

Sensory and Motor Systems

Massive Loss of Proprioceptive Ia Synapses in Rat Spinal Motoneurons after Nerve Crush Injuries in the Postnatal Period

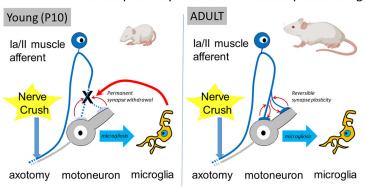
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Visual Abstract

Stretch reflex circuit plasticity after nerve crush depends on age



Peripheral nerve injuries (PNIs) induce the retraction from the ventral horn of the synaptic collaterals of la afferents injured in the nerve, effectively removing la synapses from α -motoneurons. The loss of la input impairs functional recovery and could explain, in part, better recovery after PNIs with better la synaptic preservation. Synaptic losses correlate with injury severity, speed, and efficiency of muscle reinnervation and requires ventral microglia activation. It is unknown whether this plasticity is age dependent. In neonates, axotomized motoneurons and sensory neurons undergo apoptosis, but after postnatal day 10 most survive. The goal of this study was to analyze vesicular glutamate transporter 1 (VGIuT1)-labeled la synapses (which also include II afferents) after nerve crush in 10 day old rats, a PNI causing little Ia/II synapse loss in adult rats. We confirmed

Significance Statement

Synaptic plasticity in spinal motor circuits induced by nerve injuries can be rather permanent and hinder motor and sensory function recovery, even when experimental manipulations are designed for fast and efficient regeneration and target innervation. One input particularly affected is the la afferent synapse on α -motoneurons. The degree of loss of this input depends on injury severity and correlates with varying efficiencies while reinnervating peripheral targets. Here we demonstrate that the loss is also age dependent, being higher in the young. The enhanced synaptic pruning capabilities of microglia during critical windows of high synaptic plasticity at an early age might contribute to augment synaptic circuit reorganizations.



fast and efficient reinnervation of leg muscles; however, a massive number of VGluT1/la/II synapses were permanently lost. This synapse loss was similar to that after more severe nerve injuries involving full transection in adults. In adults, disappearance of ventrally directed Ia/II collaterals targeting α -motoneurons was associated with a prolonged microglia reaction and a CCR2 mechanism that included infiltration of CCR2 blood immune cells. By contrast, microgliosis after P10 injuries was fast, resolved in about a week, and there was no evidence of peripheral immune cell infiltration. We conclude that VGluT1/la/II synapse loss in young animals differs in mechanism, perhaps associated with higher microglia synaptic pruning activity at this age and results in larger losses after milder nerve injuries.

Key words: la afferent; microglia; motoneuron; neonates; nerve injury; plasticity

Introduction

Outcomes after nerve injury depend on age and injury severity. In adults, injured sensory and motor axons regenerate and reinnervate their targets (Gordon, 2016), but while functional recovery after nerve crush is normal, recovery is poor after nerve transection (Navarro et al., 1994; Bodine-Fowler et al., 1997; Lundborg, 2000; Valero-Cabré and Navarro, 2001; Bontioti et al., 2003; Gordon, 2020). This is partly explained by connectivity changes after regeneration following nerve transections. Peripherally, axon misdirection degrades muscle specificity after nerve transection, but not after crush (Brushart and Mesulam, 1980; Molander and Aldskogius, 1992; Madison et al., 1996; Valero-Cabré et al., 2004; Gordon et al., 2009; Madison and Robinson, 2014; Bolívar et al., 2020). Additionally, nerve transections induce long-term changes in central synaptic circuits that contribute to dysfunction (Navarro et al., 2007; Alvarez et al., 2020).

Outcomes are different in young animals. Nerve injuries of any type induce loss of motoneurons (MNs) and sensory neurons in rodents of postnatal day 1 (P1) to P5 (Lowrie and Vrbová, 1992; Hart et al., 2008). Motoneuron loss is, however, absent when injuries occur after P7, although possible sensory neuron loss still occurs up to the second postnatal week (Kemp et al., 2015). Despite no or little cell loss, nerve crush at P11 or P12 impairs

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long-term motor function: muscle tension recovers to half of normal, with fast muscles more affected than slow muscles (Lowrie et al., 1987). Reduced functional recovery in the young despite efficient and precise muscle reinnervation (Nguyen et al., 2002) needs an explanation. The second postnatal week in the rat coincides with a critical window of synaptic plasticity underlying the maturation of weight-bearing motor function (Altman and Sudarshan, 1975; Westerga and Gramsbergen, 1990; Greensmith and Vrbová, 1992) and corresponds to the development of posture and limb coordination in 8- to 15-month-old human infants (Altman and Bayer, 2001). One possibility is that the developmental synaptic plasticity occurring during this period is disrupted by nerve crush inducing circuit alterations that do not occur in more mature synaptic circuits.

One input that undergoes significant changes after nerve injury in adults is that from la proprioceptors injured in the nerve (Alvarez et al., 2010, 2011; Bullinger et al., 2011; Rotterman et al., 2014). la afferents innervate muscle spindles and inform about muscle length dynamics (Matthews, 1981). Ia afferents synapse on α -motoneurons, mediating the stretch reflex, avoiding γ -motoneurons (Shneider et al., 2009). Irreversible loss of la afferent synaptic collaterals in the ventral horn after adult nerve transections abolishes the reflex and contributes to permanent motor dysfunction because diminished feedback information about muscles reaches α -motoneurons and spinal circuits coordinating motor function (Cope and Clark, 1993; Cope et al., 1994; Abelew et al., 2000; Haftel et al., 2005; Maas et al., 2007; Bullinger et al., 2011; Sabatier et al., 2011a,b; Horstman et al., 2019). In adults, la synapse losses are graded to injury severity with nerve transections causing large losses (Alvarez et al., 2011; Rotterman et al., 2014) and crush injuries no loss (Schultz et al., 2017), although la afferents are similarly axotomized. Correspondingly, la modulation of α -motoneurons and the stretch reflex are preserved after nerve crush in adults (Barker and Young, 1947; Prather et al., 2011). The fate of la synapses after nerve crush in younger animals is unknown.

Loss of la synapses after nerve transection depends on a spinal cord neuroinflammatory reaction that varies with injury severity (Rotterman et al., 2019). Nerve injuries causing maximal la afferent synapse plasticity associate with longer microglia activation, CCR2 activation, and infiltration of CCR2-expressing immune cells. Adult microglia are activated from a basal state devoted to synapse and neuron maintenance; however, postnatal microglia already actively express genes associated with synapse and axon pruning (Matcovitch-Natan et al., 2016; Hammond



et al., 2019, 2021). Thus, nerve injury might influence microglia differently, depending on age. Indeed, dorsal horn microglia activation after "spared nerve injuries" leading to hyperalgesia, differs among neonatal, young, and adult rats (Vega-Avelaira et al., 2007). Similar age-related differences in ventral microglia could translate into more severe loss of la synapses after crush injuries in infants, a period of significant la afferent synapse pruning by microglia using complement mechanisms (Vukojicic et al., 2019). We therefore analyzed la-motoneuron synapses and microglia after nerve crush at P10 in rats. The results show larger synaptic losses than in adults and extensive microglia activation, but no infiltration of blood-derived immune cells. la synapse permanent loss after nerve crush in young rats might thus result from augmented microglia developmental synaptic pruning mechanisms.

Materials and Methods

Experimental animals

All experiments were conducted in postnatal Sprague Dawley rats of both sexes (n=30) housed with their mothers until 21 d old, with free access to food and water at room temperature ($22\pm2^{\circ}\text{C}$) under a 12 h light/dark cycle. Tracer injections, when necessary, were performed before P10, and all nerve surgeries were performed at P10 (animal weight, 40–55 g). Recordings and tissue harvesting were performing at different times depending on the experimental groups described in Table 1. All procedures were approved by the local institutional ethics committee at the University of Barcelona and followed the guidelines of the European Commission on Animal Care (EU Directive 2010/63/EU) and the National Institutes of Health in the United States, and adhere to Society for Neuroscience policies.

Retrograde labeling

To identify the gastrocnemius (G) motor pool on both sides of the spinal cord, the G muscles were bilaterally injected with retrograde tracers 2–3 d before P10. Depending on survival times, we used a short-term tracer [cholera subunit b coupled to Alexa Fluor 555; CTb-555 (CTb), Thermo Fisher Scientific] or a long-term tracer [Fast Blue (FB), Polysciences]. Two 1 μ l injections of 1% CTb-555 diluted in sterile saline or 2.5% FB diluted in sterile water were injected at different locations into the body of the muscle with glass micropipettes (Sigma-Aldrich). CTb-555-injected animals were analyzed 1 and 2 weeks postinjury, and FB-injected animals were used for the 60 d survival time point.

Nerve surgeries

P10 rats were anesthetized by administration of ketamine (0.3 ml/kg, i.p.; Imalgene 2000, Boehringer Ingelheim) and xylazine (0.17 ml/kg; Rompun 2%), and prepared for aseptic surgery. The sciatic nerve was exposed at midthigh and crushed during 30 s in three different orientations with a fine forceps. Afterward, the skin was closed, sutured, and iodine povidone applied to the wound. Pups recovered in a warm environment under close observation and were returned to the cage with the mother. Animals

Table 1: Experimental design: groups and follow-up time

| | <u> </u> |
|--|--------------------|
| Study | Follow-up |
| Group 1. Electrophysiology/analysis of end | 7 dpi (-/n = 3) |
| plates and microglia in the spinal cord in | 14 dpi (n = 18/3) |
| injured animals | 21 dpi (n = 12/3) |
| | 60 dpi $(n = 5/2)$ |
| Group 2. VGluT1 along cell body and den- | 7 dpi $(n = 4/4)$ |
| drite analyses (injured/naive) | 14 dpi $(n = 4/4)$ |
| | 60 dpi $(n = 5/5)$ |
| Group 3. Percentage of proprioceptive neu- | 14 dpi (n = 10) |
| rons in L4 DRG in injured animals | |
| Group 4. Analysis of microglia in the spinal | 3 dpi (n = 3) |
| cord in injured animals | 5 dpi $(n = 3)$ |
| | |

Animals were divided into four main experimental groups. In all of them except the naive group, the sciatic nerve was crushed. Group 1: electrophysiology study. A group of animals was followed up for 60 dpi to study CMAPs. To evaluate end plate reinnervation, 3 animals were killed for each time point. Group 2: analyses of VGluT1 distribution along dendrites animals were divided based on follow-up times of 7, 14, and 60 dpi. A subgroup of animals was used as a naive group (see text in results (n=3)). Group 3: analysis of the percentage of proprioceptive neurons in L4 DRGs 2 weeks after injury. Contralateral DRGs were used as controls. Group 4: analysis of microglia reactivity in the spinal cord. Animals were divided based on follow-up times: 3, 5, 7, 14, and 21 dpi. For follow-ups at 7, 14, and 21 dpi, spinal cords from animals of group 1 were used.

were studied at 3, 5, 7, 14, 21, and 60 d postsurgery, depending on experiments (Table 1).

Electrophysiology tests

Motor reinnervation was assessed by measuring maximal compound muscle action potentials (CMAPs) at 14, 21, and 60 d postinjury (dpi). Electrophysiological evaluation was performed under anesthesia (ketamine, 0.9 ml/ kg; xylazine, 0.5 ml/kg) and keeping body temperature constant between 34°C and 36°C by means of a thermostatcontrolled flat coil. The sciatic nerve was stimulated percutaneously with two needle electrodes inserted at the sciatic notch. We applied single rectangular pulses of 0.1 ms duration and increasing intensity until the voltage required to obtain a maximal response. CMAPs were recorded from the tibialis anterior (TA) and G muscles with microneedle electrodes and an electromyography system (Synergy Medelec, Viasys HealthCare). All potentials were amplified, and the amplitude from baseline to maximal negative peak of the direct M wave was recorded for each animal. Measurements were done bilaterally to compare the injured side to the control side.

Tissue harvesting for Histological processing and immunohistochemistry

At the end of survival periods the animals were deeply anesthetized with intraperitoneal pentobarbital (Dolethal; 30 mg/kg) and transcardially perfused with vascular rinse followed by 4% paraformaldehyde in 0.01 M PBS 0.9%. The L4 dorsal root ganglia (DRGs), L3 to L6 spinal cord segments, and selected muscles were removed and post-fixed overnight. Tissue samples were cryoprotected and stored in 30% sucrose in PBS until used.

End plate reinnervation of the G and TA muscles

G and TA muscles were quickly frozen in Tissue-Tek OCT (optimal cutting temperature compound; Sakura),



and cryostat sections (20 µm thick) were collected on Fisherbrand Superfrost Plus glass slides (Thermo Fisher Scientific). Slides were kept at -20°C until used. Labeling was performed on the slides after bringing them to room temperature and washing the OCT with multiple changes in PBS. Thereafter, the sections were blocked with 10% normal donkey serum diluted in PBS with 0.3% Triton X-100 (PBST) for 1 h and incubated overnight at room temperature in Alexa Fluor 647-conjugated α -bungarotoxin (α -btx; 1:100; Thermo Fisher Scientific) and a mixture of primary antibodies that included guinea pig anti-vesicular acetylcholine transporter (VAChT; 1:200; EMD Millipore; RRID:AB_11214110) and phosphorylated chicken antineurofilament heavy chain (NFH; 1:200; Aves Labs; RRID: AB_2313552). The following day, the slides were washed in PBS and incubated for 2 h at room temperature with donkey anti-guinea pig Ig coupled to Cy3 and donkey antichicken IgY coupled to fluorescein isothiocyanate (FITC; 1:200; Jackson ImmunoResearch). After final washes in PBS, the sections were coverslipped with Vectashield (Vector Laboratories).

Sections were imaged in a confocal microscope (model FV1000, Olympus) at high magnification ($60 \times$; z-step size, 1 μm), capturing overlapping image tiles to sample a large proportion of the muscles neuromuscular junction (NMJ) fields. Reinnervation of α -btx-labeled neuromuscular junctions was analyzed in three animals per time point. For each muscle, at least 50 end plates per animal were imaged at 7, 14, and 21 dpi. At 60 dpi, we captured 15 α -btx-labeled neuromuscular junctions per animal. We considered a neuromuscular junction reinnervated when VAChT immunofluorescence was present. Full reinnervation was defined as more than 50% α -btx-labeled neuromuscular junction covered by motor end plate VAChT immunoreactivity, and partial reinnervation if VAChT immunoreactivity only covered some spots of the α -btx field. The percentage of α -btx neuromuscular junctions partially or fully reinnervated were estimated for each muscle and time point.

Analyses of vesicular glutamate transporter 1 contacts on retrogradely labeled α-motoneurons

Vesicular glutamate transporter 1 (VGluT1) contacts on retrogradely labeled G motoneurons were analyzed at 7, 15, and 60 dpi in, respectively, four, four, and five animals (Table 1). The contralateral uninjured side was used as a control. To validate the uninjured side as control, it was first compared with motoneurons in three naive animals. In all cases, transverse spinal cords were obtained at 50 μm thickness in a sliding freezing microtome and processed for VGluT1 immunofluorescence. The sections were collected free floating, and, after blocking with 10% normal donkey serum for 1 h, they were incubated overnight in a solution containing rabbit anti-VGluT1 (1:1000; Synaptic Systems; RRID:AB 887877) diluted in PBST. The following day, sections were washed in PBS and incubated for 2 h in donkey anti-rabbit IgG antibodies conjugated to FITC (1:100; Jackson ImmunoResearch) in PBST. Slides were then washed in PBS, mounted serially on glass slides, and coverslipped with Vectashield (Vector Laboratories).

Retrogradely labeled motoneurons (CTb-555 or FB) were localized, and images were captured with a confocal microscope (model FV1000, Olympus) using a $10\times$ objective for neuron localization and a $60\times$ objective (numerical aperture 1.35, oil-immersion) to image VGluT1 contacts along the somatodendritic surface.

Confocal images z-stacks were uploaded to Neurolucida (version 10.0; MBF Bioscience) to trace the cell bodies and dendrites to their ends within the 50 µm section (most dendrites are cut in these preparations, but they permit enough sampling of the proximal dendritic arbor where most VGluT1 contacts are located). The cell body was reconstructed through a series of contours traced in each optical plane. Dendrites were traced in 3D. Synaptic locations were marked in the traced neurons and VGluT1 synaptic densities analyzed using NeuroExplorer (version 10.0, MBF Bioscience). Morphological features including cell body surface, volume, cell body diameters, number of primary dendrites, and total length of individual and all dendritic segments contained within the section were measured. Only the most relevant measurements are reported. Motoneurons with cross-sectional cell body average diameter of <25 μm were not included in the analyses because they could belong to γ -motoneurons, which lack VGluT1 synapses (Shneider et al., 2009). To obtain VGluT1 densities, the number of VGluT1 contacts was divided by estimates of cell body surface, total dendrite surface, total dendrite length, or the surface of individual dendrite segments at different locations from the cell body. The densities of synapses at different distances from the cell body were estimated using path distance measurements or Sholl analyses. The results were similar. We considered that path-distance analyses were more rigorous than Sholl analyses because they take into account dendrite tortuosity; thus, the confirmatory Sholl analyses are not included. The traced dendritic arbor was divided into segments at path distances 0–50, 50–100, or 100–150 μm from the cell body. We did not analyze segments beyond 150 µm because they had little representation in our sample. This is explained by the limitations of retrograde labeling and dendrites cut at the plane of section. We analyzed 4–6 α -motoneurons (average \pm SD, 5.00 \pm 0.57) per animal and side (contralateral or ipsilateral to the injury) for a total of 130 reconstructed α -motoneurons from 13 animals.

Quantification of proprioceptive sensory neurons in dorsal root ganglia

To confirm cellular preservation of proprioceptive sensory neurons, we counted parvalbumin (PV)-immunoreactive (IR) cellular profiles in dorsal root ganglia (DRGs) ipsilateral and contralateral to the nerve crush. We analyzed L4 DRGs from 10 animals with a crush injury of the right sciatic nerve 14 d before. The DRGs were embedded in Tissue-Tek OCT, serially cut (15 μ m thickness) with a cryostat, and collected onto gelatin-coated glass slides. All sections were first blocked with 10% normal bovine serum for 1 h, followed by overnight incubation at 4°C with primary antibodies, as follows: rabbit anti-parvalbumin (1:1000; catalog #PV28, Swant; RRID:AB_2315235); and mouse biotinylated anti-NeuN (1:200; catalog #MAB377B, Millipore; RRID:AB_177621). After washes,



donkey anti-rabbit IgG Alexa Fluor 488 (1:200; catalog #A-21206, Thermo Fisher Scientific; RRID:AB_2535792) and Alexa Fluor 488-streptavidin (1:200; catalog #S32356, Thermo Fisher Scientific) were used to reveal IR sites. After 2 h of incubation at room temperature, the sections were thoroughly washed, mounted on slides, and coverslipped with Fluoromount-G (SouthernBiotech). DRG sections were visualized with a fluorescence microscope (model BX51, Olympus); at least four sections per DRG were captured at 40× with a digital camera (model DP50, Olympus) and CellSens Digital Imaging software (version 1.9; Olympus), and were merged using ImageJ software. The number of positive parvalbumin and all NeuN neurons were manually counted. NeuN was used to ensure that all cellular profiles counted were from mid-cell cross sections that included the nucleus. We then estimated the proportion of NeuN⁺ neurons that were parvalbumin in DRGs ipsilateral and contralateral to the nerve crush. This procedure normalized differences in cell numbers depending on the level and orientation of L4 DRG section cut. We analyzed four to five sections per DRG in six control L4 DRGs with an average (\pm SD) of 1560.0 \pm 398.9 neurons sampled per ganglia and eight injured L4 DRGs with an average of 1533.6 ± 282.4 neurons per ganglia. Ganglia in which sectioning and immunocytochemistry processing did not allow recovery of four to five sections with >200 NeuN neurons per section were not included in the quantitative analysis to avoid errors in percentage estimates because of uneven clustering of parvalbumin-IR neurons in DRG or other possible biases in sections with small numbers of neurons.

Quantification of neuroimmune cells

Loss of Ia/VGIuT1 synapses requires a microglia reaction (lba1⁺, CD11b⁺ cells) and activation of CCR2, which is also associated with infiltration of CD45⁺ CCR2⁺ CD11b⁺ peripheral macrophages and CD45⁺ CCR2⁺ CD3e⁺ T cells (see Introduction). The microglia reaction was analyzed by counting all lba1⁺ cells in the ventral horn of the spinal cord at 3 d (n = 3), 5 d (n = 3), 7 d (n = 4), 14 d (n = 4), 21 d (n = 4), and 60 d (n = 2) after nerve crush injury at P10. To test for the presence of peripheral immune cells we tested for Iba1⁺, CD11b⁺, and/or CD45⁺ cells at 7, 14, 21, and 60 d after the injury. Transverse sections (50 μ m thick) of L4-5 spinal cord were obtained in a sliding freezing microtome, collected free floating, blocked for 1 h with 10% normal donkey serum diluted in PBST, and incubated overnight at room temperature in a mixture containing a goat polyclonal antibody against Iba1 (1:500; Novus Biologicals; RRID:AB_521594) and a rat monoclonal antibody against CD11b (1:50; OX-43; catalog #M1/ 70.15.11.5.2-s, Developmental Hybridoma Bank) or a rabbit polyclonal antibody against CD45 (1:50; Abcam; RRID:AB_442810). Sections were washed in PBS and incubated for 2 h in donkey anti-goat IgG antibody conjugated to FITC and donkey anti-rat or anti-rabbit IgG conjugated to Cy3 (all secondary antibodies diluted 1:200 in PBST; Jackson ImmunoResearch). The sections were mounted on slides, coverslipped with Vectashield (Vector Laboratories), and imaged throughout with a confocal

microscope (model FV1000, Olympus) using 1 μm z-steps and a 20× objective. Overlapping image tiles were captured to sample the whole spinal cord. At least three sections were imaged for each animal. We found no CD45⁺ cells, and therefore quantitative analyses focused on Iba1+ microglia. The ventral horn of each hemisection was manually selected by marking a region of interest (ROIs) limited dorsally by a straight horizontal line above the central canal and in all other directions by the border between gray and white matter. All Iba1 + cells inside these ROIs were counted using ImageJ software. Because the spinal cord changes in size with maturation, we calculated cell densities, as follows: the number of lba1+ microglia divided by the ventral horn volume calculated from the ROI area multiplied by section thickness (50 μm). Densities ratios were obtained for each section between the side ipsilateral to the injury and the contralateral control side.

Statistical analysis

Normality was assessed with the Shapiro-Wilk test, and usually the data were compared using one-way or twoway ANOVA to test for significant differences in time after injury and lesion versus contralateral control side when appropriate, and any possible interactions. Post hoc pairwise comparisons were performed using Bonferroni-corrected t tests. If normality was not satisfied, we used an ANOVA on ranks (with some exceptions indicated in the text) and post hoc Dunn's tests. DRG numbers in control versus injured sides at a single time point were compared using a t test. Statistical analyses were performed in SigmaPlot (version 12) or Prism (version 9). Correlations between functional (CMAPs) and anatomical reinnervation were fitted in SPSS 20.0. A value of p < 0.05 was considered significant. The power of performed tests was always >0.8 for α = 0.05, unless indicated in text. When power was not reached because effect sizes were too small, we performed estimation statistics and a permutation t test to report effect sizes when the null hypothesis of zero difference is rejected. For each permutation p value, we performed 5000 bootstrap reshuffles of the control and injured sides, and the data are represented with a Gardner-Altman estimation plot (Ho et al., 2019). Small skews in the distribution of mean differences were overcome using a biascorrected and accelerated bootstrap method.

Results

Functional muscle motor reinnervation after nerve crush injury at P10

Electromyographic recordings of the G and TA muscles were performed in the injured and control sides of rats with a unilateral sciatic nerve crush at P10. To evaluate the progression of motor reinnervation, we examined animals at 14 dpi (n = 18 animals), 21 dpi (n = 12), and 60 dpi (n = 5; Fig. 1, Extended Data Fig. 1-1). The progressive decrease in sample size with increased time is explained by a proportion of animals being killed at each time point for tissue harvesting to examine NMJ reinnervation and/or microglia in the spinal cord. No analyses were performed at 7 dpi, since at



Gastrocnemius (G) Tibialis Anterior (TA) injured injured controls *** controls $\neg \Gamma$ n.s. *** 60 60 8 40 20 (18)(18)P24 P31 P70 P24 P31 P70 (14 dpi) (21 dpi) (60 dpi) (60 dpi) (14 dpi) (21 dpi)

Figure 1. Electromyographic testing of muscle responses before and after nerve injury. Results of CMAPs recorded in G and TA muscles at 14, 21, and 60 dpi in the control and injured side. Controls are in light gray and injured animals in medium gray. Data are expressed in absolute values as the mean \pm SEM. Each dot represents the average CMAP value in a different animal. The number of animals tested is at the bottom of the bar. A two-way ANOVA for injured versus control and time after injury showed significant differences according to both variables and their interactions (all p < 0.001). Post hoc Bonferroni corrected t tests showed significant differences with development and injury as indicated in the figure: **p < 0.01, ***p < 0.001. n.s., Nonsignificant. Full statistics are shown in Extended Data Figure 1-1.

this time no evoked responses were recorded and anatomically there was almost no NMJ reinnervation (see below). The maximal CMAP (or muscle, M response) recorded in the G muscle of the intact hindlimb after stimulation of the ipsilateral uninjured sciatic nerve had mean ± SEM amplitudes of 40.0 ± 6.7 and 42.3 ± 3.1 mV at, respectively, P24 and P31 in age (corresponding to 14 and 21 dpi of the contralateral injured sciatic nerve), whereas at P70 (60 dpi) it was higher (62.0 \pm 8.1 mV). In the intact TA muscles, the increase in CMAP amplitude was more gradual (from $38.6 \pm 6.7 \,\text{mV}$ at P24 to $47.4 \pm 1.4 \,\text{mV}$ at P70). CMAPs in the injured side were always lower compared with the contralateral control side at any time in both muscles. Two-way ANOVAs for injury and age showed significant differences according to both variables and their interaction (p < 0.001) in both G and TA (although normality failed in the Shapiro-Wilk test, we chose to do parametric tests since zeros at the early reinnervation dates lead to the loss of normality in the distribution). Post hoc pairwise Bonferroni's t tests (Extended Data Fig. 1-1) showed that at P70, CMAPs in the intact hindlimb G were significantly higher than at P24 or P31 (p < 0.001). In contrast, CMAP amplitude in the intact TA was significantly higher comparing P70 to P24 (p = 0.004), but not comparing P31 with either. This suggests that G showed a faster developmental increase of CMAP amplitudes during the first month compared with TA.

CMAPs were always significantly lower in the injured side compared with age-matched controls in both G and TA (p < 0.001). In G, CMAP mean amplitude at 14 dpi (P24) was 10% of control, increasing to 40% of control at 21 dpi (P31) and 68% at 60 dpi (P70; Extended Data Fig. 1-1). Similar patterns were observed in TA: limited recovery detected at 14 dpi, averaging 6.5% of control amplitude, increased at 21 dpi to 32% and to 73% at 60 dpi. Thus, G and TA recovered functional innervation in parallel, despite a faster developmental increase in CMAP amplitudes in G compared with TA.

Motor axon reinnervation of neuromuscular junctions

Functional reinnervation was compared with anatomical reinnervation of G and TA NMJs labeled with Alexa Fluor 555-conjugated α -btx. Motor axons were labeled with antibodies against phosphorylated NFH and motor end plates with VAChT antibodies (Fig. 2A). Muscles were analyzed at 7, 14, 21, and 60 dpi, respectively, in three, three, three, and two animals. The time course of partial or full reinnervation was faster in G compared with TA (Fig. 2B). At 7 dpi, some NFH-stained axons were seen close to denervated NMJs, but none of the TA NMJs were reinnervated by VAChT (total, 230 NMJs) and only $9.8 \pm 5.4\%$ (\pm SEM) of NMJs in the G (total, 144 NMJs) showed some signs of reinnervation where VAChT immunofluorescence partially covered the NMJ. Denervated NMJs at this time had ovoid shapes, quite different from the typical "pretzel-like" appearance of intact NMJs or NMJs denervated in mature adult rats. This suggests a faster structural disorganization of the postsynaptic acetylcholine receptor field after denervation at this early age. The presence of some VAChT in motor end plates opposite to α -btx-labeled NMJs increased significantly in both muscles at 14 dpi (G: 85.1 \pm 5.6%, n = 167; TA: 51.6 \pm 5.3%, n = 202), reaching a plateau at 21 dpi (G: $94.9 \pm 3.5\%$, n = 157; TA: $93.1 \pm 2.0\%$, n = 162) and $60 \, dpi$ (G: $96.7 \pm 3.3\%$, n = 35; TA: 91.0 \pm 2.8%, n = 33). "Full" reinnervation of NMJs was evaluated when VAChT immunofluorescence covered more than half of the NMJ-labeled receptor field. Fully innervated end plates increased in both muscles at 14 dpi (G, $45.3 \pm 14.5\%$; TA, $19.1 \pm 7.8\%$) and 21 dpi (G, $71.3 \pm 5.3\%$; TA, $71.3 \pm 7.0\%$), and was quite complete at 60 dpi (G, $93.3 \pm 3.3\%$; TA, $91.0 \pm 2.8\%$).

Full NMJ reinnervation at each postinjury date was statistically compared using one-way ANOVA with average reinnervation estimates for each animal. Percentage values in animal averages closely parallel those calculated when pooling all NMJs from different animals together. As expected, the increase in the proportion of fully reinnervated



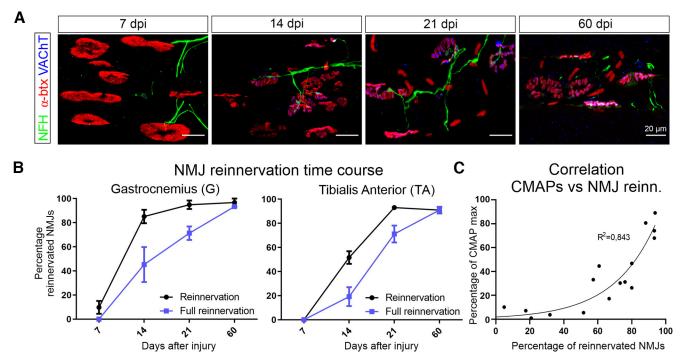


Figure 2. Anatomical reinnervation of the end plates. A, Representative images of sections of a G muscle 7, 14, 21, and 60 dpi, immunostained against NFH, α-btx, and VAChT, respectively, to label axons, neuromuscular junctions, and the synaptic vesicle-filled motor end plate. Larger numbers of reinnervated NMJs were observed with increased time after injury, with almost complete innervation at 60 dpi. At 7 dpi, there is little innervation by motor end plates of vacated NMJs, although some axons reach some α -btx-labeled NMJs. The nicotinic receptor field expands after early denervation. B, Percentages of reinnervated NMJs with time after injury in TA and G muscles. Average \pm SEM of estimates of NMJ coverage in each animal (for both muscles: n=3 at 7, 14, and 21 dpi; n=2 at 60 dpi). Reinnervation indicates NMJs in which NFH axons with or without some VAChT superimposed onto the NMJ are present. Full reinnervation indicates when most of the NMJ area is covered by VAChT immunoreactivity. Statistics were performed on fully reinnervated percentages averaged from 3 animals at each age and 2 animals at 60 dpi. Error bars indicate the SEM. A one-way ANOVA for time after injury showed a significant change in reinnervation in both TA and G with time after injury (TA, p < 0.0001; G, p = 0.0008; Extended Data Fig. 2-1). Post hoc pairwise comparisons showed significant changes among all ages in TA, except for 7 versus 14 dpi (slow initial reinnervation) and 21 versus 60 dpi (reinnervation plateau). The number of reinnervated NMJs in G was significantly different at all ages compared with 7 dpi (faster reinnervation), and then it was significant in alternate dates (14 vs 60 dpi) but not consecutive dates (suggesting progressive reinnervation). All comparisons are shown in Extended Data Figure 2-1. Asterisks were omitted from the figure for clarity. C, Correlation between the percentage of the muscle (M) response (CMAPs from Fig. 1) and the percentage of NMJs "fully" reinnervated fitted by a simple exponential regression with $R^2 = 0.843$ and was significant at p < 0.001. M response recovery was delayed with respect to the initiation of anatomic reinnervation of motor end plates.

NMJs in TA and G with time after injury was significant (TA, p < 0.001; G, p < 0.001; Extended Data Fig. 2-1). Post hoc Bonferroni's t tests demonstrated significant differences in alternate dates and sometimes in consecutive dates, suggesting progressive increases in innervation (Extended Data Fig. 2-1). Importantly, NMJ reinnervation and CMAP amplitudes were correlated in those animals in which both parameters were simultaneously measured (p < 0.001, $R^2 = 0.843$); however, the relationship was nonlinear (Fig. 2C). Functional recovery was delayed with respect to anatomical reinnervation and thereafter grew exponentially. At the study endpoint (P70 at 60 dpi), CMAP amplitudes slightly lagged behind toward full recovery despite > 90% anatomical reinnervation.

VGIuT1 contacts on α -motoneuron cell bodies and dendrites

The above studies confirmed efficient muscle reinnervation 2 months after a sciatic nerve crush injury at P10. To establish the status of la afferent synapses on regenerating α -motoneurons, we analyzed VGluT1 synaptic contacts on 3D Neurolucida reconstructions of the cell body and dendrites of lateral G (LG) α -motoneurons retrogradely labeled with cholera toxin subunit b coupled to Alexa Fluor 555 (CTb-MNs) or with FB-MNs at 7, 14, and 60 dpi (Fig. 3A). Synaptic densities were compared with similarly retrogradely labeled α -motoneurons on the contralateral side and used as controls. To validate contralateral α -motoneurons as reliable controls, VGluT1 contacts on the cell body of LG CTb-MNs were compared between naive rats at P27 to P17 and P25 LG CTb-MNs contralateral to nerve injuries (respectively, 7 and 15 dpi). VGluT1 density on the cell body of CTb-MNs in P27 naive animals (n=3 animals) was 0.47 +/- 0.38 VGluT1 contacts per 100 μ m² (±SD; n = 18 CTb-MNs), and on the control side of injured animals at P17 (n = 20 CTb-MNs) and P25 (n = 19 CTb-MNs) was respectively 0.57 ± 0.28 and 0.49 ± 0.22 . Differences were not significant (p = 0.336; ANOVA on-ranks, H = 2.184 with 2 df).



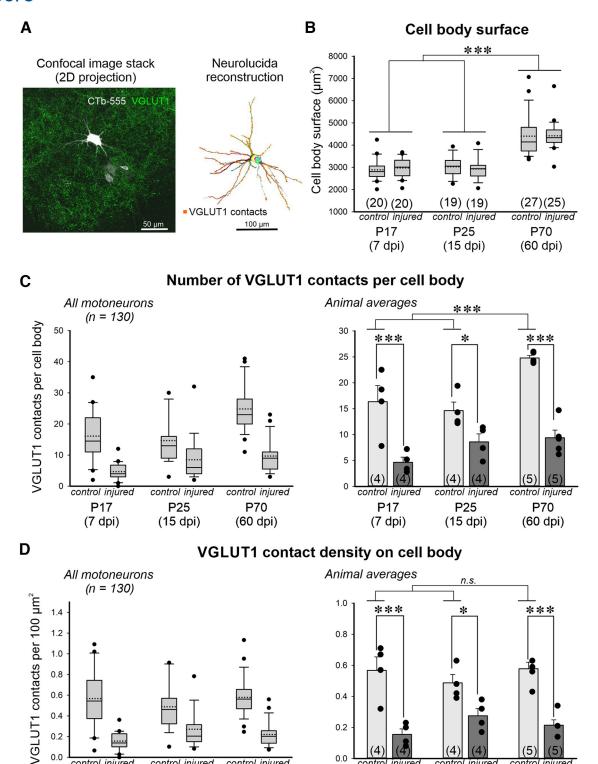


Figure 3. VGluT1 synapses on the cell bodies of injured α -motoneurons are significantly reduced compared with controls and are not recovered after muscle reinnervation. A, Representative 2D projection image of a confocal stack (left) and Neurolucida reconstruction (right) of an Alexa Fluor 555 CTb-labeled motoneuron (white in confocal image) and VGluT1 boutons (green in confocal image). In the Neurolucida reconstruction, each dendrite and each optical cell body plane are in a different color. Yellow triangles indicate VGIuT1 contacts on the cell body. Orange squares are VGIuT1 contacts on dendrites. B, Cell body surfaces of all reconstructed lpha-motoneurons at different ages and different times postinjury. Boxes represent data between the 25th and 75th percentiles with a continuous line within the box marking the median and a dashed line marking the average. Whiskers above and

control injured

P70

(60 dpi)

0.2

0.0

control injured

P17

(7 dpi)

0.0

control injured

P17

(7 dpi)

control injured

P25

(15 dpi)

control injured

P70

(60 dpi)

control injured

P25

(15 dpi)



continued

below the box indicate the 90th and 10th percentiles. Dots represent motoneuron surface estimates beyond these distribution boundaries. In brackets is the total sample of motoneurons reconstructed pooled from 4 animals at 7 and 14 dpi and from 5 animals at 60 dpi (4-6 motoneurons reconstructed per animal). Two-way ANOVA for differences according to injury and date showed significant differences only according to date and no interaction; pairwise comparisons comparing the three dates within controls or injured motoneurons showed statistically significant larger cell bodies at P70. ***p < 0.001 from post hoc Bonferroni's t tests (Extended Data Fig. 3-1). C, VGIuT1 contacts per α -motoneuron cell body, by pooling all motoneurons (left) or calculated by animal averages (right). **D**, VGluT1 density on cell bodies pooling all motoneurons (left) or by animal averages (right). Box plots in **C** and **D** represent data the same as in \boldsymbol{B} and show the sample distributions. Per animal data are represented as the mean \pm SEM, with each dot representing the average of each animal (number of animals in each condition/date are indicated in brackets). Two-way ANOVA revealed significant differences in the number of VGluT1 contacts according to time points (age/dpi, p = 0.0012), injury (p < 0.0001), or interaction between time point and injury (p = 0.0318). Post hoc Bonferroni's corrected t tests for pairwise comparisons are indicated in the figure: p < 0.05, p < 0.01, p < 0.01, p < 0.01. They show a significant increase in VGluT1 contact number at P70 in controls, but not injured motoneurons and significant decreases comparing injury and control at each time point (Extended Data Fig. 3-2). However, two-way ANOVA of VGluT1 densities resulted in a significant difference according to injury (p < 0.0001), but not time point (p = 0.792), and no interaction between the two (p = 171). Bonferroni's corrected t tests of control versus injury at each day postinjury showed significant differences, as represented in the graph, but no difference in density across different time points for either control or injured data (Extended Data Fig. 3-2).

The time of the analyses corresponds with a period of neuronal growth in the spinal cord. To estimate developmental changes in neuronal structure that occur independent of the injury, we analyzed cell body sizes. Cell body total surface estimates of CTb-MNs and FB-MNs (n = 130 motoneurons) did not change from P17 (7 dpi) to P25 (15 dpi), but increased in size (48% change) by P70 (60 dpi; Fig. 3B; mean \pm SEM at P70 = 4410.1 \pm 107.9 μ m²; n = 52 FB-MNs). We did not detect significant differences in cell body size between control and age-matched injured CTb-MNs or FB-MNs at any age. Two-way ANOVA for age and injury demonstrated significant differences according to age (p < 0.001), but not according to injury (p = 0.947) or the interaction between age and injury (p = 0.761; Extended Data Fig. 3-1). Post hoc Bonferroni's t tests showed significant differences at P70 with P17 and P25 (p < 0.001), but not between P17 and P25 (Fig. 3B, Extended Data Fig. 3-1). While control CTb-MNs showed a range of 2.234 and 1.679 μm² in surface at P17 and P25, this increased to 3.708 μm² at P70 in FB-MNs; however, the coefficient of variation remained relatively constant (P17, 5.9; P25, 5.5; P70, 4.9). In conclusion, developmental cell body growth includes proportional spreading of size distributions with age (and thus available surface for synaptic contacts), regardless of injury status.

The number of VGluT1 contacts was significantly decreased on the cell bodies of injured α -motoneurons compared with controls at all postinjury ages when pooling α -motoneurons from all animals (Fig. 3C, left). At 7, 15, and 60 dpi, we found a decrease in VGluT1 contacts on the cell body of, respectively, 71%, 42%, and 61%. Similar results were obtained when comparing average densities obtained per animal (Fig. 3C, right, Extended Data Fig. 3-2). A two-way ANOVA on animal averages indicated significant differences according to age (p = 0.0012), injury (p < 0.001), and their interaction (p = 0.032). Post hoc Bonferroni's t tests on animal averages showed that at every age the decrease in VGluT1 contacts was significant (at 7 and 60 dpi, p < 0.0001; at 25 dpi, p = 0.022), In addition, the number of VGluT1 contacts increased with age in controls, and this was significant for P70 (60 dpi) compared with younger ages (p < 0.001), but was not significant between P17 and P24 (Fig. 3C, Extended Data Fig. 3-2). Interestingly, the age increase in VGluT1 contacts matched the increase in available cell body surface at P70. Thus, two-way ANOVA of VGluT1 densities (number of VGluT1 contacts per 100 µm²) showed significant differences with injury (p < 0.001), but not with age (p = 0.792), and differences found with injury were not significantly affected by age (p = 0.171). The percentage decreases in VGluT1 density (7 dpi, 72%; 14 dpi, 45%; 60 dpi, 62%) were similar to the percentage loss calculated for VGluT1 contacts per cell body and post hoc Bonferroni t tests on the averages of the animal showed that differences in VGluT1 densities were all consistently significant (at 7 and 60 dpi, p < 0.001; 15 dpi, p = 0.032). The results suggest that VGluT1 synapses are permanently removed from the cell bodies of α -motoneurons axotomized after crush at P10 and that the normal developmental addition of VGluT1 synapses to match the growth in available surface does not occur after

However, the majority of VGluT1 synapses target α -motoneuron dendrites, in particular, the proximal dendritic arbor (Rotterman et al., 2014). VGluT1 depletions on dendrites usually differ in magnitude compared with changes on cell bodies (Alvarez et al., 2011; Rotterman et al., 2014; Schultz et al., 2017; Rotterman et al., 2019). Thus, we analyzed VGluT1 contacts along the retrogradely labeled dendritic arbors (Fig. 4A). Retrograde labeling preferentially labels the proximal dendritic tree, and no differences were found in the longest dendrite path distance to cell body or surface area measured in injured α -motoneurons compared with controls or at different ages (Fig. 4B,C). The known growth of the dendritic arbor from P15 to P70 (Kalb, 1994) affects more distal regions, and no differences were detected in our samples because the limited spread of the retrograde tracer to more proximal dendritic regions. Since all P70 α -motoneurons were traced with FB and all P17 and P25 α -motoneurons with CTb, the tracer variable was embedded with age. Two-way ANOVA showed no significant differences according to age/tracer $(p = 0.756, F_{(2,129)} = 0.281)$ or injury $(p = 0.117, F_{(2,129)} =$ 2.183). Similarly, there were no statistically significant differences on the total dendritic surface analyzed in the



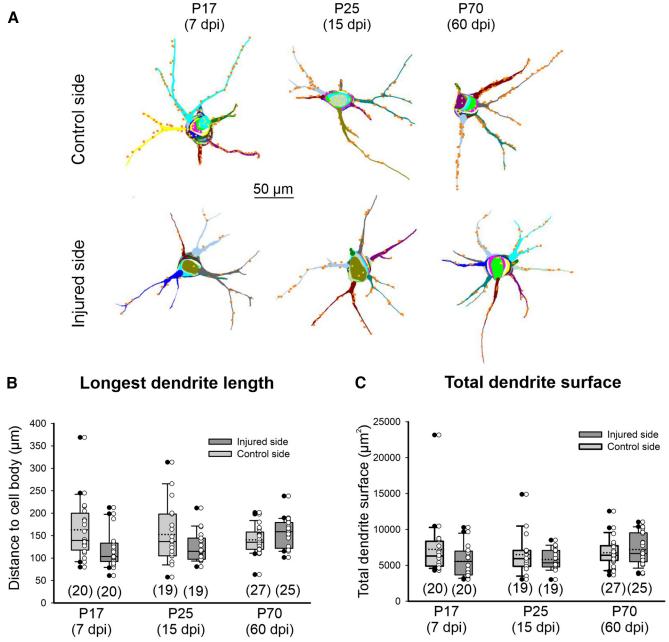


Figure 4. Sample properties of dendrite reconstructions. **A**, Representative 3D Neurolucida reconstructions of control and injured α -motoneurons at each time point. Each dendrite and each optical cell body plane are in a different color. Yellow triangles indicate VGluT1 contacts on the cell body. Orange squares are VGluT1 contacts on dendrites. **B**, Box plots representing the longest path distance of dendrite from the cell body analyzed for each α -motoneuron. Box: 25th and 75th percentiles with a continuous line within the box marking the median and a dashed line marking the average. Whiskers above and below the box indicate the 90th and 10th percentiles. Dots represent data points beyond these distribution boundaries. Light gray boxes are control α -motoneurons, darker gray boxes are injured α -motoneurons. Superimposed white dots represent individual α -motoneuron data. The large majority of motoneurons did not have dendritic segments farther than 200 μm, and within individual motoneurons many dendrites were traced for <150 μm path distance from the cell body. Two-way ANOVA showed no significant differences according to age/tracer (ρ = 0.756, F_(2,129) = 0.281) or injury (ρ = 0.117, F_(2,129) = 2.183). **C**, Box plots representing the dendritic surface analyzed for each motoneuron. Despite a few outliers, our α -motoneuron sample did not significantly differ in the amount of dendritic surface analyzed in the different experimental groups (ρ = 0.169, F_(5,129) = 1.584).

different experimental groups (p = 0.169, $F_{(5,129)} = 1.584$). Thus, both retrograde tracers labeled similar proximal regions of dendrite independent of age or injury, and by difference in analyses on the cell body, there were no age-

related differences on average surface analyzed in different dendritic samples.

We decided to focus the study on the VGluT1 input to the first 150 μm of path distance from the cell body. This



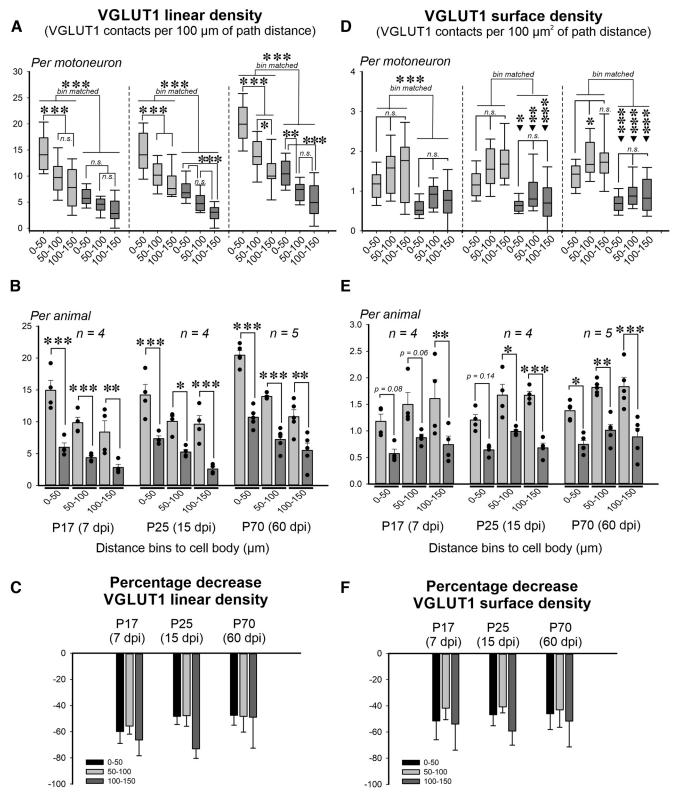


Figure 5. VGluT1 synapses on the dendrites of injured and control α -motoneurons. **A–C**, Changes in VGluT1 linear density (number of VGluT1 contacts per 100 μm of dendritic length) according to injury, time point, and dendrite path distance to the cell body, either per α -motoneuron analyzed (**A**), animal averages (**B**), or percentage change comparing injured motoneurons to the average control (**C**). Box plots in **A** are as in previous figures: box represent the 25th to 75th percentile, line represents the median, whiskers represent the 10th to 90th percentiles. Bars in **B** represent the average VGluT1 linear density \pm SEM; n = number animals. Dots represent each individual animal. In **C**, the percentage change of VGluT1 linear density shows control versus injured motoneurons. In both **A** and **B**, two-way ANOVAs showed statistically significant differences by injury/age and distance, but no interaction between the two



continued

(Extended Data Figs. 5-1, 5-2). In all graphs, statistical significance from pairwise *post hoc* Bonferroni's *t* tests is expressed as follows: $^*p < 0.05$, $^{**}p < 0.01$, $^{***}p < 0.001$. *Post hoc* Bonferroni-corrected tests indicate significant depletions of VGluT1 contacts at each dendritic bin at all time points after injury. There is also a progressive and significant reduction in VGluT1 synapse numbers with distance to the cell body in controls. Finally, there is a significant increase in the number of contacts in most dendritic bins of control and injured α -motoneurons at P70 [two-way ANOVAs for dendrite compartment and age in either control or injured motoneurons; significance in changes with age at each dendritic bin is not depicted in graphs for clarity, but is fully described in Results and in Extended Data Figures 5-5 (control) and 5-6 (injured)]. **D**, **E**, Same representations as in **A** and **B**, but for VGluT1 densities (number of VGluT1 contacts per 100 μ m² of dendrite surface). Similar two-way ANOVAs followed by *post hoc* Bonferroni's tests demonstrate that VGluT1 densities are significantly reduced in each dendritic bin and in all ages, but VGluT1 density does not show significant differences with distance to the cell body (Extended Data Figs. 5-3, 5-4). The same trend is observed when considering individual motoneurons data (**D**) or animal averages (**E**), but significance in proximal dendritic compartments between control and injured α -motoneurons at P17 (7 dpi) was lost when pooling data in animal averages. **F**, Similar to **C** (on VGluT1 numbers), the percentage decrease in VGluT1 density on all dendrite regions is always \sim 50%.

cutoff distance was chosen because it was reasonably represented in all our α -motoneuron samples; 85% of the sample included dendritic points farther than 100 µm from the cell body, but only 39% farther than 150 μ m (n = 130motoneurons in the total sample). For each motoneuron, we calculated VGluT1 contact numbers and surface densities in the following three distance segments: 0-50, 50-100, and 100–150 μm, with 0 being defined as the dendritic origin from the cell body (point of larger convexity between cell body and dendrite membranes). The distribution of VGluT1 synapses and their changes after injury in these distance bins were analyzed by measuring path distances (the distance to the cell body along the center of the traced dendrite) or by Sholl analyses (estimating the length or surface of the dendrite contained with concentric spheres at different distances from the cell body). Similar results were obtained with either method. This should be expected because α -motoneuron dendrites fan out in a radial manner and therefore there should be little difference between the methods. We report here only on path distance results that we consider more rigorous than Sholl analyses, since it also considers any tortuosity in dendrite trajectories.

VGluT1 input was calculated as linear density (number of contacts per 100 μm of dendrite length; Fig. 5A-C) or as surface density (number of contacts per 100 μm² of dendrite surface; Fig. 5D-F). In control MNs, VGluT1 linear densities progressively decreased with distance to the cell body (Fig. 5A,B); however, VGluT1 surface densities were unchanged (Fig. 5D,E). This suggests that the decrease in VGluT1 contacts with distance matches the reduction in surface resulting from dendritic tapering further from the cell body. Two-way ANOVA on VGluT1 linear or surface densities for time point in control and injured α -motoneurons versus dendritic distance bins (0–50, 50– 100, or 100–150 μm) showed significant differences with time point/injury and dendrite compartment (time point/injury, p < 0.0001; dendrite compartment: linear density, p < 0.001; surface density, p = 0.0067), but no interaction between the two (linear, p = 0.085; surface, 0.986). Post hoc pairwise comparisons showed significant differences between control and injured α -motoneurons in VGluT1 linear or surface density at each dendritic distance (Fig. 5A, D, Extended Data Figs. 5-1, 5-3), and this conclusion was, typically, replicated when animal averages were used (Fig. 5B,E, Extended Data Figs. 5-2, 5-4). The exception was for surface density differences between control and injury calculated from animal averages in the 0–50 μ m distance bin at P17 and P25 and in the 100-150 distance bin at P17 (Fig. 5E). These bins showed clear reductions but did not reach significance in Bonferroni-corrected t tests of animal averages, although they did when all α -motoneurons for each experimental condition (age/injury status) were pooled together (Fig. 5D). These bins also showed significant differences when analyzed as linear densities whether using animal averages or pooling all α -motoneurons together. The discrepancy is best interpreted as a loss of statistical power with smaller differences detected when estimating surface densities versus number of contacts combined with the smaller sample size when considering n as the number of animals.

We also found a significant addition of synapses with age in the 0-50 and 50-100 µm distance compartments in controls (Fig. 5A, Extended Data Fig. 5-5; post hoc Bonferroni's tests: p < 0.001 for P17 vs P70 and P25 vs P70 in both compartments) and injured α -motoneurons (Fig. 5A, Extended Data Fig. 5-6; post hoc Bonferroni's tests: p < 0.001, P17 vs P70 in both dendritic compartments, and P25 vs P70 in the more proximal compartment; p = 0.0174, P25 vs P70 in the second compartments). This suggests that VGluT1 synapses are added in both dendrite regions throughout this postnatal period, but the developmental synaptic additions are smaller for injured α -motoneurons. In controls, the estimated difference between P25 and P70 in the number of VGluT1 contacts per 100 µm of dendrite was 4.71 ± 1.21 contacts \pm SEM at 0–50 μm distance and 4.05 ± 1.10 contacts at 50–100 μ m distance. In contrast, in injured α -motoneurons the estimated differences were 3.40 ± 0.70 at 0-50 μ m and 2.00 ± 0.70 at 50-100 μm . In conclusion, α -motoneuron dendrites showed after nerve crush at P10 a significant loss of synapses and fewer synaptic additions with age. As a result, linear and surface densities were similarly reduced by approximately \geq 50% in all dendrite distance bins of injured α -motoneurons compared with controls (Fig. 5C,F). Since by P70 there is ample motoneuron regeneration, these data suggest that injury-induced reduction in VGluT1 synapses is unrecoverable after muscle reinnervation.

Proprioceptive neurons in L4 DRG 2 weeks after crush injury

One possible explanation for the differences between crush injuries at P10 compared with the adult would be a higher incidence of cell death among proprioceptors in



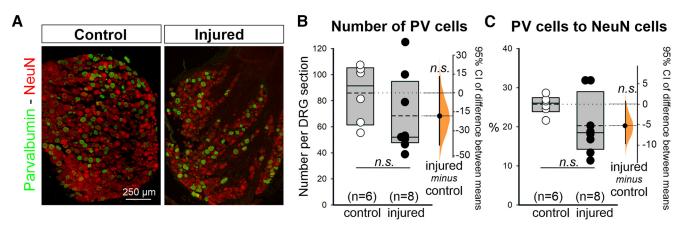


Figure 6. Lack of loss of proprioceptive neurons in DRG 60 d after crush injury. \bf{A} , Representative L4 DRG images of control (contralateral side) and injured (ipsilateral side) DRG neurons. PV immunofluorescence in green (FITC) and NeuN in red (Cy3). \bf{B} , Number of PV cells estimated by counting all parvalbumin in serial sections of L4 DRG and obtaining estimates per ganglia (each dot represents one DRG). Box plots represent the 25th to 75th percentile; the continuous line represents the median; the dashed line represents the average; n indicates the number of DRGs sampled. Two-tailed t tests indicate that differences are not statistically significant (p = 0.262; Extended Data Fig. 6-1). Right, Gardner–Altman estimation plot showing the mean difference (-17.5) depicted as a dot, and the 95% confidence interval (Cl; -39.4, 12.4) indicated by the ends of the vertical confidence interval (Cl) of the difference between the means from 5000 bootstrap samples taken. The p value of the two-sided permutation t test is 0.265. t0, No differences were found between the percentage of PV neurons to all NeuN comparing ipsilateral and contralateral to the injury. Box plots and data points are represented as in t0 with 95% Cl of mean differences represented to the right with an average value of 5.4% and 95% Cl between -9.8 and 0.7). Two-tailed t1 tests indicate that differences are not statistically significant (p = 0.129; Extended Data Fig. 6-1; p = 0.131 for the two-sided permutation t1 test estimating mean differences values). Both tests in t1 and t2 were underpowered, and therefore the lack of statistical significance needs to be interpreted cautiously. However, any possible effect size is small and therefore does not explain the central loss of VGluT1 synapses.

younger animals. To evaluate whether crush injury at P10 affects the survival of proprioceptive neurons, we calculated the number of PV⁺ neurons, a marker of proprioceptive neurons (de Nooij et al., 2013; Oliver et al., 2021), and their percentage to all NeuN neurons in the right (injured side) and left (control) L4 DRGs 60d after injury. We counted four to five sections per DRG and analyzed eight DRGs ipsilateral to the injury and six on the contralateral side. In the control side, we estimated $85.6 \pm 22.4 \ (\pm SD)$ PV neurons per DRG 15-μm-thick section, and on the injured side, 68.2 ± 30.7 . Similarly, we counted 299.7 ± 54.8 NeuN cells in control and 311.4 \pm 68.9 in the injured side. The high variability is because of differences in the number of cells contained within each section depending on section area and cellular content. To avoid biases introduced by section level, we included in the quantitative analyses only sections with >200 NeuN neurons. The differences in PV cell numbers were not statistically significant (t tests; PV cells: p = 0.263, $t_{(12)} = 1.175$; NeuN cells: p = 0.738, $t_{(12)} = 0.343$). The percentage of PV cells to all NeuN cells was 25.7 \pm 2.4% in control DRGs and 20.3 \pm 7.2% in injured DRG sections. This percentage is similar to previous estimates reported in the literature (Patel et al., 2003), and the differences in DRGs ipsilateral and contralateral to the injury were not significant (t test: p = 0.129, $t_{(12)} = 1.628$). There was, however, large variability from DRG to DRG, and the powers of these tests for $\alpha = 0.05$ were 0.296 (for PV cell numbers) and 0.323 (for PV percentage of NeuN cells), which are below the desired 0.8. However, after 5000 bootstrap sample permutations, the estimated effect size for the unpaired mean difference between control and

axotomy is -17.5 (95.0% CI, -39.4, 12.4) for cell numbers and -5.35 (95.0% CI, -9.79, 0.68) for PV percentage versus NeuN with, respectively, p = 0.265 and p = 0.131 for the two-sided permutation t test (Fig. 6B,C). Therefore, conclusions derived from parametric mean testing and effect size statistics are in good agreement. Given the small sample size, a possible small significant effect in cell survival could still be detected by stronger powered statistics; however, the estimated effect size is too small to explain the large changes (depletions, 70–40%) in VGluT1 synaptic coverage on MNs. Injury-induced cell death of PV $^+$ DRG neurons thus cannot explain deficits of VGluT1 contacts on α -motoneurons after nerve crush injury at P10.

The central neuroinflammation reaction and microglia reactivity

The microglial reaction in the lumbar spinal cord was analyzed at 3, 5, 7, 14, and 21 dpi after a P10 injury in sections immunostained for Iba1 and CD11b (OX-42 antibody; Fig. 7A,B). These markers are also shared by infiltrating immune cells and therefore serial sections were labeled with CD45 antibodies to detect any CD45^{high} blood-derived inflammatory cells. We could not detect any CD45^{high} cells in our samples at any age, and therefore our quantitative analyses focused on Iba1/CD11b cells likely derived from resident microglia. We counted microglia in the ipsilateral (injured) and contralateral (control) gray matter of the ventral horn and normalized the counts to the available volume (area of the ventral horn × section thickness). We used three animals per time point from 5 to



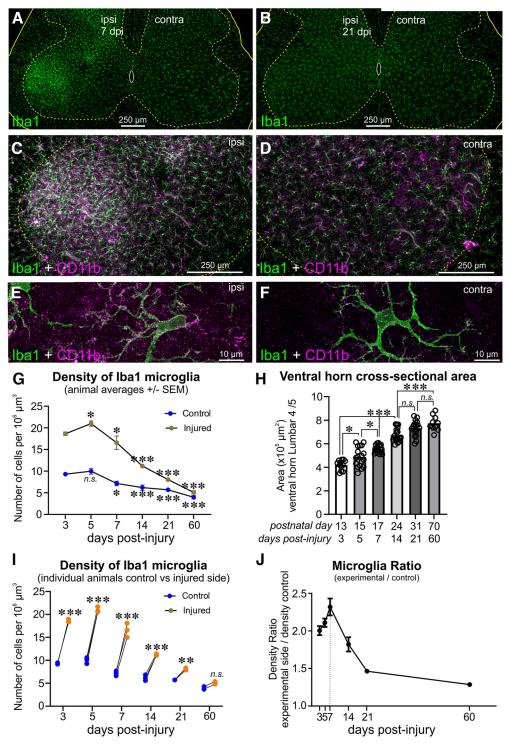


Figure 7. Microgliosis after sciatic nerve crush injury at P10. **A**, **B**, Representative images of Iba1-microglia in the spinal cords of animals at 7 dpi (**A**) and 21 dpi (**B**) after a unilateral nerve injury at P10. **C**, **D**, High-magnification images of ipsilateral (**C**) and contralateral (**D**) ventral horn Iba1 microglia (green) showing also immunoreactivity for C11b (blue). **E**, **F**, High-magnification images of Iba1-labeleld microglia (green) on the ipsilateral side (**E**) and the contralateral side (**F**) showing increased CD11b immunoreactivity (blue). **G**, Iba1 microglia density in control and injured side. Asterisks show significance with respect to 3 d (*p < 0.05, **p < 0.01, ***p < 0.001; post hoc Bonferroni's tests after two-way ANOVA for postnatal date and injury. Extended Data Figure 7-1; n = 3 animals at all ages except for 60 dpi in which n = 2). Density diminished in both the control and injured side with age because of spinal cord expansion. Density diminished faster and from a higher peak ipsilateral to the injury because of the additional induction and reversion of microgliosis. **H**, Progressive growth of the area occupied by the ventral horn at different postnatal days (correspondence with days after injury are noted on the x-axis). Asterisks indicate significance, as above (post hoc Bonferroni's tests after one-way)



continued

ANOVA for postnatal date; Extended Data Fig. 7-2). *I*, Quantitative comparison of microglia cell numbers ipsilateral versus contralateral to the injury at each time point. Asterisks indicate significance as in *H* (post hoc Bonferroni's tests after the same two-way ANOVA as in *H*; Extended Data Fig. 7-1). *J*, Microglia density ratios comparing the side ipsilateral to the injury to the contralateral side (ratio, average ± SEM). The largest increase in microgliosis, considering the effect of changing spinal cord sizes, occurs at 7 d and then rapidly decreases.

21 dpi and two animals at 3 dpi. We imaged three sections per animal comparing both sides of the cord to obtain one estimate per animal (Fig. 7C,D). In the side ipsilateral to the injury not only microglia number increased, but also Iba1 and CD11b immunoreactivities (Fig. 7C-F). The density of Iba1 microglia in the injured ventral horn was significantly higher than in the control side at all postinjury ages, but in addition there were also developmental changes in cell density with postnatal time because of the progressive increase in the size of the ventral horn (Fig. 7G). A twoway ANOVA for injury and time after injury (also including developmental time) showed significant differences according to both variables and a significant interaction (all p < 0.0001; Extended Data Fig. 7-1). The density of microglia peaked at 5 dpi, corresponding to P15, but while density was significantly increased at 5 dpi compared with 3 dpi in the injured side (p < 0.05, post hoc Bonferroni tests; Fig. 7C), the differences were not significant in the control side (p > 0.999). Thereafter, density was significantly reduced in both sides, most likely because of progressive significant increases in ventral horn size with age (Fig. 7H). Nevertheless, the differences in cell density between injured and uninjured sides remained significant at all time points analyzed (Fig. 71). When microglia density on the injured side was calculated as a ratio of the density on the control side (normalizing for changes in density because of development), maximal microgliosis was detected at 7 dpi. At 3 dpi, there was already microgliosis (ratio, 2.01 ± 0.06), increased at 5 dpi (2.11 \pm 0.06), peaked at 7 dpi (2.32 \pm 0.11), and decreased afterward (14 dpi, 1.82 \pm 0.1; 21 dpi, 1.46 \pm 0.01; Fig. 7J). Microglia density returned toward control values slowly, and there were still significantly more microglia ipsilateral to the injury at 21 d postinjury. Two animals were further processed at 60 dpi, and in these animals Ib1a/CD11b microglia appearance and density were almost identical on both sides.

Thus, activation of microglia after P10 nerve crush injury included rapid proliferation and upregulation of complement receptor components, followed by fast downregulation in the second week after injury and no infiltration of peripheral immune cells. This time course is faster than previously shown in mouse after nerve transection in the adult and suggests that the permanent deletion of VGluT1 synapses after P10 nerve crush involves a microglia mechanism during the first week after injury by difference to the neuroinflammation mechanisms described previously in the second week after adult nerve transection (Rotterman et al., 2019).

Discussion

In this article, we show that a crush nerve injury in the early postnatal period (P10) induces a massive loss of VGluT1 synapses on spinal α -motoneurons by 60 d

postinjury, despite almost complete muscle reinnervation at this time. These VGluT1 synapses on cell bodies and proximal dendrites of LG α -motoneurons are interpreted as being derived from muscle spindle proprioceptors and not corticospinal axons (another source of VGluT1 synapses in the lumbar ventral horn; Alvarez et al., 2004; Persson et al., 2006; Du Beau et al., 2012) because the corticospinal tract does not directly innervate motoneurons in the lateral motor columns of lumbar segments in normal mice and any cortico-motoneuronal connections formed during early development are efficiently pruned later (Bareyre et al., 2005; Du Beau et al., 2012; Gu et al., 2017; Moreno-Lopez et al., 2021). Within sensory afferent VGluT1 synapses, those in synaptic contact with α -motoneurons could belong to either type Ia or type II spindle afferents, but not to Golgi tendon organ Ib afferents or cutaneous mechanoreceptors that do not enter the ventral horn (Alvarez et al., 2011; Vincent et al., 2017). la and II ventrally synaptic collaterals reach Lamina IX to innervate α -motoneurons in the rodent spinal cord (Vincent et al., 2017), but the relative abundance of synapses from each type of sensory axon suggest a strong bias toward la identity.

The large loss of VGluT1/la/II synapses on spinal α -motoneurons by 60 d postinjury is clearly different from the response to nerve crush in adult rats, in which there is a significant 35-38% decrease in VGluT1 synaptic density on the cell bodies but no significant decrease on the dendrites by 21 d or 3 months after nerve injuries (Schultz et al., 2017). In contrast, we detected a larger depletion of VGluT1 synaptic densities on cell bodies (>60%) and dendrites (~50% at all distance bins) at 60 d postinjury when the nerve crush occurs at P10. This loss was comparable to that detected in adult rats after nerve transections (Alvarez et al., 2011). We targeted the sciatic nerve at mid-thigh position for neonatal nerve injuries and for the tibial nerve after the sciatic nerve trifurcation for adult injuries. We believe that results among these different injuries are comparable since analyses are focused on LG MNs retrogradely labeled before the injury. The LG MN pool receives monosynaptic inputs from la afferents, and to a lesser extent II afferents, innervating all triceps surae muscles, and these travel in both the sciatic and tibial nerves. We have shown previously that the permanent removal of VGluT1/la/II afferent synapses from MNs is dependent on injury in the peripheral nerve to the la afferent, and not to the MN (Alvarez et al., 2011; Rotterman et al., 2019; Alvarez et al., 2020). In other words, la/II afferents retract from ventral horn targets, including interneurons, injured MNs, and uninjured MNs, independent of the injury status of the postsynaptic neuron. la/II afferents presynaptic to LG MNs are similarly injured by nerve crush at the sciatic or tibial nerve level, and their response is expected to be independent of the size of the injured MN



cohort. Thus, the difference between the present results and those previously reported in the adult rat after nerve crush injuries (Schultz et al., 2017) requires an alternative explanation.

One major difference is developmental stage. It is well known that during the first 2 weeks of postnatal life in rodents, VGluT1/la/II synaptic densities progressively increase on their neuronal targets in the ventral horn (Mentis et al., 2006; Siembab et al., 2010; Mentis et al., 2011). In particular, VGluT1/la/II synapses on the cell body and dendrites of mouse MNs increase almost four times from P4 to P13 (Mentis et al., 2011). Here we found continued addition of synapses from P17 to P70, in part to match the increase in available surface with late postnatal development neuronal growth. In a detailed previous study (Kalb, 1994), it was shown that during the third postnatal week rat MNs exhibit significant growth in cell body size (confirmed in our study) and also dendritic length and bifurcations. The effects of sciatic nerve crush were detectable in both a loss of synapses and a slowing of synaptic accumulations during this period of MN growth, perhaps suggesting that remaining additions occur in inputs of decreased strength with less proliferative capacity. Together, they result in a large reduction in synaptic inputs from VGluT1/la/II afferents on the mature MN after it has regenerated and reinnervated muscle.

One possible explanation for the above results is that either MNs or Ia/II afferents are more susceptible to dying after injury to their axons in young animals. Alternatively, we previously demonstrated that the loss of VGluT1 la/II synapses in the ventral horn is dependent on a microglia mechanism and the ventral horn neuroinflammation in response to the injury in the peripheral nerve (Rotterman et al., 2019). Given that the neuroinflammatory reaction in the dorsal horn in response to nerve injuries is different in neonates, young rats, and adult rats (Vega-Avelaira et al., 2007), we sought to compare the time course and properties of the microglia reaction in the ventral horn of P10 injured animals with previous observations after similar injuries in adult. We hypothesized that a biased microglia phenotype at this age toward synaptic pruning might induce a differential effect on la/II synapse preservation when combined with further activation because of peripheral nerve injuries. This possibility is further supported by a recent report demonstrating microglia synaptic pruning of la afferent synapses in the neonate via a canonical C1q complement mechanism (Vukojicic et al., 2019).

Cell death cannot explain the massive loss of VGluT1 synapses

We applied nerve crush injuries in P10 rats because motoneuron and sensory DRG cell death is expected to be limited at this age (Lowrie and Vrbová, 1992; Kemp et al., 2015). A direct comparison of MN and DRG cell survival after sciatic nerve crush in P3, P5, P7, P30, and adult rats showed that, while injury at P3 resulted in loss of MNs and DRGs in >50% of cells, these losses were minimal (<20%) when the injury occurred at P7, and limited cell loss was only observed in the DRGs when injuries were conducted at P30 (Kemp et al., 2015). In our study, we estimated that CMAP amplitudes would recover to

~70% of contralateral values 2 months after the injury. In agreement, histological analysis indicated almost full reinnervation of neuromuscular junctions at that time point. These data suggest that regeneration after P10 sciatic crush results in muscle innervation close to normal. This is expected because, in the absence of motoneuron loss, surviving axons in the proximal stump after nerve crush injuries are effectively guided through endoneurial tubes that remain connected to the original peripheral targets facilitating reinnervation speed and specificity (Nguyen et al., 2002; Valero-Cabré et al., 2004).

Motoneuron sizes were different at P70 compared with previous ages. This could be because of the selective loss of smaller α -motoneurons or alternatively by biases introduced by the different tracers used in short-term (CTb-555) or long-term (Fast Blue) experiments. We believe, however, that the increase in cell body size is a normal developmental feature and cannot be explained by either of these alternative explanations. First, the coefficient of variation in size remained constant, suggesting spread in size range parallel to the mean increase. This is what is expected by the maturation of different sizes motor units and is similar to the increase in cell sizes of lumbar α -motoneurons that we reported before in mice (Shneider et al., 2009) and others in the rat (Westerga and Gramsbergen, 1992; Ishihara et al., 1994). If the type of tracer or cell death had introduced a bias toward certain cell sizes, we should observe a scaling factor for the whole-cell size distribution, not an increase in range. Moreover, the increase in VGluT1 numbers seems to match the cell size increase, maintaining a constant synaptic density. Finally, motoneuron cell death after certain injuries in the mouse are accompanied by specific local microglia reactions merging in tight macroclusters around the degenerating motoneuron (Rotterman and Alvarez, 2020). These were never observed in our preparations.

Alternatively, a proportion of la/II afferent sensory neurons might die when disconnected from muscle at this developmental time point. Approximately 50% of sensory neurons die within 2-3 d after axotomy because of sciatic nerve transection or crush in P0 to P1 rat pups (Yip et al., 1984; Whiteside et al., 1998). In contrast, sciatic nerve crush in 5-week-old rats results in limited and protracted (occurring for several days) cell death of sensory neurons (Ekstrom, 1995). A recent study suggested that DRG neuron cell loss can occur after injuries during the juvenile age (Kemp et al., 2015). To address the possibility of some cell loss from proprioceptors after axotomy following the crush nerve injury at P10, we evaluated the percentage of PV⁺ neurons in DRGs 2 weeks after the injury. Parvalbumin is a well known marker of proprioceptive afferents (de Nooij et al., 2013; Oliver et al., 2021). We found a very small and nonsignificant reduction observed in the total number of PV⁺ cells or the ratio of PV cells to all NeuN DRG neurons. If the small change were to become significant by increasing sample size (number of animals), the estimated effect size would remain too small to explain the large loss of VGluT1/la/II synapses on MNs. Previous studies already suggested that large-diameter cutaneous and muscle afferents are more resistant to axotomy than small cutaneous afferents (Tandrup et al., 2000; Hu and McLachlan, 2003).



Neuroinflammation after neonatal nerve crush differs from crush in the adult

Comparison of microglia in nerve cut versus crush in the adult rat showed that microglia activation is similar during the first 2 weeks postinjury but differs at later time points because of a prolongation of microglia activation after nerve cut (He et al., 1996; Campos et al., 2021). We obtained similar results in adult mice (Rotterman et al., 2019), and indeed the prolonged microglia activation correlated with infiltration of blood-borne CCR2 cells after nerve transection, but not after nerve crush, and the time course of immune cell infiltration correlated with the disappearance of VGluT1 synapses from the ventral horn (Rotterman et al., 2019). Moreover, VGluT1/la/II synapses were partially preserved in the cell bodies and fully preserved on the dendrites of MNs that regenerate and reinnervate muscle after axotomy in CCR2 knock-out animals (Rotterman et al., 2019). These results lead to the conclusion that a different neuroinflammatory environment after each type of injury, particularly at later time points after injury (>15 d), contributed to the permanent deletion of VGluT1/la/II afferent synapses. The time course of microglia activation following nerve crush injuries in the neonate has not been analyzed in detail before. Surprisingly, microgliosis declined quite fast after the first week of activation and despite a massive loss of VGluT1 synapses. Moreover, CD45 immunoreaction could not demonstrate any infiltration of peripheral immune cells at early or late postnatal ages. We conclude that the microglia reaction after crush injury at P10 differs from those in transection injuries in the adult and that the lack of CD45 cell infiltration suggests limited activation of CCR2 signaling. We therefore propose that the mechanism of loss of VGluT1/la/II synapses after nerve crush injury at P10 likely differs from mechanisms driving the loss of VGUT1/la/II synapses in the adult after nerve transection injuries.

Recent single-cell RNA sequencing analyses showed that microglia during early postnatal development display phenotypes highly active in synaptic and axon pruning (Matcovitch-Natan et al., 2016; Hammond et al., 2019). It is also known that la afferent synapses are actively pruned through C1q complement mechanisms during a critical window of synaptic selection and strengthening during the first 2 postnatal weeks (Vukojicic et al., 2019). Indeed, we found a large increase in CD11b expression in activated microglia. CD11b and CD18 to form CR3, a phagocytic complement receptor that activates downstream of C1q and contributes to synaptic plasticity during developmental synaptic pruning (Stephan et al., 2012). Therefore, it is possible that VGluT1/la/II synapse susceptibility to loss is enhanced when nerve crush injuries occur at postnatal stages when circuitries are undergoing the final stages of wiring plasticity using complement mechanisms and compared with similar injuries in adults in which we observed limited VGluT1/la/II plasticity (Schultz et al.,

One question is whether microglia recognize Ia/II afferent synapses related to axotomized motoneurons or all ventral horn synapses from Ia/II afferents injured in the periphery, regardless of spinal postsynaptic targets. Indeed,

the microglia reaction in the ventral horn distributes along the regions targeted by synapses from injured la/II proprioceptors, from medial lamina V to lateral lamina IX, crossing through LVII in the ventrolateral direction (Fig. 7A). Previously, we showed that after adult injuries in the mouse the microglia reaction in the ventral horn was critical, while dorsal horn microglia activation (induced by signals from sensory afferents) was dispensable (Rotterman et al., 2019). In the adult rat injury to one muscle nerve [e.g., the medial G (MG)] deletes la inputs from injured MG α -motoneurons, but also affects reciprocal inhibition of uninjured synergists (Horstman et al., 2019). This agrees with the die-back of ventrally directed la synaptic collaterals after nerve injury (Alvarez et al., 2011), suggesting retraction from not only axotomized α -motoneurons, but also other ventral horn targets, including uninjured synergists and ventral proprioceptive interneurons. Whether a similar die-back occurs after nerve crush in young animals will need to be assessed in the future by labeling individual regenerated la afferents, as before (Alvarez et al., 2011), and using more focalized nerve injuries to study homonymous and heteronymous connections.

Functional implications

Deleterious effects on motor function after injuries in the postnatal period have been described even when there is no motoneuron death (Lowrie et al., 1982; Lowrie and Vrbová, 1984; Lowrie et al., 1987). For example, muscle tension recovers to only half of normal following muscle reinnervation after nerve crush injuries at P11 to P12 (Lowrie et al., 1987). Nerve crush injuries inflicted up to P30 caused permanent muscle impairments and did not recover full function (Kemp et al., 2015). These studies suggest that factors unrelated to motoneuron death lead to poor motor function recovery after crush injuries in the postnatal period. Ia afferent input to the ventral horn is very significant for motor function, from maintaining muscle tone to regulating motor unit recruitment during motor activity and serving for rapid online muscle adjustments during performance. Therefore, it is quite possible that the massive loss of VGluT1 synapses we report here could impair the recovery of motor function when nerve crush occurs in the neonate.

In conclusion, after crush injury in the postnatal stage, there is a major loss of la synapses on $\alpha\text{-motoneurons}.$ Further research should focus on identifying the mechanisms behind this permanent synaptic loss to improve the functional recovery after postnatal nerve injuries.

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