

Practicum IV

Code: 103676
ECTS Credits: 12

Degree	Type	Year	Semester
2500891 Nursing	OB	3	1

Contact

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Use of Languages

Principal working language: catalan (cat)

Some groups entirely in English: No

Some groups entirely in Catalan: Yes

Some groups entirely in Spanish: No

Teachers

Enric Mateo Viladomat

Antonio Luis López Ruiz

Josefa Romero Aznar

Rosa Maria Fernandez Salafranca

Prerequisites

There are no prerequisites.

To register this course, students must:

- Have attended the risk prevention classes and have passed the risk prevention evaluation test (see calendar).
- Have attended the second year laboratory practices of Methodological Bases of Nursing and Adult Nursing Care I).
- Have attended the planned visits for the evaluation and updating of the vaccination card and the tuberculin screening, carried out by the Preventive Medicine and Epidemiology service of the Vall d'Hebron Hospital, before taking the first practicum course. (Check calendar)
- Have the personal identification card delivered by Academic Management of the Vall d'Hebron Campus-Módulo Norte Teaching Unit, and/or of the practice center itself.
- Have signed during the registration process of the course the Agreement of Commitment and Confidentiality, available at <http://www.uab.cat/web/informacio-academica/grau-infermeria/responsabilitats-alumnes-1345686028067>.

For consistency in the progress of acquisition of the competence level, which is acquired gradually, it is VERY RECOMMENDED to begin by Practicums I and II before the others.

Important: It is not possible to perform two practicums that coincide over time.

The student will acquire the commitment of preserving the confidentiality and professional secrecy of the data that may have access due to the learning to the assistance services. He will also maintain an attitude of professional ethics in all his actions. In this sense, the student who enrolls in this course commits to apply the

following documents: "Regulations of the Practicum in Nursing", the "Recommendations of conduct of the students of the Faculty of Medicine". The documents are available through the website of the faculty of medicine www.uab.cat/medicina within the section Grades: Nursing; Practicum

Each student will apply the rules derived from the "Order SSI / 81/2017, of January 19, which publishes the Agreement of the Human Resources Commission of the National Health System, which approves the protocol by which basic guidelines are determined to ensure and protect the right to privacy of the patient by students and residents in Health Sciences" to be marked from the Management of the Practice Center.

It is mandatory to present to the coordinator of the PRII-IV and in the center of practices the Certificate of Crimes of Sexual Nature before starting the practices. In the following link, you will find information on how to process it

<https://web.gencat.cat/ca/tramits/que-cal-fer-si/vull-obtenir-el-certificat-de-delictes-de-naturalesa-sexual/>

There are practice centers that may not authorize the start of practices if the certificate is not delivered on time. This management is the responsibility of each student.

Objectives and Contextualisation

This course aims the student to focus on how the socio-economic and political environment influences the model of the Catalan health system and to analyze the characteristics of the health system whether it is a public company or not.

The Practicum IV allows the student to apply the theoretical knowledge, learn attitudes and skills necessary in an advanced level, to offer nursing care oriented to the health of the community. The activities allow the analysis of the different programs and services offered by the health center in relation to the profile of the reference population and the environmental characteristics.

This practicum places its emphasis on the assessment, diagnosis, intervention, and evaluation of basic needs. Therefore, the student at the end of the period should be able to:

- Describe the basic health problems and needs of the population and relate them to the center's portfolio of health care services.
- Describe the functions of the health center nurse.
- Apply the nursing care model of the people-oriented healthcare center to promote the promotion of health and the prevention of health problems.
- Apply the nursing care model of the healthcare center aimed at people with chronic health problems of low complexity, in order to offer support for self-management and coexistence with the disease, promoting self-responsibility and autonomy.
- Apply the methodology of the nursing care process and the scientific methodology.
- Conduct nursing techniques and procedures.
- Select and apply strategies for collecting information to people who need to improve their lifestyle or restore their health.
- Interpret the data to assess the needs of the people served. Assess the educational needs of the people served.
- Prioritize nursing diagnoses.
- Encourage the participation of the people served by agreeing on the objectives and results to be achieved. Carry out the nursing care to people applying the clinical practice guidelines and protocols of the healthcare center.
- Evaluate the nursing care provided
- Self-assess the learning process itself honestly and realistically
- Determine proposals for improving the quality of care.

Competences

- "Demonstrate an understanding of people without prejudice: consider physical, psychological and social aspects, as independent individuals; ensure that their opinions, values and beliefs are respected and guarantee their right to privacy, through trust and professional secrecy."
- Base nursing interventions on scientific evidence and the available media.

- Carry out basic curative actions based on holistic health care, involving multiprofessional cooperation, the integration of processes and continuity of health care.
- Design systems for curing aimed at people, families or groups and evaluate their impact, making any necessary changes.
- Develop critical thinking and reasoning and communicate ideas effectively, both in the mother tongue and in other languages.
- Establish efficient communication with patients, family members, social groups and friends, and promote education for health.
- Express in a fluent, coherent and appropriate manner the established rules, both orally and in writing.
- Form part of and work with groups and teams.
- Identify, analyse and choose the most suitable option to respond efficiently and effectively to problems in the professional context.
- Identify, analyse and solve ethical problems in complex situations.
- Offer solutions to health and illness problems to patients, families and the community applying the therapeutic relation by following the scientific method of the nursing process.
- Offer technical and professional health care and that this adequate for the health needs of the person being attended, in accordance with the current state of scientific knowledge at any time and levels of quality and safety established under the applicable legal and deontological rules.
- Plan and carry out nursing care aimed at people, families and groups orientated to health results and evaluate the impact of them using clinical and care practice guides describing the processes for the diagnosis, treatment or cure of a health problem.
- Promote and respect the right to participation, information, autonomy and informed consent in decision-making by the patient, in accordance with the way they are experiencing the health-illness process.
- Promote healthy life styles, self-treatment, giving support to the maintenance of preventative and therapeutic conducts.
- Protect the health and welfare of people or groups attended guaranteeing their safety.
- Recognise and face up to changes easily.
- Respect diversity in ideas, people and situations.
- Respect the environment and promote sustainable development.
- Use scientific methodology in interventions.
- Work with a team of professionals as a basic unit to structure the professionals and the other care organisation workers in a unidisciplinary or multidisciplinary way.

Learning Outcomes

1. Adopt clinical judgement and propose the most appropriate solutions for the health problems being dealt with.
2. Applied to clinical practice the acquired knowledge and skills.
3. Apply different educational strategies aimed at the patient and their carer.
4. Apply effective communication with patients, families, social groups and partners and identify interventions to promote health education.
5. Apply technical care using appropriate to the situation of the person served bearing in mind the established standards and best available evidence instruments.
6. Apply the care relationship in activities carried out in health centres.
7. Apply the nursing care process to a patient and to their carer in the area of primary health care.
8. Apply the relationship of nursing care and scientific method to solve all health/illness problems of the patients, families and/or community.
9. Carry out the nursing care actions set out by consensus with the teams involved.
10. Comprehensively assess health situations using tools such as physical examination, laboratory tests and nursing interview.
11. Defend nursing interventions with scientific evidence.
12. Demonstrate skill in performing nursing procedures and techniques.
13. Develop independent learning strategies.
14. Draw up nursing care plans taking in to account the consensus and recommendation of the care team.
15. Draw up nursing plans to be able to act adequately and evaluate the impact of the actions.
16. Educate, facilitate and give health and welfare support to the members of the community affected by health issues, risk, suffering, illness, disability or death.

17. Encourage the participation of people, families and groups in the processes of health and illness.
18. Evaluate the state of health of the individual, family and community, and identify problems and internal and external factors affecting health.
19. Express in a fluent, coherent and appropriate manner the established rules, both orally and in writing.
20. Form part of and work with groups and teams.
21. Identify, analyse and solve ethical problems in complex situations.
22. Identify, analyze and make the right choice paragraphs to address problems professionally, efficiently and effectively.
23. Plan cures considering the opinions, beliefs and valued of the people to whom they are addressed.
24. Prioritise preventative health measures during actions at health centres.
25. Promote the participation of the patient in the care planning.
26. Recognise and face up to changes easily.
27. Relate acquired knowledge to the actions carried out.
28. Respect diversity in ideas, people and situations.
29. Respect the environment and promote sustainable development.
30. Respect the principles of right to privacy confidentiality and professional secrecy in all care carried out.
31. Review and periodically re-evaluate health situations and the nursing actions carried out.
32. Select the activities for the prevention, control and monitoring at all stages of life.
33. Use protection and safety measure to ensure the welfare of the individual, families and communities
34. Use scientific evidence in care practice.
35. Use scientific knowledge at any given time by applying quality and safety levels.
36. Use the process of nursing care in nursing care using clinical guidelines and clinical practice.
37. Use therapeutic relations in solving the health problems of the patient and/or their family.
38. Work cooperatively and responsibly to achieve previously planned objectives and guarantee the continuity of health care.

Content

The contents of this practicum are a combination of the different courses taught throughout the first and second years. During practice, the student must select the necessary content to identify needs and solve the problems of the people served during the internship with the nurse's mentorship, keeping the center focused on advanced needs. The main contents of this course are:

- The nursing model applied to the care of adults and the elderly.
- The methodological bases for planning and offering nursing care
- The application of the teaching-learning process when nursing care is offered to people of different cultures.
- The deontological code, the rights and duties of the user within the framework of the healthcare system.
- The continuous improvement of the quality of nursing care.
- Clinical practice guidelines and protocols.
- Healthy eating and therapeutic diets of the people served.
- Factors that influence the learning processes of the people served, educational needs, learning objectives, educational strategies, and expected results.
- The determinants of health
- Home care and domiciliary palliative care.
- Acute care.
- Health education and health promotion programs
- Nursing care oriented to the promotion and prevention of health.
- Pharmacokinetics and pharmacodynamics of the commonly prescribed drugs as well as the educational needs of people.
- Therapeutic communication and conflict management.
- The rules of risk management for the safety of the sick.
- The Catalan health system.

Methodology

Clinical Practices (PEXT):

Clinical practice gives the student the opportunity to develop advanced knowledge, skills, attitudes, and values in a real and complex professional environment, always accompanied by a nurse professional (associate professor clinical teacher).

They consist of an approximate stay of 8-10 weeks in a primary care center in which each student will be assigned to a nurse who will practice and supervise student's learning process individually and continuously.

Clinical Case Seminars (SCC):

The objective is to foster the reflexive practice of situations arising from the complexity of the assistance context and the learning derived from this reflection. Also, these seminars aim to work on the nurse methodology as a basic tool for analysis and problem-solving.

The seminars will be held in small groups of students under the supervision of a nurse associate professor. The seminars will last 3 hours and the scheduled days will be carried out within the period of clinical practice. The seminars, although they appear on the calendar on Wednesdays, can be done on another day of the week depending on the availability of the teacher. Days before starting the practices the teacher will inform about the days and times. It must be remembered that these dates may be subject to changes that have occurred and that attendance is mandatory at 100%.

The seminars will be held in the teaching facilities linked to the subject: UAB Bellaterra campus, UAB Valle Hebrón Campus or Practice Centers.

The cost of public transport to move to care centers and homes is borne by the student.

Internship schedule:

The assignment of the practice center and schedule is communicated during the second semester.

Special requests for placement positions are not accepted, except in the following situations: elite athlete within the TutorSport program, academic incompatibility or complex health situations. In all three cases, the student should contact the coordinator at the beginning of the course to indicate their special situation.

The schedules are sliding with some days mornings and other afternoons. Once the place is assigned, the student must make the assigned schedule.

Warning: The schedules can be modified by the needs of the services and be able to guarantee that the student has a nurse that protects him/her. These changes can be punctual or definitive without an option in exchange for a center. These changes can occur before or during practices. Changes are not accepted except for changes between students of the same period before starting the practices and as long as the center, the nurse, the teacher, and the coordinator give their approval.

Explanatory note: During the practicum period III-IV, each student will perform a high fidelity simulation session of compulsory attendance. This will be done during the internship period at a different time than the one assigned during the care practice and does not count in the hours scheduled for the care practice.

Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
SEMINAR: CLINICAL CASE DISCUSSION	12	0.48	1, 2, 11, 20, 13, 14, 19, 15, 22, 21, 23, 30, 28, 31, 32, 10, 18
Type: Supervised			
CLINICAL INTERNSHIP	288	11.52	1, 2, 7, 5, 3, 6, 8, 4, 11, 20, 12, 13, 16, 19, 9, 15, 25, 22, 21, 23, 24, 17, 26, 30, 29, 28, 31, 32, 38, 34, 37, 33, 18

Assessment

Evaluation criteria:

The final grade of the subject corresponds to the sum of the clinical practice note (PEXT) and the one obtained in the case seminars (SCC) with the following weighting:

- 60% of the grade corresponds to clinical practice.
- 40% of the grade corresponds to clinical case seminars.

In order to pass the course, each one of the competency groups of clinical practices and seminars must be passed with a minimum grade of 5.

As a general rule, it is mandatory to complete the whole period of clinical practice programmed in the teaching calendar, regardless of the schedule in which the practices are carried out.

Assistance control:

"Tracing sheet": Through the daily signature of this document, the nurse responsible for the student confirms the schedule during the student's work day. This document will prove to be justified by the calculation of hours of the subject.

The sole person in charge of the document is the student, he must keep it updated and take responsibility for the veracity of the content of the information that is consigned.

This document will be delivered at the end of the practical period to its teacher.

This document may be requested, at any time, for its control, by those responsible for the practicals and / or associated clinical teachers participating in the course.

As a general rule, it is mandatory to attend to the whole period of clinical practice programmed in the teaching calendar, regardless of the schedule in which the practices are carried out.

Absence is considered, any interruption of service assistance. These can be:

a) Absences justified, the following situations:

- Deaths
- Visit a medical specialist
- Acute diseases
- Driver driving test
- Official university exam
- Official language tests

The student must submit a duly completed proof to his professor and record in the document "Tracing sheet".

b) Absences NOT justified:

Those that do not appear in the previous list and have not been authorized by the coordinator of the subject. The student will show proof of his absence Not justified in the document "Tracing sheet" and agree with his teacher how to recover the pending hours. At the end of the course, the final grade (from 0 to 10) will be subtracted from 0'5 points.

c) Strikes, Demonstrations:

Keeping the rights of the students and following the recommendations of the rectoral, the students who individually want to adhere to a call of any of the unions of students, will have to communicate it previously to their teacher and to the service of practices. However, you must give proof in the document "Tracking sheet". This day will be considered Realized and not recoverable.

d) Absence NOT justified and NOT notified: It may entail the suspense of the subject.

e) Delays: Presenting more than 5 delays (start and end of turn, meals ...) throughout the course period may entail the suspension of the subject.

The absences must be communicated to the associated professor and to the practice service as early as possible so as to be able to reduce the interference in the learning process and agree on the day to recover.

All hours of absence due to lack of assistance must be recovered within the internship period.

Simulation assistance (PSCA) is mandatory and can not coincide with the schedule assigned to the practice round. Non-attendance to this session will be penalized with 1 point on the final grade of the subject.

Clinical practices (PEXT)

It is the responsibility of each student to ensure their evaluation during the practices; Thus, it is highly recommended that at mid-period the nurse performs an evaluation (without numerical qualification) where the strengths and weaknesses are discussed, in addition to agreeing with the student the proposals for improvement. This same assessment will be carried out at the end of the internship period, giving rise to a numerical qualification, which is equivalent to 60% of the mark of the subject. For this assessment there is a specific heading available in Moodle that the student will provide to the nurse at the beginning of the internship.

Student must have done all the practices. The justified faults have to be recovered, without impact in the evaluation. The unjustified fouls must be recovered and the reduction of 1 point for each missing day up to a maximum of 3 days (more than three days of absences without justification, suppose the suspense of the subject). There is no possibility of retrieval outside the internship period. Do not respect the practice schedule without prior notice may cause failing the course.

Clinical case seminars (SCC)

Continuous and formative assessment throughout the sessions. The elaboration, presentation and discussion of those required weekly activities that arise within the context of the clinical practice will be evaluated. The foundation of the work, the evidences that support the contributions, the bibliography used and the fluent, coherent and appropriate expression will be valued either orally as written. The ability to work in groups, respect for the plurality of ideas, people and situations will also be taken into account. The realization of works or cases is obligatory. The non-presentation of any of them within the period set by the teacher adversely affects the evaluation.

The teacher evaluates each seminar using specific rubrics available from the beginning of the course. The qualification of the SCC accounts for 40% of the final mark of the subject. It is advisable to ask the teacher for an interim evaluation in which to identify areas for improvement and strengths of the seminars

The delivery of these works is mandatory via Moodle. They must be drafted following the rules established for the presentation of work.

It will be considered not delivered, and therefore not evaluable, those documents that do not meet the criteria established by the coordinator of the subject.

Attendance at the seminar sessions of clinical cases is mandatory. This section will be considered NOT approved if the student does not attend more than one session.

Attendance at the discussion sessions of clinical cases is mandatory. It will be considered NOT approved if the student does not attend more than one session.

Obtaining the final grade:

According to agreement 4.4 of the Governing Council 17/11/2010 of the regulations of evaluation, the qualifications will be:

- Fail: <5
- Pass: from 5 to 6.9
- Remarkable: from 7 to 8.9
- Excellent: > 9
- With honors: > 9

According to the regulations on permanence in the official studies of degree and master's degree at the Autonomous University of Barcelona, a "Non-evaluable" will be awarded to those students who have not been able to provide sufficient evidence of evaluation.

It will be considered a criterion to assign "Not Appraising":

- Not attainment of the hours established in this guide.

- The non-presentation of the work within the deadlines established by the teaching staff.

Individual Cases: At the request of the person in charge of the subject, an evaluation committee can be set up to evaluate special, personal and / or extraordinary situations that do not find a response in this guide or in documents published on the practicum website. The commission of the practicum by means of a resolution will give a conclusive and binding answer.

Any sign of academic dishonesty, such as plagiarism or manipulating the evaluation documents, etc., or any discriminatory, violent or disrespectful attitude towards patients, professionals, colleagues and / or teachers, will suppose the immediate suspension of the subject. All these situations will be raised to the commission of practical cases that will analyze what happened and will establish a consensus resolution in this regard.

Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Assessment during clinical internship	60%	0	0	1, 2, 7, 5, 3, 6, 8, 4, 11, 20, 12, 13, 16, 19, 9, 15, 25, 22, 21, 24, 17, 26, 27, 30, 29, 28, 31, 32, 38, 36, 35, 34, 37, 33, 10, 18
Written and oral work at seminars	40%	0	0	1, 2, 11, 20, 14, 19, 15, 22, 21, 23, 30, 28, 31, 32, 10, 18

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