

Degree	Type	Year	Semester
2500892 Physiotherapy	OB	2	2

## Contact

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## Use of languages

Principal working language: catalan (cat)  
Some groups entirely in English: No  
Some groups entirely in Catalan: Yes  
Some groups entirely in Spanish: Yes

## Prerequisites

There isn't any requirement to enrol in this subject.

## Objectives and Contextualisation

The subject of "Physiotherapy Therapeutics Techniques in Locomotor System Diseases" belongs to the group of subjects of Physiotherapy in Locomotor System Diseases. It starts in the second course of the Physiotherapy Degree.

The objectives of the subject:

- To learn the techniques of physiotherapy to apply to the patients.
- To acquire the necessary knowledge in physiotherapy in order to solve all types of clinic cases.
- To detect and to define which are the objectives of the treatment of physiotherapy.
- To learn how to plan the treatment of physiotherapy in the diseases of the locomotor system to succeed in the objectives of the treatment.
- To acquire the ethics and professionals values that are necessaries for the clinical practice.

## Content

PART 1: Therapeutic Exercise and Manual Thecniques.

- Introduction to the subject. (Ana Palacios)
- Kinesyotherapy. (Concepción Delgado)
- Mechanical Therapy. (Concepción Delgado)
- Muscular Training. (Concepción Delgado)
- Muscular Stretchings. (Alfonso Domínguez)

- Proprioception Training. (Concepción Delgado)

- Therapeutic Massage. (Concepción Delgado)

PART 2: Physical Agents.

- Electrotherapy. (Ana Palacios)

- Thermotherapy. (Ana Palacios)

- Hydrotherapy. (Ana Palacios)