



# **Vulnerable Groups in Adulthood and Old Age**

Code: 44461 ECTS Credits: 9

Degree	Туре	Year	Semester
4317584 Nursing Innovation Applied to Vulnerability and Health	ОВ	0	A

### Contact

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## **Teaching groups languages**

You can check it through this <u>link</u>. To consult the language you will need to enter the CODE of the subject. Please note that this information is provisional until 30 November 2023.

#### **Teachers**

Lidia Gimenez Llort

Andrea Moreu Valls

Francisco Collazos Sanchez

Carolina Watson Badia

David Gimenez Diez

Luis Lopez Perez

Juan Manuel Leyva Moral

Caterina Checa Jiménez

Nathalia Francis Rodriguez Zunino

David Téllez Velasco

Rebeca Gomez Ibañez

# **Prerequisites**

Not required

## **Objectives and Contextualisation**

In this module the students will acquire the competencies for the detection and management of the vulnerable situations in younger and older adults from the nursing perspective.

### Competences

- Develop critical reasoning and social commitment to the diverse facets of today's society, based on respect for fundamental rights, equality between women and men and non-discrimination.
- Develop scientific knowledge, critical reasoning and creativity
- Integrate practice informed by evidence in the area of vulnerability and care.
- Involve bioethics in diagnosis and intervention in situations that place the population at risk of vulnerability.
- Knowledge and understanding that provide a basis or opportunity for originality in developing and / or applying ideas, often in a research context.
- That students have the learning skills that enable them to continue studying in a way that will be largely self-directed or autonomous.

### **Learning Outcomes**

- 1. Analyse the prejudices and discrimination experienced by vulnerable populations in the short and long term.
- 2. Demonstrate the ability to acquire scientific knowledge autonomously.
- 3. Design an innovative research proposal relevant to the subject of the master's degree.
- 4. Develop critical reasoning and social commitment to the diverse facets of today's society, based on respect for fundamental rights, equality between women and men and non-discrimination.
- 5. Develop scientific knowledge, critical reasoning and creativity
- 6. The student demonstrates the ability to manage adults in vulnerable situations according to the needs of the individual.

### Content

Person and family-centered care

Value-Based HealthCare

Functional alterations and functional diversity

Elderly nursing care

Prefragility and fragility

Geriatric Assessment

Geriatric syndromes

Advanced models of care for chronicity and dependency

End of life

Unwanted loneliness

Ageism, myths and taboos in older adult

Cognitive impairment in older people

Neurodegenerative pathologies

Dementia and pain

Diversity-focused nursing care

Minority groups The gypsy community Immigration Poverty Homeless Sexual and gender Diversity Sexually transmitted diseases (STDs) Nursing care in situations of violence Gender violence Obstetric violence Sex work Mental health and mental illness Nurses as a vulnerable group Emotional intelligence in nurses Serious mental disorder concept Nursing care in mental health in people with mental disorders New professional strategies in the mental health network Intellectual disability concept Nursing care in mental health in people with intellectual disabilities

### Methodology

Functional alterations and functional diversity

During the second semester, a total of 45 hours of face-to-face teaching will be given in a master class format and seminars given by the nursing department, the psychiatry department and legal medicine and other experts in the field. The seminars will be on problem solving / cases / exercises.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

#### **Activities**

Title Hours ECTS Learning Outcomes

Type: Directed

Face-to-face problem solving/cases/exercises seminars	13	0.52	1, 5, 4, 6
Theorical lessons	32	1.28	1, 2, 5, 4, 3, 6
Type: Supervised			
Report elaboration	20	0.8	2, 5, 4, 3
Type: Autonomous			
Personal study	82	3.28	2, 5

#### **Assessment**

The evaluation system is organized into 3 sections, each of which will be assigned a specific weight in the final grade:

Virtual discussion forums (10%) Participation and quality of contributions in virtual discussion forums will be evaluated.

Attendance and active participation in class (10%) Attendance and participation in face-to-face classes will be evaluated. Attendance at face-to-face sessions is mandatory, students must attend a minimum of 80%. Otherwise, the evaluation of the module will correspond to a NP.

Coursework submition (75%) 5 written reports must be delivered, the average mark of the reports will account for 75% of the final grade. Failure to submit a report means a grade of 0 for that report. Submition after the deadline will not be accepted.

The final grade corresponds to the sum of the previous sections. A minimum of 5 is required in the average of the 4 assessment activities to pass the module.

In the event that the module is not passed, the student will have to enroll again in the module at the next edition of the master's degree. In this case, no marks of the evaluative tests will be saved.

Single evaluation is not permitted.

#### **Assessment Activities**

Title	Weighting	Hours	ECTS	Learning Outcomes
Attendance and active participation in face-to-face and/or virtual lessons	10	36	1.44	1, 2, 5, 4, 6
Coursework submition	75	40	1.6	2, 5, 4, 3
Virtual discussion forums	15	2	0.08	5, 4

## **Bibliography**

Clegg A, Young Y, Lliff S, Olde-Rikkert M, Rockwood K. Frailty in elderly people. Lancet. 2013 Mar 2; 381(9868):752-62.

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Ruiz J, Dent E, Morley J, Merchant R, Beilby J, Beard J, Tripathy C, Sorin M, Andrieu S, Aprahamian I, Arai H, Aubertin-Leheudre M, Bauer, J, Cesari M, Chen LK, Cruz-Jentoft A, Barreto P, Dong B, Ferrucci L, Vellas B. 2020. Screening for andManagingthePersonwithFrailty in PrimaryCare: ICFSR ConsensusGuidelines. TheJournal of Nutrition Health andAging. 24. 920-927.

Vallejo Ruiloba J. Introducción a la psicopatología y la psiquiatría. 8a ed. Barcelona: Elsevier; 2015.

Vieta i Pascual E, Ayuso Mateos JL, Arango López C. Manual diagnóstico y estadístico de los trastornosmentales : DSM-5. 5a ed. Madrid, [etc.] : Médica Panamericana; 2014.

## **Software**

No required