

**Masters Dissertation**

Code: 43426  
ECTS Credits: 12

Degree	Type	Year	Semester
4314949 General Health Psychology	OB	2	A

## Contact

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## Teaching groups languages

You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject. Please note that this information is provisional until 30 November 2023.

## Teachers

Albert Fornieles Deu

Albert Feliu Soler

## Prerequisites

There are no prerequisites. We recommend starting the Master's Dissertation (MD) during the second semester in order to have enough time to develop it properly.

## Objectives and Contextualisation

The MD allows the student to address a real problem from the field of Health Psychology, either by joining a research team, or by identifying, with the help of the tutor(s), a need, problem or lack of knowledge. The MD requires the student to apply the knowledge and skills acquired during the Master's Degree to solve real problems.

## Competences

- Acquire, develop and put into practice a concept of integral health, including all its biopsychosocial components, in line with WHO guidelines.
- Apply the principles of bioethics and the deliberation method to professional practice, in line with Law 44/2003, of 21 November, on organisation of the healthcare professions.
- Communicate and justify conclusions clearly and unambiguously to both specialised and non-specialised audiences.

- Communicate with other professionals and show mastery of skills needed in working in multidisciplinary teams.
- Continue the learning process, to a large extent autonomously
- Critically analyse and use clinical information sources.
- Formulate working hypotheses in research and critically assess information for problem-solving, using the scientific method.
- Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
- Know healthcare personnel's duties and responsibilities regarding confidentiality and protection of patients' personal information.
- Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
- Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.

## Learning Outcomes

1. Carry out a multidimensional-multilevel analysis of health-illness processes.
2. Communicate and justify conclusions clearly and unambiguously to both specialised and non-specialised audiences.
3. Continue the learning process, to a large extent autonomously
4. Design and give presentations in public.
5. Formulate research questions, objectives and hypotheses appropriately to solve problems in the context of the master's dissertation.
6. Gather and analyse information consistently with the research objectives and hypotheses, and interpret the results obtained appropriately, acknowledging the impact on individuals and communities in the context of the master's dissertation.
7. Identify the most suitable research methods and designs for responding to a hypothesis in the context of the master's dissertation.
8. Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
9. Integrate perspectives and approaches in health-illness processes.
10. Justify the sources of clinical information used (evaluation tests, clinical guidelines, informants, programmes of treatment, etc.) for the master's dissertation.
11. Know and apply quality criteria to the selected documentary sources and clinical material.
12. Plan and carry out a systematic documentary search that unearths scientific evidence.
13. Recognise and describe the factors determining health from a biopsychosocial perspective.
14. Respect the confidentiality of the data used or obtained.
15. Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
16. Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.
17. Use documentary and bibliographic databases to obtain information relevant to the objective of the master's dissertation and to professional practice.
18. Write the master's dissertation in accordance with regulations on ethical professional practice and research in the field.

## Content

The TFM can be carried out through 3 formats according to the needs, interests and possibilities of each student and their tutor(s). The work modality must be freely chosen by the student and/or his/her tutor/s in order to be able to carry out a good TFM, always guaranteeing that the TFM is feasible in the time stipulated for its duration and that it can be presented for evaluation and defended at the end of the MUPGS (end of the third semester).

Modality A

The first modality of work is the systematic review. The systematic review makes it possible to synthesize and report on the current state of research on a subject, using systematic and explicit procedures for the identification, selection and critical appraisal of relevant research. In addition, systematic reviews make it possible to identify relationships, contradictions, absences and inconsistencies in the scientific literature, as well as to suggest new works to solve the problems raised. The bases to follow for the development of a work of this type can be consulted at the PRISMA Institution ([www.prisma-statement.org](http://www.prisma-statement.org)).

#### Modality B

The TFM can also be an empirical study that addresses a relevant research question and that will take the form of a conventional scientific article. This format helps the student to become familiar with the research processes (design, field work, statistical analysis, writing) and can lead to a presentation at a conference or a publication if the final result is of sufficient quality. It is recommended to have a methodological tutor or co-tutor and edit the work according to the APA style ([www.apastyle.org](http://www.apastyle.org)).

#### Modality C

Finally, it can be a product work, which would include all those works whose objective is to develop a new instrument or method of evaluation, a new modality or intervention system, the improvement of a process, new therapeutic materials, a program, a tutorial, or any other tangible consequence with direct utility for health psychology, whether in relation to patients or users, health workers or agents, or to other elements of the health system likely to benefit from psychological knowledge.

## Methodology

The TFM includes four characteristics that distinguish it from the other subjects:

- 1) You have an eminently autonomous character, that is, the student has to assume the best part of the 300 hours that they embrace their TFM (279 hours of autonomous work).
- 2) The teaching of the TFM is not directed and is based on the tutorial action. The student does not attend the class, but is assisted by his / her tutor / if they contact the rest of the students through the virtual classroom.
- 3) By the way, the student is expected to deploy, develop and integrate a large number of previously developed competencies (during the degree, the rest of the MUPGS modules and contact with the tutors). The TFM must be the proof that the student can integrate the one that has after and pose-ho when serving to address a complex reality, solve problems, and show that she can continue with her self-taught training.
- 4) It implies a large number of agents, since each TFM will be supervised by one or two tutors (from the campus and/or from the internship health centers) and will also be evaluated by an independent court.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

## Activities

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Assessment and coordination	1	0.04	8, 3, 16
Type: Supervised			

Follow-up sessions with the academic tutor	20	0.8	8, 3, 16
Type: Autonomous			
Developing MD work	276.5	11.06	8, 3, 16

## Assessment

To pass the MD, the student must achieve 5 or more points adding scores obtained in Evidences 1, 2a and 2b, and a minimum score of 3.5 on Evidence 1 (see Table 1 for a time schedule).

Moment avaluatiu	Data	Evidència d'aprenent.	Títol	Pes	Agent	S'avaluen competències vinculades a
1	2a quinzena Gen 2024	1	Informe	55%	Tutor/a	Manuscrit complert i capacitat d'adaptar-lo per a difusió
2	1a quinzena febrer 2024	2a	Defensa	35%	Avaluador/a	Presentació oral
3	1a quinzena febrer 2024	2b	Nota de premsa	10%	Avaluador/a	Difusió

Link to the evaluation rules of the Faculty (  
<https://www.uab.cat/web/estudiar/graus/graus/avaluacions-1345722525858.html>)

This subject does not provide for the single assessment system.

## Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Oral communication	35	0.5	0.02	4, 15, 2, 3, 14
Press Report	10	0.5	0.02	4, 8, 2, 14
Writing report	55	1.5	0.06	11, 7, 1, 5, 9, 10, 12, 8, 15, 3, 6, 13, 18, 14, 16, 17

## Bibliography

[www.prisma-statement.org](http://www.prisma-statement.org)

<http://www.apastyle.org>

[www.coneixement.accio.gencat.cat/eines](http://www.coneixement.accio.gencat.cat/eines)

## **Software**

In this subject no specific software is served