

# Universitat Autònoma de Barcelona

2023/2024

Policies for Equality between Men and Women in Europe: Work, Health, and Everyday Life

Code: 42715 ECTS Credits: 6

Degree	Туре	Year	Semester
4313228 Social Policy, Employment and Welfare	ОТ	0	2

#### Contact

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## Teaching groups languages

You can check it through this <u>link</u>. To consult the language you will need to enter the CODE of the subject. Please note that this information is provisional until 30 November 2023.

### **Teachers**

Clara Llorens Serrano Sara Moreno Colom Mireia Bolibar Planas

## **Prerequisites**

There are not.

## **Objectives and Contextualisation**

The general objective is to address the issue of gender equality from a health perspective, from a set of policies that impact on the intersection of work and people's daily lives, as well as providing useful conceputal tools for its critical analysis and for the elaboration of proposals for action, from a European perspective.

## Competences

- Design, implement and evaluate social and labour policies affecting the relationship between work, employment and welfare.
- Design, implement and evaluate social policies and processes for resource redistribution and improvement of citizens' welfare, in different contexts and from a European perspective.

- To apply the gender approach in the analysis of the relationship among labour market, cares and social inequality.
- Use and manage bibliography and IT resources in the field of study.

## **Learning Outcomes**

- 1. Design actions within policies on equality between men and women, at the local level and focusing on daily life.
- 2. Evaluate policies in support of everyday living from a gender approach.
- 3. Evaluate policies towards workplace equality between men and women from a gender approach.
- 4. Evaluate the policies pursued in this area.
- 5. Identify policies on health and the means used to implement these.
- 6. Identify the interplay between the contexts of work and daily living, paying special attention to the impacts of employment policies on health, from a gender perspective.
- 7. Identify the main current lines of research on the relationship between work, employment and welfare in daily life, in advanced societies.
- 8. Interpret the general principles that guide workplace health policies, and existing prevention models.
- 9. Suggest lines of intervention on factors affecting health inequalities and their links to gender inequalities, in the field of employment.
- 10. Suggest new lines of research on work and daily welfare issues.
- 11. Use and manage bibliography and IT resources in the field of study.

### Content

- 1. Equality policies between women and men in Europe: work, health and everyday life
- 2. Resistances and challenges of gender mainstreaming at work
- 3. Social production of health: social and political determinants
- 4. Inequalities in health: characteristics, causes and approaches
- 5. Labor, work and health conditions
- 6. Occupational health, risk factors and prevention
- 7. Organization of work, health and psychosocial risks
- 8. Inequalities in exposure to psychosocial risks and preventive measures
- 9. Labor management practices relating to the working day, working and living conditions: work and life conflict

### Methodology

The sessions will combine:

- a) Teaching presentations of a theoretical nature.
- b) Seminars to discuss papers, practical cases and intervention proposals.
- c) Preparation of an individual work, which will previously be discussed in groups in the classroom.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

#### **Activities**

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Master class	22	0.88	5, 7, 6, 8
Type: Supervised			
Workshop	10	0.4	3, 2, 4, 1
Type: Autonomous			
Individual paper	48	1.92	3, 2, 4, 11

#### Assessment

The evaluation is based on:

- Active participation in three seminars discussing readings, practical cases and intervention proposals. The dynamic of the seminars involves group work which represents 40% of the final mark. The evaluation will be based on the active participation of the group in the sessions and the delivery of a short joint reflection as an answer to the debate question.
- Individual essay on the state of the art in relation to one of the topics proposed in the module as a whole (60%).
- In addition, 80% attendance at face-to-face sessions must be guaranteed.

### Unique assessment

In accordance with the Academic Regulations of the UAB, the possibility of the single evaluation is foreseen, which must be notified within the deadlines established for the Faculty. Specifically, the single assessment will consist of an examn, an individual essay and a specific practical work on the seminar subject. All of these activities will be carried out and delivered on the same date following the assessment calendar established by the Faculty.

### **Assessment Activities**

Title	Weighting	Hours	ECTS	Learning Outcomes
Individual paper	60	30	1.2	3, 2, 4, 1, 5, 7, 10, 11
Participation in workshops	40	40	1.6	3, 2, 4, 1, 6, 8, 9, 11

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## **Software**