

## Rehabilitation Programs

Code: 100439  
ECTS Credits: 6

Degree	Type	Year	Semester
2500257 Criminology	OB	2	2

The proposed teaching and assessment methodology that appear in the guide may be subject to changes as a result of the restrictions to face-to-face class attendance imposed by the health authorities.

### Contact

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### Use of Languages

Principal working language: catalan (cat)  
Some groups entirely in English: No  
Some groups entirely in Catalan: Yes  
Some groups entirely in Spanish: No

### Other comments on languages

The language of the course can be modified (from Catalan to Spanish) if international students are attending to this class (as provided for educational legislation recently approved by the Faculty of Law)

### Teachers

Leonor Maria Cantera Espinosa

### Prerequisites

The course provides an updated overview of programs of intervention on crime at a local and international level.  
It presents and explores the main concepts underpinning intervention programs to prevent recidivism. Therefore, this course is related to the area of psychology and pedagogy, for its contributions to understanding the problem of crime as well as the logics of the intervention programs.

### Objectives and Contextualisation

1. Analyze the different models of intervention on offenders to prevent recidivism (at a local and international level), as well as its theoretical basis
2. Explore the most representative practical experiences on offender intervention through the study of programs and/or empirical research, and draw conclusions about their relevance and effectiveness.
3. Provide theoretical resources useful for the development of rehabilitation programs.

### Competences

- Ability to analyse and summarise.
- Applying an intervention proposal about a person serving a sentence.

- Assessing the results of a prevention or intervention program when crime is concerned.
- Assessing the victim's needs in order to carry out an intervention proposal.
- Carrying out the criminological intervention on the basis of the values of pacification, social integration and prevention of further conflicts.
- Demonstrating a comprehension of the victim's needs on the basis of the knowledge of victimological theories.
- Drawing up an academic text.
- Identifying existing social resources to intervene in the conflict and criminality.
- Students must demonstrate a comprehension of the best crime prevention and intervention models for each specific problem.
- Students must demonstrate they know the legal framework and operating model of the crime control agents.
- Using the evaluation techniques of criminogenic risk and needs of a person in order to decide an intervention proposal.
- Verbally transmitting ideas to an audience.
- Working autonomously.
- Working in teams and networking.

## Learning Outcomes

1. Ability to analyse and summarise.
2. Acting in a professional way in the criminological field for pacifying, social integration and delinquency-prevention purposes.
3. Applying an effective evaluative model in order to detect the criminological intervention needs in prison population.
4. Appropriately applying social resources to criminality.
5. Carrying out a results analysis of a delinquency prevention program.
6. Correctly describing in the criminological field the legal-penal framework and crime control agents.
7. Demonstrating they know the means and scientific procedures of crime prevention.
8. Drawing up an academic text.
9. Effectively and individually implementing a criminological intervention.
10. Intervening in the criminological field for pacifying, conciliatory and crime-prevention purposes.
11. Mastering the individual evaluation techniques of a criminal act.
12. Properly using the criminological prevention and intervention programs.
13. Using risk analysis methods in the field of safety.
14. Verbally transmitting ideas to an audience.
15. Working autonomously.
16. Working in teams and networking.

## Content

1. Context and production of crime and rehabilitation. Discipline and control. Foucault's perspective. The meaning of punishment. Relationship between knowledge and power. The role of rules and assessment. The Panopticon. Production of subjectivities.

2. Theoretical perspectives on intervention programs: the cognitive-behavioral perspective and the gender perspective.  
Cognitive behavioral perspective. Behavior modification. Effectiveness of programs based on cognitive behavioral perspective. The Risk-Necessity-Responsibility principle.  
Gender perspective. Challenges for the application of the gender perspective in the penitentiary system. The situation of women in Penitentiary Centers  
Other perspectives for intervention: analysis of a workshop for the prevention of Gender Violence (in seminar sessions).

3. RisCanvi: risk assessment of the prison population and potential for individualization of treatment

4. Effective intervention to reduce criminality: Core Correctional Practice

5. Treatment programs in custody. The progressive system. Behavioral perspective principles, objectives and characteristics. Progressive Systems. Experiences and results of progressive systems.

6. The intervention programs in Europe and Catalonia. Philosophical and legal aspects of the intervention. Criminological models and intervention strategies in Europe. Effectiveness of intervention programs in Europe. Meta-analysis of the effectiveness of intervention programs in Europe

## 7. Lectures

Lectures with professionals are planned, on topics related to the subject Lectures by Jordi Camps (Head of the Sección of Treatment of the General Director of Resources and Penitentiary Regime of the Department of Correctional Services Secretaria de Mesures Penal, Reinserció i Atenció a la víctima (Generalitat de Catalunya) on the design and implementation of intervention programs in prisons.

Lecture by professionals and prisoners of the Service in drug addiction relapse prevention in prisons.

Lecture by staff and inmates of the unit for intellectual disabilities (DAE) of the Catalan prison "Quatre Camins".

Lecture by staff and inmates of the Unit of women of the Catalan prison Brians.

Lecture by Alejandro Sánchez-Sicilia from Egalitarian men about treatment of men who have practiced gender violence.

## Methodology

Training activities in the Seminars

Reading and discussion (1 session)  
Reading about the detection of necessities of intervention.

-Intervention Program: Design to implement a program as a result of the RisCanvi report.  
- Reading and discussion (1 session)  
-Reading and discussion of a paper on the tension between desire of freedom and imprisonment (Elejabarrieta and Jeanneret, 2006)  
-Intervention programs (10 sessions): The students will design an individualized intervention program based on the report of the RISCANVI tool. Based on the experience, the self-evaluation and the feedback from the teaching team and the rest of the classmates, the group will improve the final proposal. The final proposal will be defended in front of the class group through the presentation of a poster.

On the Moodle platform, at the beginning of the course, the schedule will be available in which the calendar of activities and delivery of the evidences of learning will be detailed.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

## Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Seminar	19.5	0.78	2, 3, 11, 5, 9, 1, 16, 12
Theory	19.5	0.78	2, 4, 3, 5, 9, 10, 8, 1, 14, 15, 16, 12

Type: Autonomous

Final evaluation	15	0.6	3, 7, 11, 5, 9, 10, 1, 15
Individual work	30	1.2	
Subject Follow-up	30	1.2	2, 3, 7, 11, 5, 9, 1, 15, 12
Team work	28.5	1.14	

## Assessment

1. **A s s e s s m e n t M o d e l**  
Continuous assessment so that students, along with teachers, can track the degree of achievement of educational objectives and competencies. Thus, students take an active role in guiding and promoting their own learning process. Students will present three individual reports, group work, and a written test about the contents studied in the course.

2. **A s s e s s m e n t r e q u i r e m e n t s**  
Attendance at lectures and seminars (minimum 80%). Only justifiable absences, for illness or similar reasons, are accepted. It is important to respect the date and format of delivery, otherwise the teacher will not be obliged to carry out the correction. Copying or plagiarism implies that the delivery is not evaluated or that students are not entitled to a new delivery.

3. **R e q u i r e m e n t s t o p a s s t h e c o u r s e**  
Students must obtain a minimum mark of (5) in each of the units of the assessment (individual work, group work and final test).

4. **R e - a s s e s s m e n t**  
In case of not delivering, or failure of any of the assessment items, students will have the opportunity to be reassessed. The individual projects will be repeated during the academic course, once having received feedback by the teachers, regarding the activities. The working group and the final exam will be re-taken in the period established for it, before the end of the course. The maximum score in case of reassessment will be a pass (5). Attendance and participation in the group dynamics is mandatory, in case of not being able to attend due to force majeure, the part of the dynamization must be repeated individually within the school calendar.

5. **F r a u d u l e n t c o n d u c t s**  
Students who cheat or attempt to cheat in exams would obtain a 0 in the course and lose the right to reassessment. In case students deliver an essay in which there is evidence of plagiarism, or cannot justify the arguments of their essays they will receive a warning. Should the student reiterate that this behavior, the maximum mark for the course will be 5. A second relapse will lead to a 0 in the subject and the student will lose the right to re-assessment.

6. **A c t i v i t i e s f o r a s s e s s m e n t : a s s i g n m e n t s**  
1. Reading of Jeanneret and Elejabarrieta (15%). Individual reflection on questions of reading and discussion held in class.  
2. Written exercise on the Violence Prevention Workshop (15%)  
3. Intervention program (35%)  
4. Evidence 4. Final exam (35%)

7. Punctuality

Classes start on time. Late arrival is not admitted.

## Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
EV1. Reading: Detection of intervention needs	10	0	0	2, 4, 3, 7, 11, 5, 8, 1, 14, 15, 16, 12
EV2. Reading: the desire for freedom	15	1.5	0.06	2, 4, 3, 7, 5, 9, 10, 8, 1, 15, 12
EV3.1. Workshop: Presentation of objectives and activity	35	4.5	0.18	2, 4, 3, 7, 6, 11, 5, 9, 10, 1, 15, 16, 12
Final exam	35	1.5	0.06	2, 3, 11, 5, 9, 1, 15, 12, 13

## Bibliography

### Mandatory readings

Jeanneret, F., & Elejabarrieta, F. (2006). La producción y gestión del deseo de libertad: la puerta de entrada al dispositivo penitenciario. *Castalia: Revista de Psicología de la Academia*, 10, 93-106.

Lindzey, G; Hall, C., & Thompson, R. (1985). *Psicología*. Omega. (Capítol sobre condicionament operant)

Dirección General de Servicios Penitenciarios (2011). *El model de rehabilitació a les presons catalanes*. Retrieved from:

[http://justicia.gencat.cat/web/.content/documents/publicacions/model\\_rehabilitacio\\_presons\\_catalanes.pdf](http://justicia.gencat.cat/web/.content/documents/publicacions/model_rehabilitacio_presons_catalanes.pdf)

### Complementary references.

Almeda, Elisabet. (2003). *Mujeres encarceladas*. Ariel.

Andrews, D., & Bonta, J. (2006). *The Psychology of Criminal Conduct* (4ªed.). Anderson Publishing Co.

Aristizábal, L.A. & Cubells, Jenny (2017). Delincuencia femenina y desistimiento: factores explicativos. *Universitas Psychologica*, 16(4), 1-14. <https://doi.org/10.11144/Javeriana.upsy16-4.dfdf>

Ayuso, A. (2003). *Visión crítica de la reeducación penitenciaria en España*. Nave Libros.

Birgit, Haydeé. (ed.) (2000). *El Derecho en el Género y el Género en el Derecho*. Biblos.

Burgess-Proctor, Amanda (2006). Intersections of Race, Class, Gender, and Crime: Future Directions of Feminist Criminology. *Feminist Criminology*, 1 (1), 27-47. <<https://doi.org/10.1177/1557085105282899>>.

Foucault, M. (1975). *Vigilar y castigar*. Siglo XXI.

Jeanneret, F., & Elejabarrieta, F. (2006). La producción y gestión del deseo de libertad: la puerta de entrada al dispositivo penitenciario. *Castalia: Revista de Psicología de la Academia*, 10, 93-106.

Mackenzie, Doris (2006). *What Works in corrections. Reducing the criminal activities of offenders and delinquents*. Cambridge.

Redondo, S; Martínez, Ana, & Andrés-Pueyo, A. (2012) Intervenciones con delincuentes juveniles en el marco de la Justicia: Investigación y Aplicaciones. *eduPsykhé*, 11(2), 143-169

Rodó, M. (2021) *Interseccionalitat. Desigualtats, llocs i emocions*. Tigre de paper

## Software

The delivery of the evidence, the evaluation and feedback thereof will be carried out through the Moodle platform within the framework of the UAB Virtual Campus.