

Adult Clinical Psychological Assessment

Code: 105774
ECTS Credits: 6

2025/2026

Degree	Type	Year
Psychology	OT	4

Contact

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Teachers

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Teaching groups languages

You can view this information at the [end](#) of this document.

Prerequisites

There is no prerequisite specifically established for this subject, but it is highly recommended that you have studied or be studying simultaneously Adult Psychopathology and Personality Disorders. It is much more effective to learn to evaluate and to be able to establish a diagnosis if we know what to evaluate.

Objectives and Contextualisation

This subject is part of the optional training subject, in the optional specialisation in Adult Clinical Psychology that is undertaken on the fourth year of the Degree in Psychology. A general objective of this subject is that the student is able to identify and delimit the procedure and/or assessment techniques in clinical psychology of adults that should be used, most appropriately, according to the case raised in the clinical-health field. More specifically, the specific objectives of the subject are:

1. Acquire basic knowledge about the assessment process in adult clinical psychology: interview, differential diagnosis and decision-making in the established assessment process.
2. Acquire the basic knowledge about the peculiarities of clinical assessment for various different mental disorders in clinical psychology of adults.
3. To know the assessment instruments and techniques most frequently used in the clinical field: selection criteria, rules of administration and correction and clinical interpretation of the results.
4. Familiarize yourself with the procedure for drawing up a clinical report.

Competences

- Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- Actively listen to be able to obtain and synthesise relevant information and understand the content.
- Apply knowledge, skills and acquired values critically, reflexively and creatively.
- Apply techniques to collect and produce information about the functioning of individuals, groups and organisations in context.
- Evaluate, contrast and take decision on the choice of adequate methods and instruments for each situation and evaluation context.
- Formulate hypotheses about the demands and needs of the recipients.
- Identify and recognise the different methods for assessment and diagnosis in the different areas applied to psychology.
- Maintain a favourable attitude towards the permanent updating through critical evaluation of scientific documentation, taking into account its origin, situating it in an epistemological framework and identifying and contrasting its contributions in relation to the available disciplinary knowledge.
- Make changes to methods and processes in the area of knowledge in order to provide innovative responses to society's needs and demands.
- Obtain and organise relevant information for the service requested.
- Plan the evaluation of programmes of intervention.
- Prepare and write technical reports on the results of the evaluation, research or services requested.
- Recognise the deontological code and act ethically.
- Recognise the determinants and risk factors for health and also the interaction between people and their physical and social environment.

Learning Outcomes

1. Analyse a situation and identify its points for improvement.
2. Analyse the content of clinical interviews related case studies in the field of clinical psychology with adults.
3. Analyse the quality of the information collected.
4. Apply assessment techniques.
5. Apply assessment techniques for each type of problem and level of complexity.
6. Apply communication skills.
7. Apply knowledge, skills and acquired values critically, reflexively and creatively.
8. Critically analyse the principles, values and procedures that govern the exercise of the profession.
9. Demonstrate knowledge of the relevant sections of information in reports for various purposes.
10. Differentiate the various methods and tools and their usefulness.
11. Distinguish different approaches to assessment and diagnosis and classify them according to the application context.
12. Distinguish the quality criteria of the instruments depending on the context.
13. Explain the explicit or implicit deontological code in your area of knowledge.
14. Identify functional variables of acquisition and maintenance of problems in examples of clinical cases.
15. Identify situations in which a change or improvement is needed.
16. Indicate the objectives of the intervention.
17. Maintain a favourable attitude towards the permanent updating through critical evaluation of scientific documentation, taking into account its origin, situating it in an epistemological framework and identifying and contrasting its contributions in relation to the available disciplinary knowledge.
18. Plan post-treatment evaluation.
19. Plan the evaluation to be carried out during the intervention.
20. Prepare different types of report.
21. Propose projects and actions that are in accordance with the principles of ethical responsibility and respect for fundamental rights and obligations, diversity and democratic values.
22. Recognise the deontological code and act ethically.
23. Recognise the key elements of narrative discourse or the results of a standardized assessment.
24. Recognise the stages of clinical assessment.

25. Summarise the essential information to facilitate the process of formulating a clinical case and a differential diagnosis incorporating the gender perspective.
26. Use nomenclatures and appropriate language in each application context.
27. Use techniques facilitating the clinical interview.
28. Write up the results in an operational way.

Content

Block A: Conceptual Aspects.

Topic 1. Basic concepts in clinical assessment and psychodiagnostics: historical evolution of the concept of clinical psychological assessment, terminology delimitation, psychodiagnostic models in clinical psychological assessment.

Block B: Strategies and Procedures for Assessment in Clinical Psychology.

Topic 2. The process of obtaining a psychodiagnostic: clinical assessment process, establishment of diagnostic hypotheses, evaluation of problems and psychological dimensions, diagnostic keys, differential diagnosis, functional behavior analysis, diagnostic criteria, anamnesis and clinical history, prognosis and clinical psychological report.

Topic 3. The clinical interview: the interview in the clinical context, classification of the interviews, advantages and limitations, reliability and validity of the interview, longitudinal description of the course of the interview.

Topic 4. Assessment of the normal personality in the clinical context: personality assessment from empirical criteria, personality assessment from factorial criteria, personality assessment from the paradigm of the 'five major factors', personality assessment from a psychobiological paradigm

Topic 5. Multidimensional psychometric instruments and general interviews in psychodiagnostics: general interviews (SCID-I), SCL-90-R inventory, Minnesota personality multiphasic inventory (MMPI-II), Minnesota multiphasic personality inventory reviewed (MMPI-RF), the clinical analysis questionnaire (CAQ-II), the Millon multi-axial clinical inventory (MCMI-IV) and the Personality Assessment Inventory (PAI).

Block	C: Clinical	assessment	of	several	mental	disorders
Topic 6.	Assessment	of	affective			disorders.
Topic 7.	Assessment	of	anxiety			disorders.
Topic 8. Assessment of psychotic spectrum disorders: schizophrenia.						

Activities and Methodology

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Conferences	24	0.96	11, 10, 12, 16, 22, 23, 24, 26
Seminars of clinical cases	12	0.48	2, 3, 6, 5, 22, 27
Type: Supervised			
Supervised work	13.5	0.54	3, 7, 4, 12, 26
Type: Autonomous			

Reading of texts	25	1	7, 17
Search for documentation in scientific journals, books and the Internet	25	1	7, 17
Study	47.5	1.9	11, 10, 12, 17, 24

The teaching methodology of the subject is aimed at fostering decision-making capacity, planning capacity, autonomy and critical attitude. It is intended that the student should be able to decide, according to the diagnostic hypotheses formulated the most appropriate procedure, of psychological assessment in adult clinic and, finally, to complete the evaluation process with the oral and written transmission (report) of the results. It is necessary for the student to be pro-active in the search for information for the current status of the different instruments for clinical assessment of adults and the different assessment procedures for the different psychopathological disorders.

The teaching methodology of this subject can be divided into three blocks:

1. Directed teaching. It is structured in three compulsory assistance activities:

A. The first consists of a lecture cycle, in classroom supported by multimedia technologies and made in large groups. It is intended that the student is able to learn the main theoretical concepts of assessment in clinical psychology of adults. The duration of this activity will be two hours for all students in a module. B. The second activity consists of directed classroom practices or clinical seminars that will be conducted in small groups under the principle of problem-based learning (PBL). In these practices, at the proposal of the teaching team, two clinical cases will be analyzed, where the entire process of clinical evaluation and preparation of the clinical report will be worked on. The aim is to create a space for critical analysis and clarification of the assessment process in clinical psychology to be carried out in each clinical case, similar to that established in hospital clinical sessions, in relation to the theoretical concepts that have been discussed in the lectures. The duration of this activity, which students will receive bi-weekly, will be two hours taught to third of the students on the module (group 1/3). This activity focuses on the following training activities:

1. Work on the skills of the clinical evaluator to obtain relevant information.
2. Preparation of a history and clinical history.
3. Identification of the main and secondary clinical signs and symptoms.
4. Formulation of diagnostic hypotheses.
5. Plan and design the clinical evaluation process.
6. Analysis and discussion of the assessment instruments used.
7. Interpretation of the results of the evaluation instruments used.
8. Work on the skills of the clinical evaluator for the oral feedback of the results of the evaluation instruments used.
9. Preparation of the psychological clinical assistance report.

C. The third activity consists of an oral presentation by students (groups of two people maximum), on one of the 5 topics proposed by the teaching team, for a period not exceeding 25 minutes and with power-point type visual support. The duration of this activity, which the students will receive biweekly, will be 4 hours divided into two sessions of two hours and taught with a third of the students of a whole module (group 1/3). This last activity is aimed at expanding the content and theoretical knowledge presented in the lectures with the whole group and developing the synthesis and oral defense capabilities of an evaluation topic in clinical psychology of adults. The topics to choose are:

1. Evaluation of disruptive disorders, impulse control and behavior disorders.
2. Evaluation of suicidal and autolytic behaviors.
3. Evaluation of sexual disorders.
4. Evaluation of addictive disorders and substance use.
5. Evaluation of gender violence.

2. Supervised Activity. It is structured in an activity, led by the student, which aims to consolidate the theoretical and practical contents of the subject. It consists of a psychological clinical assistance report. Specifically, it is the preparation of a clinical report of a psychopathological clinical case based on the clinical history and the

results of the different tests / instruments used for the psychological evaluation of the case that students should interpret. The preparation of the report will be carried out in groups of two students maximum and, exceptionally, a single student. The teachers will help and supervise the work in office hours and during the weeks set aside for assessment of this activity. There will be a specific day of supervised teaching in the classroom (see teaching schedule).

3. Autonomous activity. The autonomous work activities of the student include, in addition to study and bibliographic research, the reading of specialized or complementary content materials of special interest for the acquisition of competences.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continous Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Evidence EVA1 (First written test of multiple choice test)	30% (Thematic block A and B)	1.5	0.06	3, 5, 11, 10, 12, 16, 17, 18, 19, 23, 24, 26
Evidence EVA2 (Second written test of multiple choice test)	30% (Thematic block B and C)	1.5	0.06	3, 5, 9, 11, 10, 12, 17, 18, 19, 23, 24, 26
Evidence EVA3 (Report of a clinical case worked entirely by the student)	15%	0	0	8, 2, 3, 1, 7, 4, 9, 20, 28, 13, 15, 14, 16, 22, 23, 25, 26
Evidence EVA4 (Portfolio seminar of clinical cases)	10%	0	0	8, 2, 3, 1, 7, 6, 4, 5, 9, 11, 20, 28, 13, 15, 14, 16, 18, 21, 22, 23, 25, 26, 27
Evidence EVA5 (Oral presentation evaluation theme)	15%	0	0	7, 6, 4, 5, 11, 10, 12, 13, 17, 18, 19, 21, 22, 25, 26

The assessment of the subject comprises individual and collective assignments or in a small group of up to two people, according to the evaluation guidelines established by the Faculty of Psychology: https://www.uab.cat/doc/DOC_Pautes_Avaluacio_2025-2026. Two assessment formats are established: continuous and single, as specified below. The single assessment format consists of individual learning evidences evaluated on a single day (within 5 hours) during the second evaluation period. It includes two written exams (EVA1 and EVA2), a clinical case portfolio (EVA4), a written clinical report (EVA3), and an individual oral presentation (EVA5), accounting for 100% of the final grade.

A. Individual assessment:

1. Two written and in-person tests will be undertaken, only one in the case of the single assessment, in face-to-face mode, with multiple choice tests, evidence of assessment (EVA1) for thematic blocks A and B (subjects 1-5a) with questions from a clinical case and the other assessment (EVA2) for thematic blocks B and C (subjects 5b-9) and a clinical case. The partial grade value of each test will be 30% for EVA1 and 30% for EVA2. These tests will be aimed at assessing the student's ability to apply the concepts and theories studied on the clinical psychology assessment of adults subject. The total grade of these written tests will have a maximum value of 60% of the final grade for the subject. These learning evidences will be evaluated during the first (EVA1) and second (EVA2) assessment period. In the case of the single assessment during the second assessment period. The return of results will take place during tutoring sessions in the scheduled review

weeks, specifically weeks 7 and 18, respectively. The use of AI to complete the assignments is not permitted. The submission of the translation of the in-person exams will be carried out if the requirements established in Article 263 are met and the request is submitted online (E-form) during week 4 (more information on the Faculty website).

2. A portfolio will be carried out (EVA4). A practical portfolio (EVA4) will be undertaken with the report on the two cases, evidence involving the development and resolution of cases, undertaken during the clinical seminars undertaken throughout the course. During the course of each clinical seminar, the different parts of the clinical psychological reports will be undertaken in the field of adults. The value of the grade for this assessment will be 10% of the final grade for the subject. This continuous learning evidence will be submitted during week 17 or during the second evaluation period in the case of single assessment. The feedback will be given during a tutorial in the scheduled review sessions in weeks 7 and 18, respectively. The use of AI to complete the assessments is not allowed. The feedback is provided in the classroom and through ongoing tutorials. The use of AI is allowed up to 25%.

B. Evidence of collective learning (maximum two to three people):

1. A supervised continuous learning assessment (EVA3) will be carried out through the completion of a clinical report based on a practical case. This evidence involves the development and resolution of cases and must be submitted in written form. The total grade for this learning evidence will account for a maximum of 15% of the final course grade. It can be completed individually or in groups of up to two people. This continuous learning evidence will be submitted during week 17 or during the second evaluation period in the case of single assessment. The feedback is provided through ongoing tutorials. The use of AI is allowed up to 25%.

C. Collective learning evidence with a maximum of three people (continuous assessment) or individual (single assessment):

1. An oral presentation supported by PowerPoint (EVA5), lasting no more than 25 minutes, will be given on one of the five clinical psychological assessment topics in adults proposed by the teaching team: assessment of disruptive and impulse-control disorders, assessment of suicidal and self-injurious behaviors, assessment of sexual disorders, assessment of addictive and substance use disorders, and assessment in gender-based violence. The grade for this learning evidence will account for 15% of the final course grade. It must be done in groups of 2-3 people (continuous assessment). The grade will be assigned individually for each group member. This learning evidence will be assessed in person during weeks 12 to 15, or during the second evaluation period in the case of single assessment, in which the presentation will be done individually. The feedback is provided in the classroom during its evaluation. The use of AI is permitted up to 25%.

The final grade, for both single and continuous assessment, for the subject will be calculated as follows: two written tests (EVA1 and EVA2), the writing of the tutored report (EVA3), the practical portfolio (EVA4) and the oral presentation (EVA5). Each of the assessments has the aforementioned weighting. It is calculated from the following formula and prerequisite: $\text{Final Note} = [(Note \text{ EVA1} \times 0.3) + (Note \text{ EVA2} \times 0.3) + (Note \text{ EVA3} \times 0.15) + (Note \text{ EVA4} \times 0.10) + (Note \text{ EVA5} \times 0.15)]$.

The following assessment terms must be taken into account:

Evaluable student definition: Students who have submitted assessments with a weight equal to or greater than 4 points (40%) of the total subject, cannot be recorded on file as "non-evaluable". If they are considered submitted or evaluable, they will qualify with 0 assessments which the student has not submitted.

Definition of passing the subject: a student has passed the subject when they have submitted all the assessments, obtaining a total of at least 4.85 points in continuous assessment, with a minimum of 3.5 points or more (on a scale 0-10) in each assessment undertaken. Should these requirements not be met, the maximum grade that can be obtained is 4.5 points.

Re-assessment tests: in resit week, students will have the option of resitting individual written assessments (multiple choice type test or EVA1 and EVA2) not passed and previously submitted. Thus, the student can opt for re-assessment provided that throughout the continuous assessment they have completed the assessments with a weight equal to or greater than 2/3 parts of the total grade and obtained a score less than 5 points and greater or equal to 3.5 points. The subject criterion passed will be the same as for continuous assessment, only replacing the grades of the assessments passed. Should the set requirements not be met, the maximum grade to be recorded on the academic record will be 4.5 points. The individual written re-assessment will

consist of a closed written test with multiple choice questions on the unsuccessful theoretical content and with questions about a clinical case. The same resit system as the continuous assessment will be applied.

C. Single Assessment: it will take place on the same day and place, in person, as the test of the second assessment period of the subject, except for the evidences that involve the development and resolution of cases (EVA3 and EVA4). All the contents of the subject will be evaluated. Evidences 1 and 2 will be carried out, involving two partial written tests with multiple-choice questions and EVA5, which involves the oral defence of one of the topics of clinical psychological assessment of adults proposed by the teaching team. The duration of the test is approximately 4 hours. The final mark for the course will be obtained as described for the continuous assessment. The same assessment terms apply regarding the definition of assessable student and the definition of the subject's supereration, as previously mentioned. The recovery process will be the same for continuous assessment as described above. The single assessment must be requested online (E-form) during the specific period (more information on the Faculty website).

TABLE OF SINGLE ASSESSMENT ACTIVITIES

Name and description of activities	Duration in hours (face-to-face event)	Date of completion/delivery	Second p
EVA1: Written test A (1st partial)	30%	4 hours	
EVA2: Written test B (2nd partial)	30%		
EVA3-4: Resolution reports	25%		
<psstyle="text-align: left;" align="center">EVA5: Oral presentation evaluation topics	15%		

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Software

There is no.

Groups and Languages

Please note that this information is provisional until 30 November 2025. You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject.

Name	Group	Language	Semester	Turn
(SEM) Seminars	111	Catalan/Spanish	second semester	morning-mixed
(SEM) Seminars	112	Catalan/Spanish	second semester	morning-mixed
(SEM) Seminars	113	Catalan	second semester	morning-mixed
(TE) Theory	1	Catalan/Spanish	second semester	morning-mixed