

**Evaluation of the Cardio-respiratory and Diagnostic
Function of Physiotherapy**

Code: 102972
ECTS Credits: 6

| Degree | Type | Year | Semester |
|-----------------------|------|------|----------|
| 2500892 Physiotherapy | OT | 4 | 0 |

Contact

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Use of Languages

Principal working language: catalan (cat)
Some groups entirely in English: No
Some groups entirely in Catalan: Yes
Some groups entirely in Spanish: No

Teachers

Bernat Planas Pascual

External teachers

Ana Maria León
Gonzalo Ballesteros
Patricia Launois
Vicenta Pujol Blaya

Prerequisites

To have knowledge of the anatomy and physiology of the cardiorespiratory system, necessary to be able to interpret the physiopathology of cardiorespiratory diseases and thus to be able to consider a functional assessment algorithm to reach the diagnosis of physiotherapy.

Have basic knowledge of physiotherapeutic evaluation and treatment in these diseases.

Knowledge of English that allows the student to carry out bibliographic research and critical reading of scientists articles.

Objectives and Contextualisation

In the last years, there has been an improvement in the pathophysiological knowledge of heart disease and respiratory, which has led to great medical progress, both in the field of diagnostic tests already they are image, clinical, functional and / or laboratory as well as therapeutic. Thank you, the survival and prognosis of these diseases, which increases the treatment needs rehabilitator in this area and the improvement of the preventive measures to promote good habits cardiosaludables and improve quality of life.

This subject intends to deepen the knowledge and clinical skills of functional assessment cardiorespiratory, both in the field of anamnesis, semiology, physical examination and complementary tests that

cardiorespiratory, both in the field of anamnesis, semiology, physical examination and complementary tests that allow to be able to make a correct physiotherapeutic diagnosis in the different cardiorespiratory pathologies and so we can treat them therapeutically in the most appropriate way.

Competences

- Design the physiotherapy intervention plan in accordance with the criteria of appropriateness, validity and efficiency.
- Develop critical thinking and reasoning and communicate ideas effectively, both in the mother tongue and in other languages.
- Develop independent learning strategies
- Display critical reasoning skills.
- Evaluate the functional state of the patient, considering the physical, psychological and social aspects.
- Integrate, through clinical experience, the ethical and professional values, knowledge, skills and attitudes of physiotherapy, in order to resolve specific clinical cases in the hospital and non-hospital environments, and primary and community care.
- Make a physiotherapy diagnosis applying internationally recognised norms and validation instruments.
- Show sensitivity to environmental issues.
- Solve problems.
- Work in teams.

Learning Outcomes

1. Describe and apply advanced assessment procedures in physiotherapy in order to determine the degree of damage to the chest and possible functional repercussions.
2. Describe the circumstances that can influence priorities when using physiotherapy to treat chest pathologies.
3. Develop critical thinking and reasoning and communicate ideas effectively, both in the mother tongue and in other languages.
4. Develop independent learning strategies
5. Display critical reasoning skills.
6. Enumerate the different types of material and apparatus used in physiotherapy treatment of chest pathologies.
7. Establish a diagnostic physiotherapy hypothesis in the field of chest pathologies.
8. Show sensitivity to environmental issues.
9. Solve problems.
10. Use physiotherapy to treat clinical cases involving chest pathologies.
11. Work in teams.

Content

Theoretical and practical program

1. Semiology of the respiratory system (anamnesis and physical examination) - Bernat Planas
2. Assessment of respiratory functional tests (spirometry, lung volumes,)
3. Assessment of gasometry and oxygen saturation - Alba Gómez
4. Assessment of the strength of the respiratory musculature and cough
5. Functional assessment of the exercise capacity: field tests (six-minute
6. Assessment of dyspnea perception and quality of life in patients with r
7. Radiology of the thorax (simple x-ray and pulmonary CT) - Alba Góme

8. Diagnosis of physiotherapy according to the pathologies: patient with c
9. Physiotherapeutic assessment of the critical patient: semiology and hc
10. Semiology of the cardiovascular system (anamnesis and physical ex:
11. Assessment of hemodynamic parameters and their relation to exercis
12. Electrocardiogram evaluation - Alba Gómez
13. Evaluation of cardiac stress test and utility in cardiac rehabilitation - A
14. Other cardiological diagnostic tests (echocardiography, Holter, cardia
15. Assessment of physical activity - Alba Gómez
16. Assessment of sarcopenia and frailty - Alba Gómez
17. Diagnosis of physiotherapy according to the pathologies: ischemic he
18. Particular features of the cardiorespiratory assessment of infants and
19. Relationship of the alteration of cough with phonation and dysphagia
20. Assessment of aerobic function and muscle strength in the patient wf

Methodology

The subject is distributed in theoretical and practical classes.

Activities

| Title | Hours | ECTS | Learning Outcomes |
|---|-------|------|--------------------------------|
| Type: Directed | | | |
| CLINICAL CASES SEMINARS (SCC) | 5 | 0.2 | 10, 1, 2, 4, 3, 6, 7, 5, 9, 11 |
| LABORATORY PRACTICES (PLAB) | 15 | 0.6 | 10, 1, 2, 4, 3, 6, 7, 5, 9 |
| THEORY(TE) | 20 | 0.8 | 10, 1, 2, 6, 7, 5, 9 |
| Type: Supervised | | | |
| CARE PRACTICUM WITHOUT GUIDELINES (PRASS) | 12 | 0.48 | 10, 1, 2, 7, 5, 9 |
| Type: Autonomous | | | |
| PREPARATION OF WRITTEN WORKS | 30 | 1.2 | 10, 8, 2, 4, 3, 6, 7, 5, 9, 11 |
| SELF- STUDY | 62 | 2.48 | 8, 4, 3, 6, 5, 9, 11 |

Assessment

Description of the evaluation system.

Theoretical exam [NE] (50% of the final grade):

-Evaluation written through objective tests of selection of multiple choice items: 30 questions with 4 possible answers, only one will be correct. The correct answers are worth 1 point and each wrong answer it remains 0.33 points.

- Request questions for broad questions: 2 topics / issues to be developed.

It must be approved with a 5.

Practical exam [NP] (35% of the final grade):

- Practical type evaluation through structured objective evaluation: The clinical ability will be assessed at the application of the different functional valuation tools to solve the situation posed and power to arrive at a correct physiotherapeutic diagnosis.

Written work and oral presentation. [NT] (10% of the mark).

Delivery of reports / written papers and oral defense.

Participation in classes / forums [PR] (5% of the final mark).

Attendance and active participation in class and seminars.

All the evaluable tests must be approved to be able to pass the subject.

$([NE] \cdot 0.50) + ([NP] \cdot 0.35) + ([NT] \cdot 0.10) + ([PR] \cdot 0.05) = \text{FINAL NOTE}$

Student that fail only one part of the subject, may opt for a recovery test.

When the student can not provide sufficient evidences of evaluation in the act will be given this subject as not evaluable.

Assistance to the SCC and the PLAB must be a minimum of 85%.

The ERASMUS students who come to the UAB will be evaluated according to the same criteria as the rest of almunes.

Evaluation activities

Title Weight Hours ECTS Results of learning.

Attendance and active participation in class and seminars.

Practical type evaluation through structured objective evaluation.

Evaluation written through objective tests of selection of items of multiple choice

Multiple questions and essay questions.

Delivery of reports / written papers and oral defense.

In case of fail, a recovery test will be done

Assessment Activities

| Title | Weighting | Hours | ECTS | Outcomes |
|---|-----------|-------|------|----------------------------|
| Assistance and active participation in class and seminars | 5% | 0 | 0 | 8, 1, 2, 6, 7, 5, 9, 11 |
| Delivery of written reports / work and oral defense. | 10% | 2 | 0.08 | 1, 4, 3, 5, 9, 11 |
| Practical evaluation: structured objective evaluation | 35% | 2 | 0.08 | 10, 1, 2, 3, 6, 7, 5, 9 |
| Written evaluation: multiple choice items and long answer test questions. | 50% | 2 | 0.08 | 10, 8, 1, 2, 4, 6, 7, 5, 9 |

Bibliography

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