

Psychooncology and Palliative Care

Code: 43877
ECTS Credits: 6

Degree	Type	Year	Semester
4316222 Research in Clinical Psychology and Health	OT	0	2

Contact

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Use of languages

Principal working language: catalan (cat)

Teachers

Antoni Font Guiteras
María José Gómez Romero

Prerequisites

There are no prerequisites but good knowledge of English at reading level is necessary.

Objectives and Contextualisation

The objective of this module is to provide students an expert knowledge related to psycho-oncology and palliative care, in order to be able to design intervention or research projects based on rigor and scientific evidence.

- The student will be able to understand the illness process and the emotional reactions that the patient's disease has from the biopsychosocial point of view, from the diagnosis, treatment, survival, relapse or end of life.
- The factors involved in the well-being, the suffering and the quality of life of the patient and their family will be analyzed during illness and after patient dying in the grieving process of family members.
- Psychooncology and palliative care are presented as a continuing care process with its differentiating characteristics both with respect to the psychological interventions that are performed as well as the emotional and adaptive reactions experienced by patients, their families or relatives.
- It includes the discussion and critical analysis of the main lines of research in both psychooncology and palliative care, as well as the specific difficulties of studying these areas, where professors who are experts in the subject, can also explain their own experience of care and research.

Content

This subject is structured on the following topics:

◇ **Psychooncology and palliative care:** the process of care and healing from the diagnosis to the end of life or survivor.

◇ **Biopsychosocial factors** involved in the well-being, suffering and quality of life of the patient and their family.

◇ **Psychological interventions** based on scientific evidence throughout continuumcare .

◇ **Death, grief and family.**

◇ **Psychooncology and palliative care in children and adolescents.**

◇ **Research in psychooncology and palliative care:** practical difficulties and relevant contributions in healthcare practice.