

Clinical Practice in Lifelong Mental Health

Code: 101775
ECTS Credits: 12

Degree	Type	Year	Semester
2500891 Nursing	OT	4	2

Contact

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Use of Languages

Principal working language: catalan (cat)
Some groups entirely in English: No
Some groups entirely in Catalan: No
Some groups entirely in Spanish: No

Teachers

David Giménez Díez
Nathalia Francis Rodriguez Zunino

Prerequisites

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There are no prerequisites, but it is recommended to have done the following courses:

Therapeutic Communication

Methodological Bases of Nursing

Psychosocial Sciences

Practicum I, II, III, IV, V, VI

The student will acquire the commitment to preserve the confidentiality and professional secrecy of the data to which he/she may have access during his/her learning process in the Clinical Units. They must also maintain an attitude of professional ethics in all their actions.

Objectives and Contextualisation

INTRODUCTION

In this Practicum, the student will be able to know the different assistance devices in the field of mental health and the characteristics of the mentally patient, as well as provide nursing care.

GENERALOBJECTIVE

The student has to integrate and apply the contents learned in the different courses, especially those in the field of mental health, incorporating new knowledge, skills and attitudes in their nursing practice.

SPECIFIC OBJECTIVES

- To use the nursing care process as a scientific methodology for solving problems with a conceptual nursing model or with the nursing diagnoses and nursing interventions of NANDA
- To develop the two dimensions of the professional role, the role of collaboration and the autonomous role.
- To offer an adequate health care to the health needs, guaranteeing the quality nursing care to the person and the family, with a comprehensive vision that considers the biological, psychological and social aspects of the individual.
- To use scientific evidence in the field of mental health nursing and participate in the prevention activities carried out in the population.
- To develop a deepen communication skills to the person, his family and the work team

Competences

- Acquire and use the necessary instruments for developing a critical and reflective attitude.
- Analyse and synthesise complex phenomena.
- Base nursing interventions on scientific evidence and the available media.
- Develop critical thinking and reasoning and communicate ideas effectively, both in the mother tongue and in other languages.
- Develop independent learning strategies.
- Express in a fluent, coherent and appropriate manner the established rules, both orally and in writing.
- Find, evaluate, organise and maintain information systems.
- Form part of and work with groups and teams.
- Identify, analyse and choose the most suitable option to respond efficiently and effectively to problems in the professional context.
- Identify, analyse and solve ethical problems in complex situations.
- Offer technical and professional health care and that this adequate for the health needs of the person being attended, in accordance with the current state of scientific knowledge at any time and levels of quality and safety established under the applicable legal and deontological rules.
- Plan and carry out nursing care aimed at people, families and groups orientated to health results and evaluate the impact of them using clinical and care practice guides describing the processes for the diagnosis, treatment or cure of a health problem.

Learning Outcomes

1. Acquire and use the necessary instruments for developing a critical and reflective attitude.
2. Analyse and synthesise complex phenomena.
3. Apply an educational strategy based on people, following the objectives set out in the health plan.
4. Apply different educational strategies aimed at the patient and their carer.
5. Cite the evaluation indicators used for evaluating the results of the strategies employed.
6. Determine the preventative recommendation to maintain good health and justify them through the evidence demonstrated.
7. Develop independent learning strategies.
8. Draw up a health education plan for a family or group.
9. Explain scientific knowledge about the health-illness continuum to offer professional care according to the needs of people with mental health problems.
10. Express in a fluent, coherent and appropriate manner the established rules, both orally and in writing.
11. Find, evaluate, organise and maintain information systems.
12. Form part of and work with groups and teams.
13. Identify, analyse and solve ethical problems in complex situations.
14. Identify, analyze and make the right choice paragraphs to address problems professionally, efficiently and effectively.
15. Justify actions aimed at people with mental health problems according to scientific evidence.
16. Plan nursing care aimed at individual sor groups with mental health problems.

Content

Contents

To carry out and apply the nursing care process as a scientific methodology for solving problems, within the framework of a nursing conceptual model and/or NANDA nursing diagnostic and functional patterns, with the aim of developing the role of collaboration and the autonomous nursing role in people with mental health problems.

The student to carry out the nursing care process, will apply the knowledge and skills acquire in the nursing course, especially those directly related to mental health, which are: Interventions in Mental Health; Drug Addiction; Psychosocial Sciences; Scientific Methodology and Biostatistics; Communication and ICT; Nutrition; Therapeutic Communication; Methodological Bases of Nursing; Pharmacology; Health Education and Nursing Care in Mental Health.

Methodology

Clinical practices allow the student to demonstrate their competence in the professional field: knowledge, skills, attitudes and values.

In this Practicum particularly, allows demonstrating competence in the field of mental health.

The practices will carry out in hospitalization services, emergencies, mental health consultations and drug addictions centre.

Case discussions provide to the student a space for analysis and reflection on their professional practice.

The student will carry out a nursing care process.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
CASE DISCUSSION: CLINICAL SESSIONS	9	0.36	7, 10, 14, 13, 15
Type: Supervised			
Clinical Practice	276	11.04	2, 12, 9, 14, 13, 15, 16

Assessment

Evaluation criteria

The final score corresponds to the sum of the clinical practices (PCL) the discussion of cases and the NCP (Nursing Care Process).

Final score:

- 80% corresponds to clinical practices
- 10% corresponds to the Case discussion: clinical sessions

- 10% corresponds to the NCP

To pass the course the student must approved clinical practices with a minimum score of 5.

Clinical Practices (PRCUM):

Continuous and formative evaluation throughout the period. Approximately at the half of the period, the responsible tutor, together with the mentor, will summarize the information obtained so far and discuss it with the student. In this evaluation, of a formative nature, the level of achievement of the proposed objectives, the strong points will be highlighted and the weak points to be improved with recommendations.

Final evaluation. At the end of the clinical practice period, the mentor and the tutor will make a written evaluation of the student in the evaluation document and give feedback to the student.

Attendance is mandatory in all scheduled hours and in the shift and assigned time. Those justified absences of assistance must be done within the period of programmed clinical practices with the authorization of the responsible tutor.

Case discussion: clinical sessions:

Continuous and formative evaluation throughout the sessions. Participation and discussion of aspects related to clinical practice will be evaluated. The rationale and evidence supporting the contributions, the bibliography used and the fluid, coherent and adequate expression, either orally or in writing, will be assessed. The capacity for group work and respect for the plurality of ideas, people and situations will also be taken into account.

Presentation of the nursing care process to a person attended.

Final evaluation. The last day of practices the student will deliver in paper and electronic format the NCP. Attendance at the case discussion sessions is mandatory. The student who does not attend more than one session will be considered not evaluated.

The realization of the NCP is mandatory. The non-presentation will influence the evaluation.

It is mandatory to do the entire period of clinical practice scheduled in the calendar, regardless of the schedule in which the practices are done.

It is considered a justified fault those who give in the following situations:

- Deaths of relatives of first and second degree of consanguinity
- Scheduled medical visit
- Acute diseases
- Driving license exam
- Official university exams
- Official language tests

In all cases, the corresponding receipt is required and the hours are recovered.

For each non-justified fault, 0.5 points will be subtracted from the final grade (from 0 to 10).

Students who have completed all practices and have not passed the subject through continuous assessment may be submitted to a final synthesis test.

The student who has not completed any of the three modules foreseen in the evaluation will be considered not evaluated.

Obtaining the final grade:

Suspended: <5

Approved: <7

Remarkable: <9

Excellent: = > 9

IMPLEMENTATION OF THE LAW OF LAW TO THE PATIENT INTIMITY (BOE-A-2017-1200) BY NURSING STAFF.

The addresses of the hospitals, primary care and healthcare centers in which the students do clinical practices will send us the instructions to confirm the confidentiality document and, if applicable, the identification card.

Students will have to follow the rules that will be uploaded to the virtual campus of the subjects.

Failure to comply with this regulation will mean that you will not be able to carry out the practices and therefore the suspension of the same.

Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Case discussion: clinical sessions	10	2	0.08	4, 5, 9
Clinical Practice evaluation at settings	80%	9.35	0.37	2, 4, 3, 5, 12, 7, 8, 9, 14, 13, 15, 16
Nursing care process	10%	3.65	0.15	1, 3, 11, 7, 6, 10, 15, 16

Bibliography

Bibliography

According with the methodology used throughout the previous courses - Problem Based Learning (ABP) and seminars and taking into account that one of the general competences that the student is expected to acquire is to develop strategies for autonomous learning, it is not specified the bibliography. The student has to become competent in the search and management of the information.

Software

No special program is needed