

Theory and Techniques of Creativity

Code: 104734
ECTS Credits: 6

2025/2026

Degree	Type	Year
Interactive Communication	OB	2

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Teaching groups languages

You can view this information at the [end](#) of this document.

Prerequisites

None

Objectives and Contextualisation

1. Propose a theoretical base on what creativity is, its processes and techniques, the importance of feeding through references and the knowledge of people and creative projects from a broad and multifaceted perspective.
2. Practice creative techniques in order to provide tools for the creation of any creative product, interactive or not, in a simple and inspiring way.
3. Learn to think in a disruptive way, to feed on references through daily activities, experiment and share ideas.
4. Work as a team putting into practice the theoretical and practical knowledge of the subject to create an interactive product that can be consumed by thousands of people.
5. Apply the gender perspective in project research, in creative and bibliographic references.
Use of inclusive language in presentations.
6. Have fun and discover that we are all creative.

Competences

- Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- Act within one's own area of knowledge, evaluating sex/gender-based inequalities.
- Apply and integrate knowledge in the fields of social sciences, humanities and engineering to generate complex products and services tailored to citizens' needs.
- Introduce changes in the methods and processes of the field of knowledge to provide innovative responses to the needs and demands of society.
- Manage time efficiently and plan for short-, medium- and long-term tasks.
- Search for, select and rank any type of source and document that is useful for creating messages, academic papers, presentations, etc.
- Students must be capable of applying their knowledge to their work or vocation in a professional way and they should have building arguments and problem resolution skills within their area of study.

- Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
- Students must have and understand knowledge of an area of study built on the basis of general secondary education, and while it relies on some advanced textbooks it also includes some aspects coming from the forefront of its field of study.

Learning Outcomes

1. Communicate using language that is not sexist or discriminatory.
2. Conceive original ideas applicable to the creation of interactive content and services.
3. Cross-check information to establish its veracity, using evaluation criteria.
4. Distinguish the salient features in all types of documents within the subject.
5. Identify situations in which a change or improvement is needed.
6. Interpret and discuss documents on the main theories on creativity.
7. Orally present exercises on the subject in a clear and organised way.
8. Plan and execute creative work.
9. Present a summary of the studies made, orally and in writing.
10. Propose new methods or well-founded alternative solutions.
11. Propose projects and actions that are in accordance with the principles of ethical responsibility and respect for fundamental rights and obligations, diversity and democratic values.
12. Propose projects and actions that incorporate the gender perspective.
13. Submit course assignments on time, showing the individual and/or group planning involved.

Content

1. What is creativity?
2. Creative process
3. The references
4. Creative techniques

Note: The course content will be sensitive to issues related to gender perspective and the use of inclusive language.

Activities and Methodology

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Practical exercises to apply different creative techniques	31	1.24	1, 2, 3, 4, 9, 5, 6, 8, 13, 10, 11, 12, 7
Theory classes on creativity, process and creative techniques	15	0.6	1, 2, 3, 4, 9, 5, 6, 13, 11, 12, 7
Viewing of campaigns, projects, products, content, talks, articles ... relevant to the understanding of creativity.	4	0.16	1, 3, 4, 9, 5, 6, 8, 13, 12, 7
Type: Supervised			
Final work in group. Interactive Product: Creativity and its Techniques.	8	0.32	1, 2, 3, 4, 9, 5, 6, 8, 13, 10, 11, 12, 7

Type: Autonomous

Final work in group. Interactive Product: Creativity and its Techniques.	40	1.6	1, 2, 3, 4, 9, 5, 6, 8, 13, 10, 11, 12, 7
Individual work "My Creative Notebook"	42.5	1.7	1, 2, 4, 9, 5, 6, 8, 13, 10, 11, 12
Practical exercises to apply different creative techniques	4.5	0.18	1, 2, 3, 4, 9, 5, 6, 8, 13, 10, 11, 12, 7

A detailed schedule outlining the content of each session will be presented on the first day of the course and will be available on the course's Virtual Campus, where students will find all teaching materials and necessary information for effective course monitoring. Should the teaching modality change for reasons of force majeure according to the competent authorities, the teaching staff will inform students of any modifications to the course schedule and teaching methodologies.

Methodology

To the theoretical part on creativity and creative techniques will be added:

1. Practical group or individual exercises to apply different creative techniques.
2. Viewing of campaigns, projects, products, content, talks, articles ... relevant to the understanding of creativity.
3. We will do a continuous search for surprising and interesting references that can inspire the group.
4. Individual work "My Creative Notebook".
5. Final work in group. Create an interactive product in which creativity, processes and techniques are explained. The application of what was learned in the course will be scored as well as the way it is produced. Make it easy to understand, edible, authentic ... It can be in the form of a blog, web, app, IG, Tiktok (or even paper).

Sources of learning

1. Theoretical
 1. Face-to-face classes.
 2. Viewing of campaigns, projects, products, content, talks, articles ... relevant to understanding creativity + debate in class.
2. Practices
 1. Weekly individual or group exercises to be done in class during the second part of the theory classes and / or at home.
 2. Continuous search for creative, surprising and interesting references that can inspire the group. Preferably related to interactive communication (websites, facilities, VR projects, actions, campaigns ...) but WOW projects may also be included in any format.
 3. Individual work "My Creative Notebook".
 4. Final work in group: Creativity and its Techniques.

Types of teaching

1. On-site
 1. Theoretical and practical classes in the classroom.
 2. Correction and group comment of the practices.

3. Discussions about readings or videos that we have seen.
4. Scheduled tutoring of the Final Course Work.

2. No face-to-face

1. Search for references outside school hours.
2. Some practices will end outside school hours and will be shared the next day of class.
3. Elaboration of the Course Work that each group will carry out outside school hours and that they will share periodically with their tutor in group seminars throughout the course.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continuous Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Classroom Practice	20%	1	0.04	1, 2, 3, 4, 9, 5, 6, 8, 13, 10, 11, 12, 7
Individual practical work "My Creative Notebook"	30%	1.5	0.06	1, 2, 3, 4, 9, 6, 8, 13, 10, 11, 12, 7
Self appraisal	5%	0.5	0.02	1, 2, 3, 4, 9, 5, 6, 8, 13, 10, 11, 12, 7
Work and Final Presentation of an Interactive Product: "Creativity: Techniques, Processes, Referents"	45%	2	0.08	1, 2, 3, 4, 9, 5, 6, 8, 13, 10, 11, 12, 7

1. Self-assessment -> 5%

Self-criticism is key when working with ideas.

No one better than you knows what you have done during the course.

Honestly evaluate your effort, your desire to work, the originality of your ideas, the tireless search for new references, the books you have read, your evolution ... Everything that has grown and stimulated your creative muscle and your desire to find creative paths throughout the year.

A 10, if it is not real, is not an option.

2. Completion of classroom practices -> 20%

Practices in class and outside of class are compulsory.

3. Individual practical work "My Creative Notebook" -> 30%

- Ideabooks will be delivered to the tutors.
- It will be valued:
- perseverance and daily work,

- the solutions to the practical exercises proposed in class,
- own ideas about creativity,
- creative thoughts and references,
- the use of creative techniques learned
- the visual representation of the content through images, mind maps, drawings, photographic cutouts,
- and in general, any original idea that contributes to the creative work being carried out daily. We hope you have been fueled by creativity every day.

4. Work and Final Presentation of an Interactive Product: "Creativity: Techniques, Processes, Referents" -> 45%

- It will be valued:
- The originality, simplicity, functionality, organization and formal development of the interactive product (web, IG, tiktok, blog, app ...) that includes what Creativity is, its techniques, processes and references
- ...
- The oral presentation, in an understandable, pleasant, simple and clear and structured way of the work.
- The presentation of all the members of the group.
- The formal and final delivery of the interactive product that can be used by thousands of people.

REVALUATION

Re-submit corrected and improved practices and / or Final Work that has not been approved. The revaluation is in the same semester; It is the second call. There is no third call.

Students will be entitled to the revaluation of the subject. They should present a minimum of activities that equals two-thirds of the total grading.

The activity "My Creative Notebook" is excluded from the recovery process as it is a project to be carried out daily.

The student who performs any irregularity (copy, plagiarism, identity theft...) will be qualified with 0 in this assignment or exam. In case there are several irregularities, the final grade of the subject will be 0.

In the event that the student performs any irregularity that may lead to a significant variation of an evaluation act, this evaluation act will be graded with 0, regardless of the disciplinary process that could be instructed. In the event, that several irregularities occur in the evaluation acts of the same subject, the final grade for this subject will be 0.

Single assessment system

This course offers the possibility of single assessment. The conditions for being assessed and evaluated in this way will be explained on the first day of class.

Plagiarism

If a student commits any irregularity that may lead to a significant alteration of the grade of an evaluation activity, that activity will be graded with a 0, regardless of any disciplinary proceedings that may be initiated. If multiple irregularities occur in the evaluation activities of the same course, the final grade for that course will be 0.

use of artificial intelligence

In this course, the use of Artificial Intelligence (AI) technologies is permitted as an integral part of assignment development, provided that the final outcome demonstrates a significant contribution from the student in terms of analysis and personal reflection. Students must clearly identify any content generated using AI, specify the tools employed, and include a critical reflection on how these technologies have influenced both the process

and the final result of the assignment. Failure to disclose the use of AI in this assessed activity will be considered a breach of academic integrity and may result in a partial or total penalty to the assignment grade, or more serious sanctions in severe cases.

Bibliography

Mandatory readings

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Complementary readings

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Adair, J. E. (2009). The Art of Creative Thinking: How to Be Innovative and Develop Great Ideas. Kogan Page

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Catmull, E. (2014). Creatividad, S.A.: Cómo llevar la inspiración hasta el infinito y más allá. Barcelona: Conecta

De Bono, E. (1998). El pensamiento lateral: Manual de creatividad. Barcelona: Paidós

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Fallon, P. y Senn, F. (2007). Exprime la idea. Madrid: LID

Goldberg, E. (2019). Creatividad: El cerebro humano en la era de la innovación. Barcelona: Crítica

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grupo autónomo a.f.r.i.k.a., Brunzels, S. y Blisset, L. (2006). Cómo acabar con el mal: Manual de guerrilla de la comunicación. Virus

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Jenkins, H. y Ford, S. (2015). Cultura transmedia. La creación de contenido y valor en una cultura en red. Barcelona: Gedisa

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Kleon, A. (2017). Roba como un artista. Un cuaderno para cleptómanos creativos. Barcelona: Gustavo Gili

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Lamarre, G. (2018). La vía del creativo: Guía para reinventar nuestra práctica y nuestra mirada. Barcelona:

Gustavo Gil

Lanier, J. (2011). *Contra el rebaño digital : un manifiesto*. Barcelona: Debate

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Software

Groups and Languages

Please note that this information is provisional until 30 November 2025. You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject.

Name	Group	Language	Semester	Turn
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(PLAB) Practical laboratories	61	Spanish	second semester	afternoon
(PLAB) Practical laboratories	62	Spanish	second semester	afternoon
(TE) Theory	6	Spanish	second semester	afternoon