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# Evaluation of BET proteins and LSD1 as epigenetic targets for peripheral nerve injury treatment

## Academic dissertation

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*A la meva iaia,  
Et trobaré a faltar.*



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# Index

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# Abbreviations

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## Abbreviations

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**ATF3:** Activating transcription factor 3

**AMPA receptor:**  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid receptor

**ASIC:** Acid-sensing ion channel

**BDNF:** Brain-derived neurotrophic factor

**BET proteins:** Bromodomain and extraterminal domain proteins

**BRD4:** Bromodomain Containing 4

**BMDM:** Bone marrow-derived macrophages

**C/EBPs:** CCAAT-enhancer-binding proteins

**CAMKII:** calcium/calmodulin-dependent protein kinase II

**ChIP:** Chromatin immunoprecipitation

**CCI:** Chronic constriction injury

**CDK9:** Cyclin-dependent kinase 9

**CGRP:** Calcitonin gene related peptide

**CHD4:** Chromodomain Helicase DNA Binding Protein 4

**CHD8:** Chromodomain Helicase DNA Binding Protein 8

**COX-2:** Cyclooxygenase-2

**CNS:** Central nervous system

**CREB:** cAMP-response element binding protein

**CTNF:** Ciliary neurotrophic factor

**DAMPS:** Danger-associated molecular patterns

**DNA:** Deoxyribonucleic acid

**DRG:** Dorsal root ganglion

**ECM:** Extracellular matrix

**ERK:** Extracellular-signal-regulated kinase

**FGF:** Fibroblast growth factor

**GABA:** Gamma-aminobutyric acid

**GAP-43:** Growth associated protein 43

**GDNF:** Glial cell line-derived neurotrophic factor

**GFAP:** Glial fibrillary acidic protein

**GM-CSF:** Granulocyte-macrophage colony-stimulating factor

**HCN:** Hyperpolarization-activated cyclic nucleotide-gated

**H3K4:** Histone 3 lysine 4

**H3K9:** Histone 3 lysine 9

**HDACi:** Histone deacetylase inhibitor

**Hsp27:** Heat shock protein 27

**IB4:** Isolectin B4

**IEG:** Immediate early gene

**IL-:** Interleukin-

**JAK:** Janus kinase

**JNK:** c-Jun N-terminal kinase

**kDa:** Kilodalton

**KO:** Knockout

**LIF:** Leukemia inhibitory factor

**lncRNA:** Long non-coding RNAs

**LPC:** Lysophosphatidylcholine

**LSD1:** Lysine-specific histone demethylase 1A

**LTP:** Long-term potentiation

**MAG:** Myelin-associated glycoprotein

**MAP2:** Microtubule-associated protein 2

**MAPK:** Mitogen-activated protein kinase

**MBP:** Myelin basic protein

**MCP-1:** Chemokine monocyte chemoattractant protein-1

**M-CSF:** Macrophage colony-stimulating factor

**mGluR:** Metabotropic glutamate receptor

**mTOR:** Mammalian target of rapamycin

**MTT:** 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium Bromide

**NCAM:** Neural cell adhesion molecule

**NF- $\kappa$ B:** Nuclear factor kappa-light-chain-enhancer of activated B cells

**NFAT:** Nuclear factor of activated T cells

**NGF:** Nerve growth factor

**NK-1:** Neurokinin 1

**miRNA:** MicroRNA

**NMDA receptor:** N-methyl-D-aspartate receptor

**NT-3:** Neurotrophin-3

**Oct-6:** Octamer-binding factor 6

**p38:** p38 mitogen-activated protein kinases

**p53:** Tumor protein p53

**PLA-2:** Phospholipase A2

**PGE2:** Prostaglandin E2

**PI3K/Akt:** Phosphoinositide-3-kinase/Protein kinase B

**PKA:** Protein kinase A

**PKC:** Protein kinase C

**PNI:** Peripheral nerve injury

**PNS:** Peripheral nervous system

**PSNL:** Partial sciatic nerve ligation

**pTEFb:** Positive transcription elongation factor b

**qPCR:** Quantitative polymerase chain reaction

**RAGs:** Regeneration-associated genes

**RNA:** Ribonucleic acid

**SARM1:** Sterile alpha and Toll/interleukin-1 receptor motif-containing protein 1

**SCG-10:** Superior cervical ganglia neural-specific 10 protein

**siRNA:** Small interfering RNA

**SNI:** Spared nerve injury

**SNL:** Spinal nerve ligation

**Sox11:** SRY-Box transcription factor 11

**STAT:** Signal transducer and activator of transcription

**TLR:** Toll-like receptor

**TNF- $\alpha$ :** Tumor necrosis factor- $\alpha$

**TRPA:** Transient receptor potential ankyrin channel

**TRPM:** Transient receptor potential melastatin channel

**TRPV:** Transient receptor potential vanilloid channel

**VEGF:** Vascular endothelial growth factor



# Summary

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## Summary

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Traumatic injury to the peripheral nerve promotes the disconnection between axons and target organs, leading to serious functional defects in motor, sensory or autonomic systems. In addition, subjects that suffer from nerve injury may also experience secondary problems, like neuropathic pain, which further decreases their quality of life. Currently, there are no effective therapies to promote nerve regeneration or ameliorate neuropathic pain after nerve injury. This situation subjugates patients to prolonged periods of rehabilitation, as well as to high medical expenses, that must be covered either by the subject or by the public healthcare system. For these reasons, the development of new strategies to treat peripheral nerve injuries is needed. Since epigenetic research has promoted the development of novel treatments for distinct neuropathological diseases, we aimed to unravel the potential therapeutic effects of two epigenetic targets “BET proteins” and “LSD1” after nerve injury.

We discovered that inhibition of BET proteins using JQ1 had promising effects on the amelioration of neuropathic pain in a mouse model of spared nerve injury (SNI). In this regard, JQ1 was able to reduce mechanical hyperalgesia through the modulation of ion channel expression and the inflammatory environment. We also determined that conditioned media from BET-inhibited macrophages increased neurite outgrowth in DRG explants through the activation of the STAT6 pathway *in vitro*. However, BET inhibition using JQ1 did not improve motor and sensory reinnervation *in vivo* after sciatic crush injury. Provided that BET proteins were closely linked to inflammatory events; we proceed to assess the role of the BET protein family member BRD4 in the transcription of anti-inflammatory cytokines. We deciphered that, under physiological conditions, BRD4 forms a repressor complex with CHD4 on the IL-13 promoter, preventing its transcription. Then, upon BET-inhibition both repressor proteins were released from this genetic region, facilitating anti-inflammatory cytokine expression.

Regarding LSD1, we determined that global LSD1 inhibition using RN-1 at 500 nM in DRG explants increased neurite number *in vitro*. Additionally, early administration of RN-1 in crush-injured mice promoted the expression of certain regeneration associated genes (RAGs) and led to immunosuppression. Although long-term treatment with RN-1 did not affect Wallerian degeneration, it did not improve motor and cutaneous reinnervation after sciatic nerve crush.

In conclusion, this thesis provides insights onto the use of BET proteins and LSD1 as therapeutic targets to improve the functional outcome after peripheral nerve injury.

# Introduction

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# 1. Peripheral nerve injury

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## 1.1 Incidence

Peripheral nerve injuries (PNI) affect around 5 million people annually worldwide, with an average of 300.000 cases per year in Europe (Lackington, Ryan, & O'Brien, 2017). A recent study conducted on European trauma patients with lower limb injuries showed that 1.8% of the subjects suffered from deficits due to nerve injury (Huckhagel et al., 2018). Common causes are vehicle accidents, work accidents and iatrogenic injuries among others (Lien et al., 2020).

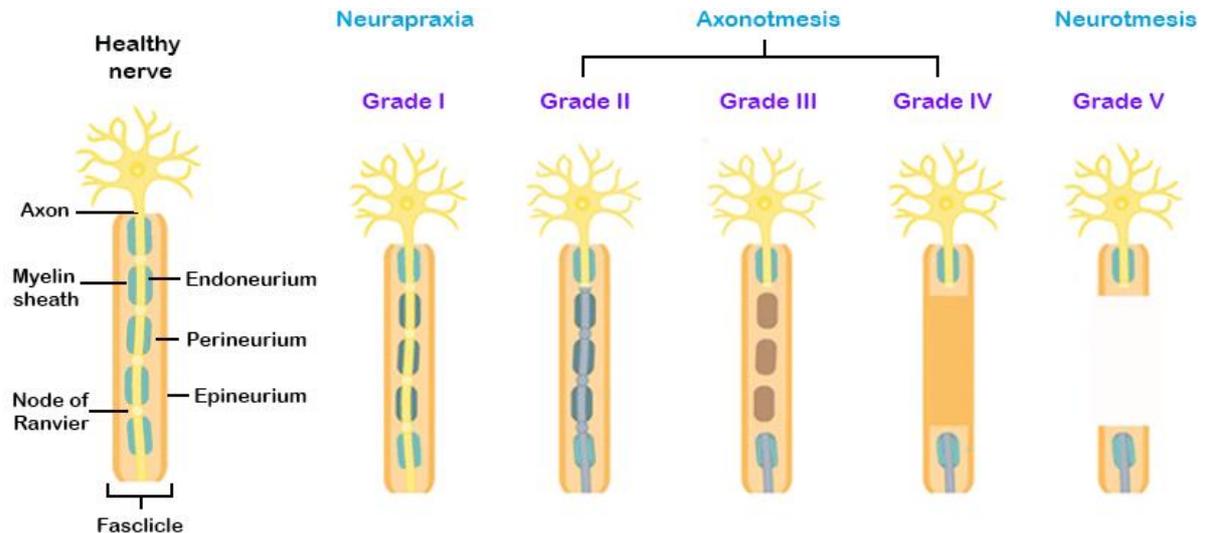
From a physiological standpoint, nerve injuries result in the disconnection between the neuronal soma and the distal axon stump, leading to the degeneration of the distal fibers, and to the loss of contact between the neuron and the target organ. This results in total or partial deficits in motor, sensory and autonomic functions in the territory supplied by the injured nerve. Although peripheral nerve axons can regrow to some extent, the regenerative process is usually slow and incomplete (Navarro, Geuna, Grothe, & Haastert-Talini, 2018). Consequently, patients with nerve injuries undergo long periods of denervation and may suffer lifelong functional deficits. In addition, nerve injuries can arise secondary problems like neuropathic pain, often described by patients as a tingling, burning or electrical-like sensation (Gibson, 2007). Altogether, loss of function and neuropathic pain negatively impact the psychological well-being of patients and their quality of life.

Besides, nerve injuries impose a high economic burden for the subject and the public healthcare system. A study conducted in Germany estimated that rehabilitation costs for upper extremity nerve injuries summed around 5.840€, the sick leave an average of 17.600€ and if the patient received a disability pension the expenses would account for a total of 102.167€ in a lifetime (Bergmeister et al., 2020). Thus, provided that current treatments offer limited enhancement of functional outcome and limited amelioration of pain, there is a need for the development of novel strategies to improve functional recovery after nerve injury. These advancements would not only benefit the health of the patients but would also result in a reduction of medical expenses required.

## 1.2 Classifications of nerve injury

In 1942 Seddon proposed a classification of nerve injuries dividing them in three main types:

- 1) *Neurapraxia*: is the mildest form of nerve damage, characterized by a blockage of impulse conduction without disruption of the axon or the perineurium. Patients with neurapraxia experience paresthesia and loss of function. However, since axons do not degenerate, recovery from the conduction block occurs in a few weeks without the initiation of a regenerative process (see Figure 1).
- 2) *Axonotmesis*: is the disruption of the axons due to a compression or contusion, but without affecting the surrounding connective layers. In axonotmesis, the distal stump undergoes the process of Wallerian degeneration and recovery will require spontaneous regeneration.
- 3) *Neurotmesis*: is the most severe form of injury, where there is a total disruption of the nerve, including the axons as well as the connective layers. Recovery does not occur significantly without surgical repair (Kaya & Sarikcioglu, 2015; Seddon, 1942).



**Figure 1:** Nerve injury classifications by Seddon (blue) and Sunderland (purple), where the left image represents a healthy nerve with its different structural units. Modified from (Lopes et al., 2023).

Although Seddon's classification provided a nomenclature and protocol to help clinicians classify nerve injuries, it also raised criticism (Sunderland, 1951). Consequently, in 1951 Sunderland proposed a new classification with five degrees of nerve injury. Sunderland first- and fifth-degree injuries correspond to neurapraxia and neurotmesis of Seddon's

classification, respectively. Additionally, Sunderland subdivided the axonotmesis in three degrees to solve the variability that patients with axonotmesis had on their prognosis, depending on factors like intraneural hemorrhage and the discontinuity of endoneurial tubules and perineural layer (see Figure 1). Currently, both classifications are used in the clinics, being Seddon's more used by electrophysiologists and Sunderland's preferred by surgeons (Chhabra, Ahlawat, Belzberg, & Andreseik, 2014).

### 1.3 Animal models of traumatic nerve injuries

*In vivo* animal models have been developed to investigate molecular and cellular processes involved in degeneration and regeneration of the peripheral nerve and to assess new therapeutic procedures. Rodents are the most used species in nerve injury studies due to their similar nerve distribution to humans and their affordability in terms of housing and maintenance (Menorca, Fussell, & Elfar, 2013). Among rodents, rats are the most frequently used species for studying nerve regeneration, followed by mice. Rats are preferred as a model due to their larger size, which allows the induction of bigger nerve gaps for repair studies. However, mouse models have the advantage of having a greater availability of transgenic strains and a wider variety of antibodies, which facilitates the study of molecular cues in this specie (A. Li, Pereira, Hill, Vukceovich, & Wang, 2022; Ronchi et al., 2019).

The sciatic nerve is the most widely used nerve for studying nerve regeneration. Another utilized nerve is the femoral, which allows to examine separately the muscular and cutaneous branches (Menorca et al., 2013). Models of upper limb nerve injuries are also of interest because of their potential clinical applications. In this case, the median nerve is preferred for upper extremity studies (A. Li et al., 2022).

When it comes to surgical procedures, the most common types of injuries applied are:

**Crush injury:** consists in compressing the nerve with forceps until the continuity of the axons inside the nerve is broken, while preserving the epineurium and perineurium integrity.

**Transection and suture repair:** implies the disruption of the whole nerve by cutting it and then suturing the ends together using a thread or binding them with fibrin glue. The transection procedure is more severe than axonal crush, since it implies the destruction of the connective tissue of the nerve (A. Li et al., 2022).

***Transection and graft or tube repair:*** is the most severe form of nerve injury, that results after the generation of a nerve gap that cannot be united by suturing. In this type of nerve damage, a nerve graft or a synthetic conduit are used to bridge the gap between nerve stumps. Larger mammals may be used as an animal model after this type of lesion, as their size is more similar to humans (Angius et al., 2012; Muheremu & Ao, 2015).

Comparative experimental studies have analyzed the outcome of sciatic nerve injuries of mice and rats that underwent both crush and transection and suture injuries (Navarro, Verdu, & Buti, 1994; B. B. Wang et al., 2023). The degenerative process was similar in both cases, but the crush injury allowed faster recovery of motor, sensory and sympathetic functions. There was 4-5 days difference in mice and 7 days difference in rats, considering the time required for reinnervation when comparing the two injury models. Additionally, the levels of functional recovery progressively decreased with the severity of the lesion, affecting more the larger nerve fibers. After all types of nerve injury, small nerve fibers (sympathetic and nociceptive) regenerated at a slightly faster rate and achieved a higher degree of reinnervation than large myelinated fibers (motor and mechanosensory) (Navarro et al 1994). Based on these results, researchers suggested that crush injury may be used for shorter studies involving gene expression, growth factors, inflammation, or pharmacological research. On the other hand, transection injury is a more suitable option for studying repair strategies using nerve graphs or determining the reinnervation of the regrowing axons (B. B. Wang et al., 2023). To note, the higher rate of recovery after crush injuries may mask small differences when comparing treatments than more severe types of nerve damage.

## 2. Peripheral nerve regeneration

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After injuries that cause rupture of peripheral nerve fibers, axons and myelin sheaths distal to the lesion site are degraded by a process named Wallerian degeneration. The degenerative end products are eliminated by the cooperative action of Schwann cells and infiltrating macrophages, generating a distal microenvironment that is favorable for the axonal regrowth of surviving neurons. Additionally, cell bodies undergo a retrograde neuronal reaction, that promotes the metabolic and phenotypic changes necessary for the elongation of the sectioned axons.

## 2.1 Wallerian degeneration

In the Peripheral Nervous System (PNS), Wallerian degeneration is orchestrated by the release of chemokines and cytokines secreted by Schwann cells and macrophages, leading to the division of the process in an early pro-inflammatory phase and a late anti-inflammatory phase.

### 2.1.1. Early pro-inflammatory phase

Minutes after PNI, neurons raise the concentration of intracellular calcium, promoting the activation of the Sterile alpha and Toll/interleukin-1 receptor motif-containing protein 1 (SARM1) pathway, which is responsible for facilitating axonal disruption. This mechanism triggers the proteolytic activity of the calcium-dependent enzyme calpain, leading to complete axonal degeneration (DeFrancesco-Lisowitz, Lindborg, Niemi, & Zigmund, 2015; Metwally, Zhao, & Zhang, 2021).

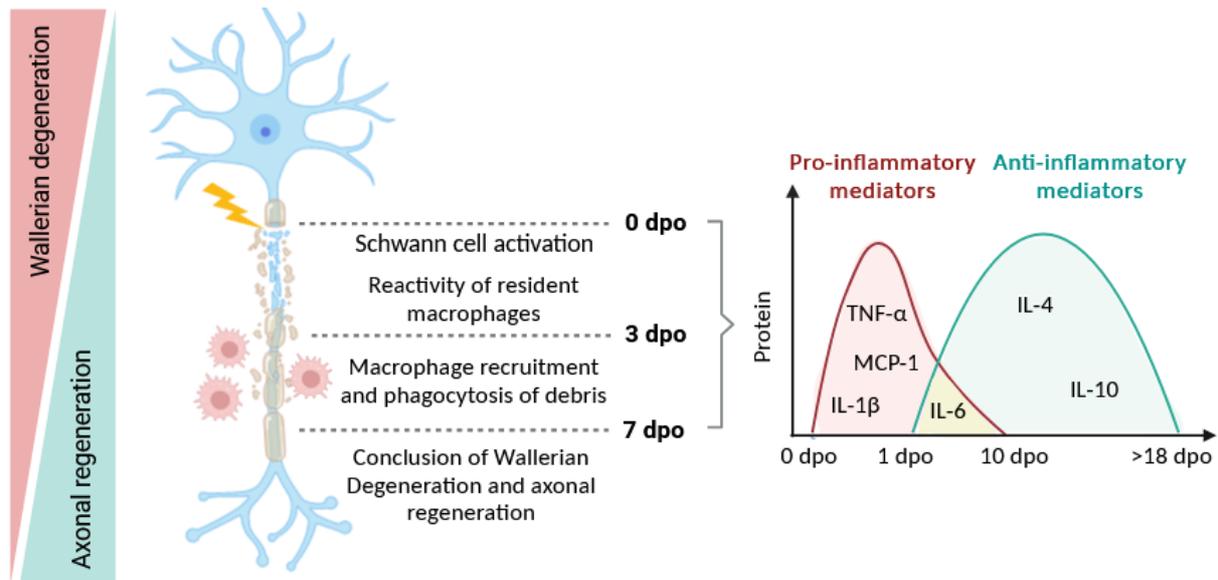
Axonal breakdown results in the release of danger-associated molecular patterns (DAMPs), which are detected by Schwann cells through Toll-like receptors (TLRs). As a result, this promotes the secretion of pro-inflammatory cytokines and chemokines by Schwann cells. Furthermore, the loss of axonal contact induces Schwann cell dedifferentiation, triggering their transition from a myelinating to a repair-like phenotype (DeFrancesco-Lisowitz et al., 2015; Fornaro, Marcus, Rattin, & Goral, 2021; Jessen & Mirsky, 2016). Specifically, the repair phenotype is characterized by an increased expression of the transcription factor c-Jun, a regulator of phenotype transition, and by the inhibition of myelin synthesis. For instance, there is a reduction in the transcription of myelin components, such as MBP, MAG and PO, after nerve injury (Fornaro et al., 2021; Jessen & Mirsky, 2016)

Within a few hours following nerve damage, Schwann cells increase the transcription of the pro-inflammatory mediators TNF- $\alpha$ , IL-1 $\alpha$  and IL-1 $\beta$ . Meanwhile, fibroblasts secrete IL-6 and GM-CSF early after injury (Rotshenker, 2011). Concomitantly the secretion of a variety of chemokines increases, particularly MCP-1 is released by Schwann cells hours after the impact in the damaged area and a day after injury in distal regions of the nerve (Martini, Fischer, Lopez-Vales, & David, 2008; Rotshenker, 2011). This chemokine plays a dual role by recruiting circulating macrophages, and by promoting debris clearance (P. Chen, Piao, & Bonaldo, 2015; Martini et al., 2008). In this regard, MCP-1 along with other pro-inflammatory cytokines such

as TNF- $\alpha$  and IL-1 $\beta$ , stimulates the expression of distinct members of the phospholipase A2 (PLA2) family. Importantly, PLA2 hydrolysis leads to the synthesis of lysophosphatidylcholine (LPC), which has myelinolytic activity. Moreover, LPC also triggers complement system activation and acts as an “eat me” signal for macrophages, promoting phagocytosis (Martini et al., 2008).

Both resident and hematogenous macrophages actively participate on Wallerian degeneration (Boissonnas et al., 2020; P. Chen et al., 2015). In fact, resident macrophages have been found to contribute to axonal regrowth, whereas recruited macrophages are most responsible for efficient myelin stripping and clearance (Boissonnas et al., 2020). Macrophage recruitment starts between day 2 and 3 after injury, peaking at 7 days. This pattern coincides with the secretion peaks of the pro-inflammatory cytokine IL-6, being the first peak at day 2 and the second peak at day 7 after injury. Paradoxically, while macrophages raise in number within the nerve, there is a decrease in the secretion of the pro-inflammatory cytokines TNF- $\alpha$  and IL-1 $\beta$  (Rotshenker, 2011). Notably, other immune cells are involved in the development of Wallerian degeneration, such as T cells and neutrophils, which are also recruited in the injured nerve (P. Chen et al., 2015).

To conclude, the early phase of Wallerian degeneration is characterized by the synthesis of the inflammatory mediators MCP-1, TNF $\alpha$ , IL-1 $\alpha$ , IL-1 $\beta$ , GM-CSF and IL-6. The marked pro-inflammatory environment promotes the recruitment of phagocytic cells, which engulf the myelin debris that prevents further axonal regeneration. The second phase of Wallerian degeneration is characterized by the enhanced production of IL-6, IL-4, IL-10 and GM-CSF and a decreased secretion of TNF $\alpha$  and IL-1 $\beta$ . Consequently, enhancing the anti-inflammatory influence in the environment surrounding the injury (Rotshenker, 2011) (Figure 2).



**Figure 2:** Critical time-points of the development of Wallerian degeneration and dynamics of the inflammatory environment following nerve injury. Created with BioRender.

### 2.1.2. Late anti-inflammatory phase

Recruited macrophages are characterized by the secretion of both IL-6 and IL-10 cytokines. In fact, the detection of IL-10 peaks at day 7, coinciding with the highest rate of macrophage infiltration. IL-10 has an important role orchestrating the conclusion of Wallerian degeneration, because it downregulates the expression of pro-inflammatory cytokines leading to the resolution of the degenerative process (Martini et al., 2008; Rotshenker, 2011).

Other anti-inflammatory cytokines also participate after PNI. For instance, in human samples IL-4 immunohistochemical staining has been detected after nerve injury (Daines, Schellhardt, & Wood, 2021; Deprez et al., 2001; M. R. Wells, S. P. Racis, & Vaidya, 1992). Hence, pro-inflammatory M1 macrophages adopt an M2 phenotype favoring tissue remodeling and regeneration in the last stage of Wallerian degeneration (DeFrancesco-Lisowitz et al., 2015). In conclusion, the anti-inflammatory phase has a crucial role in promoting the resolution of the degenerative process.

It is important to note that both, pro- and anti-inflammatory phases of Wallerian Degeneration, are necessary for proper myelin clearance. For instance, TLR2- and TLR4-deficient mice have a compromised expression of the pro-inflammatory mediators IL-1 $\beta$  and MCP-1, which further decreased macrophage recruitment and functional outcome after

sciatic nerve crush (Boivin et al., 2007). In addition, neutralization of MCP-1 and IL-1 $\beta$  suppressed macrophage response and myelin clearance in mice that underwent sciatic transection (Perrin, Lacroix, Aviles-Trigueros, & David, 2005). Considering the role of anti-inflammatory cytokines, the administration of IL-4, IL-10 and IL-13 have been found to facilitate axonal regeneration in models of traumatic nerve and spinal cord injuries (Ali et al., 2020; Atkins et al., 2007; Van Broeckhoven et al., 2022). Altogether, these findings suggest that an advancement of the anti-inflammatory phase of Wallerian degeneration, without compromising the development of the pro-inflammatory phase, may improve outcome after nerve injury.

## 2.2. Neuronal response

### 2.2.1. Retrograde reaction and chromatolysis

In parallel to the course of Wallerian degeneration, proximal regions of the affected nerve trunk can also undergo limited retrograde axonal degeneration.

Moreover, several signals act on the neuronal soma to initiate and maintain the regenerative response (Hanz & Fainzilber, 2006). The first signal to reach the neuronal body after axonal injury is a burst of action potentials generated at the lesion site, due to the inflow of Ca<sup>2+</sup> and Na<sup>+</sup>. Later, the suppression of retrograde transport of neurotrophic factors and the arrival of activated proteins at the lesion, termed "positive injury signals", induce the expression of immediate early genes (IEG) in the neuronal soma. As a result, this promotes the expression of genes involved in cell survival and axonal growth (for reviews see (Navarro, Vivo, & Valero-Cabre, 2007; Raivich & Makwana, 2007)). In addition, the neuronal soma undergoes a phenotypical response after injury, that represents a shift from a transmission state towards a regenerative state. Specifically, the cell body is subjected to a physiological mechanism known as chromatolysis. This process consists in the loss of cytoplasmic Nissl staining, due to the dissolution of the endoplasmic reticulum, rich in aggregated ribosomes.

To note, nerve injury can induce cell death of the affected neurons, depending on the distance between the axonal lesion and the neuronal soma. If the damage is close to the neuronal body, cells are more susceptible to die (Navarro et al., 2007). This relation between the damage site and cell death has been mainly observed in motor neurons. Contrary, sensory neurons can experience cell death up to 40% regardless of the injury location and the age of

the subject (Daines et al., 2021). Despite the neuronal origin, damage produces transcriptional reprogramming in surviving neurons, which is essential to promote regeneration.

### 2.2.2 Transcriptional reprogramming

Injured neurons change their transcriptional profile by reducing the synthesis of proteins used for neurotransmission and increasing the expression of structural proteins that facilitate axonal rebuilding. The switch from a neurotransmission to a regenerative state is characterized by the expression of Regeneration Associated Genes (RAGs), leading to the expression of inflammatory mediators, neurotrophic factors, and cytoskeletal elements to support nerve regeneration.

The synthesis of RAGs after axotomy is triggered by the activation of signaling pathways that promote the translocation of transcription factors to the neuronal nucleus. Well-known signaling pathways associated with nerve regeneration include MAPK (ERK, p38, JNK), mTOR, Ras and PI3/Akt among others. For example, growth factors, such as NT3, NGF, and FGF12, activate the MAPK/ERK pathway, leading to the translocation of ERK into the nucleus, which promotes regeneration (R. Li et al., 2020). The JNK/c-JUN, PI3/Akt and p38 pathways have also been suggested to trigger axonal regeneration (Allodi, Udina, & Navarro, 2012; Patodia & Raivich, 2012). Additionally, mTOR is involved in protein synthesis regulation. Overexpression of mTOR increases the levels of the growth-associated protein GAP43. However, prolonged overexpression of mTOR reduces the accuracy of target reinnervation (Abe, Borson, Gambello, Wang, & Cavalli, 2010; Allodi et al., 2012).

Regarding transcription factors, a total of 26 families are implicated in regeneration after PNI, including c-Jun, ATF3, CREB, STAT3, C/EBPs, p53, Oct-6, NF-KB, Sox 11 and NFATs (Michaevlevski et al., 2010; Patodia & Raivich, 2012). For instance, STAT3 induces GAP43 expression. This phenomenon can be prevented with JAK inhibition, indicating that JAK/STAT3 pathway may be involved in neurite outgrowth (Patodia & Raivich, 2012). Further, Sox11 is implicated in the transcription of  $\beta$ -III tubulin and MAP2 which are genes associated with axonal growth (Bergsland, Werme, Malewicz, Perlmann, & Muhr, 2006).

## 2.3 Nerve regeneration

The process of neuronal reprogramming occurs in parallel to the progression of Wallerian degeneration and is reversed when neurons reach a target organ. It is important to note, that

the formation of the neural growth cone begins after the resolution of Wallerian degeneration. Thus, slowing of the degenerative process can be a limiting factor for the outcome after injury (Menorca et al., 2013).

Growth cones emerge from the severed axons and grow if they find a favorable terrain. When growth cones cannot reach the distal degenerating nerve, they twist in the proximal stump forming a neuroma. In contrast, when the regenerating axonal tips gain the distal nerve, they elongate within the endoneurial tubules in association with the Schwann cells and the basal lamina. The rate of axonal regeneration is initially very slow but reaches a constant value of about 1-3 mm/day. In addition, the advancing growth cone is guided by gradients of neurotrophic and neurotropic factors mainly produced by reactive Schwann cells and the ECM within the degenerated nerve (for reviews see Allodi et al., 2012). The regenerating axons follow the distal nerve to eventually reach target tissues in the periphery.

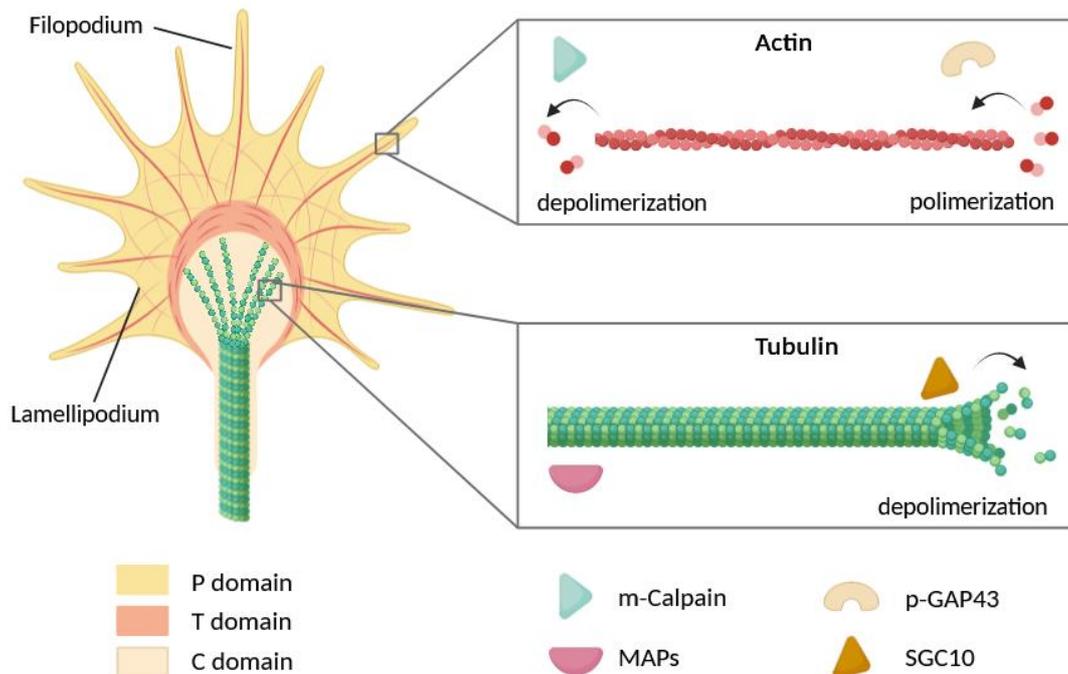
During axonal elongation several sprouts appear from an original axon, resulting in an excess of axons in the distal nerve (Witzel, Rohde, & Brushart, 2005). This situation is temporary, as axonal surplus is eliminated by neuronal pruning when reinnervation is mismatched (T. Brushart, Gerber, Kessens, Chen, & Royall, 1998; T. M. Brushart, 1988). Axons that regenerate through erroneous distal pathways to targets that cannot reinnervate, such as motor axons to the skin or cutaneous axons to muscle, tend to withdraw and may be eliminated. Despite regeneration may be successful, the normal nerve structure and function are not completely restituted. In fact, after nerve injury and repair, the diameter and conduction velocity of regenerated axons remains below normal.

### 2.3.1 Growth cone and associated proteins

After axotomy, there is an immediate raise on the production of cytoskeletal proteins such as actin, tubulin, and the growth cone component GAP43. These proteins are anterogradely transported to the distal process (Menorca et al., 2013; Wale Sulaiman & Gordon, 2013), and are essential for axonal elongation (see Figure 4).

GAP43 plays an important role in the growth cone consolidation. It is located in the growth cone's inner plasma membrane, facilitating its interaction with actin and subsequently leading to filopodia constitution (Denny, 2006). It has been described that GAP43 can be subjected to post-translational modifications, which are of utmost importance in the modulation of the

growth cone dynamics. Specifically, phosphorylated GAP43 is necessary to stabilize actin filaments, while unphosphorylated GAP43 inhibits growth cone progression by attracting capping proteins that attenuate actin polymerization (Chung, Shum, & Caraveo, 2020). The phosphorylated forms of GAP43 at S96 or T172 were described as specific markers for regenerating axons (A. Kawasaki et al., 2018; Okada et al., 2021).



**Figure 4:** The growth cone structure is divided in three domains. The P-domain enables the exploration of the microenvironment. It is formed by filopodia (long bundled actin filaments) and lamellipodia (mesh-like actin networks). Microtubules form the central C-domain, that serves as the structural foundation of the growth cone and the T-zone is a transition area rich in myosin (Allodi et al., 2012; Lowery & Van Vactor, 2009). Along with cytoskeletal elements, microtubule associated proteins regulate of growth cone dynamics by promoting active polymerization (p-GAP43), stabilization (MAPs) and depolymerization (m-Calpain and SGC10). Elaborated using BioRender.

Superior cervical ganglion 10 (SCG10) is a microtubule-associated protein, whose expression is also increased after nerve injury (Sanchez-Huertas & Herrera, 2021; Shin, Geisler, & DiAntonio, 2014). This protein has been identified as an axonal regeneration marker, as it is detected in the growth cone. Particularly, it is preferentially expressed by growing sensory neurons rather than motor neurons (Shin et al., 2014). From a functional standpoint, SGC10 belongs to the family of stathmins, which bind to tubulin dimers to withdraw them from microtubule endings (Sanchez-Huertas & Herrera, 2021). Paradoxically, the expression of cytoskeleton destabilizing proteins is necessary to allow rearrangements on the microtubule network that facilitate growth cone elongation. In fact, SGC10 downregulation, leads to

microtubule overstabilization and neurite growth suppression (Morii, Shiraishi-Yamaguchi, & Mori, 2006).

While the production of cytoskeletal proteins is increased after injury, the structural protein neurofilament which maintains axon diameter, is temporally downregulated (Menorca et al., 2013). In addition to cytoskeleton-related proteins, neuroprotectants such as heat-shock protein (HSP27) are upregulated to promote neuronal survival.

### 2.3.2 Regenerative environment in the distal nerve

Following injury, Schwann cells, fibroblasts and macrophages secrete protein mediators that act as chemoattractant or chemorepulsive signals that guide the growth cone (DeFrancesco-Lisowitz et al., 2015; Rotshenker, 2011). This crosstalk between the environment and the growing axon is essential for determining the regenerative outcome.

Specifically, there is an increase on the expression of the neurotrophic factors BDNF and GDNF in the distal stump of neurons, while CNTF is reduced after nerve damage (Menorca et al., 2013). However, there are some differences between sensory and motor neurons when considering the transcription of neurotrophic factors following injury. In fact, while both neuronal subtypes upregulate the expression of BDNF and FGF, NGF is specifically increased in sensory neurons (Allodi et al., 2012). Importantly, besides their role on axonal guidance, most neurotrophic factors also favor neuroprotection.

In addition to neurotrophic factors, cytokines and chemokines also play a role shaping the regenerative milieu. Proper regulation of the inflammatory events is crucial to achieve a permissive environment for nerve regeneration. Following injury, pro-inflammatory cytokine secretion is necessary for efficient macrophage recruitment and debris clearance. However, recent evidence indicates that chronic inflammation hinders the nerve regenerative capacity (Buttner et al., 2018), whereas exogenous treatment with anti-inflammatory cytokines improves nerve regeneration (Ali et al., 2020; Atkins et al., 2007). As discussed in previous subchapters, orchestrating a rapid resolution of Wallerian degeneration by facilitating the transition from the pro-inflammatory phase towards the anti-inflammatory phase could promote a favorable environment for the formation of the growth cone, leading to axonal growth. In fact, evidence supports that anti-inflammatory mediators play a critical role in

nerve regeneration. Thus, recent findings regarding the role of the anti-inflammatory cytokines IL-4, IL-10 and IL-13 are discussed below.

#### **Interleukin 4**

IL-4 is a 13 kDa protein secreted mainly by T cells, B cells, macrophages, and mast cells. Additionally, stromal cells such as fibroblasts are also known to be a source of IL-4 (Daines et al., 2021; Vidal, Lemmens, Dooley, & Hendrix, 2013). The IL-4 receptor system exhibits some complexity as it relies on two transmembrane subunits for functioning. The first subunit is the IL-4R $\alpha$  chain, which has high affinity for the IL-4 ligand. The second transmembrane subunit can either be IL-13R $\alpha$ 1 or the common  $\gamma$  chain (Daines et al., 2021).

A recent study revealed that macrophages and neuronal subsets are targets for IL-4 after a nerve crush, whereas Schwann cells expressed limited amounts of IL-4 receptor (Pan et al., 2022).

Following nerve injury, the cytokine IL-4 is downregulated in the ipsilateral DRG, while pro-inflammatory mediators are upregulated, probably facilitating macrophage recruitment to promote regeneration (Uceyler, Tschärke, & Sommer, 2007). Although limited literature has focused on unravelling the impact of IL-4 as a potential treatment after nerve injury, studies conducted *in vivo* and *in vitro* have shown promising results when assessing its effects on axonal regeneration. An *in vivo* study observed that IL-4 administration promoted facial motor neuron survival through the STAT6 pathway (Deboy et al., 2006). Additionally, nerve repair models that used conduits containing IL-4 obtained greater axon regeneration than cytokine-free conduits (Ali et al., 2020). In fact, IL-4KO mice subjected to crush injury exhibited delayed axonal regeneration and lower reinnervation of the neuromuscular-junction compared to wild-type animals, whereas IL-4 treatment on crush-injured wild-type mice produced an increased early neurite extension. However, no significant effects were detected in functional recovery (Pan et al., 2022). *In vitro* studies using DRG cultures have shown enhanced neurite outgrowth under IL-4 treatment or when combining IL-4 with neurotrophins (Golz et al., 2006; Vidal et al., 2013).

#### **Interleukin 10**

IL-10 is an 18kDa cytokine primarily produced by monocytes and macrophages (Vidal et al., 2013). It has a pivotal role in regulating cytokine production and is indispensable for the

proper development of Wallerian degeneration. The importance of IL-10 after nerve injury was proven in a study conducted with IL-10 null mice. The researchers observed that lack of IL-10 resulted in altered macrophage infiltration and poor motor and sensory recovery in mice subjected to crush injury. Additionally, IL-10 KO mice failed to downregulate pro-inflammatory cytokine transcription after phagocytosis *in vitro* (Siqueira Mietto et al., 2015). Moreover, treatment with IL-10 has shown beneficial effects on nerve regeneration in mice with transection injury, as it reduced collagen scarring and improved electrophysiological recordings (Atkins et al., 2007). Positive effects of IL-10 have been assessed *in vitro*, where it increased neurite outgrowth and improved synapse formation in a glucose-deprived cortical culture via JAK/STAT3 pathway (H. Chen et al., 2016).

### **Interleukin 13**

IL-13 is a 12 kDa protein produced mainly by T cells, mast cells, eosinophils, and basophils (Kelly-Welch, M. Hanson, & D. Keegan, 2005; Vidal et al., 2013). The IL-13 receptor is formed by two transmembrane proteins and shares a common heterodimeric structure with IL-4, consisting of IL-13R $\alpha$ 1 and IL-4R $\alpha$ 1 chains. IL-13 also has another receptor subtype that consists of the interaction between IL-13R $\alpha$ 1 and IL-13R $\alpha$ 2 chains. The signal transduction through the heterodimer shared by IL-13 and IL-4 leads to the activation of JAK/STAT signaling, with STAT6 as a final target. However, the IL-13R $\alpha$ 1- IL-13R $\alpha$ 2 heterodimer can suppress the signaling mediated by the IL-13/IL-4 receptor. Importantly, the STAT6 pathway has already been associated with neuroprotection and nerve regeneration (Deboy et al., 2006). Although there is a lack of studies investigating the role of IL-13 after nerve injury, its potential effects on STAT6 as a downstream target suggest that it could have favorable effects on the regenerative outcome. Additionally, a study conducted in spinal cord injured mouse that had reprogrammed macrophages with high secretion of IL-13 reported increased neuroprotection and improved motor function (Van Broeckhoven et al., 2022).

### 2.3.3 Cells that participate in the regenerative environment

#### **Schwann cells**

Non-neuronal cells are also subjected to transcriptional reprogramming after nerve injury. In the case of Schwann cells, the loss of contact with neurons promotes a phenotype switch that alters their original function. Specifically, within 24 to 48 hours after axotomy the axonal

cytoskeleton is disintegrated, leading to the detachment of the myelin sheath due to the loss of contact between the neuron and the Schwann cell. This detachment is triggered by the activation of the receptor tyrosine kinase ErbB2 (S. B. Han et al., 2017; Navarro et al., 2007). Activated ErbB2 signals through Erk and Akt pathways, which stimulate Schwann cell proliferation (S. B. Han et al., 2017). However, other studies suggest that other mechanisms may be also involved (Atanasoski et al., 2006). The highest rate of Schwann cell proliferation is 3 days after injury, and this process continues for 2 to 3 weeks when Schwann cells triplicate their number in the distal nerve (Navarro et al., 2007; Salonen, Aho, Roytta, & Peltonen, 1988). The increased population of Schwann cells align into Bünger bands, which will provide support and guidance for axonal regeneration (Navarro et al., 2007).

Apart from proliferation, loss of contact with neurons triggers dedifferentiation. In fact, Schwann cells adopt a phenotype that reassembles progenitor cells before transforming towards a regeneration-supportive phenotype (Fornaro et al., 2021). During the first stage of dedifferentiation, Schwann cells downregulate the expression of genes associated with their myelinating function. For instance, there is a reduced expression of enzymes that regulate cholesterol synthesis, membrane associated proteins such as myelin-associated glycoprotein (MAG), and myelin structural proteins such as P0 and myelin basic protein (MBP). On the other hand, there is an upregulation of genes that are found in immature Schwann cells such as L1, NCAM, p75NTR and glial fibrillary acidic protein (GFAP) (Jessen & Mirsky, 2008; Jessen, Mirsky, & Lloyd, 2015). Then, Schwann cells undergo a second stage of differentiation that transforms them into regeneration-supportive Schwann cells. This involves an upregulation of neurotrophic factors and adhesion molecules such as GDNF, BDNF, NGF, VEGF, bFGF, pleiotrophin and NCAM, which promote neuronal survival and axonal elongation (Jessen et al., 2015; Klimovich, Rubina, Sysoeva, & Semina, 2021; Wale Sulaiman & Gordon, 2013). Schwann cells present in the neural distal stump raise the expression of pro-inflammatory cytokines and chemokines that would contribute to the development of Wallerian degeneration and promote macrophage recruitment. Specifically, as seen in previous subchapters, Schwann cells increase the secretion of TNF- $\alpha$ , LIF, MCP-1, IL-1 $\alpha$  and IL-1 $\beta$  (Jessen et al., 2015). Finally, there is an initiation of a cell-intrinsic process that promotes myelin breakdown, facilitating further myelin clearance.

**Macrophages as regulators of degeneration and regeneration**

Macrophages are pleiotropic cells that perform a wide variety of functions related to homeostasis, phagocytosis, inflammation, and tissue repair. These cells can be divided between infiltrating and resident macrophages considering their ontology. Resident macrophages originate from the yolk sac or the fetal liver and enter peripheral tissues during embryonic development. Their population is maintained mainly by local proliferation and are independent from blood-monocytes (Italiani & Boraschi, 2014; Zigmond & Echevarria, 2019). In PNS, resident macrophages are distributed along the nerves and ganglia. In fact, in human adult samples of sensory ganglia, sympathetic ganglia and the associated nerve roots, resident macrophages accounted between a 5 and 20% of the total amount of cells (Esiri & Reading, 1989). In contrast, infiltrating or hematogenous macrophages originate from the bone-marrow and migrate towards peripheral tissues under local recruitment. They can infiltrate in the peripheral nerve under different phenomena that disrupts homeostasis, such as peripheral neuropathies, infection, and nerve injury (Msheik, El Massry, Rovini, Billet, & Desmouliere, 2022). In a study conducted in rats with sciatic nerve injury, it was observed that the populations of resident and hematogenous macrophages were proportional until day 3. However, from day 4 to 14 after injury, the number of infiltrated macrophages increased until quadruplicating the population of resident endoneurial macrophages (Mueller et al., 2003). This differences on the population numbers suggested that both macrophage subtypes could have different roles in the regenerative process. In fact, evidence points that resident macrophages may contribute to ECM and microenvironment maintenance being indispensable for nerve regeneration. Whereas infiltrating macrophages intervene in phagocytosis and the resolution of Wallerian degeneration (Boissonnas et al., 2020).

In addition to the classification based on their origin, macrophages have also been classified according to their phenotype under activation. In the 1990's, it was described that INF $\gamma$  and LPS had different effects on macrophage gene expression when compared to IL-4 (Stein. M, Keshav. S, Harris. N, & Gordon. S, 1992). Another categorization took into consideration macrophage metabolism, leading to the terminology of M1-M2 macrophages. In M2 macrophages, the arginine metabolism is shifted towards the production of ornithine, which is a precursor of polyamines and collagen. Contrary, M1 metabolism is shifted towards the production of NO and citrulline (Mills, Kincaid, Alt, Heilman, & Hill, 2000). In fact, NO inhibits

cell proliferation and can lead to cell death (Beltran, Mathur, Duchen, Erusalimsky, & Moncada, 2000; Murphy, 1999). This metabolic classification led to the description of M1 macrophages as killing cells and M2 macrophages as repairing cells. The resulting dichotomy of M1 and M2 macrophages is inspired in the Th1 and Th2 classification of T cells.

Finally, the metabolic classification also included the phenotype under activation, leading to multiple subdivisions that describe a wider range of macrophage profiles. M1 macrophages have been associated with inflammation, their role as antigen-presenting cells and the increased production of reactive-oxygen species (ROS) upon stimulation by pathogens or damage-associated molecular patterns (Zigmond & Echevarria, 2019). M2 macrophages have been subdivided into M2a, M2b, M2c and M2d. M2a are also known as alternative activated macrophages, and their phenotype is activated upon IL-4 or IL-13 stimulation. M2b macrophages are also known as regulatory macrophages and are activated upon Toll-Like-Receptor (TLR) or IL-1R agonists. M2b produce both pro- and anti-inflammatory cytokines, acting as an immunoregulator. M2c are activated by IL-10, which triggers a feedback that leads to the secretion of more IL-10 and IL-1 $\beta$ . This macrophage subtype is associated with anti-inflammatory phase resolution and wound healing. Finally, M2d macrophages are associated with angiogenesis and metastasis. This subtype is activated through TLR agonists and IL-6 (Lis-Lopez, Bauset, Seco-Cervera, & Cosin-Roger, 2021; Murray et al., 2014).

Currently, the classification of macrophages is controversial. For instance, advances on research have revealed that the differences on the metabolism between M1 and M2 macrophages are dependent on the mice strain. Specifically, the C57BL6/J mouse strain has a deletion on an arginine transporter, leading to alterations in metabolism and on M1/M2 classification (Sans-Fons et al., 2013). Additionally, inconsistencies arise when different protocols are used by researchers, as macrophages grown in M-CSF or GM-CSF display different phenotypes (Joshi et al., 2014). Thus, more research is required to successfully characterize macrophage phenotypes. To address this issue guidelines have been proposed (Murray et al., 2014). Although M1-M2 polarization is now considered a spectrum and further characterization is necessary, the concepts of M1 and M2 macrophages would be used in this thesis to simplify their implication on inflammatory events. Concretely, the term M1 would be used for pro-inflammatory macrophages and the M2 concept for anti-inflammatory macrophages.

## 3. Neuropathic pain

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### 3.1 Definition and incidence

Neuropathic pain arises from neuronal damage and produces pain and sensations that are deviated from normal nociception (Cervero, 2009; Costigan, Scholz, & Woolf, 2009). Currently, the IASP has defined neuropathic pain as “pain caused by a lesion or disease of the somatosensory system” (Jensen et al., 2011). Specifically, neuropathic pain that is generated from PNS damage is referred as peripheral neuropathic pain. Peripheral neuropathic pain can be caused by several factors like chemical toxics, trauma, infection, metabolic diseases, or tumor invasion (Costigan et al., 2009). Patients with neuropathic pain may describe the sensation as burning, pricking, needle-like or freezing, that can be accompanied by an electric shock-like perception (Bouhassira et al., 2004; Costigan et al., 2009; Finnerup, Kuner, & Jensen, 2021). In addition to pain, paresthesia (abnormal sensations) and dysesthesia (unpleasant anomalous sensations) may appear. The sensory alterations and pain can be spontaneous or evoked (Finnerup et al., 2021). In fact, evoked pain can lead to the perception of allodynia (pain from a non-noxious stimulus) or hyperalgesia (exaggerated painful response to a stimulus that provokes pain).

While the persistence of pain can vary depending on several factors such as age, size of the damaged nerve or genetical background, epidemiological studies suggest that the prevalence of neuropathic pain is around 8.2– 6.9 % in European population (Bouhassira, Lanteri-Minet, Attal, Laurent, & Touboul, 2008; Torrance, Smith, Bennett, & Lee, 2006). Further, neuropathic pain supposes an economic burden to the patients or the states, as it includes surgical expenses, sick-leave, drugs, and non-surgical procedures. In Spain, the economic cost to the national healthcare system associated with neuropathic pain was above than 500 million euros in 2012 (Ruiz, Liedgens, & Obradovic, 2013). Thus, investing in the research on neuropathic pain is essential to improve the well-being of the patients and to reduce long-term economic investment on rehabilitative treatments.

### 3.2 Animal models

Injuries that result in damage to nerve fibers have become valuable techniques for generating and assessing neuropathic pain in animals. These injuries trigger self-protection behaviors and

exaggerated reactions to non-noxious stimuli. The following are some commonly used injury models in preclinical peripheral neuropathic pain research:

**Axotomy:** Transection or crush of the sciatic nerve is a frequently used procedure to induce neuropathic pain in rodents. However, animals can acquire self-mutilation behaviors and milder forms of PNI have been developed to solve this issue (Sousa, Lages, Pereira, & Slullitel, 2016).

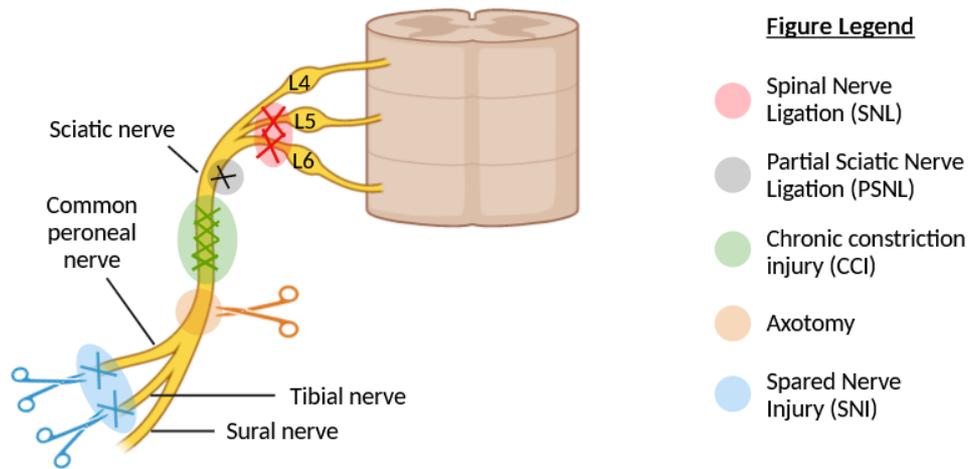
**Chronic Constriction Injury (CCI):** In this surgical intervention four loose knots are tied around the sciatic nerve, causing swelling and strangulation. Animals that undergo CCI exhibit enhanced responses to thermal and mechanical algometry tests.

**Spared Nerve Injury (SNI):** This procedure involves the cut and ligation of tibial and peroneal branches of the sciatic nerve, while leaving the sural branch intact. In this injury, responsiveness to the stimulus is increased on the innervation territory of the intact sural nerve. Like in CCI, animals that undergo SNI react both to mechanical and heat stimuli (Casals-Diaz, Vivo, & Navarro, 2009; Sousa et al., 2016).

**Spinal Nerve Ligation (SNL):** Sometimes referred as spinal root ligation, this surgical intervention implies the loose ligation of L5 and L6. Animals subjected to SNL develop cold allodynia and thermal hyperalgesia.

**Partial Sciatic Nerve Ligation (PSNL):** In this procedure a suture is placed on one half to one third of the sciatic nerve and induces thermal and mechanical hypersensitivity (Korah et al., 2022; Sousa et al., 2016) (See Figure 5).

To note, axotomized animals display different behavior when compared to other neuropathic pain models, in which the sciatic nerve is only partially injured. In these neuropathic pain models, mice show increased hyperalgesia early after nerve damage. In contrast, after crush or section and repair injuries, there is a first stage of anesthesia generated by the complete denervation of the damaged nerve. Later, animals suffer from hyperalgesia as regenerating axons start reinnervating the skin. This phenomenon can be observed in the lateral side of the injured paw when analyzing thermal and mechanical stimuli. Contrary, the medial side of the hind paw develops hyperalgesia few days after axotomy. This occurs because the medial hind paw is partially innervated by the saphenous nerve, which remains intact after the sciatic nerve lesion (Casals-Diaz et al., 2009).



**Figure 5:** Summary of the most common injury models to study neuropathic pain in preclinical research. Scissors represent cut injuries, while crosses ligation of the nerve. Own elaboration using BioRender.

### 3.3 Physiopathology of neuropathic pain

In healthy subjects, painful stimuli is perceived by primary nociceptors, which are free nerve endings without specialized detection structures. Upon stimulation, primary nociceptive neurons synapse with second-order neurons and with interneurons in the dorsal horn of the spinal cord, through unmyelinated C axons or thinly myelinated A $\delta$  fibers (Coutaux, Adam, Willer, & Le Bars, 2005; López-Álvarez, 2017).

Unmyelinated C fibers can be categorized as peptidergic (substance P and CGRP positive) or non-peptidergic (IB4 positive and rich in P2X3 purinergic receptors). Specifically, peptidergic fibers project to Rexed laminae I, while non-peptidergic neurons project to inner and outer laminae II of the dorsal horn (Casals-Diaz et al., 2009). Additionally, A $\delta$  fibers are both neurofilament and CGRP positive and target to laminae I, IV and V of the dorsal horn (Coutaux et al., 2005; López-Álvarez, 2017). Painful information is then transmitted to the thalamus through the spinothalamic tract, and to the brainstem by the spinomesencephalic tract, to be later integrated in several areas of the brain (Boadas-Vaello et al., 2016).

Although nerve injury can lead to peripheral neuropathic pain that persists once the cause of damage has long occurred, it is important to note that neuropathic pain only becomes chronic in a minority of cases (Costigan et al., 2009). In this regard, under neuropathic pain conditions, functional dysregulation occurs both in first and second order neurons following nerve injury. First-order neurons undergo alterations in the expression of ion channels, receptors, and neurotransmitters, resulting in increased neuronal excitability and peripheral sensitization

(Boadas-Vaello et al., 2016; Finnerup et al., 2021). In addition, nerve injury leads to the generation of bursts of ectopic action potentials that overactivate second order neurons. At the spinal cord, second order neurons also suffer changes in receptors, neurotransmitters, and a reorganization of afferent projections (central remodeling). Additionally, second order neurons are also susceptible to alterations of inhibitory pathways, which may exacerbate the perception of pain (Boadas-Vaello et al., 2016). Altogether, these modifications in the spinal cord trigger a process known as central sensitization.

### 3.4 Excitability under neuropathic pain conditions

#### 3.4.1 First-order neurons and peripheral sensitization

Peripheral sensitization occurs when nerves respond to the neuronal insult and to the local inflammatory mediators, through the release of molecules that contribute to increase neural excitability. Specifically, nerve damage reduces the threshold of nociceptors, raising the responsiveness of nociceptive fibers (Toth, 2013). Additionally, intact neurons in the vicinity undergo variations on the expression of receptors and ion channels and may also exhibit collateral axon growth (Costigan et al., 2009). Hence, these alterations together with the inflammatory events that occur after nerve injury, lead to an exacerbation of the excitability of first order sensory neurons (Ellis & Bennett, 2013).

Therefore, excitability results from the molecular changes that occur in neurons after nerve damage and from the influence of inflammation. The following subchapter will review the molecular mechanisms that promote excitability in primary afferents.

#### **Alterations on ligand-gated channels and receptors**

Following nerve injury, there is an upregulation of several receptors and channels, including ASICs, TRP channels and purinergic receptors (Boadas-Vaello et al., 2016).

##### ***TRP channels***

The TRP channel family consists of TRPV1-4, TRPM8 and TRPA1, each with different response to temperature. TRPV1 is activated by protons (H<sup>+</sup>), capsaicin and heat over 43°C, and is involved in neuropathic pain, since different types of nerve injury raise its expression (Facer et al., 2007; H. Y. Kim et al., 2008; Toth, 2013). Additionally, a study conducted in TRPV1 deficient mice reported diminished response to painful heat, suggesting that this channel is critical for injury-induced thermal hyperalgesia (Caterina et al., 2000). TRPM8 is associated

with cold hypersensitivity, and TRPA1 is sensitized by the secretion of bradykinin (Stucky et al., 2009). To note, activation of TRP channels leads to depolarization through calcium influx, further increasing neuronal excitability (Vangeel & Voets, 2019).

### ***ASIC channels and Purinergic receptors***

Injury and inflammation decrease the tissue pH leading to acidosis, which plays a significant role in hyperalgesia. ASIC channels are pH-detecting receptors, involved in nociception. Studies have described that spinal nerve ligation and spinal nerve injury lead to alterations on the regulation of ASICs. In spinal nerve ligation almost all ASICs are upregulated, whereas spinal nerve injury is associated with downregulation of ASIC1 (Poirot, Berta, Decosterd, & Kellenberger, 2006). In a model of cuff compression of the sciatic nerve, alterations of ASIC expression were found to occur in purinergic CGRP positive neurons (Papalampropoulou-Tsiridou, Labrecque, Godin, De Koninck, & Wang, 2020). In addition to pH alterations, injury leads to an increased secretion of purines such as ATP, which sensitize the purinergic receptors P2X3 and P3Y (Ellis & Bennett, 2013).

### **Alterations on the expression of voltage-gated ion channels**

Neuropathic pain is characterized by alterations in the expression and function of voltage-gated ion channels. These changes have significant implications in neuronal excitability and the subsequent transmission of pain signals. Among the various ion channels involved, the upregulation of sodium channels and HCN channels, along with decreased activity of certain potassium channels, are recognized as key contributors to the development and maintenance of neuropathic pain. Further, alteration of the expression of other channels, such as calcium and chloride channels, has also been reported (Toth, 2013). The following sections will focus into the changes observed in sodium, potassium, and HCN channels, providing insights into their implication in neuropathic pain.

### ***Sodium channels***

Nav1.3 channel is expressed in embryonic neurons but faintly expressed in adult peripheral nerves. However, following nerve injury, the embryonic Nav1.3 channel is upregulated and promotes ectopic firing through increased axonal excitability (Bennett, Clark, Huang, Waxman, & Dib-Hajj, 2019). In fact, upregulation of Nav1.3 has been reported to accumulate on the distal process of injured and uninjured afferents increasing their excitability (Black et

al., 1999; Lindia, Kohler, Martin, & Abbadie, 2005). However, studies involving the silencing of Nav1.3 channel in mice reported contradictory results regarding its effects on the amelioration of pain (Minett et al., 2014; Nassar et al., 2006).

Nav 1.7 and Nav1.8 are voltage-gated sodium channels normally expressed in adult neurons (Bennett et al., 2019). Research findings show conflicting results on the role of these channels in the development of neuropathic pain in mice. For instance, individual or double knocking-out of Nav1.7 and Nav1.8 in mice led to the development of neuropathic pain in SNL (Nassar, Levato, Stirling, & Wood, 2005). However, the same research group observed that after CCI pain is attenuated when Nav1.7 is deleted in sensory neurons (Minett et al., 2014). Other studies on SNI proved that independent silencing of Nav1.7 and Nav 1.8 channels ameliorated pain in mice (Daou et al., 2016; Shields et al., 2018).

### ***Potassium channels***

DRG neurons display a wide variety of potassium channels that regulate the membrane potential, including delayed rectifiers ( $K_v1.1$ , 1.2), A-channels ( $K_v1.4$ , 3.3, 3.4, 4.1, 4.2, and 4.3), KCNQ channels ( $K_v7.2$ , 7.3, 7.4, and 7.5) and ATP-sensitive channels ( $K_{IR}6.2$ ) among other subtypes (P. A. Smith, 2020).

Specifically, delayed rectifiers and KCNQ channels are associated with the development of pain. Delayed rectifiers maintain a sustained potassium ion efflux and are activated with delay following membrane depolarization (P. A. Smith, 2020). In the context of pain, the transcription of delayed rectifier channels decreases after nerve injury (Alles & Smith, 2021). In addition, the lack of  $K_v1.1$  was demonstrated to be related to the development of mechanical allodynia (Hao et al., 2013). Also,  $K_v7.2$  and 7.3, which are M channels product of KCNQ2/3 gene, play a crucial role in determining neuronal excitability and firing accommodation (Alles & Smith, 2021). Like delayed rectifiers, these channels activate upon depolarization but do not inactivate for minutes.  $K_v7.2$  expression was found decreased after axotomy in the DRG, but it increased on fiber endings. This trafficking pattern seemed relevant for the behavioral development of pain, probably because it may facilitate excitability in the neuronal soma (Cisneros, Roza, Jackson, & López-García, 2015). Furthermore, mice lacking  $K_v7.2$  expression exhibited increased neuronal excitability and pain-related behaviors (King, Lancaster, Salomon, Peles, & Scherer, 2014).

### ***HCN channels***

Hyperpolarization-activated and cyclic nucleotide-gated (HCN) channels work differently than classical voltage-gated channels. Specifically, HCN channels are closed during a depolarizing stimulus and open to membrane hyperpolarization, generating an inward current that regulates the membrane resting potential (Ramirez, Zuniga, Concha, & Zuniga, 2018). HCN channels have an enhanced activation and expression following nerve damage. Particularly, the increase of HCN1 and HCN2 subtypes appears critical for the generation of neuropathic pain (Chaplan et al., 2003; Emery, Young, Berrocoso, Chen, & McNaughton, 2011; Jiang et al., 2008).

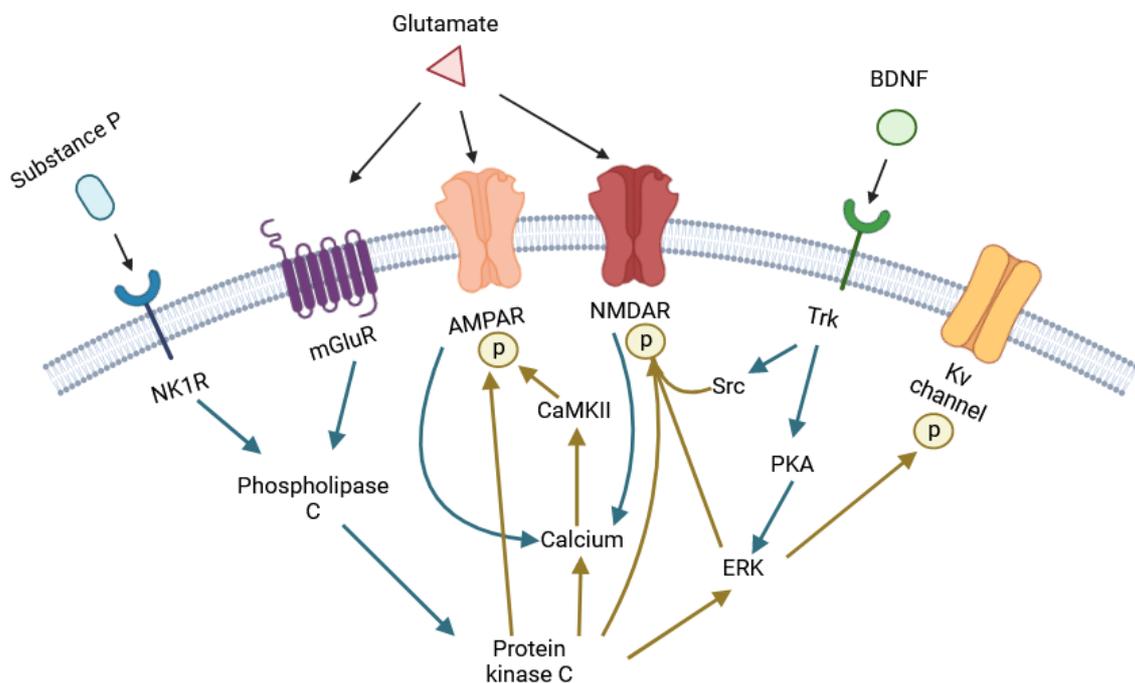
#### **3.4.2 Second-order neurons and central sensitization**

Central sensitization refers to the enhanced responsiveness of the central nervous system to sensory inputs, resulting in an increased perception of pain. After peripheral nerve injury, there is a release of the excitatory neurotransmitter glutamate, as well as BDNF and neuropeptides (Substance P and CGRP), at the central synaptic terminals of primary afferents. These transmitters activate different receptors in the neurons of the dorsal horn, leading to enhanced excitability (Noguchi, 2006). Specifically, glutamate activates mGluR, AMPA and NMDA receptors. Substance P binds to the protein-coupled neurokinin 1 (NK1) receptor, and BDNF is detected by TrkB. Stimulation of mGluR and NK-1 receptors activate phospholipase C, which promotes calcium release from intracellular compartments. The increase of intracellular calcium levels can stimulate the activation of protein kinases, including PKC, PKA and CAMKII. In addition, TrkB receptor promotes the activation of the tyrosine kinase Src, which along with the other kinases can phosphorylate AMPA and NMDA receptors. This phenomenon increases AMPA and NMDA receptor activity and promotes the recruitment of AMPA receptors to the post-synaptic membrane. Additionally, PKA and PKC lead to ERK activation, which subsequently triggers the inactivation of potassium channels. Moreover, post-synaptic increase of the Nav1.3 channel has also been detected in the dorsal horn of the spinal cord after PNI (Hains, Saab, Klein, Craner, & Waxman, 2004). Altogether, these changes favor excitability in the dorsal horn, amplifying pain perception (Noguchi, 2006; Toth, 2013) (see Figure 6).

While there is an increased activity of glutamate receptors, secondary neurons also become less responsive to the inhibitory regulation of GABA and Glycine due to changes in chloride

transporters (López-Álvarez et al 2015). In addition, injury-induced inflammation on central segments further raises excitability (Toth, 2013).

Neural plasticity also plays a role in central sensitization. Synaptic strengthening of nociceptive neurons occurs by long-term potentiation in the dorsal horn and the cingulate cortex (Ikeda, Heinke, Ruscheweyh, & Sandkuhler, 2003; Toyoda et al., 2009). Moreover, nerve injury can result in degeneration of C-fiber terminals in lamina II, mainly of non-peptidergic neurons (Casals-Diaz et al., 2009). This creates an opportunity for A $\beta$  fibers to sprout into laminae I-II and establish contact with nociceptive neurons (Latremoliere & Woolf, 2009).



**Figure 6:** Molecular alterations in the dorsal horn of the spinal cord that are responsible for central sensitization. In blue are displayed the mechanisms that activate kinases and in yellow the consequences on the expression of glutamate receptors and ion channels. Modified from (Toth, 2013) using Biorender.

### 3.5 Inflammation and neuropathic pain

Injury to the somatosensory system initiates a cascade of inflammatory mechanisms, which can activate or sensitize nociceptors, triggering aberrant activity and leading to neuropathic pain both in the peripheral and in the central nervous system (Paul J. Austin & Moalem-Taylor, 2013).

### 3.5.1. Inflammation and peripheral sensitization

After injury, Schwann cells and macrophages secrete cytokines and growth factors that promote phenotypic changes in neurons (Ellis & Bennett, 2013; López-Álvarez, 2017; Toth, 2013). One example is COX-2, released by macrophages and Schwann cells after injury, which produces prostaglandin PGE<sub>2</sub>, that acts as a nociceptive sensitizer (Ma & Quirion, 2008; Toth, 2013). Moreover, nociceptive terminals release neuropeptides through the antidromic transmission of action potentials (Ellis & Bennett, 2013). For instance, the neuropeptide Substance P enhances the release of bradykinin, which sensitises nociceptors and increases the permeability of vasculature. Substance P also stimulates the secretion of histamine, a molecule associated with inflammation (Toth, 2013). CGRP also acts as a vasoactive peptide that promotes the recruitment of immune cells enhancing the inflammatory response. In this regard, pro-inflammatory cytokines, such as TNF- $\alpha$ , stimulate the p38-MAPK pathway, leading to increased sodium influx and subsequent neuronal depolarization (P. J. Austin & Moalem-Taylor, 2010).

### 3.5.2. Inflammation and central sensitization

Peripheral nerve injury leads to a transient alteration of the blood-spinal cord barrier integrity, facilitating the entry of infiltrating macrophages and T cells in the dorsal horn. These events further exacerbate the inflammatory environment inside the spinal cord (Clark, Old, & Malcangio, 2013).

Moreover, nerve injury triggers the activation of microglia and astrocytes. Activated microglia produce a wide range of neurotransmitters, cytokines, trophic factors, and reactive oxygen species (ROS) that can lead to neuronal sensitization. Importantly, microglial activity can produce neuronal death by generating high levels of ROS and by impairing glutamate uptake by glial cells. Astrocytes also undergo activation after injury and may play a role in the maintenance of neuropathic pain (Latremoliere & Woolf, 2009).

Notably, pro-inflammatory cytokines secreted by microglia and infiltrating cells are responsible for exacerbating neuronal excitability in the spinal cord. For instance, an *in vitro* patch clamp study conducted in the dorsal horn of the spinal cord revealed that TNF- $\alpha$  and IL-1 $\beta$  enhanced AMPA and NMDA-induced excitatory currents. Conversely, IL-1 $\beta$  and IL-6 suppressed inhibitory currents in the dorsal horn (Y. Kawasaki, Zhang, Cheng, & Ji, 2008). Moreover, *In vivo* administration of TNF- $\alpha$  induced neuropathic pain behaviors, while genetic

impairment of IL-1 $\beta$  signaling reduced neuropathic pain in mice (Wagner & Myers, 1996; Wolf, Gabay, Tal, Yirmiya, & Shavit, 2006). Additionally, spinal downregulation of the pro-inflammatory cytokines IL-1 $\beta$ , TNF- $\alpha$  and IL-6 following LipoxinA<sub>4</sub> treatment prevented behavioral hypersensitivity following a chronic compression of the DRG (T. Sun et al., 2012). Although further investigation is needed to elucidate the mechanisms by which distinct cytokines influence excitability, the effects of TNF- $\alpha$  are relatively well-described. In fact, it has been reported that TNF- $\alpha$  decreased the expression of GLAST and EAAT2/GLT-1 glutamate transporters in astrocytes, impairing glutamate uptake (Korn, Magnus, & Jung, 2005; Sitcheran, Gupta, Fisher, & Baldwin, 2005). Consequently, increasing glutamate availability and triggering hyperexcitability in the spinal cord (P. J. Austin & Moalem-Taylor, 2010; Schafers & Sorkin, 2008).

Hence, inflammation and excitability are interconnected in the development of neuropathic pain. Specifically, the inflammatory reaction acts as a positive feedback mechanism triggering neuronal hyperexcitability. Thus, it is speculated that regulation of inflammation could alleviate neuropathic pain (Fonseca et al., 2019; Milligan, Penzkofer, Soderquist, & Mahoney, 2012; Okutani, Yamanaka, Kobayashi, Okubo, & Noguchi, 2018).

## 4. Epigenetic interventions to improve functional outcome after nerve injury

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### 4.1 Epigenetic modifications

Epigenetics studies the changes in gene expression that do not result from alterations in DNA sequence but by changing the structural arrangement of chromatin (Christopher, Kyle, & Katz, 2017; Hwang, Aromolaran, & Zukin, 2017). Epigenetic mechanisms use the DNA template to acquire stable programs, such as cell type identities, or to regulate gene expression in response to environmental alterations. The most well-known epigenetic mechanisms include DNA methylation, changes in nucleosome position, post-translational modifications, miRNA and lncRNAs.

#### 4.1.1 DNA methylation

DNA can undergo methylation in some of their cytosine or adenosine nucleobases. Among these modifications, cytosine methylation is the most widespread DNA modification in

eukaryotes. The process of cytosine methylation is catalyzed by DNA methyltransferases (DNMTs), which facilitate the transference from S-adenosyl-L-methionine (SAM) to the fifth carbon of the cytosine, resulting in the production of 5-methylcytosine (Hwang et al., 2017).

Cytosine methylation in mammals takes place primarily on CpG islands, which are genomic regions rich in cytosine and guanine nucleotides. CpG islands are often found in gene promoters and in this situation, methylation is associated with gene repression. However, when cytosine methylation occurs in gene bodies is linked with active transcription. Nevertheless, neurons are an exception of this rule and methylation of cytosines and adenosines in neuronal cell bodies is associated with transcriptional repression (Christopher, Kyle, et al., 2017; Hwang et al., 2017). The establishment of CpG methylation is mediated de novo by DNMT3a and DNMT3b, whereas DNMT1 maintains the DNA methylation during replication on the daughter cells (Cheng, Song, Ming, & Weng, 2023). Outside of CpG islands methylation is recognized by MeCP2, which leads to gene repression in mature neurons (Cheng et al., 2023). Reversion of methylation generates several intermediates, with the initial intermediate of cytosine methylation (generated through hydroxymethylation) playing a role in gene activity. Aberrant patterns of DNA methylation and hydroxymethylation have been associated with different psychiatric disorders (Cheng et al., 2023).

#### 4.1.2 Changes in nucleosome position

Canonical histones have variants that can replace the canonical form within nucleosomes. This substitution could erase or alter the pattern of post-translational modifications and have profound effects on nucleosome stability and positioning (Greer & Shi, 2012; Hwang et al., 2017). The alteration of histone variants has been found to have an impact on cognition (Hwang et al., 2017).

#### 4.1.3 Post-translational histone modifications

Nucleosomes are considered the basic unit of chromatin. This structure is formed by histone octamers around which the DNA is wrapped. In turn, octamers are the result of combinations of the core histone proteins H2A, H2B, H3 and H4. Alterations in the structure of octamers can affect the exposure of chromatin, which influences future gene expression.

In this regard, histones can suffer post-translational modifications in their N-terminal tails, such as acetylation, methylation, phosphorylation and ubiquitylation among others. The post-

translational marks are added by a group of proteins named “writers” and deleted by enzymes named “erasers”. The resulting histone code can be recognized by a group of proteins known as “readers” that would detect the post-translational marks on distinct genomic regions (Christopher, Kyle, et al., 2017; Hwang et al., 2017). The most well-studied post-translational modifications include histone methylation and acetylation.

### Histone acetylation

Histone acetylation relaxes the interaction between the DNA strands and the histones, leading to an open chromatin configuration that is easier to access for transcription. The attachment of acetyl groups to histones is performed by histone acetyltransferases (HATs), whereas histone deacetylases (HDACs) remove acetylated histone marks. These newly formed acetylations or deacetylations form a histone code which can be recognized by reader proteins that own specialized domains, examples of these are bromodomains and chromodomains (Wahane, Halawani, Zhou, & Zou, 2019). In the neurosciences, increased histone acetylation has been associated with memory consolidation and with the regulation of neuronal death after ischemia (Hwang et al., 2017). Well-known histone acetylation marks are displayed in the table below (Table 1).

<b>Summary of common acetylation marks in histones</b>			
<i>Histone modification</i>	<i>Effects on gene expression</i>	<i>Location</i>	<i>Source</i>
H3K9ac	Activation	Promoters, enhancers	(Kumar et al., 2016) (Barral & Dejardin,
H3K27ac	Activation	Enhancers, promoters	2023; Kumar et al., 2016)
H4K8ac	Activation	Promoters	(Z. Wang et al., 2008) (Taylor, Eskeland, Hekimoglu-Balkan,
H4K16ac	Activation	Promoters, gene bodies	Pradeepa, & Bickmore, 2013; Z. Wang et al., 2008)

**Table 1:** Common post-translational histone acetylation marks and their location.

## Histone methylation

Alterations on histone methylation also affect the conformation of chromatin, although the effects in gene expression of this type of post-translational modification are more complex than acetylation. Histone methylation can occur in lysine, arginine and histidine residues. In this regard, lysine methylation has largely been studied, specifically in three distinct locations: histone 3 lysine 4 (H3K4), histone 3 lysine 9 (H3K9) and histone 3 lysine 27 (H3K27) (Greer & Shi, 2012). Notably, for each histone variant methylation is conducted by specific proteins.

H3K4 can be mono-, di- or trimethylated by MLL and SET family of writer proteins (Christopher, Kyle, et al., 2017). Each degree of methylation has a different outcome on gene expression. Hence, monomethylated H3K4 is found in enhancers and promoters at the 3' of active genes, facilitating gene transcription. H3K4me2 is usually found in gene bodies and enhancers that are linked with active genetic expression. Whereas H3K4me3 is found in promoters of both working and dormant genes (Greer & Shi, 2012). It is important to acknowledge that the same modifications can have opposing roles, such as repression and activation. This occurs with H3K4me2 and H3K4me3, that while they are usually linked to gene activation, they can also lead to gene repression. This phenomenon is probably mediated by readers that can recruit transcriptional machinery as well as repressor complexes. H3K4 methylation can be reversed by different demethylases: LSD1/KDM1A, LSD2/KDM1B, JARID1a/KDM5A and JARID1b/KDM5B, which facilitates the adaptation of gene expression under different conditions.

Contrarily to H3K4, di- and trimethylation of H3K9 promotes transcriptional repression. In H3K9, methylation is conducted by the methyltransferases SETDB1 and SUV39H1, while demethylation is executed by JHDM2A/KDM3A and LSD1. Finally, H3K27 usually undergoes trimethylation by PRC2 or EZH2, which can be erased by UTX/KDM6A and JMJ3/KDM6B. Specifically, trimethylation of H3K27 leads to genetic repression (Christopher, Kyle, et al., 2017; Greer & Shi, 2012) (Table 2).

Summary of common histone methylation marks			
<i>Histone modification</i>	<i>Effects on gene expression</i>	<i>Location</i>	<i>Source</i>
H3K4me1	Activation	Enhancers	(Barral & Dejardin, 2023; Greer & Shi, 2012)
H3K4me2	Activation/Repression	Gene bodies	(Greer & Shi, 2012)
H3K4me3	Activation or poised expression	Promoters	(Greer & Shi, 2012)
H3K9me2	Repression	Transposable elements, satellite repeats and gene bodies	(Padeken, Methot, & Gasser, 2022)
H3K9me3	Repression or poised expression	Enhancers, telomeres, transposable elements, gene bodies and satellite repeats	(Barral & Dejardin, 2023; Ninova, Fejes Toth, & Aravin, 2019; Padeken et al., 2022)
H3K27me3	Repression	Enhancers, promoters	(Barral & Dejardin, 2023)
H3K36me3	Activation	Gene bodies	(Z. Sun et al., 2020)

**Table 2:** Popular histone modifications and where to find them.

#### 4.1.4 miRNA and lncRNA

Noncoding RNA can also serve as epigenetic regulators by recruiting other molecules that would catalyze alterations on the chromatin compaction. These transcripts vary in size, being miRNA composed by sequences under 25 nucleotides and lncRNA containing over 200 nucleotides. Particularly, lncRNA can act as a scaffold molecule. One example is the case of the HOTAIR transcript that binds both PRC2 and the LSD1-CoREST complex on H3K4me, resulting in gene repression (Tsai et al., 2010).

## 4.2 Epigenetic modifications involved in regeneration and neuropathic pain

Recent findings had started to elucidate the mechanisms that link epigenetic machinery with neuronal regeneration and pain. However, research still needs to fully unravel the epigenetic alterations that occur after nerve trauma. Hereof, understanding the

epigenetic mechanisms behind pain and regeneration is of utmost importance, as it has contributed to the development of new therapies to treat nerve injuries.

For instance, as histone acetylation promotes the expression of regeneration associated genes, facilitating axonal regeneration (Hutson et al., 2019; Puttagunta et al., 2014), histone deacetylase inhibitors (HDACi) have been used as a strategy to promote regeneration. Their application favored the conservation of histone marks, improving the outcome in studies conducted both *in vivo* and *in vitro* (Brugger et al., 2017; Finelli, Wong, & Zou, 2013).

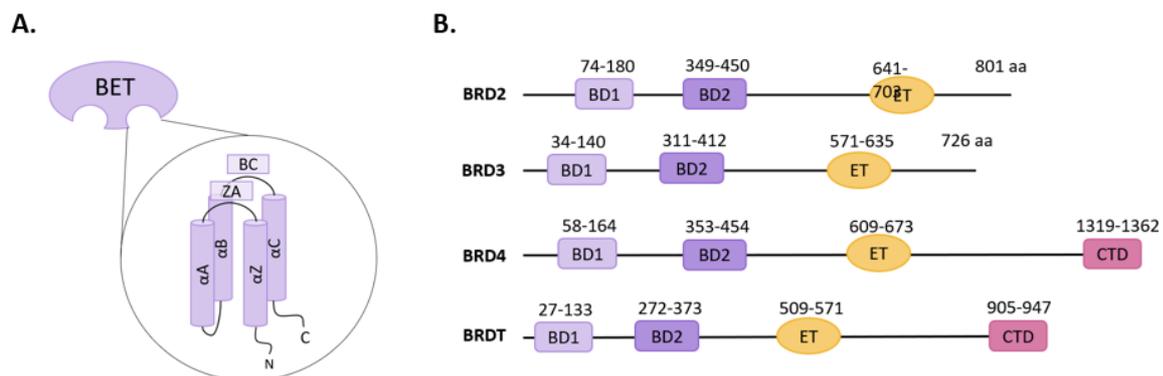
In table 3 there is a list of post-translational modifications that occur after traumatic injuries of the nervous system, which have been linked with pain and regeneration.

Post-translational modifications linked with regeneration and pain					
Enzyme	Epigenetic modification	Gene expression	Altered genes/targets	Outcome and injury	Source
PCAF	↑H3K9Ac	Activation	↑GAP43, Galanin and Bdnf	↑ Regeneration (nerve axotomy)	(Puttagunta et al., 2014)
CbP	↑H4K8Ac	Activation	Not described	↑ Regeneration (SCI)	(Hutson et al., 2019)
Unknown	↑H3K9me2	Repression	↓GAP43, Bdnf, SCG10 and Galanin	↓ Regeneration (nerve axotomy)	(Puttagunta et al., 2014)
REST	↓H3Ac and H4Ac	Repression	↓MOP, Nav1.8 and Kv4.3	↑Pain (PNL)	(Uchida, Ma, & Ueda, 2010; Uchida, Sasaki, Ma, & Ueda, 2010)
HDAC	↓H3Ac and H4Ac	Repression	↓ Gad65 and mGluR2	↑Pain (CCI)	(Penas & Navarro, 2018)
G9a	↑H3K9me2	Repression	↓ <i>Kcna4</i> , <i>Kcnd2</i> , <i>Kcnq2</i> , <i>Kcnma1</i>	↑Pain (SNL)	(Laumet et al., 2015)

**Table 3:** Summary of epigenetic modifications after traumatic injuries of the nervous system. In the table is displayed an enzyme, its effects on post-translational histone modifications, the genes or proteins altered and the outcome on regeneration and pain.

### 4.3 BET proteins as a target to reduce neuropathic pain and enhance nerve regeneration

The bromodomain and extra-terminal domain (BET) proteins are a family of epigenetic readers that bind to acetylated lysine residues found on both histone and non-histone proteins (Hajmirza et al., 2018). This protein family consists of four members BRD2, BRD3, BRD4 and BRDT. All BET proteins are localized within the nucleus. However, while the first three proteins are ubiquitously distributed in all cell types, BRDT is mainly located in germ cells (Morgado-Pascual, Rayego-Mateos, Tejedor, Suarez-Alvarez, & Ruiz-Ortega, 2019). Additionally, all members of the BET protein family share a common structure formed by two N-terminal bromodomains (BD1 and BD2) and an extra-terminal (ET) domain. Nevertheless, BRDT and BRD4 differ from the other members by owning a C-terminal domain (CTD) that promotes transcription elongator factor activity (Hajmirza et al., 2018; Liu, Yang, & Candelario-Jalil, 2021) (Figure 7).



**Figure 7:** Structure of BET proteins. A) Conformation of the hydrophobic pockets BD1 and BD2. B) Subunits of the distinct bromodomain and extra-terminal domain family members. Modified from (Liu et al., 2021; Morgado-Pascual et al., 2019).

Concerning the structural domains of BET proteins, BD1 and BD2 are bromodomain modules conforming hydrophobic pockets that facilitate protein-protein interactions by binding to acetylated-lysine residues. Typically, bromodomain proteins recognize and bind to two acetylated-lysine marks, as their affinity with mono-acetylated lysine is weak (Filippakopoulos & Knapp, 2014; Hajmirza et al., 2018). These structural characteristics of the bromodomain pocket makes BET proteins an attractive target for drug development. Most BET inhibitors can bind both BD1 and BD2 domains, targeting all BET proteins. However, the affinity of these inhibitors is variable among the BET protein family members (Liu et al., 2021).

In general, the BD domain of BET proteins is typically involved in interacting with acetylated residues at gene promoters and enhancers, triggering the initiation of transcription. Additionally, the C-terminal ET domain has been described to establish protein-protein interactions, enabling BET proteins to recruit either activator or repressor complexes (Hajmirza et al., 2018).

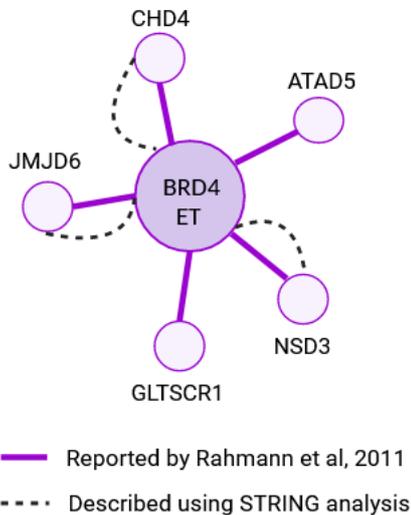
#### 4.3.1 BET protein-protein interactions and effects on gene expression

Most of the protein interactions studied in BET proteins have been focused on BRD4, which has provided insights into the mechanisms by which this epigenetic reader modulates gene expression. BRD4 participates in transcriptional elongation through its interaction with the pTEFb complex, which consists of the Cyclins T1 and T2 along with the protein CDK9. The kinase CDK9 inhibits negative regulators of RNA polymerase II and promotes transcriptional elongation through its phosphorylation (Figure 8B). The interaction between BRD4 and pTEFb complex occurs through the C-terminal region and the BD2 domain (Hajmirza et al., 2018; B. Huang, Yang, Zhou, Ozato, & Chen, 2009).

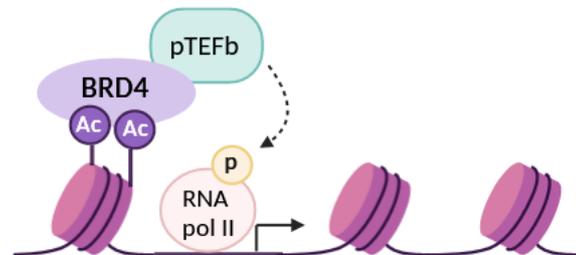
In addition, the ET domain of BRD4 is essential for mediating protein-protein interactions. In fact, the ET domain can interact with histone modifiers or chromatin remodelers, leading to structural changes in chromatin and the subsequent alterations in gene expression. Specifically, it has been reported that the ET domain of BRD4 has a high affinity with JMJD6, NSD3, CHD4, ATAD5 and GLTSCR1 (Figure 8A) (Rahman et al., 2011). In this regard, JMJD6 is an arginine demethylase, linked with carcinogenesis and the promotion of the immune response (K. Wang et al., 2022). ATAD5 functions as regulator of DNA repair (Giovannini et al., 2020). GLTSCR1 role is mostly unknown, but it has been observed to negatively regulate BRD4-induced elongation in cancer and it participates in SWI/NSF chromatin remodeler complexes (Alpsoy & Dykhuizen, 2018; F. Han et al., 2019). CHD4 belongs to the chromodomain helicase DNA-binding protein family, a group of ATP-dependent chromatin remodeling enzymes that modulate DNA accessibility. CHD4 interacts with the repressive complex NuRD and plays a role in hematopoietic cell differentiation, as well as in the proliferation and development of neural stem cells (Micucci, Sperry, & Martin, 2015; Nitarska et al., 2016). Lastly, NSD3 is a lysine methyltransferase targeting H3K36 and is associated to cancer progression. However, it has been described that a short isoform of NSD3 lacking the methyltransferase activity served as a link between CHD8 chromatin remodeler and BRD4 in leukemia cells (Shen et al.,

2015). Further, CHD8 has been reported to have both activator and repressor activities on gene expression (Hurley et al., 2021).

A) BRD4's ET domain protein interactions



B) BRD4 protein-protein interactions and transcriptional elongation



**Figure 8:** BRD4 relationship with other proteins. A) Interactions in the BRD4's ET domain described by Rahmann in human cell lines and the coincidences found using STRING analysis in mouse (highest confidence 0.9 and no more than 20 interactors as parameters) (Rahman et al., 2011). B) BRD4 interacts with the pTEFb complex for transcriptional elongation. The protein CDK9 from pTEFb complex phosphorylates the RNA polymerase II, guarantying transcriptional elongation. Created with BioRender.

#### 4.3.2. Physiological role of BET proteins

BET proteins have diverse physiological functions as they are distributed in multiple organs throughout the body. These proteins participate in cancer, redox metabolism, inflammatory events, and neuronal activation (N. Wang, Wu, Tang, & Kang, 2021).

#### **BET proteins in inflammation**

The role of BET proteins in inflammation has been elucidated by studying the function of BRD4 in NF- $\kappa$ B signaling, a pathway responsible for the secretion of a wide array of cytokines and chemokines. In this regard, BRD4 interacts with the NF- $\kappa$ B subunit p65/RELA, which has been previously acetylated at its lysine 310 by p300/CBP. The interaction between BRD4 and the acetylated p65/RELA promotes the recruitment of the pTEFb complex, leading to transcriptional elongation of NF- $\kappa$ B target genes. Then, the kinase CDK9 from the pTEFb complex phosphorylates the RNA polymerase II, promoting transcriptional elongation (Hajmirza et al., 2018; B. Huang et al., 2009).

In addition, inhibition of BET proteins by I-BET762 in macrophages decreased the expression of several pro-inflammatory cytokines, including IL-1 $\beta$ , IFN1 $\beta$ , IL-6 and Cxcl9 (Nicodeme et al., 2010). Similarly, the use of a BET inhibitor known as JQ1, increased the transcription of the anti-inflammatory cytokines IL-4, IL-10 and IL-13, while decreasing pro-inflammatory mediators both after spinal cord injury and *in vitro* using macrophages (Sanchez-Ventura, Amo-Aparicio, Navarro, & Penas, 2019). Altogether, these findings highlight the role of BET proteins in the modulation of inflammation. However, the mechanism by which BET inhibition promotes anti-inflammatory cytokine transcription remains unknown. Additionally, it is worth noting that although BRD4 has been linked with the NF-K $\beta$  pathway, BRD2 and BRD3 silencing has also been found to reduce pro-inflammatory cytokine expression in macrophages (Belkina, Nikolajczyk, & Denis, 2013).

### **BET proteins in neuronal activation and neuroprotection**

Research assessing the role of BET proteins in the nervous system has been mainly focused on memory and cognitive disorders. However, the effects of BET proteins in axonal regeneration are still unknown.

Current studies have elucidated that BET proteins are implicated in the expression of early neuronal genes. In fact, it has been observed that BET-inhibition using JQ1 reduced the expression of the immediate early genes *Arc*, *Fos* and *Nr4a1* in cortical neuron culture (Korb, Herre, Zucker-Scharff, Darnell, & Allis, 2015). Another study showed that while immediate early genes were decreased after 30 minutes of JQ1 treatment, genes linked with long-term potentiation (LTP), *cFos*, and *JunB*, were enhanced after 24h of BET-inhibition (Benito et al., 2017).

In addition, BET inhibition with JQ1 has improved the outcome to seizures, due to a reduction on the expression of GluA1, an AMPA subunit channel (Korb et al., 2015). Altogether, suggesting an interaction between BET proteins and excitability. This possible causality has been observed in various sequencing studies, where BET-inhibition downregulated the expression of gated ion channels (Benito et al., 2017; Korb et al., 2015). In accordance with the sequencing experiments, a study conducted in rats subjected to inflammatory pain observed increased expression of BRD4 and Nav1.7 in the DRG. Pain was reversed after using siRNA against BRD4, which decreased the expression of Nav1.7 (Hsieh et al., 2017). Therefore,

suggesting that BET proteins act as a link between the inflammatory environment and the expression of sodium channels (Hsieh et al., 2017).

It has also been reported that BET protein inhibition with JQ1 enhances neuroprotection and myelin preservation in animals subjected to spinal cord injury (Sanchez-Ventura et al., 2019). In fact, the BET protein member BRD4 has been found to be a key modulator of apoptosis, pyroptosis and other types of cell death. Although BET inhibitors have been used to prevent cell cycle progression and promote the death of anomalous cancer cells, it has also been observed that under certain conditions BRD4 inhibition avoid apoptosis of non-transformed cells in some pathological conditions (Hu, Pan, Li, Chen, & Hu, 2022). In line with these findings, another study found that BRD4 inhibition with JQ1 ameliorated inflammatory pain, by preventing NF- $\kappa$ B inflammasome formation and protecting neuronal cells from pyroptosis (Hua et al., 2022).

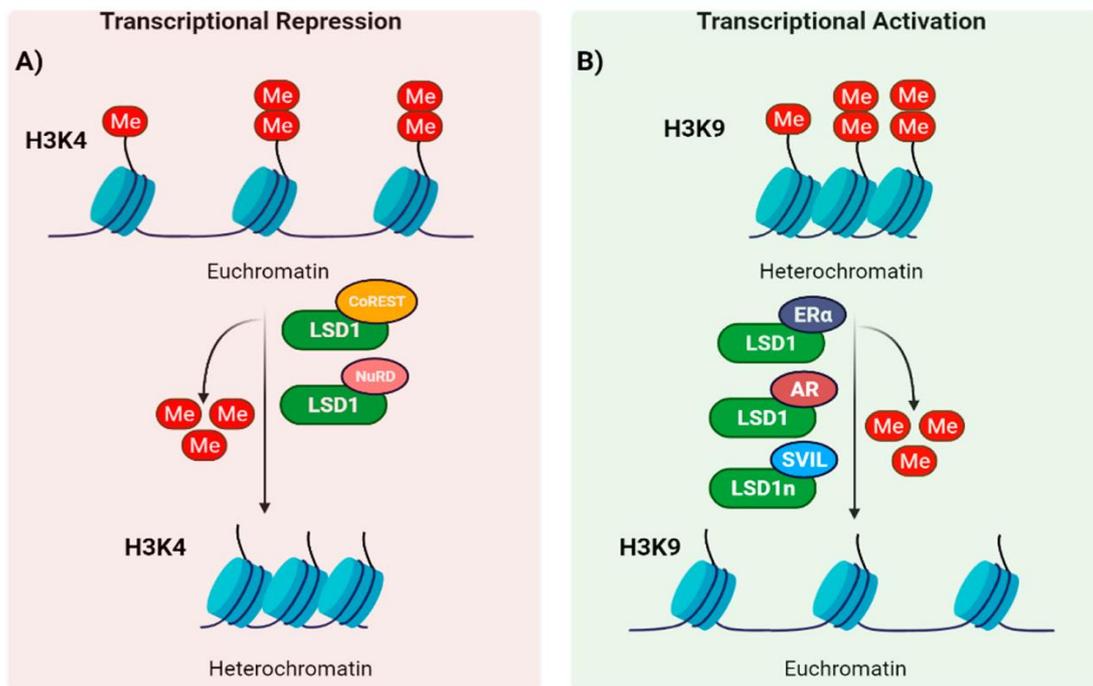
In conclusion, BET proteins seem to have a role mediating neuroinflammation, excitability and neuronal survival. Therefore, we hypothesized that they could be suitable targets to improve outcome after nerve injury by preventing pain and promoting neuronal preservation.

#### 4.4 LSD1 as a target to enhance nerve regeneration

Lysine-specific demethylase 1A (LSD1), also known as KDM1A, is an enzyme consisting of 852 amino acids that performs demethylation of lysine residues in histones. It belongs to the superfamily of flavin-dependent monoamine oxidases and the family of lysine-specific demethylases (LSD) (Perillo, Tramontano, Pezone, & Migliaccio, 2020). The LSD and the Jumonji family, are the two most known families of histone demethylases (Hayward & Cole, 2016; Perillo et al., 2020). Additionally, LSD1 shares structural and functional similarities with its homolog LSD2, displaying 30% sequence homology (Perillo et al., 2020).

LSD1 demethylates both mono- and di-methylated forms of Histone 3 lysine 4 (H3K4) and Histone 3 lysine 9 (H3K9) (Maiques-Diaz & Somervaille, 2016; Perillo et al., 2020). The interaction between LSD1 and these methylated histone marks is crucial, as the distinct degrees of methylation in H3K4 and H3K9 play pivotal roles in regulating gene expression. H3K9me2 is a mark associated to gene repression, indicating that LSD1-mediated demethylation can promote gene expression in the previously repressed genes. Contrary,

H3K4 methylation has been classically related to activated gene expression, indicating that demethylation of H3K4me1/2 by LSD1 represses gene transcription (see Figure 9).



**Figure 9:** Transcriptional regulation of DNA by the post-translational modifications mediated by LSD1. A) LSD1 can interact with several proteins or complexes, being the most studied CoREST and NuRD, leading to H3K4me2/H3K4me1 demethylation and transcriptional repression. B) H3K9me2/me1 demethylation leads to gene expression. It is regulated by LSD1 along with ER $\alpha$  or AR and by the neural specific isoform LSD1n with SVIL. The LSD1n isoform can target H4K20 methylation but is not displayed in the figure. Extracted from (Martinez-Gamero, Malla, & Aguilo, 2021).

However, H3K4me2 can exhibit diverse effects on transcription and may act as a repressor in certain circumstances. Additionally, H3K4me is also linked to primed enhancers (Christopher, Kyle, et al., 2017; Greer & Shi, 2012; Perillo et al., 2020). Therefore, although it is generally associated with repression, the role of LSD1 in H3K4 should be carefully analyzed to better understand its functional implications in different biological contexts. Moreover, LSD1 is well known to mediate some of its actions by interaction with the repressive complex REST/CoREST (Perillo et al., 2020), the NuRD complex or the MLL coactivator complex (Maiques-Diaz & Somerville, 2016) (Figure 9).

#### 4.3.1. Physiological roles of LSD1

LSD1 is ubiquitously expressed in the nucleolus of multiple cell types, and it is involved in a diverse range of cellular processes related with the control of cellular differentiation and

homeostasis. These two characteristics imply that alterations on the expression of this enzyme are critical for determining cellular fate and influencing cancer progression.

### **LSD1 in axonal regeneration**

LSD1 is a key regulator of the expression of neuronal genes and the acquisition of neuronal fate, through its interplay with the REST/CoREST complex. In progenitor cells, REST recruits the LSD1-CoREST and HDAC1/2 complex at the promoters of neuronal genes, thereby maintaining a repressed state. Upon differentiation to a neuronal fate the REST complex is degraded, whereas in the commitment to a non-neuronal lineage the integrity of the REST complex is preserved (Ballas, Grunseich, Lu, Speh, & Mandel, 2005; Lunyak et al., 2002; Maiques-Diaz & Somerville, 2016).

Additionally, LSD1 can be found in four isoforms generated through alternative splicing. These variants depend on the inclusion of the exons E2a and E8a, resulting in the formation of: LSD1, LSD1+2a, LSD1+8a and LSD1+2a+8a. The isoform containing the inclusion of the exon E8a is exclusive of neurons and has also been named LSD1n, whereas LSD1 and LSD1+2a are ubiquitously expressed in several tissues.

LSD1n is implicated in regulating neural differentiation and neurite outgrowth (Zibetti et al., 2010). Functionally, LSD1n lacks H3K4 demethylase activity but acts as a transcriptional activator by promoting H3K9me2 demethylation and H4K20me2/me1 demethylation (Laurent et al., 2015; J. Wang et al., 2015). It is important to note that H3K9me2 is a repressive histone mark, which is downregulated in several RAGs after nerve axotomy. Specifically, the expression of H3K9me2 is inversely correlated with *GAP43*, *Bdnf*, *SGC10* and *Galanin* transcription (Puttagunta et al., 2014). Thus, it is possible that demethylation of H3K9me2, mediated by the LSD1n isoform, could promote the expression of certain RAGs. In addition, it has also been proposed that H4K20me2/me1 demethylation may be associated with the expression of early neuronal genes (J. Wang et al., 2015). Nevertheless, the function of LSD1n is dependent on its phosphorylation state at Thr369bAsp. Specifically, phosphorylation of LSD1n is crucial for neuronal arborization and paradoxically represses the LSD1n canonical form (Toffolo et al., 2014).

Additionally, studies that used pharmacological strategies that targeted global LSD1 inhibition described neuroprotection in mouse models of amyotrophic lateral sclerosis (ALS) and spinal

cord injury (Choi et al., 2022; Gu et al., 2021). It has also been reported the upregulation of genes related to plasticity when used as a treatment in a mouse model of Alzheimer's disease (Maes et al., 2020).

### **LSD1 in inflammation**

LSD1 has also been reported to participate in inflammation. In this regard, the NF- $\kappa$ B axis depends on the protein p65/RELA for the transcription of pro-inflammatory genes. However, when the p65/RELA is methylated by the methyltransferase SET7/9 it undergoes degradation. Recent findings have shown that LSD1 can maintain the p65/RELA demethylated leading to sustained NF- $\kappa$ B expression (D. Kim et al., 2018). Furthermore, administration of GSK-LSD1, an LSD1 inhibitor, resulted in a reduction of the immune response in peripheral blood mononuclear cells from patients with COVID-19 (Hong et al., 2020).

Thus, considering its involvement in the regulation of neuronal differentiation and plasticity, LSD1 could be a promising target for enhancing axonal regeneration. However, since LSD1 also affects the inflammatory environment, it would be also indispensable to determine the effects of targeting LSD1 on the infiltration of macrophages and the proper development of Wallerian degeneration. Provided that these events could also affect axonal growth and functional recovery after a neural injury.

# Hypotheses

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## Hypotheses

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Efforts have been made to decipher novel targets to enhance nerve regeneration and reduce neuropathic pain after nerve injury, without much success in the clinical application. Although epigenetics is an emerging field in biomedicine with high therapeutic potential, little research has focused on the use of epigenetic targets after traumatic nerve lesions. In the present Thesis we propose the use of LSD1 and BET proteins as therapeutic targets after nerve injury. In this regard, both proteins are related with neuronal function and neuroinflammation, making them potential candidates to improve functional outcome.

Thus, the general hypotheses are:

**Hypothesis 1:** BET protein inhibition decreases the expression of pro-inflammatory mediators, while increasing the transcription of anti-inflammatory cytokines. Therefore, we hypothesize that BET protein inhibition may ameliorate pain and improve functional outcome after nerve injury, by accelerating the course of Wallerian degeneration and subsequently enhancing axonal regeneration.

**Hypothesis 2:** LSD1 inhibition has been previously observed to promote neuroprotection and to influence neuroplasticity. Thus, we hypothesize that LSD1 inhibition will positively affect neurite outgrowth and promote nerve regeneration after nerve injury.



# Objectives

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## Objectives

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The main aim of this Thesis is to assess if BET proteins and LSD1 are suitable targets to treat nerve injury. To address this objective, the Thesis has been divided in four chapters with the following specific objectives:

**Chapter 1:** Nerve excitability and neuropathic pain is reduced by BET protein inhibition after spared nerve injury.

- To determine the consequences of BET inhibition on neural excitability and inflammation *in vivo* after spared nerve injury (SNI).
- To address the therapeutic effect of the BET inhibitor JQ1 on neuropathic pain after SNI.

**Chapter 2:** BET protein inhibition in macrophages enhances dorsal root ganglion axonal regeneration.

- To ascertain the effects of the BET inhibitor JQ1 on neurite outgrowth *in vitro* and on axonal regeneration *in vivo* after nerve injury.
- To analyze the effects of conditioned media from BET-inhibited macrophages on neurite outgrowth *in vitro*.

**Chapter 3:** BRD4 prevents anti-inflammatory cytokine transcription in macrophages by binding to their promoters.

- To evaluate the cytokine profile of BET-inhibited primary macrophages.
- To decipher the mechanism by which BET proteins modulate anti-inflammatory cytokine transcription *in vitro*.

**Chapter 4:** Influence of LSD1 on neurite outgrowth and nerve regeneration.

- To assess the effects of the LSD1 inhibitor RN-1 on neurite outgrowth *in vitro*.
- To determine the consequences of LSD1 inhibition on axonal degeneration after nerve injury.
- To validate the therapeutic effects of RN-1 after peripheral nerve injury *in vivo*.



# Experimental design

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## Methodology and experimental design

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The goal of this section is to summarize the methodologies applied in this doctoral thesis to contextualize how the objectives of each chapter will be addressed. Detailed information of each technical procedure can be found in the results section.

### Considerations

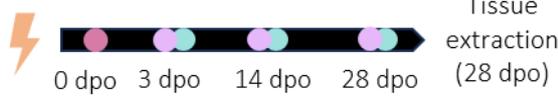
Although most experimental techniques have been performed by the author of this thesis, Dr. Jordi Badia has collaborated with our research to perform the excitability recordings of Sensory Compound Nerve Action potentials (SNAP) using the QTRAC system (Windows QTRAC v1.0.0; version 23.05.2017, Institute of Neurology, London, UK) providing the electrophysiological data of chapter 1.

### Summary of the experimental design

#### **Chapter 1: Nerve excitability and neuropathic pain is reduced by BET protein inhibition after spared nerve injury**

In this chapter we aimed to decipher the potential therapeutic effects of BET-inhibition for reducing neuropathic pain after nerve injury. For this purpose, two distinct experiments were set up. In the first experiment, animals were subjected to spared nerve injury (SNI) and treated with the BET inhibitor JQ1 or vehicle. Excitability was assessed by electrophysiological recordings of Sensory Compound Nerve Action potentials (SNAP) and neuropathic pain was determined by mechanical (Randal-Selitto test) and thermal algesimetries (Hargreaves test) at different time-points after injury. At the end of this long-term experiment, spinal cord samples were collected to assess immune cell activity and C-fiber remodeling. In the second experiment, we investigated the molecular pathways that could be involved in the effects produced by the treatment with JQ1. For this purpose, transcriptional alterations of inflammatory markers and ion channels were analyzed at different time points after the injury in L5-L6 DRGs of vehicle or JQ1-treated animals (see Table 4).

Chapter 1: *In vivo* experiments

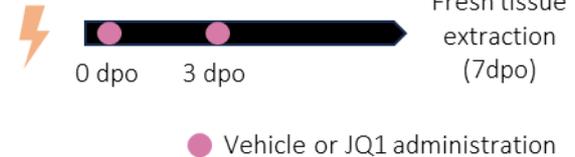
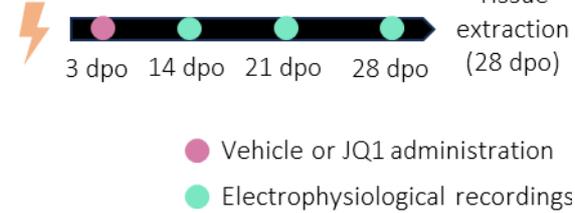
Long-term <i>in vivo</i> assay: behavioral and histological analysis		
Animal model	Experimental design	Molecular and functional tests
 <p>C57BL6/J mouse</p>	<p>Spared nerve injury</p>  <p>0 dpo 3 dpo 14 dpo 28 dpo Tissue extraction (28 dpo)</p> <ul style="list-style-type: none"> <li><span style="color: pink;">●</span> Vehicle or JQ1 administration</li> <li><span style="color: purple;">●</span> Algesimetry tests</li> <li><span style="color: teal;">●</span> Electrophysiological recordings</li> </ul>	<p>Electrophysiological recordings</p> <p>Algesimetry tests: Randal- Selitto and Hargreaves test</p> <p>Immunofluorescence (IF) against Iba1, CGRP and IB4 in sections of the spinal cord</p>
Long-term <i>in vivo</i> assay: Transcriptional profile of ion channels and inflammation		
Animal model	Experimental design	Molecular and functional tests
 <p>C57BL6/J mouse</p>	<p>Spared nerve injury</p>  <p>0 dpo Fresh tissue extraction (1,3 or 28dpo)</p> <ul style="list-style-type: none"> <li><span style="color: pink;">●</span> Vehicle or JQ1 administration</li> </ul>	<p>Transcriptional analysis of ion channels and inflammatory markers (qPCR)</p>

**Table 4:** Experimental design of Chapter 1. In the behavioral and electrophysiological assays, a total of n=5-7 mice per group were used. In this first experiment, tissue extraction was performed after mice perfusion with 4% paraformaldehyde for further histological assessment. Regarding the transcriptional profile of ion channels and markers of inflammation, a total n=3-5 animals per condition were utilized. Fresh tissue was extracted from L5 and L6 dorsal root ganglion (DRG) for further transcriptional characterization. DMSO or JQ1 30 mg/Kg/day were administered intraperitoneally (IP) 2 hours after surgery and daily afterwards in both experimental procedures. Non-injured controls were also included in the immunohistochemical and transcriptional experiments.

**Chapter 2: BET protein inhibition in macrophages enhances dorsal root ganglion neurite outgrowth in female mice**

In this chapter we wanted to determine the consequences of BET inhibition in neurite growth and nerve regeneration. For this reason, we performed five sets of experiments on *in vitro* and *in vivo* models. First, we realized an *in vivo* short-term study to determine the most appropriate time point of administration of JQ1 after sciatic crush injury in mice. Next, we carried out a long-term experiment to assess motor and sensory reinnervation in animals that underwent sciatic crush injury and treatment with vehicle or JQ1 (see Table 5). Regarding the *in vitro* studies, we determined the effects of JQ1 on neurite outgrowth of DRG explants and assessed neuronal toxicity through an MTT assay. We also analyzed the effects of conditioned media from BET-inhibited macrophages on neurite growth of DRG explants. Finally, we determined the pathway by which BET-inhibited macrophages were promoting neurite outgrowth on DRGs (Table 6).

Chapter 2: *In vivo* assays

Short-term <i>in vivo</i> study: determination of the time point of JQ1 administration		
<i>Animal model</i>	<i>Experimental design</i>	<i>Molecular and functional tests</i>
 <p>C57BL6/J mouse</p>	<p>Sciatic crush injury</p>  <p>● Vehicle or JQ1 administration</p>	<p>Transcriptional analysis (qPCR)</p>
Long-term <i>in vivo</i> experiment: assessment of motor and cutaneous reinnervation		
<i>Animal model</i>	<i>Experimental design</i>	<i>Molecular and functional tests</i>
 <p>C57BL6/J mouse</p>	<p>Sciatic crush injury</p>  <p>● Vehicle or JQ1 administration ● Electrophysiological recordings</p>	<p>CMAP of TA and plantar muscles (Muscle reinnervation)</p> <p>IF of mouse hind paw pads against PGP 9.5 (Skin reinnervation)</p>

**Table 5:** Experimental design of the *in vivo* procedures of chapter 2. In the short-term study n=3-4 mice per condition were used. JQ1 at 30mg/Kg/day or DMSO were administered IP from 2 hours (0 dpo) or 3 days (3 dpo) after injury. At the end of the experiment, the sciatic nerve was extracted for transcriptional analysis. In the long-term study, n=5 animals per condition were tested by nerve conduction studies to record reinnervation, evidenced by the compound muscle action potential (CMAP) of tibialis anterior (TA) and interosseus plantar muscles. Samples were extracted at the endpoint after paraformaldehyde (PFA) perfusion for histological assessment through immunofluorescence (IF) of the skin innervation. In the long-term assessment, treatment begun 3 days after surgery, consisting of DMSO or JQ1 30 mg/Kg/day IP.

Chapter 2: *In vitro* assays

Neurite outgrowth of DRG explants under JQ1 treatment		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	 DRG explant culture + 48h treatment DMSO 500 nM JQ1 1000 nM JQ1	IF against neurofilament heavy chain (NF-H) and neurite length measurements
Neuronal viability after JQ1 treatment		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	 DRG primary dissociated culture + 48h treatment DMSO 500 nM JQ1 1000 nM JQ1 5µg cisplatin	MTT assay
Effects of conditioned media from BET-inhibited macrophages on neurite outgrowth and detection of growth associated pathways		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	 BMDM conditioned medium DRG explant culture 6h treatment: DMSO or 1 µM JQ1 48h treatment: DMSO or 0,5 µM JQ1	IF against NF-H and neurite length measurements WB against STAT3 and STAT6 pathways

**Table 6:** Experimental design of the *in vitro* experiments of chapter 2. In the study of the influence of JQ1 in neurite outgrowth, DRG explants were cultured 2 days with different doses of JQ1 or vehicle, prior to fixation and histological analysis. A total n=3 independent cultures were used in this assay. For determining neuronal viability, DRG dissociated cells were left for 2 days in culture before the addition of DMSO, JQ1 or cisplatin (positive control for cell death). MTT viability assay was performed 2 days after treatment. A total of n=5 independent cultures were used in this experiment. For determining the effects of conditioned media from BET-inhibited macrophages on neurite outgrowth, bone marrow-derived macrophages (BMDMs) were differentiated for 10 days and treated 6h with JQ1 or DMSO. Medium from BMDMs was then concentrated and added to DRG explants in culture. DMSO or JQ1 was also added to the DRG explants. The culture was fixed 2 days after treatment or snap frozen for protein analysis. A total of 3 independent cultures were used in this assay.

**Chapter 3: BRD4 prevents anti-inflammatory cytokine transcription in macrophages by binding to their promoters**

To elucidate the pathway by which BET protein inhibition increases anti-inflammatory cytokine transcription four sets of experiments were carried out. Firstly, we assessed the cytokine profile of BET-inhibited macrophages to corroborate the changes that JQ1 produces in anti-inflammatory cytokine expression, previously observed in our laboratory. Next, we assessed if the BET protein BRD4 and the co-repressor candidates CHD4 and CHD8 could be preventing the transcription of anti-inflammatory cytokines. To address this issue, we performed a knockdown of the three repressor candidates in macrophages and analyzed their effects on anti-inflammatory cytokine expression. Then, we assessed if BRD4 knockdown could have some deleterious effects on macrophage viability. Finally, we performed a ChIP-qPCR to determine if in physiological conditions the repressor complex binds to promoters of anti-inflammatory cytokines (see Table 7).

Chapter 3: *in vitro* experiments

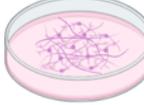
Cytokine profile from bone marrow derived macrophages (BMDM) primary culture		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	<b>BMDM culture</b>  <b>6h treatment</b> + DMSO DMSO + LPS (100ng/mL) 1000nM JQ1 1000nM JQ1+LPS (100 ng/mL)	Transcriptional profile (qPCR)  Protein analysis (Luminex)
Assessment of the repressor candidates		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	<b>BMDM culture</b>  <b>Accel siRNA delivery</b> Control siRNA BRD4 siRNA  <b>Electroporation</b> Control siRNA CHD4 siRNA CHD8 siRNA 	Knockdown validation and transcriptional analysis (qPCR)
Consequences of BRD4 knockdown on macrophage survival		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	<b>BMDM culture</b>  Untreated Control siRNA BRD4 siRNA No M-CSF } <b>Accel siRNA delivery</b>	MTT assay
Repressor-promoter binding assay		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	<b>BMDM culture</b>  1h DMSO or 1000nM JQ1  <b>Chromatin immunoprecipitation</b>  <b>Antibodies</b> IgG CHD4 BRD4	qPCR from ChIP assay

**Table 7:** Experimental design of chapter 3. In all studies macrophages were differentiated 10 days before treatment. A total of n=4 independent cultures were set for the cytokine profile and cell viability studies. For the knockdown experiments of the repressor candidates CHD4 and CHD8, a total of n=3 independent cultures were used. Knockdown of CHD8 and CHD4 was performed by siRNA transfection through electroporation at 10 days *in vitro* (div) and cells were snap-frozen at 13 div. In the case of BRD4, Accel siRNA delivery was used within a total of n=4 independent cultures. BMDMs were transfected at 10 div and cells harvested at 14 div. For the repressor-promoter experiments, a total of n=3 independent cultures were analyzed through qPCR for IL-13, and n=2 independent cultures for IL-4.

## Chapter 4: Influence of LSD1 on neurite outgrowth and axonal regeneration

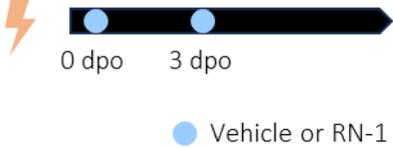
The aim of this chapter was to assess the effects of LSD1 inhibition on neurite outgrowth and axonal regeneration after nerve injury. First, *in vitro* neuronal survival and neurite outgrowth of DRGs were analyzed under the influence of the LSD1 inhibitor RN-1 at variable concentrations (see Table 8). Next, a short-term *in vivo* study was conducted to determine the most adequate time point of administration of the compound after sciatic crush injury. Validation of target engagement of RN-1 was carried out by analyzing histone methylation of H3K4 using samples from the short-term study. Then, a long-term *in vivo* experiment was conducted to determine the influence of RN-1 on cutaneous and muscular reinnervation after sciatic nerve crush injury. Finally, a short-term test was performed to assess the effects of RN-1 on the development of Wallerian degeneration after crush injury (Table 9).

### Chapter 4: *In vitro* assays

RN-1 effects on neurite outgrowth of DRG explants		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	<b>DRG explant culture</b>  + <b>48h treatment</b> DMSO 500 nM RN-1 1000 nM RN-1 2000 nM RN-1	IF against NF-H and neurite length measurements
Impact of RN-1 on neuronal survival		
Animal model	Experimental design	Molecular analysis
 C57BL6/J mouse	<b>DRG primary dissociated culture</b>  + <b>48h treatment</b> DMSO 500 nM RN-1 2000 nM RN-1 5µg cisplatin	MTT assay

**Table 8:** *In vitro* experiments of chapter 4. For assessing neurite outgrowth, DRGs were treated with different concentrations of RN-1 or vehicle, for 2 days and then fixed for immunohistochemical analysis. A total of n=3 independent cultures were performed. For the viability assay, dissociated DRGs were maintained 2 days *in vitro* before adding DMSO, RN-1 or cisplatin. MTT assay was performed 48 hours after treatment. A total of n=4 independent cultures was performed.

Chapter 4: *In vivo* assays

Short-term regeneration study: determination of the time point of RN-1 treatment		
Animal model	Experimental design	Molecular and functional tests
 <p><i>C57BL6/J</i> mouse</p>	<p>Sciatic crush injury</p>  <p>● Vehicle or RN-1 administration</p>	<p>Transcriptional analysis (qPCR)</p> <p>Histone methylation assay</p>
Long term regeneration experiment: cutaneous and motor reinnervation assessment		
Animal model	Experimental design	Molecular and functional tests
 <p><i>C57BL6/J</i> mouse</p>	<p>Sciatic crush injury</p>  <p>● Vehicle or RN-1 administration ● Electrophysiological recordings</p>	<p>CMAP of TA and plantar muscles (Motor reinnervation)</p> <p>IF of hind paw pads against PGP 9.5 (Skin reinnervation)</p>
Short-term degeneration experiment: Effects of RN-1 on Wallerian degeneration		
Animal model	Experimental design	Molecular and functional tests
 <p><i>C57BL6/J</i> mouse</p>	<p>Sciatic crush injury</p>  <p>● Vehicle or RN-1 administration</p>	<p>Luxol fast blue staining</p>

**Table 9:** *In vivo* experimental design of chapter 9. For the short-term regeneration study, animals underwent sciatic crush injury and were administered with DMSO or RN-1 1,52 mg/Kg/day IP, starting at different time points after injury. Fresh tissue from sciatic nerve, L4-L6 DRGs and spinal cord was collected for analyses. N=3-5 animals per group. In the long-term regeneration assay, animals were subjected to sciatic crush injury, treated 2h after operation and daily afterwards. Compound Muscle Action Potential (CMAP) electrophysiological recordings from tibialis anterior (TA) and plantar muscles were performed. At

the endpoint, animals were perfused, and tissue was extracted to study skin reinnervation through immunofluorescence (IF) staining against PGP9.5. N=7 animals per group were used in this study. For the degeneration study, animals underwent sciatic crush injury. RN-1 treatment begun 2 hours after surgery or at 3 dpo, followed by daily administration afterwards. At the endpoint, sciatic nerves were collected for histological assessment with luxol fast blue staining. N=4-5 mice for condition. Non-injured controls were also included in all the *in vivo* assays.

# Scientific contributions

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## Scientific contributions

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Chapter 1 and chapter 2 have resulted in the following publications before the presentation of this thesis:

- **Chapter 1:** Palomés-Borrajo G, Badia J, Navarro X, Penas C. Nerve Excitability and Neuropathic Pain is Reduced by BET Protein Inhibition After Spared Nerve Injury. *J Pain*. 2021 Dec;22(12):1617-1630. doi: 10.1016/j.jpain.2021.05.005. Epub 2021 Jun 19. PMID: 34157407.
- **Chapter 2:** Palomés-Borrajo G, Navarro X, Penas C. BET protein inhibition in macrophages enhances dorsal root ganglion neurite outgrowth in female mice. *J Neurosci Res*. 2022 Jun;100(6):1331-1346. doi: 10.1002/jnr.25036. Epub 2022 Feb 26. PMID: 35218246; PMCID: PMC9306766.

In addition, we plan to submit the research detailed in Chapter 4 for publication.



# Results

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# Chapter 1

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**Nerve excitability and neuropathic pain is reduced by BET protein inhibition after spared nerve injury**



## Original Reports

# Nerve Excitability and Neuropathic Pain is Reduced by BET Protein Inhibition After Spared Nerve Injury

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**Abstract:** Neuropathic pain is a common disability produced by enhanced neuronal excitability after nervous system injury. The pathophysiological changes that underlie the generation and maintenance of neuropathic pain require modifications of transcriptional programs. In particular, there is an induction of pro-inflammatory neuromodulators levels, and changes in the expression of ion channels and other factors intervening in the determination of the membrane potential in neuronal cells. We have previously found that inhibition of the BET proteins epigenetic readers reduced neuroinflammation after spinal cord injury. Within the present study we aimed to determine if BET protein inhibition may also affect neuroinflammation after a peripheral nerve injury, and if this would beneficially alter neuronal excitability and neuropathic pain. For this purpose, C57BL/6 female mice underwent spared nerve injury (SNI), and were treated with the BET inhibitor JQ1, or vehicle. Electrophysiological and algometry tests were performed on these mice. We also determined the effects of JQ1 treatment after injury on neuroinflammation, and the expression of neuronal components important for the maintenance of axon membrane potential. We found that treatment with JQ1 affected neuronal excitability and mechanical hyperalgesia after SNI in mice. BET protein inhibition regulated cytokine expression and reduced microglial reactivity after injury. In addition, JQ1 treatment altered the expression of SCN3A, SCN9A, KCNA1, KCNQ2, KCNQ3, HCN1 and HCN2 ion channels, as well as the expression of the Na<sup>+</sup>/K<sup>+</sup> ATPase pump subunits. In conclusion, both, alteration of inflammation, and neuronal transcription, could be the responsible epigenetic mechanisms for the reduction of excitability and hyperalgesia observed after BET inhibition. Inhibition of BET proteins is a promising therapy for reducing neuropathic pain after neural injury.

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**Key words:** BET proteins, Excitability, Neuropathic pain, Inflammation, Spared nerve injury.

## Introduction

Neuropathic pain is a common maladaptive disorder produced by injuries of the nervous system. It is reflected by presenting pain under non-painful stimulus (allodynia), increased pain after painful stimulus (hyperalgesia) and spontaneous pain without stimuli.

Neuropathic pain is considered the result of neural plasticity, produced by an increase in the excitability of primary sensory neurons and nociceptive neurons in the spinal cord and the brain.<sup>26,52</sup> A critical contributor to neuronal excitability, and thus to the induction and maintenance of neuropathic pain, are microglial cells, together with blood borne macrophages.<sup>33</sup> After a neural lesion, these cells release potent neuromodulators, such as pro-inflammatory cytokines and chemokines that regulate synaptic transmission and plasticity<sup>17</sup>, and enhance neuronal excitability, by inducing altered expression, trafficking and functioning of ion channels, transporters, receptors and neurotransmitters.<sup>15,18,48</sup> Thus, the pathophysiological changes that underlie the generation and maintenance of neuropathic pain are produced by the induction of pro-inflammatory neuro-modulator expression, mainly released by glial cells and

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<sup>#</sup>These authors contributed equally.

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Conflict of interest: The authors declare that they have no conflicts of interest.

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## 2 The Journal of Pain

macrophages, and by the altered gene expression of neuronal cells.

Regarding neuronal gene expression, transcriptional alterations of components important for the generation of action potentials and maintenance of the membrane potential in axons contribute to the enhancement of neuronal excitability. Voltage gated sodium channels (Nav) are essential for the initiation of action potentials. Several Nav subunits are commonly found altered after nerve injury at early time points, which is related to neuropathic pain generation and excitability.<sup>16,56</sup> Fast voltage gated potassium channels (Kv) are essential for membrane repolarization after an action potential.<sup>31</sup> Then, slow voltage gated potassium channels (Kv) help maintaining the membrane resting potential. In particular, KCNQ2 and KCNQ3 have been reported to be reduced in neuropathic pain conditions, producing hyperexcitability.<sup>44,54</sup> Hyperpolarization-activated cyclic nucleotide-gated (HCN) channels have been also implicated in the development of neuropathic pain. HCN channels produce an excitatory inward current (termed Ih) that depolarizes the membrane potential, which limits electrogenic hyperpolarization<sup>4</sup> and contributes to the resting membrane potential, tending to enhance neuronal excitability. In addition, it has been described that pharmacological blockade of HCN channels decreases mechanical hyperalgesia in different neuropathic pain models (reviewed in<sup>21,50</sup>) and reduces spontaneous activity after nerve damage.<sup>11</sup> Finally, the Na<sup>+</sup>/K<sup>+</sup> ATPase pump has also an important role. This pump is required to generate the resting membrane potential in neurons, and thus facilitates excitatory afferent neurotransmission.<sup>51</sup>

Bromodomain and extra-terminal domain (BET) proteins belong to the reader family. BET proteins are characterized by the presence of two tandem bromodomains (BD1 and BD2) and an extra-terminal domain (ET), which are critical for their function.<sup>25,47</sup> These proteins bind to acetylated lysine residues in both histone and non-histone proteins to recruit transcriptional complexes and thus regulate gene expression.<sup>25,36,47</sup> We already described that BET inhibition is a promising strategy to reduce inflammation and promote neuroprotection after spinal cord injury.<sup>43</sup> In the present study, we wanted to ascertain if BET inhibition would also affect neuroinflammation after a peripheral nerve injury and if this would also affect neuronal excitability and appearance of neuropathic pain. For this purpose, we used SNI in mice, since research with this animal model serves as a valuable source of information in many medical areas.<sup>14</sup> We found that treatment with the BET inhibitor JQ1 reduced neuronal excitability and mechanical hyperalgesia after spared nerve injury (SNI). In addition, we found that JQ1 treatment produced an early and long-lasting reduction of neuroinflammation, and alteration of the expression of several contributors of the membrane potential of axons, which could be the responsible mechanisms for the reduced excitability and neuropathic pain observed.

BET inhibition reduces neuropathic pain

## Methods

### *Spared Nerve Injury (SNI) and JQ1 Treatment*

All experimental procedures were approved by the Universitat Autònoma de Barcelona Animal Experimentation Ethical Committee (code 10306) and followed the European Communities Council Directive 2010/63/EU. Female C57BL/6 mice with 7 to 8 weeks of age (22 g) were used for all the procedures and randomly divided into three groups depending on the experimental design. Previous to any animal testing, we confirmed that mice presented a normal behavior, using supervised protocols, approved by the Universitat Autònoma de Barcelona Animal Experimentation Ethical Committee, indicating that mice had a healthy status.

General anesthesia was induced by an intraperitoneal injection (i.p.) of a solution of ketamine (90 mg/kg) and xylazine (10 mg/kg) in saline. To perform the SNI, the sciatic nerve was exposed at the mid-thigh level and freed of adhering tissue. The three terminal branches of the sciatic nerve were gently separated proximal to the poplitea fossa; at this level the tibial and the common peroneal nerves were tightly ligated with 6-0 silk and sectioned distal to the ligation. Care was taken to avoid damage of the sural nerve. After nerve injury, the wound was closed in layers, disinfected, and the animals were kept in a warm environment until recovery from anesthesia. Mice received an i.p. dose of 30mg/kg JQ1, diluted in 5% DMSO and 5% Tween-80 in saline, 2 h post-operation and daily onwards until specified. Vehicle-treated animals received only the vehicle solution. Mice that received different treatments were mixed and housed together in animal cages, to avoid bias on animal welfare. Animal welfare was followed after injury by using protocols held in the animal facility. These included daily weight control, evidence of autotomy and fur appearance among other indicators.

### *Behavioral Tests*

To evaluate neuropathic pain, mechanical and thermal algometry tests were performed before surgery and at 3, 14 and 28 days post-operation (dpo). Before the test, animals were acclimated carefully to handling and immobilization for mechanical testing or in a plastic enclosure for thermal algometry. Then the tests were performed before surgery and every two weeks after operation. Mechanical nociception threshold was measured by an electronic mouse Randall-Selitto test (Rodent Pincher device, IITC).<sup>42</sup> Briefly, an increasing mechanical force was applied with a probe on the lateral plantar surface of the hind paws until the animal produced retraction of the paw, indicating painful perception. Thermal algometry test was performed by the Hargreaves radiant heat method,<sup>19</sup> using a Plantar algometer device (Ugo Basile). The lamp focus was applied on the lateral plantar surface of the hind paws and the time that mice can endure heat irradiation was measured. The withdrawal threshold for both tests was calculated as the average of three trials with time interval in between.

## Electrophysiological Studies

Electrophysiological evaluation was performed at 3, 14 and 28 days dpo, ( $n = 5-7$  mice per group). During the electrophysiological tests, the animals were placed over a warm flat streamer controlled by a hot water circulating pump to maintain body temperature constant. The right sciatic nerve was percutaneously stimulated with a pair of platinum non-polarizable needle electrodes placed at the sciatic notch. The sensory compound nerve action potential (SNAP) was recorded by custom made microelectrodes placed on the fifth toe in the right paw, near the digital nerve that contains sensory axons. The active electrode was placed at the base of the falanx, the reference at the tip of the toe, and a ground needle subcutaneously placed at the knee. The fifth toe is normally innervated by axons coming in the sural and the tibial/lateral plantar nerves; after the SNI only the intact sural nerve axons remained.

All the animals were submitted to the multiple excitability protocol TRONDNF using the threshold tracking program QTRAC (Windows QTRAC v1.0.0; version 23.05.2017, Institute of Neurology, London, UK).<sup>8,28,29</sup> Electrical stimulus waveforms were generated by the computer and converted to current delivered from a constant current stimulator (Bi-phasic Stimulus Isolator Digitimer DS4, Digitimer Ltd, UK). The evoked potential was amplified and digitized by a computer with an A/D board I/O Tech DaqBoard d2k0 at a sampling rate of 10 kHz. SNAP amplitude was measured from the baseline to-peak, and latency of the fastest conducting axons from stimulus to the peak onset.

The TRONDNF protocol provides five measures of axonal excitability: stimulus–response relationship (SR), strength-duration relationship (QT), threshold electrotonus (TE), current-threshold relationship (I/V) and the recovery cycle (RC). We followed a procedure similar to that previously reported for motor axons in rodents<sup>2,6</sup> but recording the small amplitude digital nerve SNAP as also tested in humans.<sup>22</sup> In short, the first step of the TRONDNF protocol is to determine the stimulus that generates a maximal amplitude SNAP. Then, the software tracks the stimulus needed to elicit a SNAP of 40% of the maximal amplitude, and the result is known as the standard threshold. Each of the tests in the TRONDNF protocol is based on the application of stimuli of different duration and intensity, either by combining with depolarizing or hyperpolarizing conditioning pulses of 20%, 40%, 50%, 70% and 100% of the standard threshold, or by applying pairs of stimuli with different intervals between them and different intensities. The difference between the stimulus needed in the specific test conditioning conditions to reach the threshold value and the initially calculated standard threshold value accounts for changes in excitability membrane properties.<sup>6,28</sup> The following terms correspond to parameters of the TRODNF protocol analyzed in the present study: *Strength duration time constant (SDTC)*, the rate at which the threshold current for a target potential declines as the stimulus duration is increased and is given by the intersection of the line representing the Charge-duration relationship; *Peak response*, is the

compound action potential for which a higher delivered stimulus current will not generate an increase on muscle compound potential. *Resting I/V slope*, the slope of the I/V relationship, calculated from the polarizing currents -10% and +10% of threshold; *TEh<sub>20</sub>(10-20ms)*, *TEh<sub>20</sub>(10-20ms)*, *TEh(20-40ms)* and *TEh(90-100ms)*, and *TEd(10-20ms)*, the mean percentage threshold increment or decrement at the specified interval for an hyperpolarizing (h) or depolarizing (d) conditioning pulse of 20%, 40% of the standard threshold (when the hyperpolarizing or depolarizing pulse amplitude is omitted it is understood to refer to 40% of the standard current); *TEh(peak, -70%)*, *TEh(peak, -100%)*, refer to the maximum increase in threshold when a hyperpolarizing conditioning pulse of -70% or -100% of the standard threshold is applied; *S3(-70%)*, *S3(-100%)*, the difference between TEh at the peak and the TEh at the end of the subthreshold hyperpolarizing conditioning pulse of the -70% or -100% of the standard threshold; *TEh (slope101-140ms)*, the slope of the curve from the end of the hyperpolarizing current at 40% of the standard threshold to the start of the overshoot, reflecting the recovering from hyperpolarization; *TEd (undershoot)*, the minimum percentage threshold reduction after 100 ms duration of the depolarizing current.

## Immunohistochemistry

Animals used for the functional assessment were sacrificed and perfused with 4% paraformaldehyde in 0.1M phosphate buffer (PB). A 5-mm length of the lumbar spinal cord, containing L5 segment, was dissected, post-fixed in 30% sucrose and cut into 20- $\mu$ m-thick sagittal sections using a cryostat (Leica CM190, Leica Microsystems). For immunohistochemical staining, a subset of sections was rehydrated in PBS and blocked with 5% normal donkey serum (NDS) in PBS 0.3% Triton-X100 for 1 h at room temperature. The spinal cord sections were then incubated overnight at 4 °C with primary antibodies against calcitonin gene-related peptide (CGRP, for peptidergic fibers; 1:1000; 24112-ImmunoStar), anti-Griffonia simplicifolia Lectin I (IB4, for non-peptidergic fibers; 1:500; AS-2104 - Vector Laboratories), purified anti-neurofilament H (SMI32, for gray matter neurons, 1:1000; 801701-Biolegend), and ionized calcium-binding adapter molecule 1 (Iba1; for macrophages/ microglia; 1:500, 1919741-Wako). Prior to the addition of IB4 primary antibody, an overnight incubation at 4°C with Lectin 1 (Unconjugated Griffonia simplicifolia Lectin I; 10  $\mu$ g/ml; L-1104 - Vector Laboratories) was needed. Nuclei were labeled with DAPI staining (1:1000; D9564-10MG-Sigma). The detection was made with appropriate secondary antibodies conjugated with Alexa Fluor 594 (A21207 for Rabbit and A21203 for Mouse; 1:200; Invitrogen) and Alexa Fluor 488 (A21202 for Mouse and A1105 for Goat; 1:200; Invitrogen). Finally, after several washes in PBS-Tween 0.1%, PBS and PB, a coverslip was applied in Fluoromount-G mounting medium (Southern Biotech). After identifying L5 slices by means of SMI32 staining, microphotographs were taken at 100X (for CGRP and IB4 samples) or 200X (for Iba1

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immunohistochemistry) with an Olympus PD37 camera. Immunoreactivity was analyzed by measuring the integrated density of a region of interest (ROI) after defining a threshold for background correction, using ImageJ software. The oval ROI used for IB4 and CGRP analysis measured 125.53  $\mu\text{m}$  width and 50.45  $\mu\text{m}$  height, whereas the oval ROI used for Iba1 had a width of 315.59  $\mu\text{m}$  and a height of 102.95  $\mu\text{m}$ . All ROIs were placed on the centromedial region of the superficial gray matter of the dorsal horn, where the afferent projections of the sciatic nerve are found. Markers were measured from three to five spinal cord sections of each animal ( $n = 4$  mice per group).

#### RNA Extraction and PCR

Adult mice were perfused with sterile saline at 1, 3, or 28 dpo, ( $n = 4$  mice per group). Then, L5-L6 dorsal root ganglia, or intact sciatic nerve were removed and snap-frozen. Tissue was homogenized with QIAzol lysis reagent (QIAGEN), and RNA was extracted using the RNeasy Mini Kit (QIAGEN) following the manufacturer's guidelines. RNA was quantified with a spectrophotometer (Nano-Drop Technologies) and reverse-transcribed using an Applied Biosystems kit (Thermo Fisher Scientific). Then, the expression of target sequences was quantified by RTqPCR using SYBR Green QPCR Master Mix (Agilent Technologies) and the corresponding primers (Table 1). Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as a housekeeping gene.

#### Statistical Analysis

Data are expressed as the mean and standard error (SEM) for each group, and analyzed using GraphPad Prism software. For statistical comparisons in behavioral and electrophysiological studies, statistical comparisons between groups were carried out using Two-way ANOVA followed by Sidak's test was performed. For mRNA expression and histological analysis, One-way ANOVA followed by Tukey's post hoc test was used.

Table 1. List of Primers

PRIMER	FORWARD	REVERSE
TNF $\alpha$	AGGCACTCCCCAAAAGATG	TCACCCGAAGTTCAGTAGAC
TNFR1	GATGAAGAGCGCTGTTTGAA	CAGAGCTCATCTCCAGCTC
TNFR2	CAGATCCTCGTGTGGGATT	CAGTCCATGCACTTGTCGAG
IL-6	AACCACGGCCTTCCCTACTTCA	TCATTTCCACGATTTCCAGAG
IL-4	CATCGGCATTTGAACGAGGTCA	CTTATCGATGAATCAGGCATCG
IL-10	TGGCCAGAAATCAAGGAGC	CAGCAGACTCAATACACACT
SCN3A	CCTGGACCCCTACTACGTCA	TGTGTACTIONTACTTCTCGTCCA
SCN9A	GAGGGGCAAAGTACTACTACA	AGAAACATTCTACAATGGAG
KCNQ2	CCTTACAACGTGCTAGAGC	TGCAGCCAGATCCTCACAA
KCNQ3	CACCGTCAGAAGCACTTTGAG	CCCTTAGTATTGCTACCACGAGG
HCN1	ACTGTGGGCGAATCCCTGG	CCACCAGCAGCTGTGCAGA
HCN2	GGAGAATGCCATCATCCAGG	CAGCAGGCTGTGGCCATGA
$\alpha 1$ NKA	TTTCAGAACGCCTACTAGAGC	TGGAGATAAGACCCACGAAGC
$\beta 1$ NKA	GCGACATCAATCACGAACGAG	GTATCCGCCATCCCAAAGTA
FXYD2	GGGGCGGTAAGAAACATAGGC	CAACTTGAACAGGGAGTGGG

BET inhibition reduces neuropathic pain

## Results

### BET Inhibition Reduces Neuropathic Pain and Nerve Excitability after SNI

To determine whether BET inhibition reduces neuropathic pain after SNI, mechanical and thermal algometry tests were performed in SNI mice treated with the BET inhibitor JQ1 or vehicle (Fig. 1). Despite of the treat-

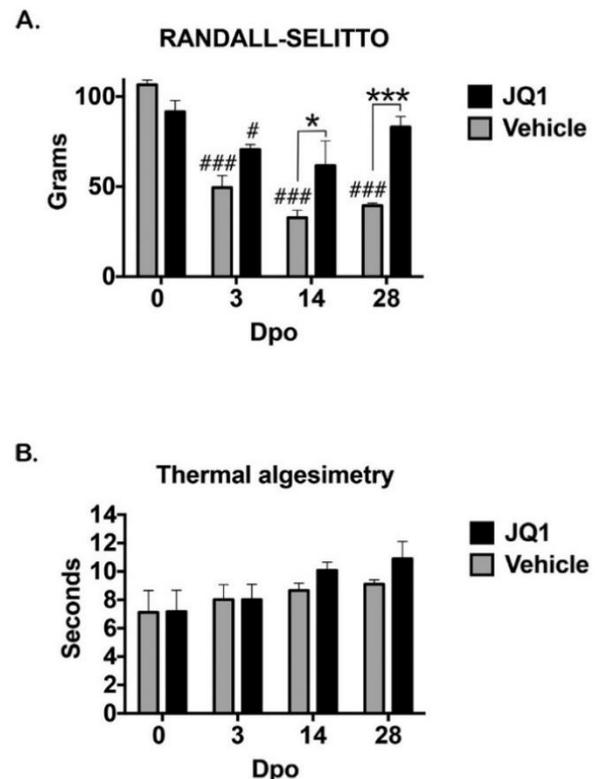
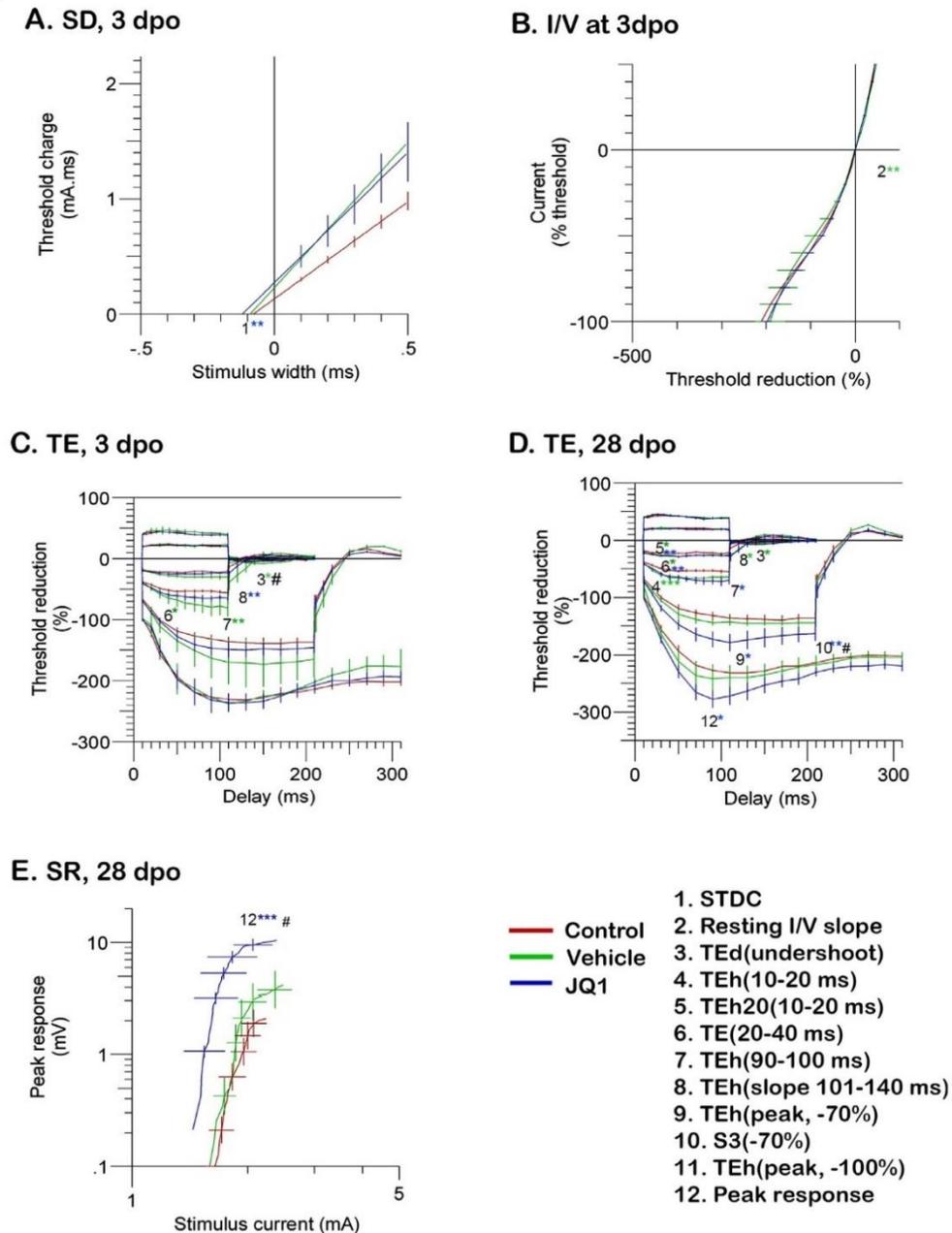


Figure 1. JQ1 treatment reduces mechanical hyperalgesia after SNI. Mechanical algometry results (A) and thermal algometry results (B) at 3, 14 and 28 dpo. Data are presented as mean  $\pm$  SEM.  $N = 6$  mice per group. Statistical analysis was performed by Two-way ANOVA followed by Sidak correction for multiple comparisons. Significant differences in parameters measured at 3, 14 and 28 dpo with respect to the control group are indicated as #  $P < .05$ , ###  $P < .001$ ; differences between JQ1 and vehicle groups are denoted by \*  $P < .05$ , \*\*\*  $P < .001$ .



**Figure 2.** JQ1 modulates axonal excitability after SNI. Plots of sural nerve excitability measurements at 3 dpo (A, B, C) and 28 dpo (D, E), of the control, vehicle and JQ1 groups. (A) The SDTC of the strength-duration (SD) plot has an increased significant value. (B) The resting slope value of the I/V plot shows a significant decreased value. (C), (D) Threshold electrotonus (TE) plot shows the “fanning-out” shape. (E) The peak response of the group JQ1 in the stimulus-response (SR) plot shows a significant increment. These results suggest that the membrane of the axons of the JQ1 and vehicle groups were hyperpolarized except for the parameter SDTC a 3dpo that point to excitability of the axon. The significant differences were found during the application of the SR and TE protocols.  $N=5-7$  per group. \*  $P < .05$ , \*\*  $P < .01$ , \*\*\*  $P < .001$ , of the vehicle group compared to the control group (green asterisks) or of the JQ1 group compared to the control group (blue asterisks). #  $P < .05$  of the JQ1 group compared to the vehicle group. (Color version of available online)

ment, mice have hyperalgesia at 3 dpo. However, mice treated with JQ1 presented reduced hyperalgesia compared to the vehicle-treated mice, with significant differences at 14 and 28 dpo. The thermal algometry test showed a non-significant increase in the withdrawal threshold to hot stimulation in JQ1 with respect to vehicle-treated mice at the three time-points studied (Fig. 1B).

### Changes in Axonal Excitability Measures after SNI

To analyze if BET inhibition could induce changes in sensory neuronal excitability, electrophysiological measurements using the TRONDNF protocol were performed. Statistical analyses yielded significant differences between groups in the strength-duration relationship

Table 2. TRONDNF Parameters After SNI

	CONTROL	VEHICLE 3 DPO	JQ1 3 DPO	VEHICLE 14 DPO	JQ1 14 DPO	VEHICLE 28 DPO	JQ1 28 DPO
Strength-duration time	0.08 ± 0.11	0.09 ± 0.02	0.12 ± 0.01*	0.10 ± 0.01	0.19 ± 0.01	0.11 ± 0.01	0.10 ± 0.01
Peak response (mv)	2.11x/1.32	6.66x/1.41	1.44x/2.18	3.15x/1.51	5.14x/1.15	4.21x/1.46	10.63x/1.13*** #
Resting I/V slope	1.07 ± 0.03	0.84 ± 0.04**	1.00 ± 0.04	0.97 ± 0.03	0.99 ± 0.04	0.98 ± 0.04	1.11 ± 0.06
TEd (10-20ms)	42.4 ± 1.3	45.6 ± 4.62	43.59 ± 1.31	47.5 ± 1.7*	46.9 ± 1.1	45.6 ± 0.5	44.5 ± 1.8
TEd (undershoot)	-5.41 ± 0.40	-8.73 ± 1.74*#	-5.52 ± 0.45	-6.60 ± 0.76	-7.92 ± 0.92*	-8.56 ± 0.46*	-7.46 ± 1.19
TEh (10-20ms)	-46.4 ± 1.2	-53.10 ± 5.91	-51.68 ± 1.64	-54.9 ± 1.3**	-56.1 ± 1.6***	-57.3 ± 2.2***	-54.3 ± 2.2**
TEh <sub>20</sub> (10-20ms)	-21.5 ± 0.7	-23.22 ± 1.71	-23.30 ± 0.52	-25.1 ± 0.9**	-25.3 ± 0.6**	-24.9 ± 0.8*	-25.6 ± 1.3**
TEh (20-40ms)	-51.6 ± 1.9	-63.65 ± 8.49*	-58.72 ± 2.35	-62.5 ± 1.6**	-64.0 ± 2.4**	-62.8 ± 3.0*	-63.4 ± 3.9**
TEh (90-100ms)	-55.2 ± 2.6	-69.98 ± 13.8**	-64.20 ± 3.83	-69.5 ± 2.3*	-71.5 ± 3.0*	-64.6 ± 2.0	-71.1 ± 7.1*
TEh (slope 101-140ms)	0.54 ± 0.08	0.92 ± 0.28**	0.72 ± 0.12	0.94 ± 0.05*	0.98 ± 0.12*	1.01 ± 0.10*	0.90 ± 0.19
TEh (peak, -70%)	-140.8 ± 7.6	-155.4 ± 32.6	-153.00 ± 10.80	-177.7 ± 5.8*	-192.8 ± 7.0***	-147.8 ± 4.5	-179.5 ± 14.4*
S3 (-70%)	4.17 ± 1.14	9.93 ± 5.30	6.00 ± 2.12	13.41 ± 2.88*	16.43 ± 4.63**	3.77 ± 1.20	15.77 ± 2.59** #
TEh (peak, -100%)	-234.7 ± 9.9	-220.2 ± 19.8	-239.40 ± 14.20	-268.9 ± 9.1	-298.0 ± 13.1**	-243.5 ± 21.5	-278.4 ± 14.4*
S3 (-100%)	32.6 ± 6.1	43.03 ± 26NC	45.76 ± 6.65NC	51.1 ± 4.8	66.2 ± 3.8*	38.5 ± 14.2	60.3 ± 7.7

Significant differences in parameters measured at 3, 14 and 28 dpo with respect to the control group are indicated as \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ ; differences between JQ1 and vehicle groups are denoted by #  $p < 0.05$ .

(SD), the current-threshold relationship (I/V), the threshold electrotonus (TE), and the strength-response relationship (SR), (Fig. 2, Table 2), tests that provide information about the electrical state of the nodal and internodal axonal membrane.<sup>8,27,28</sup>

Results obtained at 3 dpo show a significant increase of de SDTC of the JQ1 treated mice compared to the control group (Fig. 2A). Then, SDTC returned to control values afterwards. This parameter indicate a higher excitability in JQ1-treated animals originated in the nodal membrane region, compared to the vehicle and control group.

We also observed that the resting I/V slope was decreased at 3 dpo in vehicle-treated animals compared to the control group, and returned to control values at 14 and 28 dpo (Fig. 2B). The other significant differences at 3 dpo were obtained within the TE, which tended to have a fanning out shape in vehicle and JQ1-treated animals, compared to the control group (Fig. 2C, D). At 3 dpo, the TEd(undershoot), TEh(20-40ms), TEh(90-100ms) and TEh slope(101-140ms) of the vehicle-treated animals were significantly different to the control group. These results indicate a certain degree of hyperpolarization of the axonal membrane, which was reduced by JQ1 treatment.

At 14 days after SNI, the vehicle and JQ1 groups showed more significant changes in the TEd, TEh, and S3 values respect the control group than at 3 dpo (Table 2). The changes in these values tended to revert at 28 dpo towards control values. However, the parameters TEh(10-20ms), TEh<sub>20</sub>(10-20ms), TEh(20-40ms), and TEh slope(101-140ms) still remained increased at 28 dpo in the vehicle group. In addition, the value of the TEd (undershoot) increased significantly at 28 dpo, suggesting a persistent membrane hyperpolarization of the sural nerve axons of the vehicle group<sup>28</sup>. The parameters that remained significantly increased in the JQ1 group compared with the control group at 28 dpo were TEh (10-20ms), TEh<sub>20</sub>(10-20ms), TEh(20-40ms), TEh(90-100ms), TEh(peak,-70%), TEh(peak,-100%), and the S3 (-70%), which was also significantly different from the

vehicle group. From these, the TEh(20-40ms), TEh(20-40ms), TEh(90-100ms), indicated persistent membrane hyperpolarization. Then, the TEh(peak,-70%) S3(-70%) and TEh(peak,-100%), indicate a decrease of the inwardly rectifying current (I<sub>h</sub>) only in JQ1-treated animals. Finally, from the SR relationship it could be observed that the peak response was increased in the JQ1-treated mice compared with the control group at 28 dpo (Fig. 2E), indicating also membrane hyperpolarization of this group.

### BET Inhibition Reduces Inflammation after SNI

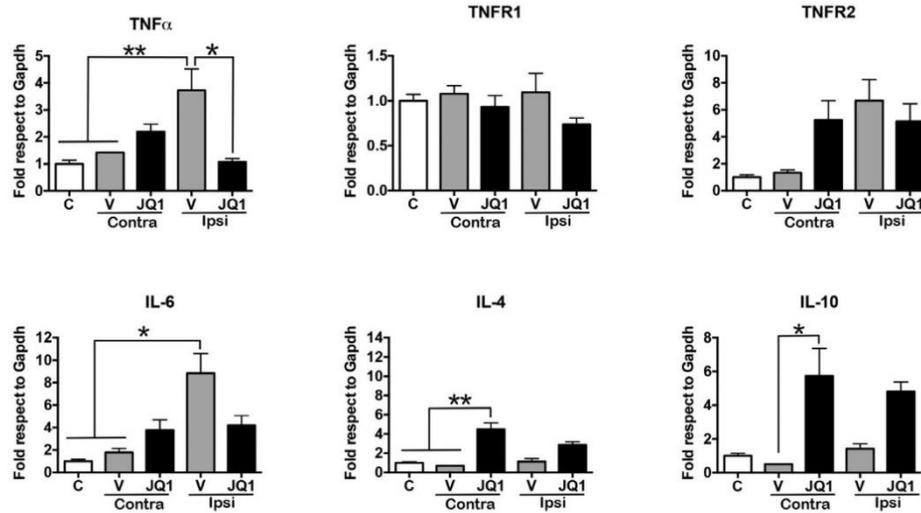
#### JQ1 Reduces Pro-Inflammatory Cytokine Expression after SNI in Lumbar DRG

We assessed if BET inhibition affected neuroinflammation, which has been associated to increased nerve excitability and subsequent neuropathic pain. Thus, we monitored the mRNA expression of pro-inflammatory and anti-inflammatory markers in L5-L6 DRG at 1 and 3 dpo after SNI.

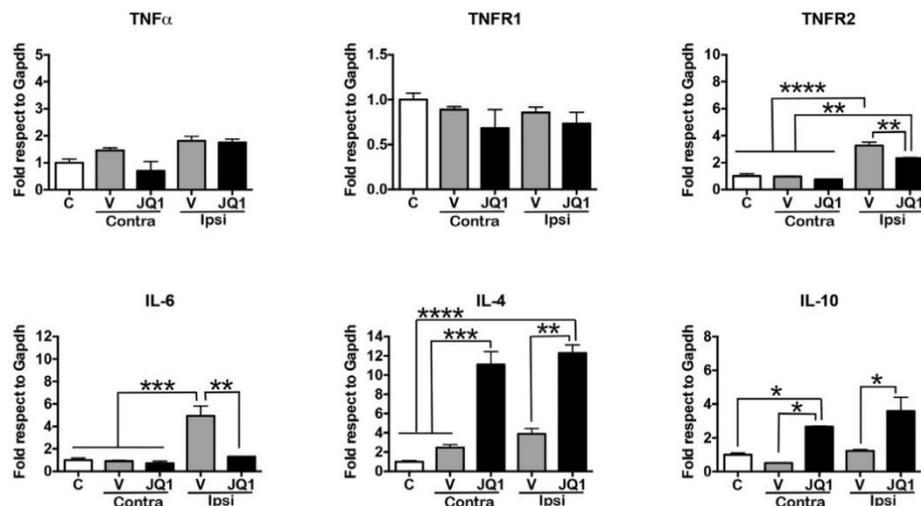
At 1 dpo, JQ1-treated mice showed a significant reduction in TNF $\alpha$  and IL-6 pro-inflammatory cytokines expression in ipsilateral DRGs, compared to vehicle-treated animals (Fig. 3A). However, there were no significant differences on the expression of TNF $\alpha$  receptors, TNFR1 and TNFR2, between treatments. Concerning expression of anti-inflammatory cytokines, BET inhibition produced a significant increase of IL-4 and IL-10 expression in contralateral and ipsilateral DRG when compared to vehicle treatment.

At 3 dpo, JQ1-treated mice had a significant decrease on pro-inflammatory transcription of TNFR2 and IL-6 in ipsilateral DRG (Fig. 3B), and again a significantly increased expression of IL-4 and IL-10 anti-inflammatory cytokines in ipsilateral and contralateral DRG when compared to vehicle-treated animals. Therefore, BET-inhibition with JQ1 reduces pro-inflammatory acute

## A. 1 dpo



## B. 3 dpo



**Figure 3.** JQ1 reduces inflammation acutely in DRG after SNI. DRG samples were harvested at 1 and 3 dpo. Real-time PCR quantification was normalized to the GAPDH levels.  $N = 3-5$  per group and day.  $*P < .05$ ,  $**P < .01$ ,  $***P < .005$ ,  $****P < .001$  by One-way ANOVA followed by Tukey post hoc test. Data are presented as mean  $\pm$  SEM fold changes of gene expression.

response in the DRG after SNI, by decreasing pro-inflammatory and increasing anti-inflammatory cytokine transcription.

### JQ1 Reduces Microglial Activation after SNI in the Dorsal Horn of the Spinal Cord

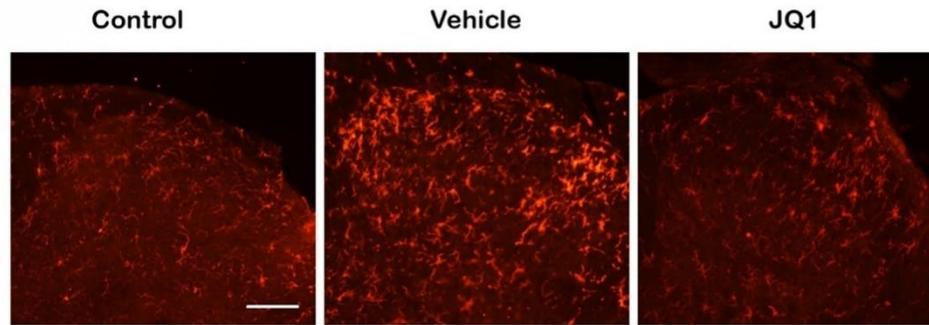
We then assessed if JQ1 treatment produced an effect on microglial reactivity in the dorsal horn, where nociceptive afferents project. At 3 dpo, vehicle-treated animals showed increased immunoreactivity against iba1 in the dorsal horn ipsilateral to the injury, whereas this increase was prevented in JQ1-treated animals (Fig. 4A, B). In contrast, there were no differences between the contralateral and ipsilateral sides of the dorsal horn in JQ1-treated mice, indicating that JQ1 prevents microglial activation at the dorsal horn after the injury. Similar effects were obtained analyzing a long-lasting

effect on inflammatory cell activation at 28 dpo. The increase of Iba1 immunoreactivity at this time point in vehicle-treated animals, lower than in an acute phase after the injury, was also prevented by JQ1 treatment. Therefore, BET inhibition prevents microglial activation, both acutely and chronically after injury.

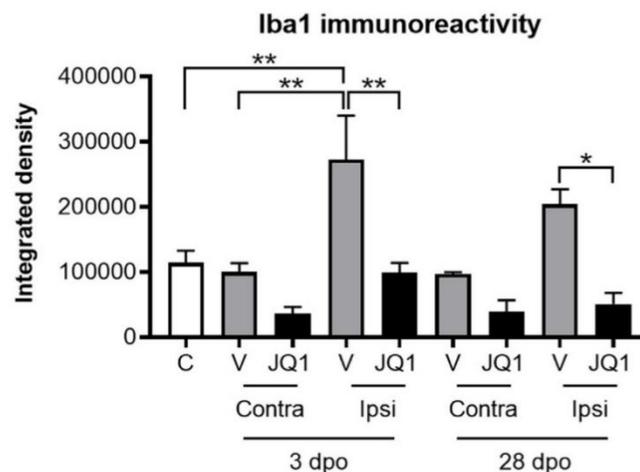
### JQ1 Does not Affect CGRP and IB4 Afferent Projections in the Dorsal Horn of the Spinal Cord

Provided that JQ1 reduced hyperalgesia, we analyzed if BET inhibition lead to changes on the innervation pattern of afferent nociceptive fibers at L5 segment of the spinal cord. To detect peptidergic C fibers and non-peptidergic C fibers, immunohistochemistry against CGRP and IB4 were performed, respectively. Immunoreactivity was measured in lamina I and II of the centro-medial

A.



B.



**Figure 4.** JQ1 reduces long term microglial activation in the dorsal horn of the spinal cord after SNI. (A) Representative microphotographs at 200x from L5 dorsal horn of the ipsilateral hemisections labeled with Iba1 of control and SNI treated mice with vehicle and JQ1 at 3 dpo. Bar = 100  $\mu$ m. (B) Integrated density values of Iba1 immunoreactivity. N= 3-5 per group. \* $P$ <.05 and \*\* $P$ <.01, by One-way ANOVA followed by Tukey's multiple comparisons. Data are presented as mean  $\pm$  SEM.

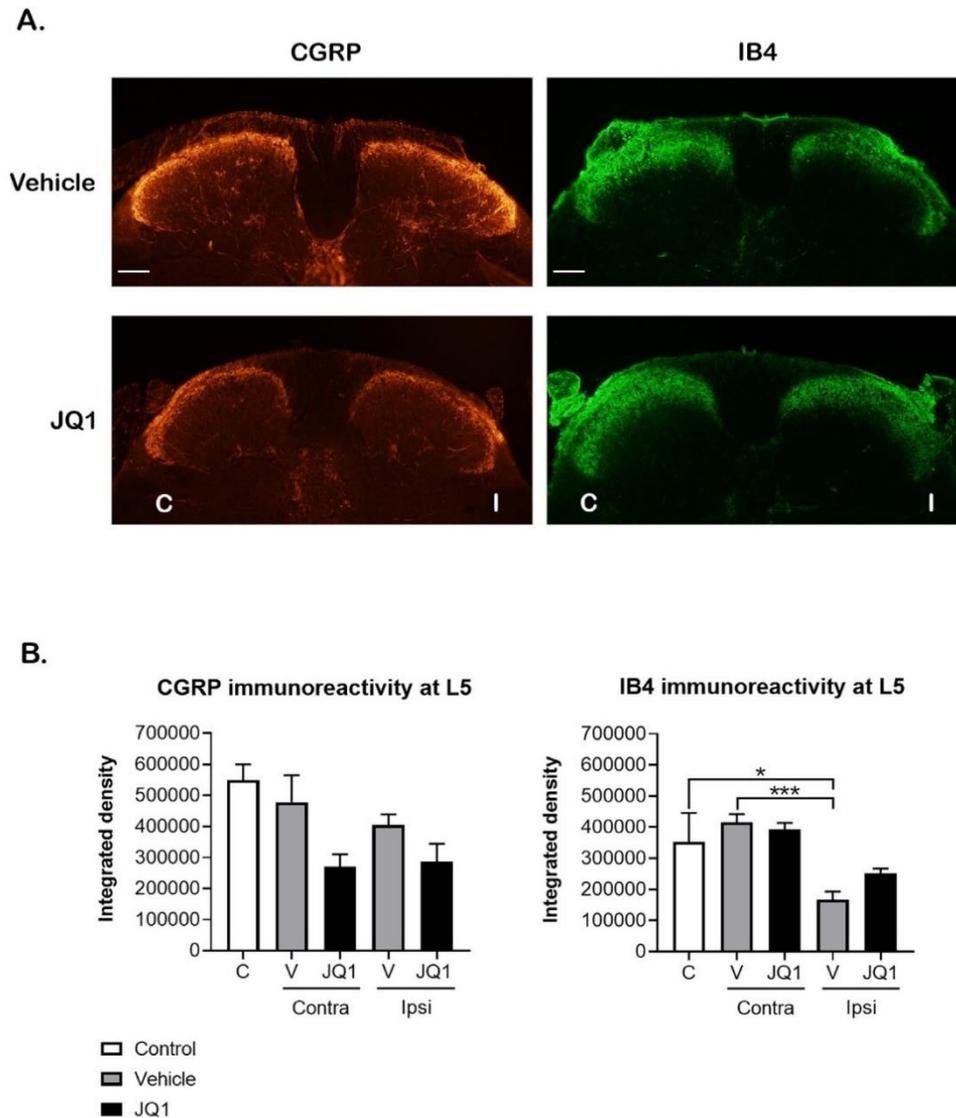
area of the dorsal horn. No significant differences were found between treatments regarding CGRP immunoreactivity (Fig. 5A left and 5B left). Concerning non-peptidergic C-fibers, both vehicle treated-mice displayed a significant reduction of integrated density values in the ipsilateral compared to the contralateral side and control values (Fig. 5A right and 5B right). In contrast to vehicle, the decrease of non-peptidergic C fibers with JQ1 treatment decreased to a lesser degree, and the difference to the control animals was not significant. However, there were no significant differences between treatments. Therefore, BET-inhibition does not affect the pattern of central projections of nociceptive afferents in the dorsal horn after SNI.

### **BET Inhibition Affects Ion Channels and $Na^{\pm}/K^{\pm}$ pump mRNA Expression after SNI**

SCNA3A and SCNA9A are Nav channel subunits involved in the generation of action potentials. These channels were usually found overexpressed at early time points in neuropathic pain conditions using rat models. However, the same subunits have been found

downregulated after SNI in mice<sup>30</sup>. We did not find an enhanced expression in the lumbar DRG after SNI at 3 or 28 dpo (Figs. 6A, 7A). However, JQ1 treatment produced a significant down regulation of both SCNA3A and SCNA9A, which is in accord to our previous results showing a reduction on nerve excitability and neuropathic pain with JQ1 treatment.

KCNA1 channel is a subunit of the fast Kv channels, present at the juxtapanodal membrane, which is essential for membrane repolarization<sup>3,40</sup>. We found that its expression was decreased at 3 dpo in both vehicle and JQ1-treated animals, indicating that in both groups there is a decreased ability for repolarization, which could be producing a faster transmission of the action potentials, and thus neuropathic pain generation<sup>31</sup>. Then, KCNA1 levels were normalized by 28 dpo to control values. KCNQ2 and KCNQ3 are subunits of the slow Kv channels involved in the maintenance of membrane potential. At 3 dpo, we found a significant increase of their expression in vehicle-treated animals, which returned to control values at 28 dpo. Further, we found that KCNQ2/3 expression was further decreased by JQ1 treatment (Figs. 6B, 7B).



**Figure 5.** JQ1 does not affect CGRP and IB4 afferent projections in the dorsal horn of the spinal cord. (A) Representative microphotographs at 100x of L5 dorsal horn, labeled against CGRP for peptidergic fibers or IB4 for non-peptidergic fibers in vehicle and JQ1 treatment groups. White bar = 100  $\mu$ m. C and I letters indicate contralateral and ipsilateral sides to the injury, respectively. (B) Integrated density values of CGRP immunoreactivity (left graph) and IB4 (right graph). N=3-4 per group. \* $P$ <.05, \*\*\* $P$ <.005 and \*\*\*\* $P$ <.001, by One-way ANOVA followed by Tukey's multiple comparisons. Data are presented as mean  $\pm$  SEM.

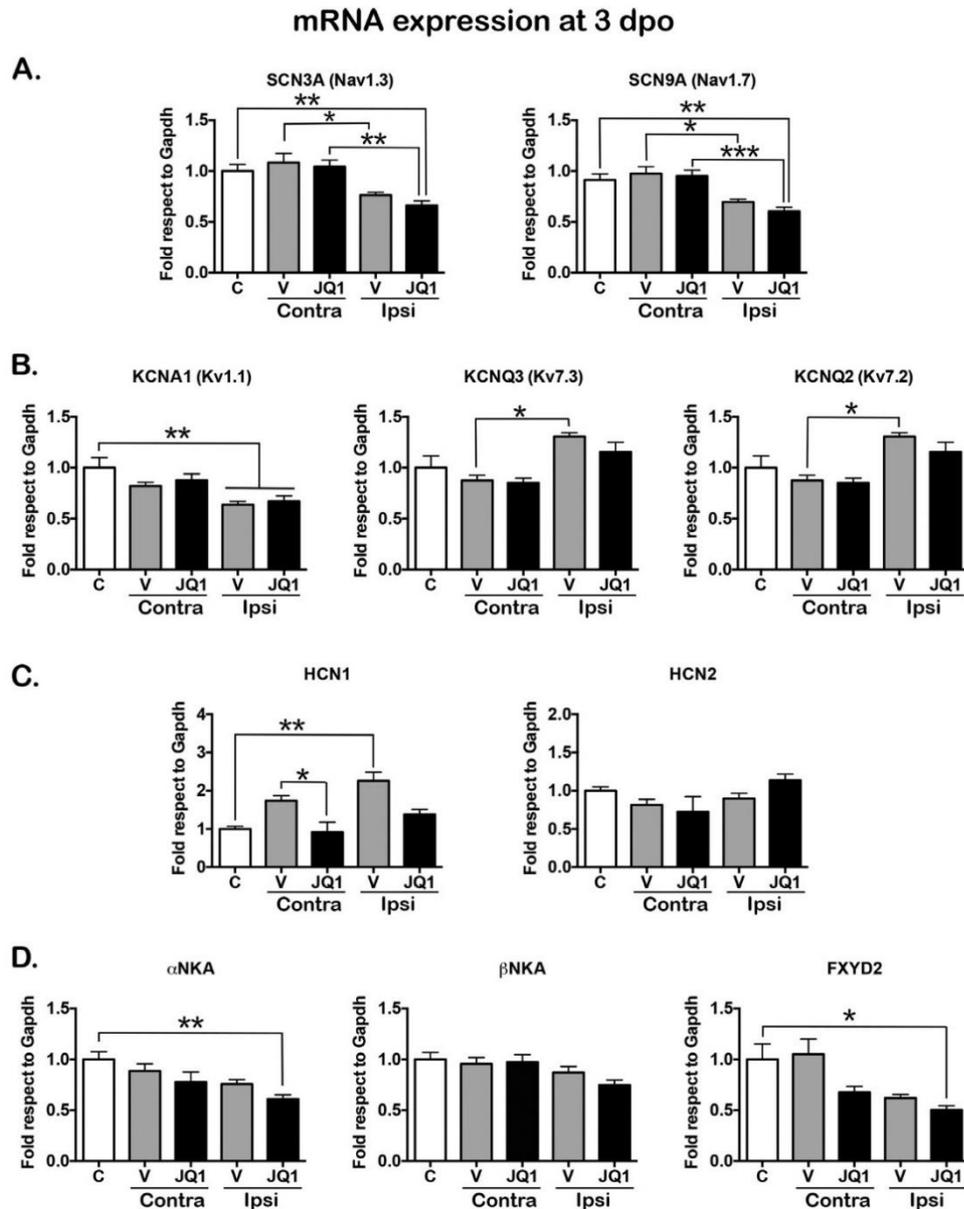
The HCN1 and HCN2 are channels thought to limit electrogenic hyperpolarization<sup>4</sup>, by enhancing the inwardly rectifying current. From the four isoforms that exist, these ones are the most expressed in sensory neurons<sup>1</sup>. At 3 dpo after SNI, there was an increase of HCN1 expression in vehicle-treated animals. At 28 dpo, both HCN1 and HCN2 levels increased in vehicle-treated animals, which was prevented by JQ1 treatment (Figs. 6C, 7C). These results confirmed the QTRAC TE data, that indicated a decrease of the inwardly rectifying current after JQ1 treatment.

Finally, we determined the levels of the  $\alpha$ 1NKA,  $\beta$ NKA and FXYD2 ( $\gamma$ NKA) subunits of the Na<sup>+</sup>/K<sup>+</sup> ATPase pump. At 3 and 28 dpo, the  $\alpha$ 1NKA and FXYD2 subunits were downregulated by JQ1 treatment, compared to control animals, and at 28 dpo the FXYD2 compared also to vehicle-treated animals (Fig. 6D, 7D). Thus, JQ1 treatment could be producing hyperpolarization by

increasing Na<sup>+</sup>/K<sup>+</sup> ATPase pump activity, as previously reported<sup>51</sup>.

## Discussion

In the present study we report that BET inhibition reduces neuronal excitability and neuropathic pain after SNI. Searching for the potential underlying mechanisms of these events, we have found that the BET inhibitor JQ1 reduced the inflammatory response in DRG and spinal cord, and induced changes of the expression of several regulators of the axonal membrane potential. In particular, JQ1 decreased SCN3A, SCN9A, KCNA1, HCN1, HCN2, KCNQ2, KCNQ3 and the  $\alpha$  and  $\gamma$  subunits of the Na<sup>+</sup>/K<sup>+</sup> ATPase FXYD2, which may be causing membrane hyperpolarization and decreased excitability. Therefore, BET proteins are an efficient epigenetic therapeutic target to reduce neuropathic pain after SNI.



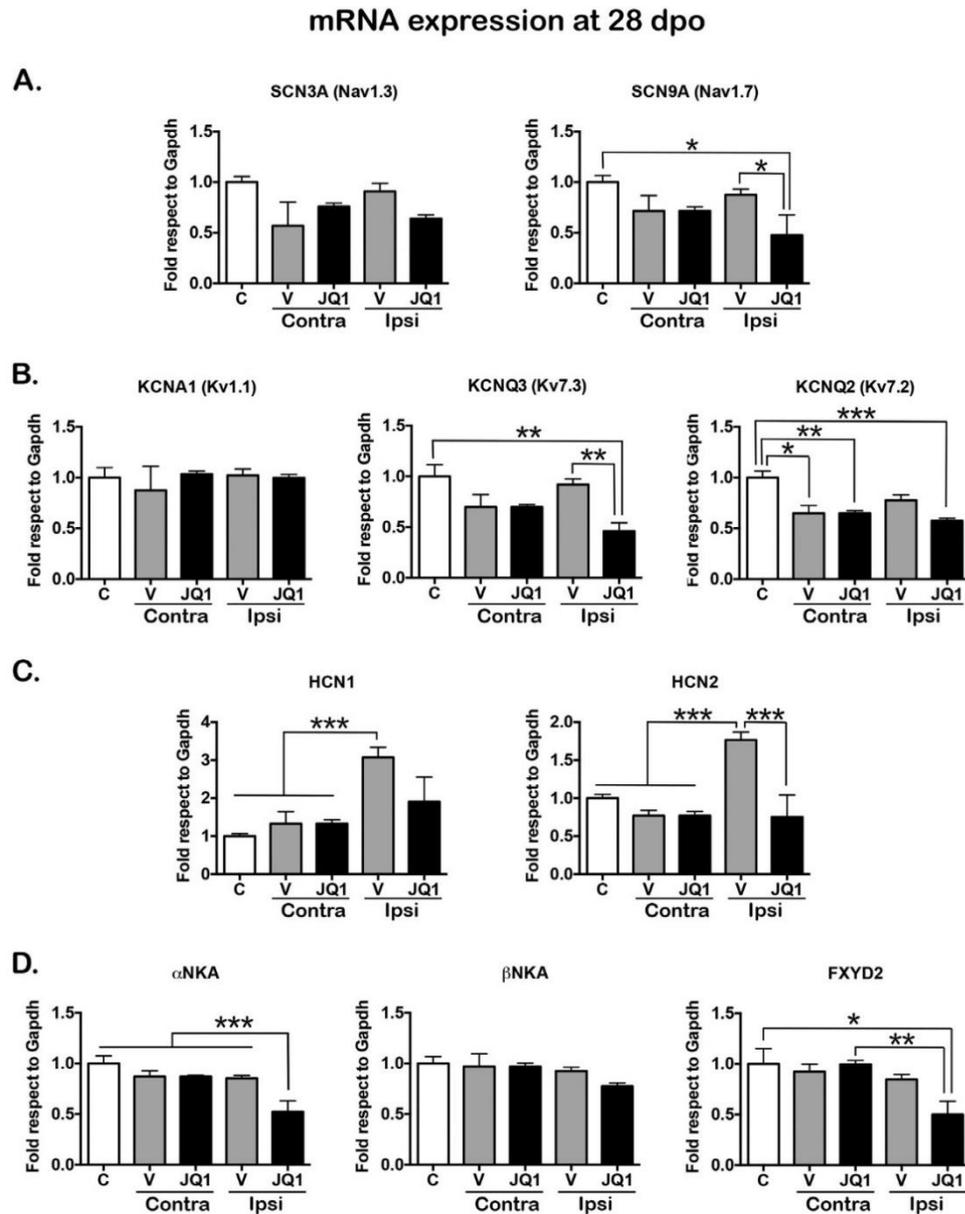
**Figure 6.** JQ1 affects mRNA expression of ion channels and Na<sup>+</sup>/K<sup>+</sup> pump in DRG at 3 dpo after SNI. DRG samples were harvested at 3 dpo. Real-time PCR quantification was normalized to the GAPDH levels. N = 3-5 per group. \**P* < .05, \*\**P* < .01, \*\*\**P* < .005, \*\*\*\**P* < .001 by One-way ANOVA followed by Tukey post hoc test. Data are presented as mean  $\pm$  SEM fold changes of gene expression.

### Effects of BET Inhibition on Neuroinflammation after SNI

We have previously found that BET inhibition reduces inflammation after spinal cord injury. Accordingly, in the present study, BET inhibition also reduced inflammation after SNI. JQ1 acutely decreased the expression of the pro-inflammatory mediators TNF $\alpha$ , TNFR2 and IL-6 in DRG after SNI, and enhanced expression of the anti-inflammatory cytokines IL-4 and IL-10, as we found after SCI.<sup>43</sup> Reduction of cytokine expression is a direct effect of BET inhibition, since BET proteins bind to promoters and enhancers of pro-inflammatory cytokines to promote proinflammatory gene expression,<sup>5,13,36</sup> and due to the interaction of BET proteins with the p65 transactivation domain of NF- $\kappa$ B.<sup>24,56</sup> However, it still remains to be determined how inhibition

of BET proteins promotes anti-inflammatory cytokine expression. Nevertheless, acute inflammatory gene alteration promoted a reduction of microglial activation at longer time points after SNI, since we observed reduced Iba-1 expression in the spinal cord at 28 dpo. Inflammation has profound effects of neuropathic pain generation and maintenance. For instance, cytokine expression alters the expression and activity of several channels, as well as synaptic neurotransmitter release involved in pain transmission.<sup>15,18,48</sup> Therefore, the decrease of mechanical hyperalgesia observed by BET inhibition treatment, could be at least partially explained by the reduction of neural inflammation observed after the treatment.

We analyzed also if BET inhibition and consequent reduction of inflammation affected the spinal



**Figure 7.** JQ1 affects mRNA expression of ion channels and Na<sup>+</sup>/K<sup>+</sup> pump in DRG at 28 dpo after SNI. DRG samples were harvested at 2 dpo. Real-time PCR quantification was normalized to the GAPDH levels. N = 3-5 per group. \**P* < .05, \*\*\**P* < .01, \*\*\*\**P* < .005, \*\*\*\**P* < .001 by One-way ANOVA followed by Tukey post hoc test. Data are presented as mean  $\pm$  SEM fold changes of gene expression.

nociceptive fiber density. We detected a loss of non-peptidergic nociceptive fibers in the dorsal horn after SNI, as previously described in our laboratory,<sup>9</sup> but it was not modified by BET inhibition.

### **Effects of BET Inhibition on Excitability and Expression of Ion Channels and Na<sup>+</sup>/K<sup>+</sup> Pump**

Axonal excitability measurements provide information about the excitability of the axonal membrane, and therefore about the activity of the ion channels and transporters contributing in the determination of the axon membrane potential.<sup>8,28,29</sup> The results obtained from the application of the TRONDNF protocol to the

mouse sural nerve are in line to those obtained in previous studies,<sup>32,35,37,38</sup> and indicate reduced excitability caused by JQ1 administration. It has to be pointed out that the sural nerve axons were not injured in the SNI model. Therefore, although alterations in axonal excitability were found by the QTRAC test, they were less prominent compared to other pathologies such as nerve crush, where the tested axons are injured themselves.<sup>34</sup>

BET inhibition modified the expression of several transporters important for the maintenance of the membrane resting polarization and the generation of action potentials. A previous study demonstrated that the BET protein BRD4 binds directly to the SCN9A promoter in DRG cells.<sup>23</sup> However, it is still unknown if the transcriptional regulation of HCN1/2, KCNQ2/3 and the  $\alpha$  and  $\gamma$  subunits of the Na<sup>+</sup>/K<sup>+</sup> ATPase FXD2 expression

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is produced by direct binding of BET proteins on their promoters. Nonetheless, the altered expression of these genes may contribute to the reduction of neural excitability and the concomitant hyperalgesia observed by JQ1 treatment after SNI.

At 3 dpo, SNI produced neuropathic pain in both the vehicle and the JQ1 treated animals. The electrophysiological results reflected that at 3 dpo, the only significant change observed in JQ1-treated animals was the SDTC, which increased with respect de control group. The SDTC indicates a higher excitability of the axon membrane with the same stimulus applied,<sup>29</sup> and could be produced by an increase of Nav or a decrease of Kv currents.<sup>46</sup> Since increased expression of Nav channels were not observed, the alteration of the SDTC may be produced by the reduction of the KCNA1, a Kv fast channel, which could be responsible for a non-complete repolarization of the action potential generated in the axon node. The KCNA1 was downregulated both vehicle and JQ1 groups. The decrease of KCNA1 channels could partially explain the generation ectopic action potentials at 3 dpo, and thus neuropathic pain in vehicle and JQ1-treated animals.<sup>49</sup> The fact that no SDTC significant change could be observed in the vehicle group, may be due to the higher membrane hyperpolarization of the vehicle group with respect to the JQ1 group (explained below), which may lead to a decrease in the values of the parameters characterizing the membrane depolarization of the node.

As mentioned, the QTRAC results reflected that the vehicle group is hyperpolarized at 3 dpo, which is also known to be involved in neuropathic pain generation.<sup>20,53</sup> Hyperpolarization is demonstrated since the resting *I/V* slope value was significantly decreased in vehicle-treated animals, and also by the significant changes provided by the TE at this time point. Both, the resting *I/V* slope, and the altered TE parameter alterations were prevented by JQ1 treatment. This effect is likely caused by the enhanced expression of the KCNQ2/3 channels in the vehicle group, which tend to maintain the membrane potential by inducing membrane hyperpolarization,<sup>7,29</sup> and by the increment of the HCN1 channel.<sup>20</sup> In addition, it could be produced by the enhanced inflammation within the vehicle group, which is also known to produce membrane hyperpolarization.<sup>29,39</sup>

At 28 dpo, vehicle-treated animals maintained neuropathic pain, whereas JQ1-treated animals did not. The electrophysiological results show that both the vehicle and the JQ1 treated animals are hyperpolarized. At this time point, the hyperpolarization of the vehicle group is maintained by the KCNQ2/3 and HCN1 channels, whereas the JQ1 treated may be due to the alterations of the ATPase subunits. The subunit FXVD2 of the Na<sup>+</sup>/K<sup>+</sup>ATPase pump interacts with the  $\alpha$ 1NKA subunit of the pump and negatively regulates the pump activity.<sup>51</sup> Thus, the significant reduction of FXVD2 subunit enhances Na<sup>+</sup>/K<sup>+</sup> pump activity after SNI, and may be the cause of the hyperpolarization of the axons.

However, despite both groups are hyperpolarized at 28dpo, JQ1 treated animals have a reduction of the

BET inhibition reduces neuropathic pain

inwardly rectifying channels, which may account for the reduction of pain sensitivity. Several excitability parameters found altered at 28 dpo within the TE test, such as the TEh(peak,-70%), S3(-70%), and TEh(peak,-100%) were specific to the JQ1 group. These parameters indicate the capacity of the axon to return to the basal membrane potential after being submitted to a hyperpolarizing current. Similarly, to the resting *I/V* slope, the alteration of these parameters on the JQ1 group indicate a less capability to recover the membrane potential, and thus a decrease of the inward rectifying currents produced by the HCN channels. Therefore, in the vehicle group, the resulting inwardly rectifying current from HCN1/2, activated after the hyperpolarization that follows an action potential, leads to a sustained activation of HCN1/2 producing a depolarizing current, resulting in repetitive firing.<sup>53</sup> Thus, the higher expression of HCN1/2 facilitates the transmission of action potentials, and maintains pain sensitivity by the vehicle group at 28 dpo.<sup>20</sup> The fact that the HCN channels in the JQ1 group remain at the level of the control group could be produced by the decreased inflammation produced by the treatment.<sup>12,45</sup> In addition, the expression of SCNA3A and SCNA9A channels is down-regulated at 3 and 28 dpo, only by JQ1 treatment, which also may account by a reduction of the transmission of the neural signal corresponding to neuropathic pain within this group.<sup>10,55</sup>

## Conclusion

Treatment with the BET inhibitor JQ1 reduced mechanical pain after SNI. There are 2 main mechanisms which contribute to enhance excitability and thus the generation and maintenance of neuropathic pain.<sup>41</sup> One is the release of neuromodulators such as pro-inflammatory cytokines and chemokines, which enhance neuronal excitability. The other one is the altered expression, trafficking and functioning of receptors and ion channels expressed by primary sensory neurons. In this study, we have found that BET inhibition modulated both mechanisms after SNI. The effect on reducing neuroinflammation may be due to the interaction of BET proteins with the p65 transactivation domain of NF-Kb.<sup>24,56</sup> However, is it still unknown if the effect on ion channels and the Na<sup>+</sup>/K<sup>+</sup> pump expression, promoting axonal hyperpolarization and thus decreased excitability, is a direct effect of BET proteins targeting their genes, or an indirect effect promoted by decreasing inflammation. Further studies should be performed to shed light onto these interesting mechanisms. Several drugs targeting BET proteins are currently approved for human use, and therefore this study could be easily translated to the clinic.

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## Chapter 2

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**BET protein inhibition in macrophages enhances dorsal root ganglion neurite outgrowth in female mice**



# BET protein inhibition in macrophages enhances dorsal root ganglion neurite outgrowth in female mice

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## Abstract

Peripheral nerve regeneration is limited after injury, especially in humans, due to the large distance the axons have to grow in the limbs. This process is highly dependent on the expression of neuroinflammatory factors produced by macrophages and glial cells. Given the importance of the epigenetic BET proteins on inflammation, we aimed to ascertain if BET inhibition may have an effect on axonal outgrowth. For this purpose, we treated female mice with JQ1 or vehicle after sciatic nerve crush injury and analyzed target reinnervation. We also used dorsal root ganglion (DRG) culture explants to analyze the effects of direct BET inhibition or treatment with conditioned medium from BET-inhibited macrophages. We observed that although JQ1 produced an enhancement of IL-4, IL-13, and GAP43 expression, it did not have an effect on sensory or motor reinnervation after crush injury *in vivo*. In contrast, JQ1 reduced neurite growth when interacting directly with DRG neurons *ex vivo*, whereas conditioned medium from JQ1-treated macrophages promoted neurite outgrowth. Therefore, BET-inhibited macrophages secrete pro-regenerative factors that induce neurite outgrowth, and that may counteract the direct inhibition of BET proteins in neurons *in vivo*. Finally, we observed an activation of the STAT6 pathway in DRG explants treated with conditioned medium from JQ1-treated macrophages. In conclusion, this study demonstrates that BET protein inhibition in macrophages provides a mechanism to enhance axonal outgrowth. However, specific targeting of BET proteins to macrophages will be needed to efficiently enhance functional recovery after nerve injury.

## KEYWORDS

BET proteins, cytokines, inflammation, neurite outgrowth, regeneration

## 1 | INTRODUCTION

Peripheral nerve injuries (PNIs) result in the disconnection between the neuronal soma and the distal axon stump, leading to the degeneration of distal fibers and the eventual death of axotomized neurons. As a result, there is a partial or total loss of sensory, motor, and autonomic functions (Allodi et al., 2012; Navarro et al., 2007).

PNI affects 1.8% of subjects with traumatic limb injuries in Europe. Patients undergo prolonged rehabilitation and current treatments produce a scarce functional outcome (Huckhagel et al., 2018). Hence, it is important to find novel strategies that promote regeneration and recovery after PNI. In fact, peripheral nerve regeneration is limited after injury, especially in humans, due to the large distances the axons have to grow. One way to overcome this problem is by

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promoting an acceleration of axonal regeneration (DeFrancesco-Lisowitz et al., 2015; Ma et al., 2011).

During Wallerian degeneration of the distal stump, a network of different cells, including infiltrating macrophages and Schwann cells, participate in axonal and myelin breakdown, through the release of different products. Between these molecules, cytokines and chemokines are essential to regulate the microenvironment that promotes axonal regeneration (Chen, Lin, et al., 2016; DeFrancesco-Lisowitz et al., 2015). Thus, Wallerian degeneration is a cascade of events that reassemble an immune-like reaction, which can be divided in two main phases. The early phase is characterized by the synthesis of inflammatory cytokines and chemokines such as TNF- $\alpha$ , IL-1 $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2, inducing the recruitment of immune cells. The late phase is defined by the increase in anti-inflammatory cytokines such as IL-13, IL-10, and IL-4, and promotes the clearance of debris (Rotshenker, 2011; Vidal et al., 2013). Both processes are indispensable for successful nerve regeneration. For instance, it has been demonstrated that the enhancement of the anti-inflammatory phase attenuates pro-inflammatory cytokine secretion, concludes degeneration, and increases axonal outgrowth (Fregnan et al., 2012; Siqueira Mietto et al., 2015; Vidal et al., 2013). Thus, to provide a favorable environment for axonal growth, it is crucial to achieve a rapid transition from the pro-inflammatory phase toward the anti-inflammatory phase of Wallerian degeneration. Experimental evidence has shown that cytokines trigger JAK/STAT signaling pathways, which are associated with neural plasticity. Particularly, IL-4 and IL-13 activate STAT6, leading to neuroprotection (Bhattarai et al., 2016; Deboy et al., 2006; Vidal et al., 2013). IL-6 and IL-10 activate the STAT3-mediated pathway, increasing regeneration and neuroprotection of cortical neurons (Chen, Lin, et al., 2016; Dubovy et al., 2019).

BET proteins are epigenetic readers of acetylated lysine residues in histone and nonhistone proteins, and are associated with cellular growth, evasion of apoptosis, and inflammatory response (Filippakopoulos & Knapp, 2014). BET family comprises BRD2, BRD3, BRD4, and the testis-specific protein BRDT. The most studied member of this family is BRD4. BRD4 interacts with an acetylated p65/RELA subunit, triggering the recruitment of p-TEFb complex and stimulating the transcription of NF- $\kappa$ B genes (Hajmirza et al., 2018). Inhibition of BET proteins through the small molecule JQ1 reduces the expression of inflammatory cytokines and prevents TNF-inducible gene expression in macrophages *in vitro* (Nicodeme et al., 2010). In addition, we have previously found that treatment with the BET inhibitor JQ1 reduces inflammation, increases the presence of anti-inflammatory cytokines, and enhances functional outcome after spinal cord injury (Sanchez-Ventura et al., 2019). Given the importance of BET proteins on inflammatory gene expression, we hypothesized that BET inhibition could favor an early conclusion of Wallerian degeneration through the downregulation of pro-inflammatory cytokines and the upregulation of anti-inflammatory cytokines. Such a process may enhance axonal growth after PNI via JAK/STAT pathways.

We used the BET inhibitor JQ1 and analyzed its effects after PNI in mice. To further analyze the effects of BET proteins on neuronal

### Significance

We have found that inhibition of BET proteins in macrophages produce the expression of pro-regenerative factors by these cells. These factors promote neuronal neurite growth. This finding may be important to promote nerve regeneration after peripheral nerve injury.

outgrowth *ex vivo*, we treated dorsal root ganglion (DRG) neuronal explants with JQ1. In addition, we used conditioned medium from JQ1-treated macrophages, and assessed its effect on DRG neurite growth. In summary, this study aims to determine the role of BET protein inhibition on axonal regeneration and functional recovery after PNI.

## 2 | MATERIALS AND METHODS

### 2.1 | Animals and surgery

All animal procedures were approved by the Universitat Autònoma de Barcelona Animal Experimentation Ethical Committee (code 10306) and followed the European Commission Directive 2010/63/EU on the protection of animals used for scientific purposes. Female C57BL/6J mice (Charles River Laboratories) were used in all the experiments, which were kept under a 12-hr light cycle and had access to water and food *ad libitum*.

To perform nerve injury, 7-week-old female mice were anesthetized by intraperitoneal injection of ketamine (90 mg/kg) and xylazine (10 mg/kg) in saline. Sciatic nerve crush injury was performed on the right hind limb at 45 mm distance from the tip of the fourth digit. The lesion consisted on applying a tight pressure using forceps (Dumont #5) at the sciatic nerve 3 times during 30 seconds, with different orientations each. Then, the muscle and skin were closed in layers. To prevent reopening and later infection of the wound, the skin was secured with staples and iodine was topically applied. Mice were kept in a warm environment until they recovered from anesthesia. Operated animals were intraperitoneally administered with vehicle (saline with 5% DMSO and 5% Tween-80), or with JQ1 (30 mg/kg, diluted in vehicle) starting at 2 hr (day 0) or at 4 days postoperation (dpo). Each cage of mice contained animals treated with the different conditions, to minimize experimental bias. A total of 27 animals for *in vivo* studies (15 animals for functional testing and 12 for western blot and qPCR studies) were used.

### 2.2 | Functional testing

Evaluation of axonal regeneration and target reinnervation was conducted through noninvasive electrophysiological tests at 14, 21, and 28 dpo ( $n = 5$  animals per condition). Prior to the functional

test, mice were anesthetized by intraperitoneal injection with 0.04 ml of ketamine/xylazine mixture. For assessment of peripheral nerve conduction, the sciatic nerve was stimulated with single electrical pulses of 0.02-ms duration up to supramaximal intensity, delivered by needles inserted percutaneously at the sciatic notch. Compound muscle action potentials (CMAPs) of the tibialis anterior and plantar muscles were recorded by means of needle electrodes, amplified and displayed on the oscilloscope to measure the amplitude and the latency of the M wave (Navarro, 2016). For sensory nerve conduction, the digital nerve was stimulated similarly, with short-duration electrical pulses of increasing intensity delivered at the sciatic notch. The evoked compound nerve action potentials (CNAPs) were recorded distally at the fourth digit. Functional tests were also performed in the contralateral hind limb as control values for each group.

### 2.3 | Analysis of skin reinnervation

Animals were intraperitoneally anesthetized with 0.2 ml of 1:1 pentobarbital-saline mixture at 28 dpo and perfused with 4% paraformaldehyde (PFA) ( $n = 5$  animals per condition). The distal plantar pads of the hind paw were carefully excised and postfixed with 4% paraformaldehyde for an hour to be later cryopreserved in sucrose 30% solution. Pads 1, referred as the most distal and medial pads that belong to the innervation territory of the sciatic and saphenous nerves, and Pads 2, referred as the most distal and lateral pads that belong only to the innervation territory of the sciatic nerve, were cut longitudinally at 40  $\mu\text{m}$  thickness in a Leica CM190 cryostat ([https://drp8p5tqcb2p5.cloudfront.net/fileadmin/downloads\\_lbs/Leica%20CM1950/User%20Manuals/Leica\\_CM1950\\_IFU\\_2v1N\\_en.pdf](https://drp8p5tqcb2p5.cloudfront.net/fileadmin/downloads_lbs/Leica%20CM1950/User%20Manuals/Leica_CM1950_IFU_2v1N_en.pdf), RRID:SCR\_018061). Free-floating samples were washed with PBS and PBS-0.3% Tween, and later incubated overnight at 4°C with PBS-0.3% Triton, 1.5% normal donkey serum, and rabbit anti-PGP9.5 antibody (Table 1). Samples were washed with PBS-0.3% Tween and again incubated overnight at 4°C with PBS 0.3% Triton, normal donkey serum 5% and Alexa fluor 594 donkey anti-rabbit (Table 1) Pad slices were washed with PBS-0.3% Tween, PBS, incubated 1/5,000 in DAPI-PB for 2 min and washed in PB 1x. Samples were then heated at 37°C until dry and mounted with Fluoromount.

Intraepidermal nerve fiber (IENF) density and the number of Meissner corpuscles were estimated using a Olympus BX51 Fluorescence Microscope (<https://www.olympus-lifescience.com/en/microscope-resource/primer/techniques/fluorescence/bx51fluorescence/>, RRID:SCR\_018949). IENFs were counted on the lateral area of the pads, whereas Meissner's corpuscles are found on the apex. To determine the number of IENFs per mm length, the basal layer was localized by the observation of DAPI staining. The ocular 40x grid was oriented following the basal layer to determine the number of nerve fibers that crossed it. A total of two fields per slice were counted. The number of Meissner's corpuscles was also determined at 400x magnification.

### 2.4 | Analysis of mRNA expression in sciatic nerve

Seven days after the crush injury, mice were perfused with sterile saline ( $n = 3$  or 4 mice per group). Then, injured sciatic nerves were removed and snap-frozen. Tissue was homogenized with QIAzol lysis reagent (QIAGEN), and RNA was extracted using the RNeasy Mini Kit (QIAGEN) following the manufacturer's guidelines. RNA was quantified with a Thermo Fisher NanoDrop 1000 Spectrophotometer (<http://tools.thermofisher.com/content/sfs/manuals/nd-1000-v3.8-users-manual-8%20x11.pdf>, RRID:SCR\_016517) and reverse-transcribed using an Applied Biosystems kit (Thermo Fisher Scientific). Then, the expression of target sequences was quantified by RTqPCR using SYBR Green QPCR Master Mix (Agilent Technologies) and the corresponding primers (Table 2). Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as a housekeeping gene.

### 2.5 | Bone marrow-derived macrophage (BMDM) primary culture

Mice were euthanized with pentobarbital diluted in saline (1:1) and cleaned with ethanol 70%. Femur and tibial bones were dissected, bone epiphyses removed, and bone marrows flushed with chilled PBS using a 10-ml syringe and 25G needle. Cells were centrifuged at 500 RCF for 10 min, to be later cultured in 100 ml Petri plates with DMEM/F12 medium that contained 10% fetal bovine serum, 1% penicillin-streptomycin, and L-glutamine. Macrophage colony-stimulating factor (M-CSF) was added at 10 ng/ml. Medium was replaced every 3 days with the correspondent addition of M-CSF. At 8 days in vitro (div), adherent cells were reseeded in 6-well plate in a density of  $1.6 \times 10^6$  cells/well with the medium mentioned above, but without the differentiating factor. Cells were treated at 10 div with vehicle containing DMSO or JQ1 1,000 nM for 6 hr ( $n = 3$  independent experiments). Then, conditioned medium was harvested and snap-frozen with liquid nitrogen.

Media from treated-BMDM cells were filtered through 10 kDa ultrafiltration filters (Merck Millipore). Samples were centrifuged at 4°C and 10 000x g for 1 hr. A concentrated medium volume of 50  $\mu\text{l}$  was obtained from each 1 ml medium sample, thus concentrated 20x. Concentrated media were snap-frozen in liquid nitrogen.

### 2.6 | DRG explant culture with or without BMDM-conditioned media

Mice were euthanized with pentobarbital diluted in saline (1:1) and washed in 70% ethanol. All DRGs were extracted using sterilized surgery tools and preserved in cold Gey's balanced solution with 0.6% glucose. DRG roots were removed and nervous tissue was exposed. DRGs were placed in a 24-well plate between two droplets of collagen mixture in Neurobasal-A medium with 1% penicillin-streptomycin, 1x B-27, 0.5% glucose, 0.5% glutamax, and murine

TABLE 1 Antibody list

Name of primary antibody	Immunogen	Manufacturer, catalog number, RRID, host	Used concentration, application
RT-97	H-Neurofilament	DSHB Cat# rt97, RRID:AB_528399, mose, monoclonal	1/200, IHC
PGP 9.5 (UCHL1)	PGP 9.5	(CEDARLANE Cat# CL7756AP, RRID:AB_2792979, rabbit, polyclonal)	1/500, IHC
Stat3 (79D7)	Stat3	Cell Signaling Technology Cat# 4904, RRID:AB_331269, rabbit, monoclonal	1/1,000, WB
Phospho-Stat3 (Tyr705) (D3A7)	Phospho-Stat3 (Tyr705)	(Cell Signaling Technology Cat# 9145, RRID:AB_2491009), rabbit, monoclonal	1/1,000, WB
Stat6 (D3H4)	Stat6	(Cell Signaling Technology Cat# 5397, RRID:AB_11220421), rabbit, monoclonal	1/1,000, WB
Phospho-STAT6 (Tyr641) (46H1L12)	Phospho-STAT6 (Tyr641)	(Thermo Fisher Scientific Cat# 700247, RRID:AB_2532305), rabbit, monoclonal	1/250, WB
Monoclonal Anti- $\alpha$ -tubulin antibody produced in mouse	$\alpha$ -Tubulin	(Sigma-Aldrich Cat# T9026, RRID:AB_477593) mouse, monoclonal	1/10,000 WB
Name of secondary antibody	Immunogen	Manufacturer, catalog number, RRID, Host	Used concentration, application
Donkey Anti-Rabbit IgG (H + L) Antibody, Alexa Fluor 594 Conjugated	Rabbit IgG (H + L)	(Molecular Probes Cat# A-21207, RRID:AB_141637), donkey	1/200, IHC
Donkey Anti-Mouse IgG (H + L) Antibody, Alexa Fluor 594 Conjugated	Mouse IgG (H+L)	(Molecular Probes Cat# A-21203, RRID:AB_141633), donkey	1/200, IHC
Goat Anti-Rabbit IgG (H L)-HRP Conjugate antibody	Goat Rabbit IgG (H + L)	(Bio-Rad Cat# 170-6515, RRID:AB_11125142), goat	1/3,000, WB
Goat Anti-Mouse IgG (H L)-HRP Conjugate antibody	Goat Mouse IgG (H + L)	(Bio-Rad Cat# 170-6516, RRID:AB_11125547), goat	1/3,000, WB
DAPI		(Sigma-Aldrich Cat#D9564-10MG)	1/5,000 in Pads; 1/1,000 in DRGs

TABLE 2 Primer list

Gene	Forward primer: 5'-3'	Reverse primer: 5'-3'
Mouse BDNF	TGCAGGGGCATAGACAAAAGG	CTTATGAATGCCAGCCAATTCTC
Mouse CD68	CCAATTCAGGGTGGGAAGAAA	ATGGGTACCGTCACAACCTC
Mouse GAPDH	TGGCCTTCCGTGTTCTCTAC	GAGTTGCTGTTGAAGTCG
Mouse GAP43	CTGCTGTCACCTGATGCTGCT	GGTTTGGCTTCGTCTACAGC
Mouse GDNF	ATTTTATTCAAGCCACCATTA	GATACATCCACCCGTTTAGC
Mouse IL-4	GGCTTTCCTCTTTCCCACTC	AGCCGCCATGAGAGCTAAG
Mouse IL-10	GCTGAGACTTTCGCTCCTCTC	AGCTCCAAGGCACCTGTTC
Mouse IL-13	TCCAATTGCAATGCCATCTA	TGGGCTACTTCGATTTTGGT
Mouse iNOS	GGCCAGCCTGTGAGACCTTT	TTGGAAGTGAAGCGTTTCG
Mouse NGF	CAAGGACGCAGCTTTCTATACTG	CTTCAGGGACAGAGTCTCCTTCT
Mouse SCG-10	TTCTCGTGGAGTGTGCTTCACT	TAGCTTTGTGTTGTGTTCCGCC

$\beta$ -NGF (100 ng/ml, Peprotech). The collagen mixture used for the culture consisted in 446.43  $\mu$ l of rat collagen type 1 (Corning), 50  $\mu$ l of MEM 10X medium, 2  $\mu$ l of 7.5% sodium bicarbonate (Gibco), and 1.57  $\mu$ l of PBS. Either JQ1 (500 or 1,000 nM) or DMSO was added into the collagen and into the medium. The culture was maintained for 2 div before fixation and immunohistochemical analysis.

For DRG explant culture with BMDM-conditioned medium, the procedure was the same except for the preparation of the collagen mixture. In this case, half of the MEM 10x medium was substituted with conditioned medium and the amount of sodium bicarbonate added to the mixture was 8  $\mu$ l. Provided that JQ1 is a small compound that is filtered during medium concentration, JQ1 or DMSO was also added to collagen

to obtain a 500 nM concentration. This procedure resulted in four experimental culture groups: DMSO-treated DRGs with conditioned medium from DMSO-treated macrophages (D + mD), DMSO-treated DRGs with conditioned medium from JQ1-treated macrophages (D + mJQ1), JQ1-treated DRGs with conditioned medium from DMSO-treated macrophages (JQ1 + mD), and JQ1-treated DRGs with conditioned medium from JQ1-treated macrophages (JQ1 + mJQ1) ( $n = 3$  independent experiments). The cultures were also maintained 2 div before fixation.

## 2.7 | Determination of neurite outgrowth in DRG explants

After 2 div, DRG explants were fixed for 30 min with PFA 4%. Then, samples underwent several washes with TBS-0.1% Tween before being incubated for an hour in citrate buffer (pH = 6.4) heated until boiling temperature, and washed again in TBS-0.1% Tween. DRGs were incubated in increasing concentrations of methanol (50%, 70%, and 100%), washed in TBS-0.1% Tween and incubated for 48 hr at 4°C in TBS-0.3% Triton, 5% normal donkey serum, and anti-H-Neurofilament antibody (Table 1). DRGs were washed with TBS-0.1% Tween and incubated overnight at 4°C with TBS-0.3% Triton, 5% normal donkey serum, and Alexa fluor 594 Donkey anti-mouse (Table 1). Samples were washed, dried, and mounted with Fluoromont.

DRG samples were observed under a fluorescence microscope (Olympus BX51). Images of overlapping territories of each DRG were taken with 20X objective, the microscope camera (Olympus PD37) and CellSens Entry Olympus software (<https://www.selectscience.net/products/cellsens-entry---microscopy-imaging-software/?prodID=172461>, RRID:SCR\_014551). DRG images were reconstructed with Photoshop. Maximum neurite length and the number of neurites of different lengths were measured with the Image J plugin Neurite J (Torres-Espin et al., 2014). The software provided the number of neurite intersections every 25  $\mu\text{m}$ , and the longest neurite value for each DRG. Number of analyzed samples per group was between five and seven DRGs in the BET inhibition study, and between seven and 12 in the conditioned medium study, obtained from three independent cultures in both cases. The analysis of neurite outgrowth was performed by a blinded examiner.

## 2.8 | Cell viability assay from dissociated DRGs' culture

Mice were euthanized with pentobarbital and saline mixture (1:1). All dorsal root ganglia were extracted with sterilized tools and kept in cold Gey's balanced solution with 2% glucose. DRG roots were cut to disclose nervous tissue. Then, cleaned ganglia underwent an enzymatic digestion with trypsin 1x, collagenase 1x, and DNase (1 mg/ml) diluted in Hank's Balanced Salt Solution (HBSS, Gibco) for 20 min at 37°C. Next, enzymatic digestion was arrested with DMEM/F12 medium containing 10% FBS, 1% penicillin and streptomycin, and L-glutamine,

before proceeding with the mechanical digestion. Cells were then filtered within a 70- $\mu\text{m}$  sterile filter to remove myelin fragments. Dissociated ganglia underwent a centrifugation at 900 rpm for 7 min and neurons were counted with a Neubauer chamber. A total of eight wells were seeded per animal in a 96-multiwell plate pretreated with Poly-D-lysine (0.01 mg/ml) and laminin (2  $\mu\text{g}/\text{ml}$ ). Each well held between 5000 and 6000 neurons that were maintained in Neurobasal-A medium with 2% B-27, 2% glucose at 30%, 1% glutamine, and 1% penicillin and streptomycin. After 2 hr, medium was replaced.

At 2 div, cells were treated in duplicates with vehicle containing DMSO, JQ1 500 nM, JQ1 1000 nM, or cisplatin 5  $\mu\text{g}$ , used as a positive control. At 4 div, an MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide) assay was performed to determine cell viability. For this purpose, media was replaced with media containing 0.15 mg/ml MTT. Next, the culture was maintained at 37°C for 2 hr, to finally obtain cells lysed with DMSO. Absorbance was read out through a spectrophotometer (Bio-tek) at 560 nm and 600 nm wavelength using KC Junior software. Readings were normalized against control to obtain the percentage of survival. In total, there were five independent cultures.

## 2.9 | Western blot

Protein samples for western blot analysis were obtained from DRG explant cultures treated with conditioned medium from DMSO- or JQ1-treated macrophages. At 2 div, collagen layers encapsulating the ganglia were removed using forceps (Dumont #5). DRGs were collected in a cryovial according to the treatment and were immediately snap-frozen in liquid nitrogen. Next, DRGs were homogenized with modified RIPA buffer with protease (100 X) (Sigma) and phosphatase (20X) (Roche) inhibitors. Samples underwent sonication and centrifugation at 14,000 rpm for 20 min at 4°C. Protein concentration of the supernatant was determined with a bicinchoninic acid assay (Pierce). SDS-PAGE was conducted in a 7.5% acrylamide gel, where 20  $\mu\text{g}$  of protein was loaded from each sample. Proteins were transferred to a PVDF membrane, that was blocked in 3% BSA prior to an overnight incubation with the appropriate primary antibodies. Several washings with TBS-Tween 0.1% were performed and the correspondent secondary antibodies incubated during 2 hr at room temperature. Finally, membranes underwent multiple washes with TBS-Tween 0.1% and TBS, before image acquisition with Bio-Rad Chemidoc XRS Gel Imaging System (<https://www.bio-rad.com/en-us/product/chemidoc-xrs-system?ID=NINJHRKG4>, RRID:SCR\_019690). Quantification was then assessed using the ImageLab software (<http://www.bio-rad.com/en-us/sku/1709690-image-lab-software>, RRID:SCR\_014210). Protein levels were analyzed considering the relative intensities of the bands of the phosphorylated protein forms, which were later compared to total non-phosphorylated protein. Then, results were normalized to control. Primary and secondary antibodies used for western blot are in Table 1. There were three blots per protein analysis.

## 2.10 | Statistical analysis

Data were expressed as mean  $\pm$  standard deviation (SD) as minimum to maximum in Box and Whisker plots. Data distribution and outliers were determined using the GraphPad Prism software. Results were analyzed with GraphPad Prism 7 software, and significant differences considered when  $p < 0.05$ . For electrophysiological tests, CMAP values were analyzed by two-way ANOVA followed by Tukey's correction for multiple comparisons, with day and amplitude or latency as factors. The CNAP results were compared with an unpaired  $t$  test since only a final value was recorded. Histological data of pad reinnervation were analyzed by unpaired  $t$  test. For statistical analysis of mRNA expression, maximum neurite length of DRG explants treated with increasing doses of JQ1, and cell viability assay, one-way ANOVA followed by a multiple comparison test with Tukey's correction was performed, since only the level of the mRNA, the number of neurites, and % of viable cells were analyzed within the different conditions. The number of neurites at variable distances was analyzed through a two-way ANOVA followed by Sidak's correction for multiple comparisons, using the distance growth and treatments as factors. Maximum neurite length for the conditioned medium experiment was also analyzed using a two-way ANOVA followed by Sidak's correction, in which conditioned media and treatment were factors. For WB analysis, a paired  $t$  test was conducted, to compare the level of the protein between treatments.

## 3 | RESULTS

### 3.1 | Delayed treatment with JQ1 promotes enhanced expression of anti-inflammatory cytokines and the axonal growth marker GAP43 after sciatic nerve crush

Since BET protein inhibition by JQ1 alters macrophage transcriptional state (Nicodeme et al., 2010; Sanchez-Ventura et al., 2019) and macrophage infiltration after PNI occurs early after injury, we compared the effect between an early and a delayed treatment with JQ1 in sciatic nerve (Figure 1a). We observed a reduced expression of the macrophage marker *Cluster of differentiation 68* (CD68) when the treatment started at 0 dpo, indicating a reduction on macrophage infiltration ( $F_{2,7} = 4.637$ ,  $p = 0.052$ ). The expression of *inducible nitric oxide synthase* (iNOS) and CD206, which correspond to M1 and M2 macrophage markers, respectively, was also reduced within this treatment, probably due also to a lessened macrophage infiltration (iNOS,  $F_{2,6} = 14.170$ ,  $p = 0.004$ ) (CD206,  $F_{2,6} = 13.660$ ,  $p = 0.006$ ). However, when the treatment started at 4 dpo, we did not observe changes in CD68, iNOS, or CD206 mRNA expression compared to vehicle-treated animals, indicating that the delayed treatment allowed macrophages to infiltrate, and that JQ1 does not affect M1/M2 macrophage polarization. IL-4 and IL-13 anti-inflammatory cytokine expression was statistically enhanced within animals treated with JQ1 from 4 dpo (IL-4,  $F_{2,6} = 20.380$ ,  $p = 0.002$ ) (IL-13,  $F_{2,6} = 10.520$ ,  $p = 0.011$ ), whereas IL-10 was not altered ( $F_{2,7} = 4.023$ ,  $p = 0.069$ ) (Figure 1b). A mild increase of IL-4 also was observed when the

treatment started at 0 dpo. We further studied the effects of JQ1 in neurotrophic factor expression. We did not observe changes of *glial-derived neurotrophic factor* (GDNF) ( $F_{2,7} = 0.137$ ,  $p = 0.874$ ) and *brain-derived neurotrophic factor* (BDNF) ( $F_{2,7} = 1.833$ ,  $p = 0.229$ ) expression, whereas we found a reduction of *nerve growth factor* (NGF) with the treatment starting at 0 dpo ( $F_{2,7} = 14.400$ ,  $p = 0.003$ ), probably due to the reduced infiltration of macrophages.

We then wanted to ascertain if the transcriptional alterations promoted by JQ1 produced an effect on axonal growth markers expression (Figure 1c). We did not observe an alteration in the *superior cervical ganglion-10 protein* (SGC-10) ( $F_{2,6} = 1.833$ ,  $p = 0.229$ ), whereas we found an enhanced expression of the *Growth associated protein 43* (GAP43) when the treatment started at 4 dpo ( $F_{2,6} = 6.698$ ,  $p = 0.0270$ ). Therefore, we planned to further study the effects of axonal regeneration in vivo by a delayed treatment with JQ1.

### 3.2 | BET protein inhibition does not enhance nerve regeneration after sciatic nerve crush

The analysis of functional and histological outcome was performed in mice with delayed treatment of vehicle and JQ1. Motor nerve conduction tests determine muscle reinnervation, as recorded CMAPs, by regenerated axons after injury. CMAPs were first recorded in the tibialis anterior and plantar muscles at 14 dpo, being of small amplitude and increased latency (Figure 2). At later time points, the latency time decreased indicating axonal enlargement and remyelination after reinnervating the muscle fibers. No differences were found between vehicle and JQ1-treated animals ( $F_{2,14} = 1.380$ ,  $p = 0.280$  for tibialis anterior and  $F_{2,14} = 0.057$ ,  $p = 0.945$  for plantar muscle). Regarding the amplitude of the CMAP, which determines the amount of innervated muscle fibers, as indicator of nerve regeneration, at 14 dpo the M amplitude was very low in both muscles, around 5% of control values in the tibialis anterior muscle (Figure 2a) and 2.5% in the plantar muscle (Figure 2b). At 21 and 28 dpo, the CMAP amplitude increased in both muscles recorded. However, there were not significant differences between JQ1-treated and vehicle-treated groups ( $F_{2,14} = 0.354$ ,  $p = 0.708$  for tibialis anterior and  $F_{2,14} = 0.596$ ,  $p = 0.565$  for plantar muscle).

For the sensory nerve conduction test, CNAPs of the digital nerve were recorded only at 28 dpo. The CNAP latency was increased in the two groups of mice ( $t_7 = 2.516$ ,  $p = 0.040$ ). Regarding CNAP amplitude, although JQ1-treated group showed a tendency to be higher (30%) compared to the vehicle-treated group (25%), the difference was not statistically significant (Figure 2c) ( $t_7 = 1.126$ ,  $p = 0.297$ ).

To further study the effects of BET inhibition on axonal regeneration, we analyzed skin reinnervation of the hind paw. Regarding IENF density, JQ1-treated animals showed a tendency of higher number of IENFs/mm (Figure 3b), compared to vehicle-treated animals. However, no statistical differences were found. This was observed in medial Pads 1 (Vehicle:  $47.58 \pm 5.39$ ; JQ1:  $61.17 \pm 1.64$ ) ( $t_5 = 2.082$ ,  $p = 0.092$ ), as well as in lateral Pads 2 (Vehicle:  $45.05 \pm 2.10$ ; JQ1:  $48.28 \pm 1.81$ ) ( $t_7 = 1.166$ ,  $p = 0.280$ ). Regarding the number of Meissner's corpuscles (Figure 3c), no significant differences were

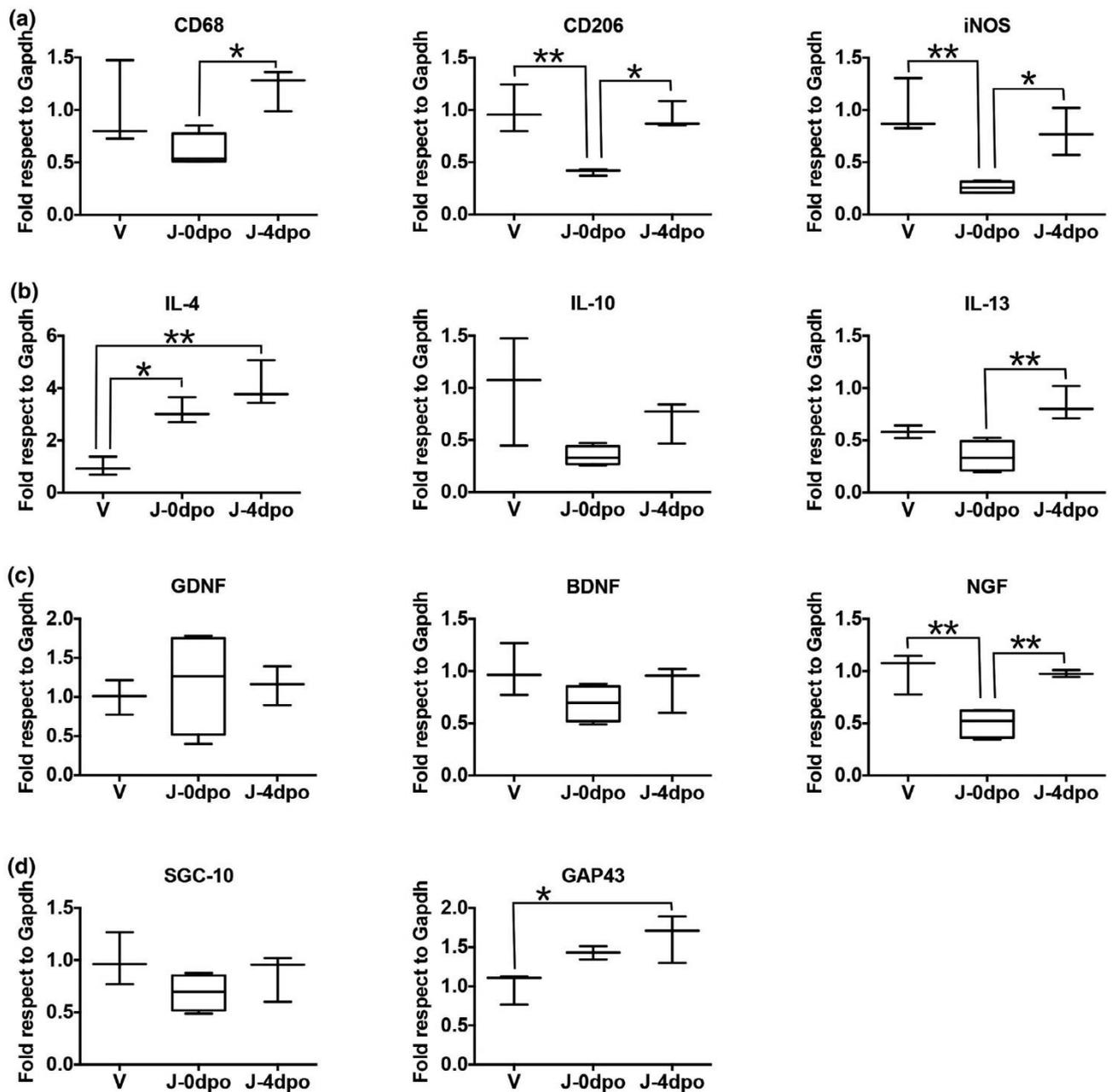


FIGURE 1 Delayed BET inhibition with JQ1 increases anti-inflammatory cytokine and GAP43 transcription in vivo. (a) Early treatment with JQ1 at 0 dpo significantly decreases macrophage infiltration detected with CD68. Neither of the treatments alters M1/M2 polarity as detected with iNOS (M1) and CD206 (M2). (b) Delayed BET inhibition increases the transcription of IL-4 and IL-13 anti-inflammatory cytokines. (c) Immediate administration of JQ1 at 0 dpo decreases NGF mRNA expression. (d) BET inhibition at 4 dpo increases GAP43 transcription, while not altering the mRNA levels of SGC-10. \* $p < 0.05$  and \*\* $p < 0.01$  as calculated by one-way ANOVA followed with a multiple comparison with Tukey's correction. Data are shown as minimum to maximum box and whisker graphs

found between treatments in Pads 1 (Vehicle:  $3.04 \pm 1.14$ ; JQ1:  $3.53 \pm 0.37$ ) ( $t_5 = 0.350$ ,  $p = 0.741$ ) or Pads 2 (Vehicle:  $1.02 \pm 0.33$ ; JQ1:  $1.14 \pm 0.47$ ) ( $t_7 = 0.202$ ,  $p = 0.845$ ).

Therefore, the results of in vivo tests showed that JQ1 administration did not have any significant effect on axonal regeneration in the mice.

### 3.3 | BET protein inhibition reduces DRG neurite outgrowth

We analyzed the effects of BET protein inhibition on neurite outgrowth in DRG explants ex vivo, by adding to the medium variable doses of JQ1 or DMSO as control. Two parameters were analyzed in

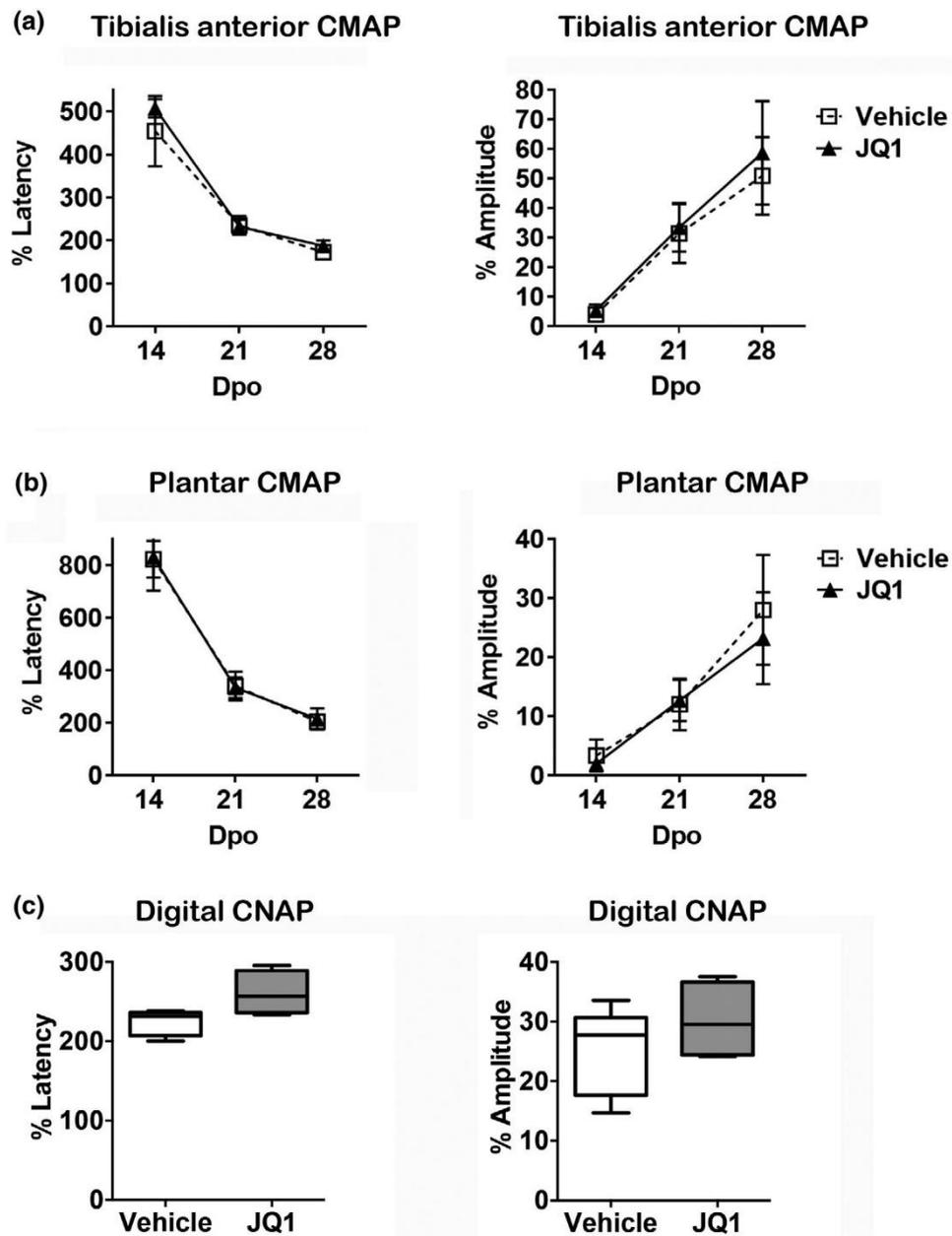


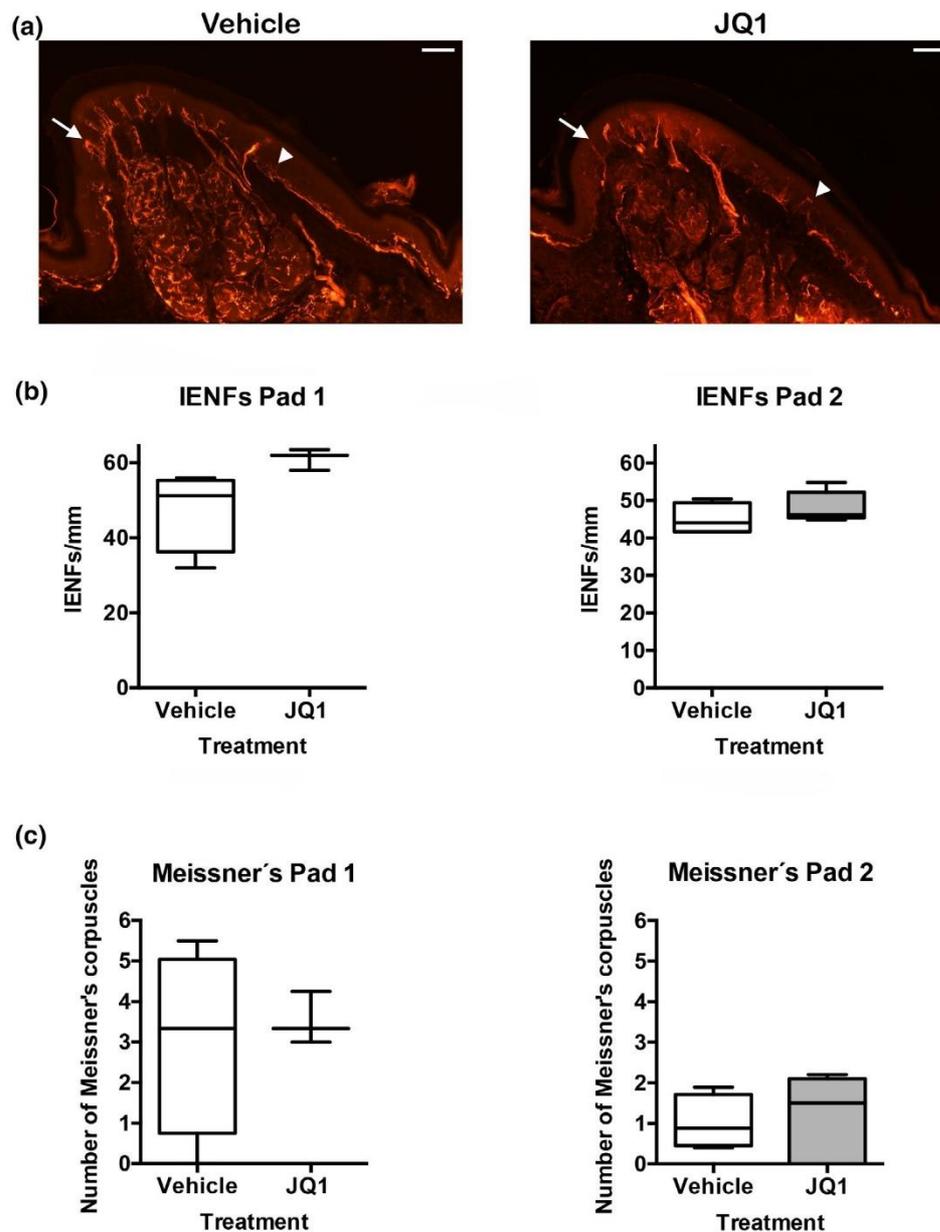
FIGURE 2 BET proteins do not affect nerve regeneration after sciatic nerve crush assessed by electrophysiological tests. No significant differences were found between BET-inhibited animals (JQ1) and control animals (DMSO) in the electrophysiological recordings of the latency and amplitude of the CMAP of tibialis anterior muscle (a), CMAP of plantar muscle (b), and CNAP of the digital nerve (c). Data shown as mean  $\pm$  SD and minimum to maximum in box and whisker graphs

this study: maximum neurite length and number of neurites of different lengths.

DMSO-treated DRGs had a mean maximal neurite length of 313  $\mu$ m, whereas JQ1 500 nM and JQ1 1000 nM treatment led to a significant decrease on the maximum neurite length, reaching mean values of 175  $\mu$ m and 58  $\mu$ m, respectively (Figure 4a,b) ( $F_{2,14} = 34.610$ ,  $p < 0.001$ ). The number of neurites grown at different lengths showed that DRGs treated with 500 nM JQ1 had a significant decrease on the number of neurites ranging from 50  $\mu$ m

to 125  $\mu$ m in length (Upper Figure 4c), compared to DMSO-treated ganglia ( $F_{16,340} = 2.280$ ,  $p = 0.004$ ). The decrement in neurite growth was more pronounced with JQ1 at 1000 nM, showing a significant reduction on the amount of neurites from 0  $\mu$ m to 150  $\mu$ m compared with DMSO (Lower Figure 4c) ( $F_{16,374} = 16.840$ ,  $p < 0.001$ ).

Therefore, BET inhibition produced a significant decrease on DRG neurite outgrowth, that was dependent on the JQ1 concentration. To determine if this decrease was due to compound toxicity, we performed an MTT assay (Figure 4d). Results showed that



**FIGURE 3** BET protein inhibition does not modify sensory reinnervation after sciatic nerve crush. (a) Microphotographs of hind paw pads at  $\times 10$  magnification of vehicle and JQ1-treated animals immunolabeled against PGP9.5. Arrow tips point IENFs, whereas arrows exhibit the location of Meissner's corpuscles. Scale bar = 100  $\mu\text{m}$ . (b) No significant differences were found in IENFs density of vehicle and JQ1-treated mice in medial pad 1 and lateral pad 2. (c) No significant differences were found in the number of Meissner's corpuscles of vehicle and JQ1-treated animals in pad 1 and pad 2. Data shown as minimum to maximum in box and whisker graphs

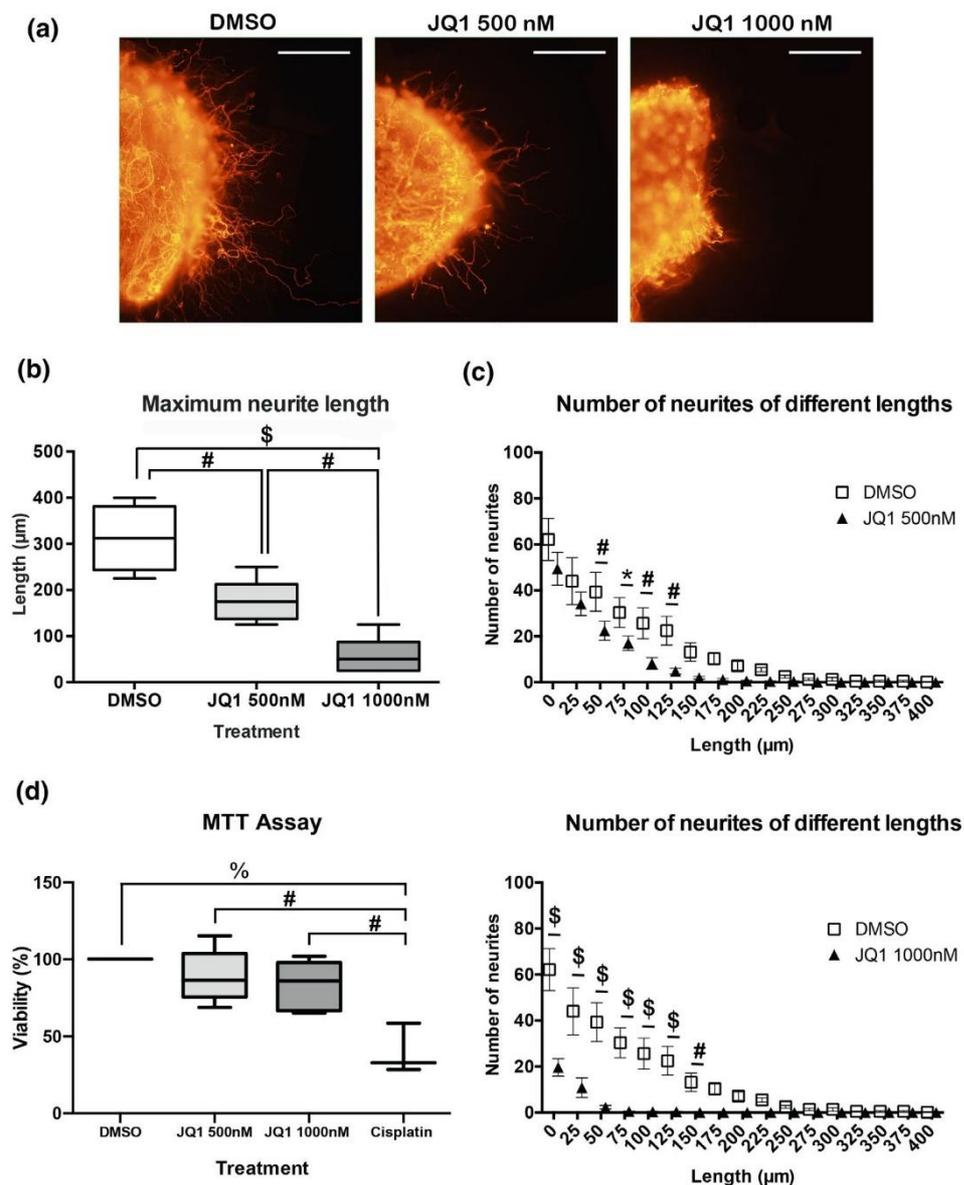
500 or 1,000 nM of JQ1 did not produce cell death, whereas the positive control cisplatin led to 60.07% of cell death ( $F_{3,14} = 12.330$ ,  $p < 0.001$ ).

### 3.4 | BET protein-inhibited macrophages secrete pro-regenerative factors

Results obtained from in vivo and ex vivo data indicated contradictory effects of BET protein inhibition on axonal growth. Therefore,

we hypothesized that these differences might be produced by macrophages, which infiltrate the nerve after lesion in vivo, but were missing in the DRG cultures. To assess the effects that BET-inhibited macrophages have on neurons ex vivo, we cultured DRG explants with conditioned medium from JQ1 or DMSO-treated macrophages added into the collagen matrix.

Control DRGs treated with DMSO-conditioned medium (D + mD) had a maximum neurite length of 258  $\mu\text{m}$  in average. A significant increase in neurite outgrowth was found when DRGs were treated with JQ1 conditioned medium (D + mJQ1), with a mean maximal

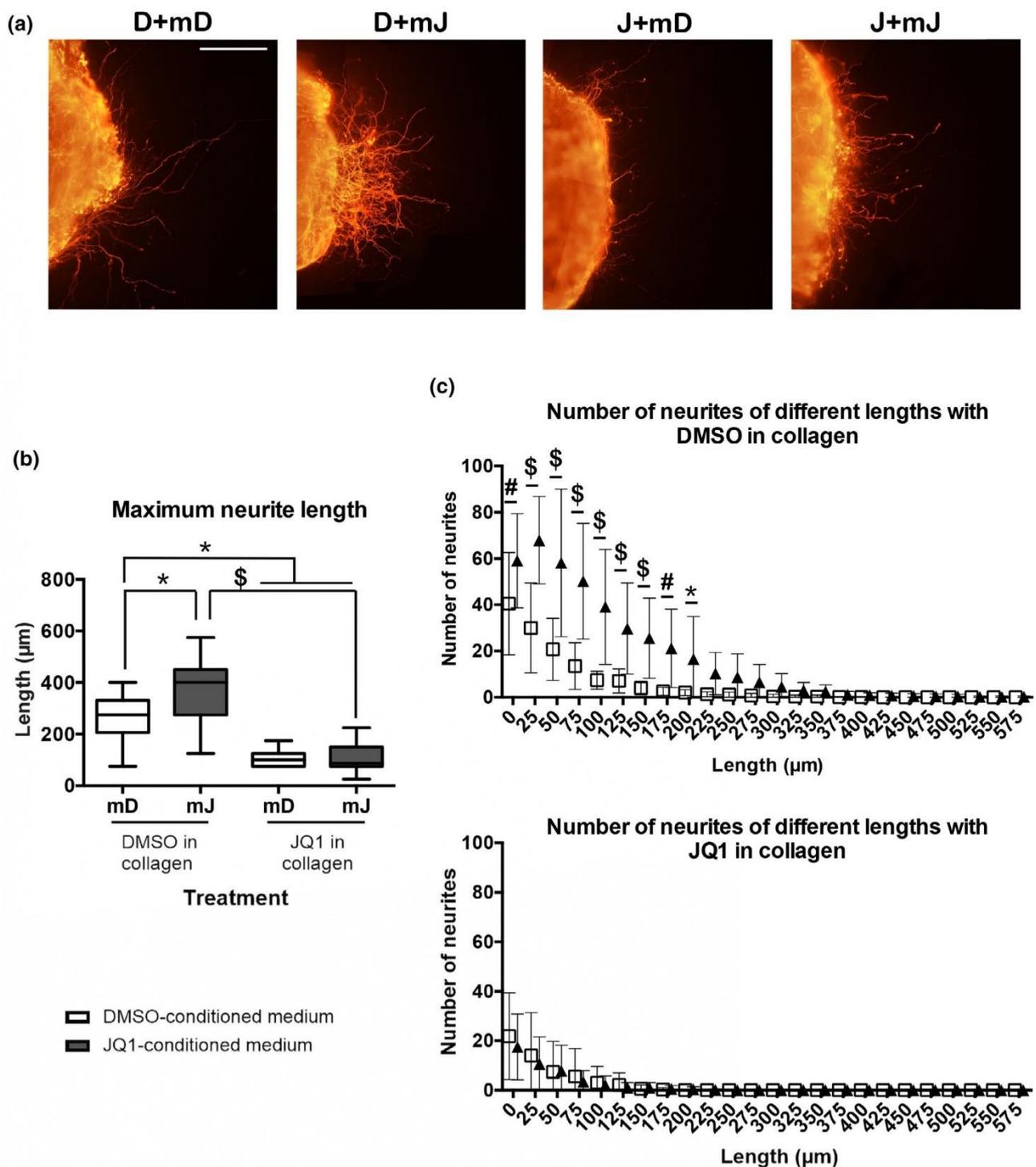


**FIGURE 4** BET protein inhibition reduces DRG neurite outgrowth ex vivo. (a) Representative images from DRG explants at  $\times 20$  magnification show that BET protein inhibition decreases neurite outgrowth proportionally to JQ1 concentration. Scale bar = 100  $\mu\text{m}$ . (b) BET inhibition with JQ1 reduces maximum neurite length. (c) JQ1 at 500 nM and 1000 nM significantly diminish the number of neurites of different lengths when compared to DMSO-treated ganglia. (d) The different concentrations of JQ1 used in vitro do not produce cell death. \* $p < 0.05$ , # $p < 0.01$ , % $p < 0.001$ , and \$ $p < 0.0001$  as calculated by one-way ANOVA with Tukey's multiple comparison test and two-way ANOVA analysis followed by Sidak's correction of multiple comparisons. Data shown as mean  $\pm$  SD or minimum to maximum in box and whisker graphs

neurite length of 370  $\mu\text{m}$  (Figure 5a,b). Since conditioned media from macrophages was concentrated by filtration, this media contained 20 times less of JQ1 small compound while increased the concentration of high molecular weight molecules secreted by macrophages. Thus, we can discard any direct effect of JQ1 on the cultured neurons. Therefore, these results indicate that BET-inhibited macrophages secrete pro-regenerative factors that stimulate neurite outgrowth.

Then, we wanted to assess if these pro-regenerative factors were also able to counteract the effects produced by direct BET protein inhibition on DRG neurons. For this purpose, JQ1 was added

into the collagen and the medium of DRG explants. When JQ1 was administered in the collagen, it reduced neurite outgrowth, despite the conditioned media added (Figure 5a,b). Significant differences were observed between D + mD (258  $\mu\text{m}$ ) and J + mD (107  $\mu\text{m}$ ), and between D + mJ (370  $\mu\text{m}$ ) and J + mJ (109  $\mu\text{m}$ ). In addition, contrarily to what we expected, JQ1 conditioned medium did not overcome the detrimental effects of direct BET inhibition on neurons, since there were no differences between J+ mD (107  $\mu\text{m}$ ) and J + mJ (109  $\mu\text{m}$ ) (Interaction  $F_{1,34} = 2.974$ ,  $p = 0.0937$ ; Row factor (conditioned media)  $F_{1,34} = 3.221$ ,  $p = 0.0816$ ; and Column factor



**FIGURE 5** Conditioned media from BET-inhibited macrophages enhance DRG neurite outgrowth. (a) Representative images from DRG explants at  $\times 20$  magnification show that media from BET-inhibited macrophages enhances neuritogenesis. Scale bar =  $100\ \mu\text{m}$ . (b) Conditioned media from BET-inhibited macrophages increases maximum neurite length in vitro. From left to right: DMSO in collagen + DMSO-conditioned medium (D + mD), DMSO in collagen + JQ1-conditioned medium (D + mJ), JQ1 in collagen + DMSO-conditioned medium (J + mD), and JQ1 in collagen + JQ1-conditioned medium (J + mJ). (c) Conditioned media from JQ1-treated macrophages increases the number of neurites of different lengths when DMSO is in collagen (upper graph). No significant differences are found between treatments regarding the number of neurites of different lengths when JQ1 is in collagen (lower graph). \* $p < 0.05$ , # $p < 0.01$ , and \$ $p < 0.0001$  as calculated by two-way ANOVA with Sidak's correction of multiple comparisons. Data shown as mean  $\pm$  SD or minimum to maximum in box and whisker graphs

(treatment)  $F_{1,34} = 41.86, p < 0.0001$ ) (Figure 5b). Hence, this experiment confirmed our hypothesis that cultured macrophages secreted factors that stimulated neurite growth when treated with JQ1.

To further corroborate our findings, we determined the number of neurites of different lengths. We found that DMSO-treated DRGs with JQ1 conditioned medium (D + mJ) had a significant increase in the number of neurites ranging from 0  $\mu\text{m}$  to 200  $\mu\text{m}$  (Figure 5c, top), when compared to DMSO-treated ganglia with DMSO-conditioned medium (D + mD) (Interaction  $F_{23,504} = 8.631, p < 0.0001$ ; Row factor (length)  $F_{23,504} = 48.89, p < 0.0001$ ; and Column factor (treatment)  $F_{1,504} = 152.6, p < 0.0001$ ). However, no significant differences were found between JQ1-treated DRGs with DMSO-conditioned medium (JQ1 + mD) and JQ1-treated DRGs with JQ1-conditioned medium (JQ1 + mJQ1) (Figure 5c, bottom) (Interaction  $F_{23,312} = 0.1894, p > 0.9999$ ; Row factor (length)  $F_{23,312} = 11.91, p < 0.0001$ ; and Column factor (treatment)  $F_{1,312} = 0.6133, p = 0.4342$ ). These results are consistent with the maximum neurite length analysis, as it demonstrates that JQ1-treated macrophages conditioned medium increased neurite outgrowth. Nonetheless, JQ1-conditioned medium did not overcome the negative effects of direct BET inhibition, probably due to the high concentration of JQ1 used in the ex vivo explants.

### 3.5 | Conditioned medium from BET-inhibited macrophages induce STAT6 phosphorylation in DRG explants

Our previous experimental study described that BET-inhibited macrophages increase anti-inflammatory cytokine expression of IL-4, IL-10, and IL-13 (Sanchez-Ventura et al., 2019). Moreover, former qPCR analysis demonstrates that JQ1 treatment at 4 dpo after sciatic nerve crush increases IL-4 and IL-13 cytokine transcription. As experimental evidence points that anti-inflammatory cytokines promote neurite outgrowth through acting on JAK/STAT pathways (Vidal et al., 2013), we aimed to determine the activation state of these pathways. For this purpose, DRG explants were treated with conditioned media from JQ1 or DMSO-treated macrophages. We found that ganglia treated with conditioned medium from BET-inhibited macrophages displayed a significant increase in the phosphorylation of STAT6 (Figure 6a,b, Figure S1), being 2.46 times higher than in DRGs treated with conditioned medium from DMSO-treated macrophages ( $t_3 = 3.278, p = 0.046$ ). However, no significant differences between treatments were found regarding the activation of STAT3 pathway (Figure 6c,d, Figure S1) ( $t_3 = 1.903, p = 0.153$ ). Thus, conditioned medium from BET-inhibited macrophages led to an increased phosphorylation of STAT6, probably through an enhanced release of IL-4 and IL-13 anti-inflammatory cytokines.

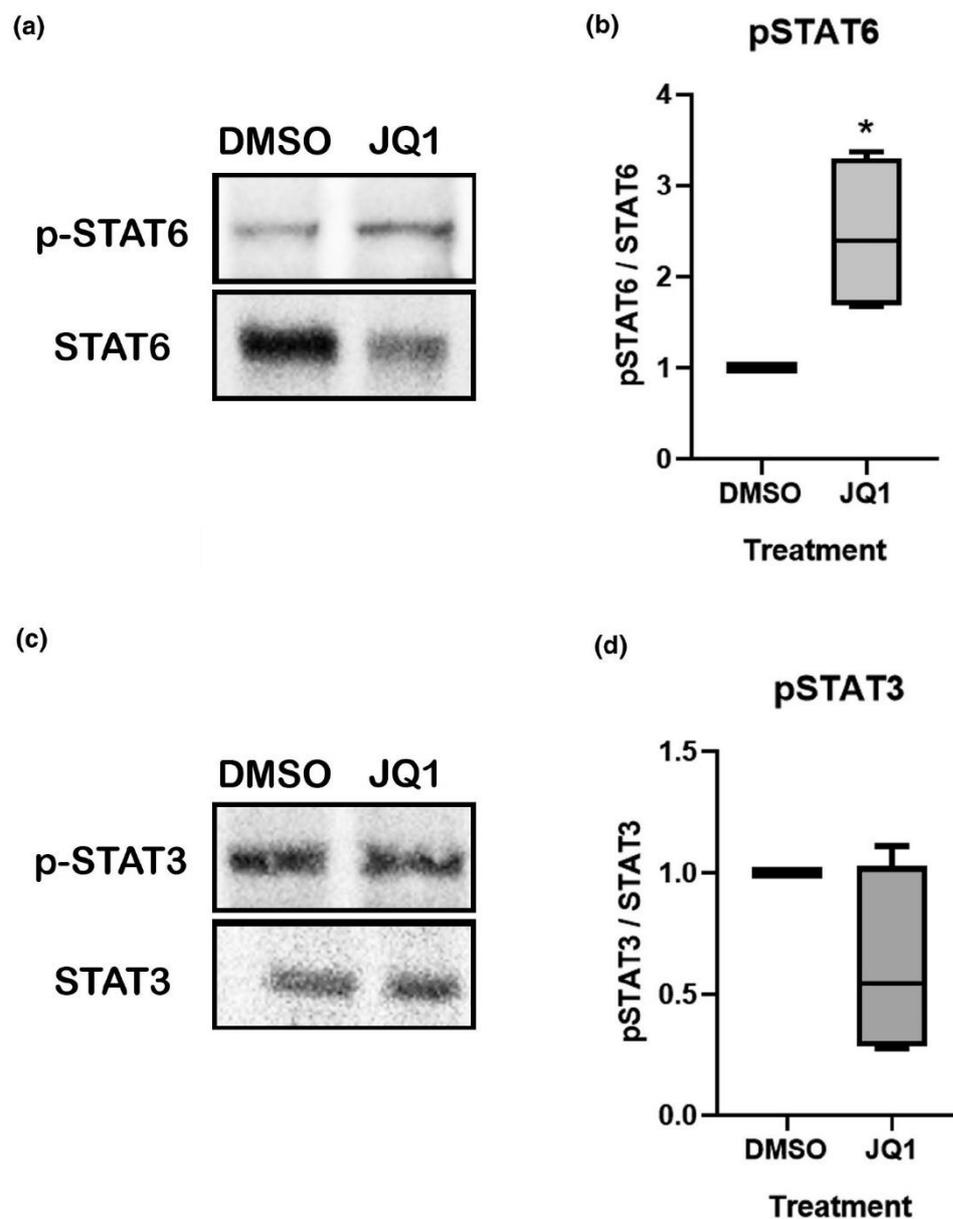
## 4 | DISCUSSION

In the present study we have analyzed the effects of BET inhibition on nerve regeneration in vivo and neurite outgrowth ex vivo.

Overall, BET inhibition after sciatic nerve crush injury in mice did not produce any effect on axonal regeneration. In contrast, direct inhibition of BET proteins in neurons ex vivo produced a decrease in neuritogenesis. However, BET-inhibited macrophages secrete pro-regenerative factors that promoted neurite outgrowth in DRG cultures, at least by enhancing the STAT6 pathway. Thus, specific targeting of BET proteins in macrophages may be needed to efficiently enhance axonal regeneration and functional recovery after PNI.

The effects of JQ1 treatment on axonal growth were first analyzed after sciatic nerve crush injury in mice. Results of the mRNA expression analysis demonstrated a reduced infiltration of macrophages when JQ1 treatment started at 2 hr postinjury, whereas a delayed treatment did not. In addition, an enhanced expression of IL-4 and IL-13 and GAP43 was found with the delayed treatment of JQ1. It is known that BET protein inhibition reduces chemokine expression in macrophages (Nicodeme et al., 2010; Sanchez-Ventura et al., 2019), which are essential for macrophage infiltration. Thus, we hypothesized that an early treatment with JQ1 would reduce macrophage infiltration, negatively affecting the development of Wallerian degeneration and consequently hindering future outcome. Therefore, we used a delayed treatment with JQ1 since it allows an early macrophage infiltration, which may be useful for further experiments. However, electrophysiological and histological results showed that the delayed treatment with JQ1 did not have any effect on sensory or motor reinnervation after injury. Mice were treated with 30 mg/kg/24 hr, which is the same dose we previously reported to have beneficial effects after spinal cord injury (Sanchez-Ventura et al., 2019). Besides, increasing doses of JQ1 could not be used since long-term administration of higher doses of JQ1 produce a reduction of body weight and eventual death of mice (data not shown). Further, it has been reported by other authors that doses over 50 mg/kg led to detrimental side effects on mice (Korb et al., 2015; Matzuk et al., 2012). Since no changes on nerve regeneration were observed in mice, to better decipher the action of BET proteins on axonal regeneration in neurons, we used DRG ex vivo cultures.

We observed that JQ1 reduced neurite growth when interacting directly with neurons in culture. The mechanisms producing neurite outgrowth inhibition are not known. Cell viability assay demonstrated that JQ1 was not toxic at the used concentrations, confirming the results of other authors in human mesenchymal stem cells and neurons (Bakshi et al., 2018; Li et al., 2020). It has been previously reported that treatment with JQ1 on cortical neurons produce gene repression of immediate early genes such as Arc and Fos Nr4a1 in response to BDNF external stimulation (Korb et al., 2015). Thus, it seems appropriate to hypothesize that JQ1 prevents the expression of genes associated with neurite growth in neurons. However, an exhaustive study remains to be performed to determine which neuronal genes are directly affected by BET inhibition. In addition, several authors have reported that JQ1 treatment leads to a decrease in mTOR phosphorylation (Jang et al., 2017; Li et al., 2019; Li et al., 2020). Therefore,



**FIGURE 6** STAT6 phosphorylation in DRG explants is produced by conditioned media from BET-inhibited macrophages. (a) Representative images obtained from western blots against p-STAT6 and STAT6 of DRGs treated with conditioned media from macrophages treated with JQ1 or vehicle. (b) Quantification of (a) showing that DRGs treated with conditioned media from BET-inhibited macrophages increase STAT6 phosphorylation relative to STAT6, compared to ganglia treated with conditioned media from DMSO-treated macrophages (DMSO). (c) Representative images from western blots against p-STAT3 and STAT3 of DRGs treated with conditioned media from macrophages treated with JQ1 or vehicle. (d) Quantification of (c) showing that there were no significant differences regarding the protein levels of p-STAT3 relative to STAT3 of DRGs treated with conditioned media from DMSO-treated macrophages and BET-inhibited macrophages. \* $p < 0.05$  as calculated by a paired  $t$  test. Data shown as minimum to maximum in box and whisker graphs

since it has been described that mTOR activation leads to neurite outgrowth and peripheral nerve regeneration (Abe et al., 2010; Chen, Lu, et al., 2016; Liu et al., 2019), it is also possible that BET inhibition in neurons could reduce the intrinsic regenerative capacity of neurons by decreasing the activation of mTOR pathway. Nonetheless, deeper research should be performed to confirm the former hypothesis.

Further studies demonstrated that the discrepancy of the JQ1 effect on axonal growth between the in vivo and ex vivo experimental settings could be accounted to the effect of BET inhibition in macrophages in vivo. Conditioned medium from JQ1-treated macrophages enhanced neurite outgrowth in DRG neurons, thus indicating that BET-inhibited macrophages secrete pro-regenerative factors that induce neuritogenesis. We have previously shown that treatment

with JQ1 to activated macrophages reduced the expression of pro-inflammatory cytokines, such as IL-6, IL-1b, and TNF $\alpha$ , and promoted the expression of anti-inflammatory cytokines IL-4, IL-10, and IL-13 (Sanchez-Ventura et al., 2019). In this study, we further corroborated an enhancement of the expression of IL-4 and IL-13 after crush injury with JQ1. Importantly, anti-inflammatory cytokines, secreted in the denervated distal nerve stump, have a clear role increasing the capacity of proximal axons to cross the lesion zone. It is known that animals lacking IL-10 regenerate worse than WT animals (Siqueira Mietto et al., 2015), and that the administration of IL-4 and IL-10 enhance axonal regeneration (Atkins et al., 2007; Vidal et al., 2013). Therefore, our results suggest that BET inhibition leads to an increase of anti-inflammatory cytokines that compensates the detrimental effects that JQ1 has on neurons in vivo by activating pathways able to increase axonal regeneration. In the ex vivo studies, conditioned medium from JQ1-treated macrophages was not able to overcome the inhibitory signaling of JQ1 present in the collagen matrix embedding the DRG, thus acting directly on neurons. We hypothesize that within these cultures, JQ1 is in higher concentrations than in the in vivo study in mice, producing a stronger effect on neuronal BET proteins in the culture than in vivo.

To determine if cytokines are the potential mediators promoting neurite growth of DRG explants, STAT3 and STAT6 phosphorylation was assessed. We did not observe any changes on STAT3 phosphorylation in DRG samples treated with conditioned media from BET-inhibited macrophages. STAT3 is activated through IL-6 and IL-10. In fact, IL-6 and IL-10 have been reported to produce neuronal regeneration through phosphorylation and concomitant activation of STAT3 (Chen, Lin, et al., 2016; Vidal et al., 2013). However, since our previous studies demonstrated that JQ1 reduces the expression of IL-6, which may compensate for the IL-10-enhanced expression (Sanchez-Ventura et al., 2019), we did not observe an effect on this pathway to explain the enhanced neuritogenesis. In contrast, we found an enhanced phosphorylation of STAT6 in DRG samples treated with conditioned media from BET-inhibited macrophages. The best known activators of STAT6 are IL-13 and IL-4 (Mori et al., 2016) which are, in turn, strongly induced by STAT6 itself (Czimmerer et al., 2018). In fact, we previously found that BET-inhibited macrophages secrete these cytokines (Sanchez-Ventura et al., 2019), and we confirmed these results after a crush injury in sciatic nerve. Since there are previous reports showing that these cytokines promote axonal regeneration (Vidal et al., 2013), the enhanced neuritogenesis in DRG explants observed by the secreted factors from BET-inhibited macrophages could be attributed, at least in part, to this pathway. It should be also considered that macrophages have two variants of IL-4 receptor (IL-4R) that are able to induce STAT6 phosphorylation. Type I IL-4R can also lead to IRS-2 phosphorylation and consequently to the activation of PIP3/Akt and Erk pathways (Czimmerer et al., 2018), which are also related to axonal regeneration (Hausott & Klimaschewski, 2019; Sajjilafu et al., 2013). Therefore, further studies should be performed, to also analyze the implication of the PIP3/Akt and ERK pathways on the neural outgrowth induced by BET-inhibited macrophages.

Finally, it should be also pointed out that we have only used females in this study, which may be a limitation for deciphering potential sex differences. Since differential regenerative capacities between males and females is controversial (Kovacic et al., 2004; Wood et al., 2012), a further study with male mice may be performed to obtain a complete vision of the results obtained.

In conclusion, this study demonstrates that BET protein inhibition in macrophages provides a suitable condition to enhance axonal outgrowth, and brings insight on the relevance of the anti-inflammatory cytokines IL-13 and IL-4 and the STAT6 pathway in axonal regeneration. Thus, BET proteins are an effective target to improve axonal regeneration. However, a specific targeting of BET inhibition in macrophages would be needed to efficiently enhance functional recovery after PNI.

## DECLARATION OF TRANSPARENCY

The authors, reviewers and editors affirm that in accordance to the policies set by the *Journal of Neuroscience Research*, this manuscript presents an accurate and transparent account of the study being reported and that all critical details describing the methods and results are present.

## ACKNOWLEDGMENTS

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## CONFLICT OF INTEREST

The authors declare that they have no conflict of interest.

## AUTHOR CONTRIBUTIONS

GP and CP performed methodology, investigation and formal analysis. GP, XN and CP performed writing and manuscript preparation. XN and CP did funding acquisition. CP performed study conception and supervision.

## PEER REVIEW

The peer review history for this article is available at <https://publons.com/publon/10.1002/jnr.25036>.

## DATA AVAILABILITY STATEMENT

The raw data can be found in the Universitat Autònoma de Barcelona repository, <https://ddd.uab.cat/record/243396>

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#### SUPPORTING INFORMATION

Additional supporting information may be found in the online version of the article at the publisher's website.

**FIGURE S1** Uncropped images of WB from DRGs treated with media from DMSO- (marked as V) and JQ1-treated macrophages (referred as J). (a) Pictures of samples from the first and second culture. (b) Membranes belonging to the third culture  
Transparent Science Questionnaire for Authors

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# Chapter 3

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**BRD4 prevents anti-inflammatory cytokine transcription in macrophages by binding to their promoters**



## **BRD4 prevents anti-inflammatory cytokine transcription in macrophages by binding to their promoters**

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### **Abstract**

Inflammation is a physiological mechanism that protects the organism against damage and provides favorable conditions for tissue repair. However, dysregulation of the inflammatory response can lead to delayed recovery, chronic pain, and to development of inflammatory diseases. Thus, research has focused on elucidating the molecular pathways that control the expression of pro- and anti-inflammatory mediators. Epigenetic post-translational modifications have been found to exert a pivotal role in the regulation of the inflammatory response. Particularly, acetylation facilitates the expression of inflammatory genes by inducing chromatin relaxation and favoring the recruitment of transcription-promoting factors. Nevertheless, the molecular mechanisms behind the production of anti-inflammatory mediators remains partly unknown.

In this regard, the Bromodomain and Extraterminal domain (BET) protein family constitutes a group of epigenetic readers that detect acetylated residues in both histone and non-histone proteins. Although the impact of BET proteins on pro-inflammatory mediator secretion has been described, little is known about the role of these reader proteins on the production of anti-inflammatory mediators. In this study, we analyzed the outcome of BET-inhibition on inflammation by using the small-molecule JQ1, a pan-BET inhibitor with high affinity towards the BET family member BRD4. We confirmed that JQ1 raised the transcription of anti-inflammatory cytokines, while decreased the expression of pro-inflammatory mediators in primary macrophages. Moreover, knockdown of BRD4 and CHD4 *in vitro* increased the transcription of the anti-inflammatory cytokines IL-4 and IL-13, suggesting that both proteins were potentially repressing the expression of these anti-inflammatory mediators. Finally, we determined that under physiological conditions BRD4 and CHD4 are recruited in the IL-13

promoter and upon JQ1 treatment both proteins are released from this genetic region. Thus, we suggest that BRD4 and CHD4 proteins prevent the transcription of IL-13, and probably of IL-4, by creating a repressive complex in their promoters. In conclusion, this study sheds light on the regulatory mechanisms behind the production of anti-inflammatory mediators and provides two novel targets for modulating the immune response.

## **Introduction**

Inflammation is a physiological mechanism that defends the organism against pathogens and creates a favorable environment to resolve tissue damage and facilitate repair. However, chronic inflammation can have detrimental consequences, including increased chronic pain, delayed recovery, and the development of inflammatory diseases. In the case of chronic neuroinflammation, it also contributes to the etiopathogenesis of neurodegenerative disorders such as multiple sclerosis, Alzheimer's and Parkinson's disease (Scotece & Conde-Aranda, 2022). Thus, considering that inflammation intervenes in health and sickness of various body systems, there is considerable interest on unraveling the regulatory mechanisms of the inflammatory response.

In this context, it is well-known that NF- $\kappa$ B signaling plays a pivotal role in conducting the immune response by controlling the expression of inflammatory genes (D. Li & Wu, 2021). However, it has been reported that epigenetic modifications also participate in inflammation. Particularly, acetylation is a key mechanism that orchestrates early and late inflammatory gene transcription (Saccani, Pantano, & Natoli, 2001). In this regard, it is worth noting that histone acetylation can be subjected to environmental alterations. For instance, lipopolysaccharide (LPS) stimulation promotes the acetylation of H3 and H4 histones, facilitating DNA accessibility on promoters or enhancers of pro-inflammatory genes like TNF- $\alpha$  and IL-12b (Lauterbach et al., 2019; K. E. Sullivan et al., 2007). Additionally, several studies have shown that alterations on the expression of histone deacetylases negatively affect LPS-induced gene expression (W. F. Fang et al., 2018; Wu, Li, Hu, & Kang, 2019). Thus, considering the relevance of acetylation in immunoregulatory events, epigenetic readers of acetylated histones could be relevant tools for modulating inflammation.

Bromodomain and Extra terminal domain (BET) proteins are a family of epigenetic readers that bind to acetylated residues of histone and non-histone proteins. This family is comprised

of four members, BRD2, BRD3, BRD4 and BRDT (Hajmirza et al., 2018; Liu et al., 2021). The most studied enzyme of the BET family is BRD4, which has been closely associated with inflammatory events. Mechanistically, the histone acetyltransferase p300/CBP, acetylates at its lysine 310 the NF- $\kappa$ B subunit p65/RelA (Bhatt & Ghosh, 2014; B. Huang et al., 2009). Then, the epigenetic reader BRD4 binds to the acetylated subunit of the p65/RelA, promoting the recruitment of the positive transcription elongator factor (pTEFb) complex, and thus facilitating the expression of NF- $\kappa$ B genes (Hajmirza et al., 2018; B. Huang et al., 2009). To note, BET inhibitors decrease LPS-induced pro-inflammatory cytokine transcription, and we previously observed that they also raise anti-inflammatory cytokine expression when given after spinal cord and nerve injuries (Nicodeme et al., 2010; Palomes-Borrajo, Navarro, & Penas, 2022; Sanchez-Ventura et al., 2019). Further, previous results from our laboratory showed that primary macrophages treated for 2 hours with the BET inhibitor JQ1 *in vitro* display increased expression of IL-4, IL-10, and IL-13 cytokines (Sanchez-Ventura et al., 2019). Additionally, conditioned media from JQ1-treated macrophages enhances neurite outgrowth in DRG explants through the STAT6 pathway, whose activation depends on IL-4 and IL-13 anti-inflammatory mediators (Junttila, 2018; Palomes-Borrajo et al., 2022). Despite evidence suggest that BET proteins may modulate anti-inflammatory cytokine expression, the regulation behind these events remains unknown.

Thus, in the present study we aimed to elucidate the mechanism by which BET proteins, and particularly BRD4, affect anti-inflammatory cytokine transcription. We hypothesized that under physiological conditions BRD4 may form a repressor complex on promoters of anti-inflammatory genes preventing their transcription. Then, upon BET inhibition, which promotes BRD4 release from the chromatin, there would be a disassembly of the repressive complex, facilitating the transcription of anti-inflammatory cytokines.

Regarding potential partners that can constitute the mentioned repressor complex, it has been described that the extra terminal region of BRD4 has high binding affinity to the Chromodomain-helicase-DNA-binding protein 4 (CHD4) and Nuclear Receptor Binding SET Domain Protein 3 (NSD3) (Rahman et al., 2011). However, NSD3 has a short isoform that lacks the methyltransferase activity and serves as a scaffold between the chromatin remodeler CHD8 and BRD4 (Shen et al., 2015). Specifically, CHD8 has been described to have both activator and transcriptionally repressor properties (Hurley et al., 2021). In addition, it has

been reported that the chromatin remodeler CHD4 belongs to the repressor complex Nucleosome-Remodeling Deacetylase (NuRD) (Micucci et al., 2015). Apart from their repressor function, both proteins have been linked to regulatory roles in hematopoietic cells. For instance, CHD4 controls hematopoietic cell lineage renewal and differentiation, and intervenes in Th2 lymphocyte differentiation (Hosokawa et al., 2013; Micucci et al., 2015; Yoshida et al., 2008). Whereas CHD8 is responsible for the maintenance of the hematopoietic stem cell lineage pool (Nita et al., 2021). Considering their repressor role and their influence on hematopoietic cells, we aimed to assess if CHD4 or CHD8 might be co-repressors along BRD4 of anti-inflammatory cytokine transcription.

In this study, we investigated the effects of BET-inhibition in the transcription of anti-inflammatory and pro-inflammatory cytokines, by using JQ1 as a treatment on primary macrophages. We also assessed the potential contribution of BRD4 and CHD4 on the regulation of anti-inflammatory cytokine expression.

## **Materials and methods**

### **Bone Marrow Derived Macrophage (BMDM) culture**

C57BL6/J female mice were euthanized with intraperitoneal administration of pentobarbital and disinfected with 70% ethanol. Femurs and tibias were extracted from the animals, and bone epiphyses were removed to flush the bone marrow with chilled PBS using a 10 mL syringe and 26G needle. Cells were centrifuged at 500 RCF for 10 minutes and cultured in 100 mm petri dishes with DMEM/F12 medium containing 10% fetal bovine serum (FBS), 1% penicillin-streptomycin (P/S) and L-glutamine. Macrophage colony stimulating factor (M-CSF) was added at a concentration of 10 ng/ml. Medium was replaced every three days. At 8 days in vitro (div) cells were seeded at different densities depending on the experiment and M-CSF was added at 10 ng/ml.

For assessing the cytokine profile, macrophages were seeded in a 12-well plate with a density of  $3.5 \times 10^5$  cells/well, using the medium indicated above. At 10 div cells were treated with vehicle DMSO or JQ1 at 1000 nM during 6h, with or without a pre-treatment with LPS (100 ng/mL) during 1h. This resulted in four experimental conditions: DMSO, DMSO+LPS, JQ1 and JQ1+LPS. For protein cytokine analysis, the medium from macrophage cultures was snap frozen in liquid nitrogen. Whereas to assess RNA cytokine analysis, cells were lysed with lysis

buffer from RNeasy Micro kit (Qiagen) containing 1/100  $\beta$ -mercaptoethanol. A total of 4 independent cultures was set for determining the transcriptional and secreted cytokine profile.

### **Detection of secreted cytokines**

Medium from macrophages was processed using the Miliplex MAP Mouse Cytokine/Chemokine magnetic bead panel (Milipore) following the manufacturer's protocol. Samples were then analyzed on a Luminex (Milipore) reader, following manufacturer's instructions.

### **Silencing of CHD4, CHD8 and BRD4 proteins**

For BRD4 knockdown, macrophages were seeded at 8 div with a density of  $4 \times 10^5$  cells/well in 12-well plate containing DMEM/F12 medium enriched with 10 % FBS, 1 % P/S and L-glutamine. M-CSF was added to the medium at a concentration of 10 ng/ml. At 10 div culture medium was replaced by Accel siRNA delivery media (Horizon) containing 3 % fetal bovine serum. Cells were treated with Accel non-targeting control siRNA #1 (Horizon, Catalog ID: D-001910-01-05) or with Accel Mouse BRD4 siRNA-SMARTPool (Horizon, Catalog ID: E-041493-00-0005) at 1  $\mu$ M concentration and M-CSF added at 10 ng/ml. At 13 div DMEM/F12 containing 10 % FBS, 1 % P/S and L-glutamine was added at 1/4 proportion considering the final volume per well. M-CSF was also added at the same concentration. Cells were collected at 14 div for RNA extraction. A total of 4 independent cultures was set for BRD4 silencing.

For CHD4 and CHD8 knockdown, BMDMs were separated in falcons at 10 div with a density of  $3 \times 10^6$  cells/condition and cells were electroporated using an Amaxa Nucleofector device (Lonza). The knockdown was performed following the manufacturer's guidelines of the Mouse Amaxa Nucleofector Kit (Lonza) and using ON-TARGETplus Mouse Chd4 siRNA-SMARTPool (Horizon, Catalog ID: L-052142-00-0005), ON-TARGETplus Mouse Chd8 siRNA-SMARTPool (Horizon, Catalog ID: L-063710-00-0005) and ON-TARGETplus Mouse Control-SMARTPool (Horizon, Catalog ID: D-001910-01-05). Cells were seeded in a 60 mm petri dish with DMEM/F12 containing 10 % FBS, 1 % P/S and L-glutamine. At 13 div cells were recovered for further RNA extraction. A total of 3 independent cultures were established.

### **Cell viability assay from BMDM culture**

Differentiated macrophages were seeded at 8 div at a density of 30,000 cells/well in a 96-well plate. At 10 div cells were treated in duplicates with Accel non-targeting control siRNA or with Accel Mouse BRD4 siRNA-SMARTPool (Horizon) at 1  $\mu$ M concentration. M-CSF at 10 ng/ml was added in the Accel treated wells. The remaining seeded wells had their media replaced with factor, except for two duplicates that were left without M-CSF. Wells deprived from factor were used as cell death positive controls. At 13 div DMEM/F12 containing 10 % FBS, 1 % P/S and L-glutamine was added at 1/4 proportion considering the final volume per well. M-CSF was added again to all conditions, except to the duplicates left without M-CSF.

At 14 div an MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay was performed to determine cell viability. Media was replaced with media containing 0.15 mg/mL MTT. The culture was maintained at 37°C for 3 hours to finally lyse the cells with DMSO. Absorbance was read out through a spectrophotometer (Bio-tek) at 560 nm and 600 nm wavelength using KC Junior software. Readings were normalized against untreated cells with M-CSF to obtain the percentage of survival. A total of 4 independent cultures were performed.

### **Chromatin immunoprecipitation (ChIP)-qPCR**

At 8 div primary BMDMs were seeded at a density of  $\sim 5 \times 10^6$  cells per condition in 100 mm petri dishes. At 10 div cells were treated with DMSO or JQ1 1000 nM for an hour. Then, samples were crosslinked with 1% formaldehyde (Sigma) for 10 minutes and quenched with 0,125 M of glycine for 5 minutes. Cells were washed with PBS, collected in 15mL tubes (Falcon) and frozen at -80 °C. Pellets were resuspended in 0,25 mL of Lysis buffer (1%SDS, 10mM EDTA and 50nM Tris-Hcl pH=8) containing protease (Sigma) and phosphatase (Roche) inhibitors at 1x. Samples were then transferred to Bioruptor tubes and finally sonicated using a Bioruptor Pico (Diagenode) at 4°C during 8 cycles (30 seconds ON and 30 seconds OFF). DNA size of sonicated samples was validated to be from 300 bp to 1000 bp in a 1% agarose gel. After size determination samples were centrifuged at 4°C and 15000g for 10 minutes. The supernatant was kept and used for chromatin immunoprecipitations with antibodies pre-bound to A/G-protein beads (Sigma and Invitrogen). The antibodies used for immunoprecipitation are listed in Table 1.

Name	Immunogen	Manufacturer, catalog number, RRID, host	Concentration and application
BRD4 Polyclonal Antibody	BRD4	Bethyl Laboratories – Thermo fisher, Cat#A301-985A50, RRID: AB_2631449, Rabbit, polyclonal	3 µg, ChIP
Recombinant Anti-CHD4 Antibody	CHD4	Abcam, Cat#ab240640, RRID: RRID:AB_2941814, Rabbit, monoclonal	3 µg, ChIP
Normal Rabbit IgG	IgG	Cell signaling technology, Cat#2729, RRID: AB_1031062, Rabbit	3 µg, ChIP

**Table 1:** Antibody list

Immunoprecipitated DNA was de-crosslinked and digested with RNase A (Invitrogen) and Proteinase K (Thermo Fisher Scientific). DNA was purified using the Clean-Easy PCR Purification Kit (Canvax Biotech) and used for quantitative PCR. A total of three independent cultures were set to assess chromatin immunoprecipitation at IL-13 promoter and two independent cultures were established to assess provisional tendencies at IL-4 promoter. Primers used for ChIP-qPCR are displayed in table 2. The IL-4 ChIP primer is located 345 bp before the transcription start site (TSS), whereas the IL-13 ChIP primer is directly located in the TSS.

### **RNA isolation, Reverse transcription PCR and quantitative PCR**

RNA was extracted using the RNeasy Micro Kit (QIAGEN) following the manufacturer's guidelines. RNA quantification was performed with a NanoDrop 1000 Spectrophotometer (Thermo Fisher Scientific) and reverse-transcribed using the High-capacity cDNA Reverse Transcription kit (Applied Biosystems – Thermo Fisher Scientific). The expression of target genes was determined through qPCR using iTaq Universal SYBR Green Supermix (BioRad) and the corresponding primers (Table 2, see next page). Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as a housekeeping gene.

Gene	Forward primer: 5'– 3'	Reverse primer: 3'– 5'
Mouse Arg1	GTGAAGAACCCACGGTCTGT	CCAGAGATGCTTCCAAGTGC
Mouse BRD2	CCCACCCATCAGTCATCTCT	GGGGTGGTAGTATCCGCTTT
Mouse BRD3	AAGAAGGCCAACAGCACAAC	CCCTCCTCCTTCTCCTCTGA
Mouse BRD4	TGCTCAGAGTGGTGTCTCAAG	TCCCATATCCATGGGTGTTT
Mouse CHIP IL-13	GCATGCCTTCTGCTTGTCTTGA	GAAGTGGAAATCTGCCTCCGTC
Mouse CHIP IL-4	ACTTTCTTGATATTACTCTGTCTTTCC	GTTGCCACTGGCTCTCCTC
Mouse CHD4	CAAGGCCAAGACCAAGGAG	CCCAGCTTGATCTTCAGAGG
Mouse CHD8	CAGCCAGTAAAGGGTTCAGC	AGGACCAAAGTGATGCGTTT
Mouse CD206	ATTGTGGAGCAGATGGAAGG	ATTTGCATTGCCAGTAAGG
Mouse GAPDH	TGGCCTCCGTGTTCTCTAC	GAGTTGCTGTTGAAGTCG
Mouse IL-1 $\beta$	CTTCAAATCTCACAGCAGCACATC	CCACGGGAAAGACACAGGTAG
Mouse IL-4	GGCTTTCCTCTTTCCACTC	AGCCGCCATGAGAGCTAAG
Mouse IL-6	AACCACGGCCTTCCCTACTTCA	TCATTTCCACGATTTCCAGAG
Mouse IL-10	GCTGAGACTTTCGCTCCTCTC	AGCTCCAAGGCACCTGTTC
Mouse IL-13	TCCAATTGCAATGCCATCTA	TGGGCTACTTCGATTTTGGT
Mouse TNF- $\alpha$	AGGCACTCCCCAAAAGATG	TCACCCCGAAGTTCAGTAGAC

**Table 2:** Primer list.

## Statistical analysis

Results were analyzed using GraphPad Prism 7 software and differences were considered significant when  $p < 0,05$ . For statistical analysis of mRNA expression and secreted proteins, a One-way ANOVA for multiple comparisons with Tukey's correction was performed. The qPCR values for BRD4 knockdown were statistically analyzed through a T-test. For the CHIP experiment at the IL-13 promoter, a Sidak's Two-way ANOVA was assessed using treatment and the antibody selected for immunoprecipitation as factors. For all experiments data is shown in bar graphs as mean  $\pm$  SEM.

## Results

### **BET-inhibition by JQ1 reduces pro-inflammatory cytokine secretion, and increases anti-inflammatory cytokine transcription in macrophages**

In the previous chapter we observed that the conditioned medium from JQ1-treated macrophages increased neurite outgrowth through the STAT6 pathway, which is activated under the influence of IL-4 and IL-13 (Junttila, 2018; Palomes-Borrajo et al., 2022). However, we did not test the presence of these anti-inflammatory mediators in the macrophage-derived

media. To address this issue, we aimed to determine if the conditioned media used in the former experiment contained IL-4 and IL-13.

Firstly, we assessed the transcriptional profile of macrophages treated with the BET inhibitor JQ1 and its effects after LPS-mediated macrophage activation. We observed that the transcription profile of IL-4 and IL-13 was not affected by LPS stimulation. However, treatment with JQ1 for 6 hours significantly raised the expression of both anti-inflammatory cytokines with an average of 5,42-fold for IL-4 and 3,91-fold for IL-13 (Figure 1A). These effects on anti-inflammatory cytokine transcription were counteracted when BET-inhibition occurred after LPS pre-activation, which returned their expression close to basal levels.

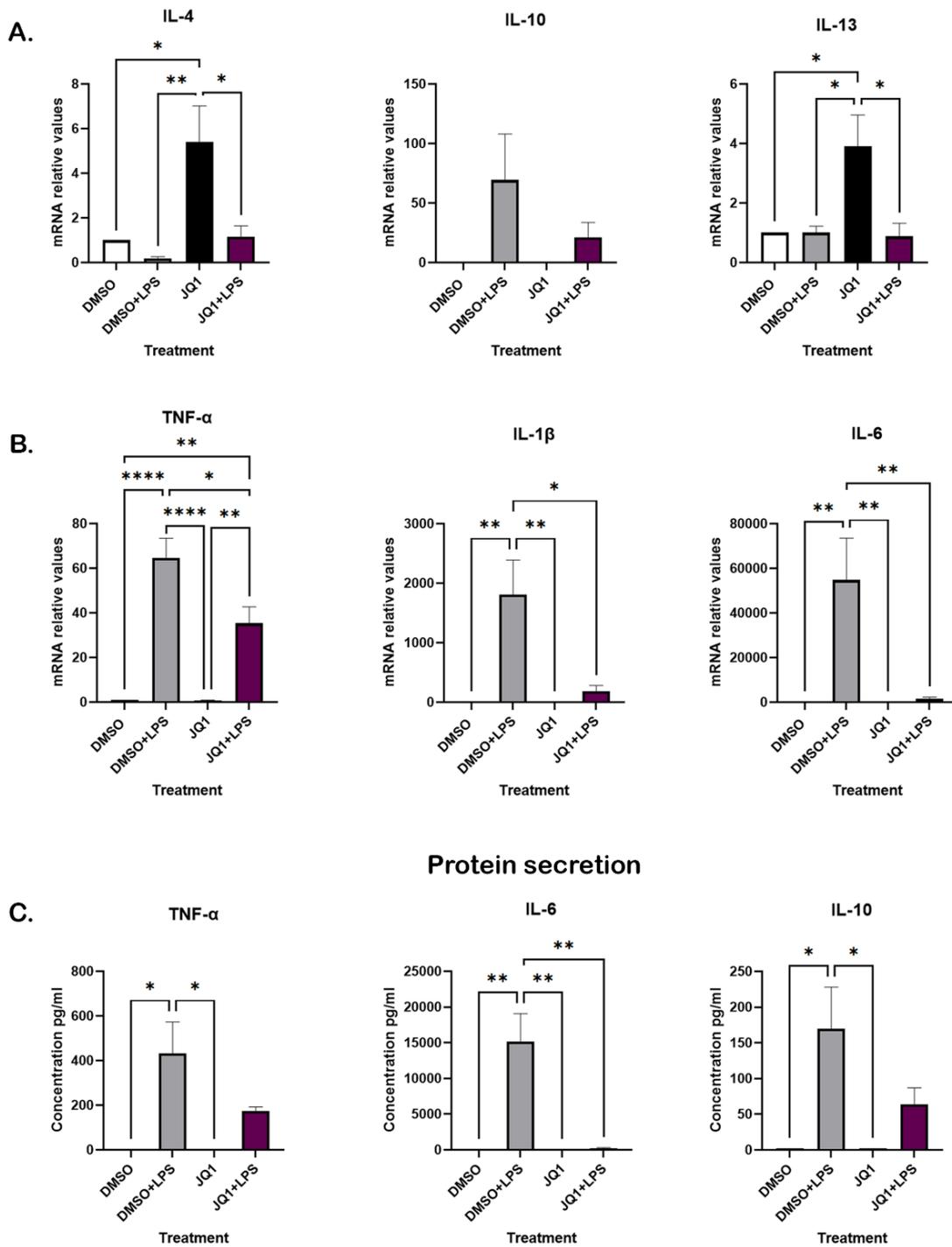
This pattern differed when considering the anti-inflammatory cytokine IL-10, which transcription is influenced by LPS (Barsig et al., 1995). We detected a raise on IL-10 expression after LPS activation, although it was not significant. Although, BET inhibition alone did not alter the transcription levels of this cytokine, JQ1 treatment displayed a tendency of downregulating IL-10 expression on macrophages that underwent previous LPS stimulation (Figure 1A).

Regarding the pro-inflammatory cytokines TNF- $\alpha$ , IL-1 $\beta$  and IL-6, BET-inhibition significantly reduced the effects of LPS transcriptional activation (Figure 1B). Thus, JQ1 and LPS carry out opposing roles. While LPS counteracts the increase of IL-4 and IL-13 transcription carried out after BET-inhibition, JQ1 prevents the transcription of inflammatory mediators conducted by LPS.

Next, we assessed the protein levels of secreted cytokines present in the macrophage's media. In the assay we were only able to detect the secreted form of TNF- $\alpha$ , IL-6 and IL-10. These three inflammatory mediators followed a similar pattern than their respective mRNA analysis, where their secretion was upregulated after LPS stimulation. JQ1 treatment after LPS activation significantly reduced the transcription of IL-6. Although TNF- $\alpha$  and IL-10 followed a similar dynamic, the decrease on their expression was not significant (Figure 1C).

To summarize, JQ1 treatment for 6 h raises the transcription of the anti-inflammatory cytokines IL-4 and IL-13. However, we were unable to detect their secreted form in the macrophage-derived conditioned medium. In addition, BET protein inhibition in activated macrophages downregulates the transcription and secretion of pro-inflammatory mediators.

## Transcription profile of BMDMs



**Figure 1:** BET-inhibition with JQ1 increases anti-inflammatory cytokine transcription while decreasing the pro-inflammatory profile of macrophages. A) JQ1 increases IL-4 and IL-13 anti-inflammatory cytokine gene expression. B) JQ1 treatment decreases the LPS-induced transcription of IL-1β, IL-6 and TNF-α. C) BET-inhibition impairs the LPS dependent protein secretion. \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\*\* $p < 0.0001$  as calculated by a One-way ANOVA for multiple comparisons followed by Tukey's correction. Results are shown in bar graphs as mean  $\pm$  SEM. N= 4 independent cultures.

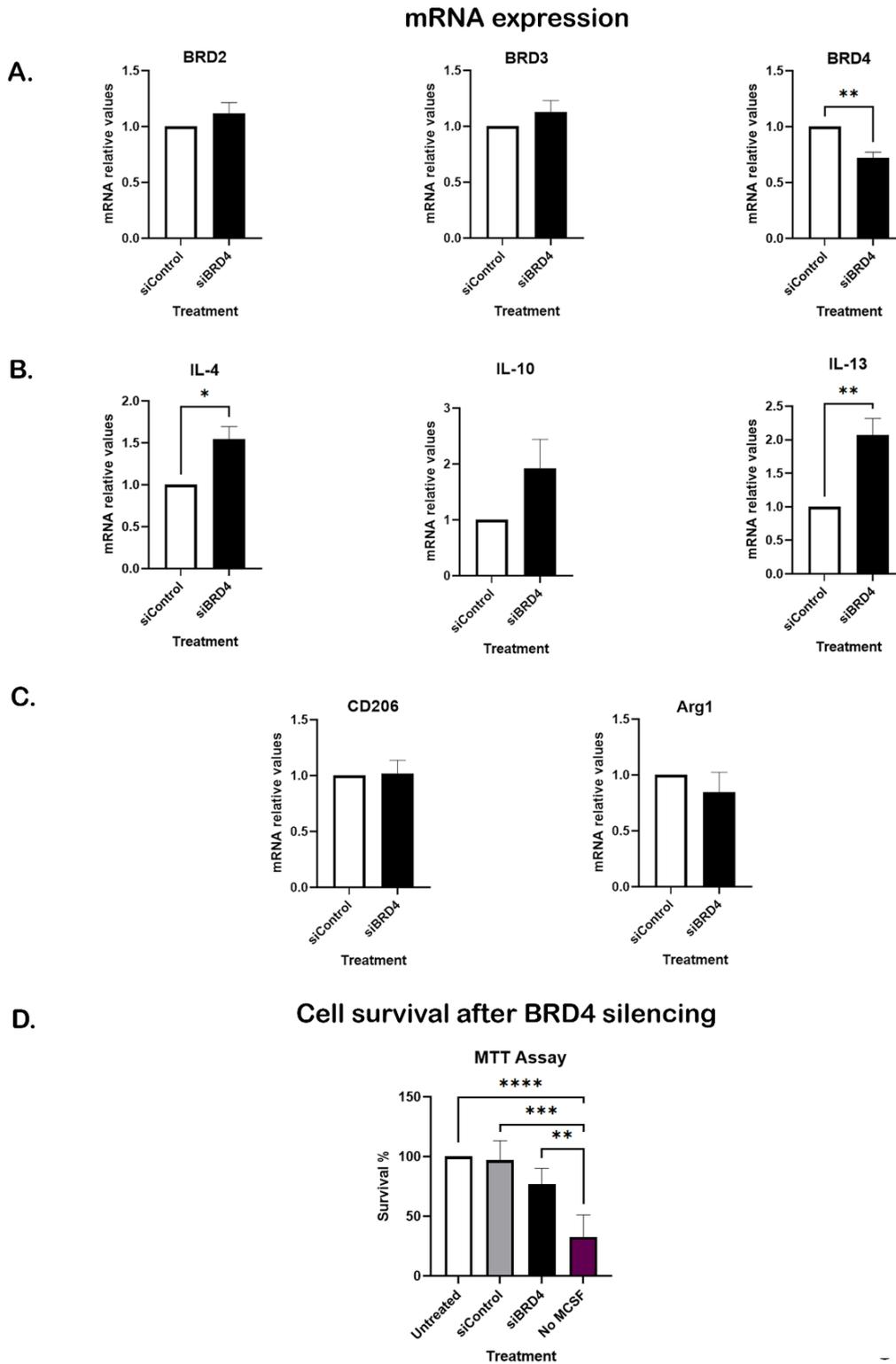
Thus, BET proteins seem to play a role in regulating the inflammatory response in macrophages.

### **BRD4 knockdown increases the transcription of the anti-inflammatory cytokines IL-4 and IL-13 without affecting macrophage viability**

Since JQ1 treatment enhances the transcription of the anti-inflammatory cytokines IL-4 and IL-13, it can be hypothesized that in basal conditions BET proteins may be preventing anti-inflammatory cytokine expression. Provided that JQ1 is a pan-BET inhibitor, we aimed to underscore which BET protein may be implicated in the repression of these anti-inflammatory mediators. As BRD4 is associated with inflammation and its preferentially targeted by JQ1, we performed a knockdown to assess its potential role as a regulator of IL-4 and IL-13 transcription (Filippakopoulos et al., 2010; Hajmirza et al., 2018).

Knockdown of BRD4 using short interference RNA (siRNA) resulted in significant downregulation of its transcription, up to 27.6%, without altering the expression of the other BET proteins. This ensures that any alteration observed in cytokine transcription can be directly attributed to BRD4 instead of other members of the BET protein family (Figure 2A). BRD4 knockdown led to a significant increase on the transcription of IL-4 and IL-13, which were upregulated 1.54-fold and 2.06-fold respectively. The expression of the cytokine IL-10 displayed a tendency to increase after BRD4 silencing, but these changes were not significant (Figure 2B). Finally, there were no differences in the transcription of the M2 polarity markers Arginine 1 (Arg1) and Cluster of differentiation 206 (CD206) under BRD4 knockdown (Figure 2C).

In addition, BRD4 has been reported to compromise development and proliferation of resident peritoneal macrophages on a BRD4<sup>fl/fl</sup> LysM-Cre transgenic mouse strain (Dey et al., 2019). However, in our conditions, silencing of BRD4 did not significantly affect macrophage viability, that had a survival rate of 77% (Figure 2D). Thus, our results suggest that BRD4 could be repressing the expression of IL-4 and IL-13 anti-inflammatory cytokines in basal conditions without compromising macrophage viability.



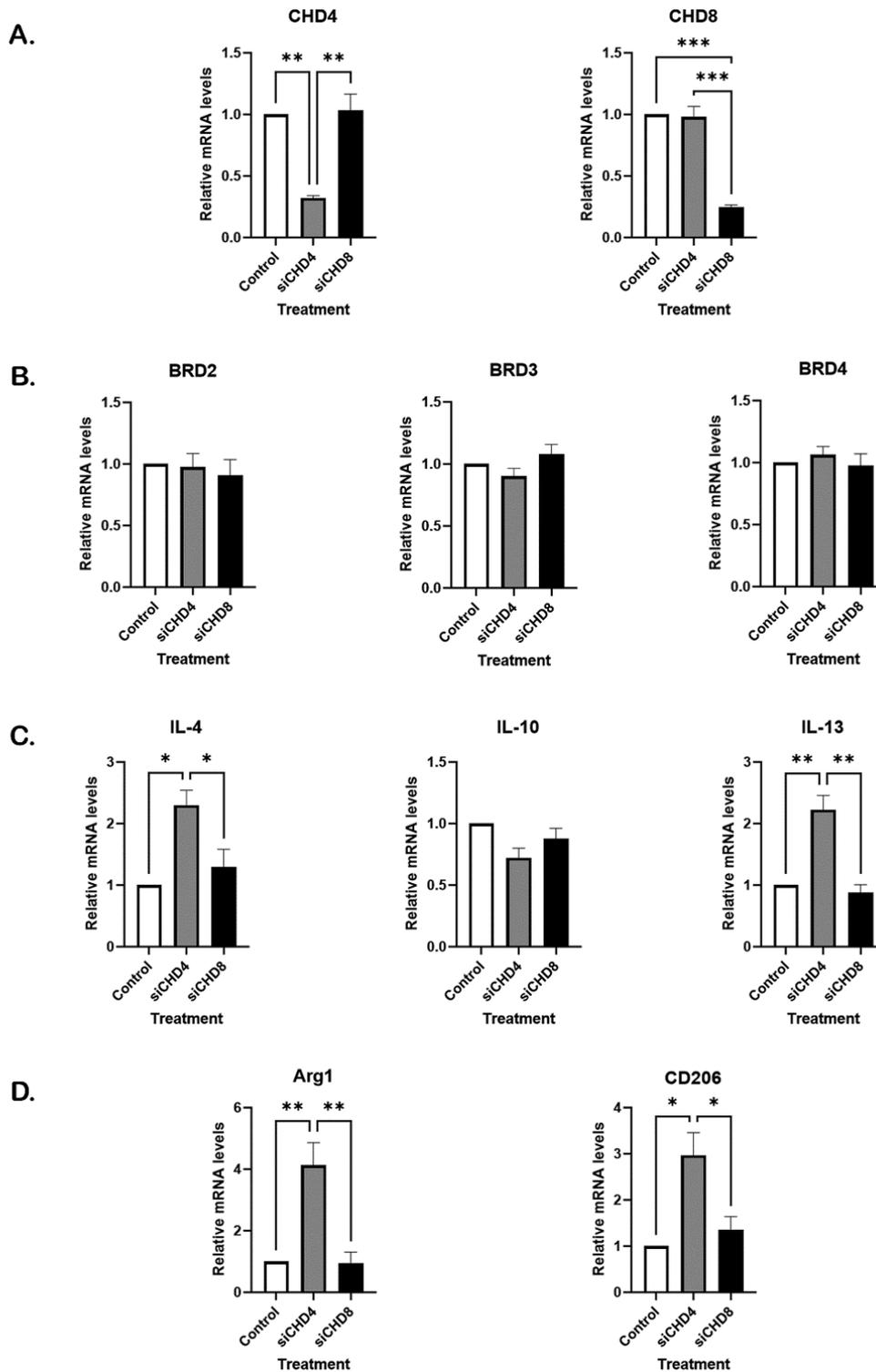
**Figure 2:** BRD4 prevents anti-inflammatory gene expression and does not affect macrophage viability. A) Knockdown of BRD4 did not affect other BET family members. B) siBRD4 increases IL-4 and IL-13 transcription. C) BRD4 knockdown does not alter the transcription of the M2 polarity markers CD206 and Arg1. D) BRD4 silencing does not affect macrophage survival. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  and \*\*\*\* $p < 0.0001$  as calculated by a T-test. Results are displayed as mean  $\pm$  SEM. A total of  $n=4$  independent cultures were used for the transcriptional profile after BRD4 knockdown and for the cell survival assay.

### **CHD4 silencing raises anti-inflammatory cytokine transcription**

Since BRD4 is an epigenetic reader and we observed that it hinders anti-inflammatory cytokine production, we intended to assess if it binds to other proteins forming a repressor complex that prevents IL-4 and IL-13 transcription. As BRD4 has high binding affinity with the repressive proteins CHD4 and CHD8, we studied them as possible partners.

We performed knockdown using siRNA against CHD4 and CHD8, which were significantly downregulated, leaving an expression of 32% for CHD4 and 24% for CHD8. Moreover, knockdown of both repressors did not affect the transcription of each other, allowing the attribution of any altered parameter to the silenced target (Figure 3A). To assess that alterations on the cytokine transcriptional profiles were due to the knockdown of the repressor candidates, we also assessed possible alterations on the profile of BET proteins. In this regard, we did not observe any variation on the expression of the members of the BET protein family (Figure 3B).

Concerning anti-inflammatory cytokines, silencing of CHD4 significantly raised the transcription of IL-4 and IL-13 anti-inflammatory mediators about 2-fold. In contrast, knockdown of CHD8 did not induce any changes in the expression of both cytokines. Coinciding with the observations made after JQ1 treatment and BRD4 silencing, the anti-inflammatory cytokine IL-10 was unaffected under siCHD4 and siCHD8 administration (Figure 3C). We also assessed if CHD4 and CHD8 knockdowns affected M2 macrophage polarity and found that siCHD4 significantly upregulated the transcription of the M2 markers Arg1 and CD206 a total of 4-fold and 2,9-fold each (Figure 3D). These results prove that CHD4 is preventing the expression of the anti-inflammatory cytokines IL-4 and IL-13, suggesting that it may be a repressive partner of BRD4.



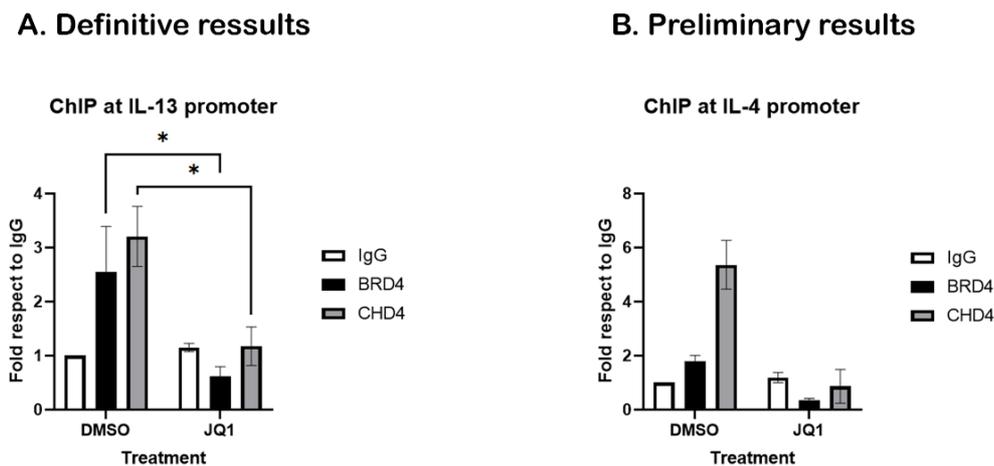
**Figure 3:** CHD4 represses IL-4 and IL-13 transcription. A) Knockdown successfully reduced the expression of each target gene without affecting the other repressor candidate. B) BET protein expression was unaffected after CHD4 and CHD8 silencing. C) CHD4 knockdown increased IL-4 and IL-13 transcription. D) siCHD4 raised the expression of the M2 polarity markers Arg1 and CD206. \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $p < 0.001$  as calculated by a One-way ANOVA for multiple comparisons followed by Tukey's correction. Results are shown in bar graphs as mean  $\pm$  SEM. N=3 independent cultures.

## BRD4 and CHD4 prevent IL-13 transcription by binding to its promoter

We hypothesized that under physiological conditions BRD4 may form a repressor complex on promoters of anti-inflammatory genes preventing their transcription. Then, upon BET inhibition there would be a release of the repressive complex from the DNA, facilitating IL-4 and IL-13 expression. To prove our hypothesis, we aimed to demonstrate that both BRD4 and CHD4 proteins bind to the promoters of IL-4 and IL-13 genes and that JQ1 treatment disrupts this binding.

For this purpose, we performed ChIP-qPCR of BRD4 and CHD4 proteins. The results show that basal binding at the IL-13 promoter was of 2.5-fold for BRD4 and 3.2-fold for CHD4 with respect to IgG. This union was interrupted in macrophages treated with the BET inhibitor JQ1, where there was a significant release of BRD4 and CHD4 from the IL-13 promoter. Specifically, when JQ1 was used as a treatment, binding at the promoter region of IL-13 was 0.6-fold for BRD4 and 1.2-fold for CHD4 with respect to IgG (Figure 4A). Thus, in basal conditions BRD4 and CHD4 bind to the IL-13 promoter and upon BET-inhibition they disassemble from chromatin.

We observed a similar tendency on IL-4, where BET-inhibition seems to reduce the union of BRD4 and CHD4 at the IL-4 promoter (Figure 4B). Nevertheless, we need to replicate the IL-4 experiment for these observations to be conclusive.



**Figure 4:** BRD4 and CHD4 bind to IL-13 promoter under physiological conditions and are released upon JQ1 treatment. A) JQ1 disrupts the union of BRD4 and CHD4 at the IL-13 promoter. B) Preliminary results of BRD4 and CHD4 union at IL-4 promoter. \* $p < 0.05$ , as calculated by a Two-way ANOVA for multiple comparisons followed by Sidak's correction. Results are shown in bar graphs as mean  $\pm$  SEM.  $N=3$  independent cultures for IL-13 promoter and  $n=2$  independent cultures for the preliminary study in the IL-4 promoter.

Thus, these results demonstrate that BRD4 and CHD4 bind to the IL-13 promoter, and probably to the IL-4 promoter. Then, upon JQ1 stimulation these proteins release from the chromatin, presumably facilitating anti-inflammatory cytokine transcription.

## Discussion

Inflammation is a complex mechanism subjected under epigenetic control. However, few studies had focused on unraveling the role of epigenetic readers in inflammatory events. In this study, we provide information about the role of BET proteins on anti-inflammatory cytokine production. Specifically, we assessed the consequences of pan-BET inhibition and BRD4 knockdown, on the inflammatory transcriptional profile of macrophages. We also determined that BET-inhibition by JQ1 promotes the release of the repressor proteins BRD4 and CHD4 from the IL-13 promoter, probably facilitating its transcription in primary macrophages. Thus, this study provides new insights and possible targets to regulate the expression of anti-inflammatory mediators.

BET inhibition using JQ1 in cultured macrophages increased the transcription of IL-4 and IL-13 anti-inflammatory cytokines, while it negatively regulated the LPS-induced pro-inflammatory mediators TNF- $\alpha$ , IL-1 $\beta$  and IL-6. Next, using medium from the same samples, we determined the concentration of secreted cytokines employing Luminex technology. We observed that JQ1 treatment significantly decreased the secretion of the LPS-induced protein IL-6. Additionally, the LPS-regulated cytokines TNF- $\alpha$  and IL-10 followed a similar dynamic although the reduction was not significant. Overall, these results are concordant with other scientific reports. In fact, our laboratory had previously observed that cultured macrophages treated with 1  $\mu$ M of JQ1 for 2 hours had an increase on the transcription of IL-4 and IL-13 (Sanchez-Ventura et al., 2019). However, in that experiment an increase on IL-10 transcription was also reported, a change that was not observed in the present study. Probably the discrepancy regarding IL-10 gene expression is due to the different time exposure to treatment, which was longer in our present investigation. Moreover, our results are also coincident with those of Nicodeme et al. who reported that BET-inhibition using I-BET762 downregulates LPS-induced gene expression (Nicodeme et al., 2010). On the other hand, there are conflicting results on the effects of BET-inhibition on TNF- $\alpha$  transcription. For instance, it has been described in transcriptomic studies that the pro-inflammatory cytokine TNF- $\alpha$  was not affected by I-BET762

and JQ1 in macrophages (Das et al., 2015; Nicodeme et al., 2010). Contrarily, the use of JQ1 in the macrophage cell line RAW 264.7 and after spinal cord injury promoted the downregulation of TNF- $\alpha$  transcription (S. Meng et al., 2014; Sanchez-Ventura et al., 2019). These differences between studies could be attributed to the compound, cell type or the duration of treatment. Thus, further studies should clarify this issue.

Paradoxically, in our research we did not identify the presence of the secreted anti-inflammatory cytokines IL-4 and IL-13 in the macrophages' medium, although we observed an increase on their transcription upon JQ1 treatment. We attribute this discrepancy to the selected assay for protein detection, which may have not enough sensibility. To support this idea, we observed that upon LPS stimulation the transcription of pro-inflammatory genes is upregulated more than 70-fold, and the decrease with JQ1 treatment is around the same magnitude. In the case of anti-inflammatory cytokines, the increase of anti-inflammatory gene expression with JQ1 is less than 6-fold. Thus, although there is an increase in anti-inflammatory cytokine transcription, the rate of transcription is very different between IL-4 and IL-13 compared to the rest of cytokines. Thus, to solve this issue we could further perform a proteomic analysis or use a qPCR-based ELISA kit which have higher sensibility and could possibly allow to identify these proteins. Nevertheless, with an appropriate assay we would expect to detect IL-4 and IL-13, as we previously observed that conditioned media from BET-inhibited macrophages that followed the same treatment was able to activate STAT6 pathway in dorsal root ganglia explants (Palomes-Borrajo et al., 2022).

Provided that BET inhibition increased the transcription of anti-inflammatory mediators in macrophages, we hypothesized that BET proteins may form a repressor complex on the promoters of anti-inflammatory cytokines preventing their expression in basal conditions. Then, with JQ1 treatment, the BET-repressor complex would release from the promoters of anti-inflammatory cytokines allowing IL-4 and IL-13 transcription. Provided that BRD4 is the BET family member that has been more closely related to inflammation (Hajmirza et al., 2018; B. Huang et al., 2009), we performed a knockdown of this protein in primary macrophages. As a result, BRD4 silencing raised the transcription of the anti-inflammatory mediators IL-4 and IL-13, without affecting other BET family members. However, after BRD4 knockdown we did not observe an increase on the expression of the M2 polarity markers *Arg1* and *CD206*. These results differed from what we expected, as anti-inflammatory cytokines trigger M2 polarity in

macrophages (Morris, Kershaw, & Babon, 2018). Nevertheless, science reports also indicate that BET inhibition does not lead to M2 polarization. In fact, mice that received JQ1 treatment after spinal cord injury did not display alterations on these polarity markers (Sanchez-Ventura et al., 2019). Additionally, animals that underwent a BRD4 knockout in macrophages have been reported to display a fall of M2 markers and diminished M1 responses under IFN- $\gamma$  stimulation (Dey et al., 2019; Sanchez-Ventura et al., 2019). Thus, it seems that although BRD4 enhances the expression of anti-inflammatory mediators it also may trigger a pathway that compromises macrophage polarity. In this regard, a study made in ovarian cancer cell lines indicated that JQ1 treatment for 72 hours downregulated the expression of the Janus Kinases JAK1, JAK2 and JAK3 (Bagratuni et al., 2020). These proteins phosphorylate STAT proteins, a step necessary for their translocation to the cell nucleus. Thus, it could be that BRD4 knockdown in macrophages is inhibiting JAK1 or JAK2 pathways and subsequently not activating STAT6, preventing the acquisition of the M2 phenotype in macrophages (Morris et al., 2018). Nevertheless, more research should be done to address this issue.

We also observed that BRD4 knockdown *in vitro* did not compromise cell viability. This result coincides with a study made in microglia *in vitro*, but differs from an *in vivo* experiment that pointed that macrophage specific BRD4 KO compromises development and proliferation of resident peritoneal macrophages (Dey et al., 2019; Matuszewska, Cieslik, Wilkaniec, Strawski, & Czapski, 2022). Concerning these discrepancies, it is possible that the differences reside in the maturation stage of cells. Whereas cultured cells are already differentiated, *in vivo* cells are in variable maturity stages. Nevertheless, considering cell viability and macrophage polarization, we must acknowledge that it could also be possible that BRD4 knockdown is not efficient enough to detect alterations in those parameters. Thus, it would be suitable to establish a stronger knockdown method and observe the effects on cell viability and macrophage polarity. It would be also convenient to assess the effects of the knockdown of other members of the BET protein family, as it has been described that BRD2 can also be involved in inflammatory events (Belkina et al., 2013).

Next, we aimed to assess if BRD4 could conform a repressor complex with other proteins preventing IL-4 and IL-13 expression. We considered the proteins CHD4 and CHD8 as possible candidates, as they form part of repressor complexes, are involved with the hematopoietic lineage and have been found to bind the extra terminal domain of BRD4 (Hurley et al., 2021;

Rahman et al., 2011; Shen et al., 2015). We observed that upon CHD4 silencing there was an increase in the transcription of IL-4 and IL-13 anti-inflammatory mediators, without affecting the expression profile of BET proteins. These effects were not observed by knocking down CHD8. Thus, evidence suggest that CHD4 could be repressing the secretion of anti-inflammatory cytokines on physiological conditions.

To note, CHD4 and CHD8 are epigenetic readers that belong to the Chromodomain superfamily. Chromodomains (CHDs) are ATP-dependent chromatin remodeling enzymes that utilize ATP hydrolysis to promote nucleosome sliding and alter chromatin conformation (Boulasiki, Tan, Spinelli, & Riccio, 2023). Specifically, CHD4 is included in the NuRD repressive complex, and can bind to epigenetic modifications on histone 3 (Boulasiki et al., 2023; Mansfield et al., 2011). The former complex is comprised by many proteins, between them special interest resides in the histone deacetylases (HDAC1 and 2) which removes acetylation marks from the histone tails closing the chromatin conformation (Boulasiki et al., 2023). Nevertheless, recent evidence proved that CHD4 can also promote alterations in DNA disposition without depending on other NuRD complex proteins (Zhong et al., 2020). Thus, the repressive mechanism of CHD4 in physiological conditions could reside in the deacetylase activity of the NuRD complex or in the intrinsic capacity of CHD4 of promoting nucleosome displacement. Future research should elucidate by which concrete mechanism CHD4 is preventing anti-inflammatory cytokine transcription by analyzing HDAC activity. In addition, CHD4 knockdown raised the expression of M2 polarity markers in macrophages. In this regard, it has already been assessed that CHD4 contributed to the induction of Th2 cell identity on undifferentiated CD4 lymphocytes (Hosokawa et al., 2013). Thus, it is possible that CHD4 triggers a similar effect on macrophages being an important catalyzer of M2 polarization.

Finally, we observed that JQ1 treatment released BRD4 and CHD4 from the promoter of IL-13, which confirmed our hypothesis. However, the experiment should be replicated for the IL-4 promoter to achieve definitive results suitable for statistical analysis. In addition, further experiments should validate by co-immunoprecipitation the formation of a BRD4-CHD4 complex in the promoter of these anti-inflammatory cytokines in primary macrophages.

## **Conclusions**

In conclusion, this study provides insights on the relation between BRD4 and IL-4/IL-13 anti-inflammatory cytokine transcription and suggests two new valuable targets to regulate inflammation in multiple diseases.

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# Chapter 4

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## **Influence of LSD1 on neurite outgrowth and nerve regeneration**



## **Influence of LSD1 on neurite outgrowth and nerve regeneration**

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### **Abstract**

Recovery after nerve injury relies in mechanisms that enhance axonal regeneration and facilitate successful reinnervation of target organs. Nowadays, there are not available treatments to improve the functional outcome after severe nerve injuries, and patients usually remain with deficits during a lifetime. Thus, research of novel strategies to improve nerve regeneration after injury is essential.

LSD1 is a lysine demethylase that targets H3K4me<sub>2</sub>/me<sub>1</sub> and H3K9me<sub>2</sub>/me<sub>1</sub>, leading to gene repression and expression respectively. In this study, we investigated the possible role of LSD1 in nerve regeneration. We first found that LSD1 inhibition using RN-1 increases neurite outgrowth in DRG explants. We also identified that LSD1 inhibition enhances the expression of RAGs in the sciatic nerve, spinal cord, and dorsal root ganglion of mice after sciatic nerve injury. Specifically, RN-1 treatment raises the expression of Sox11, a transcription factor of utmost importance in the axonal regeneration program. Although RN-1 leads to a positive regulation of RAGs, it does not improve motor and sensory axon regeneration, nor affects the development of Wallerian degeneration. In conclusion, this study provides evidence of the positive influence of LSD1 inhibition in neuroplasticity, although more refined strategies must be developed to use this epigenetic enzyme as a target to enhance regeneration after nerve injury.

### **Introduction**

Peripheral nerve injuries (PNI) lead to the interruption of the continuity of axons within the nerve, disconnecting the nervous system from the target organs. PNI causes paralysis, loss of sensibility and of autonomic control of the denervated territory and leads to serious

complications such as neuropathic pain. Altogether, negatively impacting the patient's functional status and quality of life. Although injured axons can regrow to some extent, the regenerative process is usually incomplete and functional deficits can last a lifetime (Navarro et al., 2018). Nowadays, there are no available treatments that allow complete functional restoration, and therapy is limited to surgical repair when indicated, and to rehabilitation measures. Thus, research on novel therapeutic targets that improve functional outcome after injury is necessary.

LSD1 is a histone demethylase important for brain function and neuronal development, whose alterations have been linked to several neurodegenerative diseases (D. Kim, Kim, & Baek, 2021). LSD1 removes methyl groups from histone 3 at its lysine 4 (H3K4) and 9 (H3K9), promoting repression and activation of gene expression, respectively (Maiques-Diaz & Somerville, 2016). The impact of LSD1 on neuronal function is controversial, pointing to an incomplete understanding of its biological actions within the nervous system. Alternative splicing of LSD1 generates a neuronal isoform (LSD1n), which specific genetic deletion impairs neuronal maturation and neurite outgrowth (Rusconi, Grillo, Toffolo, Mattevi, & Battaglioli, 2017; Zibetti et al., 2010). Although, LSD1n expression has been classically associated with neurite growth, recent research has suggested that the responsible for increasing neurite outgrowth is the overexpression of the phosphorylated form of LSD1n (Thr369bAsp) (Toffolo et al., 2014; Zibetti et al., 2010). Specifically, phosphorylated LSD1n loses the capacity to recruit the corepressors CoREST and HDAC1/2. Thus, it may be that LSD1n phosphorylation acts as a negative regulator of LSD1n, impairing its activity and promoting neurite extension (Toffolo et al., 2014).

Considering ubiquitous LSD1, its neuronal deletion promotes neurodegeneration in hippocampus and brain cortex (Christopher, Myrick, et al., 2017). However, inhibition of LSD1 has been found to reduce neurological deficits in several neuropathological conditions, suggesting a role in enhancing neuroplasticity. ORY-2001, a brain penetrant inhibitor of LSD1 corrected memory deficits in the Senescence Accelerated Mouse Prone 8 (SAMP8) model for accelerated aging and Alzheimer's disease, as well as reduced aggression and improved social behavior (Maes et al., 2020). In this context, this treatment upregulated the expression of genes related to synaptic plasticity, neurogenesis and memory, and downregulated genes

overexpressed in SAMP8 mice and in AD patients within the hippocampus. In addition, combined administration of the class I histone deacetylase inhibitor Romidepsin and the LSD1 inhibitor GSK-LSD1 ameliorated clinical deficits of Autism spectrum disorder (ASD) in a model of adult Shank3-deficient mice by restoring NMDAR synaptic function in pyramidal neurons (Zhang et al., 2021). Other studies reported beneficial effects of LSD1 inhibition by promoting neuroprotection in an Experimental Autoimmune Encephalomyelitis (EAE) induced model (Cavalcanti et al., 2022), in a mouse model of Amyotrophic Lateral Sclerosis (ALS) (Choi et al., 2022), and after spinal cord injury (Gu et al., 2021). In general, these studies pointed out that neuroprotective effects were produced by reducing the alterations of gene expression produced by the pathology and by enhancing autophagic flux.

Therefore, since inhibition of LSD1 and LSD1n have been previously related to neuroprotection and neuroplasticity, we aimed to ascertain the effects of global LSD1 inhibition to promote axonal regeneration after injury. Thus, we hypothesized that global LSD1 inhibition using RN-1 could promote neurite growth in DRG neurons and may lead to axonal regeneration after nerve injury.

## Materials and methods

### DRG explant culture

Ten-week-old female C57BL6/J mice (Charles River Laboratories) were euthanized with pentobarbital (200 mg/kg i.p.). Lumbar DRGs were extracted using sterilized surgery tools and were preserved in chilled Gey's balanced salt solution containing 0.6% glucose. Connective tissue and roots were removed and DRGs were placed between two droplets of a collagen mixture in 24 well plates. The collagen mixture consisted of 446.43  $\mu$ l of rat collagen type 1 (Corning), 50  $\mu$ l MEM 10X medium, 2  $\mu$ l 7.5% sodium bicarbonate (Gibco), and 1.57  $\mu$ l PBS. Then, the wells were filled with culture medium: Neurobasal, 1x B-27, 1% penicillin-streptomycin, 0.5% glucose, 0.5% glutamax and 100 ng/mL murine  $\beta$ -NGF (Peprotech). RN-1 dissolved in DMSO at 500nM, 1000nM or 2000nM, or the vehicle DMSO, were added as a treatment on the same day. Culture was maintained for two days prior to fixation with 4% paraformaldehyde (PFA) for 30 minutes. A total of 3 independent cultures were made per condition.

### Neurite growth analysis

After fixation, DRG explants underwent several washes with TBS-Tween 0.1% and were then incubated for 1 hour in citrate buffer heated until boiling temperature. Then, samples were washed again and incubated with increasing concentrations of methanol (50%, 70% and 100%). After further washes, the samples were incubated in TBS-triton 0.3% with 5% normal donkey serum and anti-H-Neurofilament antibody for 48h at 4°C (see Table 1) Samples were then washed with TBS-Tween 0.1% and incubated overnight at 4°C with TBS-triton 0.3% containing 5% normal donkey serum and Alexa fluor 594 donkey anti-mouse. Samples underwent several washes before being incubated with DAPI diluted in TBS. Finally, samples were washed, dried, and mounted with Fluoromount-G (Southern Biotech).

Name	Immunogen	Manufacturer, catalog number, RRID, host	Concentration and application
PGP 9.5 (UCHL1)	PGP9.5	CEDARLANE Cat# CL7756AP, RRID: AB_2792979, rabbit, polyclonal	1/500, IHQ
RT-97	Neurofilament-H	DSHB Cat# rt97, RRID: AB_528399, mouse, monoclonal	1/200, IHQ
Donkey anti-Mouse Secondary Antibody, Alexa Fluor™ 594	IgG (H+L)	Thermo Fisher Scientific Cat# A-21203, RRID: AB_141633, donkey, polyclonal	1/200, IHQ
Donkey anti-Rabbit Secondary Antibody, Alexa Fluor™ 594	IgG (H+L)	Thermo Fisher Scientific Cat# A-21207, RRID: AB_141637, donkey, polyclonal	1/200, IHQ
DAPI		Sigma-Aldrich Cat#D9564-10MG	1/5000 in pads 1/1000 in DRG

**Table 1:** List of antibodies used in the study.

The immunolabeled DRGs were observed at X20 in an Olympus BX51 microscope and images were captured through a DP73 camera. Microphotographs at 200x of overlapping territories of the DRGs were acquired and merged with Adobe Photoshop 2020 software. Neurite length and number were determined using an Image J plugin known as Neurite J (Torres-Espin, Santos, Gonzalez-Perez, del Valle, & Navarro, 2014). The software facilitated values of the longest neurite and the number of neurite intersections at every 25µm steps. The analysis was performed blindly regarding to culture treatment.

**DRG dissociated neuron cultures and cell viability assay**

Animals were euthanized with pentobarbital and DRGs were extracted, as above. Samples were cleaned from debris and washed before undergoing an enzymatic digestion for 20 minutes at 37 °C with a solution consisting of trypsin 1x, collagenase 1x, and DNase (1 mg/ml) diluted in Hank's Balanced Salt Solution (HBSS, Gibco). The enzymatic digestion was arrested with the addition of DMEM/F12 containing 10% FBS and L-glutamine. Next, samples underwent mechanical digestion and were filtered through a 70µm cell strainer to be later centrifuged at 900 rpm for 7 minutes. The pellet was resuspended in Neurobasal A medium with 2% B-27, 2% glucose at 30%, 1% glutamine, and 1% penicillin and streptomycin. Cell density was determined using a Neubauer chamber. A total of eight wells were seeded per animal in a 96-well plate pre-treated with Poly-D-Lysine (0.01 mg/mL) and laminin (2 µg/mL). Each well contained 5,000-6,000 cells and the medium was replaced after 2h.

Two days after the stabilization of the culture, cells were treated in duplicates with the vehicle DMSO, 500nM RN-1, 2000nM RN-1, or 5 µg cisplatin for 48 hours. This last compound was used as a positive control of cell death. To determine cell viability, the medium was replaced with medium containing 0.15 mg/mL MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide) and kept at 37°C for 2 hours. Cells were then lysed with DMSO and absorbance was read out in a spectrophotometer (Bio-tek) at 560 nm and 600 nm wavelength using the KC Junior software. Blank was subtracted and readings were normalized against control to obtain the percentage of survival. A total of four independent cultures were performed.

**Animals and nerve injury**

Animal procedures were approved by the Animal Experimentation Ethical Committee of the Universitat Autònoma de Barcelona (code 10306) and followed the European Commission Directive 2010/63/EU on the protection of animals for scientific purposes. Ten-week-old female C57BL6/J mice (Charles River Laboratories) were used in all the *in vivo* experiments. Animals had access to food and water *ad libitum* and were kept under a 12-hour light cycle. For the surgical procedure, mice were anesthetized by intraperitoneal injection of ketamine (90 mg/Kg) and xylazine (10 mg/Kg) diluted in saline. The sciatic nerve of the right hindlimb was exposed and subjected to a crush injury, at 45 mm from the tip of the third

digit. The injury was conducted by applying pressure with Dumont #5 forceps 3 times during 30 seconds in different orientations. Then, muscle and skin were closed by suture, and the wound disinfected with iodine solution. Operated animals were kept in a warm environment until recovered from anesthesia, and closely supervised during the post-operation follow-up. Operated animals were administered daily by intraperitoneal injection of vehicle (5% DMSO and 5% Tween-80 in saline) or RN-1 (1,52 mg/kg) diluted in vehicle. In the short-term regeneration assay, treatment started at two different time points: at 2 hours post-operation (0 dpo) or at 3 dpo. Then, at 7 dpo the animals were terminated for molecular analyses. In the degeneration and the long-term regeneration studies, animals begun the treatment 2 hours after surgery and were euthanized at 7 and 29 dpo. To avoid any possible bias, animals from both treatments were mixed in the same cages.

### mRNA expression

Mice from the short-term regeneration study were euthanized with pentobarbital at 7dpo and then perfused in saline. Fresh tissue from the sciatic nerve, spinal cord and L4-L6 DRGs were extracted and snap frozen in liquid nitrogen. Spinal cord samples were later sectioned to keep a 4mm ventral lumbar section for RNA extraction. Samples were lysed using a TissueRuptor (QIAGEN) and QIAzol lysis reagent (QIAGEN) following manufacturer's guidelines. The aqueous phase obtained from the protocol was then processed with RNeasy MiniKit (QIAGEN) following the producer's instructions.

Gene	Forward primer: 5'– 3'	Reverse primer: 3'– 5'
Mouse $\beta$ -III tubulin	CGGCAACTATGTAGGGGACT	CATGGTTCAGGTTCCAAGT
Mouse BDNF	TGCAGGGGCATAGACAAAAGG	CTTATGAATCGCCAGCCAATTCTC
Mouse GAP43	CTGCTGTCACTGATGCTGCT	GGTTTGGCTTCGTCTACAGC
Mouse GAPDH	TGGCCTCCGTGTTCTTAC	GAGTTGCTGTTGAAGTCG
Mouse IL-4	GGCTTTCCTCTTCCCACTC	AGCCGCCATGAGAGCTAAG
Mouse IL-6	AACCACGGCCTTCCCTACTTCA	TCATTTCCACGATTTCCAGAG
Mouse IL-10	GCTGAGACTTTCGCTCCTCTC	AGCTCCAAGGCACCTGTTC
Mouse IL-13	TCCAATTGCAATGCCATCTA	TGGGCTACTTCGATTTTGGT
Mouse Sox11	TTGGTGTCTCAGCATCCAACCAG	AGCCTGCCCTAAGCATCACTTC
Mouse TNF- $\alpha$	AGGCACTCCCCAAAAGATG	TCACCCCGAAGTTCAGTAGAC

**Table 2:** List of primers used in the study

RNA concentration was measured with a Nanodrop 2000 spectrophotometer (Thermo Scientific) and reverse transcription PCR was conducted using a High-capacity cDNA reverse transcription Kit (Applied Biosystems). Expression of target genes was determined through RT-qPCR using iTaq Universal SYBR Green Supermix (BioRad) and the corresponding primers (see Table 2). Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as a housekeeping gene. A total of 3-5 animals per condition were analyzed.

### **Histone methylation analysis**

To assess the histone methylation profile, fresh tissue samples from the short-term study were sectioned to obtain a 4mm fragment of the cervical spinal cord. Protein was extracted using a potter homogenizer and following the manufacturer instructions for histone extraction of the EpiQuick™ Global Pan-Methyl Histone H3-K4 Quantification Kit Colorimetric (Epigentek). Protein concentration was determined with a bicinchoninic acid assay (Pierce). Finally, samples were processed following the indications of the EpiQuick™ Global Pan-Methyl Histone H3-K4 Quantification Kit Colorimetric (Epigentek) and read out at 450 nm wavelength using a microplate reader (BioTek) and the KC Junior Software. Blank was subtracted from the readings and values were normalized against the average for control animals to obtain the degree of H3K4 mono- di- and tri- methylation. A total of 4 animals per condition were analyzed.

### **Assessment of Wallerian degeneration**

Animals from the degeneration study were also euthanized at 7dpo and perfused with 4% PFA. Sciatic nerves from the ipsilateral and the contralateral hindlimbs were extracted and kept in PFA for 1 hour before cryopreservation in phosphate buffer (PB) with 30% glucose and 1% azide. Sciatic nerves were cut into 10 µm-thick longitudinal sections, using a cryostat Leica CM 1950. Samples were submitted to dehydration in increasing concentrations of ethanol (50%, 70%, 80% and 95%) and then placed overnight at 37 °C with luxol fast blue solution. Next, excess of colorant was removed with ethanol 95% and distilled water before applying lithium carbonate 0.05%. Afterwards, samples were put in distilled water and dehydrated with various washes of increasing concentration of ethanol (70%, 80%, 95% and 100%). Finally, samples were dipped in xylol and mounted using DPX.

Microphotographs were captured from distal segments of the sciatic nerves using the 20x objective of an Olympus BX40 microscope and a DP50 camera. The stained area was calculated using Image J software in a constant rectangular area of 281.13  $\mu\text{m}$  width x 292.29  $\mu\text{m}$  height. A total of 3 nerves per animal were analyzed. In this study, 4-5 animals were processed per condition.

### **Motor reinnervation**

Mice of the long-term regeneration experiment were submitted to electrophysiological tests at days 15, 21 and 28 after injury. Under anesthesia with ketamine/xylazine, stimulating needle electrodes were placed at the sciatic notch and single electrical pulses of 0.02 ms duration were delivered up to supramaximal intensity using a Grass S88 stimulator. The compound muscle action potentials (CMAPs) were recorded by means of microneedle electrodes placed in the plantar interosseus and the tibialis anterior muscles. The signals were amplified and displayed on the oscilloscope to obtain the amplitude and the latency of the M wave (Navarro, 2016). Electrophysiological recordings were also obtained for the contralateral hind paw as control value for each animal. A total of 7 animals per group underwent functional testing.

### **Skin reinnervation**

Animals from the long-term regeneration study were euthanized at 29 dpo and perfused with 4% PFA. Paw pads from the ipsilateral and contralateral hindlimbs were extracted and maintained in PFA for 1 hour, to be finally kept in PB containing 30% glucose and 1% azide. To assess skin reinnervation, we analyzed the pad located proximal to the second toe, as it is fully innervated by the sciatic nerve. Pads were cut longitudinally at 60  $\mu\text{m}$ -thick sections using a Leica CM 1950 cryostat. Then, free-floating sections were washed with PBS and PBS plus Triton 0.3%, before being blocked with PBS-0.3% triton X-100 containing 1.5% normal donkey serum. Pads were finally incubated overnight at 4°C with PBS-0.3% triton X-100 enriched with 1.5% normal donkey serum and rabbit anti-PGP 9.5 antibody (Table 1). Next, samples underwent several washes with PBS-triton 0.3% to be incubated overnight at 4°C with PBS-triton 0.3% containing 1.5% normal donkey serum and Alexa fluor 594 anti-rabbit (see Table1). Thereafter, pads were washed with PBS-triton 0.3% and incubated with PB containing 1/5000

DAPI (Sigma) during 2 minutes at room temperature. Finally, samples were washed with PB and dried to be mounted with Fluoromount-G (Southern Biotech).

The number of Meissner's corpuscles and intraepidermal nerve fibers (IENFs) were determined using an Olympus BX51 microscope. To estimate the number of IENFs, the basal layer of the skin was localized by observation of DAPI staining. Then, a grid was overlaid on the lateral side of the pad following the basal layer to assess the number of nerve fibers that crossed it. Two fields per slice were counted. Meissner's corpuscles were found at the apex of the pads and counted at 40x. A total of 3-7 animals per treatment were used.

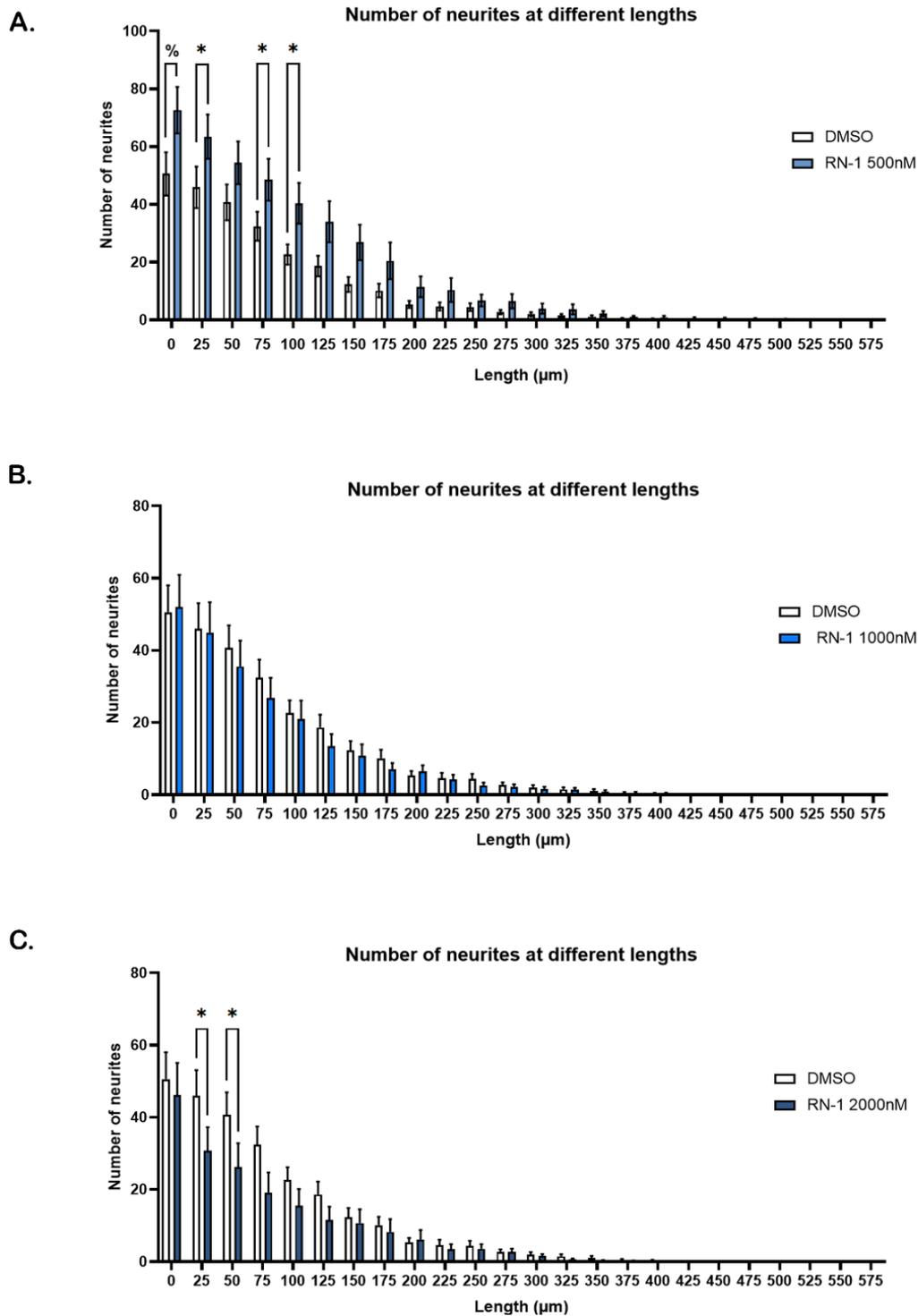
### **Statistical analysis**

Data from experimental procedures was analyzed using GraphPad Prism 7 software. Data were expressed as mean $\pm$ SEM. For the statistical analysis of the number of neurites at different distances of DRG explants, a two-way ANOVA with Sidak's correction for multiple comparisons was applied, using distance from the surface and treatment as factors. For comparisons of the maximum neurite length of cultured DRGs, cell viability *in vitro*, mRNA expression of the short-term study and myelin clearance, a one-way ANOVA followed by Tukey's correction for multiple comparisons was used. To assess histone methylation, results were analyzed through an unpaired t-test. For comparisons of data of motor reinnervation, a two-way ANOVA followed by Sidak's correction for multiple comparisons was applied. In this experiment, time and percentage of the amplitude with respect to the contralateral values were used as variables. For the determination of cutaneous reinnervation, the number of IENFs and Meissner's corpuscles were submitted to a one-way ANOVA followed by Tukey's correction for multiple comparisons.

## **Results**

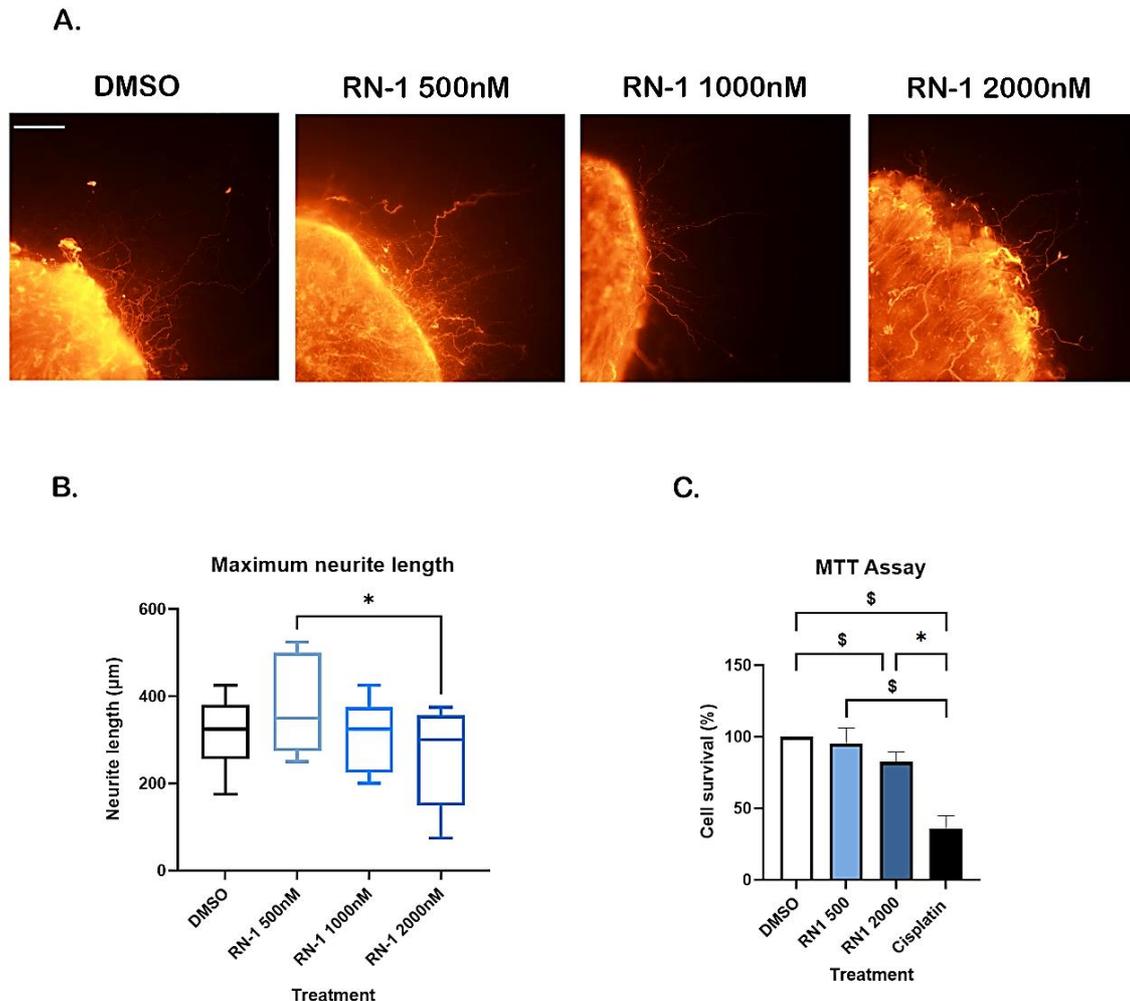
### **LSD1 inhibition using RN-1 increases neurite outgrowth in DRG explants *in vitro***

To assess the consequences of global LSD1 inhibition in neuronal outgrowth, DRG explant cultures were treated with DMSO or increasing concentrations of RN-1.



**Figure 1:** LSD1 inhibition using RN-1 at low concentration increases neurite number of DRG explants. Number of neurites every 25μm for DMSO and (A) RN-1 at 500nM, (B) RN-1 at 1000nM, and (C) RN-1 at 2000nM. \* $p < 0.05$  and %  $p < 0.001$  calculated by two-way ANOVA for multiple comparisons followed by Sidak's correction. Results are displayed in bar graphs as mean  $\pm$  SEM. N= 3 independent cultures.

Considering the number of neurites, RN-1 treatment at a low concentration (500nM) promotes a significant increase in the number of neurites ranging 0 - 25 $\mu$ m and 75 - 100 $\mu$ m (Figure 1A, 2A). Contrarily, a high concentration of the compound (2000nM) produced the opposite effect, leading to a significant decrease in neurite number of 25-50 $\mu$ m when compared to the control (Figure 1C, 2A). Intermediate concentrations of RN-1 of 1000nM showed no significant differences compared to control ganglia (Figure 1B, 2A).



**Figure 2:** High concentrations of RN-1 decreased maximum neurite length and cell survival. A) Representative microphotographs at 200x of DRGs treated with DMSO and RN-1 at 500nM, 1000nM and 2000nM. White bar represents 100 $\mu$ m. B) Maximum neurite length of the DRG explants for each treatment. C) Results of the MTT assay. \* $p < 0.05$  and  $\$p < 0.0001$  by a One-way ANOVA followed by Tukey's correction. Results are displayed in box and whisker graphs as minimum to maximum and in bar graphs as mean  $\pm$  SEM. N=3 independent cultures for neurite length assessment and n=4 for the MTT assay.

Next, the longest neurite per DRG was calculated. For DRGs treated with DMSO the maximum neurite length was 316 $\mu$ m, whereas for DRGs cultured with RN-1 at 500nM was 377 $\mu$ m. Hereof, there were no significant differences between both conditions. RN-1 at 2000nM

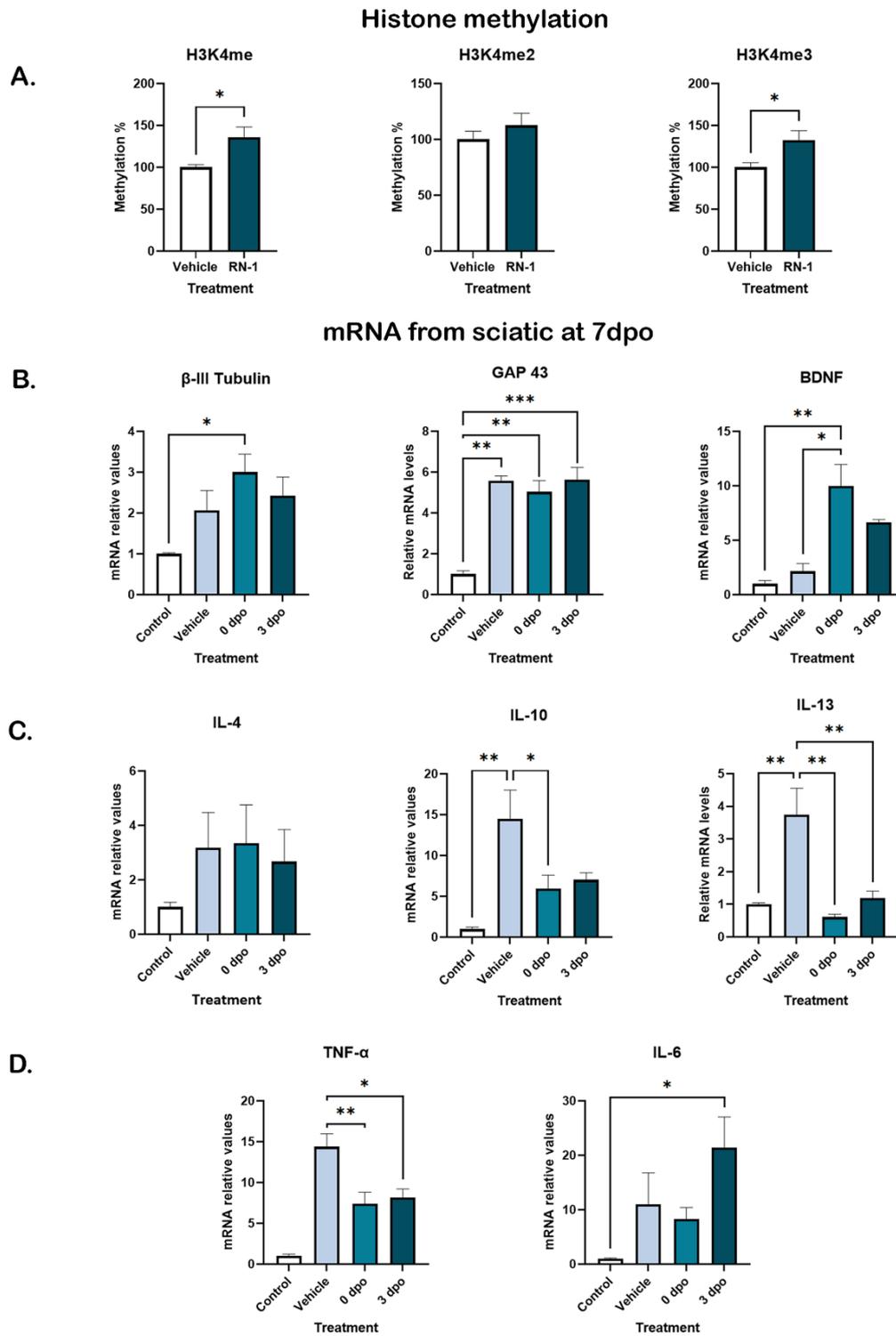
reduced the maximal neurite length to 263 $\mu$ m, which was significantly shorter than RN-1 at 500nM (Figure 2B). Thus, high concentrations of the compound have negative effects on sensory neurite growth.

Provided that RN-1 at 2000nM was affecting neurite outgrowth and density, we wondered if the observed detrimental effects were consequence of poor cellular survival. To address this issue, an MTT assay was performed on dissociated DRG cultures, and the neurotoxic drug cisplatin was used as a positive control. We observed that high doses of RN-1 were inducing a significant decrease of neuronal survival when compared to control, reducing neural viability up to 80% (Figure 2C). Thus, it is feasible that the decreased neurite growth observed with the high concentration treatment was due to adverse toxic effects of RN-1 on the explants.

### **RN-1 increases the expression of regeneration associated genes, affects the inflammatory environment after nerve injury and enhances H3K4me1 expression *in vivo***

Since the low concentrations of RN-1 increased neurite density and tended to raise neurite length *ex vivo*, we performed a short-term experiment to discern the most appropriate time point of administration of this compound *in vivo* to enhance axonal regeneration. For this purpose, changes on the transcription of Regeneration Associated Genes (RAGs) and cytokines were assessed in the sciatic nerves of non-injured control mice, in vehicle and in RN-1 treated mice that underwent nerve crush. These changes were analyzed in 2 settings, starting treatment at early (0 dpo) and delayed (3 dpo) time points.

We first validated if RN-1 treatment affected LSD1 *in vivo*, by analyzing the methylation levels of injured animals that underwent vehicle or early RN-1 treatment in one of the LSD1 downstream targets, the histone 3 lysine 4 (H3K4). Mono-methylation was significantly increased up to 36% in cervical spinal cord segments of injured animals treated with RN-1. RN-1 also displayed a tendency to increase H3K4me2, although in this case the changes were not significant (Figure 3A). The increase on the monomethylated levels of H3K4 demonstrate that RN-1 is properly reaching its target, as LSD1 acts on mono- and di-methylated H3K4. Additionally, RN-1 also led to a significant increment of H3K4 tri-methylation, which is not a direct target of LSD1. In this case, the methylation levels raised by 32%. Thus, it is possible that under the influence of RN-1 other enzymes act upon H3K4me. However, further research should be performed to validate this hypothesis.



**Figure 3:** RN-1 administration increases the transcription of RAGs in the sciatic nerve and diminishes the inflammatory response. A) Methylation levels of mono-, di- and trimethylated H3K4. B) mRNA expression of RAGs in sciatic nerve. C) Transcriptional profile of anti-inflammatory cytokines in the sciatic nerve. D) mRNA expression of pro-inflammatory mediators. \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $p < 0.001$  by One-way ANOVA followed by Tukey's correction. Results are displayed in bar graphs as mean  $\pm$  SEM.  $N = 3 - 5$  animals per group in the transcriptional assessment and  $n = 4$  samples for each condition in the histone methylation analysis.

Regarding the expression of RAGs, early administration of RN-1 significantly raises up to 3-fold the transcription of  $\beta$ -III tubulin in the injured sciatic nerve when compared to non-injured animals. Moreover, LSD1 inhibition at 0 dpo also increases the expression of the neurotrophic factor BDNF with respect to non-injured controls and vehicle animals. This increase is 9.9-fold and 4.58-fold respectively. Concerning GAP43, all treatments significantly enhanced its expression against control animals. However, no differences are found between the treatments regarding the expression of this gene (Figure 3B).

Considering the inflammatory environment, RN-1 decreases the whole inflammatory response affecting both pro- and anti-inflammatory cytokines. In fact, early administration of RN-1 significantly decreases the transcription of IL-10 compared to vehicle. This decline on IL-10 expression is around 2.43-fold. The anti-inflammatory cytokine IL-13 follows a similar change. In this case, LSD1 inhibition significantly reduces IL-13 expression when both time-points are contrasted to vehicle. The magnitude of variation is 6.11-fold for the early treatment and 3.15-fold for the delayed treatment with respect to vehicle values. IL-4 is the only anti-inflammatory cytokine that remains unaffected under RN-1 treatment (Figure 3C).

Considering pro-inflammatory mediators, LSD1 inhibition significantly reduces TNF- $\alpha$  transcription at both time points compared to vehicle. These changes are around 1.94-fold for the early treatment and 1.75-fold for the delayed treatment against vehicle. However, IL-6 is significantly increased in the delayed administration group when compared to control around 21.45-fold (Figure 3D).

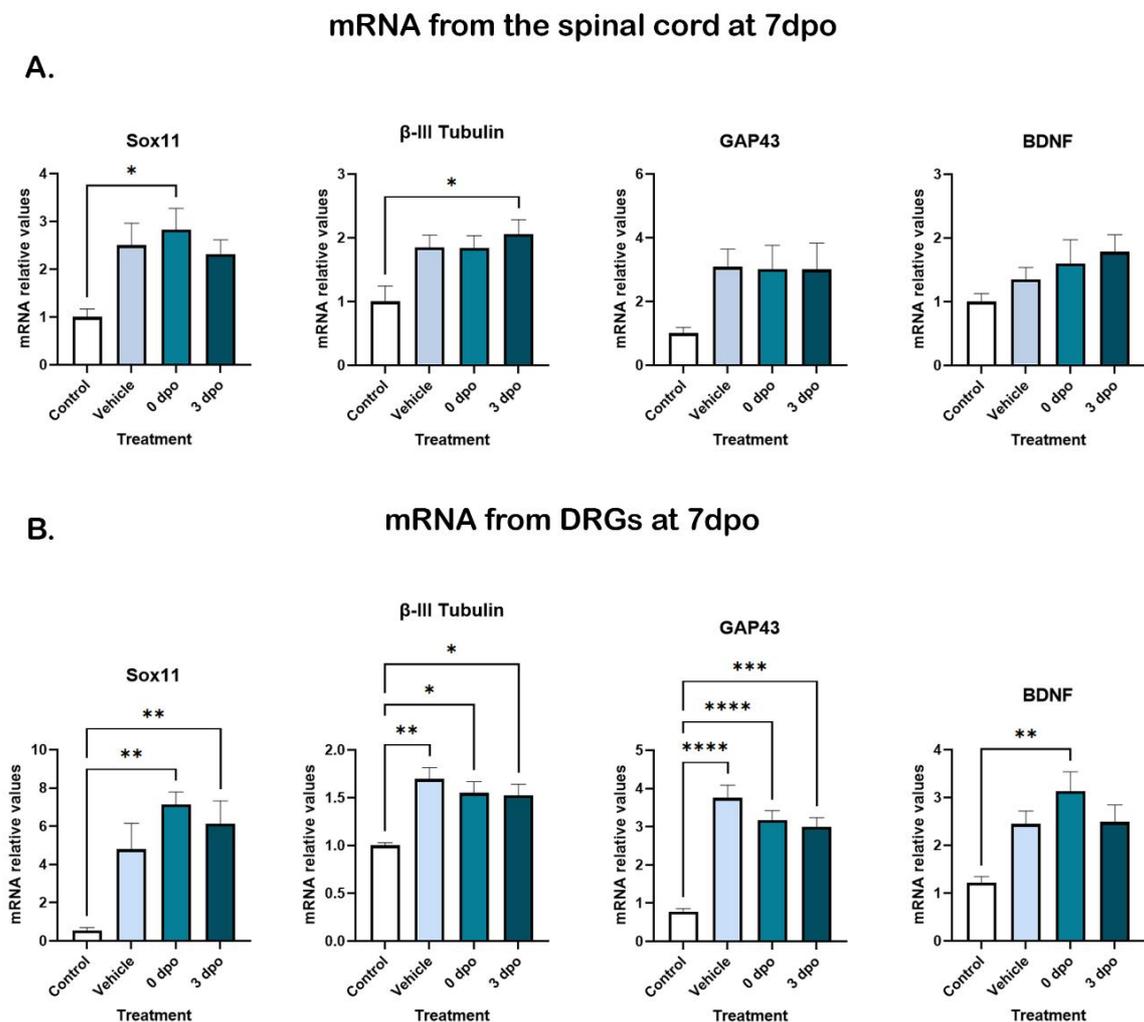
Altogether these results show that LSD1 inhibition can act as an immunosuppressor affecting the whole inflammatory environment. In addition, we found that early administration of RN-1 facilitates the transcription of certain RAGs, like  $\beta$ -III tubulin and BDNF, in the sciatic nerve.

#### **LSD1 inhibition by RN-1 increases the expression of RAGs in the DRG and the spinal cord**

$\beta$ -III tubulin is a RAG, regulated by various members of the Sox family. For instance, Sox4 and Sox11 have been associated to promoter elements of this gene. Moreover, REST/NRSF complex has been reported to restrict the expression of the transcription factor Sox11, which has been linked to axonal regeneration (Bergsland et al., 2006; Jankowski et al., 2009). Since, LSD1 can participate in the formation of the REST/NRSF complex and we found an increase in the expression of  $\beta$ -III tubulin in the sciatic nerve after treatment, we hypothesized that LSD1

inhibition could also upregulate the expression of Sox11. To address this idea, we analyzed the transcription of multiple RAGs and Sox11 in the spinal cord and lumbar DRGs from non-injured controls and crush-injured mice treated with vehicle or RN-1.

The analysis demonstrated that an early treatment with RN-1 led to a significant increase of 2.83-fold in Sox11 transcription when compared to non-injured controls in the spinal cord (Figure 4A). A significant increase was also detected in the DRGs, where Sox11 is significantly raised under LSD1 inhibition at both time points when compared to non-injured controls (Figure 4B). Thus, these results indicated that LSD1 may be repressing the expression of Sox11.



**Figure 4:** LSD1 inhibition by RN-1 increases the transcription of RAGs in the ventral spinal cord (A) and in DRGs (B) after nerve injury. \* $p < 0.05$ , \*\* $p < 0.01$  by One-way ANOVA followed by Tukey's correction. Results are displayed in bar graphs as mean  $\pm$  SEM.  $N = 3 - 5$  animals per group in the transcriptional analysis.

Regarding the expression of RAGs,  $\beta$ -III tubulin is significantly increased a total of 2.06-fold in the spinal cord when comparing the delayed treatment of RN-1 to control (Figure 4A). In DRG samples, all treatments show a significant enhancement on the expression of this gene when compared to control (Figure 4B). These alterations are 1.69-fold for vehicle, 1.55-fold for early RN-1 administration and 1.52 for the delayed treatment. These results differ from the observations made in the sciatic nerve, where  $\beta$ -III tubulin was only significantly raised against control in the early RN-1 treatment.

There are no significant differences between treatments and the control in the expression of GAP43 in the spinal cord, which is probably justified by the high variability of measures for this marker (Figure 4A). Regarding DRG samples, GAP43 is significantly increased around 3-fold for all treatments compared to control (Figure 4B).

The neurotrophic factor BDNF is significantly raised by the early RN-1 treatment compared to vehicle in DRGs, following a similar pattern than the one observed in the sciatic nerve (Figure 4B). However, LSD1 inhibition using RN-1 does not lead to significant transcriptional changes of BDNF in the spinal cord (Figure 4A).

Provided that early administration of RN-1 facilitates the transcription of certain RAGs in the sciatic nerve, spinal cord and DRGs, we resorted to this experimental setting for further regeneration studies.

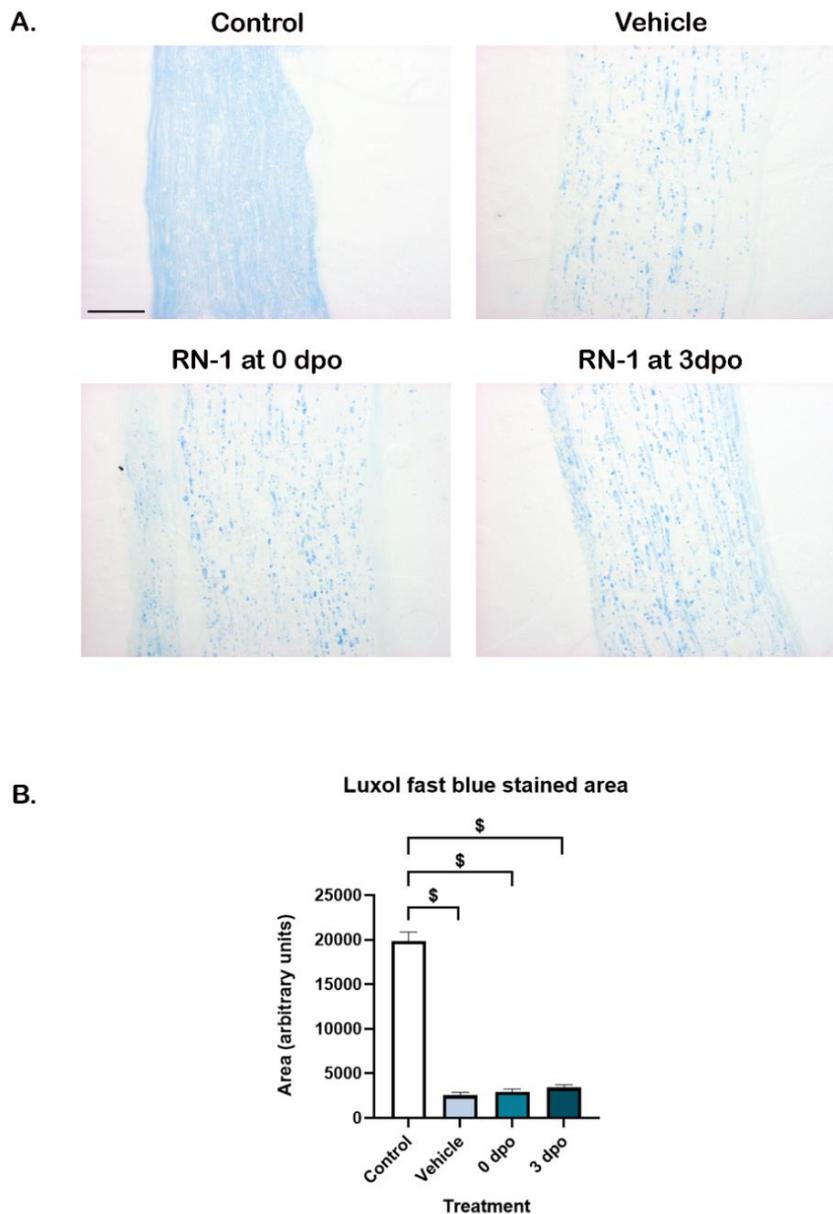
### **Inhibition of LSD1 does not affect Wallerian Degeneration**

Since we previously reported that LSD1 inhibition decreases the secretion of inflammatory mediators, we wondered if this leads to a lack of infiltrating macrophages within the nerve and to possible myelin clearance defects.

To test this idea, the area of myelin within the nerve from non-injured mice and crush-injured animals was analyzed at 7dpo through Luxol Fast Blue (LFB) staining. Hence, lesioned mice were administered with vehicle or RN-1, delivered at 0 dpo or at 3 dpo.

For non-injured controls the myelin-stained area was 19845 arbitrary units in average, for vehicle animals 2552 units, for early RN-1 treatment 2929 units and for delayed RN-1 administration 3405 arbitrary units (Figure 5A and 5B). Thus, we observed that injured sciatic nerves displayed a significant decrease of myelin within the nerve, demonstrating that crush-

injured mice underwent Wallerian degeneration. In addition, the lack of differences between treatments suggest that RN-1 is not affecting the degenerative process.

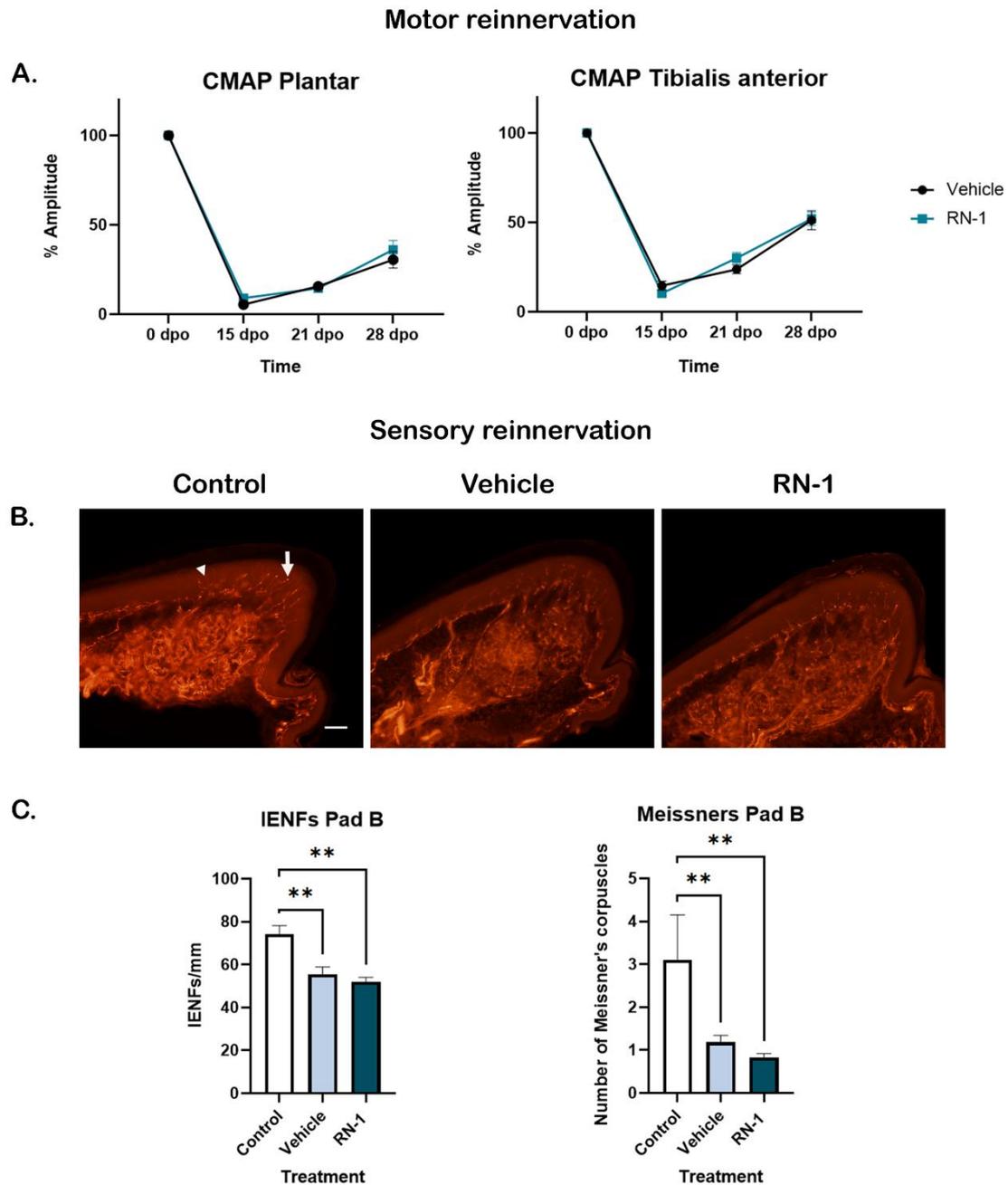


**Figure 5:** LSD1 inhibition with RN-1 does not affect Wallerian degeneration. A) Representative microphotographs of nerves stained with LFB at 100x. Black bar represents 100 $\mu$ m. B) Luxol fast blue stained area within the nerve for each condition.  $\$p < 0.0001$  as calculated by One-way ANOVA followed by Tukey's correction. Data is expressed in bar graphs as mean+SEM. N= 4 – 5 mice per group.

### **LSD1 inhibition does not improve motor and sensory axonal regeneration after nerve injury**

Given that we observed that early administration of RN-1 raises the transcription of multiple RAGs and Sox11 after nerve injury, we hypothesized that this treatment could positively favor

nerve regeneration. To test this premise, we performed a sciatic nerve crush and analyzed the effects of LSD1 inhibition on motor and nerve reinnervation.



**Figure 6:** LSD1 inhibition using RN-1 does not improve motor and sensory axonal regeneration. A) Mean values of the CMAP of tibialis anterior and plantar muscles during the follow-up. B) Representative microphotographs of mouse hind paw pads at 100x. White bar represents 100 $\mu$ m; arrow points at Meissner's corpuscles and arrow tip at intraepidermal nerve fibers (IENFs). C) Analysis of the number of IENFs (left graph) and Meissner's corpuscles (right graph) per treatment. \*\* $p < 0.01$  by One-way ANOVA followed by Tukey's correction. Results are shown as mean  $\pm$  SEM and connected superimposed symbols at mean  $\pm$  SEM. N=7 animals for treatment.

After sciatic nerve crush injury, we observed that M wave amplitude was decreased in both of the sciatic nerve target muscles at 15 dpo. In the plantar muscle the M wave amplitude was 5-9% of control values, whereas in the tibialis anterior muscle the values were around 10-14% from control values. At 21 and 28 dpo CMAP amplitude increased progressively in both muscles, but there were no significant differences between vehicle and RN-1 treated animals (Figure 6A).

In the immunohistochemical analysis of hind paw pads, both the number of Meissner's corpuscles and the density of IENFs were significantly decreased after nerve injury. The density of IENFs per millimeter in the controls was 74.2 on average, whereas for vehicle and RN-1 treated animals was 55.4 and 51.9 respectively. Regarding the number of reinnervated Meissner's corpuscles, control animals had an average of 3.1, vehicle mice had 1.19 and LSD1-inhibited mice had an average of 0.83. There were not significant differences between vehicle and RN-1-treated mice (Figure 6B,6C).

### Discussion

LSD1 inhibition has been associated with neuroprotection and neuroplasticity in several conditions (Gu et al., 2021; Maes et al., 2020), and therefore, we wondered if it could also facilitate axonal outgrowth after nerve injury. Our results demonstrate that LSD1 inhibition enhanced neurite outgrowth within DRG *ex vivo* explants and potentiated the expression of RAGs after nerve injury. However, administration of RN-1, an LSD1 inhibitor, did not improve nerve regeneration after sciatic crush injury.

In cultured DRG explants RN-1 treatment at 500 nM significantly enhanced neurite sprouting and displayed a tendency to increase neurite length. However, raising concentrations of RN-1 decreased its positive effects on neurite density and extension, leading to a significant reduction of both factors at the 2000 nM concentration. Since 2000 nM of RN-1 led also to a significant reduction of cell survival, we concluded that elevated concentrations of RN-1 have toxic effects on neurons or glial cells. Thus, LSD1 inhibition may favor neurite outgrowth but within a critical range of concentrations.

Consistent with our findings, knockdown of LSD1 in the leukemia-like cell line MOLT-4 has been found to increase apoptosis (Zou, Huang, Zou, Zheng, & Ma, 2017). Contrarily, it has also been described that LSD1 inhibition prevents cell death by promoting autophagy (Gu et al.,

2021) and that LSD1 knockdown averts apoptosis under oxidative stress (Tsutsumi et al., 2016). These discrepancies in the effects of LSD1, could be due to the differences in the studies regarding cell type, environment, and dosage. In addition, autophagy is a double edged sword capable of promoting and preventing cell death (Yonekawa & Thorburn, 2013). Thus, further studies should unravel the influence of high concentrations of RN-1 in the regulation of autophagy and apoptosis balance. Another explanation for the observed toxic effects, may be that high concentration of RN-1 could be hitting off-targets. RN-1 exhibits high affinity to LSD1 (IC<sub>50</sub>=70nM) but it can also bind to MAO-A (IC<sub>50</sub>=0.51μM) and to MAO-B in a lesser degree (IC<sub>50</sub>= 2.8 μM) (Rivers et al., 2015). Hence, the high concentration of our compound at 2000nM could be also targeting MAO-A. Since administration of low doses of the MAO-A specific inhibitor Clorgyline promotes neuronal death (Naoi, Maruyama, Akao, Yi, & Yamaoka, 2006; Ou, Chen, & Shih, 2006), the affinity of RN-1 to MAO-A could be also deleterious to cell survival. Nevertheless, further research should be done to fully unravel the mechanism behind cell death in this experiment.

As we observed that global LSD1 inhibition raised neurite outgrowth at low concentrations *in vitro*, we assessed if RN-1 could also improve outcome after nerve injury *in vivo*. We first validated that RN-1 was effectively inhibiting LSD1, as mono-methylation levels of H3K4 were significantly increased. Next, we assessed the impact of RN-1 on the neuroinflammatory response after nerve injury by means of a short-term study. We determined that TNF-α, IL-10 and IL-13 transcription were decreased in the sciatic nerve, suggesting that LSD1 inhibition was promoting the suppression of the inflammatory response. These results are consistent with previous findings that reported that LSD1 contributes to the development of NF-κβ signaling (D. Kim et al., 2018). Lastly, we analyzed the influence of LSD1 inhibition on the expression of RAGs. We found that early administration of RN-1 enhanced the expression of BDNF, βIII-tubulin and Sox11, and subsequently we chose this timeframe of administration for the long-term study.

In this regard, BDNF is regulated by LSD1 (Kyzar, Bohnsack, Zhang, & Pandey, 2019; Sagarkar et al., 2021) and it has been reported that decreased levels of the LSD1-dependent histone modification H3K4me2 diminish BDNF expression (Sagarkar et al., 2021). Thus, in our study, BDNF transcription may be partly justified by the slight increment on H3K4me2 expression under LSD1 inhibition. In addition, other epigenetic alterations triggered after injury are also

involved in BDNF expression. For instance, H3K9ac raises after nerve injury and is known to promote BDNF transcription (Puttagunta et al., 2014). Thus, it is also possible that the injury-triggered H3K9ac together the little increase of H3K4me2 after LSD1-inhibition contributed to the raise of BDNF transcription. Although, further experiments should assess the certainty of this idea.

The increment of  $\beta$ -III tubulin under RN-1 treatment is consistent with previous reports, where knockdown of LSD1 in embryonic stem cells raised  $\beta$ -III tubulin expression (X. Han et al., 2014). To note, the  $\beta$ -III tubulin gene contains RE-1 binding sites that are suitable for the union of the repressor complex REST. Hereof, knockdown of REST has been found to increase  $\beta$ -III tubulin expression (Aoki, Hara, Era, Kunisada, & Yamada, 2012). Since LSD1 can belong to the REST/CoREST complex (Maiques-Diaz & Somerville, 2016), LSD1 inhibition with RN-1 may disrupt the integrity of REST complex increasing  $\beta$ -III tubulin transcription.

In addition,  $\beta$ -III tubulin is regulated by several members of the transcription factor family Sox (Duly, Kao, Teo, & Kavallaris, 2022). Between them, Sox11 raised our interest as it is linked with nerve regeneration after injury (Jankowski et al., 2009). As Sox11 expression is negatively regulated by the REST complex (Ballas et al., 2005), we hypothesized that LSD1 inhibition could lead to REST complex disruption and further promote the transcription of Sox11. In our experimental settings, we observed that LSD1 inhibition was increasing the expression of Sox11 at distinct time points at the DRG and spinal cord, partially validating our idea.

Within the long-term study, we observed that animals that underwent crush-injury and RN-1 treatment did not show enhancement in motor and skin reinnervation. In this regard, nerve regeneration depends on the expression of RAGs and on the correct development of Wallerian degeneration (Menorca et al., 2013). Since LSD1 inhibition leads to immunosuppression, this could affect the infiltration of hematogenous macrophages within the nerve leading to Wallerian degeneration deficits. These complications would further affect the regenerative capacity of the nerve and could justify the null effects of our compound in reinnervation after injury. However, no significant differences were observed in the development of Wallerian degeneration between vehicle and LSD1-inhibited animals. Therefore, RN-1 did not inhibit myelin degradation, which could potentially interfere with the regenerative process. Even though, it would be suitable to assess macrophage accumulation and axonal degeneration at

7 dpo and earlier time points to fully validate that Wallerian degeneration remains unaffected after LSD1 inhibition.

Another possible explanation for the lack of regenerative success is the severity of the injury. Provided that the nerve regeneration rate after crush injury is quicker than after a transection injury, it is probable that the high velocity of the regeneration events may mask the positive effects of our treatment in this study (B. B. Wang et al., 2023).

## **Conclusions**

In conclusion, this study shows that global LSD1 inhibition can increase neurite outgrowth *ex vivo* and promote the expression of Regeneration Associated Genes (RAGs) after nerve injury. However, LSD1 inhibition was not potent enough to produce long lasting effects and, it did not improve nerve regeneration *in vivo*. Thus, LSD1 function within the nervous system should be carefully dissected to clarify its potential as a therapeutic target.

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# Discussion

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## Discussion

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Peripheral nerve injuries disrupt the connection between the nervous system and the target organs, leading to functional loss and to the appearance of secondary problems like neuropathic pain. Currently, there is a lack of therapies that can ameliorate pain and promote functional recovery after nerve injury. For this reason, it is necessary to identify novel treatments that can address both conditions to effectively improve patient's outcome. In this regard, epigenetic research is a growing field that has triggered the development of new strategies for the treatment of diverse neuropathological diseases. However, investigations involving epigenetic modulation following nerve trauma are still limited. Thus, the identification of epigenetic targets capable of effectively enhancing axonal growth and reducing neuropathic pain could provide new treatments for traumatic nerve injuries. To address this issue, the main objective of this thesis was to underscore if the epigenetic targets LSD1 and BET proteins could be suitable candidates to promote a better outcome after nerve injury.

The former objective was elaborated under two main hypotheses. Firstly, we proposed that BET protein inhibition might improve functional outcome after sciatic nerve injury by accelerating the course of Wallerian degeneration. This idea was sustained on the evidence that BET proteins are involved in inflammation. In fact, inhibition of BET proteins has been found to decrease pro-inflammatory gene expression, while it increased the transcription of anti-inflammatory mediators (Nicodeme et al., 2010; Sanchez-Ventura et al., 2019). Subsequently, the change on the inflammatory environment could potentially reduce pain and accelerate the conclusion of Wallerian degeneration, favoring axonal regeneration. Secondly, provided that LSD1 inhibition has been associated with neuroplasticity and neuroprotection (Choi et al., 2022; Christopher, Myrick, et al., 2017; Gu et al., 2021; Maes et al., 2020), we hypothesized that LSD1 inhibition could positively influence axonal outgrowth after nerve injury.

## BET proteins as a target to treat nerve injury

### Targeting BET proteins for reducing neuropathic pain

Spared nerve injury (SNI) is a neuropathic pain model first described by Decosterd and Woolf (Decosterd & Woolf, 2000). Use of this injury model consistently induces thermal hyperalgesia, as well as mechanical allodynia and hyperalgesia in mice (Bourquin et al., 2006; Bravo-Caparros et al., 2019; Casals-Diaz, 2011). Hereof, in chapter 1 we observed that BET inhibition using JQ1, significantly reduced mechanical hyperalgesia in mice that underwent SNI. This result is coherent with other scientific reports, showing that JQ1 reduces mechanical hyperalgesia and allodynia in mice subjected to SCI and to trigeminal neuralgia (Sanchez-Ventura et al., 2019; Vasavda et al., 2022). In addition, other BET inhibitors displayed similar effects in the amelioration of mechanical-based pain. For instance, the use of I-BET762 after SNI and after HIV-induced neuropathy (Borgonetti & Galeotti, 2021; Takahashi et al., 2018), or treatment with DDO-8926 after SNI, ameliorated mechanical allodynia (X. Chen et al., 2023). Thus, evidence proves that BET inhibition reduces the perception of mechanical-based pain in distinct neuropathic pain models.

Nevertheless, contradicting results are found when analyzing the effects of BET inhibition on thermal hyperalgesia. We did not observe any improvement in heat-dependent hyperalgesia after JQ1 treatment, coinciding with previous results from our laboratory in a study conducted in mice that underwent SCI (Sanchez-Ventura et al., 2019). In contrast, reports that used other BET inhibitors, as I-BET762, stated that heat-based pain was reduced after treatment (Borgonetti & Galeotti, 2021; Borgonetti et al., 2022). These discrepancies between studies may be dependent on the selected compound, and differences in sex and mice strain. Firstly, JQ1 and I-BET762 have been defined as pan-BET inhibitors, but their binding affinity towards the distinct BET family members differs (Filippakopoulos et al., 2010; Nicodeme et al., 2010; Shorstova, Foulkes, & Witcher, 2021). Subsequently, distinct attachment preferences between BET inhibitors could lead to different outcomes in pain. In second place, we used C57BL6/J female mice, while studies that show effects on thermal pain assessment used CD1 male animals (Borgonetti & Galeotti, 2021; Borgonetti, Meacci, Pierucci, Romanelli, & Galeotti, 2022). In this regard, several reports pointed that the genetic background of mice strain and sex influences the responsiveness of the animals to pain (Marmioli et al., 2017; Presto, Mazzitelli, Junell, Griffin, & Neugebauer, 2022; J. C. Smith, 2019; Vacca et al., 2014;

Wilson et al., 2003). Thus, provided that multiple variables differ between experiments it is difficult to assess the role of BET-proteins on thermal-induced pain.

### BET proteins and their effects on mechanisms of neuropathic pain

To assess the impact of BET protein inhibition on pain, we analyzed the effects of JQ1 on two physiopathological mechanisms that contribute to its appearance: inflammation and excitability. To our knowledge, our study is the first to report that inhibition of BET proteins dually modulates both mechanisms, by altering the expression of ion channels and by facilitating an anti-inflammatory response. Specifically, in chapter 1 we observed that BET inhibition reduced the expression of pro-inflammatory mediators, while increased the transcription of anti-inflammatory cytokines early after injury. In addition, JQ1 also prevented microglial reactivity without affecting nociceptive fiber density in the dorsal horn of the spinal cord. Consistent with our findings, similar effects on inflammation have been observed in reports that used other BET inhibitors after SNI (Borgonetti & Galeotti, 2021; X. Chen et al., 2023).

Neural excitability is also altered after nerve injuries and in other neuropathic pain conditions. It is originated by changes in ion channel expression, inflammation, and collateral axon growth (Costigan et al., 2009). Considering the mechanisms that contribute to excitability, BET proteins have been associated with the expression of sodium channels (Hsieh et al., 2017). Subsequently, we proceeded to assess the effects of BET inhibition over ion channels in animals that underwent SNI. In chapter 1 we determined that JQ1 led to alterations in ion channel expression, resulting in increased axonal hyperpolarization and reduced neural excitability. Specifically, Nav1.3, Nav1.7, Kv7.2, Kv7.3, HCN1, HCN2 ion channels and distinct subunits of the sodium-potassium pump were affected after treatment. Importantly, these findings are consistent with other scientific publications. Hereof, treatment with the BET-inhibitor DDO-8926 after SNI led to alterations on Nav1.3, Kv7.2, Kv7.3 and the sodium potassium pump (X. Chen et al., 2023). In addition, an RNA sequencing of cortical neurons that underwent JQ1 treatment detected a downregulation of genes involved in voltage-gated channel activity and potassium channel activity (Korb et al., 2015). Another RNA sequencing conducted in a mouse model of Alzheimer's disease, described that JQ1 decreased Nav1.3, Nav1.7 and HCN2 transcriptional levels when compared to vehicle-treated animals (Benito et al., 2017).

Besides, JQ1-dependent alteration of neural excitability improved the symptomatology of epilepsy and Rett Syndrome affecting other parameters that were not included in our study (Korb et al., 2015; Xiang et al., 2020). BET inhibition in Rett Syndrome recovered the expression of the glutamate receptor mGlu<sub>7</sub> and the chloride transporter KCC2 in GABAergic neurons (Xiang et al., 2020). In epilepsy, JQ1 may reduce the expression of *gria1*, a gene that conforms a subunit of the AMPA<sub>R</sub> (Korb et al., 2015; Singh, Babigian, & Sartor, 2022). Considering the findings reported in Rett syndrome and epilepsy, further experiments should assess if JQ1 may also modulate glutamate channels and facilitate the action of inhibitory pathways in models of neuropathic pain. Lastly, reactive oxygen species have been reported to contribute to neuropathic pain (Kallenborn-Gerhardt et al., 2012; D. Kim et al., 2010). In this regard, JQ1 decreased oxidative stress in a mouse model of trigeminal neuralgia (Vasavda et al., 2022).

In conclusion, we determined that BET inhibition modulates inflammation and excitability after SNI. However, BET proteins could also potentially modulate other physiological mechanisms that contribute to the appearance of neuropathic pain.

#### JQ1 as a potential treatment for neuropathic pain

Neuropathic pain management requires of more effective and safer treatments. Current first line and second line treatments for neuropathic pain, summarized in Table 10, coincide with BET inhibitors in their effects on ion channels and inflammation. For instance, tricyclic antidepressants like amitriptyline can block sodium channels and modulate potassium currents (Dick et al., 2007; Wolff et al., 2016). Similarly, the second-line treatment lidocaine blocks voltage gated sodium channels (Cavalli, Mammana, Nicoletti, Bramanti, & Mazzon, 2019). JQ1 also shares mechanism of action with other first-line drugs, such as duloxetine, which, besides regulating serotonin-noradrenaline reuptake, participates in inflammation and oxidative stress (Demirdas, Naziroglu, & Ovey, 2017; J. Meng et al., 2019; Yamashita et al., 2016). Importantly, BET inhibitors have also demonstrated similar efficacy than first-line drugs. Specifically, the BET-inhibitor DDO-8926 also displayed similar effects in the amelioration of mechanical-based pain when compared to gabapentin (X. Chen et al., 2023).

Although our results suggest that BET inhibitors could be a promising therapy for nerve injury, further studies should clarify the consequences of BET inhibition in substance abuse and in mood alterations to offer a secure pharmacological alternative to patients. In this regard, one

of the current problems with prevailing contemporary treatments involve safety concerns. For instance, opioid derivatives, which are proposed as second- or third-line recommendations, can lead to addiction (Miotto et al., 2017) and gabapentinoids have been associated with suicidal thoughts in patients (Molero, Larsson, D'Onofrio, Sharp, & Fazel, 2019).

<b>Summary of pharmacotherapies for neuropathic pain</b>			
<i>Priority</i>	<i>Drug name</i>	<i>Mechanism of action</i>	<i>Use</i>
First line	Gabapentin	Probable binding to calcium voltage-dependent channels, reducing Ca <sup>2+</sup> influx to the cells. Previously used against epilepsy.	All
	Pregabalin		All
	Duloxetine or venlafaxine	Inhibits serotonin-noradrenaline reuptake from presynaptic terminals.	All
	Amitriptyline (Tricyclic antidepressants)	Inhibits serotonin-noradrenaline reuptake. It also acts as an inhibitor of cholinergic, adrenergic, and histaminergic receptors, and ion channels.	All
Second line	Capsaicin 8% patches	TRPV1 agonist. Its prolonged activation leads to desensitization.	Peripheral pain
	Lidocaine patches	Promote blockage of voltage-gated sodium channels, leading to a reduction of ectopic firing.	Peripheral pain
	Tramadol	Weak opioid agonist and inhibitor of serotonin noradrenaline reuptake.	All
Third line	Oxycodone and morphine (Strong opioids)	Agonists of $\mu$ -opioid receptors.	All
	Botulinum toxin A	Inhibitor of synaptic exocytosis.	Peripheral pain

**Table 10:** Recommendations on pharmacotherapies for neuropathic pain proposed by the IASP. Treatments are classified as first-, second- and third-line options based on their efficacy and safety (Cavalli et al., 2019; Finnerup et al., 2015)

In conclusion, BET protein inhibition targets some of the underlying mechanisms of neuropathic pain, coinciding with the effects of other first- and second-line accepted drugs. In addition, inhibition of BET proteins displayed similar performance in the amelioration of pain than the first-line drug gabapentin. Thus, JQ1 and other BET inhibitors seem potentially good candidates for the treatment of neuropathic pain.

## Targeting BET proteins to enhance nerve regeneration

DRG explant cultures preserve the structure and cellular interactions between neurons and the peripheral glia present *in vivo*, being a good *ex vivo* alternative to study axonal regeneration (Fornaro, Sharthiya, & Tiwari, 2018). By using this methodology in chapter 2, we observed that BET inhibition with JQ1 led to a decrease in neurite outgrowth without affecting cell viability. These results are consistent with other reports in which BET inhibition in cortical cultures altered the expression of immediate early genes (IEGs) and downregulated the expression of genes associated with synapse formation and axon-dendrite development (Benito et al., 2017; Korb et al., 2015; J. M. Sullivan et al., 2015).

As a drawback, DRG explant cultures miss the inclusion of other cell types involved in nerve repair, such as fibroblasts and infiltrating immune cells. To address this issue, we used conditioned medium from BET-inhibited macrophages in explant cultures and observed a significant increase in neurite outgrowth through STAT6 pathway. In line with the idea that cultures must include various cell types to mimic physiological events, another report stated that BET protein inhibition only enhanced synapse formation when human IPs-derived neurons were co-cultured with IPS-derived astrocytes (Berryer et al., 2023). Therefore, BET-inhibition directly in neurons may not facilitate plasticity, but it may favor neuronal function when targeting other cell types. In addition, and in concordance with our observations, it has been stated that phosphorylation of STAT6 increased the growth on retinal axons of rats (Goulart et al., 2018). Importantly, STAT6 is activated by IL-4 and IL-13 cytokines which both have also been linked to nerve regeneration (Ali et al., 2020; Kelly-Welch et al., 2005; Van Broeckhoven et al., 2022).

Apart from assessing the effects of BET-inhibition *ex vivo*, we assessed the effects of JQ1 in nerve regeneration *in vivo*. Firstly, we performed a short-term study to determine the most adequate treatment regimen when using JQ1 after sciatic crush injury. As a result, delayed administration of the compound promoted the transcription of GAP43 and IL-4. Despite delayed JQ1 treatment enhanced the expression of pro-regenerative markers, its long-term administration after nerve injury did not lead to motor and sensory reinnervation. Contrary to our findings, BET-inhibition ameliorated outcome after SCI and increased the expression of anti-inflammatory cytokines IL-4, IL-13 and IL-10 (Sanchez-Ventura et al., 2019). Additionally, exogenous administration of IL-4 improved early axonal regeneration after various models of

nerve injury (Ali et al., 2020; Pan et al., 2022). Nevertheless, this permissive environment did not lead to a significant increase on axonal regeneration in our long-term experiment.

Although not studied in detail in chapter 2, other proteins that conform the regenerative environment have been reported to be affected by BET inhibition. For instance, JQ1 treatment and BRD4 knockdown *in vitro* were found to reduce BDNF transcription (Sartor et al., 2019). In addition, BET inhibition with I-BET858 decreased the transcription of semaphorin-3a, TrkC and calcium/calmodulin dependent protein kinase II delta in cortical neurons (J. M. Sullivan et al., 2015). However, we did not see negative effects in the transcription of neurotrophic factors after sciatic nerve injury when JQ1 was used as a delayed treatment. It is possible that in our assay other cell types, such as Schwann cells, may compensate the negative effects on neurotrophic factor transcription that have been described in neurons using *in vitro* models.

Despite the regenerative environment can be slightly permissive due to BET-inhibition in macrophages, it may only compensate the negative effects that BET-inhibition has on peripheral neurons, only guaranteeing a regeneration comparable to vehicle animals.

#### Future considerations

In this thesis we have hypothesized that switching the inflammatory state towards an anti-inflammatory environment could promote regeneration. In this regard, a similar approach that used thrombomodulin to transition towards an anti-inflammatory milieu has obtained good prognosis after sciatic nerve transection (T. C. Huang, Wu, Chen, Wang, & Wu, 2020). Thus, it would be advisable to refine the experimental design to potentiate the effects of BET proteins as regulators of the environment to treat nerve injuries.

To further assess the regenerative potential of BET-inhibition after nerve injury and avoid its negative effects in neurons, it would be interesting to use transgenic animals with an inducible knockout (KO) of BRD4 in macrophages. Between the distinct BET family members, BRD4 KO seems more convenient since we demonstrated its involvement in the transcription of anti-inflammatory cytokines in chapter 3. In addition, an inducible KO would permit to switch towards an anti-inflammatory environment without suppressing the pro-inflammatory phase of Wallerian degeneration, which is necessary to promote macrophage recruitment and debris clearance after injury (P. Chen et al., 2015). Possible positive results of this proposal

could grant a novel possibility to develop treatments for humans by using specific drug delivery of BET inhibitors towards macrophages or by employing gene therapy.

Considering the current results, inhibition of BET proteins seems not suitable to dually modulate axonal regeneration and ameliorate pain, since it is probable that different cell targets would be needed in each case. In future works it would be recommendable to assess the efficacy of the proposed study with transgenic animals for enhancing nerve regeneration, and if the approach turns out to be successful, it would be essential to determine if this novel strategy also affects neuropathic pain. By doing so, we could elucidate if BET proteins can be used as a dual therapy or should be applied in combination with other therapies to ameliorate the outcome after nerve injury.

### **BET proteins in inflammation**

Inflammation is a complex physiological mechanism subjected under epigenetic control. In this regard, the epigenetic reader family of BET proteins have been described to be involved in inflammatory events (Hajmirza et al., 2018).

Despite the modulation of pro-inflammatory gene expression has been widely studied in distinct BET family members, we wanted to determine the mechanisms by which BET inhibition promotes anti-inflammatory cytokine transcription in macrophages. To our knowledge, our results are the first to report that the BET family member BRD4 acts as a repressor on the promoter of the anti-inflammatory cytokine IL-13, and possibly of IL-4, in macrophages. In chapter 3 we analyzed the transcriptional and translational alterations on cytokine expression using JQ1 on macrophages. We corroborated that BET-inhibition reduces the expression of LPS-induced inflammatory mediators and increases the transcription of IL-4 and IL-13, coinciding with the evidence stated by other reports (Nicodeme et al., 2010; Sanchez-Ventura et al., 2019). Considering LPS-dependent cytokines, their expression under the regulation of BET proteins has largely been studied in macrophages. For instance, it has been demonstrated that LPS treatment triggers the association of BET proteins to the IL-6 promoter and TNF- $\alpha$  promoter. This binding is disrupted upon JQ1 treatment, probably leading to the disassembly of p-65/RelA complex on pro-inflammatory genes (Belkina et al., 2013). In line with these results, a study showed that LPS stimulated IL-10 transcription in B lymphocytes, and JQ1 treatment counteracted these effects. They elucidated that LPS

treatment significantly enhanced BRD4 and p65 binding onto IL-10 proximal promoters and that these effects were neutralized after JQ1 treatment (Lee et al., 2017). Altogether these findings corroborate the effects that we saw in chapter 3, where BET-inhibition decreased the transcription and protein expression of LPS-mediated cytokines.

In the following experiments, we observed that independent knockdown of the BET protein family member BRD4 and the repressor CHD4, were able to increase the transcription of IL-4 and IL-13 anti-inflammatory mediators. These results suggested that BRD4 and CHD4 probably formed a repressive complex in the promoters of these anti-inflammatory cytokines, preventing their expression. Then, upon JQ1 treatment these effects could be counteracted leading to transcription. This idea was corroborated by chromatin immunoprecipitation in the promoter of IL-13.

Although we are the first to assess that BRD4 and CHD4 repress the IL-13 promoter in macrophages, we are not the first authors to establish that BRD4 can bind to anti-inflammatory cytokine promoters (Zhao et al., 2023). Contrary to our findings, Zhao et al. stated that BRD4 promoted Gata3 transcriptional activation of IL-4, IL-5 and IL-13 by mediating the repression of the Th2 negative regulators Foxp3 and Fbxw7 (Zhao et al., 2023). Thus, while previous findings attribute to BRD4 a pro-transcriptional role of anti-inflammatory mediators, we unraveled that BRD4 also harbors a direct repressive function over these genes. In fact, we observed that BET inhibition promotes anti-inflammatory cytokine transcription, while in the experiments of Zhao et al. it promotes a transcriptional downregulation of these cytokines. These discrepancies between studies may be due to cell type or cell polarization, as Zhao et al. used differentiated Th2 lymphocytes. To further support this idea, it has been described that IL-4 activated macrophages display another inflammatory transcriptional program than non-polarized macrophages (Czimmerer et al., 2022). Therefore, immune cell status could potentially affect the role of BRD4 in inflammation.

In conclusion, BET inhibition in macrophages can act as an inflammatory switch, reducing the production of pro-inflammatory mediators and enhancing the transcription of anti-inflammatory cytokines. This mechanism harbors a great therapeutic potential to a wide variety of diseases that depend upon inflammatory dysregulation.

## LSD1 as a target to improve regeneration

### LSD1 in axonal growth and inflammation

Previous research has suggested that LSD1 inhibition promotes plasticity and neuroprotection when used as a treatment in various neurological diseases (Choi et al., 2022; Christopher, Myrick, et al., 2017; Gu et al., 2021; Maes et al., 2020). However, limited research has focused on elucidating the role of LSD1 in axonal growth. In chapter 4 we observed that LSD1 inhibition with RN-1 at 500 nM raised the number of neurites in DRG explants *ex vivo*. In line with our research, Toffolo et al. also studied the effects of LSD1 and its isoforms on neurite morphogenesis. Although they observed a small increase on neurite length when comparing LSD1 knockdown to control, the differences were not significant (Toffolo et al., 2014). We attribute our discrepancies to the fact that pharmacotherapy and gene silencing may lead to distinct degrees of expression of the target protein or gene. In this regard, RN-1 permitted neurite growth in a very limited therapeutic window which can be hardly mimicked using a knockdown. In addition, our study is performed using a DRG explant culture instead of a cortical culture, which preserves the structure, and the diversity of cellular populations present within the ganglia (Fornaro et al., 2018). Consistent with the *ex vivo* results, early RN-1 treatment to mice that underwent nerve injury increased the expression of Regeneration Associated Genes (RAGs) in the sciatic nerve, in the DRG and in the spinal cord. In agreement with our findings, other authors already reported that LSD1 could regulate the expression of *bdnf* and *tubulin* genes (X. Han et al., 2014; Sagarkar et al., 2021).

We also assessed that RN-1 treatment affected the inflammatory environment *in vivo*. In this regard, it has already been reported that LSD1 affects pro-inflammatory and anti-inflammatory cytokine expression (Hong et al., 2020; D. Kim et al., 2018; Sobczak et al., 2021). Provided that RN-1 leads to immunosuppression *in vivo*, we analyzed the consequences of LSD1 inhibition on Wallerian degeneration. Contrarily to what we expected and to other studies, LSD1 inhibition did not affect the course of Wallerian degeneration (Boivin et al., 2007). Taking into account that macrophages and Schwann cells participate in debris clearance, it would be necessary to assess the effects of RN-1 treatment on macrophage recruitment and in Schwann cell phagocytosis to fully elucidate the consequences of LSD1 inhibition on Wallerian degeneration (Stoll, Griffin, Li, & Trapp, 1989).

Despite the positive effects of LSD1 on the expression of RAGs, we did not observe significant differences between treatments regarding cutaneous and muscular reinnervation after injury. One of the obstacles that may limit the observation of results is the selection of the injury. While crush injury has been proposed as an adequate model to study the cellular and molecular changes after nerve damage, more severe injuries like complete transection and suture repair may be more adequate to assess the differences on reinnervation and axonal regeneration (B. B. Wang et al., 2023).

#### Future work

Chapter 4 suggests that RN-1 has potential as a treatment to increase axonal regeneration, as seen in the *ex vivo* assay and with the expression of RAGs in the short-term study. However, it remains to fully clarify the influence of RN-1 inhibition on Wallerian degeneration. As mentioned in the previous paragraphs, it would be needed to assess the effects of RN-1 inhibition in Schwann cell and macrophage phagocytic activity *in vitro* as well as on macrophage recruitment after injury. Once the effects of LSD1 inhibition on Wallerian degeneration had been fully elucidated, RN-1 might be applied in a more severe nerve injury to assess potential effects on the rate of axonal regeneration. Finally, the effects of RN-1 as an immunosuppressor could negatively affect the regenerative environment (Boivin et al., 2007; Vidal et al., 2013). Thus, it would also be advisable to assess specific LSD1 knockdown in neurons after nerve injury. Approaches to address this idea, could be the use of viral vectors containing siRNA against LSD1 to specifically target the neuronal population *in vivo* (Tiscornia, Singer, Ikawa, & Verma, 2003; Yang, Bailey, Baltimore, & Wang, 2006), or by using transgenic animals to promote specific knockdown of LSD1 in neurons.

#### Limitations of the study

##### Epigenetics as a whole-body therapy

One problem when facing the use of epigenetic drugs is that epigenetic alterations can have distinct effects in each cell type or organoid. This is clearly demonstrated in the present Thesis with the epigenetic inhibitors JQ1 and RN-1. We observed that the pan-BET inhibitor JQ1 prevents growth on DRG explants, however the use of this epigenetic target on macrophages creates a favorable environment that facilitates axon growth. Another example found in our work with RN-1, is that we observed that LSD1 inhibition could increase the expression of

RAGs but led to immunosuppression. As epigenetic alterations affect the whole body, a favorable balance on the outcome targeting the distinct cellular types involved is challenging. In fact, it has been described that HDACs in clinical trials led to several side effects such as fatigue, diarrhea, and nausea (Nepali & Liou, 2021). Side effects have also been reported in clinical trials that used BET and LSD1 inhibitors (Amorim et al., 2016; Y. Fang, Liao, & Yu, 2019). Thus, a possible way to overcome these issues and potentiate the favorable results of epigenetic drugs is to promote cell-type specific delivery such as using modified nanoparticles or viral vectors under the regulation of specific cell-type promoters. This delivery system could be used to specifically deliver the compounds, shRNAs, or CRISPR-CAS9 systems to facilitate epigenetic modifications only on the cell types of interest.

#### Sex as a variable in the enhancement of functional outcome after injury

Sexual dimorphism has become important in the last decades, demonstrating that physiological functions are differently regulated between both sexes. In fact, research has shown that pain perception, regeneration and inflammation may be distinct between males and females. For instance, some studies indicate that females are more susceptible to pain after nerve injury and report differences in the physiological mechanisms that regulate its appearance between sexes (Presto et al., 2022; Sorge et al., 2015; Vacca et al., 2014). Regarding axonal regeneration, it has been revealed that sexual dimorphism does not lead to significant differences in axonal growth *in vitro* and after crush injury in mice (Jang et al., 2021). Specifically, while axon guidance and regeneration-related gene expression was similar between both sexes (between 65 and 81 % coincidence), differences were detected in genes associated with inflammation (15 to 29% coincidence). In line with these results, different genetic expression has been detected between male and female mice involving the expression of structural proteins, ion channels, neurotrophic and immune genes after nerve axotomy (Chernov & Shubayev, 2022). Thus, while some common regenerative pathways are maintained, males and females employ distinct mechanisms to confront neuronal damage.

Special account should be taken when using inflammation-derived approaches between female and male mice. The impact of sexual dimorphism on inflammation considering different animals has been reviewed in various articles (Klein & Flanagan, 2016; Martinez de Toda et al., 2023). In fact, age and strain are also critical when considering the consequences

of inflammation in mice and should also be considered (Sans-Fons et al., 2013; Wong, Magnusson, & Ho, 2013).

To note, our targets participate in sex-specific programs which may exacerbate possible differences between sexes. Specifically, LSD1 couples with the androgen receptor and the BET member BRDT is selectively expressed in the reproductive organs (Martinez-Gamero et al., 2021; N. Wang et al., 2021). In conclusion, parallel studies regarding the role of BET and LSD1 must also be assessed in male subjects in future studies.



# Conclusions

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## Conclusions

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The main conclusions of the present thesis are:

### **BET proteins as an epigenetic target to treat nerve injuries**

- Administration of the BET-inhibitor JQ1 immediately after injury reduced mechanical pain in mice that underwent SNI, by regulating excitability through the alteration of ion channel expression and the modulation of the inflammatory environment.
- *In vitro*, JQ1 treatment in primary macrophages generated a pro-regenerative conditioned media that promoted neurite outgrowth in DRG explants through the STAT6 pathway. However, direct action of JQ1 in neuronal and glial populations of DRG explant cultures decreased neurite number and length, without affecting cellular viability. This effect demonstrates that BET-inhibition improves neurite outgrowth through an indirect action in macrophages.
- Administration of JQ1 since day 4 after injury did not affect macrophage infiltration and increased the transcription of anti-inflammatory cytokines and RAGs in the sciatic nerve of crush-injured mice.
- JQ1 treatment since day 4 after injury did not improve motor and sensory reinnervation after sciatic crush injury, suggesting that more refined delivery strategies must be developed to apply BET protein inhibition as a therapy to promote nerve regeneration.
- Six-hour treatment of JQ1 in primary macrophages *in vitro* increases the transcription of the anti-inflammatory cytokines IL-4 and IL-13, while decreases the expression of the pro-inflammatory mediators TNF- $\alpha$ , IL-1 $\beta$  and IL-6.
- Knockdown of BRD4 and CHD4 raises the transcription of the anti-inflammatory mediators IL-4 and IL-13.
- JQ1 administration in primary macrophages releases BRD4 and CHD4 from the promoter of the IL-13 gene, indicating that these enzymes may work as co-repressive partners preventing anti-inflammatory cytokine transcription.

**LSD1 as a potential epigenetic target to treat nerve injury**

- Administration of the LSD1 inhibitor RN-1 at 500nM in DRG explants *in vitro* enhances neurite number and displays a positive tendency to increase neurite length.
- LSD1 inhibition increases the expression of the regeneration associated genes  $\beta$ -III tubulin and BDNF in crush-injured animals and leads to immunosuppression.
- RN-1 mediated LSD1 inhibition *in vivo* raises the transcription of the pro-regenerative factor Sox11 after sciatic crush injury.
- LSD1 inhibition does not affect the development of Wallerian degeneration and does not promote motor and sensory reinnervation after nerve injury. These results suggest that the role of LSD1 after nerve injury must be carefully dissected to apply it as a potential treatment after nerve injury.

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