

Professional Experience in Research, Assessment and Intervention in Health Psychology

Code: 43423

Credits: 6

2026/2027

Degree programme	Type	Course
General Health Psychology	OB	2

Contact lecturer

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Group languages

You can consult this information at the [end](#) of the document.

Prerequisites

General knowledge about professional areas of performance on psychology.

Objectives

The main objective is the update of the professional activity on health psychology.

Students will identify the health, methodological and technical implications of the research on Health Psychology. It also analyses the professional experiences on general health psychology, highlighting contextual, ethical and multidisciplinary aspects.

Learning outcomes

1. Continue the learning process, to a large extent autonomously
2. Use acquired knowledge as a basis for originality in the application of ideas, often in a research context.
3. Examine healthcare cases involving abuse and gender-related violence from a gender perspective (intervention, prevention, evaluation or investigation).
4. Identify and critically analyse of biological and psychosocial models affecting mental health in specific areas of the general health psychologist's professional activity.
5. Identify and analyse models of biological and psychosocial factors affecting mental health in specific areas of the general health psychologist's professional activity.
6. Identify resources and mechanisms for treating mental health problems in specific areas of the general health psychologist's professional activity.
7. Identify and analyse impact of mental health problems on the psychosocial environment in specific areas of the general health psychologist's professional activity.
8. Detect the social and cultural factors determining social attributions of normality and deviation in specific areas of the general health psychologist's professional activity.
9. Identify the evaluation models in the field of general health psychology in specific areas of the general health psychologist's professional activity.
10. Identify the intervention models in the field of general health psychology in specific areas of the general health psychologist's professional activity.
11. Critically analyse and compare the different methods, instruments and evaluation strategies for addressing behavioural disorders and health-illness processes in specific areas of the general health psychologist's professional activity.
12. Critically analyse and compare the different intervention techniques and procedures for addressing behavioural disorders and health-illness processes in specific areas of the general health psychologist's professional activity.
13. Give reasons for choosing the most suitable procedures, techniques and instruments for evaluating behaviour, cognitive processes and psychosocial factors involved in specific areas of the general health psychologist's professional activity
14. Design or adapt techniques and strategies for evaluating behaviour, cognitive processes and psychosocial factors associated with health problems in specific areas of the general health psychologist's professional activity.
15. Apply evaluation procedures, techniques and instruments using suitable criteria for scoring and interpretation in specific areas of the general health psychologist's professional activity.
16. Critically assess the process and results of an evaluation in specific areas of the general health psychologist's professional activity.
17. Propose effective programmes of psychological intervention that take into account individual, social and cultural factors associated with a health problem in specific areas of the general health psychologist's professional activity.
18. Apply suitable programmes of psychological intervention for a health problem in specific areas of the general health psychologist's professional activity.
19. Critically assess a programme of psychological intervention carried out by others, evaluating its impact and proposing guidelines for improvement in specific areas of the general health psychologist's professional activity.
20. Define the objectives of psychological intervention in each particular case in specific areas of the general health psychologist's professional activity.
21. Assess changes during psychological intervention and propose necessary modifications in specific areas of the general health psychologist's professional activity.
22. Formulate questions, objectives and research hypotheses appropriately for problem solving in specific

- areas of the general health psychologist's professional activity.
23. Discern the most suitable research methods and designs to respond to a hypothesis in specific areas of the general health psychologist's professional activity.
 24. Gather and analyse information consistently with the research objectives and hypotheses, and interpret the results obtained appropriately, acknowledging the impact on individuals and communities in specific areas of the general health psychologist's professional activity.
 25. Know the different processes involved in making a business plan.
 26. Know the legislation and the administrative steps needed to set up a business.
 27. Know the different types of business that are appropriate for professional practice in health psychology.

Contents

- Geriatric care. Neuropsychological evaluation. Attention to families. Nursing homes.
- The Health Psychologist in the field of care for people with disabilities and under guardianship
- Women care units. Gender violence. Sexual assault.
- Personality disorders, antisocial behaviour. Delinquency.
- Actions in emergencies, catastrophes and crises.
- Grief. Accompaniment at final life. Last wills.
- Associations of relatives and users of mental health services
- Role of the general health psychologist. Clinical Psychologist and Health Psychologist
- Research on Health Psychology
- IA and Health Psychology

Learning activities and methodology

Title	Hours	ECTS	Learning outcomes
Personal study	78	3.12	4, 5, 7, 9, 11, 13, 16, 19, 20, 22, 23, 24, 25, 26, 27
Workshop Seminar	36	1.44	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24
Reading text	25	1	2, 3, 6, 9, 13, 16, 17, 22, 23

Teaching of theoretical and practical workshop-seminars by psychologists that ordinarily work in the health field.

Comprehensive and specialized approach to the professional activities on the health psychology field (clinical and research)

Annotation: within the schedule set by the centre or degree programme, 15 minutes of one class will be reserved for students to evaluate their lecturers and their courses or modules through questionnaires.

Assessment

Continuous assessment activities

Title	Weight	Hours	ECTS	Learning outcomes
Ev4	16	1	0.04	1, 2, 3, 6, 7, 8, 9, 10, 11, 12, 13, 15, 16, 17, 18, 19, 20, 22, 23
Ev1	16	1	0.04	1, 2, 3, 6, 7, 8, 9, 10, 11, 12, 13, 15, 16, 17, 18, 19, 20, 22, 23
Ev6	20	1	0.04	1, 25, 26, 27
Ev3	16	1	0.04	1, 2, 4, 5, 6, 7, 12, 14, 16, 18, 19, 21, 22, 24
Ev2	16	1	0.04	1, 2, 3, 6, 7, 8, 9, 10, 11, 12, 13, 15, 16, 17, 18, 19, 20, 22, 23
Ev5	16	1	0.04	1, 2, 3, 6, 7, 8, 9, 10, 11, 12, 13, 15, 16, 17, 18, 19, 20, 22, 23

Assessment will be governed by the assessment guidelines approved by the Faculty of Psychology:
https://www.uab.cat/doc/DOC_PautesAvaluacio_2026

The evaluation is carried out continuously during the module's delivery. It is considered essential to attend all the seminars-workshop.

The experts in the different fields of health psychology activities will evaluate the connections acquired by the students at the end of the seminars / workshops. It has an appraisal of theoretical coneixements on the mandatory bibliography.

There are 3 seminar/workshop groups. The evaluation set may vary between groups.

EV1 (seminar / workshop 1). Face-to-face individual or group evaluation of seminar workshop 1 (variable depending on the group)

EV2 (seminari / workshop 2). Face-to-face group evaluation of seminar workshop 2 (variable depending on the group)

EV3 (seminari / workshop 3). Face-to-face group evaluation of seminar workshop 3 (variable depending on the group)

EV4 (seminari / workshop 4). Face-to-face group evaluation of seminar workshop 4 (variable depending on the group)

EV5 (seminari / workshop 5). Face-to-face group evaluation of seminar workshop 5 (variable depending on the group)

Ev6 (continguts teòrics dels seminaris / workshops i obligatòria bibliografia). Individual face-to-face assessment of multiple choice and single response test (week 15)

The evaluation has passed when all the learning evidences has been presented, obtaining a minimum average score of 5 points. The student is considered approved when the final grade of all the learning evidences is $\geq 4,85$

The student who has submitted evidence of learning with a weight less than 4 points ($<40\%$) will be recorded in the final note as "not assessable".

Retakes:

The maximum grade for students who take a retake is 6.

Evs 1 to 5: Students who do not attend the assessment indicated in their enrollment group may take a retake (week 19). The retake consists of an oral assessment of the theoretical content and mandatory readings of the EV that was not passed.

Ev 6: The individual written learning evidence (multiple choice test) that was not passed and previously submitted can be retaken. In order to access the retake test, the average grade of the group tests (Ev1-Ev5) must be equal to or greater than 3.5 points. The individual retake will consist of a closed written test with multiple choice questions.

Return of evidence of continuous learning:

EV1-5: Type of return: Oral feedback will be given in the classroom at the same time that the groups present their work.

EV6: Type of feedback: Tutoring, in the space dedicated to exam review for those who want to receive feedback, S16

Use of AI:

The use of AI in Evs is permitted as long as the final result reflects a significant contribution by the student in the analysis and personal reflection. The submitted work must identify which parts have been generated with this technology, specify the tools used and include a critical reflection on how these have influenced the final result. The lack of transparency in the use of AI will be considered a lack of academic honesty and may lead to a penalty in the grade of the activity, or greater sanctions in serious cases.

Bibliography

Part of the required reading bibliography is made available on the Moodle classroom at the beginning of the course.

The remaining part of the bibliography is provided by the different lecturers on the day they deliver the in-person seminar/workshop.

Software

No specific software is required.

Course groups and languages

The information provided is provisional until November 30. After this date, you will be able to consult the language of each group through

this [link](#). To access the information, you will need to enter the course CODE

Type of teaching	Group	Language	Semester	Shift
(PAULmRD) Pràctiques d'aula (màster RD)	11	Catalan/Spanish	first semester	afternoon
(PAULmRD) Pràctiques d'aula (màster RD)	12	Catalan/Spanish	first semester	afternoon
(PAULmRD) Pràctiques d'aula (màster RD)	13	Catalan/Spanish	first semester	afternoon