

Work Placement

Code: 106402
ECTS Credits: 6

2025/2026

Degree	Type	Year
Psychology	OB	4

Contact

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Teaching groups languages

You can view this information at the [end](#) of this document.

Prerequisites

There are no prerequisites for enrolling in this subject for students of the bachelor's degree in Psychology. We recommend having finished all the courses belonging to the 1st, 2nd and 3rd academic years.

Objectives and Contextualisation

Make direct contact with the profession of psychology and with the application of the competences related to this professional activity.

Observe the work of the mentor psychologist in real contexts.

Observe the tasks performed by the centre's workforce.

Put into practice the knowledge acquired during the Degree studies.

Competences

- Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.
- Actively listen to be able to obtain and synthesise relevant information and understand the content.
- Analyse and interpret the results of the evaluation.
- Apply direct strategies and methods of intervention on recipients: psychological advice, therapy.
- Apply strategies and methods for direct intervention in contexts: construction of healthy scheme, etc.
- Apply techniques to collect and produce information about the functioning of individuals, groups and organisations in context.
- Dominate the strategies and techniques to include in the intervention with recipients.
- Identify and recognise the different methods of treatment and intervention in the different applied areas of psychology.
- Make changes to methods and processes in the area of knowledge in order to provide innovative responses to society's needs and demands.
- Measure and obtain relevant data for evaluating interventions.
- Plan the evaluation of programmes of intervention.

- Produce and keep files and adequate documentation in line with protocols and information requirements.
- Recognise and appreciate external assessment of personal actions.
- Recognise personal limitations and limitations of the discipline in the different areas of professional practice.
- Select indicators and construct instruments for evaluating programmes and interventions.
- Students must be capable of applying their knowledge to their work or vocation in a professional way and they should have building arguments and problem resolution skills within their area of study.
- Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.

Learning Outcomes

1. Adequately analyse the data related to program evaluation.
2. Apply mediation and negotiation strategies in situations of conflict.
3. Classify the different techniques of program evaluation in order to assess its development, the results that have been obtained and their effectiveness.
4. Conduct interviews to collect relevant information, as well as administering questionnaires and self-report scales appropriate for each situation.
5. Create and maintain records that include all relevant aspects of persons, groups and situations, with proper identification and documentation.
6. Critically analyse the principles, values and procedures that govern the exercise of the profession.
7. Design performance models that take into account the family, social and community framework for promoting the quality of life of people.
8. Design strategies for collecting data and hypothesis testing to assess the extent of an intervention program and its ability to achieve the objectives for which it was designed.
9. Design strategies to evaluate a program, through the measurement of changes that these interventions have had on individuals, groups and organizations. Such strategies should facilitate subsequent decision making by professionals on the need to modify elements of the program.
10. Distinguish the variables that affect adherence to a psychological intervention.
11. Explain the explicit or implicit deontological code in your area of knowledge.
12. Explain to recipients the intervention options and the possible advantages and disadvantages of each.
13. Grasp and understand the entire message, properly interpreting its meaning based on verbal and nonverbal communication of an issuer.
14. Identify situations in which a change or improvement is needed.
15. Identify systems that allow the creation and e-management of individual and group histories, as well as trace logs and transmission of information to recipients of an intervention, especially in clinical and health settings.
16. Identify systems that ensure the longevity and accuracy of the information recorded in the records.
17. Identify the different levels for which indicators evaluating programs and interventions are required.
18. Interpret the specific content of a message from the point of view of the transmitter, demonstrating responsiveness, empathy and has been well played.
19. Make proper use of the instruments of assessment and diagnosis and assess their suitability for each particular situation and convenience, as well as their advantages and limitations.
20. Operationally define indicators that will be part of the evaluation.
21. Properly implement the strategies and instruments for evaluating programs in order to obtain information about each performance and the impact of interventions, especially in clinical settings and health.
22. Recognise and appreciate external assessment of personal actions.
23. Recognise personal limitations and limitations of the discipline in the different areas of professional practice.
24. Reflect on the process that has been carried out with a program or intervention, identifying its scope and limitations.
25. Select appropriate methods and techniques tools for solving specific practical problems given the idiosyncrasies of each situation.
26. Select the most appropriate intervention strategies for the issues arising.
27. Show interest and consideration for the message, and understand the perspective of the issuer.

28. Students must be capable of applying their knowledge to their work or vocation in a professional way and they should have building arguments and problem resolution skills within their area of study.
29. Students must be capable of communicating information, ideas, problems and solutions to both specialised and non-specialised audiences.
30. Use active listening techniques, thus making the verbal and nonverbal language, to create a climate that facilitates communication between two or more participants.
31. Use strategies to promote the commitment of the recipient in the actions proposed intervention.

Content

The specific contents on which students will have to work depend on the type of centre where they are carrying out the placement.

At present, places are offered at various health and clinical centres (adults and children), educational centres (schools), workshops for people with disabilities, research centres, companies (Human Resources), centres of the Department of Justice, centres that develop psychosocial intervention programs, centres that develop health prevention programs, and in other organizations and institutions that perform tasks and functions related to the various applied fields of Psychology.

Consult the offer of external placements for more information about the type of centre and the activities in which the student will participate.

Activities and Methodology

Title	Hours	ECTS	Learning Outcomes
Type: Supervised			
Activities developed at the assigned centre	120	4.8	
Tutorials with the academic tutor	5	0.2	
Type: Autonomous			
Report writing	25	1	

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Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continuous Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
EVALUATION FROM THE ACADEMIC TUTOR- Tutorial sessions	5%	0	0	6, 29, 22, 24
EVALUATION FROM THE ACADEMIC TUTOR- Writing Report	20%	0	0	1, 14, 24
RAPPORT FROM THE TUTOR OF EXTERNAL CENTRE.	75%	0	0	1, 21, 2, 13, 3, 5, 20, 27, 8, 9, 7, 10, 19, 12, 11, 4, 17, 16, 15, 14, 18, 29, 28, 23, 26, 25, 31, 30

The evaluation is carried out by the academic tutor and the tutor of the external centre.

The evaluation by the external center tutor is carried out through an evaluation rubric that is completed by scoring quantitatively (from 0 to 10) and descriptively considering: attendance and compliance with the schedule, attitude and disposition, and level of learning achieved. It accounts for 75% of the final grade. The remaining 25% corresponds to the activities (Report and tutorials) conducted by the academic tutor.

The academic tutor will establish the schedule for submitting the Report. The submission of the Report (except in special cases such as those involving the completion of internships during the summer, or with explicit authorization from the academic tutor) will always be done before the start of the second evaluation period of the second semester on the dates set by the faculty (and published on the website).

To consider that the student has passed the external internships, it is necessary that:

- a) They attend the follow-up sessions established by the academic tutor (with a weight of 5%).
- b) They submit the internship report to the academic tutor (with a weight of 20%).
- c) They complete the corresponding internship hours at the assigned center under the supervision of the external center tutor (with a weight of 75%).
- d) They obtain a weighted grade of 5 points or more.

In case of non-compliance with any of these requirements, the global grade recorded in the transcript will be a maximum of 4 points, with the following additional considerations related to point c) mentioned above:

- If less than 40% of the 120 hours at the internship center are completed, the final grade will be: Not Evaluated.
- And if between 40% and less than 100% of the 120 hours at the internship center are completed, the final grade will be between 0 and 4 proportional to the hours completed.

The academic tutor is responsible for the final evaluation of the course.

According to Article 261 of the UAB academic regulations (https://www.uab.cat/doc/oci_normativa_academica_enllac), no recovery system is contemplated.

This course does not provide for single assessment or synthesis test.

Link to the faculty evaluation guidelines: (https://www.uab.cat/doc/DOC_PautesAvaluacio_2025_2026)

Return type	Types of evidence	Week
Rubric	Memory	Week 19/20
Rubric	Center tutor report	Week 19/20

USE IA- Restricted

"For this subject, the use of Artificial Intelligence (AI) technologies is permitted exclusively for support tasks, such as bibliographic or information searches and text correction. Students must clearly identify which parts have been generated using this technology, specify the tools used, and include a critical reflection on how these have influenced the process and the final result of the activity. Failure to disclose the use of AI in this assessable activity will be considered academic dishonesty and may result in a partial or total penalty on the activity grade, or more severe penalties in serious cases."

Bibliography

There is not an specific bibliography. However academic tutor and the tutor of the centre will provide the student documents (articles, books, rapports, web pages) which complete the knowledge about the activities and contents developed at the centre.

Software

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Groups and Languages

Please note that this information is provisional until 30 November 2025. You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject.