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This is the **accepted version** of the journal article:

Vélez, Paris; Paredes, Ferran; Casacuberta Orta, Pau; [et al.]. «Portable Reflective-Mode Phase-Variation Microwave Sensor Based on a Rat-Race Coupler Pair and Gain». *IEEE sensors journal*, Vol. 23, Issue 6 (March 2023), p. 5745-5756. DOI 10.1109/JSEN.2023.3240771

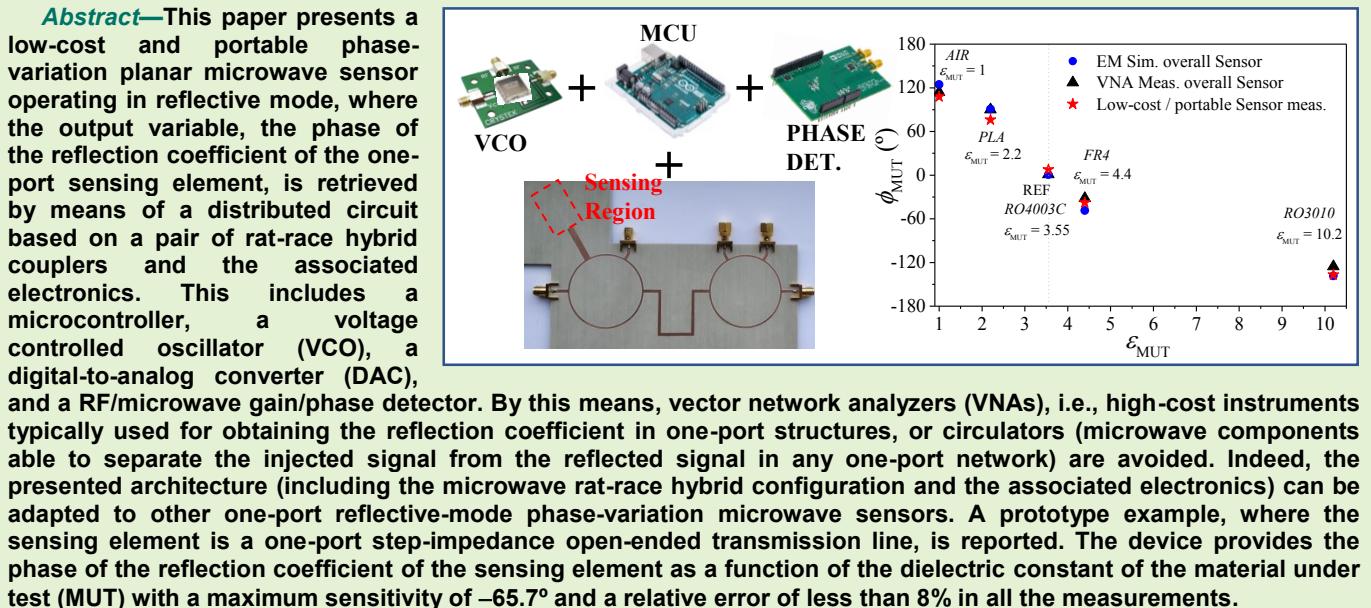
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# Portable Reflective-Mode Phase-Variation Microwave Sensor Based on a Rat-Race Coupler Pair and Gain/Phase Detector for Dielectric Characterization

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**Index Terms**— Hybrid coupler, microstrip technology, microwave sensor, permittivity sensor, phase detector, phase-variation sensor, reflective-mode sensor.

## I. INTRODUCTION

MICROWAVE technologies are well-suited for sensing, and constitute a good alternative to optical sensors (those considered to dominate the sensor's market) in many

This work was supported by MCIN/AEI 10.13039/501100011033, Spain, through the projects PID2019-103904RB-I00 (ERDF European Union) and PDC2021-121085-I00 (European Union Next Generation EU/PRTR), by the AGAUR Research Agency, Catalonia Government, through the project 2017SGR-1159, and by Institutó Catalana de Recerca i Estudis Avançats (who awarded Ferran Martín). P. Casacuberta acknowledges the Ministerio de Universidades, Spain, for the FPU grant (Ayudas para la formación de profesorado universitario), ref. FPU20/05700. L. Su acknowledges the Juan de la Cierva Program for the support through the project IJC2019-040786-I.

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scenarios [1]. Microwaves are very sensitive to the electromagnetic properties of the media to which they interact. Thus, most microwave sensors, at least those categorized under the designation of non-remote sensors (either contact or contactless), are devices able to provide the dielectric properties of the so-called material under test (MUT), typically the complex permittivity. Nevertheless, there are many other variables related to the permittivity of materials, such as the ambient temperature and humidity, the atmospheric pressure, material composition, etc., Therefore, microwave sensors are useful for the determination of many different physical, chemical, and even biological variables (in some cases, specific functional films, or reagents, are necessary) [1]. The research activity in microwave sensors has been progressively focussed on planar structures, due to their inherent advantages, i.e., low-cost and profile, possibility of sensor implementation in flexible substrates, including polymers [2], organic substrates, such as paper [3], and fabric

[4], and compatibility with other technologies, e.g., microfluidics [5]-[7], textiles (wearables) [8]-[10], micromachining [11], 3D-printing [12], new materials (e.g., graphene) [13], etc.

Planar microwave sensors can be classified according to various criteria [1]. Some of the categorization schemes are binary, for example, resonant or non-resonant, contact or contactless, transmission or reflective mode, invasive or non-invasive, intrusive or non-intrusive, active or passive, single-ended or differential-mode, etc. However, the most useful classification of planar microwave sensor is the one that obeys to the working principle, or, equivalently, to the considered output variable [1]. Thus, planar microwave sensors can be divided between frequency-variation sensors [14]-[24], phase-variation sensors [25]-[42], frequency-splitting sensors [43]-[51], and coupling-modulation sensors [52]-[66]. Although sometimes differential sensors [27]-[29],[67]-[69] have been included as part of this classification scheme, differential sensing is actually an operational mode, rather than a working principle.

Among the previous categorization of sensors, phase-variation sensors have been the subject of an increasing research interest. The reasons are multiple: (i) such sensors can operate at a single frequency, thereby reducing the costs of the associated electronics in a real scenario (operational environment), (ii) phase measurements are robust against electromagnetic interference (EMI) and noise (similar to frequency measurements); (iii) phase-variation sensors with reduced size and very high sensitivity based on reflective-mode structures (either single-ended or differential) can be implemented (nevertheless, different schemes to boost up the sensitivity in planar microwave sensors based on coupled lines or coupled resonators have been recently reported [70]-[72]). Indeed, reflective-mode phase-variation sensors with unprecedented sensitivities based on either quarter- or half-wavelength open-ended transmission line resonators (the sensing elements) cascaded to high/low impedance inverters have been reported [30] (it has also been demonstrated that by replacing the distributed sensing resonators with semi-lumped resonators, the sensor size can be reduced yet keeping similar performance [36],[37]). More recently, it has been shown that coupled lines [42], or coupled semi-lumped resonators (e.g., step impedance resonators –SIRs) [41], can provide even further sensitivities in reflective-mode phase-variation sensors, by virtue of the strong variation experienced by the phase of the reflection coefficient between the split resonances when the coupling is weak. For example, in one of the devices reported in [30], the sensitivity is as high as  $529^\circ$  (the input variable is the dielectric constant, i.e., dimensionless), whereas in one of the sensors presented in [42], the sensitivity is higher ( $736^\circ$ ). In both cases, the size of the sensing region is very small.

Despite the significant advantages and high performance (mainly the high sensitivity) of the reflective-mode phase-variation sensors mentioned in the preceding paragraph, retrieving the phase of the reflection coefficient (the output variable) is not absent of certain difficulty, unless vector

networks analyzers (VNAs) are used for that purpose (the usual approach in the proof-of-concept demonstrators reported in the available literature). However, VNAs are high-cost components, acceptable for device characterization and measurements at laboratory level, but not in real operational environments. In this paper, we report an approach to retrieve the phase of the reflection coefficient of the sensing element (a one-port reflective mode phase-variation sensor) without the use of VNAs. The injected and the reflected signals from the sensor are separated by means of an arrangement based on hybrid couplers, thereby avoiding the use of circulators (also an expensive component), and the phase is inferred by means of a gain/phase detector. Such VNA-less and circulator-less method to retrieve the phase of the reflection coefficient was first reported in [73]. However, in that work, the gain/phase detector, the key component to infer the output variable of the sensor, was not included. In this work, we include such component and apply the approach to a one-port sensing element based on a high/low step-impedance transmission line configuration terminated with an open-ended distributed resonator. Moreover, additional electronic components, including a voltage controlled oscillator (VCO), a microcontroller, and a digital-to-analog converter (DAC), are introduced in the final fabricated prototype, with the result of a fully portable sensing device that does not need neither a signal generator nor a VNA.

The work is organized as follows. In Section II, the specific circuit schematic (based on a pair of  $180^\circ$  hybrid couplers) for inferring the reflection coefficient of the one-port sensing element from the measurement of the output voltage waves at two different (separated) ports, is presented. Such circuit schematic and the corresponding analysis constituted the main goal of [73], but such analysis is briefly presented in this paper for coherence and completeness. In Section III, the sensing element (a reflective-mode phase-variation sensor based on an open-ended high-impedance quarter-wavelength transmission line resonator cascaded to a low-impedance quarter-wavelength impedance inverter) is presented and analysed. The complete sensor, including the sensing element plus the microwave circuitry necessary to obtain the phase of the reflection coefficient of the sensing element, but excluding the associated electronics, is presented in Section IV. A low-cost and portable reflective-mode phase-variation microwave sensor that includes all the electronics (microcontroller, VCO, DAC, and RF/microwave gain/phase detector) needed for the generation of the feeding signal, as well as for retrieving the output variable, is presented and characterized in Section V. Finally, the main concluding remarks of the work are highlighted in Section VI.

## II. SENSOR CONCEPT AND CIRCUIT ANALYSIS

In two-port transmission-mode sensors the output variable (typically a resonance frequency, a phase, or a magnitude) is contained in the transmission coefficient. Thus, the associated circuitry for retrieving the output variable (without the use of a VNA) consists of a voltage controlled oscillator (VCO) connected to the input port (for the generation of the

interrogation signal of the sensor), plus a phase or envelope detector cascaded to the output port (thereby providing the phase or magnitude, respectively, of the transmission coefficient [74]).

In reflective-mode sensors, the interrogation (injected) signal and the signal containing the relevant information (reflected signal) are present at the same (and unique) port. Therefore, additional components for separating the injected and the reflected signals are needed. Circulators can be used for that purpose, but these elements are expensive. An alternative solution, the one proposed in this paper, and first reported in [73], is based on the use of directional couplers, particularly, 180° rat-race hybrid couplers. Figure 1 depicts the schematic of the whole sensor, including the associated electronics, the sensing element, the pair of rat-race hybrid couplers, and the gain/phase detector, a necessary element to retrieve the phase of the reflection coefficient of the sensing element. Such reflection coefficient is designated as  $\rho_{MUT}$  in this work, and the corresponding phase, the output variable of the sensor, as  $\phi_{MUT}$ .

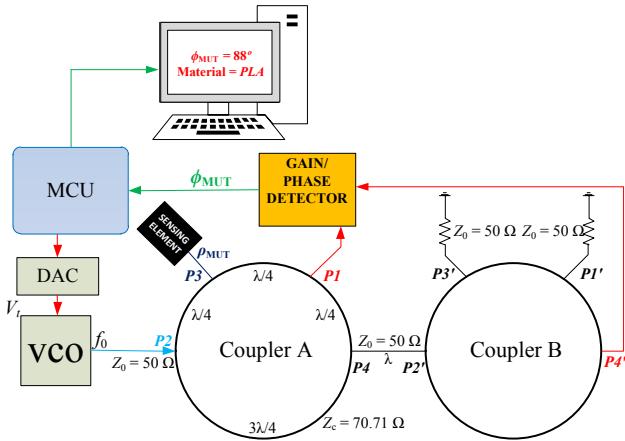


Fig. 1. Schematic of the proposed sensor, including the sensing element, connected to port 3 of the left coupler (A), the VCO, connected to port 2 of such coupler, and the gain/phase detector, able to provide the magnitude and phase difference between the signals at ports 1 (left coupler, A) and 4' (right coupler, B). Ports 1' and 3' are terminated with 50- $\Omega$  matched loads.

According to the sketch of Fig. 1, the input (harmonic) signal, tuned to the operational frequency of the couplers is injected at the  $\Delta$  port of coupler A (port 2), whereas the sensing element is connected to port 3 of that coupler. In this work, the frequency of operation  $f_0$  has been set to 2 GHz. Such frequency represents a compromise between the total size of the whole sensor (including the double rat-race configuration and the sensing element) and the simplicity of the associated electronics. The  $\Sigma$  port of coupler A (port 1) is connected to one of the input ports of the gain/phase detector, whereas port 4 is connected to the  $\Delta$  port of coupler B (port 2') through a 360° line. Note that port designation uses the super-index (') for coupler B, in order to differentiate the ports in that coupler from those of coupler A. Ports 1' and 3' are terminated with matched loads, whereas port 4' is connected to the second input port of the gain/phase detector.

With the considered port designation, the  $S$ -parameter matrix of the hybrid couplers is [75]

$$\mathbf{S} = \mathbf{S}' = -\frac{j}{\sqrt{2}} \begin{pmatrix} 0 & 0 & 1 & 1 \\ 0 & 0 & 1 & -1 \\ 1 & 1 & 0 & 0 \\ 1 & -1 & 0 & 0 \end{pmatrix} \quad (1)$$

Taking into account the specific port terminations, or loadings, the transmission coefficients between the input port (port 2 of coupler A) and port 1 (of coupler A), and between port 2 and port 4' (of coupler B) can be expressed as [73]

$$S_{12} = \frac{b_1}{a_2} = -\frac{1}{2} \rho_{MUT} \quad (2)$$

$$S_{4'2} = \frac{b_{4'}}{a_2} = -\frac{1}{2} \quad (3)$$

Note that (2) is proportional to the reflection coefficient ( $\rho_{MUT}$ ) of port 3 of coupler A (where the sensing element is located). The ratio between the output voltage waves at ports 1 ( $b_1$ ) and 4' ( $b_{4'}$ ), equivalent to the ratio between the transmission coefficients  $S_{12}$  (from port 2 to 1) and  $S_{4'2}$  (from port 2 to 4'), is thus

$$\frac{b_1}{b_{4'}} \equiv \frac{S_{12}}{S_{4'2}} = \rho_{MUT} \quad (4)$$

and it coincides with the reflection coefficient of the sensing element. In [73], where the analysis that leads to expression (4) was discussed in detail, it was demonstrated that the measurement of the transmission coefficients  $S_{12}$  and  $S_{4'2}$ , and application of the ratio given by (2), provides a good estimation of  $\rho_{MUT}$ , and particularly of its phase,  $\phi_{MUT}$ . According to (4),  $\phi_{MUT}$  is simply given by the difference between the phases of  $S_{12}$  and  $S_{4'2}$ . Thus, in the present work, the phase  $\phi_{MUT}$  is retrieved by means of a gain/phase detector, a device that gives the phase difference between two signals, as well as the ratio between their magnitudes. For that purpose, the gain/phase detector is arranged as shown in Fig. 1, with the input ports connected to ports 1 and 4' of couplers A and B, respectively.

In order to implement a portable device, avoiding the use of a signal generator, a VCO that provides the feeding (or interrogation) harmonic signal to be injected at port 2 of coupler A is used. The control voltage of the VCO,  $V_t$ , is provided by a DAC, in turn managed by a microcontroller (MCU). The microcontroller also receives the output signal of the sensor, from the gain/phase detector, for further data processing and, eventually, storage and visualization (e.g., by means of a computer or a LCD display). Note that in the system of Fig. 1, the control voltage of the VCO,  $V_t$ , is a constant value, given by the required operating frequency,  $f_0$ . It is independent on the phase retrieved from the gain/phase detector (i.e., the whole structure is not a closed loop system, despite the fact that the MCU has two functions, managing the VCO and processing the sensor data).

### III. THE SENSING ELEMENT, SENSITIVITY ANALYSIS, AND CHARACTERIZATION

The considered sensing element in this paper, connected to port 3 of coupler A, is a reflective-mode phase-variation sensor based on an open-ended high-impedance quarter-wavelength transmission line resonator (the sensitive part, also called sensing line) cascaded to a low-impedance quarter-wavelength impedance inverter (used to boost up the sensitivity, as discussed in [30], and designated by design line). Naturally, such electrical lengths refer to the operational frequency of the sensor,  $f_0$ . In [30], a justification (not absent of certain difficulty) of such combination of electrical lengths and characteristic impedances for sensitivity optimization was given. Let us next provide an alternative (and simple) analysis, not published so far, which leads us to the same conclusions in regard to sensitivity optimization. The main hypothesis is that, in order to enhance the sensitivity, it is necessary that the phase of the reflection coefficient, when the sensitive element is loaded with the reference (REF) sample, experiences the maximum possible variation with frequency. If the phase slope is high, the effect of a variation in the dielectric properties of the MUT, in comparison with the REF material, will be an overall shift that is expected to generate a strong variation in the phase at the operating frequency, i.e., a high sensitivity (an aspect illustrated in Fig. 2).

Let us designate by  $\phi_s$  and  $Z_s$  the electrical length and characteristic impedance, respectively, of the sensing line, when such line is loaded with the REF material, and let us call the electrical length and characteristic impedance of the design line  $\phi$  and  $Z$ , respectively (see Fig. 3). As a first step, let us make the analysis by considering that the sensor is constituted only by the open-ended sensing line (i.e.,  $\phi = 0^\circ$ ). The impedance seen from the input port of that line is [75]

$$Z_{in} = -jZ_s \cot \phi_s \quad (5)$$

and the corresponding reflection coefficient, referred to  $Z_0$ , the reference impedance, is

$$\rho_{REF} = \frac{+Z_0 + jZ_s \cot \phi_s}{-Z_0 + jZ_s \cot \phi_s} \quad (6)$$

Therefore, the phase of the reflection coefficient is

$$\phi_\rho = 2\arctan\left(\frac{Z_s \cot \phi_s}{Z_0}\right) + \pi \quad (7)$$

The derivative of the phase with the angular frequency (phase slope) can be expressed as

$$\frac{d\phi_\rho}{d\omega} = \frac{d\phi_\rho}{d\phi_s} \cdot \frac{d\phi_s}{d\omega} = -\frac{2}{\frac{Z_0}{Z_s} \sin^2 \phi_s + \frac{Z_s}{Z_0} \cos^2 \phi_s} \cdot \frac{l_s}{v_s} \quad (8)$$

where  $l_s$  and  $v_s$  are the physical length and phase velocity, respectively, of the sensing line [note that the last term in (8) is easily obtained, since  $\phi_s = \omega \cdot l_s / v_s$ ].

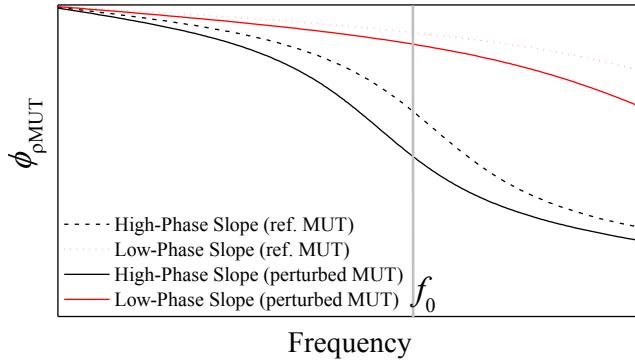


Fig. 2. Sketch illustrating the effects of a high phase slope on the phase variation at a fixed frequency caused by changes in the dielectric constant of the MUT, as compared to a low phase slope.

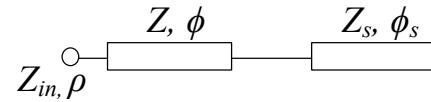


Fig. 3. Schematic of the proposed sensing element with indication of the electrical lengths and characteristic impedances.

In order to obtain the angular frequency, or, equivalently, the electrical length,  $\phi_s$ , that maximizes the phase slope, the second derivative is needed, i.e.,

$$\frac{d^2 \phi_\rho}{d\omega^2} = \frac{4 \sin \phi_s \cos \phi_s}{\left[\frac{Z_0}{Z_s} \sin^2 \phi_s + \frac{Z_s}{Z_0} \cos^2 \phi_s\right]^2} \cdot \left\{\frac{Z_0}{Z_s} - \frac{Z_s}{Z_0}\right\} \cdot \frac{l_s^2}{v_s^2} \quad (9)$$

The phase points where the second derivative (9) is null, should correspond to either maxima or minima of the phase slope. The solutions are either  $\phi_s = (2n + 1) \cdot \pi/2$ , or  $\phi_s = n \cdot \pi$ ,  $n$  being an integer. For  $\phi_s = (2n + 1) \cdot \pi/2$ , the phase slope is

$$\left. \frac{d\phi_\rho}{d\omega} \right|_{\phi_s = (2n + 1) \cdot \pi/2} = -\frac{2Z_s}{Z_0} \cdot \frac{l_s}{v_s} \quad (10)$$

corresponding to a maximum, provided  $Z_s > Z_0$ . For an electrical length satisfying  $\phi_s = n \cdot \pi$ , the phase slope is

$$\left. \frac{d\phi_\rho}{d\omega} \right|_{\phi_s = n \cdot \pi} = -\frac{2Z_0}{Z_s} \cdot \frac{l_s}{v_s} \quad (11)$$

i.e., a maximum as far as  $Z_s < Z_0$ .

The main conclusion of the previous analysis is that for optimizing the phase slope, and hence the sensitivity, by using a quarter-wavelength (or odd multiple) sensing line, a high impedance open-ended sensing line is needed. Contrarily, if the sensing element is an open-ended half-wavelength (or multiple) line, the characteristic impedance of such line must be low. Note that such phase and impedance combinations are those corresponding to high-Q resonators. Namely, an open-ended high impedance quarter-wavelength line is equivalent to a high-Q series RLC resonator, whereas an open-ended low impedance half-wavelength line behaves as a high-Q parallel RLC resonator in the vicinity of resonance.

Let us next consider the sensor with the presence of the design line. In this case, the impedance seen from the input port is

$$Z_{in} = \frac{jZ(Z \tan \phi - Z_s \cot \phi_s)}{Z + Z_s \cot \phi_s \tan \phi} \quad (12)$$

and the reflection coefficient is given by

$$\rho_{REF} = \frac{-Z_0(Z + Z_s \tan \phi \cot \phi_s) + jZ(Z \tan \phi - Z_s \cot \phi_s)}{+Z_0(Z + Z_s \tan \phi \cot \phi_s) + jZ(Z \tan \phi - Z_s \cot \phi_s)} \quad (13)$$

The phase of the reflection coefficient is thus

$$\phi_\rho = 2\arctan\left(\frac{Z(Z_s \cot \phi_s - Z \tan \phi)}{Z_0(Z + Z_s \tan \phi \cot \phi_s)}\right) + \pi \quad (14)$$

Since both  $\phi_s$  and  $\phi$  are frequency dependent, the phase slope in this case can be expressed as follows

$$\frac{d\phi_\rho}{d\omega} = \frac{d\phi_\rho}{d\phi_s} \cdot \frac{d\phi_s}{d\omega} + \frac{d\phi_\rho}{d\phi} \cdot \frac{d\phi}{d\omega} \quad (15)$$

and the derivatives in (15) are:

$$\frac{d\phi_\rho}{d\phi_s} = \frac{-2Z^2 Z_s Z_0 (1 + \tan^2 \phi)}{Z_0^2 (Z \sin \phi_s + Z_s \tan \phi \cos \phi_s)^2 + Z^2 (Z \tan \phi \sin \phi_s - Z_s \cos \phi_s)^2} \quad (16a)$$

$$\frac{d\phi_\rho}{d\phi} = \frac{-2Z Z_0 (Z^2 + Z_s^2 \cot^2 \phi_s)}{Z_0^2 (Z \cos \phi + Z_s \sin \phi \cot \phi_s)^2 + Z^2 (Z_s \cos \phi \cot \phi_s - Z \sin \phi)^2} \quad (16b)$$

$$\frac{d\phi_s}{d\omega} = \frac{l_s}{v_s} \quad (16c)$$

$$\frac{d\phi}{d\omega} = \frac{l}{v} \quad (16d)$$

where  $l$  and  $v$  are the length and phase velocity of the design line. Since for the structure based merely on the sensing line, the optimum phases are  $\phi_s = (2n + 1)\pi/2$  (with  $Z_s$  high), or  $\phi_s = n\pi$  (with  $Z_s$  low), i.e., high-Q resonators, as mentioned before, it can be assumed that when a transmission line (design line) is cascaded to the sensing line, the optimum phases of the sensing line are also  $\phi_s = (2n + 1)\pi/2$  (with  $Z_s$  high), or  $\phi_s = n\pi$  (with  $Z_s$  low). Thus, we should determine the optimum phase and characteristic impedance of the design line.

Let us focus the analysis on the case where the phase of the sensing line is  $\phi_s = (2n + 1)\pi/2$  (since the sensor will be implemented by means of a 90° sensing line). Evaluation of the phase slope [expression (15)] for such phase of the sensing line (leaving  $\phi$  as a free parameter) is

$$\frac{d\phi_\rho}{d\omega} \Big|_{\phi_s = (2n + 1)\pi/2} = \frac{-2Z_0}{(Z_0^2 + Z^2 \tan^2 \phi)} \cdot \left\{ Z_s (1 + \tan^2 \phi) \cdot \frac{l_s}{v_s} + \frac{Z}{\cos^2 \phi} \cdot \frac{l}{v} \right\} \quad (17)$$

and such phase slope is a maximum for those values of  $\phi$  where the derivative of (17) with  $\phi$  nulls. Note that the fact that the phase of the sensing line is set to  $\phi_s = (2n + 1)\pi/2$  determines the operational frequency, provided  $l_s$  is set to a certain value. Consequently, we should obtain the derivative of (17) with respect to  $\phi$ , not with respect to the angular frequency. Calculation of such derivative gives

$$\frac{d}{d\phi} \left( \frac{d\phi_\rho}{d\omega} \Big|_{\phi_s = (2n + 1)\pi/2} \right) = \frac{-4Z_0 \tan \phi (Z_0^2 - Z^2)}{\cos^2 \phi (Z_0^2 + Z^2 \tan^2 \phi)^2} \cdot \left\{ Z_s \frac{l_s}{v_s} + Z \frac{l}{v} \right\} \quad (18)$$

and it is null for  $\phi = (2n + 1)\pi/2$ , or  $\phi = n\pi$ . In the former case, the phase slope (17), or (15) with both phases satisfying  $\phi_s = \phi = (2n + 1)\pi/2$ , is

$$\frac{d\phi_\rho}{d\omega} \Big|_{\phi_s = \phi = (2n + 1)\pi/2} = -\frac{2Z_0}{Z^2} \cdot \left\{ Z_s \frac{l_s}{v_s} + Z \frac{l}{v} \right\} \quad (19a)$$

whereas for  $\phi = n\pi$  and  $\phi_s = (2n + 1)\pi/2$ , the phase slope is

$$\frac{d\phi_\rho}{d\omega} \Big|_{\phi_s = \frac{(2n + 1)\pi}{2}, \phi = n\pi} = -\frac{2}{Z_0} \cdot \left\{ Z_s \frac{l_s}{v_s} + Z \frac{l}{v} \right\} \quad (19b)$$

In view of (19), it is apparent that the optimum phase of the design line for enhancement of the phase slope is  $\phi = (2n + 1)\pi/2$ , provided the characteristic impedance of such line is set to a low value,  $Z < Z_0$  [note that  $Z$  appears in the denominator of 19(a) squared]. It is also apparent that the characteristic impedance of the sensing line, with  $\phi_s = (2n + 1)\pi/2$  (the considered case), must be set to a high value [see 19(a)].

The previous analysis justifies that the considered sensing element in this paper is based on a pair of cascaded 90° lines with low (the design line) and high (the open-ended sensing line) characteristic impedance. By this means, at the frequency where the phases satisfy such condition, the phase slope (or derivative of the phase of the reflection coefficient with frequency) is expected to be very high, and this enhances the sensitivity in the vicinity of the REF sample. By considering that the input variable of the sensor is the dielectric constant of the MUT, the sensitivity is given by the following expression

$$S = \frac{d\phi_{MUT}}{d\epsilon_{MUT}} \quad (20)$$

where  $\phi_{MUT}$  is the phase of the reflection coefficient at the operating frequency, when it is loaded with a certain MUT sample with dielectric constant  $\epsilon_{MUT}$ . Note that  $\phi_{MUT} = \phi_\rho$  when the MUT coincides with the REF material (or  $\epsilon_{MUT} = \epsilon_{REF}$ ). A variation of the dielectric constant of the MUT modifies both the electrical length,  $\phi_s$ , and the characteristic impedance,  $Z_s$ , of the sensing line. Therefore, the sensitivity can be expressed as

$$S = \frac{d\phi_{MUT}}{d\epsilon_{MUT}} = \frac{d\phi_{MUT}}{d\phi_s} \cdot \frac{d\phi_s}{d\epsilon_{MUT}} + \frac{d\phi_{MUT}}{dZ_s} \cdot \frac{dZ_s}{d\epsilon_{MUT}} \quad (21)$$

However, it can be easily demonstrated [30] that the last term in (21) vanishes for dielectric constants in the vicinity of  $\epsilon_{REF}$ , since  $d\phi_{MUT}/dZ_s = 0$  for  $\phi = (2n + 1)\pi/2$  and  $\phi_s = (2n + 1)\pi/2$ . Thus, the sensitivity in the limit of small perturbations around  $\epsilon_{REF}$  is

$$S_{\epsilon_{REF}} = \frac{d\phi_{MUT}}{d\epsilon_{MUT}} \Big|_{\epsilon_{REF}} = \frac{d\phi_{MUT}}{d\phi_s} \cdot \frac{d\phi_s}{d\epsilon_{MUT}} \Big|_{\epsilon_{REF}} = \frac{d\phi_\rho}{d\phi_s} \cdot \frac{d\phi_s}{d\epsilon_{MUT}} \Big|_{\epsilon_{REF}} \quad (22)$$

where  $d\phi_\rho/d\phi_s|_{\varepsilon_{REF}}$  is given by (16a) with  $\phi = (2n + 1)\cdot\pi/2$  and  $\phi_s = (2n + 1)\cdot\pi/2$ , and

$$\frac{d\phi_s}{d\varepsilon_{MUT}}\Big|_{\varepsilon_{REF}} = \frac{\omega_0 l_s}{2\sqrt{2}c} \frac{1}{\sqrt{\varepsilon_r \frac{1+F}{(1-F)^2} + \varepsilon_{REF} \frac{1}{1-F}}} \quad (23)$$

where  $c$  is the speed of light in vacuum,  $\varepsilon_r$  is the substrate dielectric constant, and  $F$  is a shape factor that depends on the transverse geometry of the line (microstrip technology is considered), i.e.,

$$F = \left(1 + 12 \frac{h}{W_s}\right)^{-1/2} \quad (24a)$$

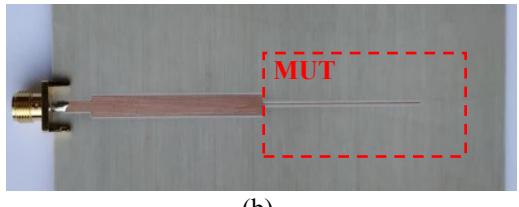
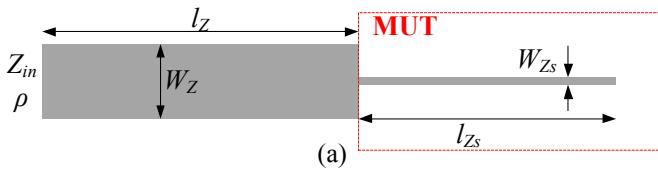
for  $W_s/h \geq 1$ , or by

$$F = \left(1 + 12 \frac{h}{W_s}\right)^{-1/2} + 0.04 \left(1 - \frac{W_s}{h}\right)^2 \quad (24b)$$

for  $W_s/h < 1$ . In (24),  $h$  and  $W_s$  are the substrate thickness and the width of the sensing line, respectively, and it is assumed that  $t \ll h$ , where  $t$  is the thickness of the metallic layer. Thus, the sensitivity for  $\varepsilon_{MUT} = \varepsilon_{REF}$  is found to be

$$S_{\varepsilon_{REF}} = -2 \frac{Z_s Z_0}{Z^2} \cdot \frac{\omega_0 l_s}{2\sqrt{2}c} \frac{1}{\sqrt{\varepsilon_r \frac{1+F}{(1-F)^2} + \varepsilon_{REF} \frac{1}{1-F}}} \quad (25)$$

In the designed sensor, the sensing line has been designed with an electrical length of  $90^\circ$  (corresponding to a quarter-wavelength) at the operating frequency,  $f_0$ , and by considering that such line is loaded (covered) with the so-called reference (REF) material, a uniform and semi-infinite material with dielectric constant  $\varepsilon_{REF} = 3.55$  (the one of the *Rogers 4003C* low-loss microwave substrate, available in our laboratory). The considered sensor substrate is the *Rogers RO4003C*, with thickness  $h = 0.81$  mm, dielectric constant  $\varepsilon_r = 3.55$ , and loss tangent  $\tan\delta = 0.0022$  (note that this is the substrate where the complete sensor will be implemented, to be discussed later). The characteristic impedance of the sensitive high-impedance  $90^\circ$  open-ended line section (sensing line) has been set to  $Z_s = 109$   $\Omega$ , whereas the low-impedance line section (design line) has been designed to exhibit a characteristic impedance of  $Z = 30$   $\Omega$ . With these impedance values and electrical lengths, as well as substrate parameters, the dimensions of the sensing element are those indicated in Fig. 4, where the layout is depicted. Note that the physical length of the high-impedance quarter-wavelength open-ended sensing line is shorter than the one cascaded to it, also a quarter-wavelength line section. The reason is the considered REF material, with  $\varepsilon_{REF} = 3.55$ , a dielectric constant much higher than that of air ( $\varepsilon_{air} = 1$ ). Moreover, the width of these  $90^\circ$  line sections is unequal.



(b)

**Fig. 4.** Layout of the sensing element and relevant dimensions (a) and photograph of the fabricated structure (b). The sensing region, where the MUT must be located, is shown by the dashed rectangle. Dimensions are (in mm):  $l_{Zs} = 19.8$ ,  $W_{Zs} = 0.2$ ,  $l_Z = 21.7$  and  $W_Z = 3.8$ . Note that the size of the MUT must cover the sensing region, and the MUT should not cover the line adjacent to the sensing region.

The sensor is devoted to the determination of the dielectric constant of the MUT in this work, but it might be applied to the measurement of other variables related to it. Figure 5 depicts the phase of the reflection coefficient at  $f_0 = 2$  GHz,  $\phi_{MUT}$ , as a function of the dielectric constant of the MUT,  $\varepsilon_{MUT}$ , inferred by means of electromagnetic simulation. Such simulations have been performed by means of the *Keysight PathWave Advanced Design System (ADS) 2021* commercial simulator, and the substrate has been considered semi-infinite in the vertical direction. For  $\varepsilon_{MUT} = \varepsilon_{REF} = 3.55$ , the phase of the reflection coefficient of the sensing element at  $f_0$  should be  $\phi_{MUT} = 0^\circ$ , since the open end is translated to the input port of the sensing element due to the presence of two cascaded quarter-wavelength transmission line sections. As it can be seen in Fig. 5, the simulated phase for  $\varepsilon_{MUT} = \varepsilon_{REF} = 3.55$  is in good agreement with the expected value (note that the effects of the  $50\text{-}\Omega$  access lines on the phase have been eliminated). The sensitivity, as defined by (20), is also depicted in Fig. 5. The sensitivity in the limit of small perturbations in the vicinity of the reference dielectric constant,  $\varepsilon_{MUT} = \varepsilon_{REF}$ , is found to be  $S_{\text{sim}} = -64.36^\circ$  (the sub-index denotes simulated sensitivity), in good agreement with the theoretical value,  $S_{\text{th}} = -64.53^\circ$ , as given by expression (25).

Increasing the sensitivity in the limit of small perturbations (in the vicinity of the dielectric constant of the reference material) has the penalty of losing linearity and input dynamic range. In order to be able to increase the input dynamic range and the sensor linearity, thereby being possible the measurement of dielectric constants beyond the limit considered in this work, it would be enough to relax the condition of maximum sensitivity. For that purpose, the procedure would be to consider the impedances  $Z$  and  $Z_s$  closer to the reference impedance of the ports,  $Z_0 = 50\Omega$ . Note that in the limit where only a sensing line with impedance  $Z_s = 50\text{ }\Omega$  is considered, the phase variation experienced by the reflection coefficient ( $\phi_{MUT}$ ) by varying the dielectric constant of the MUT on top of it should be roughly linear.

To further validate the performance of the sensing element, we have fabricated it by means of the *LPKF H100* drilling machine [see Fig. 4(b)], and we have obtained the phase of the reflection coefficient for different materials (by means of a VNA, model *Agilent PNA N5221A*). The results are also included in Fig. 5, where the good agreement with the simulated phase values can be appreciated (the considered MUTs are stacks of unclad microwave substrates available in our laboratory, with an enough overall thickness so as to

consider them semi-infinite in the vertical direction). It should be mentioned that the sensitivity as inferred from experimental data cannot be obtained due to the lack of a significant number of data points.

It is worth highlighting that the phase of the reflection coefficient ( $\phi_{\text{MUT}}$ ) does not vary substantially with the loss tangent of the considered materials, as revealed by electromagnetic simulations (with loss tangents in the range between 0 and 0.1), not shown. The phase dispersion caused by varying loss tangent in the cited range has been found to be less than  $2^\circ$ .

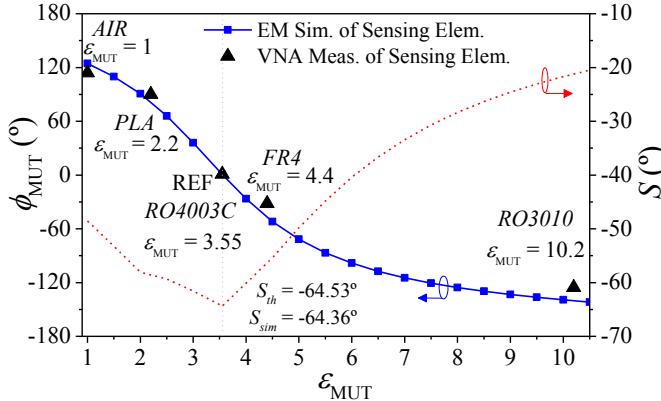


Fig. 5. Dependence of the phase of the reflection coefficient of the sensing element with the dielectric constant of the MUT, and sensitivity.

#### IV. COMPLETE SENSOR AND EXPERIMENTAL VALIDATION

As mentioned before, the overall sensor, including the sensing element plus the necessary circuitry for retrieving the phase of the reflection coefficient of the sensing element,  $\phi_{\text{MUT}}$ , has been implemented in the same substrate used for the fabrication of the isolated sensing element (see previous section). The rat-race hybrid couplers exhibit a ring circumference of 1.5 wavelengths and a characteristic impedance of  $Z_c = 70.71 \Omega$  (provided the reference impedance of the ports is  $Z_0 = 50 \Omega$ , the usual value) [75]. It should be mentioned that the line section of length  $\lambda$  connecting port 4 of coupler A with port 2' of coupler B is not actually necessary. Nevertheless, its presence is convenient in order to physically separate the pair of couplers, thereby avoiding undesired coupling effects (such line does not modify the performance of the sensor since its electrical length at the operating frequency is  $360^\circ$ , equivalent to  $0^\circ$ ). With the indicated phase and impedance values, and substrate parameters, the resulting dimensions of the hybrid couplers are those indicated in Fig. 6, where the whole sensor, excluding the associated electronics, is depicted (the sensing element is identical to the one of Fig. 4).

Figure 7 depicts the dependence of the measured phase of the reflection coefficient,  $\phi_{\text{MUT}}$ , of the prototype of Fig. 6 as a function of the dielectric constant,  $\epsilon_{\text{MUT}}$ , of different dielectric samples, previously used in Section III. In order to validate the prototype functionality, the first measurement consisted in determining the phase of the reflection coefficient of the

sensing element at  $f_0$  for  $\epsilon_{\text{MUT}} = \epsilon_{\text{REF}} = 3.55$ , the reference dielectric constant. In order to obtain  $\phi_{\text{MUT}} = 0^\circ$ , the phase value corresponding to the dielectric constant of the REF material, it was necessary to slightly shift the operational frequency to  $f_0 = 2.07 \text{ GHz}$ . Such frequency tuning is unavoidable in practice (especially in a multicomponent circuit like the one of Fig. 6) due to fabrication-related tolerances. The measured experimental data (referred to in Fig. 7 as VNA Measurements), obtained with the operating frequency set to  $f_0 = 2.07 \text{ GHz}$ , as indicated, are in good agreement with the simulated phases. Let us clarify that the phase  $\phi_{\text{MUT}}$ , the output variable of the sensor, either simulated or measured, has been inferred through the ratio of the transmission coefficients  $S_{12}$  and  $S_{4'2}$ . Such ratio provides the reflection coefficient [see expression (4)], from which the phase can be inferred.

It is important to highlight that the measured data in Fig. 7 is almost undistinguishable from the experimental data in Fig. 5 (inferred by directly measuring the reflection coefficient in the sensing element). This validates the associated microwave circuitry (a pair of  $180^\circ$  rat-race hybrid couplers) to retrieve the phase of the MUT,  $\phi_{\text{MUT}}$ , by independent measurements of the phases at ports 1 and 4'. Note that the simulated phases in Figs. 5 and 7 are also undistinguishable. Indeed, the sensitivity (at small perturbations) inferred from the simulated data points of Fig. 7 is found to be  $S_{\text{sim}} = -65.73^\circ$ , very similar to the value given in Fig. 5, and also in very good agreement with the theoretical value. Notice that a 5-th order polynomial calibration curve with correlation coefficient of  $R^2 = 0.999$  has been included for applications purpose.

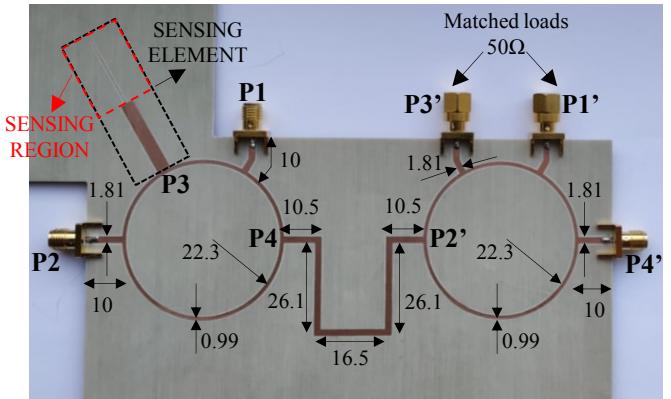


Fig. 6. Photograph of the fabricated sensor including the pair of rat-race couplers. The indicated dimensions are in mm. Note that the dimensions of the sensing element are given in Fig. 4.

Let us also clarify that, concerning the electromagnetic simulations, we have first simulated the whole structure excluding the high-impedance  $90^\circ$  sensing line by means of the Keysight ADS electromagnetic solver, and then the sensing line loaded with the different MUT samples. Then the results have been exported to the Keysight ADS circuit schematic, which has provided the transmission coefficients  $S_{12}$  and  $S_{4'2}$ , and thereby the phase of interest,  $\phi_{\text{MUT}}$ . This co-simulation has been necessary since the MUT only covers the open-ended high-impedance  $90^\circ$  sensing line, and the Keysight ADS electromagnetic simulator (a 2D electromagnetic solver) is

unable to deal with such kind of structures, with dielectric layers exhibiting transverse limited boundaries.

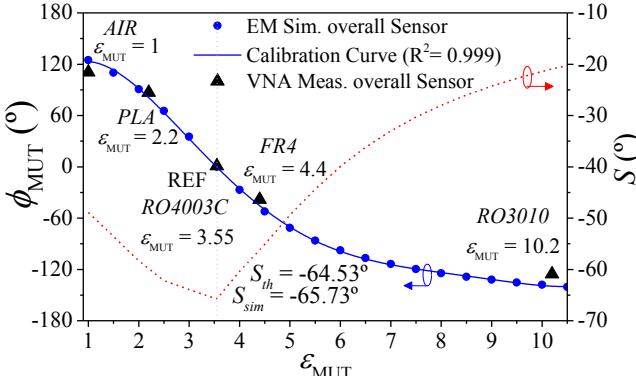


Fig. 7. Dependence of the phase of the reflection coefficient of the sensing element for the sensor of Fig. 4 with the dielectric constant of the MUT, and sensitivity. The calibration curve is  $\phi_{MUT} = 82.32 + 97.5\epsilon_{MUT} - 68.79\epsilon_{MUT}^2 + 13.18\epsilon_{MUT}^3 - 1.06\epsilon_{MUT}^4 + 0.03\epsilon_{MUT}^5$ .

## V. LOW-COST AND PORTABLE MICROWAVE SENSOR PROTOTYPE

In the previous section, the sensing data was obtaining by measuring the phases of the transmission coefficients at ports  $P_1$  and  $P_4$ , as indicated, by means of a VNA (the objective was to validate the functionality of the coupler pair to separate the feeding signal from the signal reflected back from the sensing element). This section is focused on the development of a low-cost portable phase-variation microwave permittivity sensor based on the microwave structure of Fig. 6, and following the sketch of Fig. 1 (thereby avoiding the use of expensive VNA equipment).

Figure 8 shows the photograph of the whole sensor, that includes the electromagnetic block and the required associated electronics (electronic block). The electronic module is in charge of the generation of the feeding signal and post-processing. The feeding microwave harmonic signal (tuned to  $f_0 = 2.07$  GHz) is generated by means of a VCO, model *Crystek CVC055BE*. A DAC, model *Microchip Technologies MCP4725*, connected through the microcontroller (MCU *Arduino*), provides a constant VCO control voltage of  $V_t = 3.9$  V. The microcontroller also retrieves the sensor data (provided by the gain-phase detector) and generates the required feeding signals of the different electronic elements (VCO, DAC, and gain-phase detector).

The signals at the two output ports of the microwave sensor (ports  $P_1$  and  $P_4$ , see Fig. 1 or 6) have been injected to the input ports of a RF/microwave gain/phase detector (model *Analog Devices AD8302*). The gain/phase detector output provides the phase difference of the signals at the input ports, and, consequently, the output variable of the sensor,  $\phi_{MUT}$ . Naturally, such phase can be retrieved for the dielectric constant of the different considered MUTs, and has been processed and monitored externally (in real time) by means of a computer. Figure 9 plots the measured phase shift for the different dielectric materials (the corresponding dielectric constant values are indicated in the figure). For comparison

purposes, the simulated and measured phases of Fig. 7, corresponding to the measured dielectric slabs, have been included in the same figure, where it can be seen that the agreement is very reasonable.

In order to evaluate the repeatability and robustness of the whole sensor system, the measurements for each sample were carried out in three different campaigns. In the first round of measurements, the samples were tested starting with the lowest dielectric constant MUT, and progressively measuring the phase of those MUTs exhibiting higher dielectric constants (sequence *Air-PLA-RO4003C-FR4-RO3010*). The second round of measurements was done by reversing the MUT sequence (from *RO3010* up to *Air*). Finally the last round of measurement was done by considering an arbitrary order (*RO4003C-Air-RO3010-FR4* and *PLA*). As it can be seen in Fig. 10, the relative errors obtained for all the experimental data are less than 8%. All the experimental data have been obtained at room temperature (24°C) conditions, and the dimensions of the dielectric measured slabs are 28 mm × 14 mm in all cases.

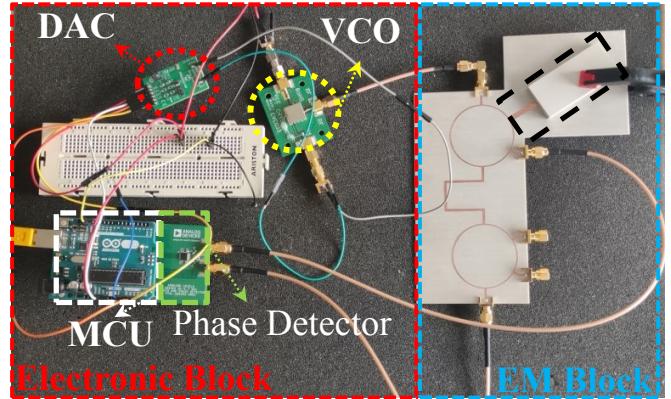


Fig.8. Complete experimental setup of the proposed low-cost and portable reflective-mode phase variation microwave sensor based on a pair of hybrid couplers.

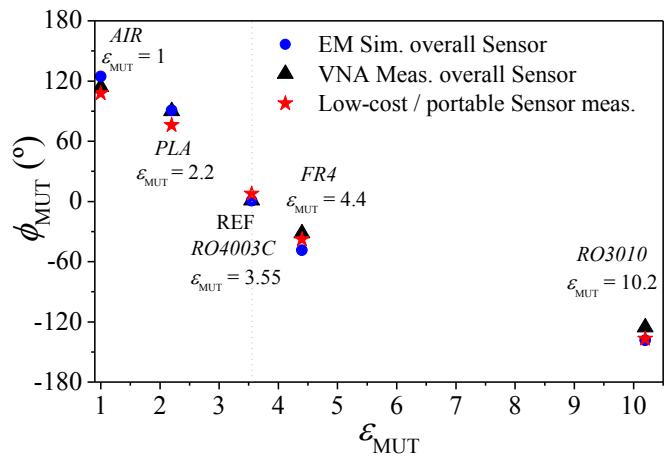
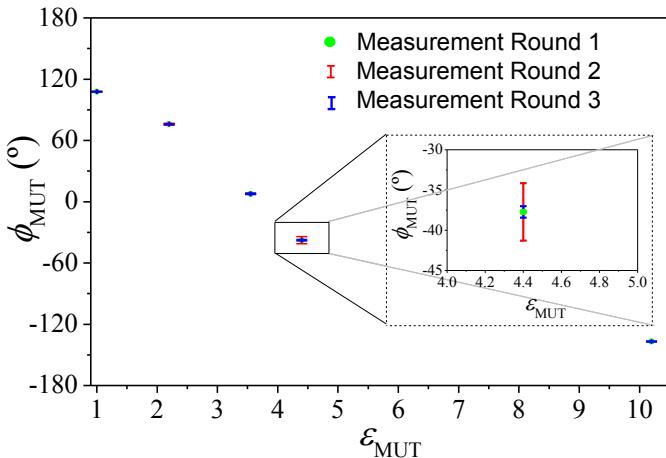


Fig. 9. Dependence of the phase of the reflection coefficient of the sensing element in the portable and low-cost proposed microwave sensor with the dielectric constant of the MUT.



**Fig.10.** Error bars obtained for the experimental setup of Fig. 6, considering three experimental campaigns.

With the results of Figs. 9 and 10, the portable reflective-mode phase-variation permittivity sensor, based exclusively on an electromagnetic module (the sensing element and the pair of couplers) and the associated electronics (for signal generation and processing), has been experimentally validated. Let us clarify that by “portable” we mean in this work a sensing device which provides the output signal without the need of using neither a VNA, the conventional instrument for demonstrating the functionality of microwave sensors at laboratory level, nor a signal generator, typically used to inject the required interrogation signals. Integrating the different sensor components (microwave circuitry plus electronics) in a compact shield is out of the scope of this paper. Let us also emphasize that the main objective of this work has been to implement and experimentally validate such a fully portable reflective-mode phase-variation sensor, rather than designing and implementing a high performance sensor devoted to a specific application. For that reason, we have validated the sensor by considering the material dielectric constant (of the different MUTs) as the input variable. Nevertheless, many other applications, involving measurands (input variables) able to perturb the phase of the reflection coefficient of the sensing element, not necessarily of the type considered in this paper, can be envisaged, e.g., liquid sensing for industrial processes, bio-sensing, structural health monitoring, material composition determination, etc.

## VI. CONCLUSIONS

In conclusion, it has been demonstrated in this paper that the phase of the reflection coefficient in one-port networks can be retrieved by means of a gain/phase detector and a pair of rat-race hybrid couplers conveniently connected and loaded. The designed and fabricated structure has been applied to the measurement of the phase of the reflection coefficient in a one-port reflective-mode phase-variation sensor based on an open-ended quarter-wavelength sensing resonator cascaded to a low-impedance quarter-wavelength impedance inverter (used to boost up the sensitivity). The sensor has been first experimentally validated by means of a VNA, considering the

sensing element plus the microwave circuitry (based on a pair of rat-race couplers) necessary to separate the feeding signal from the reflected signal from the sensing element. Then, a portable and low-cost VNA-less sensor, that incorporates a gain-phase detector, a VCO, a DAC and a microcontroller (plus the microwave module) has been designed and experimentally validated, by measuring the phase of the reflection coefficient of the sensing element for different dielectric samples (MUTs). It has been verified that the measured phases for the different MUTs, provided by the RF/microwave gain/phase detector, are in good agreement with the expected values (VNA measured). The main contributing aspect of the present paper concerns the fact that it has been demonstrated that the output variable in reflective-mode sensors (the phase of the reflection coefficient in our case) can be obtained without the need of costly VNAs and circulators. The proposed system is able to determine the dielectric constant of low and moderate loss materials with dynamic range between 1 and 10.2 (and loss tangent between 0 and 0.01), showing a maximum sensitivity of  $-65.7^\circ$  and error of less than 8%.

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