

| Degree | Type | Year |
|-----------------|------|------|
| 2500891 Nursing | OT | 4 |

Contact

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Teachers

(External) Nathalia Rodríguez

Teaching groups languages

You can view this information at the [end](#) of this document.

Prerequisites

Prerequisites

There are no prerequisites, but it is recommended to have done the following courses: Therapeutic Communication
Methodological Bases of Nursing
Psychosocial Sciences
Practicum I, II, III, IV, V, VI

The student will acquire the commitment to preserve the confidentiality and professional secrecy of the data to which he/she may have access during his/her learning process in the Clinical Units. They must also maintain an attitude of professional ethics in all their actions.

Objectives and Contextualisation

INTRODUCTION

In this Practicum, the student will be able to know the different assistance devices in the field of mental health and the characteristics of the mentally patient, as well as provide nursing care.

GENERAL OBJECTIVE

The student has to integrate and apply the contents learned in the different courses, especially those in the field of mental health, incorporating new knowledge, skills and attitudes in their nursing practice.

SPECIFIC OBJECTIVES

- To use the nursing care process as a scientific methodology for solving problems with a conceptual nursing model or with the nursing diagnoses and nursing interventions of NANDA
- To develop the two dimensions of the professional role, the role of collaboration and the autonomous role.
- To offer an adequate health care to the health needs, guaranteeing the quality nursing care to the person and the family, with a comprehensive vision that considers the biological, psychological and social aspects of the individual.
- To use scientific evidence in the field of mental health nursing and participate in the prevention activities carried out in the population.
- To develop a deepen communication skills to the person, his family and the work team

Competences

- "Demonstrate an understanding of people without prejudice: consider physical, psychological and social aspects, as independent individuals; ensure that their opinions, values and beliefs are respected and guarantee their right to privacy, through trust and professional secrecy."
- Base nursing interventions on scientific evidence and the available media.
- Offer technical and professional health care and that this adequate for the health needs of the person being attended, in accordance with the current state of scientific knowledge at any time and levels of quality and safety established under the applicable legal and deontological rules.
- Plan and carry out nursing care aimed at people, families and groups orientated to health results and evaluate the impact of them using clinical and care practice guides describing the processes for the diagnosis, treatment or cure of a health problem.
- Protect the health and welfare of people or groups attended guaranteeing their safety.
- Students must be capable of applying their knowledge to their work or vocation in a professional way and they should have building arguments and problem resolution skills within their area of study.
- Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
- Students must develop the necessary learning skills to undertake further training with a high degree of autonomy.
- Take sex- or gender-based inequalities into consideration when operating within one's own area of knowledge.

Learning Outcomes

1. Analyse differences by sex and gender inequality in ethiology, anatomy, physiology. Pathologies, differential diagnosis, therapeutic options, pharmacological response, prognosis and nursing care.
2. Analyse nursing interventions justifying them with scientific evidence and/or expert opinions that support them.
3. Apply scientific evidence in the planning and practice of nursing care.
4. Apply the nursing process to offer and guarantee the wellbeing, quality and safety of the people receiving the care.
5. Comprehensively assess health situations using tools such as physical examination, laboratory tests and nursing interview.
6. Demonstrate skill in performing nursing procedures and techniques.
7. Evaluate risks and protect the health of people ensuring their safety.
8. Exercise a respectful relationship with the user of the service/family/health team without making value judgements.

9. Give integrated and individualised nursing care to individuals, families and communities, evaluating the results obtained.
10. Identify the guides for clinical practice specific to each stage of the life cycle.
11. Periodically evaluate health situations and the nursing interventions that take place.
12. Plan individualised nursing care adapted to each situation of clinical practice.
13. Put into care practice the knowledge and skills acquired.
14. Recognise situations of risk to life.
15. Students must be capable of applying their knowledge to their work or vocation in a professional way and they should have building arguments and problem resolution skills within their area of study.
16. Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
17. Students must develop the necessary learning skills to undertake further training with a high degree of autonomy.

Content

To carry out and apply the nursing care process as a scientific methodology for solving problems, within the framework of a nursing conceptual model and/or NANDA nursing diagnostic and functional patterns, with the aim of developing the role of collaboration and the autonomous nursing role in people with mental health problems.

The student to carry out the nursing care process, will apply the knowledge and skills acquire in the nursing course, especially those directly related to mental health, which are: Interventions in Mental Health; Drug Addiction; Psychosocial Sciences; Scientific Methodology and Biostatistics; Communication and ICT; Nutrition; Therapeutic Communication; Methodological Bases of Nursing; Pharmacology; Health Education and Nursing Care in Mental Health.

Activities and Methodology

| Title | Hours | ECTS | Learning Outcomes |
|---------------------------------|-------|-------|---|
| Type: Directed | | | |
| Clinical case seminars | 4 | 0.16 | 1, 2, 13, 4, 3, 8, 11, 6, 10, 12, 9, 17, 16, 15, 14, 5, 7 |
| Type: Supervised | | | |
| External practices | 280.5 | 11.22 | 1, 2, 13, 4, 3, 8, 11, 6, 10, 12, 9, 17, 16, 15, 14, 5, 7 |
| Type: Autonomous | | | |
| Reading of texts/ Personal work | 7 | 0.28 | 2, 4, 3, 10, 12, 17, 15, 14, 7 |

Clinical practices allow the student to demonstrate their competence in the professional field: knowledge, skills, attitudes and values.

In this Practicum particularly, allows demonstrating competence in the field of mental health.

The practices will carry out in hospitalization services, emergencies, mental health consultations and drug addictions centre.

Case discussions provide to the student a space for analysis and reflection on their professional practice. The student will carry out a nursing care process.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

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Assessment

Continuous Assessment Activities

| Title | Weighting | Hours | ECTS | Learning Outcomes |
|---|-----------|-------|------|---|
| Discussion of cases / Clinical sessions | 10% | 2 | 0.08 | 1, 2, 13, 4, 3, 8, 11, 6, 10, 12, 9, 17, 16, 15, 14, 5, 7 |
| Evaluación durante las prácticas en el centro asistencial | 80% | 4.5 | 0.18 | 1, 2, 13, 4, 3, 8, 11, 6, 10, 12, 9, 17, 16, 15, 14, 5, 7 |
| Nursing care process | 10% | 2 | 0.08 | 1, 2, 4, 3, 8, 11, 10, 12, 9, 17, 16, 15, 14, 5, 7 |

Evaluation criteria

The final score corresponds to the sum of the clinical practices (PCL) the discussion of cases and the NCP (Nursing Care Process).

Final score:

- 80% corresponds to clinical practices
- 10% corresponds to the Case discussion: clinical sessions
- 10% corresponds to the NCP

To pass the course the student must approved clinical practices with a minimum score of 5. Clinical Practices (PRCUM):

Continuous and formative evaluation throughout the period. Approximately at the half of the period, the responsible tutor, together with the mentor, will summarize the information obtained so far and discuss it with the student. In this evaluation, of a formative nature, the level of achievement of the proposed objectives, the strong points will be highlighted and the weak points to be improved with recommendations.

Final evaluation. At the end of the clinical practice period, the mentor and the tutor will make a written evaluation of the student in the evaluation document and give feedback to the student.

Attendance is mandatory in all scheduled hours and in the shift and assigned time. Those justified absences of assistance must be done within the period of programmed clinical practices with the authorization of the responsible tutor.

Case discussion: clinical sessions:

Continuous and formative evaluation throughout the sessions. Participation and discussion of aspects related to clinical practice will be evaluated. The rationale and evidence supporting the contributions, the bibliography

used and the fluid, coherent and adequate expression, either orally or in writing, will be assessed. The capacity for group work and respect for the plurality of ideas, people and situations will also be taken into account.

Presentation of the nursing care process to a person attended.

Final evaluation. The last day of practices the student will deliver in paper and electronic format the NCP. Attendance at the case discussion sessions is mandatory. The student who does not attend more than one session will be considered not evaluated.

The realization of the NCP is mandatory. The non-presentation will influence the evaluation.

It is mandatory to do the entire period of clinical practice scheduled in the calendar, regardless of the schedule in which the practices are done.

It is considered a justified fault those who give in the following situations: - Deaths of relatives of first and second degree of consanguinity

- Scheduled medical visit

- Acute diseases

- Driving license exam

- Official university exams

- Official language tests

In all cases, the corresponding receipt is required and the hours are recovered.

For each non-justified fault, 0.5 points will be subtracted from the final grade (from 0 to 10).

Students who have completed all practices and have not passed the subject through continuous assessment may be submitted to a final synthesis test.

The student who has not completed any of the three modules foreseen in the evaluation will be considered not evaluated.

Obtaining the final grade:

Suspended: <5

Approved: <7

Remarkable: <9

Excellent: = > 9

Bibliography

Considering that one of the general skills that the student is expected to acquire is to develop strategies for indep

Software

No special program is needed

Language list

| Name | Group | Language | Semester | Turn |
|------------------------------|-------|-----------------|----------|---------------|
| (SCC) Clinical case seminars | 301 | Catalan/Spanish | annual | morning-mixed |

PROVISIONAL