Pharmacology in Physiotherapy

Code: 102994
ECTS Credits: 6

<table>
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<th>Degree</th>
<th>Type</th>
<th>Year</th>
<th>Semester</th>
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<td>3</td>
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</tbody>
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Contact

Name: Magí Farré Albaladejo
Email: Magi.Farre@uab.cat

Use of Languages

Principal working language: catalan (cat)
Some groups entirely in English: No
Some groups entirely in Catalan: Yes
Some groups entirely in Spanish: No

Teachers

Clara Perez Maña
Esther Papaseit Fontanet

Prerequisites

It is convenient for the student to have attained the basic knowledge and skills of biology, physiology (function of the human body) and medico-surgical pathology.

Objectives and Contextualisation

The subject is an elective one in the third year of the Degree in Physiotherapy. It is scheduled when students are already reached basic knowledge of Biology, Physiology and Medical-Surgical Pathology.

The learning objectives of the subject are to show the scientific basis of drug discovery and medicines development including basic and clinical phases. The subject describes the different processes that a drug is submitted in the organism from its administration, its desirable and undesirable (adverse) effects and its interactions. In addition, the pharmacological characteristics of the main groups of drugs are studied.

Competences

- Analyse and synthesise.
- Display knowledge of the morphology, physiology, pathology and conduct of both healthy and sick people, in the natural and social environment.
- Display knowledge of the sciences, models, techniques and instruments around which physiotherapy is structured and developed.
- Easily recognise and cope with changes.
- Organise and plan.
- Provide effective physiotherapeutic treatment and offer patients integral care.
- Respect diversity in ideas, people and situations
- Work effectively and cooperatively in multidisciplinary professional teams.
Learning Outcomes

1. "Demonstrate teamwork skills; identify the role of drugs in patient therapy."
2. Analyse and synthesize.
3. Collect the pharmacological anamnesis data.
4. Define the concept of pharmacological interaction and know the principal mechanisms of interactions between medications and between medications and other substances.
5. Describe the concepts of drug, medication, and toxic.
6. Describe the principal types of alternative medicines. Know the principles of homeopathy, acupuncture and phytotherapy.
7. Determine the importance of self-medication.
8. Easily recognize and cope with changes.
9. Keep the patient treatment is applied, including pharmacological and encourage it to cooperate at all times with compliance.
10. Organise and plan.
11. Refer patients to another professional when necessary.
12. Respect diversity in ideas, people and situations.

Content

Contents

Theory: 30 lectures.
Practices: 15 classroom practices.

THEORY

I. GENERAL PHARMACOLOGY (M. Farré, E. Papaseit, C. Pérez)

Unit 2. General cycle of drugs in the body. Transport and absorption of drugs through the membranes. Distribution. Routes of administration.
Unit 3. Metabolism and excretion of drugs in the body. Metabolic pathways. Renal excretion and others sites of elimination
Unit 5. General principles of the mechanism of action of drugs Concept of pharmacodynamics. Concept of action and of effect. Levels of action of the drugs: systemic, tissue, cellular and molecular. Relationship between concentration-effect and parameters that characterize this relationship.
Unit 9. Physiological and pathological factors that influence the response to drugs I. Pharmacology in pregnancy, pediatrics, elderly and others.
Unit 10. Physiological and pathological factors that influence the response to drugs II. Pharmacology in organ dysfunctions and illness (liver and renal failure). Pharmacogenetics.
II. PHARMACOLOGY OF CHEMICAL MEDIATORS: PERIPHERAL NERVOUS SYSTEM. (M. Farré)

Unit 11. Pharmacology of adrenergic transmission. Agonists and antagonists of the different adrenoceptors.


III. PHARMACOLOGY OF CHEMICAL MEDIATORS: CENTRAL NERVOUS SYSTEM (M. Farré, E. Papaseit, C. Pérez)


Unit 16. Pharmacology of the GABA system. GABA transmission and modulation. Anxiolytic and hypnotic drugs. General anesthetics.

Unit 17. Pharmacology of other central mediators: opioid peptides. The opioid system and opioid drugs. Pharmacology of pain.


IV. PHARMACOLOGY OF CHEMICAL MEDIATORS AND ANTINEOPLASTIC: ANTI-INFLAMATORIES, IMMUNOSUPPRESSANTS, ANTINEOPLASICS. (M. Farré)


V. PHARMACOLOGY OF MAJOR ORGAN SYSTEMS. (M. Farré, E. Papaseit, C. Pérez)


PRACTICES (M. Farré, E. Papaseit, C. Pérez)

1. Pharmaceutical forms I.
2. Pharmaceutical forms II.
3. Pharmacological anamnesis I.
4. Pharmacological anamnesis II.
5. Adverse reactions, communication and pharmacovigilance I.
6. Adverse reactions, communication and pharmacovigilance II.
8. Placebo effect.
11. Doping.
12. Legal aspects of the prescription and use of drugs I.
13. Legal aspects of the prescription and use of drugs II.
14. Visit the pharmacology research unit I.
15. Visit the pharmacology research unit II.

Methodology

The subject of Pharmacology consists of three modules of directed activities:

Theory lectures: Lecture classes.

Classroom and computer classroom practices. Clinical cases, problems, search of information with computer, film vision and guided visits to drug research centers. In addition, an extension of the themes of the theory.

Autonomous activity: personal study and reading of recommended articles.

Activities

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<th>Title</th>
<th>Hours</th>
<th>ECTS</th>
<th>Learning Outcomes</th>
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<tr>
<td>CLASSROOM PRACTICES</td>
<td>15</td>
<td>0.6</td>
<td>1, 2, 11, 7, 9, 10, 3, 8, 12</td>
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<td>THEORY (TE)</td>
<td>30</td>
<td>1.2</td>
<td>4, 11, 5, 6, 9, 12</td>
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Assessment

The competences of this subject will be evaluated by means of:

Exams. The evaluation consists of two partial examinations of theoretical and practical knowledge. Each exam will be of type essay of restricted questions, and will consist of between 15-20 questions to be answered in a maximum time of 1 hour. To pass a rating of 5 to each of the two tests is needed. The whole evaluation of these tests will represent up to 65% of the final grade.

Continuous evaluation of practices / seminars. The attendance is mandatory to 80% of the practices / seminars.

After each practice or seminar a short assessment of the content will be made. Represents 30% of the final note.

Attendance at the theoretical classes. Up to 5%.

The subject is approved with a score of 5 (sum of the partial exams, seminars / practices and assistance).

Students who have not passed the subject by means of the evaluation mentioned above will be able to submit to a final test of recapture (essay test of restricted questions).

The student who has not been able to provide sufficient evidence of evaluation such as: not presenting to 80% attendance at the seminars / practices and / or do not do the exams, in the minutes the subject will be awarded as not evaluable.

Assessment Activities

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<th>Weighting</th>
<th>Hours</th>
<th>ECTS</th>
<th>Learning Outcomes</th>
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<td>Attendance and active intervention in theory classes</td>
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<td>Continuous evaluation of practices and seminars</td>
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<tr>
<td>Written evaluation: Objective tests</td>
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Bibliography


