

**Policies for Equality between Men and Women:
Work, Health, and Everyday Life**

Code: 42715
ECTS Credits: 6

2025/2026

Degree	Type	Year
Social Policy, Employment and Welfare	OT	0

Contact

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Teachers

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Teaching groups languages

You can view this information at the [end](#) of this document.

Prerequisites

There are not.

Objectives and Contextualisation

The general objective is to address the issue of gender equality from a health perspective, from a set of policies that impact on the intersection of work and people's daily lives, as well as providing useful conceptual tools for its critical analysis and for the elaboration of proposals for action, from a European perspective.

Competences

- Design, implement and evaluate social and labour policies affecting the relationship between work, employment and welfare.
- Design, implement and evaluate social policies and processes for resource redistribution and improvement of citizens' welfare, in different contexts and from a European perspective.
- To apply the gender approach in the analysis of the relationship among labour market, cares and social inequality.

- Use and manage bibliography and IT resources in the field of study.

Learning Outcomes

1. Design actions within policies on equality between men and women, at the local level and focusing on daily life.
2. Evaluate policies in support of everyday living from a gender approach.
3. Evaluate policies towards workplace equality between men and women from a gender approach.
4. Evaluate the policies pursued in this area.
5. Identify policies on health and the means used to implement these.
6. Identify the interplay between the contexts of work and daily living, paying special attention to the impacts of employment policies on health, from a gender perspective.
7. Identify the main current lines of research on the relationship between work, employment and welfare in daily life, in advanced societies.
8. Interpret the general principles that guide workplace health policies, and existing prevention models.
9. Suggest lines of intervention on factors affecting health inequalities and their links to gender inequalities, in the field of employment.
10. Suggest new lines of research on work and daily welfare issues.
11. Use and manage bibliography and IT resources in the field of study.

Content

1. Equality policies between women and men in Europe: work, health and everyday life
2. Resistances and challenges of gender mainstreaming at work
3. Gender-based violence: theoretical and conceptual framework
4. Tools for addressing gender-based violence
5. The case of sexual and gender-based harassment in the workplace
6. Social production of health: social and political determinants
7. Inequalities in health: characteristics, causes and approaches
8. Labor, work and health conditions
9. Occupational health, risk factors and prevention

Activities and Methodology

Title	Hours	ECTS	Learning Outcomes
Type: Directed			
Master class	22	0.88	5, 7, 6, 8
Type: Supervised			
Workshop	10	0.4	2, 3, 4, 1

Type: Autonomous				
Individual paper	48	1.92	2, 3, 4, 11	

The sessions will combine:

- a) Teaching presentations of a theoretical nature.
- b) Seminars to discuss papers, practical cases and intervention proposals.
- c) Preparation of an individual work, which will previously be discussed in groups in the classroom.

Annotation: Within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continous Assessment Activities

Title	Weighting	Hours	ECTS	Learning Outcomes
Attendance and participation	10	28	1.12	5, 7, 6, 8
Individual paper	50	22	0.88	2, 3, 4, 1, 5, 7, 10, 11
Workshops	40	20	0.8	2, 3, 4, 1, 6, 8, 9, 11

The evaluation is based on:

- Active participation and work group in the workshops (40%).
- Individual essay on the state of the art in relation to one of the topics proposed in the module as a whole (50%).
- Attendance and participation (10%).

Unique assessment

In accordance with the Academic Regulations of the UAB, the possibility of the single evaluation is foreseen, which must be notified within the deadlines established for the Faculty. Specifically, the single assessment will consist of an exam (50%), an individual essay (30%) and a specific practical work on the seminar subject (20%). All of these activities will be carried out and delivered on the same date following the assessment calendar established by the Faculty.

To appear as "no available" in the official records

Only those who have not provided sufficient evidence of assessment throughout the course will be graded as "not present": those people who have not attended 50% of all scheduled assessment activities.

Use of Artificial Intelligence (AI)

The use of AI technologies is not permitted in any phase of this course. The papers that includes AI-generated fragments will be considered a breach of academic honesty and may result in a partial or total penalty on the assignment grade, or greater penalties in serious cases.

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Software

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Groups and Languages

Please note that this information is provisional until 30 November 2025. You can check it through this [link](#). To consult the language you will need to enter the CODE of the subject.

Name	Group	Language	Semester	Turn
(TEm) Theory (master)	1	Spanish	second semester	afternoon