

**Work Placement I**

Code: 43424  
ECTS Credits: 18

| Degree                            | Type | Year | Semester |
|-----------------------------------|------|------|----------|
| 4314949 General Health Psychology | OB   | 1    | A        |

The proposed teaching and assessment methodology that appear in the guide may be subject to changes as a result of the restrictions to face-to-face class attendance imposed by the health authorities.

**Contact**

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**Use of Languages**

Principal working language: catalan (cat)

**Prerequisites**

There are no prerequisites.

**Objectives and Contextualisation**

To observe and gradually participate (accompanied intervention and accompanied autonomous intervention) in activities that prepare the student for professional practice as a PGS (evaluation processes, design and execution of the treatment and follow-up plan, supervision of cases, preparation of psychological reports and clinical courses, ....).

To relate, in the context of applied practice, the previous theoretical knowledge and that obtained in the master's degree.

To use knowledge of methodology and research to understand and collaborate, where appropriate, in research projects underway in the practice centre.

To learn to identify the limits of their future professional competence and know how to refer cases to specialists

**Competences**

- Apply the principles of bioethics and the deliberation method to professional practice, in line with Law 44/2003, of 21 November, on organisation of the healthcare professions.
- Communicate and justify conclusions clearly and unambiguously to both specialised and non-specialised audiences.
- Communicate with other professionals and show mastery of skills needed in working in multidisciplinary teams.
- Continue the learning process, to a large extent autonomously
- Critically analyse and use clinical information sources.
- Design, develop and, where appropriate, supervise and evaluate psychological intervention programmes, on the basis of the psychological evaluation and the individual and social variables of each case.
- Display skills in interpersonal communication and appropriate handling of emotions for effective interaction with patients, family-members and carers in the processes of identifying the problem, evaluating, communicating the diagnosis and conducting the psychological intervention and follow-up.

- Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
- Know the framework for the activity of general health psychologists and be able to call in the corresponding specialists.
- Plan, carry out and, where appropriate, supervise the psychological evaluation of human behaviour and of the psychological factors associated with health problems, in order to evaluate the latter.
- Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
- Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.
- Work responsibly, prioritising quality and continuous improvement, and displaying a capacity for self-criticism.
- Write psychological reports appropriately in terms of their addressees.

## Learning Outcomes

1. Adapt to the dynamics of working in unidisciplinary, interdisciplinary and multidisciplinary teams.
2. Apply appropriate psychological intervention programmes to a health problem in the work context.
3. Apply procedures, techniques and instruments for evaluating behaviour, cognitive processes, and psychosocial factors, using suitable criteria for scoring and interpretation in the work context.
4. Apply strategies to improve communicative processes.
5. Apply the code of conduct in different professional contexts.
6. Apply the healthcare quality-management procedures of the work context.
7. Assess the changes during the psychological intervention and propose the modifications needed in the work context.
8. Communicate and justify conclusions clearly and unambiguously to both specialised and non-specialised audiences.
9. Continue the learning process, to a large extent autonomously
10. Critically assess a psychological intervention programme carried out by others, assessing its impact and suggesting improvements in the work context.
11. Critically assess the evaluation process and results in the work context.
12. Define the objectives of the psychological intervention in each particular case in the work context.
13. Evaluate quality and give an account of one's own professional performance.
14. Explain the consequences of critical reflection on one's own professional performance and propose improvements in quality.
15. Give reasons for choosing the most suitable procedures, techniques and instruments for evaluating behaviour, cognitive processes and psychosocial factors involved in specific areas of the general health psychologist's professional activity
16. Identify and justify cases requiring specialist or interdisciplinary intervention in the work context.
17. Identify and use important clinical documents in healthcare work.
18. Identify and use personal and psychosocial qualities and skills (listening, empathy, tolerance, handling emotions, respect for users' idiosyncrasies, etc.) to communicate efficiently with patients.
19. Identify ethically inappropriate professional conduct.
20. Identify the main obstacles to effective communication between professionals.
21. Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
22. Know the characteristics of the organisation where one is employed.
23. Manage one's own and users' emotional reactions in healthcare work.
24. Present the contents of a psychological report orally to users and professionals, explaining the conclusions clearly.
25. Propose effective programmes of psychological intervention that take into account individual, social and cultural factors associated with a health problem in specific areas of the general health psychologist's professional activity.
26. Recognise the importance of and identify resources for continuous professional development.
27. Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
28. Understand the basic terminology used by the different healthcare professionals.
29. Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.
30. Use counselling and supervision of professional practice when necessary.

31. Use deliberation and discussion to solve ethical problems in healthcare work.
32. Use legal and/or professional channels to report cases of ethical misconduct.
33. Use resources for effective communication between healthcare professionals in a multidisciplinary context.
34. Write reports in different styles and formats depending on the objective and the addressees in the work context.

## Content

Module 8 does not have an agenda per se, but objectives that have been described in the section OBJECTIVES of This Teaching Guide and that must be achieved during the internship, according to the Results of Learning module.

## Methodology

**AUTONOMOUS ACTIVITIES.** These correspond to the readings recommended by the tutors of the centre, as well as the preparation of presentations, exhibitions or other types of work.

**SUPERVISED ACTIVITIES.** These correspond to clinical care practice that is carried out in contact with the users of the centre and under the guidance of the professionals of the centre.

## Activities

| Title                                                                                 | Hours | ECTS | Learning Outcomes                                                                                    |
|---------------------------------------------------------------------------------------|-------|------|------------------------------------------------------------------------------------------------------|
| Type: Supervised                                                                      |       |      |                                                                                                      |
| Supervised activity: clinical care practice                                           | 330   | 13.2 | 1, 6, 4, 31, 3, 2, 28, 22, 12, 23, 19, 16, 20, 18, 17, 25, 21, 27, 15, 29, 24, 33, 32, 30, 11, 10, 7 |
| Type: Autonomous                                                                      |       |      |                                                                                                      |
| Autonomus activities: readings, preparation of presentations, report elaboration .... | 120   | 4.8  | 13, 22, 14, 27, 8, 9, 33                                                                             |

## Assessment

The different tutors from the external centre and the teacher responsible for the internship module at the academic level intervene in the student's assessment.

The tutors from the external centre assess the student based on an evaluation rubric that includes: attendance and compliance with the established practice schedule, attitude and disposition, and level of learning accomplished.

The tutors who have supervised the student in any of the different rotations planned in their place of internship, must send their evaluation to their centre's tutor coordinator. The centre's tutor coordinator is responsible for calculating the student's final grade.

The activity carried out by the student in the internship centre has a weight of 90% of the grade.

The remaining 10% depends on the final report that the students will have to submit through the Moodle classroom to the teacher responsible for the internship module.

To be able to consider that the student has completed the external internship they must:

Comply with the sessions and schedules of the established internship.

Show a respectful attitude toward patients, their families and the collaborating entity at all times.

Submit the report within the established deadline.

Achieve the learning results established for the module.

Should the student fail to comply with any of these requirements, the global grade will be a maximum of 4 points.

## Assessment Activities

| Title                                                        | Weighting | Hours | ECTS | Learning Outcomes                                                                                                             |
|--------------------------------------------------------------|-----------|-------|------|-------------------------------------------------------------------------------------------------------------------------------|
| Activity carried out by the student in the internship centre | 90%       | 0     | 0    | 1, 5, 6, 4, 31, 3, 2, 13, 28, 22, 12, 14, 23, 19, 16, 20, 18, 17, 25, 21, 27, 8, 9, 26, 34, 15, 29, 24, 33, 32, 30, 11, 10, 7 |
| Final Report                                                 | 10%       | 0     | 0    | 3, 13, 28, 22, 14, 17, 21, 8, 9, 15, 11, 10                                                                                   |

## Bibliography

The tutor from the external center will inform of the recommendable bibliography to complete the internship