

Practicum IV

Code: 103676
ECTS Credits: 12

Degree	Type	Year	Semester
2500891 Nursing	OB	3	1

The proposed teaching and assessment methodology that appear in the guide may be subject to changes as a result of the restrictions to face-to-face class attendance imposed by the health authorities.

Contact

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Use of Languages

Principal working language: catalan (cat)
Some groups entirely in English: No
Some groups entirely in Catalan: Yes
Some groups entirely in Spanish: No

Teachers

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Jessica Izcara Cobo
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Prerequisites

In order to enrol in Practicum III, students must have:

- Attended the occupational risks session and test.
- Attended the practical lab lessons of second and third year.
- Attended the planned visits for the assessment and update of the vaccination card and the tuberculosis test through the Vall d'Hebron Preventive Medicine and Epidemiology areas before starting the first subject of the syllabus.
- Own the Student ID.

Coherently it is HIGHLY RECOMMENDED for every Student to have passed every subject from Practicums I and II.

Important: It is not possible to participate in two practicums simultaneously.

Students will be committed to preserving confidentiality and professional secrecy regarding the data they may get access to when learning about nursing services. They also commit to having an ethical al professional attitude in every single action. In that sense, whoever enrolls in this subject also commits to apply the "Nursing Practicum regulations" and the "Behaviour recommendations for the Faculty of Medicine Students". These documents are available through the Faculty of Medicine website.

- The addresses of the hospitals and Medical centres where the students go through their clinical practicum will send us their instructions in order to arrange the signature of a confidentiality agreement and, if necessary, and ID.
- Students will follow the regulations available at the Online Campus.
- Not following the regulations will mean the termination of the practicum and therefore its failing.

It is mandatory to own a Certificate of Sexual Crimes before initiating the practicum. You will find information on how to obtain it on the following link:
<https://web.gencat.cat/ca/tramits/que-cal-fer-si/vull-obtenir-el-certificat-de-delictes-de-naturalesa-sexual>. Some practicum centres will not authorize the start of the practicum if the certificate is not submitted on time. Carrying out this task is the student's responsibility.

Objectives and Contextualisation

This course aims the student to focus on how the socio-economic and political environment influences the model of the Catalan health system and to analyze the characteristics of the health system whether it is a public company or not.

The Practicum IV allows the student to apply the theoretical knowledge, learn attitudes and skills necessary in an advanced level, to offer nursing care oriented to the health of the community. The activities allow the analysis of the different programs and services offered by the health center in relation to the profile of the reference population and the environmental characteristics.

This practicum places its emphasis on the assessment, diagnosis, intervention, and evaluation of basic needs. Therefore, the student at the end of the period should be able to:

- Describe the basic health problems and needs of the population and relate them to the center's portfolio of health care services.
- Describe the functions of the health center nurse.
- Apply the nursing care model of the people-oriented healthcare center to promote the promotion of health and the prevention of health problems.
- Apply the nursing care model of the healthcare center aimed at people with chronic health problems of low complexity, in order to offer support for self-management and coexistence with the disease, promoting self-responsibility and autonomy.
- Apply the methodology of the nursing care process and the scientific methodology.
- Conduct nursing techniques and procedures.
- Select and apply strategies for collecting information to people who need to improve their lifestyle or restore their health.
- Interpret the data to assess the needs of the people served. Assess the educational needs of the people served.
- Prioritize nursing diagnoses.
- Encourage the participation of the people served by agreeing on the objectives and results to be achieved. Carry out the nursing care to people applying the clinical practice guidelines and protocols of the healthcare center.
- Evaluate the nursing care provided
- Self-assess the learning process itself honestly and realistically
- Determine proposals for improving the quality of care.

Competences

- "Demonstrate an understanding of people without prejudice: consider physical, psychological and social aspects, as independent individuals; ensure that their opinions, values and beliefs are respected and guarantee their right to privacy, through trust and professional secrecy."
- Base nursing interventions on scientific evidence and the available media.

- Carry out basic curative actions based on holistic health care, involving multiprofessional cooperation, the integration of processes and continuity of health care.
- Design systems for curing aimed at people, families or groups and evaluate their impact, making any necessary changes.
- Develop critical thinking and reasoning and communicate ideas effectively, both in the mother tongue and in other languages.
- Establish efficient communication with patients, family members, social groups and friends, and promote education for health.
- Express in a fluent, coherent and appropriate manner the established rules, both orally and in writing.
- Form part of and work with groups and teams.
- Identify, analyse and choose the most suitable option to respond efficiently and effectively to problems in the professional context.
- Identify, analyse and solve ethical problems in complex situations.
- Offer solutions to health and illness problems to patients, families and the community applying the therapeutic relation by following the scientific method of the nursing process.
- Offer technical and professional health care and that this adequate for the health needs of the person being attended, in accordance with the current state of scientific knowledge at any time and levels of quality and safety established under the applicable legal and deontological rules.
- Plan and carry out nursing care aimed at people, families and groups orientated to health results and evaluate the impact of them using clinical and care practice guides describing the processes for the diagnosis, treatment or cure of a health problem.
- Promote and respect the right to participation, information, autonomy and informed consent in decision-making by the patient, in accordance with the way they are experiencing the health-illness process.
- Promote healthy life styles, self-treatment, giving support to the maintenance of preventative and therapeutic conducts.
- Protect the health and welfare of people or groups attended guaranteeing their safety.
- Recognise and face up to changes easily.
- Respect diversity in ideas, people and situations.
- Respect the environment and promote sustainable development.
- Use scientific methodology in interventions.
- Work with a team of professionals as a basic unit to structure the professionals and the other care organisation workers in a unidisciplinary or multidisciplinary way.

Learning Outcomes

1. Adopt clinical judgement and propose the most appropriate solutions for the health problems being dealt with.
2. Applied to clinical practice the acquired knowledge and skills.
3. Apply different educational strategies aimed at the patient and their carer.
4. Apply effective communication with patients, families, social groups and partners and identify interventions to promote health education.
5. Apply technical care using appropriate to the situation of the person served bearing in mind the established standards and best available evidence instruments.
6. Apply the care relationship in activities carried out in health centres.
7. Apply the nursing care process to a patient and to their carer in the area of primary health care.
8. Apply the relationship of nursing care and scientific method to solve all health/illness problems of the patients, families and/or community.
9. Carry out the nursing care actions set out by consensus with the teams involved.
10. Comprehensively assess health situations using tools such as physical examination, laboratory tests and nursing interview.
11. Defend nursing interventions with scientific evidence.
12. Demonstrate skill in performing nursing procedures and techniques.
13. Develop independent learning strategies.
14. Draw up nursing care plans taking in to account the consensus and recommendation of the care team.
15. Draw up nursing plans to be able to act adequately and evaluate the impact of the actions.
16. Educate, facilitate and give health and welfare support to the members of the community affected by health issues, risk, suffering, illness, disability or death.

17. Encourage the participation of people, families and groups in the processes of health and illness.
18. Evaluate the state of health of the individual, family and community, and identify problems and internal and external factors affecting health.
19. Express in a fluent, coherent and appropriate manner the established rules, both orally and in writing.
20. Form part of and work with groups and teams.
21. Identify, analyse and solve ethical problems in complex situations.
22. Identify, analyze and make the right choice paragraphs to address problems professionally, efficiently and effectively.
23. Plan cures considering the opinions, beliefs and valued of the people to whom they are addressed.
24. Prioritise preventative health measures during actions at health centres.
25. Promote the participation of the patient in the care planning.
26. Recognise and face up to changes easily.
27. Relate acquired knowledge to the actions carried out.
28. Respect diversity in ideas, people and situations.
29. Respect the environment and promote sustainable development.
30. Respect the principles of right to privacy confidentiality and professional secrecy in all care carried out.
31. Review and periodically re-evaluate health situations and the nursing actions carried out.
32. Select the activities for the prevention, control and monitoring at all stages of life.
33. Use protection and safety measure to ensure the welfare of the individual, families and communities
34. Use scientific evidence in care practice.
35. Use scientific knowledge at any given time by applying quality and safety levels.
36. Use the process of nursing care in nursing care using clinical guidelines and clinical practice.
37. Use therapeutic relations in solving the health problems of the patient and/or their family.
38. Work cooperatively and responsibly to achieve previously planned objectives and guarantee the continuity of health care.

Content

The contents of this practicum are formed by a combination of the different subjects taught through the first and second year. During the practicum students will have to select the necessary contents in order to identify needs and solve problems of the patients that are cared for during the practicum under the watch of a nurse. Here are some of those contents highlighted:

- The Virginia Henderson model applied to attention of adults and the elderly.
- The methodological basis to plan and offer nursing care.
- Applying the teaching-learning process when nursing care is offered to people from different cultures.
- Nursing attention plan.
- Deontological code, rights and obligations of the user in the context of nursing care.
- On-going improvement in the quality of nursing care.
- Guides of clinical practices and protocol.
- Healthy eating and therapeutic diets on patients.
- Factors that influence the learning process in patients, educational needs, learning objectives, educational strategies and expected results.
- Nursing care oriented to Health promotion and prevention.
- Therapeutic communication.
- Conflict management.
- Risk management regulations for the patient's safety.

- The Catalan Medical System.

Methodology

Clinical practicum (PEXT):

The clinical practicum gives the students an opportunity to develop knowledge, skills, attitudes and valued in a professional environment that is real and complex, always under the supervision of a teaching nurse.

They last approximately 7-8 weeks in a hospital service depending on their training needs and during which each Student will have a nurse of that unit assigned to watch and guide their learning process continually and individually.

You can access the shifts and timetables on the calendar published on the website. The timetables can be modified according to the unit needs.

Reflective Journal

It is a collection of those situations lived throughout the practicum that awakened emotions, wither positive or negative, and had an impact on the learning process. It must be submitted biweekly via Moodle.

Seminar (SEM):

Its objective is to apply the reflective practices to situations lived during the clinical experience. The seminars will take place in small Student groups, enlivened by an associated teacher of UAB.

The seminars last 2,5 hours and take place during the weeks programmed for the clinical practices period.

The seminars will take place in teaching centres linked to the subject: The UAB Campus in Bellaterra, Vall d'Hebron or Practicum Centres.

The transportation cost to get to the Medical centres will be covered by the Student.

IMPORTANT: These timetables can be modified depending on the teacher.

Clinical simulation (PSCA):

Go through a highly realistic simulation. This session will take place during the practicum period outside normal hours and does not compute with those hours assigned to the practicum.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Advanced Clinical Simulation	4	0.16	1, 2, 7, 5, 11, 12, 19, 26, 27, 33
READING ARTICLES	2	0.08	22
SEMINARS	5	0.2	1, 7, 5, 11, 20, 13, 19, 9, 22, 21, 23, 30, 28, 31, 32, 38, 10
Type: Supervised			

CLINICAL INTERNSHIP	282	11.28	1, 2, 7, 5, 3, 6, 8, 4, 11, 20, 12, 13, 16, 14, 19, 9, 15, 25, 22, 21, 23, 24, 17, 26, 30, 29, 28, 31, 32, 38, 34, 37, 33, 18
Type: Autonomous			
PREPARATION OF WRITTEN WORKS	7	0.28	19

Assessment

Assessment criteria

The final qualification of the subject is formed by the sum of the clinical practices mark, the one obtained on the seminar and the one obtained on the reflective journal with the following weighing:

- 60% formed by the clinical practices mark.
- 25% formed by the reflective journal mark.
- 15% formed by the seminar mark.

In order to pass the subject every area must be completed with a minimum mark of 5.

Attendance control:

Attendance sheet: Through the daily signing of this document, the nurse responsible for each Student will confirm the schedule of each day. This document will serve as proof of the number of practice hours.

The only person responsible for the document will be the student. It will have to be updated at all times, and the student will be responsible for its information being truthful. The document will be submitted to the nursing associate teacher at the end of the practicum and uploaded to the Moodle.

This document may be asked at any given time by those responsible for the subject.

It is mandatory to go through the whole practicum period programmed on the teaching calendar, no matter the schedule of the practicum.

Any interruption of assistance to the service is considered an absence. Those may be:

a) Justified absences in the following situations:

Family death.

Specialized medical visit.

Acute illness.

Driving test.

Official university test.

Official language test.

Proof of those events will be required, and the teacher will write about them on the follow-up sheet.

b) Non-justified absences:

Those that are not on the previous list and are not authorized by the subject coordination. The student will write about them on the follow-up sheet and will make up for those hours in however way the teacher finds convenient. At the end of the practicum 1 point will be subtracted from the final mark for every day of absence.

c) Strikes, demonstrations:

Taking into account the student's rights, those students who want to take part in a strike will need to inform their teacher and the nursing service previously, as well as writing about it on the follow-up sheet. That day will be considered non retrievable.

d) Non-justified and non-notified absence:

It might entail failing the subject.

e) Lateness:

Being late more than 5 times during the practicum might entail failing the subject.

Absences must be communicated to the associate teacher as early on as possible and the practicum department so that the learning process stays unaffected and new days can be chosen the make up for the lost hours.

Attendance to the simulation is mandatory and cannot coincide with the schedule assigned to the practicum. Not attending this session will be penalized subtracting 1 point from the final mark.

Clinical practicum:

On-going assessment: Approximately trough half of the period, the associate nurse teacher, along with the nurse, will summarize the information obtained up to that point and will discuss it with each student. The fulfilment of the objectives, strengths and weaknesses and recommendations will be addressed in this assessment. The student will self-assess and discuss it with the teacher as well.

Final assessment: When the clinical practicum period is finished, the nurse will submit a final report regarding the competences acquired by the students. The student will self-assess and discuss it with the teacher as well.

*Attendance is mandatory in every shift that is programmed. Those absences that are not justified will be made up for during the period programmed for the clinical practicum when authorized by the teacher responsible.

Seminars (SEM):

Participation and reflections derived from the writing of the reflective journal will be assessed in the context of the clinical practicum. Plurality of ideas, people and situations will be considered, as well as the ability to identify strategies to improve while learning.

Submitting the reflective journal biweekly and the seminar attendance are mandatory. Non-compliance will reflect poorly on the assessment.

Obtaining of the final qualification:

According to the assessment regulations, the qualifications will be the following:

Fail: <5

Pass: de 5 a 6,9

Remarkable: de 7 a 8,9

Excellent: >9

Honours: >9

According to the regulations of all degrees and masters of the Autonomous University of Barcelona, it will be considered "non-assessable" whoever can not submit enough evidence of assessment.

*It will be considered criteria for "non-assessment":

Not achieving the number of hours established on this guide.

Not submitting the projects within the timings established by teachers.

NOTE:

Any sign of academic dishonesty, such as plagiarism of document manipulation, as well as any discriminatory, violent or disrespectful attitudes towards patients, teachers or co-workers will be elevated to the practicum commission, which will analyse the situation and act accordingly.

An assessment commission can be created at any given time in order to assess special situations that do not find an answer in this guide or in those documents published on the practicum website.

Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
CLINICAL PRACTICE	60%	0	0	1, 2, 7, 5, 3, 6, 8, 4, 11, 20, 12, 13, 16, 14, 19, 9, 15, 25, 22, 21, 23, 24, 17, 26, 27, 30, 29, 28, 31, 32, 38, 36, 35, 34, 37, 33, 10, 18
NARRATIVE JOURNALS	25%	0	0	1, 11, 13, 19, 21, 26, 27, 30, 29, 28, 31, 10, 18
SEMINARS	15%	0	0	1, 11, 13, 19, 15, 27, 29, 28, 32, 10

Bibliography

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Software

Mendeley