

Psychological Processes: Motivation and Emotion

Code: 102576
ECTS Credits: 6

| Degree | Type | Year | Semester |
|--------------------|------|------|----------|
| 2502443 Psychology | FB | 1 | 2 |

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Use of Languages

Principal working language: catalan (cat)
Some groups entirely in English: No
Some groups entirely in Catalan: No
Some groups entirely in Spanish: No

Other comments on languages

All the documentation of the course is in Catalan, except for the 2 exams and the PowerPoints linked to them, which will be in Spanish. Some complementary articles for the elaboration of the reports are in Spanish or English.

Teachers

Antoni Font Guiteras
Joaquín T. Limonero García
Maria Álvarez Moleiro

Prerequisites

There is no established prerequisite specifically for this course, but it is highly recommendable to be simultaneously studying the rest of the scheduled courses in the second semester of the first year of the Degree in Psychology: Foundations of Psychobiology II, Methods, Designs and Techniques of Research, the Social Dimension of the Person.

Objectives and Contextualisation

This course is part of the subject "Psychology" which is included in the first year of the Degree. It also forms part of a set of courses aimed at acquiring skills related to the basic psychological processes that form the basis of human behaviour:

- Psychological Processes: attention and perception (first year, first semester)
- Psychological Processes: learning and conditioning (second year, first semester)
- Psychological Processes: memory (second year, second semester)
- Psychological Processes: thought and language (third year, second semester)

The general aim of this course is for the student to be able to identify and delimit motivational and affective processes, acquiring conceptual analysis tools that will help him/her to interpret human behaviour. Special emphasis will be placed on the usefulness of the concepts, phenomena, models and theories discussed in the course as transversal analysis tools for any of the areas of intervention of psychology.

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Competences

- Analyse scientific texts written in English.
- Apply knowledge, skills and acquired values critically, reflexively and creatively.
- Distinguish and relate the different focuses and theoretical traditions that have contributed to the historical development of psychology as well as its influence on the production of knowledge and professional practice.
- Distinguish between the design of research, procedures and techniques to evaluate hypotheses, contrast them and interpret the results.
- Evaluate, contrast and take decision on the choice of adequate methods and instruments for each situation and evaluation context.
- Identify, describe and relate the structures and processes involved in basic psychological functions.
- Prepare and write technical reports on the results of the evaluation, research or services requested.

Learning Outcomes

1. Analyse scientific texts written in English.
2. Apply knowledge of motivational / emotional processes and relate them to theoretical models.
3. Apply knowledge, skills and acquired values critically, reflexively and creatively.
4. Distinguish the mechanisms of emotional processing.
5. Identify evaluation methods for motivation and emotion processes.
6. Identify the different theoretical focuses of the scientific study of motivation and emotion processes.
7. Identify the main motivational and emotional variables involved in human behaviour.
8. Prepare and write reports based on the results of experiments on the processes of motivation and emotion.

Content

Block A: Psychology of Motivation

Theme 1: Conceptual bases for the analysis of motivational processes. Definition of motivation, evaluation, historical perspective

Theme 2: Motivational Concepts I: instinct, drive, arousal, incentives

Theme 3: Motivational systems: primary (homeostatic and non-homeostatic) and social

Theme 4: Motivational concepts II: expectancies, attributions, goals, cognitive theories of motivation

Theme 5: Intrinsic Motivation: Definition, Assessment, Theories, Intervention Procedures

Block B: Psychology of Emotion and Affective Processes

Theme 6: Conceptual bases for the analysis of affective processes: definition, components, type of affective phenomena, classification of affective processes.

Theme 7: Expression and function of emotions: basic emotions and rules of expression, social-communicative function, adaptive function.

Theme 8: Theories of emotions: from James and Lange to LeDoux and Damasio

Theme 9: Behaviour, learning and emotion: conditioned fear, learned helplessness, vicarious emotional activation, vicarious emotional learning

Theme 10: Cognition and Emotion: Affective processing, affective modulation of cognitive processes (attention, perception, memory, reasoning, language).

Theme 11: Latest contributions: emotional intelligence, empathy, positive psychology, resilience.

Methodology

The teaching methodology of the course is aimed at fostering autonomy and critical attitude. The aim is for the student to formulate relevant reflections on motivational and affective processes, and to propose strategies aimed at responding to these reflections (carrying out empirical guided activities - Laboratory Experiments). It is convenient for the student to be proactive searching for information related to the current state of research in psychology of motivation and affective processes, and to share this information, contributing to a collaborative learning space. Those contents that by their nature allow it, are approached from a gender perspective. Likewise, egalitarian participation will be promoted throughout the course.

The guided teaching of this subject is structured in a cycle of conferences supported by multimedia materials, which are done in large groups, and in seminars and laboratory practices, which are done in small groups. In the laboratory practices, the student carries out a series of experiments, in which he obtains data that he must interpret in relation to the concepts and theories that have been dealt with in the conferences and seminars. On the other hand, the seminars will be orientated basically to the following formative activities:

- Analysis, clarification and discussion of the concepts and theories presented by the conference speakers.
- Preparation for the exams of the course.
- Analysis of cases.

Some of the directed and autonomous activities will incorporate gamification activities.

Activities

| Title | Hours | ECTS | Learning Outcomes |
|--|-------|------|-------------------|
| Type: Directed | | | |
| Laboratory practices | 8 | 0.32 | 2 |
| Masterclasses with ITCs support | 36 | 1.44 | 7 |
| Seminars | 8 | 0.32 | 1, 3, 7 |
| Type: Supervised | | | |
| Tutorial | 7.5 | 0.3 | 2, 7 |
| Type: Autonomous | | | |
| Documents' search in reviews, books and Internet | 15 | 0.6 | 3, 7 |
| Studying | 31.5 | 1.26 | 7 |
| Texts' reading | 20 | 0.8 | 1, 3, 7 |
| Virtual practices | 2 | 0.08 | 4, 6, 7 |
| Writing of collective learning evidences | 20 | 0.8 | 3, 2 |

Assessment

The evaluation of the subject contains evidence of individual and collective learning, and is done according to the [evaluation guidelines of the Faculty of Psychology](#).

Individual learning evidences:

There will be two exams, one for each of the thematic blocks A (motivation) and B (emotion), with a value of 30% of the grade, respectively. These tests will be aimed at demonstrating the student's ability to apply the concepts and theories worked on in the analysis of human behavior in terms of psychological processes object of study of the subject.

Collective learning evidences:

- Practice and case report (motivation): Integrates the results and discussion of the practices and case seminars of block A. It will have a value of 20% of the grade.
- Practice and case report (emotion): Integrates the results and discussion of the practices and case seminars of block B. It will have a value of 20% of the rating.

Definition of assessed student: It is considered assessed when the student has delivered 2 or more of the 4 learning evidences.

Definition of subject passed: A student has passed the course when he/she has obtained an overall grade of 5 points and an average grade of the individual evidences (exams) of 4. In case of not reaching these requirements the maximum grade that can be obtained in the continuous evaluation will be 4.9 points (in a scale 0-10).

Recovery: A final recovery is established which the student can access if he/she has not reached the criteria for passing the course and has been evaluated in 3 or more of the 4 learning evidences. The individual learning evidences (EV1 and/or EV3) can be recovered. For the purposes of calculating the final final grade, the highest grade obtained by the student will be taken into consideration, between the evidence and their respective make-up test.

| Evidence Code | Name | Weight | Format | Authorship | Via | Week |
|---------------|---------------------------------------|--------|---------|------------|--------------|------|
| EV1 | Motivation's exam | 30% | Written | Individual | Face-to-face | 8 |
| EV2 | Practice and case report (motivation) | 20% | Written | Collective | Online | 11 |
| EV3 | Emotion's exam | 30% | Written | Individual | Face-to-face | 18 |
| EV4 | Practice and case report (emotion) | 20% | Written | Collective | Online | 19 |

COPY OR PLAGIARISM: According to Art 116, point 10 UAB Regulations, in the event that the student makes any irregularity (copy, plagiarism, ...) that may lead to a significant variation in the grade of an act of evaluation, this act of evaluation will be qualified with 0. In the event of several irregularities in the learning evidence, the final grade will be 0. In the case of written evidence (EV2 and EV4), use will be made of the Urkund program, implemented in the virtual classroom, to verify possible plagiarism.

Assessment Activities

| Title | Weighting | Hours | ECTS | Learning Outcomes |
|-------|-----------|-------|------|-------------------|
|-------|-----------|-------|------|-------------------|

| | | | | |
|---|-----|---|------|---------|
| Evidence EV1: Motivation's exam | 30% | 1 | 0.04 | 2, 8, 5 |
| Evidence EV2: Practice and case report (motivation) | 20% | 0 | 0 | 1, 3, 7 |
| Evidence EV3: Emotion's exam | 30% | 1 | 0.04 | 6, 7 |
| Evidence EV4: Practice and case report (emotion) | 20% | 0 | 0 | 1, 3, 4 |

Bibliography

Academic manuals and other documentary sources (in bold the two recommended manuals):

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