

Internal Communication

Code: 104780
ECTS Credits: 6

2025/2026

Degree	Type	Year
Communication in Organisations	OB	2

Contact

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Teachers

Aida Casas Gutierrez

Teaching groups languages

You can view this information at the [end](#) of this document.

Prerequisites

As it is a second year subject, it is assumed that the student must be able to express himself / herself in writing and orally in his / her own languages. They must have initiative and the ability to learn, and they must be aware of current issues.

They must have knowledge of English, because some reading may be in this language.

Students will need to check the official email and the Moodle Classrooms because they will be the ways for communication tools between faculty, teachers and students throughout the semester.

Objectives and Contextualisation

The objectives of the subject are the following:

- Learn the systems of diffusion of the internal information and the Communication Offices and to dominate the techniques (writing, preparation of acts, creation of agenda, etc.).
- Know the elements to take into account for the elaboration of an internal communication plan of an organization, in function of its characteristics.
- To have elements of judgment to know how to manage the informative crises that can generate or affect the workers of the organization.
- Assess the ethics of communication, journalistic ethics and professional relations between the Communication Offices and their internal audiences.

Competences

- Act within one's own area of knowledge, evaluating sex/gender-based inequalities.
- Analyse communication in the organisation and draw up a communication plan that includes internal, external and crisis communication.
- Devise, plan and execute communication projects about the organisation on all types of media and for both internal and external audiences.
- Display the ability to lead, negotiate and work in a team.
- Establish communication objectives, and design and apply optimal strategies for communication between organisations and their employees, clients and users, and society in general.
- Introduce changes in the methods and processes of the field of knowledge to provide innovative responses to the needs and demands of society.
- Manage time efficiently and plan for short-, medium- and long-term tasks.
- Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
- Students must develop the necessary learning skills to undertake further training with a high degree of autonomy.
- Work in compliance with professional codes of conduct.

Learning Outcomes

1. Adapt to new situations in a constantly changing work environment.
2. Analyse a situation and identify its points for improvement.
3. Analyse the sex- or gender-based inequalities and the gender biases present in one's own area of knowledge.
4. Apply a SWOT analysis to the characteristics of the different types of organisation, taking account of geographical location, products or services offered, target audience, number of employees, etc.
5. Communicate using language that is not sexist or discriminatory.
6. Communicate with journalists, members of the organisation and external audiences.
7. Devise and develop communication mechanisms of different kinds taking into account the characteristics of the organisation.
8. Generate creative ideas in the workplace.
9. Identify and describe organisations' communicative objectives in order to gain a competitive advantage regarding their internal and external audiences.
10. Identify situations in which a change or improvement is needed.
11. Organise the activities of communication departments in the short, medium and long term.
12. Propose projects and actions that incorporate the gender perspective.
13. Respect the different religions, ethnic groups, cultures, sexual identities, etc. of the persons belonging to the organisation.
14. Set up mechanisms for an organisation and the members of its communication departments to explain the organisation's objectives, functions and business idea to audiences of all types.
15. Show initiative and leadership skills.
16. Work independently to solve problems and take strategic decisions on the basis of the knowledge acquired.

Content

The syllabus of the subject consists of the following units:

Topic 1. Fundamentals and Evolution of Internal Communication

- What is Internal Communication today: definition and strategic focus
- History and evolution of the concept
- Importance in organizational management and workplace climate
- Internal audiences: multigenerational and multicultural segmentation
- Organizational culture, purpose, values, and sense of belonging
- Communication flows: vertical, horizontal, and transversal

- New trends: transparency, employee experience, bidirectional communication

Topic 2. Strategy and Planning of Internal Communication

- Diagnosis and active listening: surveys, focus groups, internal data
- Designing an Internal Communication Plan:
 - Strategic objectives
 - Audiences, messages, tone, timing, and budget
 - Channels and formats
- Alignment with organizational strategy and culture
- Execution and internal project management
- Measuring outcomes: KPIs, ROI, and perceived impact

Topic 3. Tools, Channels, and Formats for Internal Communication

- Ecosystem of physical, digital, and hybrid channels
- Key tools: intranet, newsletters, internal apps, collaboration platforms, signage, events
- Format innovation: podcasts, videos, gamification, storytelling
- Automation and personalization: use of AI

Topic 4. Internal Communication in Key Organizational Moments

- IC and Employer Branding: talent attraction and retention
- Onboarding, offboarding, and the employee journey
- Internal communication in change and digital transformation processes
- Remote and hybrid work, and engagement management
- Diversity, inclusion, and sustainability through IC

Topic 5. Crisis Management and Professional Ethics

- Types of internal crises: conflicts, restructurings, layoffs, information leaks
- The role of internal communication before, during, and after a crisis
- Action protocol and internal crisis communication plan
- Coordination with External Communication and HR
- Ethics and professional conduct in organizational communication: confidentiality, transparency, truthfulness
- Trust as a key communication asset

Topic 6. Innovation, Future Roles, and Emerging Trends

- The future of the internal communicator: profile, skills, and evolution
- Artificial Intelligence, data, and analytics in IC
- Employee advocacy and internal social media
- Internal communication as a leadership tool
- Emerging trends: emotional well-being, corporate purpose, conscious leadership

All these topics will enter the evaluations to be performed at any given time (theory and practice). If a session could not be given for reasons beyond the control of the teachers, its content will be given as taught and will be evaluated based on specific bibliography, the detailed script of the syllabus, etc.

The course content will be sensitive to issues related to gender perspective and the use of inclusive language.

Activities and Methodology

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Theory classes, student oral presentations, debate, case study	27	1.08	2, 5, 14, 9, 10, 12

Type: Supervised

Individual and group tutoring	15	0.6	3, 15, 8
Type: Autonomous			
Autonomous study and preparation of exercises	70	2.8	1, 2, 4, 6, 8, 9, 11, 13, 16

There will be a detailed presentation in the classroom of the theoretical contents of the syllabus, which is what will allow the development of practical teaching and the achievement of the competencies defined for this subject.

Master classes should encourage reflection and joint debate, and are a necessary element in encouraging students' self-learning.

Practical teaching allows the student to assess the evolution of their learning and place it in front of the simulation of real cases. The internships are complemented by tutorial consultations that have the basic goal of providing training, personal and professional guidance, and especially guidance for doing group work.

The basis of the teaching methodology will be to achieve an autonomous learning by the students. The academic activity supervised by the teaching staff, with a constant and active participation of the students, will allow them to assume the generic and specific competencies that will be raised in the subject, thus achieving the objectives set.

The subject is divided into a series of master classes, seminars and / or conferences and / or specific days that provide the theoretical and methodological basis and serve as a link and guide to perform the learning activities (practical classes) and self-learning that are essential. in the design of the subject. Theoretical classes and learning activities will allow students to assume the purposes of the subject.

Tutorials are considered a fundamental aspect for the guidance and growth of student learning. These tutorials can be individual, group, face-to-face or virtual, depending on the development of the course.

A detailed schedule outlining the content of each session will be presented on the first day of the course and will be available on the course's Virtual Campus, where students will find all teaching materials and necessary information for effective course monitoring.

Should the teaching modality change for reasons of force majeure according to the competent authorities, the teaching staff will inform students of any modifications to the course schedule and teaching methodologies.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continuous Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Course Work	25%	12	0.48	4, 14, 8, 7, 9, 11, 13, 16
Exam	25%	3	0.12	2, 4, 9
Participation	10%	3	0.12	5, 15, 16
Practical Exercises	40%	20	0.8	1, 3, 4, 6, 14, 8, 7, 10, 11, 12, 16

This subject doesn't provide for the single assessment system.

As this is a subject with continuous assessment, it is mandatory to attend the classroom. And to pass the subject it is mandatory to take all the activities. The course consists of the following assessment activities:

Activity A (25% on the final grade). Exam: It is a theoretical test of content control. It will include the theoretical contents taught and the bibliographic material indicated by the teachers.

Activity B (25% on the final grade). Course work. Autonomous group activity with teacher supervision. 5% of the grade will correspond to the oral presentation to teachers and students. 20% of the grade will be for the written content of the work.

Activity C (40% on the final grade) Practical exercises, usually individual or in groups. Tests in the classroom, directed and supervised. Each test will be worth between 5 and 10% depending on its difficulty and will be explained in the document of teaching planning of the subject, which also indicates the detailed schedule of activities to be carried out throughout the semester and which is posted in the Moodle Classroom at the beginning of the semester.

Activity D (10% on the final grade). Knowledge control tests in the theory classroom, without prior notice, based on what was explained in the session. There can be a debate or answer or reflect on an issue presented in the classroom both in person and virtually from the Virtual Campus Forum.

To pass the course and make the average grade proportional, each of the parts must be passed (minimum of 5 points out of 10 in each of the 4 blocks of activities). The result will be:

$A (25\%) + B (25\%) + C (40\%) + D (10\%) = 100\%$ final grade of the subject.

Recovery System:

Students will be entitled to the recovery of the subject if they have been assessed for the set of activities whose weight is equivalent to a minimum of 2/3 of the total grade of the subject.

Since the course has a continuous evaluation system, the activities that are excluded from the recovery process are the B (coursework) and the whole of the C (individual exercises). In the case of having failed an exercise of part C or not having handed in any of them on time, it will not be possible to recover it and it will be averaged with the rest of the exercises.

Second Registration:

If someone enrolls in Internal Communication for the second time, they can take a synthesis test. It is necessary to notify it to the professor Recoder during the first two weeks of the course.

Plagiarism

The student who commits any irregularity (copying, plagiarism, impersonation ...) will be graded with 0 this evaluation activity. In case of several irregularities, the final grade of the subject will be 0.

In this course, the use of Artificial Intelligence (AI) technologies is not permitted at any stage. Any assignment containing content generated by AI will be considered a breach of 5 academic integrity and may result in a partial or total penalty to the assignment grade, or more serious sanctions in severe cases.

Bibliography

Specific bibliography for each topic will be provided

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FUTHER READING

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COURSERA

On the Coursera platform you will find the online course "Internal Communication Management" (in Spanish) conducted by professors Recoder and Casas. There are many videos and exercises on the subject. It is a free course for UAB students entering the platform with the university's institutional email.

Software

No special software is required. Use of Word and Powerpoint for exercices and oral presentations.

Groups and Languages

Please note that this information is provisional until 30 November 2025. You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject.

Name	Group	Language	Semester	Turn
(PLAB) Practical laboratories	71	Catalan	second semester	afternoon
(PLAB) Practical laboratories	72	Catalan	second semester	afternoon
(TE) Theory	7	Catalan	second semester	afternoon