



### **Psychological Assessment**

Code: 102574 ECTS Credits: 6

Degree	Туре	Year	Semester
2502443 Psychology	ОВ	2	2

### **Errata**

Assessment section: Ev1 will be week 8 (not 9)

#### Contact

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#### **Teachers**

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## **Use of Languages**

Principal working language: catalan (cat)
Some groups entirely in English: No
Some groups entirely in Catalan: Yes
Some groups entirely in Spanish: No

# **Prerequisites**

There are no official requirements; however, students must have a basic knowledge of the different approaches to the explanation of normal and abnormal behaviour, and its biological and social basis.

Therefore, it is recommended to simultaneously study those subjects in the same semester and to have passed the subjects programmed in previous semesters and academic years.

#### **Objectives and Contextualisation**

Any professional activity carried out by professionals in psychology involves an assessment process that allows responding to specific demands. These demands may vary according to the area of application, the information-collection process and the organisation and interpretation of results. However, there are common guidelines called the assessment process.

On completion of the subject, students must be able to:

- Detect, identify and analyse different kinds of demands.

- Know the characteristics of psychological assessment techniques; their advantages and disadvantages.
- Interpret and understand the results.
- Organise the obtained information and make decisions based on results and theories with scientific evidence.
- Write a results report.
- Evaluate the tasks carried out as a professional during the psychological-assessment process.

#### Competences

- Analyse the demands and needs of people, groups and organisations in different contexts.
- Apply knowledge, skills and acquired values critically, reflexively and creatively.
- Criticise the effects of personal practice on people, taking into account the complexity of human diversity.
- Diffuse knowledge derived from the results of the research and the products and services generated taking into account the social and personal repercussions that could derive from it.
- Evaluate, contrast and take decision on the choice of adequate methods and instruments for each situation and evaluation context.
- Formulate hypotheses about the demands and needs of the recipients.
- Identify and recognise the different methods for assessment and diagnosis in the different areas applied to psychology.
- Obtain and organise relevant information for the service requested.
- Recognise the deontological code and act ethically.

## **Learning Outcomes**

- 1. Apply assessment techniques.
- 2. Apply communication skills.
- 3. Apply knowledge, skills and acquired values critically, reflexively and creatively.
- 4. Assess the limitations and advantages of the different psychological assessment procedures in their scopes.
- 5. Criticise the effects of personal practice on people, taking into account the complexity of human diversity.
- 6. Describe how to obtain updated information instruments.
- 7. Differentiate the various methods and tools and their usefulness.
- 8. Distinguish between the different areas of psychological assessment.
- 9. Distinguish the quality criteria of the instruments depending on the context.
- Formulate and describe problems of people assessed psychologically according to the results of the assessment process.
- 11. Recognise the deontological code and act ethically.
- 12. Recognise the stages of intervention.
- 13. Recognise the stages of the assessment process.
- 14. Transmit information giving value to the repercussions that it may have on the receiver and their environment and respecting the rights of the receiver (or receivers) such as informed consent, confidentiality, veracity, non-maleficence, etc.
- 15. Use psychological strategies to convey information based on the specific characteristics of each situation, the recipient and the most viable communication procedures.
- 16. Use the specific lexicon of subject.
- 17. Write psychological reports in the various fields of discipline applied and adapted to each request.

#### Content

#### A. THEORETICAL FOUNDATIONS

1. Models for behavioural assessment

- 2. The psychological-assessment process
- 3. The psychological-assessment report
- 4. Ethical and scientific aspects in Psychological Assessment
- **B. ASSESSMENT TECHNIQUES**
- 5. The interview
- 6. Observation
- 7. Inventories, questionnaires and scales
- 8. Objective techniques
- 9. Projective techniques
- 10. Psychometric tests
- C. AREAS OF APPLICATION
- 11. The psychological assessment process: vocational guidance, clinical context and recruitment processes

### Methodology

The methodology is divided into different kinds of work and activities.

There are lectures and practical classes, with extra documents available on Campus Virtual.

Some supervisory sessions are also included to help with writing a psychological report based on a real case presented in the practical sessions.

Independent work consists of text reading, studying the presented material and doing practical exercises (e.g., to analyse specific instruments of psychological assessment; search for suitable assessment techniques to deal with the demand presented in practical sessions, etc.)

### **Activities**

Title	Hours	ECTS	Learning Outcomes			
Type: Directed						
Lectures	33	1.32	7, 9, 6, 13, 12			
Practical classes based on seminars and problem solving	12	0.48	3, 2, 1, 5, 11, 16			
Type: Supervised						
Supervising exercises and reports	10	0.4				
Type: Autonomous						
Preparing a practical exercicie	8	0.32	3, 7, 9, 10, 11, 13, 4			
Preparing a psychological report	8	0.32	2, 1, 9, 6, 10, 16			
Preparing work for lectures and study	68	2.72	7, 9, 11, 13, 4			

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#### Assessment

Four evidences for learning are programmed:

- E1: A test that represents 30% of the final overall grade for the subject. (Week 9).
- E2: A practical exercise that will be submitted through the Campus Virtual and which represents 20% of the final overall grade for the subject (Week 10-11 approx.).
- E3: Writing a psychological report and giving oral feedback after a psychological assessment on a case presented and worked on in the practical sessions. This is a group activity (4 or 5 students). The weighting for this activity will be 15% of the final overall grade (Week 16).
- E4: A test that represents 35% of the final overall grade for the subject (Week 19). This exam will be mandatory.

To pass the subject (continuous assessment), students must obtain a minimum grade of 5 in the final overall weighted grade. Requirement: the arithmentic mean between Ev1 and Ev4 must be greater than or equal to 4; if not, the grades obtained in Ev2 and Ev3 will not compute for the final overall weighted grade.

- Students who have given evidences of learning with a weighting equal to or greater than 40% cannot be deemed "non-evaluable" on the official course-grade roster ("acta").
- A re-assessment test may be taken in the event of NOT having passed the continuous assessment, but only if the student has submitted evidences of learning with a weighting equal to or greater than 2/3 of the total overall grade with a final overall weighted grade of between 3.5 and 4.9. This test will include questions on all the content in the subject. The grade obtained will be registered on the grade roster, to a maximum value of 6.5.
- The students who re-enrol on the subject after having previously failed it can apply to take a single content-synthesis test, without the usual re-assessment process, for assessing the learning outcomes indicated in the subject's teaching guide. In this case, the overall final grade for the subject will be that awarded for the content-synthesis test. The request to take a content-synthesis test must be made before submission of the first evidence for learning; this request will then be reviewed by the lecturing staff.

E1: Test 1	Written	Face-to-face	Link to the assessment guidelines for all Faculty of Psychology degrees 2019-20:
(30%)		https://www.uab.cat/web/estudiar/graus/graus/avaluacions-13457225258	
E2:Practical Exercise (20%)	Written	Virtual	
E3: Psychological Report (15%)	Both oral and written	Both	-
E4: Test 2 (35%)	Written	Face-to-face	

### **Assessment Activities**

Title	Weighting	Hours	ECTS	Learning Outcomes
E1: Test 1	30%	1.5	0.06	11, 13, 12
E2: Practical exercice	20%	0	0	3, 5, 7, 9, 6, 11, 13, 16
E3: Preparing a report	15%	0	0	3, 2, 1, 5, 8, 6, 10, 11, 17, 14, 16, 15, 4
E4: Test 2	35%	1.5	0.06	7, 9, 8, 11, 13, 12, 4

# **Bibliography**

### BÁSIC

Fernández-Ballesteros, Rocío (Dir). (2011). Evaluación psicológica. Con-

Fernández-Ballesteros, Rocío; Márquez, María Oliva; Vizcarro, Carmen y zamarrones, María Dolores (2011). Bu

Labrador, Francisco Javier (Ed.) (2008). Técnicas de modificación de conducta. Madrid: Pirámide. This book is a

Specific complementary bibliography will be proposed throughout the course.