

Practicum II

Code: 103004
ECTS Credits: 6

2024/2025

Degree	Type	Year
2500892 Physiotherapy	OB	2

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Teaching groups languages

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Prerequisites

The student will acquire the commitment of preserving the confidentiality and professional secret of the data to which he / she may have access because of the learning in the care services, as well as maintaining an attitude of professional ethics with all his / her actions.

It is recommended that all students be vaccinated according to the instructions of the UAB. Likewise, they must know the code of good practices.

It is mandatory that the student obtain the certificate (negative) of crimes of a sexual nature before starting the practices. In addition, there are centers that require specific documentation that the student must submit on the first day of the internship or 15 days before the start of the internship.

There will be the possibility of being able to carry out the internship in the afternoon or in some extraordinary period. Not all centers affiliated with the UAB offer places in the afternoon or in extraordinary periods, in these cases, the student must adapt to the offer of places proposed by the university. Internships may not be carried out in centers not affiliated with the UAB. The assignment of an afternoon place does not exempt the attendance of any teaching activity that is carried out in the afternoon at the faculty.

After the pandemic, we must be aware that the different centers that collaborate with the degree may still require the use of some individual protection equipment (usually a surgical mask or FFP2 or specific vaccination).

Protection material is provided by the University; however, we have to take into account that not always is possible and the cost of these tests and protection material can be assumed by the students.

Objectives and Contextualisation

The subject Practicum I is taught during the second semester of the second year of the Physiotherapy degree, and forms part of the group of basic training subjects. It is, therefore, part of the scientific basis necessary for the formation of the Physiotherapy graduate.

The general objective of the subject is to face with the practice activity, concepts already studied in other subjects, as well as to integrate all the knowledge, skills, attitudes and values acquired in all subjects, under the supervision of qualified physiotherapists.

During the practical sessions, students will apply all effective professional skills in order to provide comprehensive care to the user.

Competences

- Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- Carry out physiotherapy interventions on the basis of integral health care that involves multiprofessional cooperation, the integration of processes and ongoing care.
- Clearly and effectively communicate orally and in writing with all users of the healthcare system, and with other professionals.
- Design the physiotherapy intervention plan in accordance with the criteria of appropriateness, validity and efficiency.
- Display critical reasoning skills.
- Display interpersonal skills.
- Display knowledge of physiotherapy methods, procedures and interventions aimed at health promotion and maintenance.
- Easily recognise and cope with changes.
- Evaluate the functional state of the patient, considering the physical, psychological and social aspects.
- Express ideas fluently, coherently and correctly, both orally and in writing.
- Identify, analyse and solve ethical problems in complex situations
- Incorporate the ethical and legal principles of the profession in professional culture.
- Make changes to methods and processes in the area of knowledge in order to provide innovative responses to society's needs and demands.
- Make the most correct decisions in given situations.
- Manage information systems.
- Produce and systematically keep physiotherapy records.
- Provide effective physiotherapeutic treatment and offer patients integral care.
- Show initiative and an entrepreneurial spirit.
- Show sensitivity to environmental issues.
- Solve problems.
- Take sex- or gender-based inequalities into consideration when operating within one's own area of knowledge.
- Work in teams.

Learning Outcomes

1. Analyse a situation and identify its points for improvement.
2. Apply the profession's code of practice.
3. Carry out physiotherapy interventions on the basis of integral health care that involves multiprofessional cooperation, the integration of processes and ongoing care.
4. Carry out suitable physiotherapy assessment procedures to determine the degree of damage and its possible functional repercussions, in the patients assigned to the student in the clinical placement.
5. Communicate using language that is not sexist.
6. Communicate with all members of the therapy team.
7. Comply with the legal and professional guidelines governing the practice of physiotherapy.
8. Consider how gender stereotypes and roles impinge on the exercise of the profession.
9. Critically analyse the principles, values and procedures that govern the exercise of the profession.
10. Design means for preventing functional disorders, in particular those linked to postural hygiene, mobility loss and acute-phase pains, and teach about these.
11. Display critical reasoning skills.
12. Display interpersonal skills.
13. Easily recognise and cope with changes.
14. Establish the frequency of the intervention.
15. Establish the general and specific criteria for applying the treatment.

16. Establish treatment priorities in accordance with the problems detected.
17. Explain the explicit or implicit code of practice of one's own area of knowledge.
18. Express ideas fluently, coherently and correctly, both orally and in writing.
19. Foresee needs for material and apparatus.
20. Identify signs and symptoms of disorders in biological functions related to physiotherapy.
21. Identify situations in which a change or improvement is needed.
22. Identify the principal forms of sex- or gender-based inequality present in society.
23. Identify, analyse and solve ethical problems in complex situations
24. Interpret medical prescriptions.
25. Make sure the environment for the physiotherapy treatment is comfortable.
26. Make the most correct decisions in given situations.
27. Manage information systems.
28. Offer guidance to non-medical staff on dealing with patients.
29. Propose new methods or well-founded alternative solutions.
30. Propose new ways to measure success or failure when implementing innovative proposals or ideas.
31. Refer patients to another professional when necessary.
32. Show initiative and an entrepreneurial spirit.
33. Show sensitivity to environmental issues.
34. Solve problems.
35. Suitably record all steps taken, from reception of the patient to the physiotherapy discharge report, in accordance with each clinical specialisation.
36. Use effective communication to facilitate interactions between the physiotherapist, the patient and the patient's family.
37. Weigh up the impact of any long- or short-term difficulty, harm or discrimination that could be caused to certain persons or groups by the actions or projects.
38. Weigh up the risks and opportunities of suggestions for improvement: one's own and those of others.
39. Work in teams.

Content

The realization of clinical practices give the student the opportunity to integrate the knowledge, skills, attitudes and values acquired in the subjects, in a real professional field. In this way, he or she can apply the different techniques to specific clinical cases, as well as participate in the prevention and promotion of health.

The student will attend the practice center daily and under the supervision of a "tutor" physiotherapist will apply different assessment and treatment techniques depending on the clinical cases.

The centers where the clinical stays will be carried out are centers of physical medicine and rehabilitation with current agreements.

The placement of the internship center will be done according to the procedures established by the Faculty.

Activities and Methodology

Title	Hours	ECTS	Learning Outcomes
Type: Supervised			
PRACTICUM WITH GUIDELINES	150	6	6, 33, 31, 10, 4, 15, 14, 16, 18, 27, 20, 23, 24, 28, 26, 25, 19, 11, 13, 34, 12, 32, 39, 36

Preparation of a work: the student will individually prepare a diary of the activity carried out during the clinical stay

Practical teaching carried out in health centers in small groups. The activities will be guided by external professionals. Before the start of the clinical stays, the coordinator of the subject will make

It is mandatory that during the Degree the students go through the following specialties: locomotor system, neuro

The student will not be able to carry out the practices in the center of Practicum I. In the case that occurs, the coc

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continuous Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Assessment during practices at the health center	70%	0	0	9, 1, 2, 7, 5, 6, 33, 31, 10, 4, 3, 15, 14, 16, 17, 18, 27, 22, 20, 21, 23, 24, 28, 38, 26, 25, 19, 29, 30, 11, 13, 35, 34, 12, 32, 39, 36, 8, 37
Narrative record. Portfolio	30%	0	0	9, 1, 2, 7, 5, 6, 33, 31, 10, 4, 3, 15, 14, 16, 17, 18, 27, 22, 20, 21, 23, 24, 28, 38, 26, 25, 19, 29, 30, 11, 13, 35, 34, 12, 32, 39, 36, 8, 37

Assessment during practices at the health center: the practices tutor will assess the student's clinical skills, through a questionnaire delivered by the university (70% of the final grade).

Narrative record (portfolio): the student will have to present a clinical case report from the clinical stays. 30% of the final grade. It will be evaluated:

- Consistency
- The content, the properly drafting and the use of scientific vocabulary
- The presentation

Everything will be evaluated over 10 points.

Once the modules have been passed, they cannot be subject to a new evaluation.

It is necessary to pass each of the parts of the subject with a minimum grade of 5 in order to do the average and pass the course. ATTENDANCE to CLINICAL STAYS is COMPULSORY. Absences must be justified and made up.

The student who does not attend the practices and / or does not deliver the work, will have the qualification of not evaluable.

Students who do not take both theoretical and practical evaluation tests will be considered as "Not Evaluable", exhausting the rights to the registration of the subject

This subject does not provide the single assessment system

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Software

There is no specific program.

Language list

Information on the teaching languages can be checked on the CONTENTS section of the guide.