

Degree programme	Type	Course
Physiotherapy	OB	3

Contact lecturer

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Group languages

You can consult this information at the [end](#) of the document.

Prerequisites

There are no official prerequisites, but it is recommended to have reached a good level of practical and theoretical knowledge in all clinical experiences.

The student will acquire the commitment to preserve the confidentiality and professional secrecy of the data that can be accessed due to the learning of health care services. They also should compromise in maintaining an attitude of ethics and professionalism in all their actions.

It is mandatory that the student obtain the certificate (negative) of crimes of a sexual nature before starting the practices. In addition, there are centers that require specific documentation that the student must submit on the first day of the internship or even 1 month before the start of the internship. This must be have into account before de selection of any center. The student have to be sure to agree on the terms of the diferent clinics or hospitals.

There will be the possibility of being able to carry out the internship in the afternoon or in some extraordinary period. The selection of afternoon internships does not exempt the student from attending the theoretical or practical compulsory classes of other subjects in which they are enrolled. Attention must be paid when choosing the internship centers and the shift. Not all centers affiliated with the UAB offer places in the afternoon or in extraordinary periods, in these cases, the student must adapt to the offer of places proposed by the university. Internships may not be carried out in centers not affiliated with the UAB.

Objectives

The subject Practicum IV is attended during the second semester of the third year of the degree of Physiotherapy, and is part of the group of the subjects of basic training.

The general objective of the subject is to apply in practice concepts already studied in other subjects. It integrates all the knowledge, skills, attitudes and values acquired in all subjects, under the supervision of qualified physiotherapists, and intends to develop all professional competencies for effective physiotherapy treatment through comprehensive patient-user assistance.

This subject is complemented with other basic and compulsory subjects, such as Physiotherapy in Neurology I and II, Physiotherapy of the Locomotive Apparatus, Therapeutic Techniques in Physiotherapy of the Locomotive Apparatus, Instrumental Evaluation of the Locomotive Apparatus, Physiotherapy in Cardiology and Respiratory, Physiotherapy in Geriatrics, and Practicum I, II and III. Likewise, it is complemented by optional

third-party subjects such as Physiotherapy in Pediatrics, Prevention and Treatment of Physiotherapy in Vascular Processes, Prevention and Treatment of Lymphedema, and Prevention and Treatment of Pelvic Floor Alterations.

It is, therefore, part of the scientific basis necessary for the formation of the graduate in Physiotherapy.

Learning outcomes

1. Resolve clinical cases suitable for physiotherapy treatment in any clinical specialisation.
2. Suitably record all steps taken, from reception of the patient to the physiotherapy discharge report, in accordance with each clinical specialisation.
3. Carry out suitable physiotherapy assessment procedures to determine the degree of damage and its possible functional repercussions, in the patients assigned to the student in the clinical placement.
4. Establish the general and specific criteria for applying the treatment.
5. Establish treatment priorities in accordance with the problems detected.
6. Establish the frequency of the intervention.
7. Foresee needs for material and apparatus.
8. Write a physiotherapy report, containing all information necessary to be a valid means of communication for patients and/or professionals.
9. Interpret medical prescriptions.
10. Make sure the environment for the physiotherapy treatment is comfortable.
11. Identify signs and symptoms of disorders in biological functions related to physiotherapy.
12. Offer guidance to non-medical staff on dealing with patients.
13. Carry out health promotion activities with patients assigned during the clinical placement.
14. Comply with the legal and professional guidelines governing the practice of physiotherapy.
15. Apply the profession's code of practice.
16. Apply evidence-based physiotherapy protocols.
17. Analyse and evaluate systems for managing and monitoring general physiotherapy services.
18. Analyse quality-assurance mechanisms in the physiotherapy service hosting the clinical placement, using the assessment instruments that have been taught.
19. Communicate with all members of the therapy team.
20. Use effective communication to facilitate interactions between the physiotherapist, the patient and the patient's family.
21. Carry out physiotherapy interventions on the basis of integral health care that involves multiprofessional cooperation, the integration of processes and ongoing care.
22. Express ideas fluently, coherently and correctly, both orally and in writing.
23. Manage information systems.
24. Solve problems.
25. Make the most correct decisions in given situations.
26. Work in teams.
27. Display interpersonal skills.
28. Display critical reasoning skills.
29. Identify, analyse and solve ethical problems in complex situations
30. Show initiative and an entrepreneurial spirit.
31. Easily recognise and cope with changes.
32. Show sensitivity to environmental issues.
33. Design means for preventing functional disorders, in particular those linked to postural hygiene, mobility loss and acute-phase pains, and teach about these.
34. Assess results and their relation to the objectives set, through real cases within the different clinical specialisations.
35. Refer patients to another professional when necessary.
36. Keep patients informed about the treatment being given, including pharmacological treatment, and encourage them to cooperate fully.
37. Execute, direct and coordinate the physiotherapy intervention plan using the right therapeutic tools and taking into consideration the patient's singularity.
38. Identify situations in which a change or improvement is needed.
39. Analyse a situation and identify its points for improvement.
40. Propose new methods or well-founded alternative solutions.

41. Weigh up the risks and opportunities of suggestions for improvement: one's own and those of others.
42. Propose new ways to measure success or failure when implementing innovative proposals or ideas.
43. Explain the explicit or implicit code of practice of one's own area of knowledge.
44. Critically analyse the principles, values and procedures that govern the exercise of the profession.
45. Consider how gender stereotypes and roles impinge on the exercise of the profession.
46. Communicate using language that is not sexist.
47. Identify the principal forms of sex- or gender-based inequality present in society.
48. Weigh up the impact of any long- or short-term difficulty, harm or discrimination that could be caused to certain persons or groups by the actions or projects.

Contents

The student will attend daily to the center that had previously been assigned during the internship period. The student will be supervised by a \"tutor\" physiotherapist who will teach him different assessment and treatment techniques depending on the clinical cases. The student will have to develop all the theoretical and practical knowledge acquired corresponding to the specialization chosen to integrate and thus assimilate and consolidate their training.

The places and the centers will be assigned according to the procedures established by the faculty.

The centers where the clinical stays will be carried out correspond to centers of physical medicine and rehabilitation with valid agreements in force.

These are essential internships to place the student in a real professionalizing context, since the student puts into practice the different knowledge, skills, attitudes and values acquired in the rest of the subjects. Under the tutelage of qualified physiotherapists, all professional skills will be developed, thus training the student for effective physiotherapy care through comprehensive assistance to the patient-user.

Learning activities and methodology

Title	Hours	ECTS	Learning outcomes
PRACTICE WITH GUIDELINES (PRCUM)	150	6	1, 2, 3, 4, 5, 6, 7, 9, 10, 11, 13, 14, 15, 17, 19, 20, 21, 22, 23, 25, 26, 27, 29, 30, 31, 33, 35, 36, 37, 38, 42, 44
Narrative record	0	0	8, 12, 16, 18, 24, 28, 32, 34, 38, 39, 40, 42, 44, 45, 46, 47, 48

Elaboration of an essay. The student, individually, will carry out a bibliographic review of a physiotherapy technique on a specific pathology that has been seen and experienced during clinical practices. Practical teaching carried out in health centers in small groups.

The activities will be guided by external professionals and tutored by university professors.

Before the start of the clinical stays, the course coordinator will carry out an introduction of the internship centers and will explain methodology and regulations during the internships. Moreover, a comprehensive explanation of the essay will be provide as well as a script to follow during the process.

In order to acquire more knowledge and due to the curricular importance, it is mandatory that the student go through the following specialties during the degree: locomotor system, neurology, cardio-respiratory and geriatrics.

Annotation: within the schedule set by the centre or degree programme, 15 minutes of one class will be

reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continuous assessment activities

Title	Weight	Hours	ECTS	Learning outcomes
Narrative record	30%	0	0	8, 12, 17, 18, 22, 24, 28, 32, 34, 36, 38, 40, 41, 42, 44, 45, 46, 47, 48
Evaluation during practices at the healthcare center	70%	0	0	1, 2, 3, 4, 5, 6, 7, 9, 10, 11, 12, 13, 14, 15, 16, 18, 19, 20, 21, 23, 24, 25, 26, 27, 29, 30, 31, 33, 34, 35, 37, 38, 39, 41, 42, 43, 44

This subject does not provide the single assessment system.

The practicum committee will assess:

- Evaluation during internships at the care center: by means of a report presented by the physiotherapist responsible for the student, with a weight of 70%.
- Preparation of a bibliographic review work with a global weight of 30%.

The student who has not reached the minimum attendance to the internship and/or does not deliver the essay, will have the qualification of non evaluable.

The student will be able to pass the course provided they obtain a minimum grade of 5 in each of the parts that make up the assessment and in the final grade.

According to UAB regulations, there is no possibility of recovering clinical stays or internship work.

Absences will have to be recovered in order to pass the subject.

According to article 116.8, when it is considered that the student has not been able to provide sufficient evidence of evaluation in the minutes, this subject will be recorded as non-evaluable.

Note: 15 minutes of a class will be reserved within the calendar established by the center or by the degree for the students to fill in the surveys to evaluate the performance of the teaching staff and the evaluation of the subject or module.

a. Restricted use of AI: For this course, the use of Artificial Intelligence (AI) technologies is allowed exclusively for [support tasks such as bibliographic or information searches, text correction, or translations ...]. The student must clearly identify which parts have been generated with this technology, specify the tools used, and include a critical reflection on how these have influenced the process and the final result of the activity. The lack of transparency in the use of AI in this evaluable activity will be considered academic dishonesty and may result in a partial or total penalty in the activity's grade, or more severe sanctions in cases of gravity.

b. Also add: "when it is considered that the student has not been able to provide sufficient assessment evidence, this subject must be graded as non-evaluable." The commission of any irregularity in an evaluation act (academic fraud, plagiarism, or improper use of AI), which may lead to a significant variation in the grade, means that this act will be graded with a 0. In the event that the course guide stipulates that passing the course requires obtaining a minimum grade in this assessment or that multiple irregularities occur in the assessments of the same course, the final grade for this course is 0. Apart from this, a disciplinary process may be initiated against the student who commits any of these irregularities.

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Software

There is no specific program

Course groups and languages

The information provided is provisional until November 30. After this date, you will be able to consult the language of each group through this [link](#). To access the information, you will need to enter the course CODE

Type of teaching	Group	Language	Semester	Shift
(PEXT) Pràctiques externes i pràcticum	1	Unknown	Undefined	morning-mixed