

# **Histology and General Physiology**

Code: 101894 ECTS Credits: 6

2024/2025

Degree	Туре	Year
2501230 Biomedical Sciences	ОВ	1

## Contact

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**Teachers** 

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# **Teaching groups languages**

You can view this information at the <u>end</u> of this document.

# **Prerequisites**

No official prerequisites are defined for this subject. However, it is recommended that the student has acquired the basic knowledge and competences of the subjects corresponding to Cell Biology, Biochemistry and Molecular Biology, and Biophysics.

# **Objectives and Contextualisation**

The subject *Histology and General physiology* is programmed during the second semester of the first course of the Degree of Biomedical Sciences and develops the knowledge of the basic principles of the function of cells and tissues of the human organism. The acquisition of the competences of this subject will allow the student to be well prepared to confront the study of the histology physiology of the different systems of the human body during the second course.

The general training objectives of the course are:

- Differentiate different types of tissues by their histological and functional characteristics.
- Identify the different cell types that constitute each tissue and describe its most important differential characteristics.
- To learn the basic mechanisms of body tissue operation.
- Use textbooks, atlases and specific Internet resources for the study of matter.
- Develop with ease in the management of the optical microscope and the study of histological preparations.

- To learn the electrophysiological techniques for evaluating the nervous and muscular system.

Unless the restrictions imposed by the health authorities require a prioritization or reduction of such content.

# Competences

- Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- Make changes to methods and processes in the area of knowledge in order to provide innovative responses to society's needs and demands.
- Students must be capable of applying their knowledge to their work or vocation in a professional way and they should have building arguments and problem resolution skills within their area of study.
- Students must be capable of collecting and interpreting relevant data (usually within their area of study)
  in order to make statements that reflect social, scientific or ethical relevant issues.
- Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
- Students must develop the necessary learning skills to undertake further training with a high degree of autonomy.
- Students must have and understand knowledge of an area of study built on the basis of general secondary education, and while it relies on some advanced textbooks it also includes some aspects coming from the forefront of its field of study.
- Take account of social, economic and environmental impacts when operating within one's own area of knowledge.
- Work as part of a group with members of other professions, understanding their viewpoint and establishing a constructive collaboration.

# **Learning Outcomes**

- 1. Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- 2. Make changes to methods and processes in the area of knowledge in order to provide innovative responses to society's needs and demands.
- 3. Students must be capable of applying their knowledge to their work or vocation in a professional way and they should have building arguments and problem resolution skills within their area of study.
- 4. Students must be capable of collecting and interpreting relevant data (usually within their area of study) in order to make statements that reflect social, scientific or ethical relevant issues.
- 5. Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
- 6. Students must develop the necessary learning skills to undertake further training with a high degree of autonomy.
- 7. Students must have and understand knowledge of an area of study built on the basis of general secondary education, and while it relies on some advanced textbooks it also includes some aspects coming from the forefront of its field of study.
- 8. Take account of social, economic and environmental impacts when operating within one's own area of knowledge.
- 9. Work as part of a group with members of other professions, understanding their viewpoint and establishing a constructive collaboration.

# Content

**GENERAL HISTOLOGY** 

#### INTRODUCTION TO HISTOLOGY

- Concept of fabric
- Basic techniques in histology
- Classification of tissues.

#### **EPITHELIAL TISSUE**

- Concept of epithelial tissue
- Lining epithelia.
- Glandular epithelia.

## CONNECTIVE TISSUE

- Concept of connective tissue
- Connective tissue components (matrix and cells)
- Varieties of connective tissue
- Differential characteristics of connective tissues: connective, blood, adipose, cartilage and bone

#### MUSCLE TISSUE

- Concept of muscle tissue
- Varieties of muscle tissue.
- Skeletal muscle tissue
- Cardiac muscle tissue.
- Smooth muscle tissue.

#### NERVOS TISSUE

- Concept of nervous tissue: peripheral and central nervous system
- Nervous tissue cells (neurons and glial cells)
- Concept of synapses.

## GENERAL PHYSIOLOGY

# INTRODUCTION

- -Basics of cell physiology
- -Function of cellular compartments

### IONIC TRANSPORT THROUGH THE CELL MEMBRANE Cell

- -Concentrations in intracellular and extracellular medium ions
- -Diffusion through the cell membrane. Ionic channels

# PHYSIOLOGY OF CELLS EPITHELIAL CELLS

-Functional structure of the epithelium

- -Epithelial Transport
- -Physiology of the epithelial glands. Secretion mechanisms

## ELECTRICAL CELLULAR PHENOMENA CELLULAR

- -Transmembrane resting potential
- -Local potential and excitability
- -Action potential. Spread of action potential

#### SYNAPTIC TRANSMISSION

- -Electric synapses.
- -Chemical synapses. Synapses structure and function
- -General characteristics of the chemical neurotransmission
- -Postsynaptic Receptors.Postsynaptic potentials

## MUSCLE EXCITATION AND CONTRACTION

- -Functional organization of striated muscle fibers
- -Electrical phenomena
- -Mechanical phenomena
- -Variations in muscle contractility
- -Energetic muscle contraction
- -Types of skeletal muscle fibers
- -Contraction of smooth muscle fibers
- -Contraction of skeletal muscle

# AXONAL REGENERATION AFTER INJURIES TO THE NERVOUS SYSTEM

- Walleriana Degeneration
- Axonal regeneration in peripheral nervous system injuries
- Axonal regeneration in lesions of the central nervous system

# **Activities and Methodology**

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Lectures	36	1.44	
Seminars	10	0.4	

#### Type: Supervised

Individual tutorials	4	0.16	9
Type: Autonomous			
Resolution of problems	10	0.4	9
Study	70	2.8	
Work Elaboration	10	0.4	9

#### Lectures:

Systematic explanation of the subject topics, giving relevance to the most important concepts. The student acquires the basic scientific knowledge of the subject in theory classes, which will be complement by self study of the themes of the subject program

#### Seminar Sessions:

Presentation and work on cases or problems of relevance for the learning of the subject. The knowledge acquired in the theory classes and in the personal study are applied to the resolution of practical cases that are posed in the seminars. Students work in small groups.

#### **Tutorials**

The tutorials will be done in a personalized way to the teacher's office (hours to be agreed). The tutorias aim to clarify concepts, to establish the acquired knowledge and to facilitate the study by the students. They can also be used to resolve doubts that students have about preparing the seminars.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

### **Assessment**

# **Continous Assessment Activities**

	Title	Weighting	Hours	ECTS	Learning Outcomes
	Preparation and presentation of the problems and cases (Histology)	10	1	0.04	3, 4, 5, 6, 7, 9
	Preparation and presentation of the problems and cases (Physiology)	10	3	0.12	3, 4, 5, 6, 7, 9
	Theory exam (Histology)	40	4	0.16	1, 2, 3, 4, 5, 6, 7, 8, 9
•	Theory exam (Physiology)	40	2	0.08	1, 2, 3, 4, 5, 6, 7, 8, 9

### Evaluation

The evaluation of the subject will be based on the theoretical and practical content of the subject.

Each module of the subject will be evaluated individually.

Modules for the evaluation of Histology and General Physiology are the following:

- -General Histology
- -General Physiology
- 1. Continuous evaluation:

## Module: General Histology

The evaluation system is organized in two sections, each of them will be evaluated independently and assigned a specific weight in the final grade of the module:

- Examination of objective tests (40% of the final grade). A written test will be carried out at the end of the contents of the General Histology program that may contain multiple choice questions, identification of images, and/or clinical cases. If it is obtained a grade lower than 4 (out of 10) in this test, it will not be able to weight this grade with that obtained in the seminars, and consequently, the student will have to perform the retaking exam.
- Seminars (10% of the final grade). Attendance at seminars is mandatory.

# Module: General Physiology

The evaluation system is organized in two sections, each of them will be evaluated independently and will be assigned a specific weight in the final grade of the module:

- Examination of objective multiple-choice and/or written tests on the knowledge acquired (40% of the final grade). Students who have obtained a grade lower than 5 (out of 10) in this test will not be able to weight tis grade with that obtained in the presentation of problems andcases and, therefore, they must perform the retaking exam.
- Evaluation of the preparation and presentations of the problems and cases (activity evaluated through the Moodle application) (10% of the final grade)

To pass the subject, each of the two modules must be passed with a minimum grade of 5.0 in the same academic year. In this case, the final grade will be the average of the marks obtained in each of the two modules of the subject. In case of not passing any of the two modules, the maximum grade obtained will be 4.8.

It will be considered as "not evaluable" those students who do not perform the partial and retaking exams.

## Retaking examination

A retaking exam will be held to those students who have not passed the subject in the continuous evaluation. Students will be only evaluated of the modules that have not been passed in the continuous evaluation of the same academic year.

The retaking exam of each module will consist in objectifiable tests of multiple choice, and/or written, and/or identification of images related to the content of the subject.

#### 2. Single evaluation

Students can benefit from the single evaluation system, according to the regulations of the Faculty. The single evaluation will be based on the same content of the program of the subject, the acquisition of the same competences, and will have the same level of demand as the continuous evaluation.

The single evaluation will consist of tests carried out by each of the two modules of the subject that will be carried out on the same date.

For the evaluation of each module, an exam consisting of multiple-choice questions and/or written questions and/or identification of images will be carried out to evaluate the theoretical knowledge of the subject and the concepts related to the seminars/cases, with a weighting of 80% and 20%, respectively, of the overall grade of each module.

To pass each module it will be necessary to obtain a minimum of 5.0 in the exam.

To pass the subject it will be necessary to have passed all the two modules with a minimum of 5.0. In this case, the final grade will be the average of the grade obtained in each of the two modules. In case of not passing any of the two modules, the maximum grade obtained will be 4.8.

Retaking exam. The same system will be applied as for continuous evaluation.

It will be considered as "not evaluable" those students who do not perform the partial and retaking exams

# **Bibliography**

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#### **Software**

# Language list

Name	Group	Language	Semester	Turn
(SEM) Seminars	511	Catalan	second semester	morning-mixed
(SEM) Seminars	512	Catalan	second semester	morning-mixed
(TE) Theory	51	Catalan	second semester	afternoon

