

# Anatomy and Physiology of the Nervous System

Code: 101700 ECTS Credits: 6

2024/2025

Degree	Туре	Year
2500893 Speech therapy	FB	1

# Contact

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### **Teachers**

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# **Teaching groups languages**

You can view this information at the <u>end</u> of this document.

# **Prerequisites**

There are no official prerequisites.

It is advisable to have basic knowledge of cellular biology, physics, and chemistry. Due to the necessity of conducting practical work in the dissection room, students must commit to maintaining confidentiality and professional secrecy regarding the data to which they may have access during their learning activities, and must uphold a professional ethical attitude in all their actions. They must also have completed the security certificate attesting that they have passed the specific test on good practices in the dissection room.

# **Objectives and Contextualisation**

The Anatomy and Physiology of the Nervous System course, in the first year of the degree program, focuses on studying the structure and function of the nervous system, especially the parts that control voice, speech, and language. The objectives are to teach in an integrated manner how the nervous system functions to enable the production of voice, speech, and language in humans.

# **Competences**

- Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- Analyse and synthesise information.
- Demonstrate an understanding and correct use of the terminology and methodology of speech-therapy research.
- Express oneself fluently, coherently and suitably following established norms, both orally and in writing.
- Find, evaluate, organise and maintain information systems.
- Integrate the foundations of biology (anatomy and physiology), psychology (evolutionary processes and development), language and teaching as these relate to speech-therapy intervention in communication, language, speech, hearing, voice and non-verbal oral functions.
- Managing communication and information technologies.
- Present adequate speech production, language structure and voice quality.
- Students can apply the knowledge to their own work or vocation in a professional manner and have the
  powers generally demonstrated by preparing and defending arguments and solving problems within
  their area of study.
- Students must be capable of collecting and interpreting relevant data (usually within their area of study) in order to make statements that reflect social, scientific or ethical relevant issues.
- Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
- Students must develop the necessary learning skills in order to undertake further training with a high degree of autonomy.
- Students must have and understand knowledge of an area of study built on the basis of general secondary education, and while it relies on some advanced textbooks it also includes some aspects coming from the forefront of its field of study.
- Understand, integrate and relate new knowledge deriving from autonomous learning.
- Understand, interpret and express orally and in writing, in a foreign language, contents within the ambit of health.
- Use the exploratory techniques and instruments pertaining to the profession, and register, synthesise and interpret the data provided by integrating this into an overall information set.
- Working in intra- and interdisciplinary teams.

# **Learning Outcomes**

- 1. Analyse and synthesise.
- 2. Correctly interpret the results of an exploration of the nervous system and the organs of voice and speech.
- 3. Correctly use the nomenclature of cell biology, human anatomy and the main terms of physiology.
- 4. Critically analyse the principles, values and procedures that govern the exercise of the profession.
- 5. Demonstrate proper diction and proper syntactic structure and discourse in the public presentations of projects.
- 6. Explain the explicit or implicit code of practice of one's own area of knowledge.
- 7. Express oneself fluently, coherently and suitably following established norms, both orally and in writing.
- 8. Identify and describe the anatomy of the nervous system and of the organs of voice and speech.
- 9. Identify and describe the physiology of the nervous system and and of the organs of voice and speech, in addition to their molecular and cellular bases.
- 10. Managing communication and information technologies.
- 11. Perform a basic examination of voice and speech organs.
- 12. Search, evaluate, organise and maintain information systems.
- 13. Students can apply the knowledge to their own work or vocation in a professional manner and have the powers generally demonstrated by preparing and defending arguments and solving problems within their area of study.
- 14. Students must be capable of collecting and interpreting relevant data (usually within their area of study) in order to make statements that reflect social, scientific or ethical relevant issues.
- 15. Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
- 16. Students must develop the necessary learning skills in order to undertake further training with a high degree of autonomy.

- 17. Students must have and understand knowledge of an area of study built on the basis of general secondary education, and while it relies on some advanced textbooks it also includes some aspects coming from the forefront of its field of study.
- 18. Understand, integrate and relate new knowledge deriving from autonomous learning.
- 19. Understand, interpret and express orally and in writing, in a foreign language, contents within the ambit of health.
- 20. Working in intra- and interdisciplinary teams.

# Content

#### General Justification:

The Speech Therapy Degree, as a healthcare qualification, teaches in its core courses the structure and function of organs related to voice, speech, and language. This prepares students to address clinical subjects and perform rigorous professional work based on scientific knowledge. Speech therapists prevent, detect, evaluate, diagnose, and treat speech, voice, language, and swallowing disorders across all age groups, in addition to conducting scientific research. They must have knowledge of the sensory, motor, and cognitive nervous systems to understand, diagnose, treat, prevent, and research disorders affecting voice, speech, and language.

#### ANATOMY BLOCK

#### 1. ANATOMY OF THE CENTRAL NERVOUS SYSTEM

# 1.1 - Anatomical Organization of the Nervous System

- Concept and parts of the nervous system
- Central and peripheral nervous system
- Diencephalon structure
- Mesencephalon structure
- Spinal cord structure
- Coverings of the nervous system: meninges
- Ventricles and cerebrospinal fluid

#### 1.2 - Telencephalon

- Morphology: sulci and gyri, lobes
- General structure of the cerebral cortex
- Functional areas of the cerebral cortex
- Morphology and functional relationships of subcortical nuclei <pstyle="padding-left: 60px;">- Limbic system

# 1.3 - Brain Neural Pathways

- Intrahemispheric white matter
- Functional anatomy of language and speech pathways
- Ascending and descending projection pathways

# 2. PERIPHERAL NERVOUS SYSTEM AND CRANIAL NERVES. SENSE ORGANS.

- Structure and organization of the peripheral nervous system
- Autonomic nervous system: sympathetic and parasympathetic
- Nervous control of respiratory muscles
- Cranial nerves for olfaction (olfactory nerve)
- Functional structure of the sense of vision (optic nerve and optic pathway)
- Ocular nervous control (Cranial Nerves III, IV, and VI)
- Functional structure of hearing and balance (vestibulocochlear nerve)

- Nervous control of masticatory function and facial expression (trigeminal nerve and facial nerve)
- Nervous control of swallowing and articulatory function (glossopharyngeal nerve and hypoglossal nerve)
- Nervous control of phonatory function (vagus nerve)

#### PHYSIOLOGY BLOCK

#### 3. PHYSIOLOGY OF THE NERVOUS SYSTEM 3.1 - Functional Organization of the Nervous System

- Functional parts of the nervous system: sensory, motor, integration
- Levels of functional organization of the nervous system: medullary, subcortical, and cortical
- Neuronal electrical phenomena: ionic transport across the neuronal membrane, membrane potentials and action potentials, propagation of action potential. Nerve conduction and conduction velocity.
- Synaptic transmission: functional organization of chemical synapses. Functional characteristics of chemical synapses. Neurotransmitters and neuromodulators. Synaptic receptors.
- Neuronal circuits.

# 3.2 - Physiology of Cerebral Electrical Activity

- Cerebral electrical activity. Electroencephalogram.
- Regulation of brain activity by reticular systems of the brainstem
- Neuro-hormonal control of brain activity
- Physiology of sleep: Sleep stages and functional characteristics. Physiological effects of sleep.

### 3.3 - Higher Functions of the Cerebral Cortex: Intellectual Functions

- Functional organization of the neocortex
- Functions of the frontal lobe: attention, conceptual association, consciousness, thinking, interpretation
  of reality, social filter, personality traits.
- Associative symbolic function of the Wernicke area.
- Functions of the parieto-occipito-temporal cortex (POT) in the dominant and non-dominant hemisphere.
- Lateral dominance of language. Roger Sperry's experiments.
- Functions of the corpus callosum: interhemispheric relationship
- Learning and memory.

#### 3.4 - Physiology of Head Somatic Sensitivity

- Functional organization of the somatosensory system: types of sensory receptors and transduction.
   Characteristics and classification of sensory nerve fibers
- Physiology of mechanoreceptors, thermoreceptors, and nociceptors of the head
- Physiology of proprioceptors of the temporomandibular joint
- Somatosensory pathway: physiology of the spinal trigeminal nucleus, sensory trigeminal nucleus, and mesencephalic trigeminal nucleus. Integration of somatosensory information: role of primary and secondary somatosensory cortex.

# 3.5 - Physiology of the Motor Control System: Muscle Activity and Segmental Control

- Functional organization of smooth skeletal muscle
- Mechanism of muscle contraction: skeletal muscle vs. smooth muscle.
- Physiology of the neuromuscular junction. Motor unit.
- Segmental control of muscle activity: proprioceptive receptors of muscles and tendons. Neuronal circuits or reflex arcs. Reflex activity
- Bucofonatory reflexes: swallowing reflex, sneezing reflex, coughing reflex
- Head reflexes: corneal or palpebral reflex, direct and consensual pupillary reflex, accommodation reflex.

# 3.6 - Physiology of the Motor Control System: Suprasegmental Motor Control

- Motor cortex: functional organization. Ideation, planning, and execution of voluntary movements.
- Basal ganglia: functional organization. Planning and execution of automatic movements.
- Cerebellum: functional organization. Coordination of movements.

#### 3.7 - Physiology of Nervous Control of Voice and Speech

- Functional organization of nervous control of the larynx
- Functional characteristics of sensory innervation of the larynx
- Functional characteristics of segmental control of the larynx: role of the ambiguous nucleus and premotor laryngeal nuclei
- Functional organization of nervous control of speech
- Speech motor program: articulatory and neuronal events
- Role of motor cortex, basal ganglia, and cerebellum in speech production.

#### 3.8 - Higher Functions of the Cerebral Cortex: Language

- Functional organization of cortical areas involved in language
- Mechanisms of language perception and comprehension
- Motor control mechanisms in language emission

#### 4. PHYSIOLOGY OF THE SENSE ORGANS 4.1 - Sense of Vision

- Eye physiology. Accommodation control. Neural control of pupil diameter. Visual acuity. Visual field.
- Physiology of the retina: pigmented epithelium. Photoreceptors and phototransduction. Function of retinal neurons.
- Physiology of optic pathways: main characteristics
- Central integration of visual information: functional organization of the visual cortex.

#### 4.2 - Sense of Hearing

- Physiology of the external ear: capture and amplification of sound waves
- Physiology of the middle ear: physiology of the transmission system. Tympanic or stapedial reflex.
   Tympanometry and impedance audiometry.
- Physiology of the inner ear: functional organization of the cochlea and auditory transduction. Cochlear amplifier. Endocochlear potential. Discrimination of sound frequencies and intensities.
- Physiology of the auditory pathway: function of the cochlear nuclei, superior olivary complex, and inferior colliculus. Functions of the medial geniculate body of the thalamus
- Physiology of the auditory cortex: analysis of sound wave frequencies and intensities. Auditory memory
- Examination of auditory sensitivity. Audiometry.

# **Activities and Methodology**

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Laboratory classes	15	0.6	7, 11, 2, 5
Lectures	31.5	1.26	1, 9, 8, 3, 10
Workshops	6	0.24	12, 2, 3
Type: Supervised			
Face-to-face and/or virtual supervision	16	0.64	2
Type: Autonomous			
Oral Workshops	12	0.48	1, 12, 19, 20, 10
Practical classes	9	0.36	12, 19, 7, 20, 10

Self-study	41	1.64	12, 18, 19, 11, 9, 8, 20, 3, 10
Workshops	16	0.64	1, 12, 19, 20, 10

# **Educational Activities and Methodology**

Lectures: The subject matter will be systematically presented, emphasizing key concepts. Attendance at these lectures, while not mandatory, is recommended to reinforce basic scientific knowledge acquired through personal study.

Case Studies: Cases related to the subject will be presented for individual or collective study, complementing personal study.

Practical Sessions: Practical work in the laboratory will be conducted to observe anatomical structures and learn physiological techniques, promoting group work and active self-learning. Access to the dissection room requires wearing a gown, gloves, and other current protective measures, as well as completing the safety certificate. Any form of imaging in the dissection room is prohibited.

Preparation and Presentation of a Review Paper: Students will form groups of no more than four people to prepare a review paper on proposed topics. This paper will be presented and orally defended, with a maximum four-page summary submitted.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

#### Assessment

# **Continous Assessment Activities**

Title	Weighting	Hours	ECTS	Learning Outcomes
EV1 i EV3; Test of answers	60	1.5	0.06	1, 12, 18, 19, 9, 8, 2, 17, 16, 3, 10
EV2 i EV4; Test of practical classes	20	0.5	0.02	1, 12, 18, 19, 7, 11, 9, 8, 2, 17, 16, 3
EV5; Evaluation of the portfolio of laboratory and practical classes	10	0.5	0.02	4, 1, 12, 18, 19, 6, 7, 11, 9, 8, 2, 5, 20, 3, 10
EV6; Preparation and presentation of workshops	10	1	0.04	4, 1, 12, 18, 19, 7, 11, 9, 8, 2, 5, 17, 16, 15, 13, 14, 20, 3, 10

### **Evaluation Model:**

Each program block will be individually evaluated, both in theoretical content and practical application (laboratory practices and case studies).

Code Denomination Weight Format Authorship Via

EV1	Objective test multiple response on knowledge of Structure _	30% _	written	individual
face-to-	-face			
EV2	Objective practice test	_10%	written indi	vidual
face-to-	-face			
EV3	Objective multiple-choice test on Function knowledge	30% _	written	individual

tace-	to-face				
EV4	Objective practice test _	10%	written_	_ individual_	
face-	to-face				
EV5_	Portfolio and cases	10%	both	both	both
EV6	Works	_ 10%	_ written	_collective	_both

#### **Evaluation Blocks:**

- Block 1: Anatomy of the central nervous system and sense organs.
- Block 2: Physiology of the central nervous system and sense organs.

To pass the subject, each block must be passed with a minimum grade of 5.0 within the same academic year.

#### Continuous Assessment:

Includes:

# A. Partial Exam with:

- Multiple-choice items and/or restricted written questions to assess theoretical knowledge (EV1 and EV3, for Anatomy and Physiology blocks, respectively). These scores will account for 30% of the overall grade.
- Multiple-choice items and/or restricted written questions to assess practical concepts (EV2 and EV4, for Anatomy and Physiology blocks, respectively). These scores will account for 10% of the overall grade.

B. Tests during the course on knowledge acquired in laboratory practices, case studies, and presentation of the paper. These tests will account for 20% of the final grade, distributed as follows:

- Portfolios evaluating laboratory practices for both blocks (EV5), representing 10% of the overall grade.
- Presentation of a bibliographic review paper (EV6), representing 10% of the overall grade.

The subject will be considered passed with an average grade of 5 or higher across all assessments. To calculate the average, a grade of 5 or higher is required in EV1 and EV3, and a grade of 4 or higher in EV2, EV4, EV5, and EV6.

# Final Recovery Exam:

A final recovery exam will be administered for students who did not pass any block in the continuous assessment. Students wishing to improve their grade must request it, forfeiting the previous grade and considering only the final recovery exam grade.

#### Exam Review Procedure:

Claims regarding the exam questions can be submitted within two days following the exams. Grade reviews will be conducted during the announced period along with grade publication.

### Single Assessment:

Students may opt for a single assessment, based on the same content and competencies as continuous assessment. This will involve completing all evaluative tests in a single session, coinciding with the EV3 date of continuous assessment. A minimum grade of 5 in the theoretical exam is required to pass each block.

THE SINGLE ASSESSMENT IS REQUESTED TELEMATICALLY (E-FORM) DURING THE SPECIFIC PERIOD (more information on the Faculty's website). There is no provision for a synthesis test for second registration students.

#### Exam translation:

THE DELIVERY OFTHE TRANSLATION OF THE ON-SITE ASSESSMENT TESTS WILL BE CARRIED OUT IF THE REQUIREMENTS ESTABLISHED IN ARTICLE 263 ARE COMPLETED AND YOUR REQUEST IS MADE IN WEEK 4 TELEMATICALLY (EFORM) (more information on the Faculty's website).

More information about the examination regulations at the Faculty of Psychology: https://www.uab.cat/web/estudiar/graus/graus/avaluacions-1345722525858.html

# **Bibliography**

# Main Bibliography

- 1. Tortora. Derrikson. Principios de Anatomía y Fisiología. Ed. Panamericana. Madrid. 2018
- Crossman AR, Neary D. Neuroanatomia: texto y atlas en color. 3ª edición, Elsevier-Masson, Barcelona 2019

# Complemetary Bibliography

- 1. Cuetos F. Neurociencia del Lenguaje. Ed. Panamericana, Madrid. 2012.
- 2. Anthony Seikel, David G. Drumright, Anatomy and Physiology for Speech, Language, and Hearing.6th edition. 2019
- 3. MacKenna BR, Callander R. Fisiologia Ilustrada. 5ª ed. Ed. Churchill Livingstone. 1990.
- 4. McFarland . Atlas de Anatomia en Ortofonia. Elsevier-Masson, Barcelona, 2008.
- 5. Rodríguez S, Smith-Agreda JM. Anatomia de los órganos del lenguaje, visión y audición. 2ª edició. Ed. Panamericana. Madrid, 2004.
- 6. Webb WG, Adler RK. Neurología para el logopeda. 5ª edición, Elsevier-Masson, Barcelona, 2010.

#### **Software**

non aplicable

# Language list

Name	Group	Language	Semester	Turn
(PAUL) Classroom practices	11	Spanish	second semester	afternoon
(PAUL) Classroom practices	12	Spanish	second semester	afternoon
(PAUL) Classroom practices	13	Spanish	second semester	afternoon
(PLAB) Practical laboratories	111	Spanish	second semester	afternoon
(PLAB) Practical laboratories	112	Spanish	second semester	afternoon
(PLAB) Practical laboratories	113	Spanish	second semester	afternoon
(PLAB) Practical laboratories	114	Spanish	second semester	afternoon
(PLAB) Practical laboratories	115	Spanish	second semester	afternoon
(TE) Theory	1	Spanish	second semester	morning-mixed