

# 2023/2024

#### Master's Degree Dissertation I

Code: 44724 ECTS Credits: 3

Degree	Туре	Year	Semester
4314949 General Health Psychology	OB	1	2

# Contact

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### **Teaching groups languages**

You can check it through this <u>link</u>. To consult the language you will need to enter the CODE of the subject. Please note that this information is provisional until 30 November 2023.

### Teachers

Albert Fornieles Deu Albert Feliu Soler

# Prerequisites

There are no prerequisites.

#### **Objectives and Contextualisation**

The philosophy of the Master Dissertation (MD) is to confront the student with a real research problem related to general health psychology, either by joining a research team to contribute to an already started line, or by identifying, with the help from the tutor/s, a health need, problem or lack of interest. To achieve this purpose, the TFM places the student in a position to deploy and combine all the skills developed so far in order to 1) solve the problem or question addressed and thereby 2) demonstrate that they possess the capacity for which the MUPGS will accredit you: that of using your knowledge and skills to solve real problems. During the TFM I subject, the student will, in agreement with the person(s) who tutor their work, carry out the feasibility report of their MD, including the search for information that allows the definition of research problem, a preliminary version of the MD introduction and the choice of methodology. This report becomes the master's dissertation planning, which will be executed later in the subject DM-II.

#### Competences

- Acquire, develop and put into practice a concept of integral health, including all its biopsychosocial components, in line with WHO guidelines.
- Apply the principles of bioethics and the deliberation method to professional practice, in line with Law 44/2003, of 21 November, on organisation of the healthcare professions.
- Continue the learning process, to a large extent autonomously
- Critically analyse and use clinical information sources.
- Formulate working hypotheses in research and critically assess information for problem-solving, using the scientific method.
- Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
- Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
- Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.

#### **Learning Outcomes**

- 1. Carry out a multidimensional-multilevel analysis of health-illness processes.
- 2. Continue the learning process, to a large extent autonomously
- 3. Formulate research questions, objectives and hypotheses appropriately to solve problems in the context of the master's dissertation.
- 4. Integrate knowledge and use it to make judgements in complex situations, with incomplete information, while keeping in mind social and ethical responsibilities.
- 5. Integrate perspectives and approaches in health-illness processes.
- 6. Justify the sources of clinical information used (evaluation tests, clinical guidelines, informants, programmes of treatment, etc.) for the master's dissertation.
- 7. Know and apply quality criteria to the selected documentary sources and clinical material.
- 8. Plan and carry out a systematic documentary search that unearths scientific evidence.
- 9. Recognise and describe the factors determining health from a biopsychosocial perspective.
- 10. Solve problems in new or little-known situations within broader (or multidisciplinary) contexts related to the field of study.
- 11. Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.
- 12. Use documentary and bibliographic databases to obtain information relevant to the objective of the master's dissertation and to professional practice.
- 13. Write the master's dissertation in accordance with regulations on ethical professional practice and research in the field.

# Content

The student can choose one of the following options depending on his/her interests and the interests or proposals allowed by the tutor supervising their work:

- A. Systematic Review following PRISMA Guidelines
- B. Empirical Research

C. Development of a new tool for Health Psychology practice: therapy programmes, health guidelines, e-health project, assessment procedures....

# Methodology

The student develops the competences acquired during the Master's Degree in order to achieve the option he/she has chosen (Systematic Review, Empirical Research or Development of a New Tool) following the

guidelines provided by the tutor. The student works autonomously and is assisted by his/her tutor. The hours spent on each task (autonomous work, tutorials, assessment and coordination) are described in the following table

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

#### Activities

Title	Hours	ECTS	Learning Outcomes
Type: Supervised			
Follow-up sessions with the academic tutor	6	0.24	7, 1, 3, 5, 6, 8, 4, 10, 2, 9, 13, 11, 12
Type: Autonomous			
Developing MD feasibility report	68.5	2.74	7, 1, 3, 5, 6, 8, 4, 10, 2, 9, 13, 11, 12

#### Assessment

- The evaluation of MD-I is based on a single evidence, consisting of the elaboration of the feasibility report of the DM (EV1). This evidence will be presented in the second half of June 2024 and it will be delivered through the space enabled in the virtual classroom.
- To pass the MD-I, the student must achieve 5 or more.
- Link to the avaluation rules of the Faculty ( https://www.uab.cat/web/estudiar/graus/graus/avaluacions-1345722525858.html)
- This subject does not provide for the single assessment system.

#### **Assessment Activities**

Title	Weighting	Hours	ECTS	Learning Outcomes
Delivery of the DM feasibility report	100	0.5	0.02	7, 1, 3, 5, 6, 8, 4, 10, 2, 9, 13, 11, 12

#### **Bibliography**

www.prisma-statement.org

http://www.apastyle.org

www.coneixement.accio.gencat.cat/eines

#### Software