

Personality and Individual Differences

Code: 102578
ECTS Credits: 6

Degree	Type	Year	Semester
2502443 Psychology	FB	1	1

Contact

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Teaching groups languages

You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject. Please note that this information is provisional until 30 November 2023.

Teachers

Muriel Vicent Gil

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Manuel Casado Gómez

Jacqueline Grace Nonweiler

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Prerequisites

There are no prerequisites specifically established for this course, but it is highly recommended to take it simultaneously with the rest of courses that make up the first semester of the first year, especially History of Psychology and Fundamentals of Psychobiology I.

Objectives and Contextualisation

At the end of this course, the student must have achieved the following objectives:

GENERAL OBJECTIVES:

- 1) Know the different perspectives that co-exist within the psychology of personality.
- 2) Identify the complementary and differential aspects of the different perspectives of the psychology of personality.

SPECIFIC OBJECTIVES:

- 1) Distinguish between the different perspectives of personality.
- 2) Relate the different authors with their corresponding theories.

- 3) Associate theory, evaluation and treatment for each perspective.
- 4) Understand the historical development of perspectives.
- 5) Assess the quality of the different perspectives.

Competences

- Analyse scientific texts written in English.
- Distinguish and relate the different focuses and theoretical traditions that have contributed to the historical development of psychology as well as its influence on the production of knowledge and professional practice.
- Evaluate, contrast and take decision on the choice of adequate methods and instruments for each situation and evaluation context.
- Make changes to methods and processes in the area of knowledge in order to provide innovative responses to society's needs and demands.
- Recognise the diversity of human behaviour and the nature of differences in it in terms of normality abnormality and pathology.
- Students must be capable of collecting and interpreting relevant data (usually within their area of study) in order to make statements that reflect social, scientific or ethical relevant issues.

Learning Outcomes

1. Analyse a situation and identify its points for improvement.
2. Analyse scientific texts written in English.
3. Classify the main theoretical models that explain individual differences and personality.
4. Evaluate different personality types.
5. Identify and relate the personality traits of individuals.
6. Identify assessment instruments in personality psychology.
7. Identify situations in which a change or improvement is needed.
8. Students must be capable of collecting and interpreting relevant data (usually within their area of study) in order to make statements that reflect social, scientific or ethical relevant issues.

Content

Definition, field of study and methods of investigation in the study of personality.

- 1) Introduction to the study of personality.
 - 2) Introduction to methods for the study of personality.
 - 3) Introduction to the assessment of personality.
- Theories and models in the psychology of personality.
- 4) Introduction to the main perspectives in the psychology of personality.
 - 5) Dispositional perspective. Lexical approach.
 - 6) Dispositional perspective. Theoretical approach.
 - 7) Biological perspective.
 - 8) Applied fields of the psychology of personality and individual differences.

Methodology

TEACHING METHODOLOGY:

Lectures

Description and application of personality assessment tests

Discussion and tutorials

FORMATIVE ACTIVITIES:

Analysis of personality assessment tools and techniques
 Application of personality assessment techniques
 Case studies
 Group discussions
 Scientific readings

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Lectures	27	1.08	3
Practical sessions	6	0.24	2, 4, 3, 5
Seminars (small groups)	18	0.72	4, 6, 5
Type: Supervised			
Tutorials	7.5	0.3	
Type: Autonomous			
Article readings	6.5	0.26	2
Autonomous study	82	3.28	

Assessment

Continuous assessment (CA) will consist of the following:

Evidence 1: Written test BLOCK A

Evidence 2: Written test BLOCK B + competence T01: reading and comprehension of a scientific article in English

Evidence 3: Seminars report

Evidence 4: Peer-review, in-class activity

Resit: Evidence 1 and/or Evidence 2

- The course will be considered passed when the weighted average of the continuous assessment (EV1+EV2+EV3+EV4) is 5.00 or higher
 - Students that have handed in at least one learning evidence with a weight equal to 4 points (40%) will be eligible for assessment. This means having handed in the EV1 or the EV2
 - Students that have not handed any of the two main evidences (nor EV1 neither EV2) will be considered non-eligible for assessment.
 - Resit: Students will be eligible for resit if they have handed in evidence with a weighting equal to or above 2/3 of the total grade (that is, having handed in both EV1 and EV2) and have obtained a grade below 5.00 but equal to or above 3.50.
 - o EV1, EV2: Reassessment of the block or blocks failed.
 - o EV3, EV4: Non-reassessable
- The grade of the reassessed evidence/s(resit) will replace the grade originally obtained and the weighted average will be recalculated the same way as that for the continuous assessment.

Those students having obtained the highest weighted average grades of the continuous assessment (EV1+EV2+EV3+EV4), with a minimum of 9.00, will receive honorary enrollment. If the number of honorary enrollment awarded under this criterion does not exceed the maximum, those students having obtained a grade between 8.00 and 8.99 who wish will be offered the possibility to opt for honor enrollment by doing a brief oral exam.

Single Assessment (SA) will consist of the following:

Evidence 1: Written test BLOCK A (40%)

Evidence 2: Written test BLOCK B + competence T01: reading and comprehension of a scientific article in English (40%)

Evidence 3: Seminars report (15%)

Evidence 4: Peer-review (5%)

Duration: 5 hours. To be done during the second assessment period.

Resit: Same as for CA.

<https://www.uab.cat/web/estudiar/graus/graus/avaluacions-1345722525858.html>

Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
EVIDENCE 1: Written test about the contents of Block A, written, individual, in-class first assessment period	40%	1.5	0.06	4, 3, 6, 5
EVIDENCE 2: Written test about the contents of Block B + competence T01 (reading and comprehension of a scientific article in English), written, individual, in-class second assessment period	40%	1.5	0.06	2, 4, 3, 6, 5
EVIDENCE 3: Seminars report, written, collective, To be handed in-class December	15%	0	0	4, 6, 5, 8
EVIDENCE 4: Peer-review, written, collective, in-class during last practical session	5%	0	0	1, 4, 6, 5, 7

Bibliography

Manual of reference:

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Other manuals:

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Zuckerman, M. (2005). *Psychobiology of personality*. Cambridge: Cambridge University Press.

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Ávila, M.D. y Sánchez-Bernardos, M.L. (1995). *Personalidad: Aspectos cognitivos y sociales*. Madrid: Pirámide.

Bermúdez, J., Pérez-García, A. y Sanjuán, P. (2003). *Psicología de la personalidad: teoría e investigación*. Madrid: UNED.

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Software

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