

## Fish habitat availability simulations using different morphological variables

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### ABSTRACT

#### Fish habitat availability simulations using different morphological variables

Fish habitat modelling results are strongly influenced by velocity and depth patterns as well as by morphological parameters of the riverbed (i.e., substrate and refuge cover). Studies regarding the use of substrate in habitat modelling are well represented in the literature, whereas the use of cover in such models is commonly neglected because it is difficult to quantify the refuges or the instream areas where fish can hide from predators. However, there is clear evidence that fish habitat use and preferences are associated with refuge cover. Ignoring this variable can lead to incorrect restoration and flow management decisions based on misleading results. To avoid this, river restoration goals should only be set with reference to habitat conditions found at undisturbed sites rather than with the aim of improving habitat heterogeneity. The aim of this study is to compare the habitat availability for two cyprinid fishes, the Southwestern arched-mouth nase (*Iberochondrostoma almaçai*) and the Arade chub (*Squalius aradensis*), at undisturbed (i.e., near-natural state) and disturbed sites (i.e., sites impacted by agricultural activities that have led to nutrient enrichment, destruction of riparian woodlands, straightening of the river channel and water abstraction). This is done by alternately considering substrate or refuge cover in a weighted usable area (WUA) determination to understand the interactive effects of these morphological variables as well as their influence on habitat availability. Different outcomes were generated by the use of refuge cover and substrate in habitat simulation. The results underline the importance of considering refuge cover in habitat models and also point to the need to take into account minimally disturbed or undisturbed sites within the same river upon developing future management actions.

**Key words:** WUA, refuge cover, substrate, habitat heterogeneity, restoration.

### RESUMEN

#### Simulaciones de disponibilidad de hábitat usando diferentes parámetros morfológicos

Los resultados de la modelación de hábitats piscícolas están fuertemente influenciados por la velocidad y los patrones de profundidad, así como por los parámetros morfológicos (i.e. sustrato y cobertura de refugio) del lecho del río. Estudios sobre el uso de sustrato en la modelización del hábitat están bien descritos en la literatura, mientras que el uso de la cobertura es frecuentemente omitida, ya que es difícil de cuantificar el refugio o las zonas donde los peces se pueden abrigar y ocultar de los predadores. Sin embargo, hay pruebas claras de que el uso y las preferencias de los peces también están asociados con la cobertura de refugio. Ignorando esta variable puede conducir a decisiones de restauración fluvial y de gestión de los recursos hídricos apoyados en resultados engañosos. Para evitar eso, los objetivos de la restauración fluvial se debían establecer con referencia a las condiciones de hábitat que se pueden encontrar en trechos de río no alterados, en lugar de mejorar la heterogeneidad del hábitat. El objetivo de este estudio es comparar la disponibilidad de hábitat para dos peces ciprínido, el boga del Sudoeste (*Iberochondrostoma almaçai*) y el cacho del Arade (*Squalius aradensis*) en trechos de río no perturbados (i.e. próximo del natural) y perturbados (i.e. perturbados por actividades agrícolas que llevan a un enriquecimiento de nutrientes, destrucción de la mata riparia, enderezamiento del cauce y abstracción de agua). Esto es hecho considerando alternativamente o sustrato o la cobertura de refugio en la determinación del weighted usable area (WUA) a fin de dar a conocer los efectos interactivos de las variables morfológicas, así como su influencia en la disponibilidad de hábitat. Diferentes respuestas fueran encontradas con el uso posterior de la cobertura de refugio y el sustrato en la simulación del

*hábitat. Los resultados exponen la importancia de considerar la cobertura de refugio en los modelos de hábitat y además apuntan la necesidad de tener en cuenta sitios mínimamente alterados o no perturbados de un mismo río para el desarrollo de futuras acciones de gestión fluvial.*

**Palabras clave:** WUA, cobertura de refugio, sustrato, heterogeneidad del hábitat, restauración.

## INTRODUCTION

Rivers are amongst the ecosystems that have been most degraded by human intervention, largely through morphological changes and alterations to flow regime (Naiman & Turner, 2000; Sala *et al.*, 2000; Gleick, 2003). This has resulted in a loss of habitat complexity due to the elimination of natural mesohabitat sequences, increased uniformity of channel geometry, changes in water temperature regimes, bed erosion and downstream sedimentation (Petts *et al.*, 1989), with obvious negative consequences for many fish populations (Wesche, 1985). Concern about ecological losses has recently stimulated major conservation and management efforts, reflected in the increasing number of articles addressing river restoration and the large amount of money spent on restoration projects (Henry *et al.*, 2002; Wheaton *et al.*, 2004; Woolsey *et al.*, 2007). However, river restoration, defined as the process of returning a river to a near-natural state (Palmer *et al.*, 2005; Roni, 2005), is not always successful; indeed, many attempts at restoration are only modestly successful in improving conditions (Harper *et al.*, 1998; Pretty *et al.*, 2003; Harrison *et al.*, 2004).

To maximise success, river restoration should be set in the context of 'benchmark' conditions describing the dynamic and ecologically healthy river that should exist at a specific site, i.e., those that can be found at relatively undisturbed sites of the same river type (Rheinhardt *et al.*, 1999), rather than attempt to create conditions unrelated to the original ones at the site of interest (Choi, 2004; Palmer *et al.*, 2004; Suding *et al.*, 2004; Woolsey *et al.*, 2007). Nonetheless, many habitat improvement schemes still follow the concept

that increasing physical heterogeneity will lead to an increase in biodiversity (Jungwirth *et al.*, 1995; Kondolf & Micheli, 1995; Montgomery, 1997; Palmer *et al.*, 1997; Kemp *et al.*, 1999), which is not always true. The assumption of these studies is that more complex habitat structure should be the basic aim of habitat improvement.

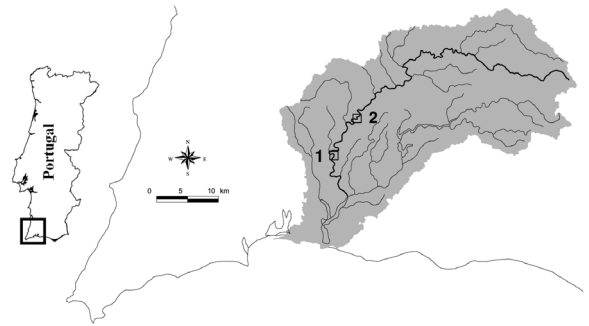
Although theoretically sound, the 'benchmark' site is not easy to model because natural instream habitats consist of complex multidimensional arrays of morphological conditions such as substrate structure, woody debris and plant growth, which in combination influence the observed hydraulic patterns. Furthermore, the expected 'natural' distribution of fish species should take into account species composition, life stages and habitat guilds to correctly identify the amounts of preferred habitats in a given stream and in which proportions these habitats exist (Strange, 1999). The distribution of each species in the 'natural' stream is determined by a multidimensional set of environmental conditions (e.g., velocity, depth, temperature) and resources (e.g., food, space) that support a viable population containing all life stages (Colwell & Futuyma, 1971; Statzner *et al.*, 1988), and these must be reflected in the restored stream.

Physical heterogeneity can be expressed as the variability in hydraulic velocity and depth values (Statzner *et al.*, 1988; Aadland, 1993; Jowett, 1993; Kemp *et al.*, 1999; Schweizer *et al.*, 2007). However, fish do not select physical variables independently; instead, distinct combinations of depth and velocity values that describe functional habitats, also known as mesohabitats, are a better measure of preferred habitat. These mesohabitats are also defined according to specific hydraulic

variables such as the Froude number (Orth & Maughan, 1983; Jowett, 1993; Kemp *et al.*, 2000) and the velocity/depth ratio (Allan, 1995; Kemp *et al.*, 1999; Brooks *et al.*, 2005). Two-dimensional habitat simulation modelling is currently used in river restoration studies (Vehanen *et al.*, 2003; Lacey & Millar, 2004; Pasternack *et al.*, 2004; Jalón & Gortázar, 2007) because it is a powerful tool to explain the velocity and depth patterns in stream reaches (Leclerc *et al.*, 1995; Ghanem *et al.*, 1996; Crowder & Diplas, 2000). When coupled with a biological model of habitat selection (Bovee, 1982), representing the preferences of different aquatic species for various instream habitat variables at different life history stages, the approach is even more powerful.

Depth and velocity values, combined with substrate composition, are usually considered the basic physical stream attributes that determine fish distribution (Parasiewicz & Walker, 2007) and thus are commonly used in fish habitat models. The presence of refuge cover is much less used in modelling habitat availability, despite its potential importance in defining the distribution of individuals in a natural stream. Refuge cover comprises those instream areas where fish can hide from predators or rest, and it is normally composed of large roughness elements. Refuge cover can be a critical component of fish habitat that reflects the complexity of the river (Smith & Brannon, 2007). Other instream characteristics that may be considered refuge cover include woody debris, overhanging vegetation and aquatic vegetation (Smith & Brannon, 2007; Ayllón *et al.*, 2008), as well as alteration of the appearance of the water surface due to turbulence (Bain & Stevenson, 1999). Disregarding the importance of refuge cover in river restoration projects can lead to misinterpretation of the results of habitat modelling.

In this study, two-dimensional habitat simulations were used to compare habitat suitability scenarios for two native cyprinid fish species at three life stages. These simulations used different morphological variables along with reference to a minimally disturbed site located upstream for 'benchmarking' purposes. Specifically, we investigated the effect of using substrate and refuge



**Figure 1.** Location of the disturbed (1) and undisturbed (2) sites in the Arade Basin, Algarve, Portugal. *Localización de la estación alterada (1) y no alterada (2) en la cuenca de Arade, Portugal.*

cover as morphological variables in combination with hydraulic parameters in modelling the original ecological situation.

## MATERIAL AND METHODS

### *Study area*

The study area is located in the Odelouca River, the largest tributary of the Arade basin (987 km<sup>2</sup>), in southwestern Iberia (Fig. 1). The Odelouca River is 92 km long and is dominated by schistose rocks, which are covered with alluvial deposits in the lower reaches. The climate is Mediterranean, with large intra-annual variability. More than 80 % of the precipitation falls between October and March, when the rivers are prone to spates. From July to September, many parts of the river are partly dry and are represented by a succession of pools, which are disconnected in the upstream reaches.

The upper and middle courses present well-developed riparian galleries dominated by *Alnus glutinosa*, *Salix salviifolia* ssp. *australis* and *Fraxinus angustifolia*, and they are free of major human impacts such as urban and agricultural pollution, impoundment and angling. However, irrigation crops and citrus groves occupy most of the lower catchment area, replacing the natural Mediterranean scrubland and cork-oak woodland vegetation (*Quercus suber*). Impacts from these activities include diffuse nutrient enrich-

ment, destruction and fragmentation of riparian woodlands, straightening of the river channels and water abstraction from instream pools.

Southwestern arched-mouth nase (*Iberochondrostoma almaçai*) (hereafter 'nase') and Arade chub (*Squalius aradensis*) (hereafter 'chub') are typical native species of the basin (Santos & Ferreira, 2008). Currently, both present reduced populations and are critically endangered (Cabral *et al.*, 2006). Other species include European eel (*Anguilla anguilla*) and southern Iberian spined-loach (*Cobitis paludica*). Exotic species, such as pumpkinseed sunfish (*Lepomis gibbosus*) and gambusia (*Gambusia holbrooki*), are mainly confined to the disturbed river reaches downstream.

Two study sites, both fourth-order streams (Strahler, 1957), were selected in the lower course of the Odelouca River, at 59 and 66.5 km from the source, respectively. The former site has a high degree of naturalness and is being used as a benchmark for river restoration goals. The latter site represents a disturbed section where the natural Mediterranean scrubland has been occupied by extensive citrus groves. These activities have changed the hydromorphology of the river by decreasing habitat heterogeneity through destruction of the riparian corridor and bank reinforcement (Table 1). The undisturbed site is 74 m long and 33 m in bankfull width, with a mixed channel substrate dominated by gravel. It has luxuriant riparian vegetation along both banks and multiple habitat cover features including overhanging trees, submerged blocks and woody debris. Together, these provide shelter over 20 to 40 % of the total habitat area, in which fish can find rest and hide. The downstream disturbed site is 286 m long, and its average bankfull width is 58 m. It has unstable banks with almost no vegetation or sheltered areas (i.e., 0 to 20 % cover). The river substrate is composed mainly of gravel embedded with silt.

#### Data collection

The topography of the riverbed was surveyed in March 2005 with a Nikon DTM310 Total Station in combination with a Global Positioning System unit (GPS; Ashtechy, model Pro Mark2). Overall, 1824 and 4129 spots were surveyed

**Table 1.** Physical characteristics of the study sites at a flow of 2 m<sup>3</sup>/s. Mean values  $\pm$ SE are given for depth, velocity and Froude number. Dominant substrate and cover class are indicated followed by their percentages in parentheses. *Características físicas de las estaciones estudiadas con un caudal de 2 m<sup>3</sup>/s. Se dan los valores medios  $\pm$ ES para la profundidad, velocidad y número de Froude. Se indican el tipo de sustrato dominante y de cobertura seguida de los porcentajes entre paréntesis.*

Study site	Undisturbed	Disturbed
Total length (m)	74.1	286.2
Average width (m)	33.1	58.3
Altitude (m)	46	10
Depth (m)	0.41 $\pm$ 0.21	0.25 $\pm$ 0.14
Maximum depth (m)	0.86	0.73
Velocity (m/s)	0.70 $\pm$ 0.56	0.41 $\pm$ 0.23
Froude number	0.35 $\pm$ 0.34	0.26 $\pm$ 0.14
Dominant substrate class (%)	Gravel (49)	Gravel (84)
Dominant cover class (%)	20-40% (89)	0-20% (84)
Bank vegetation	Continuous in both banks	Absent

at the undisturbed and disturbed sites, respectively. Water velocity and depth were measured at a series of points along four cross-sections at each site, located in different mesohabitats. Depths were measured with a meter ruler. Water velocities were measured with a water flow probe (model FP101, Global Water Instrumentation, USA) positioned at points below the upper 60 % of the local flow depth (Bovee & Milhous, 1978). The collected data were also used to calibrate bed roughness in the model and to establish the boundary conditions, specifically the water surface elevation at the downstream and upstream cross-sections. Substrate composition was assessed at each spot and classified according to a modified Wentworth scale (Bovee, 1986; silt: 1-2 mm; sand: 2-5 mm; gravel: 5-50 mm; cobble: 50-150 mm; boulder: > 150 mm; bedrock). Refuge cover was defined as (i) any submerged structure (other than substrate) in which fish could be hidden from overhead view, (ii) undercut banks or overhanging vegetation < 0.5 m above the water surface and (iii) water surface turbulence. The percentage of refuge cover in the riverbed was visually assessed in 20 % increments, from 0 to 100 %.

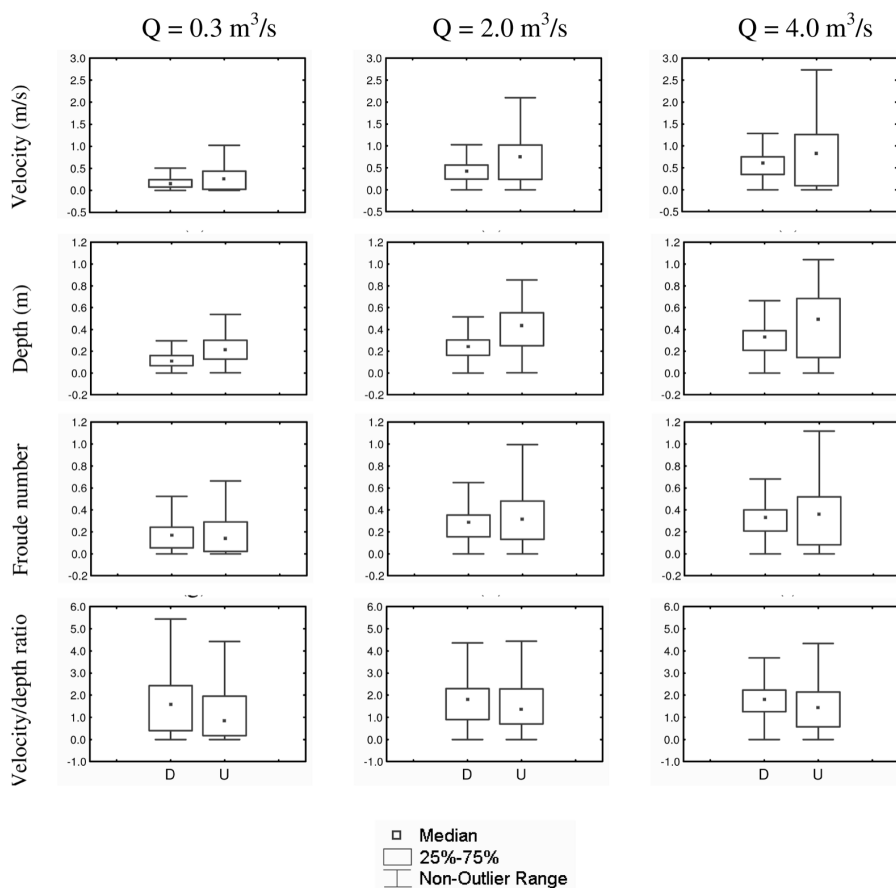
Habitat Suitability Curves (HSC) of depth, velocity, substrate and cover were developed for

specific fish size-classes for nase (<5, 5-7 and >7 cm) and for chub (<4, 4-6, >6 cm) (Santos & Ferreira, 2008). These classes roughly correspond to the fish life-history stages of young-of-year (YOY, 0+), juveniles (1+) and adults (>1+), respectively (Magalhães *et al.*, 2002). Sampling took place at undisturbed or minimally disturbed sites of the Odelouca basin so that habitat associations reflected the situation in optimal species habitat rather than an externally imposed displacement towards sub-optimal habitat (Gorman & Karr, 1978). Fish were sampled during the flowing season, i.e., late May-early June 2005, when habitats were fully connected and fish were

therefore not confined to pool habitats. Further details about site locations, sampling procedures and microhabitat measurements are given in Santos & Ferreira (2008).

#### Data analyses

Simulations were carried out using River2D (Steffler, 2000) for a range of discharges from 0.3 to 12 m<sup>3</sup>/s, representing the range expected during the natural flow regime in the reaches. The two-dimensional model was developed specifically for use in natural streams and rivers. The model creates a finite element mesh composed



**Figure 2.** Water velocity (m/s), depth (m), Froude number and velocity/depth ratio variability at different discharges (0.3 m<sup>3</sup>/s, 2.0 m<sup>3</sup>/s and 4.0 m<sup>3</sup>/s) at the undisturbed and disturbed sites in the Odelouca River, Arade Basin. The medians (central point), quartiles (box) and non-outlier range (whiskers) are shown in the plots. *Velocidad del agua (m/s), profundidad (m), número de Froude y variación de la relación velocidad/profundidad para diferentes caudales (0.3 m<sup>3</sup>/s, 2.0 m<sup>3</sup>/s y 4.0 m<sup>3</sup>/s) en la estación alterada y no alterada en el río Odelouca, Cuenca de Arade. En las figuras se muestran, las medianas (punto central), cuartiles (Caja) y rango sin valores atípicos (whiskers).*

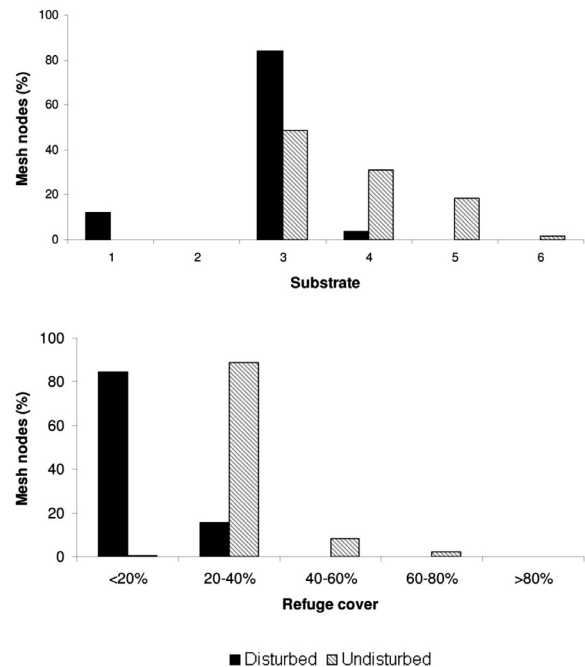
of triangular polygons of varying shapes and sizes. In each node, the hydraulic conditions (average depth and mean water velocity) are simulated, and the potential value of stream habitat (Weighted Useable Area; WUA) for the requirements of each species at each life stage is estimated. The hydraulic parameters (velocity, depth, Froude Number and velocity/depth ratio) and morphological parameters (substrate and refuge cover) at each node were plotted in box plots and used to compare the magnitude of differences (effect size) between sites. The model was calibrated by varying the effective roughness height and comparing the simulated and measured water surface elevations, and water velocity profiles along the four cross-sections where measurements were made. The quantity of area suitable for habitat (WUA) was calculated as the product of depth, velocity and morphological variable (i.e., substrate or refuge cover) (Bovee, 1986). To compare the habitat availability between sites, the WUA determined for each discharge was expressed as a percentage of the corresponding total wetted area, measured in the X-Y plane using ArcGIS 9.1.

## RESULTS

### *Physical characteristics of the study sites*

Differences between the first and third quartile values of velocity, depth and Froude number were larger for the undisturbed site compared with the disturbed site, independently of the discharge. However, variability of the velocity/depth ratio decreased with increasing discharge (Fig. 2). At each site, variability in velocity, depth and Froude number increased with discharge. As expected for all variables, the minimum values were always close to zero, and the maximum values increased with discharge. Moreover, velocity and depth at the undisturbed site had higher median values in all cases than at the disturbed site. For the Froude number and the velocity/depth ratio, the opposite trend was detected.

Substrate composition and refuge cover heterogeneity (number of classes observed) were



**Figure 3.** Substrate composition (see Material and Methods for codes) and percentage of refuge cover recorded at a discharge of  $2.0 \text{ m}^3/\text{s}$  at the undisturbed and disturbed sites in the Odelouca River, Arade Basin. *Composición del sustrato (ver Material y Métodos para los códigos) y tanto por ciento de cobertura de refugio medido a un caudal de  $2.0 \text{ m}^3/\text{s}$  en la estación alterada y no alterada en el río Odelouca, cuenca del Arade.*

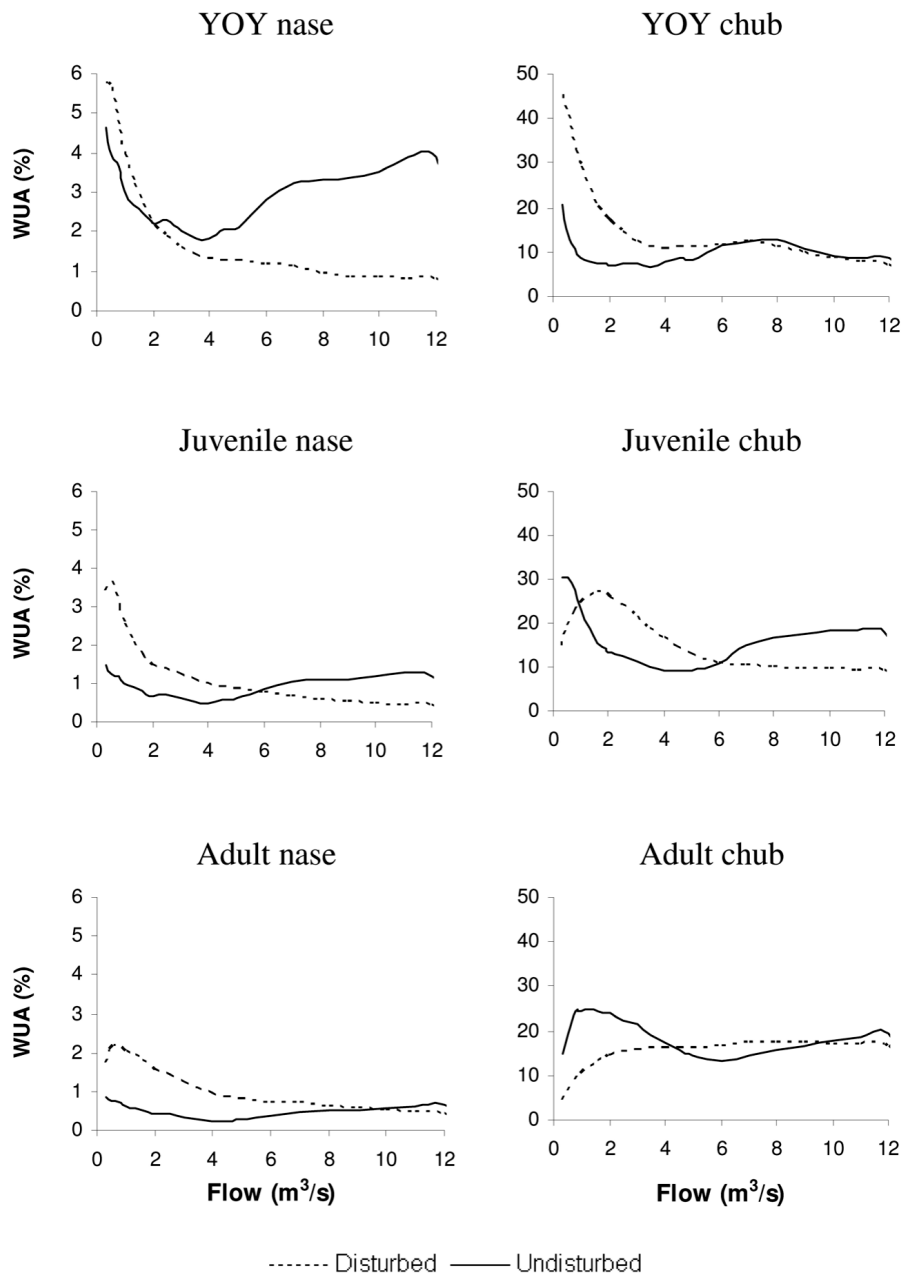
higher at the undisturbed site (Fig. 3). The dominant substrate class for both sites was gravel, which completely dominated the disturbed site (84 % of spot observations) but was present at a lower proportion at the undisturbed site. Approximately 90 % of the observed spots at the undisturbed site had 20-40 % cover, whereas 0-20 % cover was observed in 84% of the spots at the disturbed site.

### *Habitat availability and use*

When substrate was used as the morphological variable, higher habitat availability at lower discharges for the undisturbed site was predicted for all nase and chub life stages except for adult chub, and especially for YOY (Figs. 4 and 5). For higher discharges (i.e.,  $> 6 \text{ m}^3/\text{s}$ ) there was a trend towards increased usable area at the undis-

turbed site compared to the disturbed site. However, when refuge cover was used as the morphological variable, higher WUA values were predicted for the undisturbed site across almost

the entire flow range for all nase and chub life stages, with the exception of YOY chub, for which higher WUA values were found at the disturbed site for lower discharges ( $Q < 7 \text{ m}^3/\text{s}$ ).



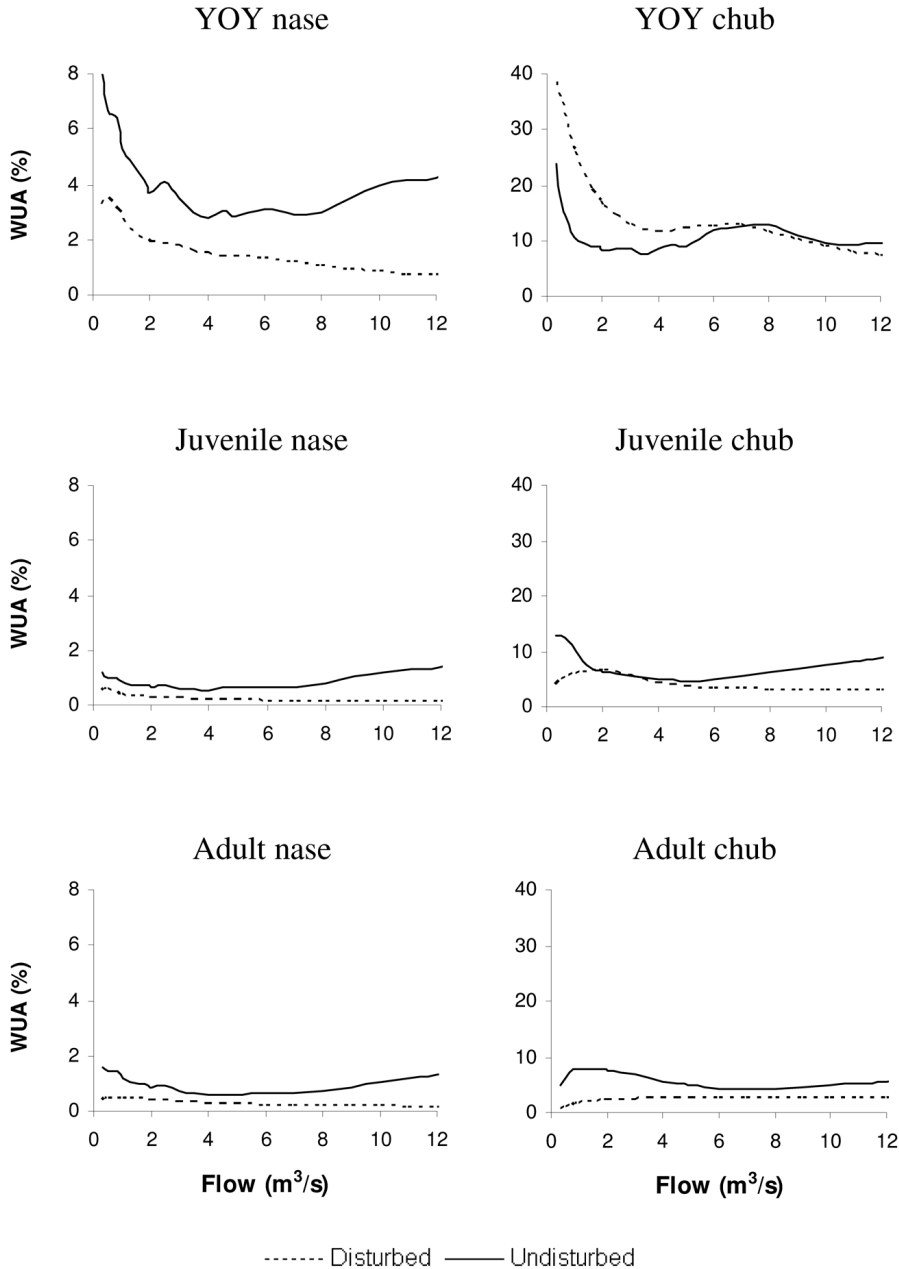
**Figure 4.** Weighted Usable Area (WUA) percentages across different flow discharges considering substrate composition as the morphological variable at the undisturbed and disturbed sites in the Odelouca River, Arade Basin. *Tanto por ciento de Área Utilizable Ponderada (WUA) para diferentes caudales considerando la composición del sustrato como variable morfológica en la estación alterada y no alterada en el río Odelouca, cuenca de Arade.*

**DISCUSSION**

A two-dimensional modelling approach was applied to predict the habitat availability for two endangered cyprinid species by considering, al-

ternately, substrate or refuge cover as the morphological variable in a WUA formulation (i.e., product of depth, velocity and substrate or cover) at undisturbed and disturbed sites.

A natural stream usually has a complex habi-



**Figure 5.** Weighted Usable Area (WUA) percentages across different flow discharges considering refuge cover as the morphological variable at the undisturbed and disturbed sites in the Odelouca River, Arade Basin. *Tanto por ciento de Área Utilizable Ponderada (WUA) para diferentes caudales considerando la cobertura de refugio como variable morfológica en la estación alterada y no alterada en el río Odelouca, cuenca de Arade.*



tat structure, enabling fish assemblage persistence (Palmer *et al.*, 1997; Kemp *et al.*, 1999; Eros, 2007). Undisturbed aquatic ecosystems should have a habitat matrix (e.g., rearing and spawning habitat, feeding areas and refuges, lower and deeper zones as well as high current velocity and static water) that is able to support all life stages of all species. In this study, we found higher spatial heterogeneity at the undisturbed site, independently of discharge, for depth, velocity and Froude number. Though freshwater fishes are usually strongly influenced by depth and velocity patterns (Jowett, 1993; Kemp *et al.*, 2000; Schweizer *et al.*, 2007), other variables such as substrate and refuge cover can be equally important (Smith & Brannon, 2007; Ayllón *et al.*, 2008). In addition, chemical and biotic factors (e.g., food availability and the presence of competitors) can be of greater importance at very low flow conditions (Pires *et al.*, 2000), and their inclusion in habitat modelling should be considered in future studies.

The results of the present study show not only the importance of morphological variables in assessing habitat availability but also the importance of selecting one particular variable over another. In general, when substrate was used as the morphological variable in the WUA assessment, the habitat availability for both species was higher in the disturbed site compared with the undisturbed site. The results were different when refuge cover was considered as the morphological variable, i.e., habitat availability for both species at the undisturbed site was higher than at the disturbed site. Because the relationships between habitat preferences of certain species and particular hydraulic conditions are well known (Aadland, 1993; Mérigoux & Dolédec, 2004), river restoration is generally focused on enhancement of hydraulic variability as a surrogate for fish habitat use. However, other variables also play an important role in determining fish distribution. The habitat simulations carried out in this study underline the importance of considering refuge cover in fish habitat modelling studies (Smith & Brannon, 2007; Ayllón *et al.*, 2008). However, fish preferences for specific cover type are not known (Vehanen *et al.*, 2000). When sub-

strate was considered as the morphological variable at the undisturbed site, results revealed lower habitat availability at lower discharges, in spite of the higher heterogeneity at this site. Therefore, not taking refuge cover into account in habitat simulation studies may lead to incorrect conclusions.

Before a river restoration project takes place, it is important to consider the hydraulic variables as well as the biotic factors that may play an important role in species distribution. To know which variables should be considered in river restoration projects, one needs to assess the importance of hydraulic and biotic features at undisturbed sites of the same river. This has been stated in the reference approach that guides river restoration actions (Choi, 2004; Palmer *et al.*, 2004; Woolsey *et al.*, 2007). In our investigation, habitat complexity at the undisturbed site was better explained using refuge cover to determine the amount of habitat available for nase and chub. Due to the simplicity of characterising the substrate, this variable has been widely used in river restoration projects. So far, this is a fundamental aspect of river restoration that has usually been neglected.

Habitat models that simulate complex flow patterns in streams resulting from the interaction of physical variables and flow, such as the one applied in this study, have proved to be useful tools to describe the hydraulics in streams (Leclerc *et al.*, 1995; Crowder & Diplas, 2000). Currently, 2D habitat models involving WUA determination are confined to the use of one morphological variable, unless several morphological variables are combined into a single value, which will have dubious ecological relevance. Because of the complexity of natural systems, there will always be important features that are ignored in models. Nonetheless, this study highlights the importance of refuge cover in the determination of the WUA for different fish species and life stages and therefore supports the idea that refuge cover is a habitat characteristic that should be taken into account.

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