

Practicum II

Code: 103004
ECTS Credits: 6

| Degree | Type | Year | Semester |
|-----------------------|------|------|----------|
| 2500892 Physiotherapy | OB | 2 | 2 |

The proposed teaching and assessment methodology that appear in the guide may be subject to changes as a result of the restrictions to face-to-face class attendance imposed by the health authorities.

Contact

Name: Sandra Mateo Lozano
Email: Sandra.Mateo@uab.cat

Use of Languages

Principal working language: catalan (cat)
Some groups entirely in English: No
Some groups entirely in Catalan: Yes
Some groups entirely in Spanish: No

Prerequisites

The student will acquire the commitment of preserving the confidentiality and professional secret of the data to which he / she may have access because of the learning in the care services, as well as maintaining an attitude of professional ethics with all his / her actions.

It is recommended that all students be vaccinated according to the instructions of the UAB. Likewise, they must know the code of good practices.

It is mandatory that the student obtain the certificate (negative) of crimes of a sexual nature before starting the practices.

Objectives and Contextualisation

The subject Practicum I is taught during the second semester of the second year of the Physiotherapy degree, and forms part of the group of basic training subjects. It is, therefore, part of the scientific basis necessary for the formation of the Physiotherapy graduate.

The general objective of the subject is to face with the practice activity, concepts already studied in other subjects, as well as to integrate all the knowledge, skills, attitudes and values acquired in all subjects, under the supervision of qualified physiotherapists.

During the practical sessions, students will apply all effective professional skills in order to provide comprehensive care to the user.

Competences

- Carry out physiotherapy interventions on the basis of integral health care that involves multiprofessional cooperation, the integration of processes and ongoing care.
- Clearly and effectively communicate orally and in writing with all users of the healthcare system, and with other professionals.
- Design the physiotherapy intervention plan in accordance with the criteria of appropriateness, validity and efficiency.

- Develop independent learning strategies
- Display critical reasoning skills.
- Display interpersonal skills.
- Display knowledge of physiotherapy methods, procedures and interventions aimed at health promotion and maintenance.
- Easily recognise and cope with changes.
- Evaluate the functional state of the patient, considering the physical, psychological and social aspects.
- Express ideas fluently, coherently and correctly, both orally and in writing.
- Identify, analyse and solve ethical problems in complex situations
- Incorporate the ethical and legal principles of the profession in professional culture.
- Make the most correct decisions in given situations.
- Manage information systems.
- Produce and systematically keep physiotherapy records.
- Provide effective physiotherapeutic treatment and offer patients integral care.
- Respect diversity in ideas, people and situations
- Show initiative and an entrepreneurial spirit.
- Show sensitivity to environmental issues.
- Solve problems.
- Work effectively and cooperatively in multidisciplinary professional teams.
- Work in teams.

Learning Outcomes

1. Apply the profession's code of practice.
2. Carry out physiotherapy interventions on the basis of integral health care that involves multiprofessional cooperation, the integration of processes and ongoing care.
3. Carry out suitable physiotherapy assessment procedures to determine the degree of damage and its possible functional repercussions, in the patients assigned to the student in the clinical placement.
4. Communicate with all members of the therapy team.
5. Comply with the legal and professional guidelines governing the practice of physiotherapy.
6. Design means for preventing functional disorders, in particular those linked to postural hygiene, mobility loss and acute-phase pains, and teach about these.
7. Develop independent learning strategies
8. Display critical reasoning skills.
9. Display interpersonal skills.
10. Easily recognise and cope with changes.
11. Establish the frequency of the intervention.
12. Establish the general and specific criteria for applying the treatment.
13. Establish treatment priorities in accordance with the problems detected.
14. Express ideas fluently, coherently and correctly, both orally and in writing.
15. Foresee needs for material and apparatus.
16. Identify signs and symptoms of disorders in biological functions related to physiotherapy.
17. Identify, analyse and solve ethical problems in complex situations
18. Interpret medical prescriptions.
19. Make sure the environment for the physiotherapy treatment is comfortable.
20. Make the most correct decisions in given situations.
21. Manage information systems.
22. Offer guidance to non-medical staff on dealing with patients.
23. Refer patients to another professional when necessary.
24. Respect diversity in ideas, people and situations.
25. Show initiative and an entrepreneurial spirit.
26. Show sensitivity to environmental issues.
27. Solve problems.
28. Suitably record all steps taken, from reception of the patient to the physiotherapy discharge report, in accordance with each clinical specialisation.
29. Use effective communication to facilitate interactions between the physiotherapist, the patient and the patient's family.

30. Where applicable, negotiate objectives within the multidisciplinary team, in order to harmonise processes and ensure continuity of care.
31. Work in teams.

Content

The realization of clinical practices give the student the opportunity to integrate the knowledge, skills, attitudes and values acquired in the subjects, in a real professional field. In this way, he or she can apply the different techniques to specific clinical cases, as well as participate in the prevention and promotion of health.

The student will attend the practice center daily and under the supervision of a "tutor" physiotherapist will apply different assessment and treatment techniques depending on the clinical cases.

The centers where the clinical stays will be carried out are centers of physical medicine and rehabilitation with current agreements.

The placement of the internship center will be done according to the procedures established by the Faculty.

Methodology

Preparation of a work: the student will individually prepare a diary of the activity carried out during the clinical stay

Practical teaching carried out in health centers in small groups. The activities will be guided by external professional teachers. Before the start of the clinical stays, the coordinator of the subject will meet with the students.

The student will not be able to carry out the practices in the center of Practicum I. In the case that occurs, the coordinator will be the one who awards the practice center

Activities

| Title | Hours | ECTS | Learning Outcomes |
|---------------------------|-------|------|---|
| Type: Supervised | | | |
| PRACTICUM WITH GUIDELINES | 150 | 6 | 4, 26, 23, 6, 3, 12, 11, 13, 14, 21, 16, 17, 18, 22, 20, 19, 15, 8, 10, 27, 9, 25, 31, 29 |

Assessment

Assessment during practices at the health center: the practices tutor will assess the student's clinical skills, through a questionnaire delivered by the university (70% of the final grade).

Narrative record (portfolio): the student will have to present a clinical case report from the clinical stays. 30% of the final grade. It will be evaluated:

- Consistency
- The content, the properly drafting and the use of scientific vocabulary
- The presentation

Everything will be evaluated over 10 points.

Once the modules have been passed, they cannot be subject to a new evaluation.

It is necessary to pass each of the parts of the subject with a minimum grade of 5 in order to do the average and pass the course. ATTENDANCE to CLINICAL STAYS is COMPULSORY. Any lack of attendance will have to be justified.

The student who does not attend the practices and / or does not deliver the work, will have the qualification of not evaluable.

Assessment Activities

| Title | Weighting | Hours | ECTS | Learning Outcomes |
|--|-----------|-------|------|--|
| Assessment during practices at the health center | 70% | 0 | 0 | 5, 4, 23, 6, 3, 12, 11, 13, 16, 18, 22, 19, 15, 29 |
| Narrative record. Portfolio | 30% | 0 | 0 | 1, 4, 30, 26, 23, 7, 6, 3, 2, 12, 14, 21, 16, 17, 18, 22, 20, 19, 8, 10, 28, 27, 24, 9, 25, 31, 29 |

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