







# **User Manual and Safety Instructions**

# **Headset Instructions**

Step 1

Turn on the headset. Hold down the power button until light comes on.

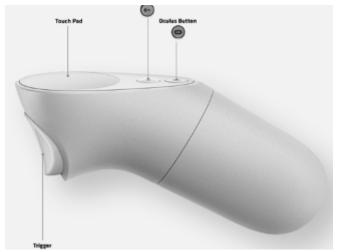


Step 2
Put the headset on and adjust the straps as needed for optimal comfort. There are Velcro straps at the sides and on top that can be adjusted.



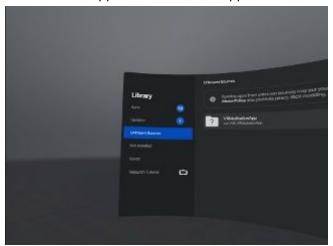
### Step 3

Now that your headset is on. Adjust the controller focus by holding down the home button on the controller (the button). This will line up the headset with where you are facing and where the controller is facing. Use the trigger to select things on the headset screen.



#### Step 4

Now that you have the headset on and the controller has been re-centred you will see the menu dashboard in front of you, at the bottom of the screen. Select "Library" with the trigger button and then a tab will appear with different apps to choose from.



### Step 5

If you need more help with the controls, you can select "Relaunch Tutorial" on the left hand menu in the Library

## Step 6

You will need to connect your headset to your Wifi network before you can view some of the apps. On the menu bar at the bottom of the screen, select "Settings" on the far left. Then select WiFi. A menu of available Wifi networks should appear. Select your Wifi network and confirm to enter the password and connect your headset to your chosen Wifi.

Step 7
Explore the apps on the headset and enjoy. After every use please clean with anti-bacterial wipe and dry with kitchen towel



# **Content Menu**

Name of app	Where to find it	Description
Welcome to Virtual Reality	Downloaded to your headsets Library	Sit back and relax as you are whisked away on a guided journey, in which you will experience the key elements of virtual reality. The perfect introduction to Virtual Reality.  Usability note: look at Start until it turns blue and press the trigger on your controller to begin
Henry	Downloaded to your headsets Library	Narrated by Elijah Wood, and developed with former creative talent on the Brave and Toy Story 3 teams, Henry is the story of a little hedgehog with a big problemhe loves to hug! After ending up alone on his birthday, he'll make a wish that changes everything.
Turning Forest	Downloaded to your headsets Library	An interactive fairy tale for all ages with spatial sound. In a magical forest, a young child stares into the eyes of a fantastical creature and together they embark on an unforgettable journey.

Making Noise	Downloaded to your headsets Library	Use the power of your voice to break through the barriers faced by the suffragettes during their fight to win the vote for women. Mesmerising, profound and playful. How will you use your voice to change your world?
Nothing to be Written	Downloaded to your headsets Library	This award-winning 7-minute experience is a contemporary response to the First World War, set to an emotive score by Anna Meredith. Part documentary, part artwork, Nothing to be Written tells the stories behind 'field postcards' - one of the few communication options for WWI soldiers.
YouTube App	We have bookmarked some VR Opera experiences in the YouTube app for you to try	Elisir D'amor La Scala - the famous Opera house in Milan - invites you to a very special event. The Opera is shown at the airport Malpensa. Tosca A VR reworking of Tosca to put you in the centre of Puccin's greatest love story. Join the Chorus Step on stage alongside the Royal Opera Chorus in London's Covent Garden, as they build up to the opening night of Verdi's Nabucco, featuring the famous Chorus of the Hebrew Slaves. V-Aria A Journey through the Bayerische Staatsoper. Travel through the opera house, meet the musicians, dancers and singers
Dear Angelica	Downloaded to your headsets Library	Dear Angelica is a journey through the magical and dreamlike ways we remember our loved ones. Entirely painted by hand inside of VR, Dear Angelica plays out in a series of memories that unfold around you. An immersive,

		illustrative short story starring Geena Davis and Mae Whitman.
Bait	Downloaded to your headsets Library	Just for fun! You're invited to Bait! Island to help your boss catch a rare fish, and thereby save the struggling aquarium where you work. But, will you be able to keep your loyalties both to your new friends and to your boss?

NB: Although the headset has built in speakers, you may want to use headphones with a plug-in jack for a more immersive experience. The headphone port can be found on the left-hand side of the headset, just next to the charging port (see diagram in Step 1).

## **Caring for your headset**

#### Keep it Cool

- Please keep your headset away from direct sunlight. Oculus Go may suffer permanent damage from less than a minute of direct exposure to light.
- Store the headset away from windows and other direct sources of light.
- When not in use, keep your Oculus Go stored in the box provided.
- Keep it away from heat sources e.g. near your kitchen stove or by the fireplace

# Keep it Clean

- It's important to keep your Oculus Go clean. Use a clean, dry cloth to clean the outside of your headset and non-abrasive anti-bacterial wipes to clean the straps and facial interface foam.
- You can gently hand wash the facial interface and straps with mild detergent after detaching them from the headset. Let them air dry, reattach, and you'll be back up and running.
- Use a dry optical lens microfiber cloth to gently wipe away any smudges on the lens in a circular motion moving outwards from the centre. Be sure to avoid liquid and chemical cleansers.
- Use a dry, clean cloth or non-abrasive anti-bacterial wipes to clean the controller.

### Keep it Safe

- Oculus Go is easy to travel with, however, make sure to protect the headset and lenses from sharp objects like keys or charging cables.
- You should be sure to store your Oculus Go somewhere safe when not in use and protect it from children and pets.

### **Health and Safety**

- To reduce the risk of injury or discomfort you should always follow these instructions and observe these precautions while using the headset
  - Be aware that the headset distracts you from and completely blocks your view of your actual surroundings.
  - Always be aware of your surroundings before and while using the headset. Use caution to avoid injury.
  - Make sure your environment is completely clear of any obstacles or tripping hazards.
  - Use of the headset and Oculus controllers may cause loss of balance so remain seated unless your game or content experience requires standing.
  - Never wear the headset in situations such as walking, cycling, or driving.
  - Take at least a 10 to 15 minute break every 30 minutes, even if you don't think you need it.
- N.B This product is not a toy and should not be used by children under the age of 13
- Immediately discontinue using the headset if any of the following symptoms are experienced:
  - seizures; loss of awareness; eye strain; eye or muscle twitching; involuntary movements; altered, blurred, or double vision or other visual abnormalities; dizziness; disorientation; impaired balance; impaired hand-eye coordination; excessive sweating; increased salivation; nausea; light-headedness; discomfort or pain in the head or eyes; drowsiness; fatigue; or any symptoms similar to motion sickness.
- Symptoms of virtual reality exposure can persist and become more apparent hours after use.
   These post-use symptoms can include the symptoms above, as well as excessive drowsiness and decreased ability to multitask. These symptoms may put you at an increased risk of injury when engaging in normal activities in the real world.