

Masters Dissertation

Code: 43426
ECTS Credits: 12

Degree	Type	Year	Semester
4314949 General Health Psychology	OB	2	1

Contact

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Use of Languages

Principal working language: catalan (cat)

Prerequisites

There are no prerequisites. We recommend starting the Master's Dissertation (MD) during the second semester in order to have enough time to develop it properly.

Objectives and Contextualisation

The MD allows the student to address a real problem from the field of Health Psychology, either by joining a research team, or by identifying, with the help of the tutor(s), a need, problem or lack of knowledge. The MD requires the student to apply the knowledge and skills acquired during the Master's Degree to solve real problems.

Competences

- Acquire, develop and put into practice a concept of integral health, including all its biopsychosocial components, in line with WHO guidelines.
- Apply the principles of bioethics and the deliberation method to professional practice, in line with Law 44/2003, of 21 November, on organisation of the healthcare professions.
- Communicate and justify conclusions clearly and unambiguously to both specialised and non-specialised audiences.
- Communicate with other professionals and show mastery of skills needed in working in multidisciplinary teams.
- Continue the learning process, to a large extent autonomously
- Critically analyse and use clinical information sources.
- Formulate working hypotheses in research and critically assess information for problem-solving, using the scientific method.
- Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
- Know healthcare personnel's duties and responsibilities regarding confidentiality and protection of patients' personal information.
- Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
- Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.

Learning Outcomes

1. Carry out a multidimensional-multilevel analysis of health-illness processes.

2. Communicate and justify conclusions clearly and unambiguously to both specialised and non-specialised audiences.
3. Continue the learning process, to a large extent autonomously
4. Design and give presentations in public.
5. Formulate research questions, objectives and hypotheses appropriately to solve problems in the context of the master's dissertation.
6. Gather and analyse information consistently with the research objectives and hypotheses, and interpret the results obtained appropriately, acknowledging the impact on individuals and communities in the context of the master's dissertation.
7. Identify the most suitable research methods and designs for responding to a hypothesis in the context of the master's dissertation.
8. Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
9. Integrate perspectives and approaches in health-illness processes.
10. Justify the sources of clinical information used (evaluation tests, clinical guidelines, informants, programmes of treatment, etc.) for the master's dissertation.
11. Know and apply quality criteria to the selected documentary sources and clinical material.
12. Plan and carry out a systematic documentary search that unearths scientific evidence.
13. Recognise and describe the factors determining health from a biopsychosocial perspective.
14. Respect the confidentiality of the data used or obtained.
15. Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
16. Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.
17. Use documentary and bibliographic databases to obtain information relevant to the objective of the master's dissertation and to professional practice.
18. Write the master's dissertation in accordance with regulations on ethical professional practice and research in the field.

Content

The student can choose one of the following options depending on his/her interests and the interests or proposals allowed by the tutor supervising their work:

A. Systematic Review following PRISMA Guidelines

B. Empirical Research

C. Development of a new tool for Health Psychology practice: therapy programmes, health guidelines, e-health project, assessment procedures....

Methodology

The student develops the competences acquired during the Master's Degree in order to achieve the option he/she has chosen (Systematic Review, Empirical Research or Development of a New Tool) following the guidelines provided by the tutor. The student works autonomously and is assisted by his/her tutor. The hours spent on each task (autonomous work, tutorials, assessment and coordination) are described in the following table

Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Assessment and coordination	1	0.04	11, 7, 4, 1, 5, 9, 10, 12, 8, 15, 2, 3, 6, 13, 18, 14, 16, 17

Type: Supervised

Follow-up sessions with the academic tutor	20	0.8	11, 7, 4, 1, 5, 9, 10, 12, 8, 15, 2, 3, 6, 13, 18, 14, 16, 17
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Type: Autonomous

Developing MD work	276.5	11.06	11, 7, 4, 1, 5, 9, 10, 12, 8, 15, 2, 3, 6, 13, 18, 14, 16, 17
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Assessment

To pass the MD, the student must achieve 5 or more points adding scores obtained in Evidences 1, 2a and 2b, and a minimum score of 3.5 on Evidence 1 (see Table 1 for a time schedule).

Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Oral communication	35	0.5	0.02	4, 1, 5, 9, 8, 15, 2, 13, 14, 16
Press Report	10	0.5	0.02	5, 9, 8, 15, 2, 6, 13, 18, 14
Writing report	55	1.5	0.06	11, 7, 1, 5, 9, 10, 12, 8, 15, 2, 3, 6, 13, 18, 14, 16, 17

Bibliography

www.prisma-statement.org

<http://www.apastyle.org>

www.coneixement.accio.gencat.cat/eines