

External Practicum

Code: 101139

ECTS Credits: 12

2025/2026

Degree	Type	Year
Sociology	OT	4

Contact

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Teachers

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Teaching groups languages

You can view this information at the [end](#) of this document.

Prerequisites

In order to access professional internships, students must be enrolled in the academic year in which they apply and must have passed a minimum of 132 credits at the time of applying for the position (2/3 in the case of double degree).

The internship application process begins the year before the internship. In order to be able to enroll in this subject, you must have previously completed the internship application process in one of the two ways (by reserving a place or by offering a catalog). They are incompatible modalities: you cannot make a reservation at the same time as choosing a catalog. It is recommended that double degree students make the request to reserve a place.

Objectives and Contextualisation

The Faculty of Political Science and Sociology offer their students the possibility of carrying out a professional internships in an external entity. These internships consist of a 200 hours work in an organization, institution or company with which the Faculty maintain a collaboration agreement. The internship has a twofold aim: formative and professional. The internship combines the work done in the external entity (and supervised by an external

tutor), and the participation in academic activities in the Faculty (guided by an academic tutor). This allows the students to develop professionals skills within the work environment and be able to participate in career-counselling activities organised by the Faculty.

The entities, institutions or companies that are offered to accommodate students in internships are heterogeneous: associations, third parties entities, foundations, NGOs, centers of social research, consultants, human resources departments and planning, institutions of the local autonomic or central administration, political, business or union organizations, International collaborative or solidarity programs and internships under protection from other universities. Entities can be at the Catalan, state and international level.

Competences

- Analysing the problems arising from the implementation of public policies and conflict situations by recognising the complexity of the social phenomena and political decisions affecting democracy, human rights, social justice and sustainable development.
- Assessing the contributions of sociological approaches to the study of culture, education, interaction between society and environment, social policy, and work.
- Demonstrating a comprehension of the analysis of social phenomena presented in English, as well as observing their strengths and weaknesses.
- Describing social phenomena in a theoretically relevant way, bearing in mind the complexity of the involved factors, its causes and its effects.
- Developing critical thinking and reasoning and communicating them effectively both in your own and other languages.
- Developing self-learning strategies.
- Generating innovative and competitive proposals in research and professional activity.
- Respecting the diversity and plurality of ideas, people and situations.
- Students must be capable of assessing the quality of their own work.

Learning Outcomes

1. Analysing the degree of consistency and contradiction between them.
2. Demonstrating a comprehension of the analysis of social phenomena presented in English, as well as observing their strengths and weaknesses.
3. Developing critical thinking and reasoning and communicating them effectively both in your own and other languages.
4. Developing self-learning strategies.
5. Generating innovative and competitive proposals in research and professional activity.
6. Inferring the collaborating entity's influence on general aspects of social structure.
7. Inferring the principles' interpretation adopted by the collaborating entity.
8. Relating the objectives of their responsibilities to the sociology's contributions to culture, education, interaction between society and environment, or work.
9. Respecting the diversity and plurality of ideas, people and situations.
10. Students must be capable of assessing the quality of their own work.
11. Students must be capable of distinguishing between their own interpretation of these principles and another institutional interpretation.
12. Summarizing the main sociological concepts that shed light on the diagnosis of the situation of the collaborating entity.
13. Translating these concepts into some significant terms in order to carry out the entrusted responsibilities.

Content

The content of the practices is based on the type of entity where they are carried out. Independently of the nature of the entity (public administration, private company, third sector, university). In the specific thematic area, the possible professional profiles to be developed are:

Researcher

Social and Community Service Manager.

Public Policies consultant

Expert in international relations

Cooperation and development

Market research analyst

Training

Management of organisations

Cultural and /or social mediator

These profiles can be combined with management, training and evaluation tasks in fields such as the following: communication, education, cultural management, sustainability politics, international organizations, the business sector.

Activities and Methodology

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Doing the internship in the workplace	190	7.6	1, 10, 2, 4, 3, 11, 5, 6, 7, 8, 9, 12, 13
Individual Report	50	2	1, 10, 2, 4, 3, 11, 5, 6, 7, 8, 9, 12, 13
Type: Supervised			
Office hours and professional counseling.	50	2	10, 4, 3

This is an annual subject and has a teaching load of 12 credits. The following distribution is stipulated:

- 200 hours of work to the entity where the professional practices are carried out
- 50 hours of individual work for the writing of the individual report and attendance to individual tutorials.
- 40 hours of group work, monitoring group tutorials, career counseling sessions and oral presentation

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continous Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Counseling sessions	15	5	0.2	6, 8, 12, 13
Individual Report	40	0	0	1, 11, 5, 6, 7, 8, 9, 12, 13
Office hours	20	5	0.2	10, 2, 4, 3, 6, 8, 12, 13
Work place report	25	0	0	6, 8, 12, 13

Each internship has a tutor at the institution. The tutor will be responsible for directing the students' work and for :
The Faculty will appoint, among its teaching staff, an academic tutor who
The tutor will make the final assessment based on:
- The entity's report (25%)
- Individual report (40%)
- The work in the group tutorials, the realization of the work plan and the
- Attendance at a minimum of 10 training sessions. (15%)
The student must submit all the evidence (work plan, oral presentation, report, etc.)
This subject does not provide for the single assessment system.

Bibliography

More information can be find on the website of the Faculty of Political Science and Sociology.

Software

none

Groups and Languages

Please note that this information is provisional until 30 November 2025. You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject.