. The tissue sections were incubated with the revealing agent, Fluorescein Avidin DCS (Vector Laboratories, UK), which was diluted to 22 $\mu\text{g}/\text{mL}$ with HEPES-buffered saline (pH 8.2, 20 $^{\circ}\text{C}$), for 2 h in a humidification chamber. The tissue was then washed with washing buffer, and excess liquid was removed using a cotton bud. The tissue sections were coverslipped with Prolong gold antifade including DAPI (Thermo Fisher Scientific, UK). The sample was left in the dark at room temperature for a 24 h period. Fluorescence microscopy was completed, and the regions where ERTR-9 staining was detected were marked on a customized grid. Controls consisting of either the revealing agent (Fluorescein Avidin) alone without biotinylated antibody (to ensure no signal was originating from the unspecific binding of the revealing agent) or tissues from animals treated with dextrose 5% were included in this experiment, in order to exclude false-positive readings. The coverslips were later gently removed by incubating the slides in 1 \times PBS overnight at room temperature. Following this treatment, the coverslips could be removed *via* gravity; care was taken not to damage the fixed tissue. The exposed tissues were gently washed with Milli-Q water and left to dry at 37 $^{\circ}\text{C}$ for 1–2 h. Using the marked grids the same regions identified by fluorescence microscopy were analyzed by a "point-and-shoot" polystyrene calibrated DXR Raman microscope (Thermo Fisher Scientific, UK) using a laser at λ = 633 nm, 0.4 mW, 50 \times (numerical aperture of 0.75) and an exposure time of 25 s and averaged over three readings; the energy resolution of the instrument was 2.5 cm^{-1} . This allowed the colocalization of the Raman signature of GO with the immunofluorescence signal of ERTR-9-positive marginal zone macrophages. The spleens of at least three mice, with two or more splenic sections, were imaged.

Fluorescence-Activated Cell Sorting with Raman Spectroscopy. A single-cell suspension of splenocytes was obtained as described above. The isolated cells were then stained with the relevant antibodies mentioned below as per the manufacturer's instructions. FACS was then performed on live cells on a BD Influx cell sorter (BD Biosciences, Oxford, UK). Fluorescently conjugated antibodies (Miltenyi Biotec Limited, UK) were excited, and their emission was collected under the following conditions: CD45-VioBlue, violet laser, band-pass 460/50; F4/80-v770-PE, yellow-green laser, 750LP; CD11c-FITC, blue laser, band-pass 530/40; CD209-PE, yellow-green laser, band-pass 585/29; CD169b, red laser, band-pass 670/30. Cells were gated on an initial scatter gate to exclude debris. Lymphocytes were identified as CD45 $^{+}$ /side scatter low and granulocytes were CD45 $^{+}$ /side scatter high. F4/80 $^{+}$ /CD11c $^{-}$ macrophages were gated from the granulocyte gate and CD11c $^{+}$ /F4/80 $^{-}$ dendritic cells were gated from this population too. The CD209 $^{+}$ and CD169b $^{+}$ cells were identified as being F4/80 $^{-}$ /CD11c $^{-}$ and identified by plotting them against each other. Baseline voltages were set using unlabeled cells, and positive populations were identified using full minus one (FMO) controls. Cells were filtered through a 50 μm mesh prior to being sorted through a 100 μm diameter nozzle at 20 PSI pressure, which generated a drop drive frequency of 38

kHz. Sort side streams were optimized to enable five separate populations to be collected simultaneously from each individual sample. Up to 20 000 cells were collected depending on the frequency of the cell subpopulation in the sample. The event rate was maintained at 2000–3000 events per second to minimize aberrant droplet formation and ensure a high degree of purity in the sorted cells. Cells were collected into 1.5 mL tubes containing 1× PBS and then deposited onto glass slides *via* a Cytospin apparatus using a centrifuge set to 350g. The cells were fixed onto the glass slide with a drop of ice cold methanol. Once dry, the sample was analyzed *via* Raman microscopy using a DXR Raman microscope (Thermo Fisher Scientific, UK) calibrated to polystyrene with an energy resolution of 2.5 cm^{-1} . Measurements used a laser at $\lambda = 633 \text{ nm}$, 0.4 mW, 50× (numerical aperture of 0.75), and an exposure time of 25 s and averaged over three readings. The percentage of scanned cells in which GO was detected was determined at each time point, $n = \text{three mice} \times 20 \text{ cells}$. Cells isolated from Dex 5%-treated mice were processed in the same way and scanned to ensure there was no cross contamination of GO between samples.

TUNEL Staining. Spleen sections were embedded in paraffin wax, sectioned to 5 μm thickness on a microtome (Leica, UK), and placed on glass slides. The sections then underwent deparaffinization *via* two immersions in xylene for 5 min each, followed by washing in 100% methanol for 5 min. The samples were subsequently rehydrated by passing them through a series of decreasing concentrations of alcohol concentrations (100%, 95%, 85%, 70%, 50%) for 3 min at each concentration. The sections were further washed in 0.85% NaCl for 5 min. The rehydrated sections were fixed in 4% formaldehyde (ref #28908; Thermo Fisher Scientific, UK) for 15 min. The remaining formaldehyde was then removed by washing in PBS 1× (Sigma-Aldrich, UK) twice for 5 min each. The excess PBS was removed gently with filter paper, being careful to not touch the sections. The glass slides with their fixed sections were then placed on a flat surface, and 10 μL of a 20 $\mu\text{g}/\text{mL}$ proteinase-K solution was placed on each tissue section. The slides were left with the proteinase K solution for an optimized time of 8 min. Proteinase K was removed by washing with PBS for 5 min. Then the tissue was covered with 100 μL of equilibrium buffer and left to equilibrate for 5 min. The equilibrium buffer was removed, and 50 μL of rTdT incubation buffer was added onto each slide and left for 60 min in a humidification chamber at 37 °C. The slides were next immersed in physiological saline (sodium chloride) 2× to terminate the reaction. The slides were then washed in PBS 1× (Sigma, UK) twice for 5 min and then washed twice in Milli-Q water for another 5 min each. The slides were, thereafter, incubated in 4% Sudan black (in ethanol) for 10 min to eliminate RBC-derived fluorescence, followed by washing seven times in PBS 1× (Sigma, UK) for 3 min each and three washes in Milli-Q water for 3 min each. The slides were coverslipped with Prolong gold antifade including DAPI (Thermo Fisher Scientific, UK) and left at room temperature in the dark for 24 h. Images were collected using a 20× objective in a 3D Histech Panoramic 250 Flash slide scanner. Images were processed and analyzed using Panoramic Viewer (<http://www.3dhitech.com/>) and Fiji/ImageJ software (version 1.5c; National Institutes of Health, USA). Three mice were examined per condition. A total of five images of 300 μm^2 were analyzed per mouse. The number of TUNEL-positive cells was blindly counted by three independent investigators, and the counts of the three individuals were averaged for each image.

Raman Spectroscopy on Homogenized Spleens. For each time point analyzed, a quarter of the extracted and washed individual murine spleens were homogenized mechanically onto a glass slide and left to dry for 30–60 min at room temperature and pressure. This was completed in order to assess the state of the overall GO content of the spleen, instead of cell-specific content. Raman spectroscopy was performed on the tissue homogenates using a polystyrene calibrated DXR Raman microscope (Thermo Fisher Scientific, UK) using a $\lambda = 633 \text{ nm}$ laser a 50× objective lens (numerical aperture of 0.75) and a laser power of 0.4 mW with an exposure time of 25 s. The energy resolution was 2.5 cm^{-1} . Raman scattering signals were acquired in at least 10 different regions per mouse with three biological replicas. Raman spectra were corrected for tissue autofluorescence using a sixth-

order polynomial baseline correction, and the ratio of intensity of the D and G peaks, $I(\text{D})/I(\text{G})$, was calculated and averaged for $n = 10$ spectra for each of the three mice. We also scanned Dex 5%-treated animals in the same way to ensure no cross contaminations as a quality check.

Histological Marginal Zone Analysis. For each time point in the degradation study, a quarter of the spleen was fixed with 4% paraformaldehyde and dehydrated through increasing concentrations of ethanol (50–100%) and embedded in paraffin wax. Sections of 5 μm thickness were cut and collected onto glass slides and then stained with H & E stain. The stained sections were then coverslipped with resinous mounting media and allowed to dry for 48 h at 37 °C. Images were collected using a 20× objective and a 3D Histech Panoramic 250 Flash slide scanner. Images were processed and analyzed to determine the average number of dark regions in the splenic marginal zone ($n = 5$ marginal zones for each of the three mice) using Panoramic Viewer (<http://www.3dhitech.com/>) and Fiji/ImageJ software (version 1.5c; National Institutes of Health, USA).

TEM on Splenic Tissue Sections. For each time point analyzed, a quarter of each of the extracted and washed murine spleens was fixed in paraformaldehyde (4% (w/v))/glutaraldehyde (2.5% (w/v)) (Sigma-Aldrich, UK) for 24 h. Following fixation, specimens were cut into 2–3 mm blocks using a sterile surgical blade. Each specimen was washed several times with deionized water, submitted to a second fixation with reduced osmium tetroxide (OsO_4) (Agar Scientific, UK) for 90 min, then rinsed with deionized water and dehydrated through a series of concentration-graded ethanol (Thermo Fisher Scientific, UK) solutions, 30%, 50%, 70%, 90%, and 100%. The specimens were incubated at each concentration for 15 min; dilutions were made in Milli-Q water. This was followed by the incubation of the specimen in 100% acetone (Thermo Fisher Scientific, UK) for 15 min. Each specimen was infiltrated with increasing concentrations of polypropylene TAAB 812 hard resin (TAAB Laboratories Ltd., UK) (25%, 50%, 75%, and 100%, using acetone as the diluent) for 12 h at each grade. Next, specimens were left in 100% resin for a further 6 h at room temperature. Specimens were, thereafter, orientated in the embedding mold filled with fresh 100% resin, such that transversal sectioning of the spleen sample would be possible. The resin (with the orientated sample) was then cured at 60 °C for 48 h to allow resin polymerization. TEM imaging was performed on ultrathin sections (approximately 40–70 nm thickness) obtained using an Ultracut E ultramicrotome (Reichert-Jung, Austria) and a diamond knife (Diatome 45°, Leica, UK). Ultrathin sections were collected onto coatless 200-mesh thin copper 3.05 mm grids (Electron Microscopy Services, USA) and observed under a FEI Tecnai T-12 BioTWIN TEM (FEI, Eindhoven, NL) equipped with an Orius CCD SC100 camera (Gatan, UK) at 100 kV. The use of this microscope and grids allowed efficient observation of the whereabouts and tracking of the GO within tissue. We also scanned Dex 5%-treated animals in the same way to ensure no cross contamination as a quality check.

Electron Diffraction of GO in Tissue Sections. Tissues were fixed and resin-embedded, and ultrathin sections were prepared for TEM, as described above. In this experiment, the ultrathin sections were collected onto Quantifoil S 7/2 copper grids (Electron Microscopy Services, USA). TEM and SAED shown in Figures 5A–iv, S13, and S14 were performed on a FEI Talos 200X (FEI, Eindhoven, NL) operating at 80 kV and using electron dose rates ranging between 45 and 84 $\text{e}^- \cdot \text{Å}^{-1} \text{ s}^{-1}$. TEM images and SAED patterns were acquired using a FEI Ceta CMOS camera on an area of 3.14×10^{-2} and 0.5 μm^2 corresponding to the selected-area apertures of 10 and 40 μm , respectively. An acquisition time of 1 s was used for the collection of TEM images and SAED patterns. However, for the acquisition of SAED patterns with a 10 μm selected-area aperture, the acquisition time was set to 8 s.

Statistical Analysis. All experimental data are represented as mean \pm standard error (SE) or mean \pm standard deviation (SD) as stated in each section, with at least $n = 3, 4$. Statistical significance was determined by the Kruskal–Wallis nonparametric test with Dunn's *posthoc* test or a Mann–Whitney U test for pairwise comparisons where appropriate. For RT-qPCR data Levene's test for homogeneity of variances was performed, if it showed significance ($p < 0.05$); then

Welch ANOVA and a Games-Howell's *posthoc* test were performed. SPSS software, version 22.0, was used to perform this analysis. In all experiments, probability values of <0.05 were considered significant.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsnano.0c03438>.

Tables providing information regarding statistical robustness of the results presented in Figures 4C,D and 5B,C; figures presenting additional physicochemical characterization data of starting GO material, including FT-IR, TGA, XPS, fluorescence, and absorbance; additional data related to the analysis of the structure and function of the spleen following GO administration; 9-month growth curve of mice administered with GO or Dex 5%; information on the abundance of GO in cells of the spleen, determined by FACS; images of TUNEL staining of murine sections over 9 months; additional information regarding the biodegradation of GO, including additional histological images, Raman spectra, TEM micrographs, and SAED diffractograms; data regarding physicochemical characterization of GO material incubation in water at 37 °C in the dark for 9 months (PDF)

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<https://pubs.acs.org/doi/10.1021/acsnano.0c03438>

Author Contributions

L.N. and D.J. designed, planned, performed most of the experimental work and data analysis, and drafted the manuscript. E.P. performed and assisted in the analysis of TEM and electron diffraction of GO in tissue sections. N.L. prepared the GO samples and helped in the physicochemical characterization of the samples. I.d.L. performed the RT-qPCR experiment and data analysis. Y.N. assisted in the TUNEL staining of the spleen tissues. M.B.A. helped perform and gave advice on spleen cell sorting and spleen cytokine extractions. J.P. helped in the initial stages of the project with planning the spleen cell experiments, extractions, and flow cytometry. S.J.H. provided guidance on TEM experiments and discussed the findings. C.B. and K.K. conceptualized the study, designed, planned, and discussed the findings, reviewed and edited the manuscript, and overall supervised the work.

Author Contributions

*L. Newman and D.A. Jasim contributed equally to this work.

Notes

The authors declare no competing financial interest.

ACKNOWLEDGMENTS

This work was partially supported by the EPSRC NOWNANO DTC program and grants EP/K016946/1 and EP/M010619/1. This work has received funding from the European Union's Horizon 2020 Research and Innovation Programme under Grant Agreement numbers GrapheneCore1 (696656) and GrapheneCore2 (785219). D.J. and K.K. would like to acknowledge the support by the UKRI, EPSRC from the Programme Grant 2D-Health (EP/P00119X/1). The DTRA, USA (grant HDTRA1-12-1-0013), is also acknowledged for partial support. The authors would like to acknowledge the staff in the Faculty of Biology, Medicine and Health EM Facility, particularly Dr. Aleksandr Mironov and Ms. Samantha Forbes, for their expertise and assistance, and the Wellcome Trust for equipment grant support to the EM Facility. The University of Manchester Bioimaging Facility microscopes used in this study were purchased with grants from the BBSRC, Wellcome Trust, and the University of Manchester Strategic Fund. The authors wish to acknowledge Mr. R. Meadows from the Bioimaging Facility. The authors are also thankful to Mr. P. Walker, from the Histology Facility, University of Manchester, for his expert advice and assistance in tissue histology. The authors also thank

Dr. N. Hodson from the Bio-AFM Facility for assistance and advice regarding the AFM instrumentation.

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NOTE ADDED AFTER ASAP PUBLICATION

This paper was published ASAP on July 28, 2020. The caption to Figure 5 was corrected. The revised paper was reposted on August 11, 2020.