Suicidal ideation is common in depressed patients and must be properly handled in the primary care settings. Our group has developed and tested a healthcare program to enhance the management of depression in primary care (the INDI Program), which is effective to improve the severity of depressive symptoms and quality of life.

**AIM**

To assess the effect of the INDI program on suicidal ideation.

**DESIGN**

The INDI program is an effective strategy for reducing suicidal ideation and the potential risk of suicide in primary care patients with depression and recurrent thoughts of death or suicidal ideation.

**OUTCOMES**

The INDI program is a multicomponent collaborative care program based on the chronic care model that includes continuing medical education, clinical and organizational components, and patient empowerment interventions.

Suicidal thoughts were monitored by means the PHQ-9.

Rates of patients with suicidal ideation in the intervention arm vs. Control arm throughout 12 months of follow-up.

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