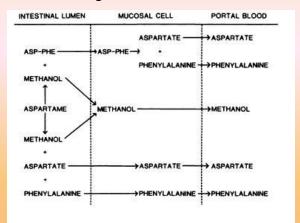
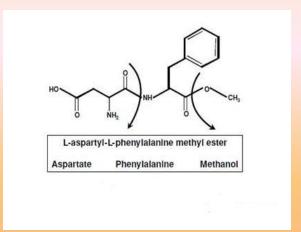
Aspartame, review of safety

What happens to aspartame after its ingestion?



What is aspartame?



Is one of the most studied food additive and have been used so many years ago

Why is so controversial?

There are experimental studies that demonstrate diverse adverse effects to this additive and this cause bad publicity on the consumers

PKU patients have to avoid the compound because it is a source of phenilalanine

The aspartame topic had developed into a internet Hoax, because the missinformation

What the authorities says?

Over than 100 countries have been accepted the aspartame as safety after exhaustive investigation

EFSA had re-evaluate in 2013 the additive and conclude that is no reason to recalculate the ADI of 40mg/kg bw/day because is safe

