

**Nursing Care in Child Primary Health Care**

Code: 106131  
ECTS Credits: 3

Degree	Type	Year	Semester
2500891 Nursing	OT	4	1

## Contact

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## Teaching groups languages

You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject. Please note that this information is provisional until 30 November 2023.

## Prerequisites

There are no established prerequisites, but it is recommended to have passed the subject "Nursing in Children, Adolescence and Women".

## Objectives and Contextualisation

The general objectives are:

- The study of the child from the moment of birth until adolescence. Emphasizing the development of children and adolescents in health situations.
- Apply the main nursing tools that contribute to the improvement of nursing practice in Primary Health Care and School Care.

Specifically, the following objectives will be worked on:

- Plan the care process for the people cared for, following one of the models of human needs, applying the stages of the care process.
- Describe the different health education models most used in the health field, identifying the goal or goals you want to achieve according to the model used.
- Select the most suitable care plans that allow intervention on the stress of the Child and the family in the face of the disease. Interventions and activities must be based on evidence because they are considered the most appropriate.
- Analyze the interventions proposed in the care plan, justifying their relevance to the selected care model.

## Competences

- "Demonstrate an understanding of people without prejudice: consider physical, psychological and social aspects, as independent individuals; ensure that their opinions, values and beliefs are respected and guarantee their right to privacy, through trust and professional secrecy."
- Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- Demonstrate knowledge of the ethical and deontological code of Spanish nursing and what is understood by ethical health implications in a changing world context.
- Design systems for curing aimed at people, families or groups and evaluate their impact, making any necessary changes.
- Establish efficient communication with patients, family members, social groups and friends, and promote education for health.
- Make changes to methods and processes in the area of knowledge in order to provide innovative responses to society's needs and demands.
- Offer technical and professional health care and that this adequate for the health needs of the person being attended, in accordance with the current state of scientific knowledge at any time and levels of quality and safety established under the applicable legal and deontological rules.
- Promote and respect the right to participation, information, autonomy and informed consent in decision-making by the patient, in accordance with the way they are experiencing the health-illness process.
- Promote healthy life styles, self-treatment, giving support to the maintenance of preventative and therapeutic conducts.
- Protect the health and welfare of people or groups attended guaranteeing their safety.
- Take sex- or gender-based inequalities into consideration when operating within one's own area of knowledge.

## Learning Outcomes

1. Analyse situations of nursing care relating to ethical approaches.
2. Apply knowledge of physiopathology and factors affecting health in nursing care.
3. Communicate using non-sexist and non-discriminatory language.
4. Describe specific nursing care that favours the adaptation of new-borns and the prevention of complications.
5. Describe the most common health changes in children and adolescents, their manifestations (changing needs) and the nursing care to be employed for these health problems.
6. Identify elements that could place at risk the health of people in relation to the use and management of medicaments.
7. Identify nursing care actions that respect the principles of ethical responsibility, fundamental rights and responsibilities, diversity and democratic values.
8. Identify the characteristics of professional humanistic practice.
9. Identify the characteristics of the care relationship which allow for person-centred care.
10. Identify the skills and strategies that are effective in interventions aimed at the promotion of health and prevention of illness taking into account the resources, values and beliefs of the people, families and groups.
11. Propose measures to ensure respect for opinions, beliefs and values without passing value judgements.
12. Propose new methods or alternative solutions that have a firm basis, and are innovative and creative.
13. Recognise situations of risk to life.
14. Reflect on the right to information and participation ensuring autonomy of decision-making and the confidentiality of information.

## Content

### INTRODUCTION

This subject aims to introduce the student to taking care of children in Primary Health Care (APS). Broadly speaking, the health situation of the population of Catalonia is characterized by a life expectancy that is among the highest in the world. Habits and lifestyles have improved in relation to the smoking habit, the use of safety elements in cars and motorbikes and the performance of preventive activity (control of blood pressure, measurement of the cholesterol level, performance of mammograms and cytology or flu vaccination). There are, however, important areas for improvement, especially those in which we have not made progress, such as physical activity, healthy eating or maintaining a suitable weight. In the case of young people, the importance of smoking and excessive consumption of alcohol and drugs, unsafe sexual habits and gender-based violence, as well as eating disorders, is of concern.

At present, a child is understood as "every human being under the age of 18, unless, by virtue of the laws applicable to him, he reaches the age of majority before" (Art. 1 of the Convention of Children's Rights UNICEF 1996). The Convention on the Rights of the Child states: "All children shall be free from discrimination. To develop physically and mentally in freedom and dignity. To have a name and a nationality. To have nutrition, housing, recreation and appropriate health services Receive special treatment, if you have a disability Receive love, understanding and material security Receive education to develop your capabilities Be the first to receive protection in the event of disasters Be protected from neglect, cruelty and exploitation. To be educated in the spirit of friendship between peoples." (United Nations General Assembly 1989).

In our environment, nursing care for children is based on: A widespread dissemination of the concept of health. A permanent influence of socio-economic conditions on the situation of children and adolescents. A very important development in health care from the technological and organizational side.

The need to instruct nurses in a special way to take care of children is parallel to the development of pediatric consultations in primary health care. Pediatric nursing is defined as "the provision of care or care for children and adolescents to promote the balance of basic needs in relation to health, illness and death".

On the other hand, research in pediatric nursing is framed within this field of study. Nursing research is that which increases knowledge within the scope of the object of nursing, such as studies of the level of modification of the basic needs of a child with health problems depending on the degree of development

## CONTENTS

- General aspects of child, adolescent and family nursing care.
- Consultation of the healthy child. Protocol for preventive activities and health promotion at the pediatric age.
- Immunizations in children and adolescents.
- BPSO. Guide to Good Practices in Nursing for Breastfeeding.
- Pediatric nursing care for children in situations of chronic illness.

## ABILITIES

- Children's emergencies and emergencies in Primary Health Care.
- Immunizations

## Methodology

The methodology used will be:

- Expository classes with the purpose of explaining the most current evidence, clarifying doubts and relating concepts where students have greater difficulty.
- Group presentations: realization and presentation of a pediatric nursing clinical situation in the field of childhood, adolescence in care situations in primary health care.
- Practices of advanced clinical skills and clinical simulation of cases: in order to carry out certain procedures and the application of different protocols, and clinical guidelines to attend to children in pediatric nursing consultations in Primary Health Care.

- Individualized tutoring: specific tutoring can be specified by contacting the teacher beforehand by e-mail via Moodle.

Note: 15 minutes of a class will be set aside, within the calendar established by the center/degree, for students to fill in the teacher performance and subject evaluation surveys /module.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

## Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
PRACTICES OF ADVANCED CLINICAL SKILLS	6	0.24	2, 3, 9, 11, 13, 14
THEORI	20	0.8	1, 2, 3, 5, 4, 6, 7, 8, 9, 10, 11, 12, 13, 14
Type: Supervised			
PUBLIC EXHIBITION OF CLINICAL CASES	5	0.2	1, 2, 3, 5, 4, 7, 9, 10
Type: Autonomous			
ELABORATION OF WORK / PERSONAL STUDY / READING OF ARTICLES	44	1.76	1, 2, 3, 5, 4, 6, 7, 8, 9, 10, 11, 12, 13, 14

## Assessment

This subject does not provide for the single assessment system

The assessment system is organized into several assessment activities distributed throughout the course:

1. Realization and presentation of a pediatric nursing clinical situation (represents 20% of the final grade), in the field of childhood and adolescence in situations of altered normality. This activity is group. The evaluation process will be through 2 formative evaluation rubrics: a written presentation rubric and an oral presentation rubric.
2. Written test that represents 50% of the final grade of the subject. This test assesses the ability to apply knowledge in the care of healthy children, as well as to organize and integrate ideas and information.
3. Advanced clinical skills practices (PHCAs). The previous preparation, attendance, attitude and participation of the students will be assessed, as well as the preparation of supporting notes. It will be evaluated using a formative evaluation rubric. They represent 15% of the final grade of the subject.
4. Completion of a written work related to pediatric nursing practice in primary care carried out under an intersectionality analysis and from a gender perspective. It represents 15% of the final grade of the subject.

### OBTAINING THE FINAL QUALIFICATION:

The requirement for obtaining the final grade through continuous assessment is to have attended all the assessed parts and to have passed them with a grade of 5 or higher.

The student who has not completed all of the advanced clinical skills practices (PHCAs) will be considered non-evaluable through continuous assessment.

In order to participate in the recovery process, the student must have previously been assessed in a set of activities whose weight is equivalent to a minimum of 55% of the subject's total grade. To participate in the recovery process, the student must have obtained a minimum grade of 3.5 in the average of the subject. PHCAs, due to their eminently practical nature, are not recoverable.

The final grade of the subject will be the weighted average of the different parts that make it up.

According to agreement 4.4 of the Governing Council 17/11/2010 of the evaluation regulations, the grades will be:

From 0 to 4.9 = Suspension

From 5.0 to 6.9 = Passed

From 7.0 to 8.9 = Remarkable

From 9.0 to 10 = Excellent

From 9.0 to 10 Honors Matriculation (will be awarded to those students who have obtained the best total grades greater than or equal to 9, within the quota of 5% of students enrolled in the subject).

The student has the right to review the evaluations. For this purpose, the date will be determined on the virtual campus.

The assessment of special and particular situations will be assessed by an assessment committee set up for that purpose.

## Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
EXAME	50%	0	0	1, 2, 5, 4, 6, 8, 9, 10
PRACTICES OF ADVANCED CLINICAL SKILLS	15%	0	0	3, 6, 9, 10, 11, 13, 14
WRITTEN WORKS	35%	0	0	1, 2, 3, 5, 4, 7, 8, 9, 10, 11, 12

## Bibliography

In line with the methodology used, independent resolution of clinical cases based on theory and, given that one of the general skills that the student is expected to acquire is that of developing strategies for independent learning, no bibliography is specified. The student must become competent in the search and management of information.

## Software

Bibliographic Manager: Mendeley