

PHARMACOGENETICS OF ACUTE LYMPHOBLASTIC LEUKAEMIA TREATMENT WITH THIOPURINES



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Introduction

Acute lymphoblastic leukaemia (ALL) is the most common childhood cancer. This disease has 80-90% of cure rate. Thiopurines are one of the most used types of drugs in ALL therapy. The 6-MP is metabolized into 6-thioguanine nucleotides (6-TGNs) and into 6-methyl mercaptopurine nucleotides (6-MMPNs). Its antineoplastic property arises from the incorporation of 6-TGNs into DNA or RNA resulting in cell cycle arrest and apoptosis and the inhibition of *de novo* purine synthesis due to 6-MMPNs.

The balance between 6-TGNs and 6-MMPNs explains the major part of the toxicities of this treatment

The case of thiopurines for ALL therapy is a good example of pharmacogenetics. The aim of this science is to develop personalized treatments studying polymorphisms of genes involved in pharmacokinetics (drug metabolism) and pharmacodynamics (drug efficacy or toxicity).

Goals of the bibliographic research project

How do polymorphisms in *TPMT* gene influence individual response to thiopurines?

How is the situation of genotyping *TPMT* gene around the world? And in Spain?

Are there other genes implicated in the pharmacogenetics of thiopurines?

Which are the other consequences of the polymorphisms of these genes?

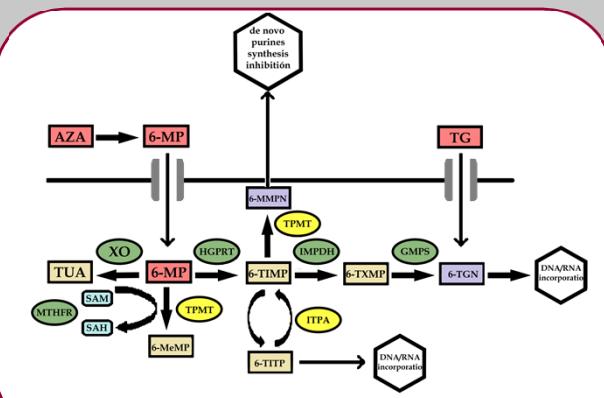


Figure 1: metabolism of thiopurines. Products are 6-mercaptopurine (6-MP), thioguanine (TG) and azathioprine (AZA).

Thiopurine S-methyltransferase (TPMT)

ALL patients treated with standard doses of thiopurines and with one or two non-functional allelic variants of *TPMT*

Greater risk of dose-dependent myelotoxicity and a bigger likelihood of suffering secondary cancers¹

Genotyping tests and individualization adjustments in the dosage decrease thiopurine adverse effects without compromising the efficacy

Thiopurine S-methyltransferase (TPMT) is a cytosolic enzyme that catalyses S-methylation of thiopurines. When TPMT activity is reduced or deficient, there is an accumulation of 6-TGNs because the S-methylation pathway is hardly inactivated.

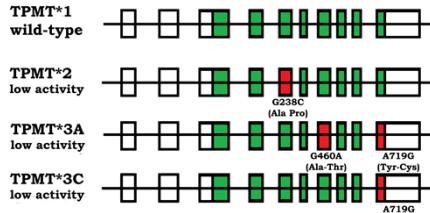


Figure 2: *TPMT* wild-type and three allelic variants implicated in the reduced activity of the *TPMT* protein

TPMT activity is also related with ...

At any given thiopurines dose intensity, intermediate and low TPMT activity → better event-free survival (EFS)²

The incidence of relapse → not higher among *TPMT* heterozygous than wild-type homozygous³

Homozygous wild-type *TPMT* → higher concentrations of 6-MMPNs → hepatotoxicity

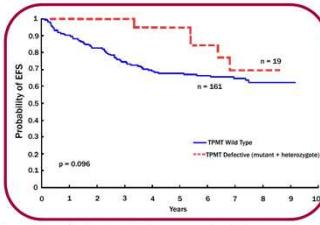


Figure 3: Kaplan-Meier curves for EFS according to *TPMT* status^{2modified}

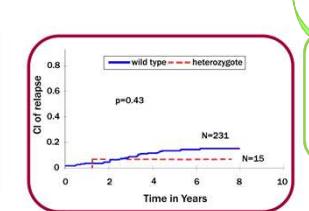


Figure 4: Cumulative incidence of relapse comparing *TPMT* heterozygotes and wild-type^{3modified}

Cost-effectiveness of genotyping *TPMT* gene

Analysis done by the Institute for Prospective Technological Studies (IPTS)

Germany
Ireland
Netherlands
UK

Cost-effectiveness was defined as a cost per life-year gained⁶

2100€ per life-year gained⁶

Genotyping for *TPMT* gene in ALL patients prior to thiopurines treatment was highly cost-effectiveness

Conclusions and future purposes

- Some SNPs from *TPMT* gene cause a decrease of enzyme activity → toxic 6-TGNs accumulation
- At any hospital in Spain, *TPMT* genotyping is performed in ALL patients. In other hospitals like St. Jude Children's Research Hospital, ALL patients are genotyped for *TPMT*.
- There are other genes related with the individual response to thiopurines → *ITPA*, *MTHFR*, *MRP4*, *SLCO1B1* and *PACsin2*
- Polymorphisms on all these genes influence also other variables → event-free survival, relapse rates or secondary cancers
- More hospitals have to consider seriously genotyping *TPMT* as an essential part of therapy of ALL patients → genotyping costs are expected to decline in the future

We have the knowledge and the technology, so we should enforce it to the clinic to improve lives.

Bibliography

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⁵Van den Akker-Van Marle, M.E. et al. Cost-effectiveness of pharmacogenomics in clinical practice: a case of study of thiopurine methyltransferase genotyping in acute lymphoblastic leukemia in Europe. *Future Medicine* **7**(5), 783-792 (2006).