

Health Prevention and Promotion

Code: 43422
ECTS Credits: 9

Degree	Type	Year	Semester
4314949 General Health Psychology	OB	1	2

Contact

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Use of languages

Principal working language: catalan (cat)

Teachers

Lluís Capdevila Ortis
Mariona Portell Vidal
Jenny Cubells Serra
Sara Valmayor Safont
María Paz González Gómez de Olmedo

Prerequisites

There are no prerequisites, but will assume the knowledge and skills acquired throughout modules 1 and 2 of the first semester.

Objectives and Contextualisation

Once finished the module, the student should be able to:

- Conceptually define what is the prevention and promotion of health. Identify the different levels of each of them.
- Identify the different determinants that influence risk behaviors and behaviors promoting health.
- Prepare a psychosocial diagnosis of health problems.
- Apply the main models of planning, design and evaluation of promotion and education programs for individual, group and community health.
- Critically analyze different education, health promotion and prevention programs.

Content

- 1- Prevention and promotion of health. Differential definition of concepts. Levels of prevention and promotion of health.
- 2 - Planning, design, and evaluation of programs for the education and the promotion of health.
- 3- Applications: critical analysis of programs.